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**AGENCE LITTERAIRE ELIANE BENISTI**

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# **FRANKFURT BOOK FAIR**

**NON FICTION**

**2015**

**Highlights**

**FRANKFURT BOOK FAIR 2015 – NON FICTION**

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**AGENCE LITTERAIRE ELIANE BENISTI**

*A new, unusual and intriguing approach to sexuality*

**HIMMEL AUF ERDEN & HOLLE IM KOPF  
(Heaven on Earth and Hell in Our Heads)**

**by Christoph Joseph Ahlers**

*Goldmann, September 2015*



Sex is something overwhelming. There is no other aspect of life that offers such a wide range of possible experiences. But what does sexuality really mean for us? The distinguished sexologist Christoph J. Ahlers takes a completely new look at this subject: sex as the most intimate form of communication and as an intensive way of simultaneously fulfilling both physically and psychologically fundamental psychosocial needs. In this book he provides a comprehensive view of the phenomenon of sex – from absolute moments of happiness, through normal everyday problems to utter anguish.

**Dr. Christoph J. Ahlers** is a sexologist and clinical psychologist specialising in sexuality. For 20 years he has been in the field of relationship counselling and sex therapy at the Berlin Charité and in his own practice and has examined, counselled and treated hundreds of individuals and couples. He has authored numerous scientific publications.

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*The memory revolution – Why you can happily forget your "bad memory"*

**DAS GENIALE GEDÄCHTNIS**

**(Brilliant Memory)**

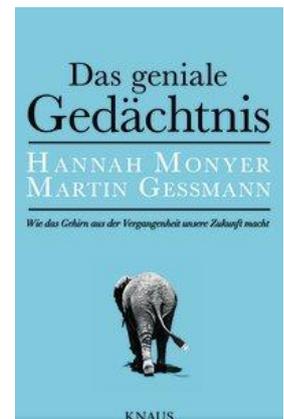
**by Hannah Monyer and Martin Gessmann**

*Knaus, September 2015*

Our memory is an organ of dubious repute. It distorts recollections and stores but inadequately what we want to remember. However, the latest research is revolutionizing our concept of that brain function we call our memory. Elephantine powers of recall or a "brain like a sieve" are scarcely important. Our memory is not an archive that files away anything we have experienced, but instead is a network of far greater sophistication: its radical logic concerning the future determines what we remember, how we learn and who we are.

**Hannah Monyer** is one of the world's most distinguished brain scientists.

**Martin Gessmann** is a philosopher who focuses his work on modern-day culture. He was appointed professor of philosophy at Heidelberg in 2010 and has been a professor for aesthetics and the theory of culture and technology at the University of Design in Offenbach am Main.



**ERKENNE DIE WELT**  
**(History of Philosophy 1: Know the World)**

by **Richard David Precht**

Goldmann, October 2015



In this first volume of a vast three-part history of philosophy, Richard David Precht illuminates the development of Western thought from antiquity to the Middle Ages. Knowledgeable and in great detail he sheds light onto the big questions humans have long asked themselves and traces the history of ideas from the origins of occidental philosophy on the beautiful coasts of Asia Minor to the cloisters, churches and centres of power of the Late Middle Ages. Embedding it in the political, economic and social zeitgeist, he opens up philosophical thought to a wide public. This book helps readers to gain deep insight into the history of philosophy, to structure this knowledge and to delve into this sheer inexhaustible wealth of thought.

**Richard David Precht** is a philosopher, journalist, and author, and one of the most distinctive intellectuals in German-speaking countries. He is an honorary professor of philosophy at the Leuphana University in Lüneburg and at the Hanns Eisler Academy of Music in Berlin. His books have sold more than 2.8 million copies in Germany, are international bestsellers and have been translated into 40 languages.

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*How the Internet giant really works, thinks and plans*

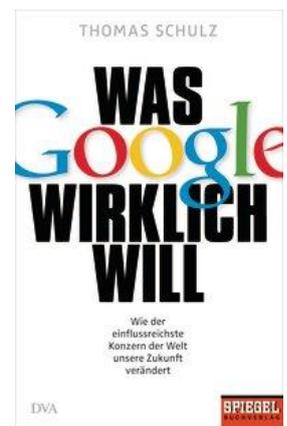
**WAS GOOGLE WIRKLICH WILL**  
**(What Google Really Wants)**

by **Thomas Schulz**

DVA, October 2015

Google is said to be overpowering, insatiable, a kraken in the ocean of data. The company has been struggling with image problems for a long time. The growing feeling of unease, however, does not alter the fact that we are letting Google rule our lives. Smartphone, Internet research, navigation – Google is our gateway to the world. And its ambitions go much further, are much greater: Google soon wants to control our cars and our homes, just as it wants to manage the world's data traffic; it wants to shoot satellites into space, build self-driving cars and autonomous robots and prolong human life. Google is systematically turning into a future machine with which the world of tomorrow is first to be fabricated and then steered. Thomas Schulz, the Silicon Valley SPIEGEL correspondent, has given us a unique close up view of the most powerful business concern in the world.

**Thomas Schulz** has been contributing to the *Spiegel* since 2001, since 2008 as its economic correspondent in the USA, where he initially reported from New York on the financial crisis. 2011 saw Schulz move to San Francisco to set up the *Spiegel* office in Silicon Valley, where he now regularly writes about matters pertaining to economics and the Internet.

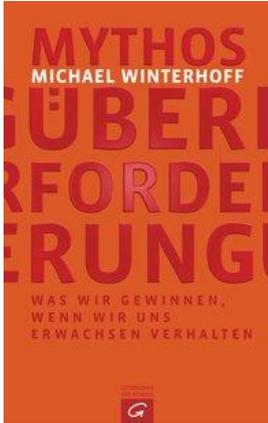


*Why we feel overburdened by life – and how we can stop this*

**MYTHOS ÜBERFORDERUNG  
(The Myth of Being Overburdened)**

**by Michael Winterhoff**

*Gütersloher, September 2015*



Best-selling author Michael Winterhoff has made a surprising diagnosis: as it is typically viewed, being overloaded and overstressed is a myth. We do suffer severely from symptoms: stress, digital overload, lack of assertiveness skills in child-raising, or fear of conflict at work. But we are just unable to do anything against all this. Why not? We do not seem to be able to behave like adults any more. We have become incapable of setting boundaries, assuming responsibility, making clear decisions, and thinking in the long-term. We are no longer able to provide for ourselves. Such behavioural patterns in economy, politics, and other institutions indicate that we are on the way to becoming an infantile society. This is a dramatic weakness of development that could ruin us, but one that we certainly can do something about.

