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AGENCE LITTERAIRE ELIANE BENISTI

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LONDON BOOK FAIR

2016

Non Fiction

LONDON BOOK FAIR 2016 – NON FICTION

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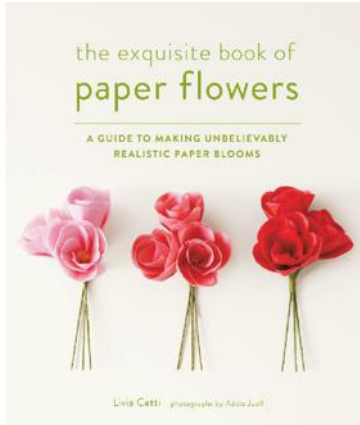
AGENCE LITTERAIRE ELIANE BENISTI

High style, gorgeous and unbelievably realistic paper flowers

THE EXQUISITE BOOK OF PAPER FLOWERS
A Guide to Making Unbelievably Realistic Paper Blooms

by **Livia Cetti**

Stewart, Tabori & Chang Inc, May 2013



Livia Cetti will share her until-now secret techniques for 27 of her most popular flowers, including peonies, poppies, roses, hibiscus and camellias, all made with tissue and crepe paper. She will then show readers how to combine the flowers to make 21 projects, such as garlands, tabletop arrangements, cake toppers, bouquets, wreaths, boutonnieres and hair clips. The projects are perfect for home decor, gifts, accessorising and entertaining. It's surprisingly easy and fast to create flowers by hand and the only supplies needed are tissue or crepe paper, scissors, glue, floral tape, wire and sometimes basic household bleach. The step-by-step photos incorporated throughout ensure that crafters of all levels can succeed in making any of these realistic blooms.

A second book, **THE EXQUISITE BOOK OF PAPER FLOWER AND ARRANGEMENTS**, will be published in March 2017.

Livia Cetti has been a contributing editor at Martha Stewart Weddings since 2002 and she started her own florist and paper flower company, The Green Vase, in 2005.

Reproducing the best of the Peanuts newspaper strip, ONLY WHAT'S NECESSARY also features exclusive, rare, and unpublished original art and developmental work – much of which has never been seen before

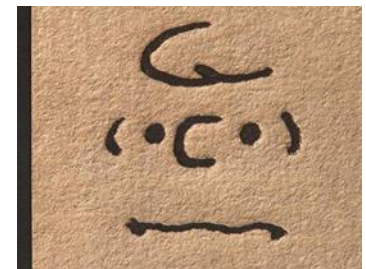
ONLY WHAT'S NECESSARY:

Charles M. Schulz and the Art of Peanuts

by **Chip Kidd**, photography by **Geoff Spear**

Abrams, November 2016

Charles M. Schulz believed that the key to cartooning was to take out the extraneous details and leave in only what's necessary. For 50 years, from October 2, 1950, to February 13, 2000, Schulz wrote and illustrated Peanuts, the single most popular and influential comic strip in the world. In all, 17,897 strips were published, making it 'arguably the longest story ever told by one human being,' according to Robert Thompson. For ONLY WHAT'S NECESSARY, renowned designer Chip Kidd was granted unprecedented access to the extraordinary archives of the Charles M. Schulz Museum and Research Center in Santa Rosa, California.

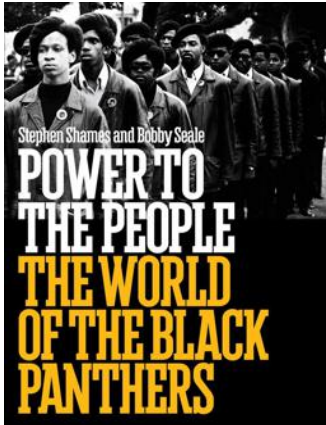


Chip Kidd is a graphic designer and writer, and editor-at-large for Pantheon. A three-time Eisner Award winner, he has written and designed over a dozen books on comics.

In words and photographs, POWER TO THE PEOPLE is the story of the controversial Black Panther Party, founded 50 years ago in 1966 by Bobby Seale and Huey P. Newton

POWER TO THE PEOPLE
The World of the Black Panthers
by Bobby Seale, Photographs by Stephen Shames

Abrams, October 2016



The words are Seale's, with contributions from Kathleen Cleaver and many others; the photographs, which range from the party's charismatic leaders to its daily work in African American communities, are by Stephen Shames, who also provides an introduction. Published on the 50th anniversary of the party's founding, **POWER TO THE PEOPLE** describes the struggles and celebrates the achievements of the only radical political party in America to make a difference in the struggle for civil rights.

Stephen Shames is one of America's leading photographers dealing with social issues, whose career began with his work with the Black Panthers. His work has been widely exhibited and is in the permanent collections of many museums.

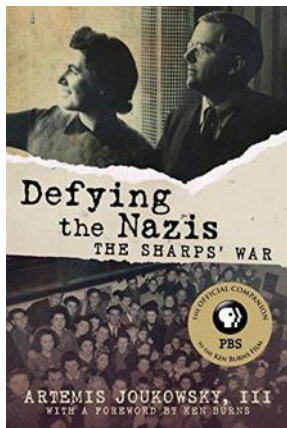
Bobby Seale was the chairman of the Black Panther Party during its most vital years. He met Huey Newton at Merritt College, where they were both enrolled in the early 1960s, and together they founded the party.



Official companion to the Ken Burns PBS film tells the little-known story of the Sharps, an otherwise ordinary couple whose faith and commitment to social justice inspired them to undertake dangerous rescue and relief missions across war-torn Europe, saving the lives of countless refugees, political dissidents, and Jews on the eve of World War II

**DEFYING THE NAZIS:
The Sharps' War
by Artemis Joukowski, III
with a foreword by Ken Burns**

September 2016



In 1939, Rev. Waitstill Sharp, a young Unitarian minister, and his wife, Martha, a social worker, accepted a mission from the American Unitarian Association: they were to leave their home and young children in Wellesley, Massachusetts, and travel to Prague, Czechoslovakia, to help address the mounting refugee crisis. Armed with only \$40,000, the Sharps quickly learned the art of spy craft and covertly sheltered political dissidents and Jews, and helped them escape the Nazis. After narrowly avoiding the Gestapo themselves, the Sharps returned to Europe in 1940 as representatives of the newly formed Unitarian Service Committee and continued their relief efforts in Vichy France. This compulsively readable true story offers readers a rare glimpse at high-stakes international relief efforts during WWII.

Artemis Joukowski III, the grandson of Waitstill and Martha Sharp, has spent decades researching his grandparents' efforts. He is also the director and, with Ken Burns, coproducer of the companion documentary film, *Defying the Nazis: The Sharps' War*. The documentary film, narrated by Tom Hanks, is scheduled to air on PBS in Autumn 2016.

What animals feel in us

DAS TIER ALS SPIEGEL DER MENSCHLICHEN SEELE

(Animals as a Mirror of the Human Soul)

by Ruediger Dahlke and Irmgard Baumgartner

Goldmann Paperback, February 2016



Pets are deeply attached to their owners. A pet can sense its owner's emotions and even mirror a shadow aspect of him or her, often in a way that makes the pet take on its owner's illness. Through many moving cases from her practice, the homeopath and veterinarian Irmgard Baumgartner makes it clear which sort of altruism her patients can use to intuitively help "their" humans. Ruediger Dahlke complements these observations with his very personal experiences with animals. He believes that we have a great opportunity for our own development when we encounter animals with great mindfulness. Here is a plea for a transformation of consciousness in living with our fellow creatures.

Ruediger Dahlke has worked for 37 years as a medical doctor, author, and seminar leader. Through his books he describes holistic psychosomatic conditions that extend into the mythical and spiritual dimensions.

After many years as a practicing veterinarian, **Irmgard Baumgartner** began in 2007 to use only classical homeopathy in her work.

Are we allowed to regret motherhood? Breaking a taboo

REGRETTING MOTHERHOOD

When Mothers Regret

by Orna Donath

COMPLETE ENGLISH MANUSCRIPT AVAILABLE

Knaus, February 2016

Motherhood is fulfilling and makes you happy. Saying anything to the contrary means you are egoistic and uncaring or not quite normal. When she published the first results of her study *Regretting Motherhood*, the Israeli sociologist Orna Donath set off a world-wide debate that is still in its early stages. In her book, she looks at the correlation between the social dictate of motherhood and the hitherto rarely expressed feelings of regret voiced by mothers. "A woman must still be allowed self-determination when she has children", says Orna Donath, thus giving feminism a decisive impulse.

Orna Donath is a sociologist at the Ben Gurion University of the Negev in Beersheba, where she carries out research on the social expectations particularly faced by women. Beside her academic activities, she is involved in volunteer work at the Hasharon Rape Crisis Center in Raanana.



A fascinating portrait of Berlin during its infamous Olympics

BERLIN 1936
Sechzehn Tage im August
(Berlin 1936
Sixteen Days in August)

by Oliver Hilmes
Siedler, April 2016



In summer 1936 the Olympic Games hold Berlin completely in their sway. Tens of thousands of people surge through the German capital city, which the National Socialists are keen to present to the world in these sixteen days as a cosmopolitan metropolis. Oliver Hilmes follows in the tracks of famous and completely unknown people, guests from Germany and abroad, through the feverishly shimmering time of the summer games. He skilfully links the events of these days to create a panorama of a dictatorship in suspension. Oliver Hilmes writes precisely, atmospherically densely and enthrallingly of sportsmen and women, of artists, diplomats and NS grandees, transvestites and prostitutes, restaurant owners and night owls, Berliners and tourists. His stories are fascinating and unsettling, surprising and moving. It is the story of an exceptional summer.

Oliver Hilmes studied history, politics and psychology in Marburg, Paris and Potsdam. His biographies of Alma Mahler-Werfel and Cosima Wagner were bestsellers.

A neurobiologist shares fascinating insights into the intelligent behavior of bees

DIE INTELLIGENZ DER BIENEN
Wie sie denken, planen, fühlen und was wir daraus lernen können
(The Intelligence of Bees:
How They Think, Plan, Feel, and What We Can Learn from Them)
by Randolf Menzel and Matthias Eckoldt

Knaus, March 2016

We love bees because of the sweet honey they make. But more significantly, they are among the most important and intelligent of the useful animals on earth. Without them pollinating the blossoms, things would look bad indeed for the world food supply. But they can do far more: their tiny brains think, plan, count and even dream. Even after five decades of intensive research, bees never cease to amaze the famous brain expert Randolf Menzel. Now at last, in cooperation with science journalist Matthias Eckoldt, he has put into a wonderfully readable book all he knows about bees. For readers of Peter Wohlleben's "The Secret Life of Trees" and Josef Reichholf's "Ornis: The Life of Birds".

