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AGENCE LITTERAIRE ELIANE BENISTI

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11-15 October 2017

FRANKFURTER BUCHMESSE

Guest of Honour France

2017

Non Fiction

FRANKFURT BOOK FAIR 2017 – NON FICTION

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AGENCE LITTERAIRE ELIANE BENISTI

The companion book of one of the most critically acclaimed animated comedy series in recent memory

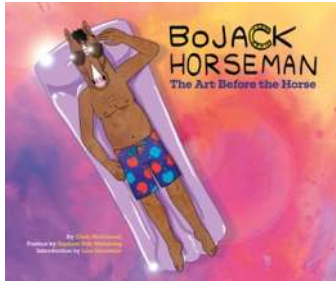
BOJACK HORSEMAN

The Art Before the Horse

by Chris McDonnell

Photographs by Lisa Hanawalt

Abrams Books, July 2018



Set in an off-kilter, cynically spun rendering of modern-day Hollywood, the Netflix show follows washed-up horse actor BoJack Horseman (voiced by Will Arnett) as he attempts to turn his life around. **BOJACK HORSEMAN: The Art Before the Horse** is the official behind-the-scenes companion to this cult-hit series. Part oral history sourced from original interviews with the show's cast and crew, part art book—including sketches, storyboards, and background art—this book will trace the series from conception to post-production. Beginning with the initial development of creator/ showrunner Raphael Bob-Waksberg and production designer Lisa Hanawalt's inimitable aesthetic vision, *The Art Before the Horse* goes on to reveal all of the moving parts—direction, writing, casting, animation, and music—that come together to form this uniquely bleak, emotionally potent, very funny show.

Chris McDonnell has designed books on Ralph Bakshi, Bill Plympton, the Joker, Wonder Woman, and more.

A vividly illustrated monograph, that is sure to deliver exactly upon the promise of its subtitle

THE COEN BROTHERS

This Book Really Ties The Films Together

by Adam Nayman

Illustrations by Telegramme

Abrams Books, September 2017

From such cult hits as “Raising Arizona” (1987) and “The Big Lebowski” (1998) to major critical darlings “*Fargo*” (1996), “*No Country for Old Men*” (2007), and “*Inside Llewyn Davis*” (2013), Ethan and Joel Coen have cultivated a bleakly comical, instantly recognizable voice in modern American cinema. Drawing from the best elements of any interview-driven retrospective, film critic Adam Nayman carefully sifts through the Coen brothers' complex cinematic universe in an effort to plot, as he puts it, “some Grand Unified Theory of Coen-ness.” The book combines critical text with a visual aesthetic that honors the Coen's singular mix of darkness and levity. Featuring film stills, punchy infographics, and hard insight, this book will be the definitive exploration of the Coen brother's extant oeuvre, and a must-have keepsake for fans.

Adam Nayman is a film critic in Toronto for *The Globe and Mail* and *The Grid* and a contributing editor to *Cinema Scope*. He teaches film studies at the University of Toronto and Ryerson University and is a programmer for the Toronto Jewish Film Society.

In keeping with Anderson's signature aesthetic vision, THE WES ANDERSON COLLECTION: Isle of Dogs is richly designed and rife with colorful behind-the-scenes images, photographs, concept artwork, and ephemera

THE WES ANDERSON COLLECTION:

THE ISLE OF DOGS

by Lauren Wilford

Illustrations by Max Dalton

Abrams Books, March 2018

THE WES ANDERSON COLLECTION: ISLE OF DOGS takes readers behind the scenes of the beloved auteur's newest animated film. Set in Japan and centered on a young boy's search for his missing dog, "Isle of Dogs" features the voices of Anderson regulars Edward Norton, Bill Murray, Frances McDormand, Jeff Goldblum, F. Murray Abraham, Tilda Swinton, Bob Balaban, and Harvey Keitel. In the newest addition to the Wes Anderson Collection, the story of "Isle of Dogs"'s conception and production unfolds over the course of several in-depth interviews with Wes Anderson, all conducted by film critic Lauren Wilford. Anderson and his collaborators reveal entertaining anecdotes about the making of the film, their sources of inspiration, the ins and outs of stop-motion animation, and many other insights into their moviemaking process.

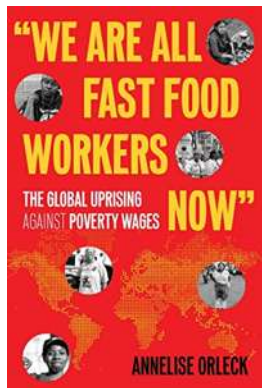
Lauren Wilford is a film writer based in Providence, Rhode Island. She is a senior editor at *Bright Wall/Dark Room*, an online magazine with offbeat, deeply human takes on film. Her bylines appear there and at *RogerEbert.com*, *VICE*, and *Christianity Today*.



The story of low-wage workers rising up around the world to demand respect and a living wage

**"WE ARE ALL FAST-FOOD WORKERS NOW":
The Global Uprising Against Poverty Wages
by Annelise Orleck**

February 2018



"WE ARE ALL FAST-FOOD WORKERS NOW" traces the evolution of a new global labor movement sparked and sustained by low-wage workers from Manila to Manhattan, from Baja California to Bangladesh, from Capetown to Cambodia. This is an up close and personal look at globalization and its costs, as seen through the eyes and told whenever possible through the words of low-wage workers themselves: the berry pickers and small farmers, fast food servers, retail cashiers, garment workers, hotel housekeepers, home health care aides, airport workers and adjunct professors who are fighting for respect, safety and a living wage. The result of 140 interviews by award-winning historian Annelise Orleck, and with original photographs by Liz Cooke, this is a powerful look at neo-liberalism and its damages, a story of resistance and rebellion, a reflection on hope and change as it rises from the bottom up.

Annelise Orleck is Professor of History at Dartmouth College. She is the author of four previous books including "Storming Caesars Palace: How Black Mothers Fought Their Own War on Poverty".

What makes people happy? The latest facts from the field of neuroscience

**GLÜCKSGEFÜHLE
(Feelings of Happiness)**

by Christof Kessler

C. Bertelsmann, October 2017



Happiness is the big issue at the heart of advertising, literature and films. Everybody wants to be happy, and an increasing number of people try to create short moments of happiness by using ever stronger stimuli or drugs. But what goes on in the brain when we are happy? How do neurones and hormones interact to make us experience happiness, and how are happiness and feelings of contentment linked to the depths of melancholy and depression? Christof Kessler takes his readers with him into the world of the 80 billion nerve cells in the head. Modern brain research has deciphered how the brain manages to make us feel happy and how motivation and frustration emerge. Kessler describes the fascinating new results of research in the fields of happiness, motivation, love, depression and addiction, while consulting his rich experience in the treatment of brain disease.

Lilli Beck is a neurologist. He is the author of “Delirium” and “Men Sitting in Cupboards”.

Engrossing, vivid, entertaining: 4.6 billion years on 400 pages

**VOM ANFANG BIS HEUTE
(From the Beginning to Now)**

by Loel Zwecker

Penguin Verlag, December 2017

Once upon a time there was ... a journey that started with the Big Bang and is by no means over yet. From the first cell of life to the Roaring Twenties and from the ancient Egyptians to apps – sometimes no more than a short hop.

Loel Zwecker tells his tale vividly and realistically, with an eye for surprising details and hidden correlations: how spectacles were invented in the Middle Ages; how meditation became a real power in India; and how the washing machine has changed our lives.

History needs stories – and this is a very special one. For young readers and adults alike.

Loel Zwecker is an author and translator. He did his PhD on art and politics and has been a lecturer in art history at the Ludwig-Maximilians-University of Munich. He contributes to various newspapers, including the *Süddeutsche Zeitung*, *Le Monde* and the *Neue Zürcher Zeitung*. His previous book, “What Has Happened So Far”, has been translated into several languages.





What the latest science tells us about fidelity, infidelity, memory, the brain's reward systems, love, and sex

INFIDELITY

Why Men and Women Cheat

by Kenneth Paul Rosenberg, M.D.