**Michael Winterhoff's** books are all bestsellers and are translated into 16 languages.

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*Two mega-selling authors present a revolutionary new way of looking at health and beauty based on 6 spiritual and physical pillars that will help you feel and look better than ever*

## **RADICAL BEAUTY**

**by Deepak Chopra and Kimberly Snyder**

September 2016

Through Six Pillars of Healthy Living that focus on internal and external nourishment, sleep, living naturally, avoiding excessive stress, and better understanding the relationship between emotions and inflammatory foods, the authors describe how you can create a more beautiful you. Centering on "Radical Routines" and "Radical Foods" that will make the most impact on one's body and mind, Chopra and Snyder will reveal the latest information on: new key vitamins, practices and skincare ingredients with clinical research behind them, as well as some traditional Ayurvedic ingredients; skin oiling and selfmassage to nourish the nervous system; how self-love, positive emotion-based living and peace fosters natural and timeless beauty from the inside-out. All of this will assist in developing a more healthy body and mind, increasing your natural glow and magnetic presence, and increase vitality.

**Deepak Chopra** is the author of more than fifty books translated into more than thirty-five languages—including numerous New York Times bestsellers in both the fiction and nonfiction categories. Time magazine heralds Deepak Chopra as one of the top 100 heroes and icons of the century and credits him as “the poet–prophet of alternative medicine.”

**Kimberly Snyder**, C.N. is a Nutritionist for the Mind, Body & Soul, and the *New York Times* best-selling author of “The Beauty Detox Solution”, “The Beauty Detox Foods” and “The Beauty Detox Power”.

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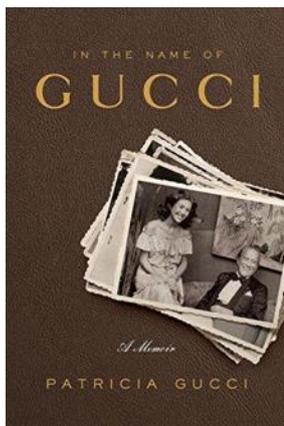
*The gripping family drama--and never-before-told love story--surrounding the rise and fall of the late Aldo Gucci, the man who is responsible for making the Italian fashion label the powerhouse it is today, told by his daughter.*

## **IN THE NAME OF GUCCI**

**A Memoir**

**by Patricia Gucci**

*Crown Archetype, May 2016*



**Patricia Gucci** was born a secret: the love child whose birth could have spelled ruination for her father, Aldo Gucci. It was 1963, and the halcyon days for the "must-have" brand of Hollywood and European royalty. Patricia's mother gave birth in secret in London before she was smuggled back to Vatican City and hidden from the fashion world, the media, and the rest of the Gucci family. Aldo couldn't afford a public scandal, but he could not resist his feelings for Patricia's mother, Bruna, the paramour he first met when she worked for him as a shopgirl in Rome.

In this book, **Patricia Gucci** charts her parents' untold love story, relying on her own childhood memories as well as an archive of love letters and interviews with her mother. She interweaves her parents' story with that of her own relationship with her father--from a little girl who remained a secret for eighteen months and wasn't publicly acknowledged for her first decade, through her rise to become Gucci's ambassador and Aldo's protégé, to the moment when his three sons, who betrayed him in a famous palace coup, were disinherited and Patricia--once considered the shame of Gucci--was made sole universal heir. It is an epic tale of love and loss, betrayal and loyalty, sweeping among Italy, England, and America throughout the tumultuous years during the rise and fall of the House of Gucci.

*From the mega-bestselling author of the \$100 Start-Up*

**BORN FOR THIS**  
**How to Find the Work You Were Meant to Do**  
**by Chris Guillebeau**

May 2016

When **Chris Guillebeau** toured more than fifty cities on five continents to promote his two previous New York Times bestselling books, he noticed that readers all over the world had some version of the same question: "I love all these stories about people finding their dream job or career, but how do I figure out what my dream career is?" Finding the answer to that question is what this book is about.

In BORN FOR THIS, Chris Guillebeau returns to his fan base with the practical business book his readers have been waiting for, offering readers a step-by-step guide for finding the work that feels so "right," it feels like they were born to do it, whether by launching a side hustle that turns a passion into a profitable business; by finding a dream position within a traditional organization; by fashioning an entirely new self-styled profession around all one's many varied interests, or by "hacking" an existing humdrum job into work you love.

There are certain people out there who seem to have won the career lottery. To the outside observer, at least, it seems that by some stroke of good luck or divine intervention, the type of work they do best also just happens to be the work they most love to do. But in reality, their good fortune didn't come about by chance.

There's an actual method for finding the job you love so much it doesn't even feel like work - and getting paid well to do it. This book will show you how.

Rights sold in: UK (MacMillan)

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*On their backs with loud machines, then, as they neared the border, only picks and shovels, a band of young West Germans gouged their way beneath the Berlin Wall in 1962. The team, risking arrest or death, had arranged for a group of East German loved ones to meet them in the basement of a tenement on the East side to spirit the group under the wall to freedom*

**THE TUNNELS**  
**JFK, CBS & NBC at the Berlin Wall**  
**by Greg Mitchell**

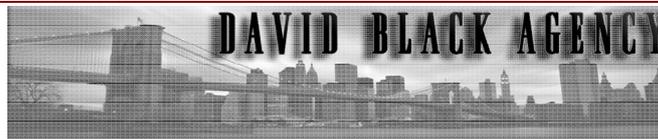
Crown, September 2016

The symbolic drama of East German attempts to leap, climb, or scrape their way West made for gripping television, and no one knew that better than the Berlin correspondents of the two major networks and their bosses, Piers Anderton and Reuven Frank at NBC, and CBS's Daniel Schorr and Blair Clark. Unbeknownst to each other, NBC and CBS, hearing rumors of tunnelers around Berlin, abetted and funded separate tunnel attempts and vied to be the first to air a triumphant documentary of the human will to be free from Communism.

Anxiously looking over the shoulders of them all, with more than a trace of political hypocrisy, John F. Kennedy, his brother Robert, and Secretary of State Dean Rusk, exerted all the influence they could to put an end to these endeavors. If the programs were broadcast, the administration might be perceived by Khrushchev as using its propaganda outlets to condone perforating the border.

**Greg Mitchell**, relying on documents declassified in the last 12 months, winds this tense story with excitement and panache in THE TUNNELS: JFK, CBS & NBC at the Berlin Wall, Le Carré meets Argo in a non-fiction Cold War nail-biter. Using brand new source material, Mitchell revisits this magnetic time in history that continues to beckon readers.

Film rights have been sold to Paul Greengrass and FilmNation. UK rights sold to Transworld



*"It's funny because it's true"*

## **100 TRICKS TO APPEAR SMART IN MEETINGS:**

### **How to Get By Without Even Trying**

**by Sarah Cooper**

*Andrews McMeel, October 2016 (Proposal available, ms. due January 2016)*

**Sarah Cooper** is a writer, blogger, vlogger, comedian whose satirical blog "The Cooper Review" has us laughing in our cubicles (or open floor plan). She's been there. Formerly at Google, GoogleDocs and Yahoo, Sarah has observed and mastered that necessary bane of our corporate existences: the meeting. Her "10 Tricks to Appear Smart in Meetings" post has circled the globe, with 5 million views and counting. In it we see our daily conquests. We want to succeed. We want to look smart and master the hell of our corporate life with minimal effort. **100 TRICKS TO APPEAR SMART IN MEETINGS** is an illustrated business humor book that captures this zeitgeist in the form of hilariously bad advice –advice that you might just want to take. It's "funny because it's true." <http://thecooperreview.com>  
Andrews McMeel will publish two books (the second manuscript is due January 2017) plus a corporate activity/coloring book.