Randolf Menzel is a zoologist and neuro-biologist. He is an authority on research into animal intelligence and has been head of the Neurobiology Institute at the Free University in Berlin for over 30 years.

Matthias Eckoldt is an author, lecturer and radio contributor with multiple awards to his name. He has published novels, essays and non-fiction books.



No fear of the hunt

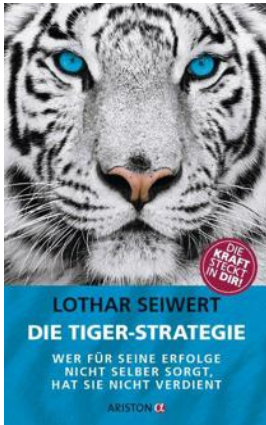
DIE TIGER-STRATEGIE

(The Tiger Strategy:

The Proven Method for Achieving the greatest Success in your Personal and Professional Lives)

by Lothar Seiwert

Ariston, February 2016



What does a tiger know about success? Quite a lot! When the young tiger Ravi, who is not respected even by the hyenas, is challenged to a fight by his powerful rival Bal, Ravi seeks help from Amba, the old white tigress. She teaches him the five principles that will transform him into a self-confident, resolute, and creatively intelligent tiger: clarity – power – fighting spirit – concentration – constancy. Here are the fundamental strategies for anyone who wants to achieve success in life. Inspiringly narrated and delightfully designed, THE TIGER STRATEGY shows how we can develop those traits necessary for mastering life.

Lothar Seiwert was born on Sumatra. Since childhood he has been fascinated by tigers because of their individuality and independence. Through his books, translated into 40 languages and with sales of over 5 million copies, he has become one of the most influential experts on the subject of time economy and life management.

Journey of discovery into a mysterious cosmos

DAS SEELENLEBEN DER TIERE

(The Spiritual Life of Animals)

by Peter Wohlleben

Ludwig, June 2016

Caring squirrels, loyal and loving ravens, compassionate wood mice and grieving doe – aren't these emotions that only human beings are capable of? The passionate forest ranger and bestselling author Peter Wohlleben tells us some wondrous and amazing facts about the emotional world of animals we would not expect to exist. Quoting the latest scientific discoveries and telling many vivid stories, he takes us into a scarcely explored world: the complex behaviour patterns of forest and domestic animals, their emotional and conscious life. And he makes us realise that animals are closer to us than we would ever have thought.

Peter Wohlleben studied forestry and spent over twenty years as a civil servant in the forestry commission. He gave up his job because he wanted to put his ideas of ecology into practice, and he now runs an environmentally friendly private piece of woodland. His bestselling book "The Hidden Life of Trees" has sold to more than 20 countries.



Deepak Chopra joins forces with leading physicist Menas Kafatos to explore nine of the biggest and most baffling questions about science and the nature of reality. Their answers will present a bold new understanding of who we are and how we can reach our greatest potential

YOU ARE THE UNIVERSE
Discovering Your Cosmic Self and Why It Matters
by Deepak Chopra and Menas Kafatos, Ph.D
Harmony Books, May 2017

Combining cutting edge science and with real world applications, Chopra and Kafatos look to redefine our nature of reality and what is possible. Here they ask 9 questions: What Came Before the Big Bang? Why Does the Universe Fit Together So Perfectly? Where Did Time Come From? What Is the Universe Made Of? Is There Design in the Universe? Is the Quantum World Linked to Everyday Life? Do We Live in a Conscious Universe? How Did Life Begin? Does the Brain Create the Mind? Their answers will open up new possibilities for all of us to lead more fruitful, peaceful, and successful lives. The authors are currently working with the BBC to create a documentary that will air on Netflix to tie-in with the book.

Deepak Chopra is a pioneer of integrative medicine and the author of over 80 books published in 43 languages. **Menas Kafatos** is The Fletcher Jones Endowed Professor of Computational Physics at Chapman University.

For anyone exhausted or disillusioned by the perpetual pursuit of personal happiness, here is the antidote: a book about the pursuit of meaning, a better route to a fulfilling life Americans have a lot to be happy about

THE POWER OF MEANING
Crafting a Life That Matters
by Emily Esfahani Smith
Crown, January 2017

Entertainment is always at the tips of our fingers. Companies tempt employees with junk food and video games. We have apps that enable us to order pizza or have our laundry picked up with the tap of a button. In short, our culture is obsessed with the good life. Yet, we're more dissatisfied than ever. In THE POWER OF MEANING, Emily Esfahani Smith argues that we've been chasing the wrong thing. It's not happiness that makes life worth living-it's meaning. Drawing on the latest cognitive science research, as well as insights from literature and philosophy, and her own prodigious reporting, Smith shows that by developing a "meaning mind-set," we can all achieve a deeper satisfaction.

With a warm, assured voice that moves effortlessly from George Eliot and Aristotle to Monty Python and Louis C.K., Smith spells out the four pillars of the meaning mind-set: cultivating connections to others, working toward our life's purpose, telling stories about our place in the world, and finding transcendence. Stirring, inspiring, and story-driven, THE POWER OF MEANING will strike a profound chord in anyone seeking more in life.

Emily Esfahani Smith writes about culture, relationships, and psychology for the *Atlantic*, *New Criterion*, *New York Times*, *Wall Street Journal*, *Newsweek*, *Daily Beast*, and other publications. She holds an MA from the University of Pennsylvania in applied positive psychology.

The definitive biography of Otis Redding, the artist many call the heart of American soul music, timed to the 50th anniversary of Redding's iconic performance at the 1967 Monterey Pop Festival

OTIS REDDING

An Unfinished Life

by Jonathan Gould

Crown Archetype, May 2017

When we think of Otis Redding, we remember his classic hits, from "The Dock of the Bay" and "Shake" to "Try a Little Tenderness" and "Respect," a song we often forget that he penned before Aretha Franklin made it famous. We know his music, yet we know very little about his life, which ended tragically at the age of 26, at the height of his career. According to Jonathan Gould, that knowledge gap is a shame, because while Redding might not have been as gifted as Ray Charles or as smooth as Sam Cooke, Otis-not Marvin Gaye, not James Brown, not Stevie Wonder--is "the purest distillation of what we talk about when we talk about 'soul.'" Now, in this biography, we'll finally get a fitting look at the unfinished life of the man some call "the King of Soul." That said, this book is not just about Redding and his music; it is also about the times from which they emerged.

Gould never lets us forget that the boundaries between black musicians and white listeners were becoming porous at precisely the moment that racial tensions were at their highest-a theme that remains relevant today. His portrait of Redding is both a remarkable look at a long-misunderstood artist and a fascinating exploration of race and music in America in the 1960s.

Jonathan Gould is a writer and a former professional musician who studied with the eminent jazz drummer Alan Dawson and spent many years working in bands and recording studios.

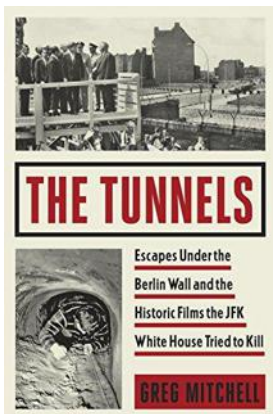
Le Carré meets Argo in a nonfiction Cold War nail-biter

THE TUNNELS

Escapes Under the Berlin Wall and the Historic Films the JFK White House Tried to Kill

by Greg Mitchell

Crown, October 2016



The symbolic drama of East German attempts to leap, climb, or scrape their way West made for gripping television, and no one knew that better than the Berlin correspondents of the two major networks and their bosses, Piers Anderton and Reuven Frank at NBC, and CBS's Daniel Schorr and Blair Clark. Unbeknownst to each other, NBC and CBS, hearing rumors of tunnelers around Berlin, abetted and funded separate tunnel attempts and vied to be the first to air a triumphant documentary of the human will to be free from Communism. Anxiously looking over the shoulders of them all, with more than a trace of political hypocrisy, John F. Kennedy, his brother Robert, and Secretary of State Dean Rusk, exerted all the influence they could to put an end to these endeavors. If the programs were broadcast, the administration might be perceived by Khrushchev as using its propaganda outlets to condone perforating the border.

Greg Mitchell is the author of nearly a dozen books. He blogs actively about media and politics, has produced several acclaimed film documentaries, and won numerous awards as the editor of *Editor & Publisher*.

Film rights have been sold to Paul Greengrass and FilmNation.

A bracingly honest yet sympathetic account of living with anxiety, coupled with deep reportage on the cutting-edge science that is driving research on the condition, from a longtime Wall Street Journal writer

ON EDGE
A Memoir of Anxiety
by Andrea Petersen
Crown, May 2017

Andrea Petersen was first diagnosed with anxiety disorder as a college sophomore, but she had been experiencing the shallow-breathing panic associated with the affliction since early childhood. Although having a name for her sudden shakiness and irrational phobias was comforting for Petersen, identifying it was only the beginning of a journey to understand it—one that takes her from Appalachian mountaintops to the backs of motorbikes in Vietnam as she refuses to let anxiety be her master. In *ON EDGE*, Petersen harnesses her own personal and professional experience to talk about how anxiety disorders work, unraveling their biological mysteries and exploring how, thanks to recent developments in brain imaging and other areas, groundbreaking research might point the way to new treatments. She excavates the role of genetics and environment in mental illness by tracing her family history, from her frequently institutionalized grandmother to her own young daughter, in whom Petersen sees shades of herself. Along the way, she also illuminates important social context—such as the gendered cultural baggage the condition has accrued—and introduces us to the people whose support has allowed her to make her life her own.

Andrea Petersen is a news editor and feature writer for the *Wall Street Journal*, covering everything from health, pharmaceuticals, and aging to travel, home, and family. She has appeared on CNBC, Fox News, and CBS This Morning.