Da Capo Press, April 2018

In both genders and across age groups, infidelity is on the rise. People often cheat in a haze of delusion, believing that it will bring them real love, help them have better sex, lift their spirits, and boost their sagging self-esteem; however, very often, cheating wrecks relationships and erodes self-esteem. Hundreds of people have sought Dr. Rosenberg's help as a psychiatrist to help them stop cheating and repair the damage caused by their affairs. In *INFIDELITY: Why Men and Women Cheat*, Dr. Rosenberg explains what draws men and women to cheat and what they can do about it. He explains the three types of cheating: emotional, virtual, and physical; why they're so prevalent; and how to survive when either you or your partner are drawn to stray. *INFIDELITY* takes an objective and evidence-based approach to why men and women today cheat, drawing from the latest research in neuroscience and from Rosenberg's own clinical practice to reveal the mechanics of the sexual brain. And through concrete rules, Rosenberg guides couples on how to prevent cheating, stop it from progressing, and repair the damage caused by an affair. *INFIDELITY* provides key insights that show a couple how to find their true sexual and romantic potential and advocates honesty, trust, and integrity--the fundamentals of love.

Dr. Kenneth Rosenberg is a board-certified addiction psychiatrist, Distinguished Fellow of the American Psychiatric Association, and a certified sex addiction therapist.

CaskieMushens

With its unique humor and perspective, THE YEAR I BECAME MY HOME will take the reader both on a physical journey in the Western world while presenting the reader with a woman writer's Odyssey as an independent thinker

THE YEAR I BECAME MY HOME

by **Ece Temelkuran**

On submission

In this new autobiographical book, Ece Temelkuran will write about current issues that include posttruth taking over critical thinking, the nascent populism's transforming effect on global politics, self-flagellation by intellectuals before the triumph of organised and mobilised ignorance, global terrorism changing the perception of space and time, and rising misogyny being an integral part of populism. The book will be an account of the Zeitgeist and tangled human condition in our interesting times. As a writer and a political commentator Temelkuran has been away from Turkey travelling throughout Europe and the US to join the global conversation on the above topics. This has enabled her to converge the Turkish experience with similar developments all around the Western world and so offer direction for a global solution. The book will also reflect on the new form of exile. Temelkuran argues that Home for us is now a fluid matter and so we no longer need to be away from our homelands to feel homeless – even our own countries are becoming unrecognizable to many of us.

Ece Temelkuran is one of Turkey's best-known authors and political commentators. She was a columnist for Milliyet before her criticism of government repression led to her losing her job. Her books in English include "Deep Mountain: Across the Turkish-Armenian Divide", "The Insane and The Melancholy", "Women Who Blow On Knots" and "Book of the Edge".



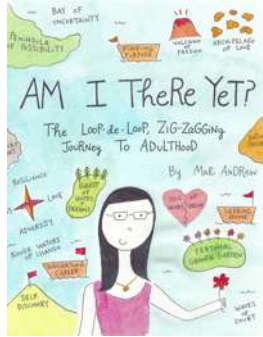
A witty, starkly honest, and absolutely on-point book of essays and illustrations on the realities of growing up and finding yourself

AM I THERE YET?

The Loop-de-loop, Zigzagging Journey to Adulthood

by Mari Andrew

Clarkson Potter, March 2018



Organized by universal themes of becoming an adult—loss, adventure, ambition—AM I THERE YET? incorporates on-trend themes such as feminism, self-awareness, and finding meaning. Rather than presenting advice that’s been heard before, Mari shares lessons she’s learned from personal experience ranging from the benefits of traveling solo, the importance of creating personal space that is comforting and restorative, and the knowledge that being vulnerable about heartache and grief is the only way to move through it. Through never-before-seen essays and spreads of her signature illustrations, 90 percent of which are brand new, Mari offers a relatable perspective from someone whose been there.

In addition to the book, Clarkson Potter will release a workbook and planner in February 2019.

Mari Andrew is a writer and illustrator from Washington, D.C. In addition to her widely popular Instagram account, her writing and illustrations have appeared on *Paste* and *HelloGiggles*.

The best-selling author of The Happiness Advantage reveals why our potential is not limited by what we on our own can achieve; rather, our success is amplified by the successes of those around us

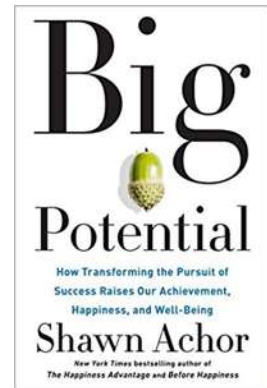
BIG POTENTIAL

How Transforming the Pursuit of Success Raises Our Achievement, Happiness, and Well-Being

by Shawn Achor

Crown Business, February 2018

Shawn Achor offers five strategies for exponentially raising our achievement and performance by helping others – colleagues, teams, and employees – be better. For decades, we have thought about potential as a being a constellation of individual traits: your creativity, your abilities, your intelligence. But new research shows that this version of potential – what Achor calls Small Potential – is deeply flawed, and places a ceiling on the level of success we can achieve. To lift this ceiling and reach new vistas in our careers, we must strive for Big Potential. Big Potential works not in isolation, but rather a part of an ecosystem: so that when we help those around us succeed, we not only raise the performance of the group, we also make ourselves better. Drawing on cutting-edge original research, as well as his work with executives, educators, and leaders around the globe, Achor shows how we all have the power to amplify our own potential by helping others realize theirs.



Shawn Achor has become one of the world's leading experts on the connection between happiness, success, and potential. His research on mindset made the cover of Harvard Business Review, and his TED talk is one of the most popular of all time with almost 14 million views. He is the author of “The Happiness Advantage” and “Before Happiness”.

Rights sold: Somos Educacao (Brazil), CITIC Press (China), China Times (Taiwan), Virgin Books (UK)

Do you want to change your life? Well, who says you can't? You do. This word-of-mouth phenomenon is changing lives around the world with its 7 steps to the life of your dreams--a journey into your true self and amazing potential

WHO SAYS YOU CAN'T? YOU DO

by Daniel Chidiac

Harmony, February 2018

Daniel Chidiac went on an incredible journey in his twenties when he realized he wasn't living his truth. His work didn't fulfill him, his relationships hurt him, and he was making choices that didn't align with his true values and purpose. But he did have the ability to know his own truth--a gift we all have. He studied the lives of great achievers, sought guidance from spiritual leaders, and discovered the secrets for shaping your own destiny. In this powerful book, he guides you on your own journey, in seven steps, to discover your true self, commit to your own life, empower yourself, and push beyond your known limits. Standing out for his incisive wisdom and complete lack of gimmicks and BS, Daniel Chidiac is an inspiring, insightful, and honest guide. Word of his powerful system has spread organically and changed the lives of more than 50,000 readers. Joining the ranks of *You Are a Badass* and *The Subtle Art of Not Giving a F*ck*, this book challenges you to ask hard questions and make hard decisions--and ultimately guides you to the fulfillment you have been seeking your whole life. The power to change your life is in your own hands. Start now on your journey to a new life. Originally self-published with great success, *WHO SAYS YOU CAN'T? YOU DO*, is now poised for the next level.

Daniel Chidiac is a writer from Melbourne, Australia. He went on a journey of self-discovery after becoming awakened to his power over his own life and developed this program to share with others what he discovered inside himself. His writing has now reached millions of people around the world.

Full of juicy details, big personalities, and a wonderful sense of place and time, Julian Guthrie will go behind the scenes at Facebook, Microsoft, McAfee, Google, Tesla, Trulia, Salesforce.com, Oracle, and more

ALPHA GIRLS

by Julian Guthrie

Currency, March 2019

The treatment, promotion, and salaries of women in Silicon Valley is a hot topic, and with the political climate of our day, it is only bound to get hotter. How is it possible that this community with such forward looking technology, could have such backward gender relations? *ALPHA GIRLS* will dive into this mysterious, male-dominated world, going behind the scenes to reveal the history of Silicon Valley, from the women's point of view – something that has never been done in a narrative, novelistic style. To tell this inspiring, groundbreaking, true story, Julian will focus on a small group of self-made women who - outnumbered and underestimated - helped launch the modern computer industry, and are today renowned figures in the VC world of the Valley. *ALPHA GIRLS* will show these women taking enormous risks, playing by the men's rules, juggling work and family, all the while refusing to be limited by the expectations of others.