Right sold to: Japan: Hayakawa; Germany: Ariston/RH Germany; Netherlands: Kosmos; UK: Square Peg/Random House UK; Taiwan/complex Chinese: China Times; Italy: BUR/Rizzoli

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*Argumentative, controversial, and accessible*

## **THE NEW ANTISEMITISM**

**by Deborah Lipstadt**

*Schocken/Knopf, 2016 (Proposal available, ms. January 2016)*

In **THE NEW ANTISEMITISM**, Professor **Deborah Lipstadt**, the preeminent American historian of Holocaust Studies and Modern Jewish History, examines the root causes of the spike in anti-Jewish violence and vandalism that have plagued Europe in the last five years. Lipstadt asks, "Does this mean we are returning to the toxic, systemic brutality of the 1930s?" No, is her initial answer, quickly followed by: It's complicated. Don't get too comfortable. In **THE NEW ANTI SEMITISM**, Lipstadt makes connections that have gone unobserved among such diverse factors as the resurgence of racist right-wing nationalisms, left-liberal tolerance of hostility to Jews, the plight of the Palestinians, the relationship of anti-Semitism to anti-Zionism, and the rise of Islamic extremism. Contradictory forces, she explains, have found common scapegoats. In her investigation, using original research and reporting, Lipstadt intends to calm the fearful and arouse the complacent. Comparable to the polemical works of Christopher Hitchens, **THE NEW ANTISEMITISM** will inform opinion and demand response.

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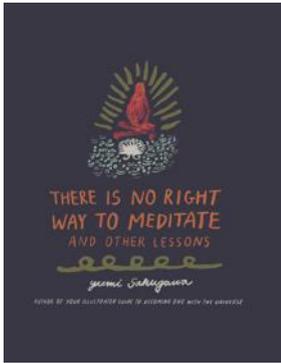
*Close your eyes, settle into your inner silence and pay attention to the present moment*

## THERE IS NO RIGHT WAY TO MEDITATE

### And Other Lessons

by Yumi Sakugawa

Adams Media, November 2015



Meditation does not require any formal training or trips to a monastery. All you need is a comfortable place to sit and about five minutes of your time.

Repeat every day to feel the inner transformation take place. Yumi Sakugawa's *THERE IS NO RIGHT WAY TO MEDITATE* is the perfect guide. It's a comic compilation of illustrated guides to meditation, mindfulness, intentions, peace, and happiness. Daydream of peace-promoting robots in parks. Ask your dinosaur friend to scare your bad mood away. Drink your cup of tea as though it is the most important task in the world. And no matter how you choose to meditate, remember that sometimes it's okay if the only thing you did today was breathe.

**Yumi Sakugawa** is a comic book artist and the author of *I Think I Am in Friend-Love with You* (Adams Media, 2013) and *Your Illustrated Guide to Becoming One with the Universe* (Adams Media, 2014), which was selected as one of *NPR's* Best Books of 2014.

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*A history of heartbreak-replete with beheadings, uprisings, creepy sex dolls, and celebrity gossip -and its disastrously bad consequences throughout time*

## IT ENDED BADLY

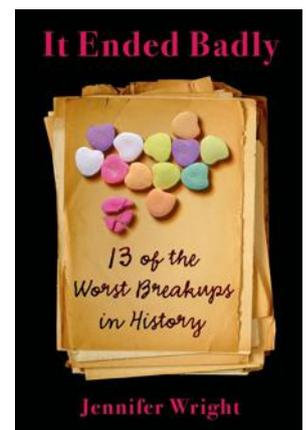
### Thirteen of the Worst Breakups in History

by Jennifer Wright

Holt, November 2015

Spanning eras and cultures from ancient Rome to medieval England to 1950s Hollywood, Jennifer Wright's *IT ENDED BADLY* guides you through the worst of the worst in historically bad breakups. In the throes of heartbreak, Emperor Nero had just about everyone he ever loved-from his old tutor to most of his friends-put to death. Oscar Wilde's lover, whom he went to jail for, abandoned him when faced with being cut off financially from his wealthy family and wrote several self-serving books denying the entire affair. And poor volatile Caroline Lamb sent Lord Byron one hell of a torch letter and enclosed a bloody lock of her own pubic hair. Your obsessive social media stalking of your ex isn't looking so bad now, is it?

With a wry wit and considerable empathy, Wright digs deep into the archives to bring these thirteen terrible breakups to life. She educates, entertains, and really puts your own bad breakup conduct into perspective. *IT ENDED BADLY* is for anyone who's ever loved and lost and maybe sent one too many ill-considered late-night emails to their ex, reminding us that no matter how badly we've behaved, no one is as bad as Henry VIII..



**Jennifer Wright** is a columnist for the *New York Observer* and the *New York Post*, covering sex and dating.

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## *Janis Donnaud & Associates*

*A “big think” project that fearlessly delves into powerful contemporary themes and argues its case with conviction and compassion, the kind of book that generates intense debate and opinion-making*

### **THE AGONY OF ECSTASY: The Abdication of Delight for Desire, Dollars, Disease, and Death**

**by Robert H. Lustig, M.D.**

*Avery/Penguin, Fall 2016*

Lustig starts by asking a pointed question – why do we seem to have lost the knack for happiness, a value often revered as an essential human right. In poll after poll, people report seriously declining levels of happiness about their lives, with our overall societal happiness stuck in a flat-lining plateau. In exploring answers to this question, Lustig has developed an original and provocative thesis with huge implications – that we have confused, indeed traded, pleasure for happiness, much to our profound loss on many fronts, including our health and well-being. Using cutting edge brain science, Lustig argues that pleasure and happiness, for all their superficial similarity and dual claims on our physical and psychic beings are in fact polar opposites and shows how the pursuit of pleasure on the cheap has driven away the possibility of happiness and caused our society to devolve in crucial respects. As he states: “Two different neurotransmitters (dopamine and serotonin), two different brain areas (the nucleus accumbens and the raphe nuclei) two different regulatory systems. And they lead to opposite consequences, because the neurochemistry dictates it. Because pleasure is the slippery slope to tolerance and addiction, while happiness is the key to a long life.”

**Robert H. Lustig, M.D.** MSL, has spent the past sixteen years treating childhood obesity and studying the effects of sugar on the central nervous system and metabolism. He is the Director of the UCSF Weight Assessment for Teen and Child Health Program and also a member of the Obesity Task Force of the Endocrine Society. His highly influential book, **FAT CHANCE** (Hudson Street Press/Penguin USA) was a New York Times Bestseller; rights have been sold in 12 international territories.