International motivational speaker and Huffington Post blogger Agapi Stassinopoulos (sister of Arianna Huffington) inspires readers through 52 guided meditations on how to get unstuck over the course of a year. This great little gift book will appeal to readers of Deepak Chopra, Gabrielle Bernstein, and Wayne Dyer

WAKE UP TO THE JOY OF YOU
52 Meditations for a Calmer, Happier Year
by Agapi Stassinopoulos
Crown Archetype, December 2016

A YEAR OF MEDITATIONS TO GET UNSTUCK is the simple way to find grace and meaning in your life. Inspirational force Agapi Stassinopoulos offers 52 weeks of super accessible meditations that allow you to overcome disappointment, rejection, fear, and self-doubt and to find something more in your life. With an approachable style and uplifting spirit, Agapi shares stories and explanations that illuminate topics such as "How to Ask for Help," "How to Stop People-Pleasing," "5 Questions to Find My Calling," "Finding My Authentic Voice," and "Am I Running on Empty?" She then walks you through a guided meditation for each of these themes. Perfect for the beginning meditator but appropriate for spiritual seekers at any point on their journey, A YEAR OF MEDITATIONS TO GET UNSTUCK removes inner roadblocks so you can find a higher state of flow and grace.

Agapi Stassinopoulos is an international motivational speaker. She blogs for *The Huffington Post* and has collaborated with her sister, Arianna Huffington, to develop seminars based on Arianna's bestselling book *Thrive* to provide strategies to support the well-being of people in the work place.

One of the highest-ranked women to ever have worked on Wall Street shows how women can elevate themselves and their careers by embracing the uniquely female traits proven to make women better leaders, more effective team players, and more valuable assets to companies and employers

ELEVATE YOURSELF
The Power of Women at Work
by Sallie Krawcheck

Crown Business, December 2016

Lean in. Demand your place at the table. Sallie Krawcheck has had it with professional advice implying that if women simply leaned in a little farther, played the game a little better, and demanded just a little bit more—in other words, acted a little more like MEN—they could finally break through that glass ceiling and enjoy the success and power they deserve. The problem is that trying to beat a man at a man's game, she says, is a contest rigged to lose. A better strategy is to embrace and invest in the unique traits that make women better positioned to lead and succeed than men: broader diversity of perspective, greater long-term focus and healthier attitude towards risk, higher aptitude for certain types of creativity, better people skills, greater empathy, and more. Krawcheck will inspire and empower women to elevate both themselves and their companies by investing in these assets and strengths. Because according to Krawcheck, women who capitalize on these skills won't need to "lean in" or demand a place at the table; employers will offer that place to them willingly because it makes good business sense. Picking up the conversation where Lean In left off, this book will show women how to go beyond merely sitting at the table and elevate themselves to the next level by bringing their true female selves to work.

Sallie Krawcheck has been dubbed "The First Lady of Wall Street" and been named one of TIME magazine's "Global Business Influentials," one of Fast Company's "100 Most Creative People of 2014", and has appeared 9 times on the Fortune list of Most Powerful Women in Business. Her Elevate Network is global and they currently have a presence in the UK, Brazil, Spain, China, Taiwan, India, and South Africa.

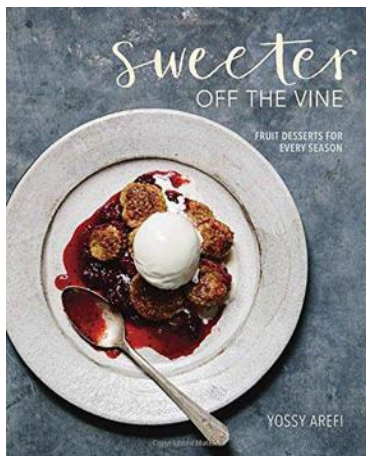


ILLUSTRATED BOOKS

A cozy collection of heirloom-quality recipes for pies, cakes, tarts, ice cream, preserves, and other sweet treats that cherishes the fruit of every season

SWEETER OFF THE VINE: Fruit Desserts for Every Season by Yossy Arefi

Ten Speed Press, March 2016



Celebrate the luscious fruits of every season with this stunning collection of heirloom-quality recipes for pies, cakes, tarts, ice cream, preserves, and other sweet treats. Summer's wild raspberries become Raspberry Pink Peppercorn Sorbet, ruby red rhubarb is roasted to adorn a pavlova, juicy apricots and berries are baked into galettes with saffron sugar, and winter's bright citrus fruits shine in Blood Orange Donuts and Tangerine Cream Pie. Yossy Arefi's recipes showcase what's fresh and vibrant any time of year by enhancing the enticing sweetness of fruits with bold flavors like rose and orange flower water inspired by her Iranian heritage, bittersweet chocolate and cacao nibs, and whole-grain flours like rye and spelt.

Yossy Arefi is a food photographer, food stylist, former professional baker, and the creator of the award-winning blog *Apt. 2B Baking Co.* She also runs the Project Dessert column on Food52. Her work has been featured in *T Magazine*, *Bon Appétit*, *Saveur*, *Modern Farmer*, and *Pure Green Magazine*, among others.

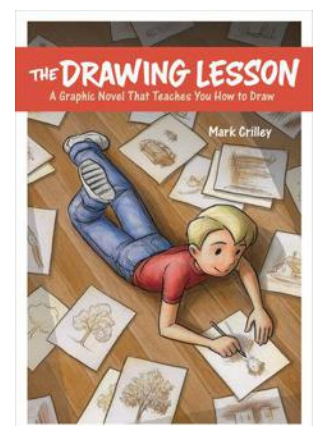
Read This Comic and Start Drawing Today

THE DRAWING LESSON A Graphic Novel That Teaches You How to Draw by Mark Crilley

Watson-Guption, July 2016

Through the story of an aspiring, overeager young artist-in-the-making readers gain a grounding in the basics of drawing and rendering. The sequential art format provides the perfect vehicle for these step-by-step lessons, and the Pixar-esque approach to the surrounding characters and story ensures an enjoyable experience that readers will want to revisit again and again.

Mark Crilley is an accomplished graphic novelist and YouTube sensation with over 10 million views. He is the author of "Mastering Manga", "Mastering Manga 2", and "The Realism Challenge", as well as several manga novels, including the "Akiko", "Miki Falls", "Billy Klikk", and "Brody's Ghost" series.



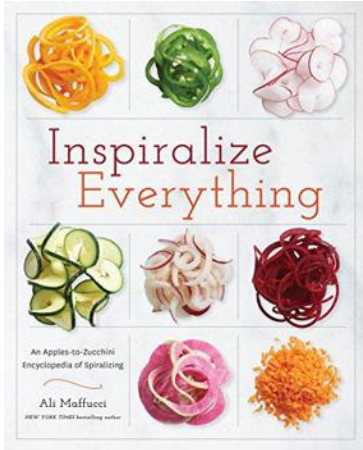
From the New York Times Bestselling author of "Inspiralized" comes...

INSPIRALIZE EVERYTHING

An Apples-to-Zucchini Bible for Spiralizing

by Ali Maffucci

Clarkson Potter, August 2016



Ali Maffucci tops herself with 125 brand-new recipes and 100 full-color photographs, catalogued in an apples-to-zucchini encyclopedia, focusing on quick and easy weeknight dishes, meals to make ahead, and extra low-calorie options. The spiralizer, a countertop tool that turns vegetables and fruits into noodles (and rice and buns), has revolutionized healthy cooking. Ali Maffucci is the undisputed leader of this movement, and now she's making it easier than ever to spiralize every meal.

Ali Maffucci is the New York Times bestselling author of "Inspiralized". Combining her deep-rooted love for pasta with her desire for a healthy lifestyle, Ali launched Inspiralized.com, a blog dedicated to cooking creatively and nutritiously with the spiralizer.

The gifty practicality of "How to Tie a Scarf" meets the efficiency of "The Life-Changing Magic of Tidying Up in" this illustrated guide to packing for trips long, short, cold, hot, and everything in between

HOW TO PACK

Travel Smart for Any Trip

by Hitha Palepu

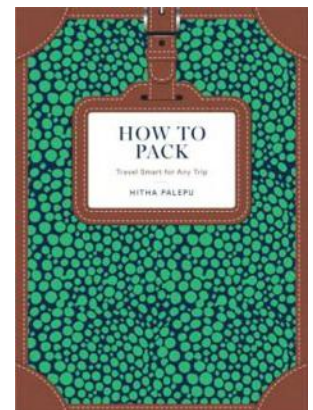
Clarkson Potter, March 2017

50 Full Color Illustrations

HOW TO PACK shows readers how to plan strategically for a trip in a whole new way. Written by a former consultant who has traveled more than 500,000 cumulative miles around the world, How to Pack includes guidelines for narrowing down one's wardrobe (Power Pieces vs. Fantasy Pieces), how many pairs of shoes are really necessary (Accessory Math), and best practices for storing toiletries and makeup (Pack Pretty).

Here, too, are instructions on selecting the right luggage, when to fold vs. roll clothing, and trip-specific packing lists. Hitha's tips are for today's modern traveler who doesn't want to sacrifice style for space, but who still wants to fit a 2-week vacation wardrobe into a carry-on bag.

In addition to running her website, Hitha on the Go, **Hitha Palepu** is the cofounder and COO of Bridge2Act, an innovative digital platform that makes charitable giving easier and faster.



A sumptuous and definitive spice guide by the country's most sought-after expert, with hundreds of fresh ideas and tips for using pantry spices, 102 never before-published recipes for spice blends, gorgeous photography, and breathtaking botanical illustrations

THE SPICE COMPANION
A Guide to the World of Spices

by **Lior Lev Sercarz**

Clarkson Potter, November 2016

400 Full-Color Photographs and 100 Illustrations



THE SPICE COMPANION communicates Lior's expertise in a way that will inspire readers to try bold new flavor combinations. For each of the 102 accessible spices, Lior provides the history and origin, information on where to buy and how to store it, five different pairings, three quick suggestions for use (such as adding cardamom to chicken broth), and a unique spice blend recipe and how to use it. Photographs and detailed color illustrations of each spice in different states (whole, crushed, etc.) make this the most desirable spice book on the market.

Lior Lev Sercarz is the chef and owner of La Boîte, a spice shop in New York City. He attended the Institut Paul Bocuse in Lyon, France, and trained with Chef Olivier Roellinger in Cancale, France, before working as a sous chef at Daniel.