Julian Guthrie is a *New York Times* best-selling author. Her most recent book – “How to Build a Spaceship” (Penguin Press) – drew rave reviews, making several “best of” lists, and was a shortlist finalist for a PEN award. She spent 20 years at the *San Francisco Chronicle*, where she also won numerous awards and was nominated multiple times for a Pulitzer Prize. She is the author of two other nonfiction books: “The Grace of Everyday Saints” and “The Billionaire and The Mechanic”.

From the New York Times best-selling authors of Rad Women Worldwide and Rad American Women A-Z, a bold and brave collection of stories and art about inspiring and accomplished girls who have made positive impacts on the world before the age of 20

RAD GIRLS CAN

Stories of Bold, Brave, and Brilliant Young Women

by Kate Schatz and Miriam Klein Stahl

Ten Speed Press, July 2018

You might know the stories of Malala Yousafzai, Anne Frank, Jazz Jennings, and Joan of Arc, but have you heard about The Radical Monarchs, a social justice scouting troop for girls of color; or 9-year-old Ugandan chess champion Phiona Mutesi; or Trisha Prabhu, the 13-year-old creator of an anti-cyberbullying app? In *Rad Girls Can*, you'll learn about a diverse group of girls who are living rad, whether excelling in male-dominated sports like boxing, rock climbing, or skateboarding; speaking out against injustice and discrimination; expressing themselves through dance, writing, and music; or advocating for girls around the world. Each profile is paired with the dynamic paper-cut art that made the authors' first two books *New York Times* best sellers. If you're looking for ways to inspire the next generation of kids, make *Rad Girls Can* your new bedtime reader.

Kate Schatz is a feminist writer, activist, and educator. She is the author of the *New York Times* best sellers "Rad American Women A-Z" and "Rad Women Worldwide", and the forthcoming "My Rad Life: A Journal". Kate is the co-founder of Solidarity Sundays, a nationwide network of feminist activist groups, and she speaks often about politics, resistance, feminism, race, parenting, and more. **Miriam Klein Stahl** is an artist, educator, and activist and illustrator. In addition to her work in printmaking, drawing, sculpture, and paper-cut and public art, she is also the co-founder of the Arts and Humanities Academy at Berkeley High School, where she has taught since 1995.

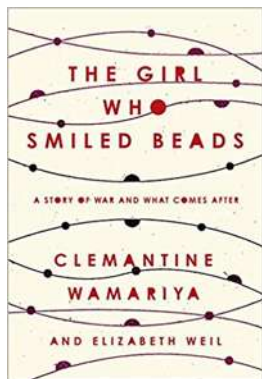
A riveting story of dislocation, survival, and the power of the imagination to save us

THE GIRL WHO SMILED BEADS

A Story of War and What Comes After

by Clemantine Wamariya and Elizabeth Weil

Crown, April 2018



Clemantine Wamariya was six years old when her mother and father began to speak in whispers, when neighbors began to disappear, and when she heard the loud, ugly sounds her brother said were "thunder." It was 1994, and in 100 days more than 800,000 people would be murdered in Rwanda and millions more displaced. Clemantine and her fifteen-year-old sister, Claire, ran and spent the next six years wandering through seven African countries searching for safety—hiding under beds, foraging for food, surviving and fleeing refugee camps, finding unexpected kindness, witnessing unimaginable cruelty. They did not know whether their parents were alive.

At age twelve, Clemantine, along with Claire, was granted asylum in the United States—a chance to build a new life. Raw, urgent, yet disarmingly beautiful, *THE GIRL WHO SMILED BEADS* captures the true costs and aftershocks of war: what is forever lost, what can be repaired, the fragility and importance of memory, the faith that one can learn, again, to love oneself, even with deep scars.

Clemantine Wamariya is a storyteller, public speaker, social entrepreneur, and human rights advocate. Born in Kigali, Rwanda, displaced by conflict, Clemantine migrated throughout seven African countries as a child. At age twelve, she was granted asylum in the United States and went on to receive a BA in Comparative Literature from Yale University. **Elizabeth Weil** is a contributing writer to the *New York Times Magazine*.



Part “Lab Girl”, part “Into the Wild”, THE CANARY TREE is an unforgettable story of science, natural history, and personal discovery

THE CANARY TREE
The Story of a Scientist, a Cypress, and a Changing World
by Dr. Lauren E. Oakes
Basic Books, Fall 2018

Where mountains meet ocean in Alaska’s Alexander Archipelago, white skeletons of dead yellow cedar trees stand in stark contrast to the verdant landscape of old-growth forests. Researchers spent nearly three decades deciphering the cause of the majestic species’ mysterious death: the culprit, they discovered, was neither pathogen nor pest, but instead climate change. In the wake of this discovery, Lauren Oakes, a young scientist, wondered if what the people in this region were experiencing—whatever ways they were finding to cope with their rapidly changing environment and the loss of this sacred tree—might be a scrying glass into the future. THE CANARY TREE is her six-year-long attempt to answer what happens after the trees die, not only to uncover the future of a handful of magnificent forests, but what lessons could be translated to people in other parts of the planet, where other tree graveyards have become frighteningly common. It chronicles her adventures along the outer coast of southeast Alaska, into various communities spread across the archipelago, and into labs and offices at Stanford University. From thousands of plant measurements, she discovered forests flourishing again in time. From hours of interviews with loggers, naturalists, native Tlingit weavers, and others who value this tree, she found a disparate community of people developing new relationships with the emerging environment.

Lauren E. Oakes is an ecologist and human-natural systems scientist. She is a lecturer in the Program of Writing and Rhetoric at Stanford University. She earned her PhD from Stanford University’s Emmett Interdisciplinary Program in Environment and Resources and her bachelor’s degree from Brown. She has written about her research for the *New York Times* and the *San Francisco Chronicle*, and her work has been profiled by *the Atlantic*, *Outside*, *National Geographic*, and *Christian Science Monitor*, among other outlets.



Surely just giving people money couldn't work. Or could it?

GIVE PEOPLE MONEY

How a Universal Basic Income Would End Poverty, Revolutionize Work, and Remake the World

by Annie Lowrey

Crown, April 2018

Imagine if every month the government deposited £1000 in your bank account, with no strings attached and nothing expected in return. It sounds crazy, but Universal Basic Income (UBI) has become one of the most influential policy ideas of our time. The founder of Facebook, Obama's chief economist, governments from Canada to Finland are all seriously debating some form of UBI. In this sparkling and provocative book, economics writer Annie Lowrey looks at the global UBI movement. She travels to Kenya to see how UBI is lifting the poorest people on earth out of destitution, India to see how inefficient government programs are failing the poor, South Korea to interrogate UBI's intellectual pedigree, and Silicon Valley to meet the tech titans financing UBI pilots in expectation of a world with advanced artificial intelligence and little need for human labour. She also examines at the challenges the movement faces: contradictory aims, uncomfortable costs, and most powerfully, the entrenched belief that no one should get something for nothing. The UBI movement is not just an economic policy -- it also calls into question our deepest intuitions about what we owe each other and what activities society rewards and values.

Annie Lowrey is a contributing editor for *The Atlantic*, where she covers economic policy. She is a frequent guest on CNN, MSNBC, and NPR. She is a former writer for the *New York Times*, the *New York Times Magazine*, and *Slate*, among other publications.