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*Bestselling author Hideko Yamashita has developed the DAN-SHA-RI concept of self-analysis through decluttering and applies the tenets of cleaning and organizing in a way that anyone can practice in order to free themselves both physically and spiritually*

**DAN-SHA-RI**  
**Decluttering to Cleanse Your Heart and Mind**  
**by Hideko Yamashita**

*Saint Martin's Press, Fall 2016*

DAN-SHA-RI is a Japanese concept which breaks down as follows:

dan = Refusal of unneeded things

sha = Throwing away unneeded things you already own

ri = Separation from unhealthy desire for unneeded things.

**Hideko Yamashita** compiled her lessons into DAN-SHA-RI, which became a bestseller not only in Japan, but also in China and Taiwan. That book and its related works together have sold over three million copies.

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*“Sharon Salzberg is the superstar of loving kindness meditation. No one has done more to spread this powerful method for kindling universal love in our hearts.”—Daniel Goleman*

**REAL LOVE**  
**by Sharon Salzberg**  
Winter 2017

In **REAL LOVE**, bestselling author and meditation teacher **Sharon Salzberg** provides a pathway towards a more sustainable and authentic model of love by offering a creative toolkit of mindfulness exercises, meditation techniques, and interactive applications. The techniques provided will guide readers through the process of stripping away layers of habit to find a truer meaning of love. Divided into four sections, the book addresses: love for the self; love for another individual; love for all beings; and love for life itself.

Foreign sales: Germany/Droemer, UK/Pan Macmillan

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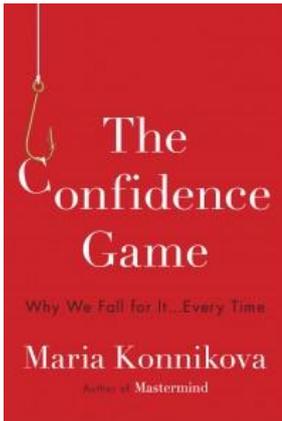
*A compelling investigation into the minds, motives, and methods of con artists—and the people who fall for their cons over and over again*

## THE CONFIDENCE GAME

### The Psychology of the Con and Why We Fall for It...Every Time

by Maria Konnikova

Viking, January 2016



While cheats and swindlers may be a dime a dozen, true conmen—the Bernie Madoffs, the Jim Bakkers, the Lance Armstrongs—are elegant, oversized personalities, artists of persuasion and exploiters of trust. How do they do it? Why are they successful? And what keeps us falling for it, over and over again? These are the questions that journalist and psychologist Maria Konnikova tackles in her mesmerizing new book.

From multimillion-dollar Ponzi schemes to small-time frauds, Konnikova pulls together a selection of fascinating stories to demonstrate what all cons share in common, drawing on scientific, dramatic, and psychological perspectives. Insightful and gripping, the book brings readers into the world of the con, examining the relationship between artist and victim. The Confidence Game asks not only why we believe con artists, but also examines the very act of believing and how our sense of truth can be manipulated by those around us.

**Maria Konnikova** is the *New York Times* bestselling author of *MASTERMIND*, which sold in 19 foreign deals.

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*From the creator of the webcomic xkcd and author of the #1 New York Times bestseller What If? brilliantly annotated blueprints that explain everything from nuclear bombs to ballpoint pens*

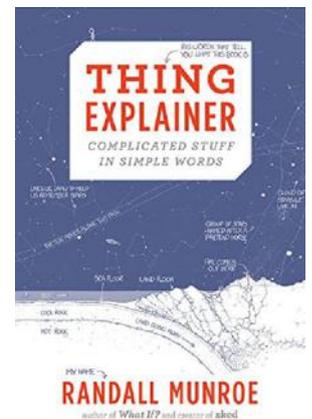
## THING EXPLAINER

### Complicated Stuff In Simple Words

by Randall Munroe

Houghton Mifflin Harcourt, November 2015

Have you ever tried to learn more about some incredible thing, only to be frustrated by incomprehensible jargon? Randall Munroe is here to help. In *THING EXPLAINER*, he uses line drawings and only the thousand (or, rather, “ten hundred”) most common words to provide simple explanations for some of the most interesting stuff there is, including: food-heating radio boxes (microwaves), tall roads (bridges), computer buildings (datacenters), the shared space house (the International Space Station), the other worlds around the sun (the solar system), the big flat rocks we live on (tectonic plates), the pieces everything is made of (the periodic table), planes with turning wings (helicopters), boxes that make clothes smell better (washers and dryers), the bags of stuff inside you (cells). How do these things work? Where do they come from? What would life be like without them? And what would happen if we opened them up, heated them up, cooled them down, pointed them in a different direction, or pressed this button?



**Randall Munroe** is the author of the #1 *New York Times* bestseller *WHAT IF?*

*A wonderful, wise, companionable guide to the perplexities of love*

**UNTITLED LOVE PROJECT**

**by Mandy Catron**

*McSweeney's*, June 2015

When Mandy Len Catron's New York Times "Modern Love" essay, "To Fall In Love With Anyone, Do This," was published in January 2015, it immediately went viral, seen and shared by more than 10 million people, all over the globe. It inspired copycats, satires, mass dates, sitcom episodes and reality shows.

That piece was a kind of love story. Now Catron, in her debut collection of essays, turns the tables, and asks, why are love stories so powerful? Where do our romantic myths come from, and do we really like where they take us? Is romance the only way to think about love? A blend of memoir, research into neurobiology and social science, and literary meditation, Catron will interrogate our most cherished ideas of love and happiness, our Cinderella fantasies and happily ever after's.

In a voice that is charming, emotionally honest, and lyrical, Catron mines the terrain of her own life and relationships, to explore the ways in which romantic stories color the way we see the world.

**Mandy Catron** has published essays in *The New York Times Magazine*, *Under the Sun*, *Essay Daily*, *The Vancouver Review*, *Under the Gum Tree*, and *Folio*, among others. Her TED talk is widely popular, as is her blog "The Love Story Project."

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*Collected for the first time ever: thirteen of National Book Award-winner and trailblazing reporter Bob Shacochis's travel and adventure journalism pieces that span the globe and world politics from Kathmandu to Christmas Island*

## **KINGDOMS IN THE AIR**

**by Bob Shacochis**

*Grove Press, June 2016*

KINGDOMS IN THE AIR brings together the very best of Shacochis's culture and travel journalism in one livewire collection that spans his global adventures and his life passions; from surfing, to his obsession with the South American dorado, to the time he went bushwhacking in Mozambique. In the essay "Kingdoms," the centerpiece of the collection, Shacochis ventures to Nepal with his friend, the photographer Thomas Laird, who was the first foreigner to live in Nepal's kingdom of Mustang as the forbidden Shangri-La prepared to open its borders to trekkers and trade. When the two men return a decade after Laird first lived there, Shacochis observes in brilliantly evocative prose both the current cultural and political landscape of the country and the changes that his friend has to confront. Replete with swagger, humor, and crystalline wisdom, KINGDOMS IN THE AIR is a majestic and essential collection from one of our most important writers.