"It's funny because it's true"

100 TRICKS TO APPEAR SMART IN MEETINGS:

How to Get By Without Even Trying

by Sarah Cooper

Andrews McMeel, October 2016

Sarah Cooper is a writer, blogger, vlogger, comedian whose satirical blog "The Cooper Review" has us laughing in our cubicles (or open floor plan). She's been there. Formerly at Google, GoogleDocs and Yahoo, Sarah has observed and mastered that necessary bane of our corporate existences: the meeting. Her "10 Tricks to Appear Smart in Meetings" post has circled the globe, with 5 million views and counting. In it we see our daily conquests. We want to succeed. We want to look smart and master the hell of our corporate life with minimal effort. 100 TRICKS TO APPEAR SMART IN MEETINGS is an illustrated business humor book that captures this zeitgeist in the form of hilariously bad advice –advice that you might just want to take. It's "funny because it's true." <http://thecooperreview.com>
Andrews McMeel will publish two books (the second manuscript is due January 2017) plus a corporate activity/coloring book.

Right sold to: Japan (Hayakawa); Germany (Ariston/RH Germany); Netherlands (Kosmos); UK (Square Peg/Random House UK); Taiwan/complex Chinese (China Times); Italy (BUR/Rizzoli), Thailand (WeLearn Co.)

Argumentative, controversial, and accessible

THE NEW ANTISEMITISM

by Deborah Lipstadt

Schocken/Knopf, 2016 (Proposal available, ms. January 2016)

In THE NEW ANTISEMITISM, Professor Deborah Lipstadt, the preeminent American historian of Holocaust Studies and Modern Jewish History, examines the root causes of the spike in anti-Jewish violence and vandalism that have plagued Europe in the last five years. Lipstadt asks, "Does this mean we are returning to the toxic, systemic brutality of the 1930s?" No, is her initial answer, quickly followed by: It's complicated. Don't get too comfortable. In THE NEW ANTI SEMITISM, Lipstadt makes connections that have gone unobserved among such diverse factors as the resurgence of racist right-wing nationalisms, left-liberal tolerance of hostility to Jews, the plight of the Palestinians, the relationship of anti-Semitism to anti-Zionism, and the rise of Islamic extremism. Contradictory forces, she explains, have found common scapegoats. In her investigation, using original research and reporting, Lipstadt intends to calm the fearful and arouse the complacent. Comparable to the polemical works of Christopher Hitchens, THE NEW ANTISEMITISM will inform opinion and demand response.

Professor **Deborah Lipstadt** is also the author of "History on Trial" and "Denying the Holocaust".

Right sold to: Israel (Kinneret); Netherlands (Het Spectrum); Australia (Scribe); Germany (Berlin Verlag).

A brave, timely consideration of race, class, education and the families that shape who we become, by a reporter and a survivor

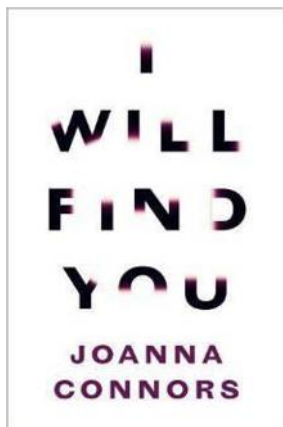
I WILL FIND YOU

by Joanna Connors

Grove, April 2016

“A courageous and unsettlingly forthright memoir of overcoming trauma.” – *Kirkus*

“Is it possible to call the story of violent rape and its haunting aftermath a thing of beauty? In the hands of Joanna Connors, this lucid, powerful memoir becomes its own form of redemption”– Dani Shapiro



Joanna Connors was a 30-year-old newspaper reporter when she was raped. In the aftermath, she became afraid of everything – flying, driving, riding in a car while someone else drove. After she had children, she hovered over them constantly fearful for whatever might happen to them as well. But then, when her daughter was 16, Joanna began to confront the fears that had been ruling her life. Joanna’s prose moves with the propulsive energy of a thriller, as she investigates the biggest story of her life. Her investigation leads her into the past as she looks back at the attack itself and how it was handled by the police, prosecutors, the courts and by her family and colleagues and how the fear and shame she tried so hard to deny remained, casting its shadow over so much of her life. From there, her investigation leads her forward to surprising discoveries, encounters with unforgettable characters, and sometimes into dangerous situations.

Joanna Connors is an award-winning journalist whose work has appeared in the *Los Angeles Times*, *Chicago Tribune*, *Glamour*, and *Redbook*, among others.



FLATIRON
BOOKS

Groundbreaking and illuminating, THE POWER OF DIFFERENT explores the link between exceptional aptitude and conditions commonly thought to be “disabilities.”

**THE POWER OF DIFFERENT:
Genius and the Link Between Disorder and Extraordinary Ability
by Gail Saltz, M.D.**

March 2017

Through examining the latest scientific research, and profiling famous geniuses and lay individuals who have been diagnosed with all manner of brain “problems”—including learning disabilities, ADD, anxiety, depression, bipolar disorder, schizophrenia, and autism—Psychologist and bestselling author Gail Saltz shows that the source of our struggles can be the origin of our greatest strengths. Rooted in her experience as professor and practicing psychiatrist, and based on the latest neurological research, Saltz demonstrates how specific deficits in certain areas of the brain are directly associated with the potential for great talent. She also shows how the very conditions that can cause difficulty at school, in social situations, at home, or at work, are bound to creative, disciplinary, artistic, empathetic, and cognitive abilities.

A Clinical Associate Professor of Psychiatry at The New York Presbyterian Hospital/ Weill-Cornell School of Medicine, Dr. **Saltz** is a psychoanalyst, columnist, bestselling author, television commentator, and contributing editor for *Health* magazine.

Elizabeth Winder brings to life the most famous actress of all time in a portrait of the artist that is as breathtaking and beautiful as the woman herself

**MARILYN IN MANHATTAN:
Her Year of Happiness
by Elizabeth Winder**

March 2017

Hundreds of writers have chronicled various aspects of Marilyn Monroe’s life: her Dickensian childhood, her lethal loves and losses, her struggle to be taken seriously as an actress, and her untimely death. Yet fifty years later, one critical story remains overlooked and untold: the year she spent in New York City. In 1955, Marilyn fled Hollywood and risked everything — bankruptcy, ridicule, even her own sanity — to live authentically in New York City. Within fourteen months, she morphed from pin-up starlet to intrepid businesswoman and respected artist. She read voraciously, studied at the Actor’s Studio (where her final monologue would receive a standing ovation from the notoriously tough room), and wrested her future back from Fox Studios, who considered her a dumb cash cow and had been treating her as such. By the time she left New York roughly 400 days later, she’d founded Marilyn Monroe Studios, successfully negotiated a record breaking salary along with approval over scripts and directors, and made Hollywood history.

Elizabeth Winder’s last book, “Pain, Parties, Work” (HarperCollins, 2013) was a revealing portrait of Sylvia Plath during her internship at Mademoiselle in the summer of 1953 (the events of which inspired *The Bell Jar*). The book received critical acclaim from the *New York Times*, *USA Today*, *O Magazine*, *Harper’s Bazaar*, *More*, and *Women’s Wear Daily* and has been optioned for film by Sony.



An illustrated guide to applying the rigors and techniques of computer scientists to the tasks we face in daily life

**BAD CHOICES:
Algorithmic Thinking in Everyday Life**

by Ali Almosawi
Viking, Spring 2017

Author of the quirky and very successful book, “An Illustrated Book of Bad Arguments”, Ali Almosawi has followed up with a project aimed at applying the rigors and techniques of the computer scientist mind to the every day tasks we face in life. Accessible and funny, but challenging and sophisticated, BAD CHOICES: Algorithmic Thinking in Everyday Life is a playful approach to a self-help nerd book.

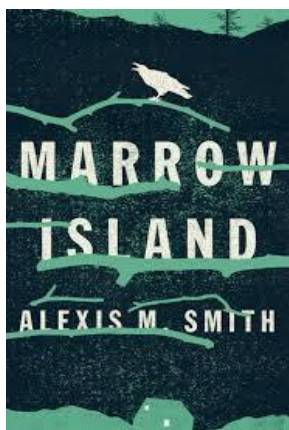
Ali Almosawi holds a Masters in Engineering Systems from MIT and a Masters in Software Engineering from Carnegie Mellon University. He currently works as a data visualization designer for Mozilla, while continuing to collaborate with his colleagues at the MIT Media Lab. Ali's work has appeared in publications such as *Wired*.

Rights sold to MaeKyung (Korea)

In the spirit of “Tiny Beautiful Things” and “How to Be a Woman” comes a collection of original, impassioned, and inspiring letters by the author of the popular advice column Ask Polly featured on New York magazine’s blog, “The Cut”

**HOW TO BE A PERSON IN THE WORLD
Ask Polly's Guide Through the Paradoxes of Modern Life**

by Heather Havrilesky
Doubleday, July 2016



Should you quit your day job to follow your dreams? How do you rein in an overbearing mother? Will you ever stop dating wishy-washy, noncommittal guys? Should you put off having a baby for your career? Heather Havrilesky, the author of the weekly advice column Ask Polly, featured on New York magazine's The Cut, is here to guide you through the "what if's" and "I don't know's" of modern life with a signature wisdom and tough love that leaves readers clamoring for more. HOW TO BE A PERSON IN THE WORLD is a collection of never-before-published material along with a few fan favorites. Whether she's responding to cheaters or loners, lovers or haters, the depressed or the down-and-out, Havrilesky writes with equal parts grace, humor, and compassion to remind you that even in your darkest moments you are not alone. This is more than an advice column; it's an imaginative exploration of the modern paradoxes that plague us.

Heather Havrilesky is the author of the memoir “Disaster Preparedness”. She has written for *New York magazine*, *The New York Times Book Review*, *The Los Angeles Times*, *the New York Times Magazine*, *Bookforum*, *The New Yorker*, and *NPR's All Things Considered*. She was a TV critic at Salon for seven years.