Newly discovered manuscript, featuring the last slave ship to arrive in America, from Zora Neale Hurston, critically acclaimed bestselling author of the American classic "Their Eyes Were Watching God"

BARRACOON

by Zora Neale Hurston

Amistad, May 2018

Barracoon: The Story of the last "Black Cargo" shares some of the most dramatic events of the African slave trade. Of all the millions transported from Africa to the Americas, only one man was alive to tell the story of this integral part of American history, Cudjo Lewis. In 1927, Zora Neale Hurston met him in Planteau, Alabama and commenced a series of interviews. Over the course of weeks, Zora and Cudjo talked as they ate peaches and watermelon that grew in Cudjo's backyard. He told Zora about his early days in his homeland when he was not yet a man and the horrors of entering slavery before he was kidnapped and held in a Barracoon for selection by American slavers. This emotional story reveals sixty-seven years' worth of history, including his amazing life in Africa, the atrocities of the Middle Passage, and then what life was like as a Slave in America. In this newly found and engrossing oral history by one of America's most beloved authors, we see the breath of tragedy that was American Slavery.

Zora Neale Hurston, the author of "Their Eyes Were Watching God", was deemed "one of the greatest writers of our time" by Toni Morrison. She was a novelist, folklorist, and anthropologist. She was born in Notasulga, Alabama, in 1891, and died in 1960.

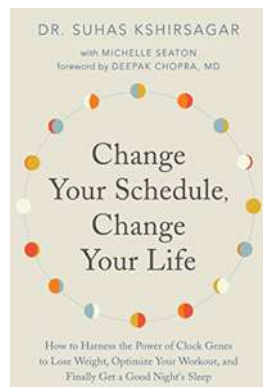
An eye-opening handbook from a leading Ayurvedic physician that blends cutting-edge science on "clock genes" with ancient eastern wisdom to help us understand how to harness the power of chronobiology to effortlessly lose weight, sleep better, exercise stronger, reduce stress, and boost our wellbeing

CHANGE YOUR SCHEDULE, CHANGE YOUR LIFE

How to Harness the Power of Clock Genes to Lose Weight, Optimize Your Workout, and Finally Get a Good Night's Sleep

by Suhas Kshirsagar

HarperWave, January 2018



"It's not you, it's your schedule." Does it sound like magic? It's not. We've all heard of circadian rhythms—those biological processes that give us jet lag and make us night owls or early birds. But few of us know just how profoundly these diurnal patterns affect our overall health. Bad habits like skipping meals, squeezing in workouts when it's convenient, working late into the night to maximize productivity and then trying to "catch up" on sleep during the weekend disrupt our natural cycles. A growing body of research on chronobiology reveals just how sensitive the human body is to these rhythms all the way down to the genetic level. Our "clock genes" control more than we realize, and small changes can make the difference between battling our bodies, and effortlessly managing weight, sleep, stress, inflammation, and more. Marrying ancient Ayurvedic wisdom with the latest scientific research, Dr. Suhas Kshirsagar's holistic step-by-step 30-day plan gives you the tools—and the schedule—you need to transform your life.

Suhas Kshirsagar is one of the most prominent and academically accomplished Ayurvedic physicians in the United States. He is the director of the Ayurvedic Healing and a faculty member at the Chopra Center in California.

In this poignant and disturbing memoir of lost innocence, coercion, survival, and healing, Dianne Lake chronicles her years with Charles Manson, revealing for the first time how she became the youngest member of his Family and offering new insights into one of the twentieth century's most notorious criminals and life as one of his "girls"

A MEMBER OF THE FAMILY:

My Story of Charles Manson, Life Inside His Cult, and the Darkness that Ended the Sixties

by Dianne Lake

William Morrow, October 2017

At age fourteen Dianne Lake—with little more than a note in her pocket from her hippie parents granting her permission to leave them—became one of "Charlie's girls," a devoted acolyte of cult leader Charles Manson. Over the course of two years, the impressionable teenager endured manipulation, psychological control, and physical abuse as the harsh realities and looming darkness of Charles Manson's true nature revealed itself. From Spahn ranch and the group acid trips, to the Beatles' White Album and Manson's dangerous messiah-complex, Dianne tells the riveting story of the group's descent into madness as she lived it. Though she never participated in any of the group's gruesome crimes and was purposely insulated from them, Dianne was arrested with the rest of the Manson Family, and eventually learned enough to join the prosecution's case against them. With the help of good Samaritans, including the cop who first arrested her and later took her into his home, the courageous young woman eventually found redemption and grew up to lead an ordinary life.



Dianne Lake is a special education teacher and mother of three who became a key member of the Manson family after her parents gave her permission to join at the age of fourteen.

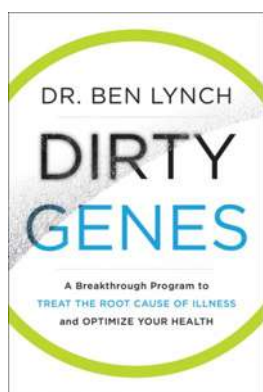
A leading expert in epigenetics, Dr. Ben Lynch provides a revolutionary, personalized approach to improve how your genes behave, preventing and reversing chronic illness—cardiovascular disease, autoimmune disorders, anxiety, depression, digestive issues, and obesity, among others—and improving overall health

DIRTY GENES

A Breakthrough Program to Treat the Root Cause of Illness and Optimize Your Health

by Dr. Ben Lynch

HarperOne, January 2018



Our genes have a tremendous impact on our health, in our day-to-day wellbeing from feeling sluggish or energized to dealing with more serious conditions such as autoimmune disorders, heart disease, or cancer. If our genes are "dirty," or not functioning optimally, our health suffers and we get sick. Some genes are "born dirty"—our genetic predispositions—while others "act dirty" in response to your environment or lifestyle, but new research has shown, that we can clean up all of these dirty genes by what we eat, how much we sleep, and other lifestyle habits. After years of research in the new science of gene abnormalities and successfully treating thousands of clients, Dr. Ben Lynch, an expert in epigenetics (how genes switch on and off), offers a simple test to figure out which of the top 7 most problematic dirty genes are most likely giving you trouble. Based on that information, he offers targeted plans, including diet (food guides and recipes), sleep, supplements, and other lifestyle advice, to clean them up, eliminating symptoms and improving overall physical and mental health—proving that while we can't change the genes we were born with, we can make them work to our advantage.

Ben Lynch, ND, received his doctorate in naturopathic medicine from Bastyr University. He is the founder of StrateGene, a foundation helping lay people naturally overcome genetic abnormalities, and Seeking Health Educational Institute (SHEI), a resource for publishing key research in the areas of nutrigenomics and methylation.

REAKONOMICS meets THINKING FAST AND SLOW for neuroscience

DOPAMINE:

How a Single Molecule in your Brain drives Love, Sex, and Creativity - and will determine the Fate of the Human Race

by Daniel Lieberman and Michael Long

BenBella Books, TBA

Dopamine is the brain chemical that drives desire, imagination, and creativity. It is the source of our every urge, that little bit of biology that makes an ambitious businessman sacrifice everything in pursuit of success, or that drives a satisfied spouse to risk it all for the thrill of someone new. Quite simply put, it is why we seek and succeed; it is why we discover and prosper. For our brains, this one molecule is the ultimate multi-purpose device, urging us, through thousands of neurochemical processes, to move beyond, push further, dream more. In *DOPAMINE*, Lieberman & Long propose that this simple fact has far-reaching consequences for everything we do – even behavior that would seem to be completely unrelated. After years of research and astonishing scientific experiments, Lieberman & Long reveal a common thread that runs through dozens of age old questions and provides the hidden reasons why people do the things they do. In *DOPAMINE*, readers will learn about the thin line between creativity, madness, and dreaming, why we fall out of love, why we need to control things beyond our grasp, and how we can use the latest science to predict certain events in everyday life. It will explore why some of us might be smarter or more motivated than others, why, politically, we are more divided than ever, and why, unchecked, dopamine will bring about the extinction of the human race.

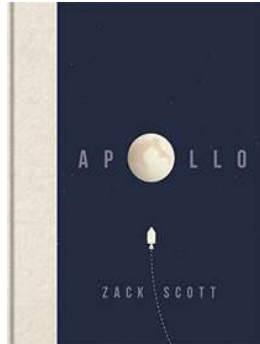
Dan Lieberman is Professor and Vice Chair of Psychiatry and Behavioral Sciences at George Washington University. **Michael Long** is an award-winning speechwriter and teaches writing at Georgetown University.