A master of sweeping international and political fiction narratives, including *The Woman Who Lost Her Soul*, which won the Dayton Peace Prize and was a finalist for the Pulitzer Prize, **Bob Shacochis** began his writing career as a pioneering journalist and has been a contributing editor for *Outside Magazine* and *Harper's*.

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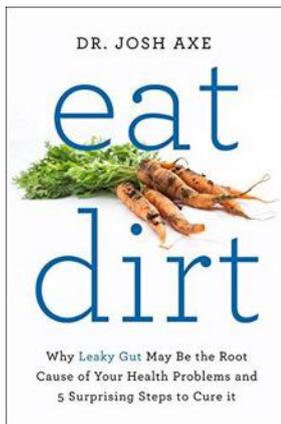
*A groundbreaking, indispensable guide for understanding, diagnosing, and treating one of the most discussed (but little-understood) health conditions: leaky gut syndrome*

**EAT DIRT:**

**Why Leaky Gut May Be the Root Cause of Your Health Problems-and 5 Steps to Cure It**

**by Josh Axe, M.D.**

*HarperWave, March 2016*



Leaky gut syndrome is the root cause of a litany of ailments, including: chronic inflammation, allergies, autoimmune diseases, hypothyroidism, adrenal fatigue, diabetes, and even arthritis. In order to keep us in good health, our gut relies on maintaining a symbiotic relationship with trillions of microorganisms that live in our digestive tract. When our digestive system is out of whack, serious health problems can manifest and our intestinal walls can develop microscopic holes, allowing undigested food particles, bacteria, and toxins to seep into the bloodstream. This condition is known as leaky gut syndrome. Because leaky gut manifests differently in every individual, Dr. Axe identifies the five main “gut types” and offers customizable plans - including diet, recipes, supplement, and lifestyle recommendations - to dramatically improve gut health in just 30 days.

**Dr. Josh Axe** is a board certified doctor of natural medicine (DNM), a doctor of Chiropractic, and a certified nutritionist from the American College of Nutrition. He is the founder of DrAxe.com, one of the most visited natural health websites in the world.

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*A shocking and inspirational memoir from a successful Olympic runner turned escort who rose to the challenge to find herself under the burden of mental illness*

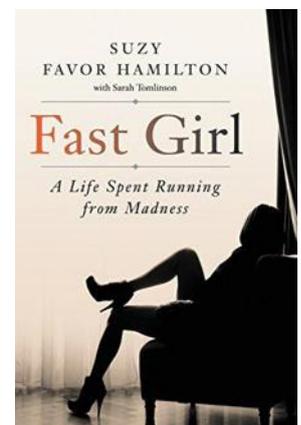
**FAST GIRL:**

**A Life Spent Running from Madness**

**by Suzy Flavor Hamilton**

*Dey Street Book, September 2015*

**Suzy Favor Hamilton** was an outstanding runner, a major sports apparel spokesperson, and a happily married mother. But her obsession with performance and winning were symptoms of a darker truth. As an undiagnosed sufferer from manic depression and bipolar disorder, Favor Hamilton’s life took unexpected and sometimes dangerous turns. She worked as a female escort in Las Vegas in an effort to quell her intense feelings of dissatisfaction and sadness. After her double-life was exposed, garnering international attention, Favor Hamilton received the diagnosis that she long needed and began to heal. Her story is one of incredible victory over the mind games that untreated mental illness can cause. Through therapy, support and hope, Favor Hamilton is reclaiming her happy and healthy family



*With an introduction by Patti Smith*

**LIGHTNING STRIKING:  
A Journey into the Heart of Rock and Roll**

**by Lenny Kaye**

*Ecco, October 2017*

LIGHTNING STRIKING tells the story of rock and roll's geographic journey and its cultural impact and major shifts in style and identity, as it moves from epicenter to epicenter. Through a dozen cities, Kaye will trace how rock and roll is reborn, again and again over time, each scene distinct with its elements of chance, cunning, inspired personalities, major players and passers-by; and how this interaction makes its way into the culture-at-large, only to begin the process anew. The core of this book will look at each scene from the inside out, relying on interviews and local color, contemporary magazine and video accounts, mixing scholarly research and first-hand reportage, closely analyzing the music as it is revealed in its biggest hits, its obscure b-sides or unreleased demos, its galvanizing live performances and outrageous, larger-than-life characters, as well as those hovering just off-frame.

Musician, writer, record producer, and guitarist for poet-rocker Patti Smith since her band's inception more than forty years ago, **Lenny Kaye** has worked in the studio with such artists as Suzanne Vega, Jim Carroll, Soul Asylum, Kristen Hersh, R.E.M., Allen Ginsberg, and Pussy Riot, as well as his own solo muse.

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*A modern book of wisdom*

**EXISTENTIAL PRESCRIPTIONS**

**by Gordon Marino**

*HarperOne, September 2017*

In EXISTENTIAL PRESCRIPTIONS, Prof. Gordon Marino uses the insights of the existential philosophers-- Kierkegaard, Nietzsche, Camus, and others--to reexamine the human emotions of anger, despair, grief, and envy and create a modern book of wisdom that will help readers reinterpret their inner lives. In the author's own words, *"This book-to-be could be understood as a first cousin of Marcus Aurelius' Meditations, that is, as a sophisticated form of self-help book.... EXISTENTIAL PRESCRIPTIONS might find itself on the same shelf with the likes of Alain de Botton's Consolations of Philosophy. The text that I hope to deliver will enlist the Existentialists as doctors of the psyche and as such it also bears a resemblance to de Botton's How Proust Can Change Your Life. There could also be similarities with André Comte-Sponville's scholarly and yet accessible and illuminating A Small Treatise on the Great Virtues."*

**Gordon Marino** is a professor of philosophy, a boxing trainer, and a columnist for the *New York Times*, *Wall Street Journal*, and *The Atlantic*.

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*Alanis Morissette shares her incredible journey from Canadian pop star to international music legend and spiritual teacher*

**PERPETUAL BECOMING**

**by Alanis Morissette**

*HarperOne, February 2016*

Since breaking onto the scene in 1995, **Alanis Morissette** has redefined what it means to be an artist and icon. From her soul-bearing, breakthrough album, *Jagged Little Pill*, to her portrayal of God in Kevin Smith's *Dogma*, Alanis has consistently pushed the boundaries of creativity, challenging the music and film industries' expectations of her, as well as upending any preconceived notions of the woman who wrote "You Ought to Know." Fearless, funny, and free, Alanis continues to make her own rules. And her first book, which will be published by HarperOne in February 2016, is no different. Spiritual in nature but grounded in the details of her rich life, the book will offer readers Alanis's intelligent, humorous, and one-of-kind perspective on music, acting, and life as an artist, mother, wife, activist, and seeker.