In We Have No Idea: The Biggest Mysteries in the Known Universe, the scientist/academic/web artist/combo of Jorge Cham and Daniel Whiteson will explore in language as smart as it is entertaining all the big things you would think we should know about the world by now, but actually don't

**WE HAVE NO IDEA:
The Biggest Mysteries in the Known Universe
by Daniel Whiteson and Jorge Cham**

Riverhead, 2017

Jorge and Daniel will explain what the biggest unknowns in the Universe are according to physicists, why these things are still mysteries, and what a lot of smart people are doing to figure out the answers. What is 95% of the Universe made out of? What is time? Why does time flow in only *one direction*? Readers of this book will come away with a deeper grasp of how much there is yet for our species to discover about our own world and the larger universe, and will gain a clue as to why we don't (yet) have a clue. The book will be approximately 250 pages, most of it written text with fun comic illustrations that will explain and illuminate each of the topics covered.

Jorge Cham has a Ph.D. in Robotics/Mechanical Engineering from Stanford University and his work has been featured in *The New York Times*, *The Washington Post*, *The Atlantic*, *Scientific American* and many other places. He is the creator of the popular online comic strip "Piled Higher and Deeper". **Daniel Whiteson** is a Professor of Physics at The University of California at Irvine doing research at CERN's famous hadron collider (the European Organization for Nuclear Research).

Together, they have collaborated on comics and explainer videos that have received millions of views, appeared in major news outlets, and will air on PBS in January 2016. They have given popular lectures around the world.

Using clear, readable prose, conceptual artist and poet Kenneth Goldsmith's manifesto shows how our time on the internet is not really wasted but is quite productive and creative as he puts the experience in its proper theoretical and philosophical context

WASTING TIME ON THE INTERNET

by Kenneth Goldsmith

Harper Perennial, August 2016



Kenneth Goldsmith wants you to rethink the internet. Many people feel guilty after spending hours watching cat videos or clicking link after link after link. But Goldsmith sees that “wasted” time differently. Unlike old media, the internet demands active engagement—and it’s actually making us more social, more creative, even more productive. When Goldsmith, a renowned conceptual artist and poet, introduced a class at the University of Pennsylvania called “Wasting Time on the Internet”, he nearly broke the internet. *The New Yorker*, *the Atlantic*, *the Washington Post*, *Slate*, *Vice*, *Time*, *CNN*, *the Telegraph*, and many more, ran articles expressing their shock, dismay, and, ultimately, their curiosity. Goldsmith’s ideas struck a nerve, because they are brilliantly subversive—and endlessly shareable.

Kenneth Goldsmith's writing has been called some of the most exhaustive and beautiful collage work yet produced in poetry by Publishers Weekly. Goldsmith is the author of ten books of poetry, founding editor of the online archive UbuWeb.

Combining cutting-edge neuroscience with the latest discoveries on the human microbiome, a practical guide in the tradition of “The Second Brain”, and “The Good Gut” that conclusively demonstrates the inextricable, biological link between mind and the digestive system

THE MIND-GUT CONNECTION

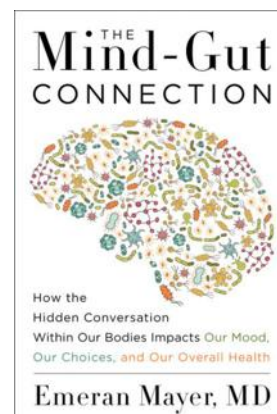
How the Hidden Conversation Within Our Bodies Impacts Our Mood, Our Choices, and Our Overall Health

by Emeran Mayer

Harper Wave, July 2016

We have all experienced the connection between our mind and our gut—the decision we made because it “felt right”; the butterflies in our stomach before a big meeting; the anxious stomach rumbling we get when we’re stressed out. While the dialogue between the gut and the brain has been recognized by ancient healing traditions, including Ayurvedic and Chinese medicine, Western medicine has by and large failed to appreciate the complexity of how the brain, gut, and more recently, the gut microbiota—the microorganisms that live inside our digestive tract—communicate with one another.

Dr. **Emeran Mayer** is professor of medicine and executive director of the UCLA Center for Neurobiology of Stress.



One of the most revered spiritual leaders in the world today, Thich Nhat Hanh's masterful work on how to live most deeply and peacefully

THE ART OF LIVING

by Thich Nhat Hanh

HarperOne, May 2017

Many people say that nirvana is a happy state that you go to only after you die. That statement is very misleading, it's also dangerous. It means that you cannot go to nirvana when you are alive; you must die in order to go to nirvana. This is not the teaching of the Buddha. The teaching of the Buddha is that while you have this body, you can enjoy nirvana; you don't need to get rid of your form, feelings, perceptions, mental formations, and consciousness in order to reach nirvana. In fact you need them in order to touch nirvana. You can touch nirvana with your feet, with your eyes, with your hands. And that is the reality of no birth and no death, no afflictions, no burning, the extinction of the flames. So it is possible that we can touch nirvana in the here and the now, and we do not have to go and look for it. It's like the wave does not have to go and look for water. She is well established in the water, in the ocean.

Thich Nhat Hanh is a Vietnamese Buddhist Zen master, poet, scholar, and peace activist who was nominated for the Nobel Peace Prize by Dr. Martin Luther King Jr. He is the author of many bestselling books, including the classics "Peace Is Every Step, Fear", and "The Art of Power". Hanh lives in Plum Village, his meditation center in France, and leads retreats worldwide.

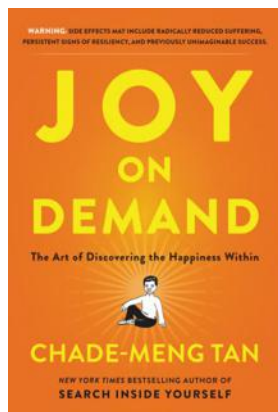
How to cultivate joy within the context of our fast-paced lives and explains why it is critical to creativity, innovation, confidence, and ultimately success in every arena

JOY ON DEMAND

The Art of Discovering the Happiness Within

by Chade-Meng Tan

Harper One, May 2016



Chade-Meng Tan shows that you don't need to meditate for hours, days, months or years to achieve lasting joy—you can actually get consistent access to it in as little as fifteen seconds. Explaining joy and meditation as complementary things that naturally reinforce each other, Meng explains how these two skills form a virtuous cycle, and once put into motion, become a solid practice that can be sustained in daily life. Seeing a disconnect between the traditional practice and the modern world, the bestselling author and Google's "Jolly Good Fellow" has developed a program, through "wise laziness," to help readers meditate more efficiently and effectively. Meng shares the three pillars of joy (inner peace, insight, and happiness), why joy is the secret to success, and demonstrates the practical tools anyone can use to cultivate it on demand.

Chade-Meng Tan is Google's Jolly Good Fellow and the bestselling author of "Search Inside Yourself".



Internationally renowned political commentator Noam Chomsky examines America's pursuit and exercise of power in a post 9/11 world

WHO RULES THE WORLD?

by Noam Chomsky

Hamish Hamilton, May 2016

The culmination of years of work, WHO RULES THE WORLD? is Chomsky's definitive intellectual investigation into the major issues of our times. From the dark history of the US and Cuba to China's global rise, from torture memos to sanctions on Iran, Chomsky explores how America's talk of freedom and human rights is often at odds with its actions. Delving deep into the conflicts in Iraq, Afghanistan, and Israel/Palestine, he provides nuanced, surprising insights into the workings of modern-day imperial power. The world's political and financial elite have become ever more insulated from democratic constraints on their actions. Chomsky shines a powerful light on this inconvenient truth. With climate change and nuclear proliferation threatening the survival of our civilization, the message has never been more pertinent or more urgent: the need for an engaged and active public to steer the world away from disaster grows ever greater. Fiercely outspoken and rigorously argued, *Who Rules the World?* is an indispensable guide to how things really are from the lone authoritative voice courageous and clear-sighted enough to tell us the truth.

Noam Chomsky is the world's foremost intellectual activist. Over the last half century, no one has done more to question the great global powers who govern our lives, forensically scrutinizing policies and actions, calling our politicians, institutions and media to account.

A book that will look at why young Muslim men and women who have grown up outside the Middle-East are rejecting their parents' dreams of economic betterment and personal freedom in favor of radical rebellion in the Middle East

I WAS TOLD TO COME ALONE

My Journey Behind the Lines of Jihad

by Souad Mekhennet

April 2017 (Proposal available)

Mekhennet, a German-born Moroccan Muslim, is a journalist with access to ISIS unlike many western journalists. Mekhennet will take readers into the restive immigrant enclaves of Germany, Britain, France, and elsewhere, and show them what the transformation from docile striver to rebel looks like up close. This is a largely untold story that holds keys to the future of global Islamic radicalism and valuable insights into how Western nations can best confront the challenges they face, both from within and from afar. It is all the more important as the threat of militancy draws ever closer, from the distant landscapes of Syria to the Paris offices of Charlie Hebdo.

Souad Mekhennet, is an award-winning journalist who was born in Germany and grew up there and in Morocco. She is currently a correspondent for *The Washington Post's* national security desk. Since 2001, she has reported on terrorism for *Der Spiegel*, *ZDF*, *NPR*, *The New York Times*, *The International Herald Tribune*, *The Daily Beast*, *The Post* and others. She is the only Western journalist who has gained access to the leadership circles of the Taliban, Al Qaeda, and ISIS.

A fascinating new look at the sources and causes of the Holocaust, particularly the slaughter of over 100,000 Jews in the Ukraine during the Russian Civil War of 1917-1921: a largely forgotten story

**THE HOLOCAUST BEFORE HITLER:
Pogroms and the Roots of European Genocide of the Jews**

by Jeffrey Veidlinger

Henry Holt, Fall 2019 (Manuscript due May 2018)

Veidlinger's groundbreaking work illuminates how the Russian Civil War created the preconditions for the genocidal violence that took place in the same towns and against the same people twenty-two years later. It explores the dynamics of genocide and the ideologies of hatred by dissecting the frenzied anti-Jewish violence that predated the Nazi invasion of the Soviet Union through the voices of townsfolk. He uses tens of thousands of pages of witness testimony, along with his own oral history interviews with Ukrainian pogrom survivors, to investigate how so many different groups of people came to the same conclusion: that killing Jews was an acceptable response to their disparate predicaments. The Holocaust Before Hitler asks not only why Germans, Poles and Ukrainians killed Jews, but also why one group—any group—would suddenly seek to physically exterminate another group.