The extraordinary visual history of the iconic space programme

APOLLO

by Zack Scott

Wildfire (UK), September 2017



Explore the iconic Apollo space missions and moon landings through these stunning infographics and data visualisations. If you like space, this book is for you. The Apollo Program ran from 1961 until 1972, and marks one of the greatest accomplishments in all of human endeavour - man walking on the moon. On 20th July 1969, Neil Armstrong and Buzz Aldrin achieved this most remarkable feat, becoming the first humans to visit another celestial body. Apollo is an extraordinary visual history of the story of this iconic space programme, based on recently released NASA data about the various missions of that name. Using beautifully designed infographics, Apollo takes us through all the astonishing facts and figures, as well as some quirky little-known details, and gives us a detailed and elegant history of the seventeen missions which saw twelve humans step on the surface of the moon. Apollo gives us an insight in to the incredible individuals who made that journey.

Zack Scott spent the early part of his career as an aircraft technician in the Royal Air Force, before returning to civilian life to carry out maintenance on high-speed trains. He then retrained as a graphic designer, pursuing a lifelong passion. He now works as a freelance designer, focusing predominantly on branding and printed media. In his free time he enjoys working on self-led editorial design projects.

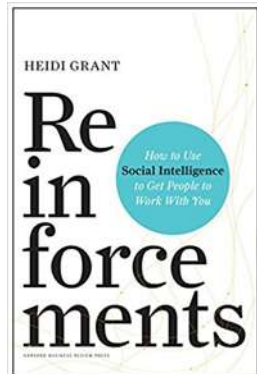
From the bestselling author of “9 Things Successful People Do Differently”

REINFORCEMENTS

How to Use Social Intelligence to Get People to Work with You

by Heidi Grant

Harvard Business Review Press, June 2018



We all need help—especially in today's uber-collaborative workplaces. Here's the good news: humans are naturally wired to want to help each other. Now here's the bad: asking for help makes most of us wildly uncomfortable. As a result, we do a poor job of calling in the reinforcements we need, leaving confused or even offended colleagues in our wake. This pragmatic book explains the research on what psychologists call social intelligence. To elicit helpful behavior from their colleagues, you need to do two things:

- 1) Remove the obstacles that stand in the way of them helping you
- 2) Trigger one or more of the motivations that make people want to help.

Whether you're a first-time manager or a seasoned leader, getting people to do things for you is what management is. This book will help you do so, and do it in a way that leaves your helpers feeling good about pitching in.

Dr. Heidi Grant is a social psychologist who researches, writes, and speaks about the science of motivation. She is Senior Scientist for the Neuroleadership Institute. Her work has also appeared in industry magazines like *strategy & business*, *Chief Learning Officer*, and *Leader to Leader*.

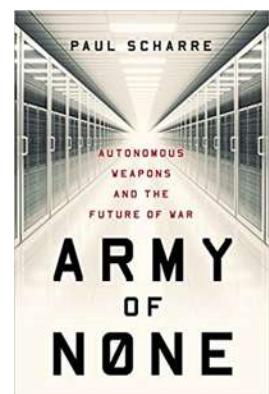
A Pentagon defense expert and former U.S. Army Ranger traces the emergence of autonomous weapons

ARMY OF NONE

by Paul Scharre

Norton, April 2018

What happens when a Predator drone has as much autonomy as a Google car? Although it sounds like science fiction, the technology to create weapons that could hunt and destroy targets on their own already exists. Paul Scharre, a leading expert in emerging weapons technologies, draws on incisive research and firsthand experience to explore how increasingly autonomous weapons are changing warfare. This far-ranging investigation examines the emergence of fully autonomous weapons, the movement to ban them, and the legal and ethical issues surrounding their use. Scharre spotlights the role of artificial intelligence in military technology, spanning decades of innovation from German noise-seeking Wren torpedoes in World War II—antecedents of today's armed drones—to autonomous cyber weapons. At the forefront of a game-changing debate, *ARMY OF NONE* engages military history, global policy, and bleeding-edge science to explore what it would mean to give machines authority over the ultimate decision: life or death.



Paul Scharre is the director of the Future of War Initiative at the Center for a New American Security, a former U.S. Army Ranger who served in Iraq and Afghanistan, and a contributor to *Foreign Policy*, *Politico*, and the *New York Times*.

This book intends to do for artificial intelligence (AI) what economists Carl Shapiro and Hal Varian's now-classic guidebook "Information Rules" (1998) did for the Internet

PREDICTION MACHINES

The Simple Economics of Artificial Intelligence

by **Ajay Agrawal, Joshua Gans and Avi Goldfarb**

Harvard Business School Press, April 2018

The idea of artificial intelligence--job-killing robots, self-driving cars, and self-managing organizations--captures the imagination, evoking a combination of wonder and dread for those of us who will have to deal with the consequences. But what if it's not quite so complicated? The real job of artificial intelligence, argue these three eminent economists, is to lower the cost of prediction. And once you start talking about costs, you can use some well-established economics to cut through the hype. More than just an account of AI's powerful capabilities, PREDICTION MACHINES shows managers how they can most effectively leverage AI, disrupting business as usual only where required, and provides businesses with a toolkit to navigate the coming wave of challenges and opportunities.

Ajay Agrawal is Professor of Strategic Management and Peter Munk Professor of Entrepreneurship at the University of Toronto's Rotman School of Management. He is also a Research Associate at the National Bureau of Economic Research, cofounder of The Next 36 and Next AI, and founder of the Creative Destruction Lab. **Joshua Gans** is Professor of Strategic Management and the holder of the Jeffrey S. Skoll Chair of Technical Innovation and Entrepreneurship at the Rotman School of Management, University of Toronto. He regularly appears on television and radio. **Avi Goldfarb** is the Ellison Professor of Marketing at the Rotman School of Management, University of Toronto. His research has been widely covered in the popular press.

A pioneering psychologist reveals how three emotions can provide the surest, quickest route to success in any realm

EMOTIONAL SUCCESS

The Power of Gratitude, Compassion, and Pride

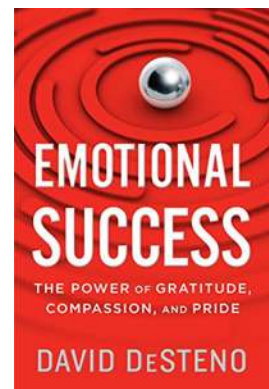
by **David DeSteno**

Eamon Dolan Books, January 2018

A string of bestsellers have alerted us to the importance of grit – an ability to persevere and control one's impulses that is so closely associated with greatness. But no book yet has charted the most accessible and powerful path to grit: our prosocial emotions. These feelings – gratitude, compassion and pride – are easier to generate than the willpower and self-denial that underpin traditional approaches to grit. And, while willpower is quickly depleted, prosocial emotions actually become stronger the more we use them. These emotions have another crucial advantage: they're contagious.

No matter what our goals are, EMOTIONAL SUCCESS can help us achieve them with greater ease and deeper satisfaction than we would have thought possible.

David DeSteno is a professor of psychology at Northeastern University, where he directs the Social Emotions Group. A fellow of the Association for Psychological Science and editor-in-chief of the American Psychological Association's journal *Emotion*, he is the author, with Piercarlo Valdesolo, of "Out of Character". DeSteno earned his PhD from Yale University and has written for publications including the *New York Times* and *Boston Globe*.