## **THE DARK UNFATHOMED**

**by Larry Siems**

*William Morrow, February 2018*

For fourteen years the United States, a country that calls itself exceptional, has behaved exceptionally badly. It has done the kinds of things only bad guys do—disappeared and tortured people, ran covert and inaccessible prisons, summarily executed thousands, including innocent civilians—and then pretended these things weren't so bad and that they had to be done. It has silenced those who know better, and consigned the ones it conscripted to carry the burden of conscience for everyone. How the United States got there is a story that's told here through the lives and eyes of a dozen characters who have traveled deep into America's post-9/11 dark side, men and women who set out to defend their country and who stumbled into, and staggered home from, catastrophic mistakes and terrible war crimes: kidnappers and their accomplices; torturers and torture whistleblowers; killers guiding missiles thousands of miles away from their too often blurry targets; national security advisors and President Obama himself, tangled in politics and impossible equations. The stories of these men and women will guide readers back in time, but the landscape of **THE DARK UNFATHOMED** is the present: the moral wasteland these characters have been living in since they returned, a country where cowardly leaders and national security bosses conspire for the status quo, where citizens plead confusion, play dumb, and just don't want to know. Yet in their attempt to grapple with what's happened, there is an audacious courage and hope that not all has been lost.

For three decades as a writer and twenty years as director of *PEN's Freedom to Write* Program in the United States and a senior advisor to *PEN* internationally, **Larry Siems** has established himself as a singular voice in the human rights and literary communities. He is the author of three books: "Between the Lines", "The Torture Report" and "Guantánamo Diary", sold in 26 foreign countries.

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*The long-awaited follow-up to the New York Times bestselling Search Inside Yourself*

## **JOY ON DEMAND:**

**100 Minutes to Happiness**

**by Chade-Meng Tan**

*HarperOne, July 2016*

In **JOY ON DEMAND**, Meng shows that you don't need to meditate for hours to achieve lasting joy—you can actually get access to it in as little as 15 seconds. Joy and meditation naturally reinforce each other. Meng explains how these two skills form a virtuous cycle, and once put into motion, become a solid practice that can be sustained in daily life. "Jolly Good Fellow" Chade-Meng Tan has developed a program, through "wise laziness", to help readers meditate more efficiently and effectively. Meng shares the three pillars of joy (inner peace, insight, and happiness), why joy is the secret to success, and demonstrates the practical tools anyone can use to cultivate it on demand.

**Chade-Meng Tan (Meng)** is Google's Jolly Good Fellow (which nobody can deny). As one of Google's earliest engineers he helped build Google's first mobile search service, and headed the team that monitored Google's search quality.

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*A classic espionage story set in the early years of the Cold War and a revisionist look at the impact of the Berlin Tunnel*

## **DIAMOND AND GOLD**

**by Steve Vogel**

*William Morrow, May 2018*

The ultra-secret “Berlin Tunnel” was dug in the mid-1950s from the American sector in southwest Berlin and ran nearly a quarter-mile into the Soviet sector, allowing the CIA and the British Secret Intelligence Service (SIS) to tap into critical KGB and Soviet military underground telecommunication lines. George Blake, a trusted officer working in a highly sensitive job with SIS, was privy to every aspect of the plan. Over the course of eleven months from May 1955 to April 1956, when the Soviets discovered the tunnel, “Operation Gold” provided seemingly invaluable intelligence about Soviet capabilities and intentions. The tunnel was celebrated as an astonishing CIA coup upon its disclosure, and the agency basked in its new reputation as a bold and capable intelligence agency that had, for once, outwitted the KGB. But in 1961, a Polish defector shocked the CIA and SIS by revealing that Blake was a double agent who had disclosed plans for the tunnel to the KGB before it was even built. Blake was arrested and sentenced in 1961 to 42 years in prison, the longest term ever imposed under modern English law...

**Steve Vogel** was born in Berlin, where his father, a CIA case officer, served from 1957 to 1962, during some of the tensest days of the Cold War. As a reporter for the *Washington Post* for two decades, he wrote frequently about military affairs and the treatment of veterans from the wars in Afghanistan and Iraq.

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*An incredible memoir about a family divided by the Berlin Wall during the Cold War*

## **FORTY AUTUMNS**

**by Nina Willner**

*William Morrow, 2016*

FORTY AUTUMNS traces the dramatic lives of the women in a family on both sides of the Iron Curtain through the Cold War up until the miraculous day when the family is reunited. Nina has an amazing story to tell, and she captures the time and feeling perfectly of what it was like to have a mystical curtain dividing the East from the West. There is a whole generation of readers who don't remember what that time was like. Nina and her family's story is going to bring it to life for them.

**Nina Willner** has spent over two decades working in Central and Eastern Europe and in Asia. She was the only female U.S. Army intelligence officer to lead a series of sensitive and risky intelligence operations in East Germany during the Cold War. Following a career in intelligence, in Eastern Europe she worked to promote human rights, education, the rule of law, and to provide humanitarian assistance to underprivileged groups throughout the region, serving in a variety of roles, including as Political Officer for the State Department, and working with international pioneering NGOs and charities. In Russia, she studied at Moscow State University. A former Army Captain and an Army wife, Nina is married to Colonel Jeff Holachek, Director, Russia, Eurasia, Caucasus Policy for the Secretary of Defense. She speaks conversational German, French and Russian.



*A book that will look at why young Muslim men and women who have grown up outside the Middle-East are rejecting their parents' dreams of economic betterment and personal freedom in favor of radical rebellion in the Middle East*

**MY PERSONAL JIHAD**

**by Souad Mekhennet**

Holt, March 2017 (Proposal available)

Editor: Paul Golob

Mekhennet, a German-born Moroccan Muslim, is a journalist with access to ISIS unlike many western journalists. Mekhennet will take readers into the restive immigrant enclaves of Germany, Britain, France, and elsewhere, and show them what the transformation from docile striver to rebel looks like up close. This is a largely untold story that holds keys to the future of global Islamic radicalism and valuable insights into how Western nations can best confront the challenges they face, both from within and from afar. It is all the more important as the threat of militancy draws ever closer, from the distant sandscapes of Syria to the Paris offices of Charlie Hebdo.

**Souad Mekhennet**, is an award-winning journalist who was born in Germany and grew up there and in Morocco. She is currently a correspondent for *The Washington Post's* national security desk. Since 2001, she has reported on terrorism for *Der Spiegel*, *ZDF*, *NPR*, *The New York Times*, *The International Herald Tribune*, *The Daily Beast*, *The Post* and others. She is the only Western journalist who has gained access to the leadership circles of the Taliban, Al Qaeda, and ISIS.