Jeffrey Veidlinger is the son of a holocaust survivor and the Director of the Frankel Center for Judaic Studies at the University of Michigan. Veidlinger is the author of three award-winning books: "The Moscow State Yiddish Theater: Jewish Culture on the Soviet Stage", winner of the National Jewish Book Award, "Jewish Public Culture in the Late Russian Empire", winner of the J. I. Segal Prize, and "In the Shadow of the Shtetl: Small Town Jewish Life in Soviet Ukraine", winner of the Canadian Jewish Book Award.

In January 1939, few people had heard of Pablo Picasso. But one year later, the Spaniard had become the poster child of modern art, the inspiration for a new generation of painters, and the fulcrum of the new art world. How did this unknown avantgarde artist become the most famous artist on the planet?

PICASSO'S DEALER

by **Hugh Eakin**

Tim Duggan Books, Fall 2018

PICASSO'S DEALER tells the story of two very different men— Paul Rosenberg, Picasso's French-Jewish art dealer, and Alfred Barr, the young American director of the Museum of Modern Art (MoMA)—and their struggle to create the groundbreaking 1939 MoMA exhibition, "Picasso: Forty Years of His Art." By zeroing in on this neglected but defining episode, Hugh shows how global affairs played into the artist's success; how an unlikely partnership saved hundreds of priceless masterpieces from Nazi hands; and how one daring exhibition precipitated events that irrevocably shifted the avantgarde and art market from Europe to America. PICASSO'S DEALER builds momentum with heated rivalries, singleminded obsessions, complicated alliances, last-minute escapes, and personal reinventions. It's a story of two visionaries who make a man into an icon, a case study in the creation and evolution of markets, and a behind the scenes look at a game-changing exhibition that almost never happened.

Hugh Eakin is Senior Editor of and frequent contributor to *The New York Review of Books*.

The stranger than-fiction true story of a man who is quite likely the most prolific criminal kingpin in the world

THE MASTERMIND

by **Evan Ratliff**

Random House, Fall 2018

THE MASTERMIND begins with the savage murder of a female real estate agent in the Philippines in 2012. It was a crime that baffled Philippine authorities but turned out to be connected to a dastardly criminal network that spanned the globe. In the book, readers will follow Evan Ratliff on a breathless trail, as he discovers that the murder is linked to two American hit men, who in turn have been employed by a decorated American ex-soldier who has taken a job as the lead enforcer for an international crime syndicate. The cartel is headed by a mysterious figure who Philippine federal agents refer to as "The Mastermind," a 44-year-old South African named Paul Le Roux, whose empire spans continents and employs hundreds of innocent and not-so-innocent accomplices. THE MASTERMIND homes in on a new kind of internet-enabled cartel and the fate of those who cross paths with it. It's a tale of ambition and triumph, of corrupt entrepreneurs and the dark corners of the web, of Somali militants and DEA agents, of rogue hit men and a capsized ship carrying \$100 million dollars' worth of cocaine in its hull. It's a story about the balance of privacy and security, the psychology of brilliant, twisted criminals, and the strange ways that righteousness can be warped by greed.

Evan Ratliff is the co-founder of *The Atavist* magazine. He's written two of its awardwinning stories – "Lifted" (a top-10 bestseller on Amazon) and "The Oilman's Daughter." THE MASTERMIND marks his eagerly anticipated debut book.

Film/TV rights optioned by two major production companies.

Sold in a major, 8-publisher auction, Emmy-award winning comedian and actress Amy Schumer narrates her life and times in this riotously funny, poignantly written book from a woman who's been called the voice of her generation

THE GIRL WITH THE LOWER BACK TATTOO

by Amy Schumer

Gallery/Simon & Schuster, August 2016

Amy Schumer grew up in the Upper East Side and in a ritzy Long Island suburb with her mother, father, sister, and half brother. But when she was nine her family went bankrupt and her father was diagnosed with multiple sclerosis. Her parents divorced three years later, and Amy began her less than glamorous life, playing club volleyball and shoplifting underwear and Dolce & Gabbana perfume. In 1999 she graduated from high school and moved to Baltimore to attend Towson University. Right after graduation in 2003 she moved to New York City to pursue her dream of becoming a performer. From her early days as a struggling comedienne on the lowest rungs of the stand-up circuit to her first big break on LastComic Standing, she was inspired by the strong and brave women who came before her—from Lucille Ball and Carol Burnett to Gilda Radner and Joan Rivers. Her tumultuous childhood, adolescence, young adulthood, and recent rise to superstardom has been both ordinary and extraordinary, and the stories she tells in these pages are both particular and universal, all recounted in a manner and voice distinctly her own.

Amy Schumer is an American stand-up comedian, writer, producer, director, and actress. She is the creator, co-producer, co-writer and star of the Emmy-award winning sketch comedy series Inside Amy Schumer, which has been airing on Comedy Central since 2013.

Most of the treatments we think produce healing do not work when exposed to rigorous scientific scrutiny. Yet people often get better. Why? And how?

HEALING:

How it Really Happens; The Startling Effect of Meaning on Our Ability to Get Well

by Wayne Jonas B. M.D.

Ten Speed Press, January 2018

Dr. Wayne Jonas argues that the majority of healing comes from a few basic principles that can be used effectively by any system—ancient or modern, complementary or conventional, proven or unproven—when they illicit a meaningful response in a person. Understanding what stimulates healing or prevents disease will not fix a broken bone, cure cancer, or help you with a heart attack. However, the top ten reasons for seeing a doctor include pain (especially back pain), fatigue, cognitive dysfunction, hypertension, diabetes, obesity, chronic heart or lung problems, or brain diseases such as Alzheimer’s, Parkinson’s, or depression. Almost all of these conditions accelerate and increase as we age so even if we feel healthy, the chances are that if we live long enough, we will have more than one of these conditions, unless we seek out ways to prevent them. If you understand how healing really works for the most common conditions, you can take greater control of your recovery, increase the likelihood that any specific treatment will be effective, prevent many of the diseases of aging, and radically reduce your dependence on the medical industry.

Wayne B. Jonas, MD, is the President and Chief Executive Officer of Samuelli Institute, a non-profit medical research organization supporting the scientific investigation of healing processes and their application in health and disease.

Chuck Klosterman explores the possibility that our currently held beliefs and assumptions about the world will eventually be proven wrong

BUT WHAT IF WE'RE WRONG:

Thinking About the Present as if It Were the Past

by Chuck Klosterman

Blue Rider Press, June 2016

BUT WHAT IF WE'RE WRONG is a book of original, reported, interconnected pieces that speculate on the likelihood that many universally accepted, deeply engrained cultural and scientific beliefs will someday seem absurd. Covering a vast spectrum of objective and subjective topics, the book attempts to visualize present-day society the way it will be viewed in a distant future. Klosterman cites original interviews with a wide variety of thinkers and experts -- including the likes of George Saunders, David Byrne, Jonathan Lethem, Alex Ross, Kathryn Schulz, Neil deGrasse Tyson, Brian Greene, Junot Diaz, Amanda Petrusich, Ryan Adams, Dan Carlin, Nick Bostrom, and Richard Linklater. The answers Klosterman explores and integrates with his own analysis generate the most thought-provoking and propulsive book of his career.

Chuck Klosterman is the bestselling author of six nonfiction books and two novels. He has written for the *New York Times*, *Washington Post*, *GQ*, *Esquire*, *Spin*, *The Guardian*, *The Believer*, *Billboard*, *The A.V. Club*, and *ESPN*.

**But What If
We're
Wrong?
Chuck
Klosterman**

A popular Berlin-based fashion blogger presents here a brilliant and inspirational roadmap for discovering and cultivating a strong sense of personal style and building the ideal wardrobe for your lifestyle. For all of those who embraced Marie Kondo, this useful guide will help women dig deeper into their personal style in a strategic—and fun!—approach

**THE CURATED CLOSET:
A Simple System for Discovering Your Personal Style and Building Your Dream Wardrobe
by Anuschka Rees**

*Ten Speed Press Trade Paperback, September 2016
Four color photography and infographics*

Many women don't know what their personal style is, don't have a wardrobe that actually matches their style or life, and don't know how to shop for a structured wardrobe of all pieces that can be worn easily and confidently. Style and minimalism blogger Anuschka Rees presents a fascinatingly strategic, prescriptive approach to identifying, refining, and expressing personal style and building the ideal wardrobe to match it, with style and shopping strategies that women can use every day. Including beautiful full-color fashion photography, infographics, and activities, THE CURATED CLOSET is a useful guide covering everything women need to know to fully realize their individual style and create their perfect functional and beautiful wardrobe.

Anuschka Rees is a Berlin-based writer and the creator of Into-Mind.com, the go-to online source for all things personal style and minimalism. She is also a columnist for Bento, the new online magazine from Der Spiegel in Germany. She has a master's in social psychology from the London School of Economics and has spent years studying the intricacies of human decision making, which she's used to develop her unique system of personal style-defining techniques.



Former Bain Capital analyst turned pro squash player, 27-year-old Mike Lewis created the Jump Curve, a four-step framework for millennials and beyond that pinpoints the right moment to follow your dreams, as well as guidance through personal narratives of successful “jumpers” from all walks of life, such as best-selling author/ journalist Michael Lewis

WHEN TO JUMP:

If the Job You Have Isn't the Life You Want

by Mike Lewis

Holt, 2017

How do you start doing what you really want to be doing in life? You JUMP. You engage with the emotional, terrifying yet joyful struggle that puts you on track to follow your dreams. But what is the right time and right way to jump? How do you know when to act? Mike Lewis seeks the answers in this absolutely terrific new book for millennials and those who love them. Inspirational yet practical, narrative and analytic, filled with stories that deliver vital guidance, and supported by a powerful social media platform, *WHEN TO JUMP* will be the touchstone book for this aspirational generation that has change built into its DNA. Mike is already partnering with such major media figures as Sheryl Sandberg and Arianna Huffington in promoting the “jump” movement and is working on creating sponsorships for “Jump Clubs” – “one part book club, one part speaker event and one part beers with friends” -- to support the book.

Mike Lewis is passionate about working with people and investing in companies that are trying to change the world. After three years of growth equity investing at Bain Capital Ventures, took a break from the business world in May 2014 to chase his dream of playing professional squash internationally, while couch-surfing with new friends for nearly every night on tour.