Based on the latest research in neurology, as well as organizational and leadership development THE MIND OF THE LEADER draws on fieldwork as well as in-depth interviews with senior executives of leading global companies

**THE MIND OF THE LEADER:
How Executives Can Train Their Minds for Effective Impact**
by Rasmus Hougaard with Jacqueline Carter

Harvard Business School Press, March 2018

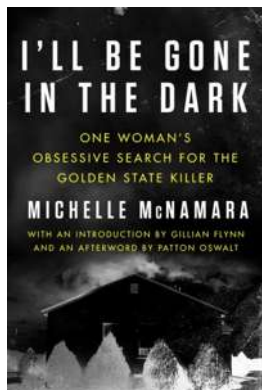
Being a leader now is fundamentally different than a decade ago. Today's leaders face five global megatrends: a radical increase in the volume of information, pace of complexity, scale of distraction, rapidness of change, and demand for speed. For many leaders, what got them where they are today will not get them where they need to be tomorrow. Leadership today, more than ever, is an inner job. It's in the mind, and the mind can be trained. THE MIND OF THE LEADER is a much-needed answer to the five megatrends. It responds to information overload with stellar focus and inner calm to hear the essential while ignoring the noise. It faces the pace of complexity with extraordinary mental clarity, to cut through clutter and make good decisions. It deals with the scale of distraction with strong attentional skills to stay on priorities and keep business objectives in mind. It manages rapid and disruptive change with mental agility and stealth. And it copes with the demand for speed by mentally finding the eye of the storm in the midst of busyness.

Rasmus Hougaard is the Founder and Managing Director of The Potential Project, the leader in customized leadership and organizational training programs based on mindfulness. The firm has a proven track record of enhancing individual and collective performance, resilience and creativity. **Jacqueline Carter** has over 20 years of consulting and management experience helping organizations manage change and achieve results. She is a Partner of Potential Project International and Director of The Potential Project North America.

A masterful true crime account of the Golden State Killer—the elusive serial rapist turned murderer who terrorized California for over a decade—from Michelle McNamara, the gifted journalist who died tragically while investigating the case

I'LL BE GONE IN THE DARK
One Woman's Obsessive Search for the Golden State Killer
by Michelle McNamara

HarperCollins, February 2018



For more than ten years, a mysterious and violent predator committed fifty sexual assaults in Northern California before moving south, where he perpetrated ten sadistic murders. Then he disappeared, eluding capture by multiple police forces and some of the best detectives in the area. Three decades later, Michelle McNamara, a true crime journalist who created the popular website TrueCrimeDiary.com, was determined to find the violent psychopath she called "the Golden State Killer." Michelle pored over police reports, interviewed victims, and embedded herself in the online communities that were as obsessed with the case as she was. At the time of the crimes, the Golden State Killer was between the ages of eighteen and thirty, Caucasian, and athletic—capable of vaulting tall fences. He always wore a mask. After choosing a victim—he favored suburban couples. He attacked while they slept, using a flashlight to awaken and blind them. Though they could not recognize him, his victims recalled his voice: a guttural whisper through clenched teeth, abrupt and threatening.

Michelle McNamara (1970–2016) was the author of the website Truecrimediary.com. She earned an MFA in fiction writing from the University of Minnesota, and had sold television pilots to ABC and Fox and a screenplay to Paramount. She also worked as a consultant for *Dateline NBC*.

The current CEO of Microsoft explores how people, organizations, and societies can and must transform—hit refresh—in their persistent quest for new energy, new ideas, relevance, and renewal

HIT REFRESH:

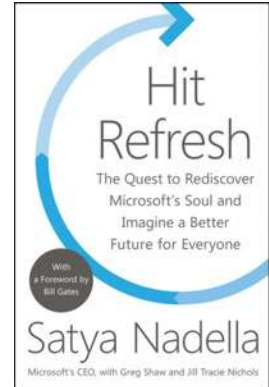
The Transformation of an Organization, The Coming Transformation of Humanity

by Satya Nadella

HarperCollins, September 2017

As told by Microsoft CEO Satya Nadella, HIT REFRESH is the story of corporate change and reinvention as well as the story of Nadella's personal journey, one that is taking place today inside a storied technology company, and one that is coming in all of our lives as intelligent machines become more ambient and more ubiquitous. It's about how people, organizations and societies can and must hit refresh – transform -- in their persistent quest for new energy, new ideas, relevance and renewal. At the core, it's about us humans and our unique qualities, like empathy, which will become ever more valuable in a world where the torrent of technology will disrupt like never before. As much a humanist as a technologist, Nadella defines his mission and that of the company he leads as empowering every person and every organization on the planet to achieve more.

Satya Nadella is Chief Executive Officer of Microsoft. Before being named CEO on February 4, 2014, Nadella held leadership roles in both enterprise and consumer businesses across the company. After Joining Microsoft in 1992, Nadella quickly became known within the company as a leader who could span a breadth of technologies and businesses to transform some of the world's best known and most used products.



Smart, provocative, revealing and perceptive, THE FIVE BOYFRIEND PLAN will have vast appeal for the women's memoir readership that made "The Kiss", "Wild", and "Eat, Pray, Love" such major successes

THE FIVE BOYFRIEND PLAN

by Leslie Morgan

Simon & Schuster, 2018

How do you cope when: you're the mother of three teenagers, you're on the slippery precipice of turning fifty, you and your husband haven't had sex for five years, but he did have sex with another woman- in your bed and after twenty years of marriage you've just gone through a brutal, ugly divorce? This is about as demeaning and painful as it gets and many women, understandably, would be unable to ever fully recover. Leslie Morgan, the author of the bestselling CRAZY LOVE was destroyed when this happened to her, until she realized she had to come up with a radical game plan to restore her demolished self-confidence and address her craving for the happiness, romance and sex long gone from her marriage. The result was a calendar year of living dangerously. Rule 1: There will be five boyfriends – beautiful, irresistible and passionate men who will make her feel beautiful, irresistible and passionate...and powerful and finally in control of her life. Rule 2: there are no other rules. So starts THE FIVE BOYFRIEND PLAN, a totally fresh, insightful, wryly transgressive memoir of very deliberately looking for love, which it turns out, can be found in all kinds of interesting places - planes, trains and automobiles included – long distance and close up.

Throughout her marketing and publishing career, **Leslie Morgan** has explored the complex inner dialogues of women, reconnoitering the zeitgeist of American womanhood. Her first book was the critically acclaimed 2006 anthology "Mommy Wars" (Random House). She went on to write the 2009 memoir and New York Times bestseller "Crazy Love" (St. Martin's Press), and "The Baby Chase" (St. Martin's Press) in 2013.

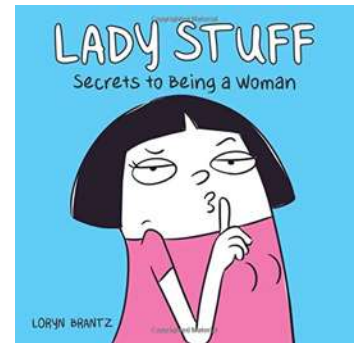


A collection of Loryn Brantz's vibrant and relatable Jellybean Comics about the everyday experiences of being a lady in the world

LADY STUFF
Secrets to Being a Woman
by Loryn Brantz
Andrews McMeel, September 2017

Home manicure tips, awkward seduction techniques, scoping out the snack table, and—most importantly—prioritizing naps: Lady Stuff reveals these womanly secrets and more. In sections like "Grooming and Habitat Maintenance," "Mating Habits," and others, these brightly colored, adorable comics find the humor in the awkwardness of simply existing. Like the work of Sarah Andersen, Gemma Correll, and Allie Brosh, Loryn Brantz's Jellybean Comics are accessible and funny; lighthearted takes on the author's everyday experiences and struggles being a woman.

Loryn Brantz is a two-time Emmy Award winner and the author of "Feminist Baby". She is a senior writer at BuzzFeed and her work can be seen on Sesame Street, PBS, Sprout Network, and in numerous children's publications.



"ah, life— the thing that happens to us while we're off somewhere else blowing on dandelions & wishing ourselves into the pages of our favorite fairy tales"

the princess saves herself in this one
by amanda lovelace
February 2017



A poetry collection divided into four different parts: the princess, the damsel, the queen, & you. the princess, the damsel, & the queen piece together the life of the author in three stages, while you serves as a note to the reader & all of humankind. explores life & all of its love, loss, grief, healing, empowerment, & inspirations.

amanda lovelace is a poetess & storyteller whose words have been shared in her local coffee shop & her tumblr blogs. she currently lives in new jersey with her fiancé. she received her A.A. in english literature from brookdale community college in 2014. as of 2016, she is working toward her B.A. in english literature & sociology at kean university. what she will do next, nobody knows—not even her. you can find her as ladybookmad on twitter, instagram, & tumblr.