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*A biography of the undefeated heavyweight champion Rocky Marciano and his battles not only in the ring but also with the underworld bosses who controlled boxing in the 1940s and 1950s.*

**UNBEATEN**

**Rocky Marciano's Fight for Perfection in a Crooked World**

**by Mike Stanton**

March 2018

Editor: Paul Golob

Boxing, as America knew it, died the day that Rocky Marciano left the ring as history's only undefeated heavyweight champ. Son of an Italian immigrant shoe factory worker who feared a life of poverty and obscurity, the raw and awkward Brockton Blockbuster, with a punch dubbed the "Suzie Q," battled long odds, savage opponents, and the gangsters who controlled the fight game to become the unlikeliest of champions. His 49-0 record included 44 knockouts. His career bookended by Joe Louis and Muhammad Ali, both of whom became friends, Marciano was the reluctant Great White Hope and a monument to America's Greatest Generation. An international celebrity in an age when boxing equaled baseball as America's top sport, Marciano's friends included Frank Sinatra, Humphrey Bogart and Marilyn Monroe. When he walked away in 1956, at the age of 32, amid criminal and Congressional investigations that would break the Mafia's corrupt hold over boxing, the sport began its long slide. Marciano wandered a changing American landscape, restless and disillusioned, drifting away from family and friends, hiding his money and consorting with mobsters, until tragedy struck in 1969...

**Mike Stanton** was a sports writer and Pulitzer Prize-winning investigative reporter for *The Providence Journal* for 28 years. His first book, "The Prince of Providence" was a *New York Times* Bestseller [as well as a *Wall Street Journal* and *National Bestseller*], received terrific reviews, went through eight printings and netted over 80,000 copies.

*Sold in a major, 8-publisher auction, Emmy-award winning comedian and actress Amy Schumer narrates her life and times in this riotously funny, poignantly written book from a woman who's been called the voice of her generation*

**UNTITLED MEMOIR**

**by Amy Schumer**

*Gallery/Simon & Schuster, Fall 2016 (tentative)*

Agent: Kuhn Projects

Amy Schumer grew up in the Upper East Side and in a ritzy Long Island suburb with her mother, father, sister, and half brother. But when she was nine her family went bankrupt and her father was diagnosed with multiple sclerosis. Her parents divorced three years later, and Amy began her less than glamorous life, playing club volleyball and shoplifting underwear and Dolce & Gabbana perfume. In 1999 she graduated from high school and moved to Baltimore to attend Towson University. Right after graduation in 2003 she moved to New York City to pursue her dream of becoming a performer. From her early days as a struggling comedienne on the lowest rungs of the stand-up circuit to her first big break on LastComic Standing, she was inspired by the strong and brave women who came before her—from Lucille Ball and Carol Burnett to Gilda Radner and Joan Rivers. Her tumultuous childhood, adolescence, young adulthood, and recent rise to superstardom has been both ordinary and extraordinary, and the stories she tells in these pages are both particular and universal, all recounted in a manner and voice distinctly her own.

**Amy Schumer** is an American stand-up comedian, writer, producer, director, and actress. She is the creator, co-producer, co-writer and star of the Emmy-award winning sketch comedy series “Inside Amy Schumer”, which has been airing on *Comedy Central* since 2013.

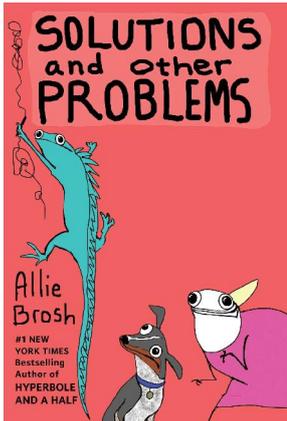
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*Allie Brosh, the “gut-bustingly funny” (NPR), award-winning, and #1 New York Times bestselling author of Hyperbole and a Half, shares a new collection of autobiographical and illustrated essays*

**SOLUTIONS AND OTHER PROBLEMS**

**by Allie Brosh**

*Touchstone/Simon & Schuster, April 2016*



Touching, absurd, and darkly comic, Allie Brosh’s new collection of autobiographical essays showcases her singular voice, leaping wit, and her ability to capture complex emotions with deceptively simple illustrations.

This full-color, beautifully illustrated edition features almost all new material, including more outrageous stories from Brosh’s childhood, the misadventures of her very bad dogs, merciless dissection of her own character flaws, and serious meditations on depression and grief in the wake of her sister’s recent death.

**Allie Brosh** is a major new American humorist who will surely make even the biggest scrooge or snob laugh. We dare you not to. She lives as a recluse in her bedroom in Denver, Colorado. She is the author of the #1 *New York Times* bestseller “Hyperbole and a Half”, which was named the Goodreads Choice Award Winner for Best Humor Book of the Year.

*What's different for women making big decisions? Cognitive psychologist Therese Huston offers this definitive playbook for making stronger, wiser choices that thoughtfully addresses how the cultural landscape—and the research—defines how women decide*

**HOW WOMEN DECIDE:**

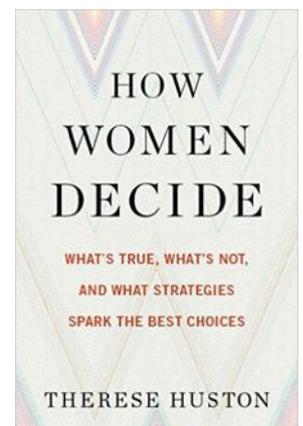
**What’s True, What’s Not, and What Strategies Spark the Best Choices**

**by Therese Huston, Ph. D**

*Houghton Mifflin Harcourt, May 2016*

There are a lot of books about decision-making, but their advice is unintentionally designed largely for men. Meanwhile, books about women in business overlook decision-making or offer advice that is unhelpful and can even backfire. HOW WOMEN DECIDE fills a gap on every woman’s bookshelf. It takes on the very real psychological and cultural obstacles women face, asks how these influence decision-making, and offers practical changes for the way we approach important choices. Huston persuasively argues that, contrary to popular opinion, women shouldn’t feign inflated confidence indiscriminately. She explains why women are more prone to take care than take charge. She offers guidance for anticipating and defusing the influence of stereotypes. And she takes on the pervasive misperception that openness toward collaboration renders women indecisive.

**Therese Huston, Ph.D.**, was the founding director of the Center for Excellence in Teaching and Learning at Seattle University and has spent the past fifteen years helping smart people make better decisions. She has written for the *New York Times*, and her first book, “Teaching What You Don’t Know”, was published by Harvard University Press.