This book is “The Monuments Men”, with atomic weapons

**HUNTING HEISENBERG:
The Secret U.S.-Soviet Race to Capture the Most Dangerous Man in Germany
by James Mauro**

Touchstone/Simon & Schuster, 2018

In 1943, the Manhattan Project’s leading scientists urge American soldiers to kidnap German scientists and their stockpiled materials to prevent Hitler from gaining control of nuclear weapons. At the top of their list is the most dangerous man in Germany—not Hitler or Himmler but Nobel Prize-winning physicist Werner Heisenberg. A team of soldiers, scientists, spies, and assassins are dispatched on a daring and top-secret mission: to kidnap and potentially kill more than a dozen physicists in Germany, France, and Italy. Operation Alsos is born. The men rush to search key targets before anyone else—often finding themselves behind enemy lines. They aren’t just racing the retreating Germans. If the Americans didn’t find them first, the Russians would. Stalin, less worried about the possibility of a Nazi bomb than he is about the near-certainty of an American one, dispatches Russian military counterintelligence agents. Working against each other, grabbing whatever they can and sabotaging the rest, a secret battle takes place between touchy allies. In many ways, it was a war within a war.

James Mauro has been a journalist, writer and magazine editor for more than twenty-five years. He is also the author of “Twilight at the World of Tomorrow: Genius, Madness, Murder”, and the “1939 World’s Fair on the Brink of War” (Ballantine/Random House, 2010).

The first-ever telling of the incredible life story of Mary Grace Humiston

**MRS. SHERLOCK HOLMES:
The True Story of Mary Grace Humiston, New York City’s First Woman Consulting Detective
by Brad Ricca**

St. Martin’s Press, Fall 2016

Mary Grace Humiston was, in turn, the first female assistant United States district attorney, a Washington trust-buster, an undercover reporter, an espionage agent, head of a pro bono urban law firm, a happy homemaker, a dance-hall owner, a wife (twice), an international traveller, and finally, the first and most famous female consulting detective in New York City history. Born into old New York money, Humiston devoted her life to battling against kidnapers and human trafficking, and for immigration reform—all issues still very much with us today. Humiston launched her own personal investigation into the Cruger case, which would become one of the most sensational kidnapping cases in New York City history and launch the decades-long career of a heroic woman. The papers hailed her as a hero—Mrs. Sherlock Holmes.

Brad Ricca earned is the author of the award-winning “Super Boys: The Amazing Adventures of Jerry Siegel and Joe Shuster – The Creators of Super Man”.

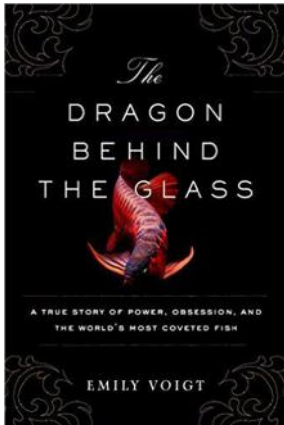
A riveting journey into the bizarre world of the Asian arowana or “dragon fish”—the world’s most expensive aquarium fish—reveals a surprising history with profound implications for the future of wild animals and human beings alike

THE DRAGON BEHIND THE GLASS

A True Story of Power, Obsession, and the World’s Most Coveted Fish

by Emily Voigt

Scribner, May 2016



A young man is murdered for his prized pet fish. An Asian tycoon buys a single specimen for \$150,000. Meanwhile, a pet detective chases smugglers through the streets of New York. Delving into an outlandish realm of obsession, paranoia, and criminality, *THE DRAGON BEHIND THE GLASS* tells the story of a fish like none other: a powerful predator dating to the age of the dinosaurs. Treasured as a status symbol believed to bring good luck, the Asian arowana is bred on high-security farms in Southeast Asia and sold by the hundreds of thousands each year. In the United States, however, it’s protected by the Endangered Species Act and illegal to bring into the country—though it remains the object of a thriving black market. From the South Bronx to Singapore, journalist Emily Voigt follows the trail of the fish, ultimately embarking on a years-long quest to find the arowana in the wild, venturing deep into some of the last remaining tropical wildernesses on earth.

Emily Voigt, a graduate of the Columbia University Graduate School of Journalism, is a freelance journalist specializing in science and culture. Her work has appeared in newspapers and magazines, including *The New York Times* and *Mother Jones Magazine*.

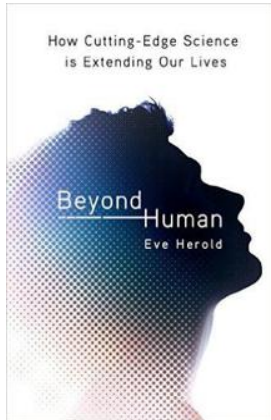
An in-depth look at how scientific breakthroughs and technology can help us overcome our failings—both physical and mental

BEYOND HUMAN

How Cutting-Edge Science Is Extending Our Lives

by Eve Herold

Thomas Dunne Books, August 2016



Never before in the history of medicine has mankind faced such hope and peril as those of us poised to embrace the radical medical technologies of today. In this fascinating book, Eve Herold examines the medical technologies taking shape at the nexus of computing, microelectronics, engineering, nanotechnology, cellular and gene therapies, and robotics. These technologies will dramatically transform our lives and allow us to live for hundreds of years. Yet, with these blessings come complicated practical and ethical issues, some of which we can predict, but many we cannot. In this new world, will everyone have access to technological miracles, or will we end up living in a world of radical disparities? How will society accommodate life spans that extend into hundreds of years? Will we and our descendants be able to bring about the dream of a future liberated by technology, or will we end up merely serving the machines and devices that keep us healthy, smart, young, and alive?

Eve Herold is Director of Public Policy Research and Education at the Genetics Policy Institute. A science and health writer, she has been featured in *The Boston Globe*, *The Wall Street Journal*, *Prevention*, *The Kiplinger Report*, and *The Washington Post* and on MSNBC, NPR, and CNN.

From an addiction expert, comes a startling argument that technology has profoundly affected the brains of children – and not for the better

GLOW KIDS

How Screen Addiction Is Hijacking Our Kids—and How to Break the Trance

by Nicholas Kardaras Ph. D.

Saint Martin's Press, August 2016

Brain imaging research is showing that stimulating glowing screens are as dopaminergic (dopamine activating) to the brain's pleasure center as sex. And a growing mountain of clinical research correlates screen tech with disorders like ADHD, addiction, anxiety, depression, increased aggression, and even psychosis. Most shocking of all, recent brain imaging studies conclusively show that excessive screen exposure can neurologically damage a young person's developing brain in the same way that cocaine addiction can. Kardaras will dive into the sociological, psychological, cultural, and economic factors involved in the global tech epidemic with one major goal: to explore the effect all of our wonderful shiny new technology is having on kids.

Dr. Nicholas Kardaras is one of the country's foremost addiction experts and Executive Director of the Dunes—one of the world's top rehabs. He is a Clinical Professor at Stony Brook Medicine, has taught neuropsychology at the doctoral-level, is the author of "How Plato and Pythagoras Can Save Your Life" and is a frequent contributor to *Psychology Today* and *Fox News*.



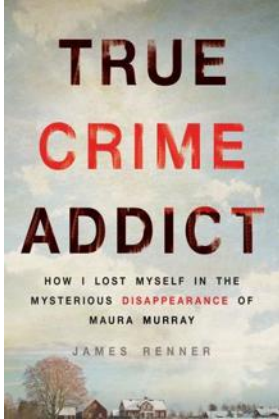
A dual investigation of the author's lifelong fascination with true crime and his obsessive quest to find Maura Murray, a college student whose disappearance in 2004 has stumped authorities to this day

TRUE CRIME ADDICT:

How I Lost Myself in the Mysterious Disappearance of Maura Murray

by James Renner

Thomas Dunne Books, May 2016



When an eleven year old James Renner fell in love with Amy Mihaljevic, the missing girl seen on posters all over his neighborhood, it was the beginning of a lifelong obsession with true crime. That obsession leads James to a successful career as an investigative journalist. It also gave him PTSD. In 2011, James began researching the strange disappearance of Maura Murray, a UMass student who went missing after wrecking her car in rural New Hampshire in 2004. Over the course of his investigation, he uncovers numerous important and shocking new clues about what may have happened to Maura, but also finds himself in increasingly dangerous situations with little regard for his own well-being. As his quest to find Maura deepens, the case starts taking a toll on his personal life, which begins to spiral out of control. The result is an absorbing dual investigation of the complicated story of the All-American girl who went missing and James's own equally complicated true crime addiction.

James Renner is the author of “The Serial Killer's Apprentice” and several other works of nonfiction. His method of using social media to solve cold cases was the subject of a CNN profile, in 2015. He has also written two novels, “The Man from Primrose Lane” and “The Great Forgetting”.

A book that will appeal to readers of “Thinking, Fast and Slow” by Daniel Kahneman and “Quiet” by Susan Cain

BORED AND BRILLIANT:

Rediscovering the Lost Art of Spacing Out

by Manoush Zomorodi

Saint Martin's Press, October 2017

BORED AND BRILLIANT offers a fascinating look at the connection between boredom and creativity. In early 2015 Manoush Zomorodi, host of WNYC's “Note to Self” which has over 500,000 listeners a month, ran a phenomenally successful week-long radio series, “Bored and Brilliant” which explored the question: Can boredom actually stimulate creative thinking? The answer, from neuroscientists, psychologists and others was a resounding yes. Boredom, it turns out, is a crucial player, activating the brain's —default mode network— the state where creativity, problem solving, and autobiographical planning happens. Now Zomorodi digs deeper into this idea. Through interviews with scientists, famous artists, and regular people, she explores why putting greater emphasis on “doing nothing” is vital in an age of constant notifications and digital distractions, and how we can harness boredom's hidden benefits to discover our own personal brilliance while, perhaps counter intuitively, becoming our most productive selves.

Manoush Zomorodi is the host and managing editor of « Note to Self », “the tech show about being human,” from WNYC Studios. She has won numerous awards for her work including four from the New York Press Club. In 2014, the Alliance for Women in Media named her *Outstanding Host*.