Michael Kupperman's first graphic novel-style memoir is the real story of what it means to be a child prodigy, and also of what it means to be the child of a prodigy

ALL THE ANSWERS

by Michael Kupperman

Gallery 13/Simon & Schuster, 2018

The book recounts the son's story of his difficult father, the world-famous "Quiz Kid" Joel Kupperman, the genius who was one of the most famous children in the world during the decades following World War II and the basis of numerous characters in works of American fiction and film (chronicled in the works of J.D. Salinger, Philip Roth, Paul Thomas Anderson, Woody Allen, Chris Ware, and many others). After his years of childhood fame, Joel withdrew completely from the public eye and spent the remainder of his life in relative anonymity. The book retells the story of Joel Kupperman's fame through the eyes of his adult son, now taking care of the older man as he deteriorates under a diagnosis of Alzheimer's disease.

Eisner Award-winning artist **Michael Kupperman**, also known by the pseudonym P. Revess, created "Up All Night" and "Found in the Street", and has written books published by HarperCollins, DC Comics, Fantagraphics and McSweeney's.

A deluxe illustrated work showcasing Daniel Libeskind's iconic buildings, as well as his reflections on the creative process that has led to so many of these discipline-changing designs

EDGE OF ORDER

by Daniel Libeskind

Touchstone/Simon & Schuster, 2018

This deluxe illustrated work showcasing some Daniel Libeskind's buildings will include archival project photography, site/building photography, original sketches, architectural renderings, and hundreds of full-color photographs.

Born in 1946 to Holocaust survivors in Poland, **Daniel Libeskind** eventually immigrated to New York City in 1959. A virtuoso musician before studying architecture, Libeskind has designed iconic buildings around the world, including the Jewish Museum Berlin, the Imperial War Museum in Manchester, England, and the Danish Jewish Museum in Copenhagen. In February 2003, Libeskind was chosen as the Master Plan Architect for the World Trade Center reconstruction. He is the author of the memoir "*Breaking Ground: Adventures in Life and Architecture*".

This book is The Monuments Men, with atomic weapons

**HUNTING HEISENBERG:
The Secret U.S.-Soviet Race to Capture the Most Dangerous Man in Germany**

by James Mauro

Touchstone/Simon & Schuster, 2018

In 1943, the Manhattan Project's leading scientists, including the famous Robert Oppenheimer, urge American soldiers to kidnap German scientists and their stockpiled materials to prevent Hitler from gaining control of nuclear weapons. At the top of their list is the most dangerous man in Germany—not Hitler or Himmler but Nobel Prize-winning physicist Werner Heisenberg. A team of soldiers, scientists, spies, and assassins are dispatched on a daring and top -secret mission: to kidnap and potentially kill more than a dozen physicists in Germany, France, and Italy. Operation Alsos is born. The men rush to search key targets before anyone else—often finding themselves behind enemy lines. They aren't just racing the retreating Germans. If the Americans didn't find them first, the Russians would. Stalin, less worried about the possibility of a Nazi bomb than he is about the near-certainty of an American one, dispatches Russian military counterintelligence agents. Working against each other, grabbing whatever they can and sabotaging the rest, a secret battle takes place between touchy allies. In many ways, it was a war within a war.

James Mauro has been a journalist, writer and magazine editor for more than twenty-five years. He is also the author of "Twilight at the World of Tomorrow: Genius, Madness, Murder, and the 1939 World's Fair on the Brink of War" (Ballantine/Random House, 2010).

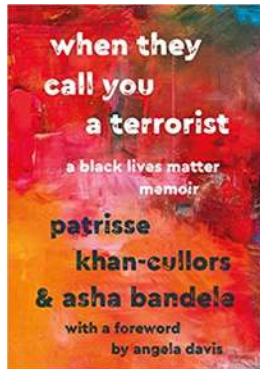
The emotional and powerful story from one of the co-founders of the Black Lives Matter movement and how it came to be

WHEN THEY CALL YOU A TERRORIST

A Black Lives Matter Memoir

by Patrisse Khan-Cullors and asha bandele

St. Martin's Press, January 2018



WHEN THEY CALL YOU A TERRORIST is a poetic memoir and reflection on humanity. Necessary and timely, Patrisse Khan-Cullors' story asks us to remember that protest in the interest of the most vulnerable comes from love. Leaders of the Black Lives Matter movement have been called terrorists, a threat to America. But in truth, they are loving women whose life experiences have led them to seek justice for those victimized by the powerful. In this meaningful, empowering account of survival, strength, and resilience, Patrisse Khan-Cullors and asha bandele seek to change the culture that declares innocent black life expendable.

Patrisse Khan-Cullors is an artist, organizer, and freedom fighter from Los Angeles, CA. Cofounder of Black Lives Matter, she is also a performance artist, Fulbright scholar, popular public speaker, and an NAACP History Maker.

asha bandele, author of the best-selling memoir, THE PRISONER'S WIFE, has been honored for her work in journalism, fiction, poetry and activism. A mother and a former senior editor at Essence magazine, asha serves as a senior director at the Drug Policy Alliance.

A book based on the wisdom about money and happiness from a Japanese author who have sold more than 7 million copies of his books in Japan

HAPPY MONEY

The Millionaire's Philosophy for a Happy Life

by Ken Honda

North Star Way, Fall 2018

Happy Money offers a Zen approach to money. As he grew more successful and shared the knowledge he had gained about money, Ken saw that the people who were most at peace with money were the ones who walked nimbly between having too little and having too much. The point is to find balance between indulgence and austerity; between success and happiness; between motivation and inspiration; and between any number of other poles we tend to think of as either/or choices, but which in reality are simply posts on either side of a doorway through which we must pass. When we learn that money flows like water and arrives like a guest; understand the different “money types” (personality types for how people use money); identify our underlying financial blueprint shaped by our family’s beliefs about money; and heal the fear and anxiety we have about money...we successfully achieve prosperity and peace.

Ken Honda’s career started twelve years ago when he published a pamphlet: “Eight Steps to Happiness and Prosperity.” The goal was to teach people Zen principles about money so that they could find peace and prosperity. Organically, the pamphlet developed astonishing momentum, and before long, Ken was sending copies all over the world. Ken estimates that he has distributed 1.3 million+ copies to date. In 2002, a publisher called proposing that Ken write a book based on the principles in “Eight Steps to Happiness and Prosperity,” and a year later, he published THE MILLIONAIRE’S PHILOSOPHY FOR A HAPPY LIFE, which has sold 1 million+ books to date. Since then, Ken has sold over 7 million copies of all of his books, his podcast has been downloaded 23 million+ times, and his 1000-seat seminars routinely sell out within minutes..

“We can’t stop shopping and yet we must stop shopping”

THE DAY THE WORLD STOPPED SHOPPING

by J.B. MacKinnon

TBA

THE DAY THE WORLD STOPPED SHOPPING intends to conduct a varied and probing investigation of the ever-expanding cycle of acquisitive demand that keeps the economies of the world churning at alarming, unsustainable rates. “We can’t stop shopping and yet we must stop shopping,”: there is an urgent need to resolve the consumer dilemma, and the dilemma is not inescapable, but neither is its resolution as straightforward as “living simply” or “going green.” THE DAY THE WORLD STOPPED SHOPPING is the first book to argue that reducing consumption is a challenge that will demand innovation and transformation on a scale as ambitious—and full of possibility—as the green and digital revolutions. This global dilemma is easy to shrink down to the personal level as the author will demonstrate by thinking through the tiers of consequence if the consumer carousel were to halt, abruptly. Would such an event represent an unchecked calamity? Or could we derive some (painful) benefits from a re-orientation of our generally thoughtless drive towards... more?