*This highly anticipated new book by the author of the natural science classic and Pulitzer Prize finalist THE FOREST UNSEEN will explore the mystery and meaning of Earth's deep biological networks and humanity's place in this constantly evolving nexus by following the lives of ten trees around the world and listening to what their voices are telling us*

## **SONGS OF TREES**

**by David Haskell**

*Viking, 2016*

Trees are full of song. Wind clatters and hisses through leaves and needles, insects stridulate, ice rends weakened wood, people chatter on the street below, and mechanical noises reverberate within trunks. Some tree sounds are too high or low for our ears, but can be heard with the right microphones: water coursing through plant veins, the slow oscillations of limbs in motion, and the vibrations of passing footsteps. Under the acoustic surface are the hidden songs, the stories heard when we follow sounds to their sources. To attend to a tree's song is therefore to touch a stethoscope to the skin of a landscape, hearing what stirs below. Each song reveals the particularities of the tree's community. People are part of that community, so listening to trees gives us a new way to hear our own voices, to understand humanity's relationships with other species. Trees have long served as symbols of important truths. They represent the axis mundi, the places of enlightenment or temptation, and the unifying evolutionary Tree of Life. They build humus, exhale oxygen, and create rain. Trees are the world's great ecological connectors, drawing together all terrestrial lifeforms within their bodies or among their limbs, humans included.

**David Haskell's** THE FOREST UNSEEN is one of the most honored works of narrative natural science of the past decade: a Pulitzer finalist, winner of the Best Book Award from the National Academies and other major prizes.

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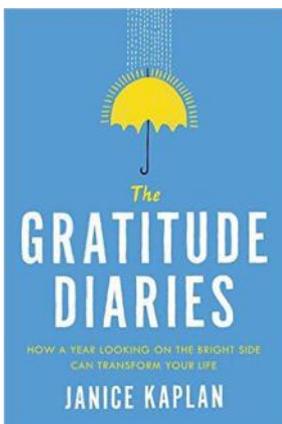
*In this inspiring memoir backed by cutting-edge research, Janice Kaplan spends a year living gratefully and gains a fresh outlook that transforms her marriage, family life, work, health, and everyday experience*

## **THE GRATITUDE DIARIES**

**How a Year Looking on the Bright Side Transformed My Life**

**by Janice Kaplan**

*Dutton, Fall 2015*



Relying on both amusing personal experiences and extensive research, Kaplan discovers how gratitude can transform every aspect of life, including marriage and friendship, money and ambition, and health and fitness. She interviews dozens of experts—including doctors, neuroscientists, researchers, academics, and philosophers—and gathers extensive data from the national gratitude survey she conducted, to offer surprising findings about why gratitude changes your outlook in any situation. Through interviews with real people including celebrities like Matt Damon, Daniel Craig, and Barbra Streisand, Kaplan discovers why gratitude matters in everything from our success at work to our children's happiness.

**Janice Kaplan** has enjoyed wide success as a magazine editor, television producer, writer and journalist. Her cover stories with public figures ranging from Matt Damon to President Barack Obama drew worldwide attention.

*A thought-provoking look at how we're increasingly outsourcing decision-making to experts and technology, with disastrous outcomes in areas ranging from health care to the economy to our day-to-day lives and how we can take back control and regain our common sense*

**BLINDED BY FOCUS:  
Restoring Self-Reliance in a Hyper-Dependent World  
by Vikram Mansharamani, Ph.D.**

*Scribner, 2016*

BLINDED BY FOCUS is a fascinating, “big idea” book about a critical “malfunction” of our time – a massive deficit of common sense, an inability to see “the big picture” – that profoundly affects everyone’s life in manifold domains, with the impact felt in our health care, our personal finances, commerce, transportation, energy, education and the global economic system at large.

This book is an “intellectual adventure story” perfect for the Gladwell readership eager for fresh insight into how we really function as individuals and as a society and an urgent call to action for a course change. In a series of involving on-point stories and vivid examples drawn straight from current headlines, Mansharamani adroitly examines the variety of causes for this often unacknowledged, but deeply unbalanced dynamic and proposes a series of creative solutions to reclaim our critical ability to think for ourselves and successfully navigate uncertainty.

MIT-trained global equity investor **Vikram Mansharamani**, is currently a fellow at the Kennedy School at Harvard and lecturer at Yale University.

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*A collection of the best and worst medical treatments recommended by 1 out of 10 doctors*

**1 OUT OF 10 DOCTORS RECOMMENDS:**

**Drinking Urine, Eating Worms, and Other Weird Cures, Cases, and Research from the Annals of Medicine**

**by H. Eric Bender, M.D., Murdoc Khaleghi, M.D., and Bobby Singh, M.D.**

*Saint Martin's Griffin, August 2016*

Have you ever wondered what that 1 outlier would say when you see commercials and products boasting that 9 out of 10 doctors recommend something? Well here's your answer... Three doctors explore and explain the least recommended techniques lurking in the darkest corners of medicine through the ages. Entertaining and informative, (and sometimes just plain gross), 1 OUT OF 10 DOCTORS RECOMMENDS examines the strangest and most unusual medical practices, including: drinking your own urine to fight infection, using live eels to relieve constipation, and licking a patient's head to diagnose Cystic Fibrosis. As licensed medical physicians who believe that humor is the best medicine, the authors decode the methods behind the seemingly mad science in these lighthearted mini essays.

**H. Eric Bender, M.D., Murdoc Khaleghi, M.D., and Bobby Singh, M.D.** are doctors and are widely respected and well-connected in their fields. Their first book, *STUCK UP* (2011), has sold over 40,000 copies and was featured on *CNN*, *Huffington Post*, *20/20*, and the *Tonight Show*.

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*From the #1 New York Times bestselling author Augusten Burroughs, his new hilarious and ultimately tender, moving memoir*

**LUST & WONDER**

**by Augusten Burroughs**

*St. Martin's Press, March 2016*



In chronicling the development and demise of the different relationships he's had while living in New York, Augusten Burroughs examines what it means to be in love, what it means to be in lust, and what it means to be figuring it all out. With Augusten's unique and singular observations and his own unabashed way of detailing both the horrific and the humorous, *LUST & WONDER* is an intimate and honest memoir that his legions of fans have been waiting for. This new book takes up where bestseller *DRY* (arguably his most beloved book) left off.

**Augusten Burroughs** is an acclaimed memoirist and #1 bestseller, and is one of the top selling authors for St. Martin's Press, with more than 4 million copies of his books sold.

*The five key ingredients that can help insure a longer, healthier life*

**FIVE TO THRIVE:**

**The Five Simple Things You Need to Live a Longer Life**

**by Dr. Sanjiv Chopra with David Fisher**

*Thomas Dunne Books, May 2016*

Doctor Sanjiv Chopra, Dean of the Harvard Medical School, has reviewed hundreds of medical studies seeking to understand the impact of certain foods, vitamins and supplements on human health and longevity. What he has found is an undeniable weight of evidence pointing to five key ingredients that can help insure a longer, healthier life: coffee (yes, coffee), vitamin D, nuts, meditation and moderate exercise. So have another cup of coffee, get outside in the sun and work up a sweat, grab a handful of nuts, and find a few minutes every day to sit silently—you too can live a longer and healthier life!

**Dr. Sanjiv Chopra** is Professor of Medicine & Faculty Dean for Continuing Medical Education at Harvard Medical School, and Director of Clinical Hepatology at Beth Israel Deaconess Medical Center in Boston, Massachusetts. He has approximately 100 publications and 4 specialist books to his credit.

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