A fun, quirky companion for fans of Jenny Lawson's bestselling memoirs

YOU ARE HERE
An Owner's Manual For Dangerous Minds
by Jenny Lawson

Flatiron Books, March 2017 (ms available Fall 2016)

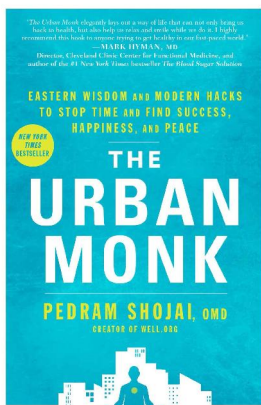
When Jenny Lawson was on her “Furiously Happy” book tour, she staved off anxiety attacks by doodling, a therapeutic pastime she’s turned to since she was a child. She shared some of her doodles online and was overwhelmed by the positive response—people asking for copies to frame, to color, to tattoo onto their bodies. YOU ARE HERE is filled with more of these drawings, as well as notes from the road and advice she’s given or received. It’s a coloring book for other anxious minds and a way for readers to interact with the people in their lives with mental illnesses—there are empty spaces to draw, color, and write one’s own thoughts. YOU ARE HERE will be a 9x9 trade paperback coloring book.

Jenny Lawson is the #1 New York Times bestselling author of “Let’s Pretend this never Happened: a Mostly true Memoir” and “Furiously Happy: a Funny Book about Horrible Things”. She is a columnist and blogger whose personal blog is extremely popular, averaging 2 million page views per month and continuing to grow.

Pedram Shojai, with his combination of traditional Eastern and contemporary Western methods, shows readers how to stay calm and centered in a chaotic world

THE URBAN MONK
Eastern Wisdom and Modern Hacks to Stop Time and Find Success, Happiness, and Peace
by Pedram Shojai

Rodale Books, February 2016



THE URBAN MONK reveals the secrets to finding an open heart, sharp mind, and grounded sense of well-being, even in the most demanding circumstances. Shojai’s no-nonsense life mastery program brings together clear tools and exercises that can elevate your existence. Learn to honor your body with nutrition and shake free from addictions to toxic substances and experiences. Let your body and mind unwind each day with evening meditations, loosening exercises, and resting rituals that will keep any stress or unfinished business out of the bedroom, helping you sleep better so that your body can rejuvenate.

Pedram Shojai is the founder of Well.Org, the editor of *BeMore! Magazine*, and the producer and director of the movie *Vitality* and the upcoming film *Origins*. He conducts seminars and retreats around the world and is the founder of the Taoist Path School of Alchemy.

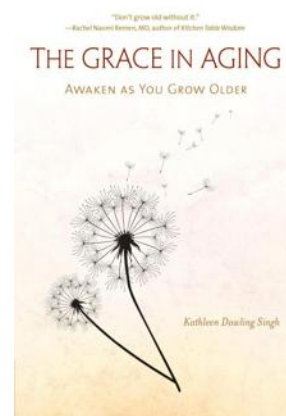
Learn to use your later years for awakening and spiritual growth. One of Spirituality & Practice's Best Spiritual Books of 2014 and a Foreword Reviews IndieFab Winner!

THE GRACE IN AGING
Awaken as You Grow Older
by Kathleen Dowling Singh
November 2016

We are all on a sacred pilgrimage to awakening—yet how many of us trust in the unfolding of our spiritual path? Kathleen Dowling Singh demystifies the mystical experience in *The Grace in Living*, showing us how the art of telling our spiritual biography—our own journey into Grace—can bring healing and transformation.

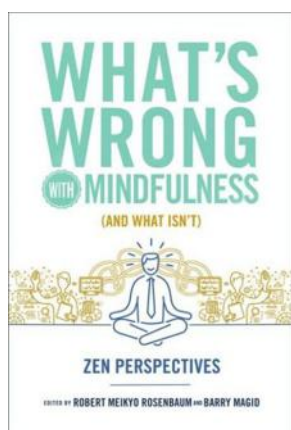
Respected teachers across religious traditions like Rodney Smith, Cynthia Bourgeault, and Llewellyn VaughanLee also share parts of their own spiritual biographies, letting us see how the beauty of awakening takes place in everyday moments. Complete with a framework to help you begin to tell your own story, this book will be an invaluable friend on your spiritual path, offering wisdom to accompany you on the contemplative journey of remembrance and realization.

Kathleen Dowling Singh is a Dharma practitioner, psychotherapist, and in-demand speaker and teacher.



Mindfulness is everywhere—but does secular mindfulness set a dangerous precedent?

WHAT'S WRONG WITH MINDFULNESS
(AND WHAT ISN'T)
Zen Perspectives
Edited by Robert Meikyo Rosenbaum and Barry Magid
October 2016



Mindfulness is in fashion. Oprah and Google love it. It has become widespread as a cure-all for all manner of difficulties. However, when it is severed from its Buddhist roots, it runs the risk of losing its transformative power and being co-opted into the spiritual equivalent of fast food: “McMindfulness.” Instead of being better people, we just become better employees, better consumers. The Zen teachers gathered here ask a bold question: Is universal mindfulness really a good thing? With contributions from Gil Fronsdal, Norman Fischer, Grace Schireson, and more.

Robert Meikyo Rosenbaum is a neuropsychologist and psychotherapist who now devotes himself full time to Zen and qigong.

Barry Magid is a Zen teacher, psychiatrist, and psychoanalyst. He is the author of “Ordinary Mind”, “Ending the Pursuit of Happiness”, and “Nothing Is Hidden”.



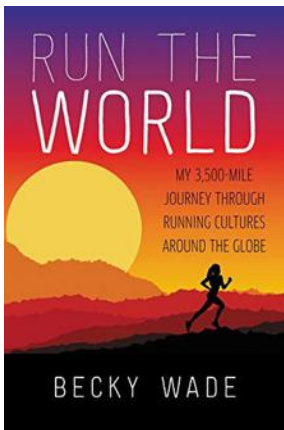
From elite marathoner and Olympic hopeful Becky Wade comes the story of her year-long exploration of diverse global running communities from England to Ethiopia—22 countries, 72 host families, and over 3,500 miles of running—investigating unique cultural approaches to the sport and revealing the secrets to the success of runners all over the world

RUN THE WORLD

My 3,500-Mile Journey through Running Cultures around the Globe

by Becky Wade

HarperCollins, July 2016



Fresh off a successful collegiate running career—with two Olympic Trials qualifying marks to her name—Becky Wade was no stranger to international competition. But after years spent safely sticking to the training methods she knew, Becky was curious about how her counterparts in other countries approached the sport to which she'd dedicated over half of her life. So in 2012, she packed four pairs of running shoes, cleared her schedule for the year, and took off on a journey to infiltrate diverse running communities around the world. What she encountered far exceeded her expectations and changed her outlook into the sport she loved.

Becky Wade is a professional long-distance runner who competes for Asics. In 2012, she traveled the world to explore long-distance running cultures. After winning her marathon debut in 2013, *Runner's World* named Becky "America's Best Young Marathoner."

The new book by Michael Lewis

**THE UNDOING PROJECT:
A Friendship That Changed Our World
by Michael Lewis**

W.W. Norton, December 2016 (ms expected September 2016)

“Michael Lewis knows how to tell a story!”—*Vanity Fair*

“Michael Lewis has a special talent: He can walk into an area already mined by hundreds of writers and find gems there all along but somehow missed by his predecessors.”—*Forbes*

“[N]o one writes with more narrative panache about money and finance than Mr. Lewis.”—*The New York Times*

Michael Lewis is the author of many *New York Times* best sellers, including the now classic “Liar’s Poker”, as well as “The Blind Side”, “Moneyball”, and “The Big Short” which were made into major motion pictures.

A smart, intricately plotted crime saga that interrogates issues of race-relations, friendship, and power

**ELASTIC:
The Science of Flexible Thinking
by Leonard Mlodinow**

Pantheon, August 2017

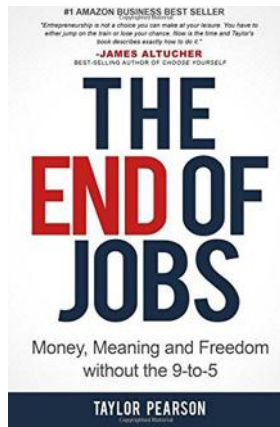
The ability to be creative is one of the few traits that allowed us to survive as a species pre-civilization and set us apart from other animals, and it remains a key to success in modern life, perhaps more so than ever. The most creative members of society tend to be the happiest and the most successful in life. And yet, until recently, scientists knew little about the psychological and neurological processes that allow creative ideas to emerge. In fact, for centuries, creativity was seen as the result of divine inspiration, and that myth persists today. In *ELASTIC*, Leonard will examine the new science behind creativity and show us how creative ideas evolve, like new life forms, from germ to implementation. And by examining the success of great thinkers and creators, from Hawking to Spielberg, Leonard will argue that creativity isn’t just the domain of rare “geniuses”: rather we are all built to be creative, and it is even possible to foster this ability by embracing grit, fearlessness, curiosity, patience, and uninhibited thinking.

Leonard Mlodinow is the NYT bestselling author of “Subliminal” and “The Drunkard’s Walk”, which won the PEN Award for science writing, was named a New York Times Notable Book of the Year, and has been translated into 21 languages. With Stephen Hawking, he has co-authored the #1 New York Times bestseller “The Grand Design” and “A Briefer History of Time’.

Smart, relatable and aspirational, THE END OF JOBS proposes to lead the way to a new national conversation about the role of the individual vs. the organization in the digital age

THE END OF JOBS
Money, Meaning and Freedom Without the 9-to-5
by Taylor Pearson

Originally Self-Published, June 2015



Take a look at any news source, and you'll see myriad stories direly proclaiming the death of the middle class. The population is increasing faster than new jobs get created; the jobs that do exist are steadily demanding more work hours in exchange for less compensation; the freedom and flexibility that modern workers crave just doesn't make sense in a traditional office environment. In his breakout book THE END OF JOBS, Taylor Pearson is the first to draw the obvious conclusion: the solution to the so-called death of the middle class has been right in front of us all along. We're moving into an economy where entrepreneurs are edging out traditional job-based corporations as the dominant force. And for everyone from career starters to those ten years away from retirement, the best (and maybe only) option is to embrace the sea change and flock toward self-employment.

Following his own advice, **Taylor Pearson** has spent three years speaking at entrepreneurial conferences around the globe, establishing a brand for himself and helping startups across all different industries to grow their business.