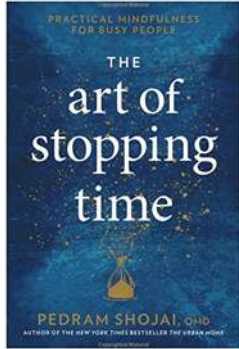
J.B. MacKinnon is the author of “Plenty” and “The Once and Future World”. He is contributor to *The New Yorker*, *National Geographic*, *Reader’s Digest*, *Nautilus* and *Adbusters*. He has won more than a dozen national and international journalism awards, among them the U.S. Green Prize for Sustainable Literature and Canada’s highest prize for literary nonfiction. His work has appeared in *Best American Science and Nature Writing*.

Achieve Time Prosperity by Stopping Time: stop allowing time to control you, and start controlling time, through zen approaches to time management and mindfulness practices

THE ART OF STOPPING TIME
Practical Mindfulness for Busy People

by Pedram Shojai

Rodale, October 2017



We all know that we feel starved for time, but what are we actually doing about it? Precious little. Pedram Shojai guides us towards success with what he calls Time Prosperity—having the time to accomplish what you want in life without feeling compressed, stressed, overburdened, or hurried. So how do we achieve this Time Prosperity? We learn to Stop Time. To do that, Shojai walks us through a 100-day Gong, which is based on the Chinese practice of designating an amount of time each day to perform a specific task. The ritual helps you become mindful, train your mind, instill new habits, and fundamentally transform your relationship with time.

Pedram Shojai, OMD, is the *New York Times* bestselling author of “The Urban Monk”, “Rise and Shine”, the founder of Well.org, editor of *BeMore!* magazine, producer of the movies *Vitality*, *Origins*, and *Prosperity*, and the host of The Urban Monk podcast. An ordained priest of the Yellow Dragon Monastery in China, he is an acclaimed Qigong master, master herbalist, and Doctor of Oriental Medicine.

Yuval Noah Harari’s “Homo Deus” meets Dr. Michael Greger’s “How Not to Die”

HOW TO START AN EVOLUTION:
Why Genes Matter (and How They Don’t)

by Dr. David Sinclair

Atria Books, Spring 2019 (Proposal available)

Some 30,000 years have passed since our ancestors painted on the walls of caves, but physically we haven’t changed much. Evolution is agonizingly slow. Through the millennia, we’ve accepted as immutable what biology throws our way, from personality to intelligence, menopause, the failings of old age and, ultimately, the arbitrary scheduling of death. Yet transformational change is upon us that will far outpace evolution in the next twenty years. Scientists are learning how to turn what we thought were biology’s commands into choices. For decades, we’ve been told that our fate was encoded in our genes, and that it was damage to our genes that aged us, opened doors to dread diseases, and eventually sent us to our graves. Sinclair demonstrates, however, that our genes, far from rigid, provide us with nearly endless possibilities. They respond to chemical signals (epigenome) that control performance, fertility, memory, weight, disease, and death. What we know now is the secret to overcoming our limitations is being unlocked not by changing our genes through adaptation, mutation, or engineering, but by harnessing the power of these chemical signals to tap into the full potential of the genes we already have. This new science takes what we have long accepted as the limits of human potential and mortality and turns them into choices, both tantalizing and torturous.

Dr. David Sinclair is professor of genetics at Harvard Medical School and Founding Director of the Paul F. Glenn Center for the Biological Mechanisms of Aging at Harvard. Named by Time as one of the 100 most influential people on earth, Dr. Sinclair obtained his Ph.D. in Molecular Genetics at the University of New South Wales and worked as a postdoctoral researcher at M.I.T. with Dr. Leonard Guarente, where he co-discovered a cause of aging for yeast and rose to prominence for his pioneering work on resveratrol and sirtuins, genes that enhance performance and health.



This enthralling ecological history is more than the story of Europe and the Europeans. It will change our understanding of life itself

LAND AT THE CROSSROADS

By **Tim Flannery**

October 2018

Around 100 million years ago, the interaction of three continents—Asia, North America and Africa—formed the tropical island archipelago that would become the Europe of today, a place of exceptional diversity, rapid change, and high energy. Over the millennia the continent has taken in countless immigrant species and transformed them.

Land at the Crossroads is full of surprises. Europe is where the first coral reefs were formed. It played a vital role in the evolution of our own tribe, the hominins. It was once home to some of the world's largest elephants. While dinosaurs, crocodiles and giant sharks have come and gone, Europe's extraordinary midwife toad has endured. When the first modern humans arrived 40,000 years ago, hybridised with the Neanderthals, they began to exert an astonishing influence on the continent's flora and fauna. The Europeans have led the world in the great arc of human population trends, from rapid increase to stabilisation. And now, they lead the way in wildlife restoration—there are more wolves in Europe today than in the USA.

Tim Flannery is a scientist, explorer and conservationist, a leading writer on climate change and the 2007 Australian of the Year. His books include the award-winning international bestseller "The Weather Makers", "Here on Earth" and "Atmosphere of Hope". He is currently head of the Climate Council.

“What If?” meets “Emotional Agility” in this deeply researched and delightfully illustrated “why to” book about emotional fluency at work

NO HARD FEELINGS

Emotions at Work and How They Help Us Succeed

by Liz Fosslien and Mollie West Duffy

Portfolio, Spring 2019

It’s no secret that how you’re feeling can affect your productivity. In recent years there has been an explosion of books and articles touting the virtues of emotional traits like confidence, flexibility, and resiliency in the workplace. But most of us are still working from an assumption that emotions at work are taboo, something to be overcome and pushed aside so we can all just focus on our jobs. That kind of attitude made sense during the height of the industrial economy—we kept our heads down, we did our work at work, we went home. But now our relationship to work is more complex. Productivity is a measure of connection, collaboration, and creativity—not widgets. And the knowledge economy workers who thrive? They listen to their instincts, communicate their emotions, and are honest about the inevitable joys and anxieties that come with a practically 24/7 career.

Liz Fosslien, a data visualization specialist, and **Mollie West Duffy**, an IDEO organizational designer, started off their partnership by co-authoring several viral articles in *Fast Company*, *Quartz*, and *Quiet Revolution*. Liz and Mollie are two full-on Millennial nerds with extensive professional networks, media savvy, and a highly original approach (self-experiments, illustrations and infographics, personal anecdotes).

A timely, eye-opening book about climate change and energy generation that focuses on the consequences of nuclear power production, from award-winning author William T. Vollmann

CARBON IDEOLOGIES:

NO IMMEDIATE DANGER #1

NO GOOD ALTERNATIVE #2

by William T. Vollmann

Viking, Volume 1: April 2018; Volume 2: June 2018

Vollmann turns to a topic that will define the generations to come—the factors and human actions that have led to global warming. Vollmann begins *No Immediate Danger*, the first volume of *Carbon Ideologies*, by examining and quantifying the many causes of climate change, from industrial manufacturing and agricultural practices to fossil fuel extraction, economic demand for electric power, and the justifiable yearning of people all over the world to live in comfort. Turning to nuclear power first, Vollmann then recounts multiple visits that he made at significant personal risk over the course of seven years to the contaminated no-go zones and sad ghost towns of Fukushima, Japan, beginning shortly after the tsunami and reactor meltdowns of 2011. Equipped first only with a dosimeter and then with a scintillation counter, he measured radiation and interviewed tsunami victims, nuclear evacuees, anti-nuclear organizers and pro-nuclear utility workers.

Featuring Vollmann’s signature wide learning, sardonic wit, and encyclopedic research, *No Immediate Danger*, whose title co-opts the reassuring mantra of official Japanese energy experts, builds up a powerful, sobering picture of the ongoing nightmare of Fukushima. *NO GOOD ALTERNATIVE*, the second volume, will focus on human experiences related to coal mining and oil and natural gas production.

In his nonfiction, **William T. Vollmann** has won acclaim as a singular voice tackling some of the most important issues of our age, from poverty to violence to the dark soul of American imperialism as it has played out on the U.S./Mexico border.