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AGENCE LITTERAIRE ELIANE BENISTI

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10-14 October 2018
**FRANKFURTER
BUCHMESSE**
Guest of Honour Georgia

2018

Non Fiction

FRANKFURT BOOK FAIR 2018 – NON FICTION

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Number problems for word people

TWO TRAINS LEAVE PARIS
by Tae Marie Frey, and Mike Wesolowski

Abrams, May 2019

Math is universal, but it's also the least understood and most undervalued subject taught in school. *Two Trains Leave Paris: Number Problems for Word People* seeks to offer readers an opportunity to experience math like never before. You must use the Pythagorean Theorem to figure out how far apart two ex-lovers are when they simultaneously realize that they cannot live without each other. You must use addition (and logic) to explore the ridiculous (and patriarchal!) wage gap. Throughout six math-themed chapters, readers will follow a series of characters as they apply for jobs, fall in love, get abducted by aliens, and experience many of life's other big and small moments, all of which are dictated by—you guessed it—math! With the help of humor, mathematical history, and howto- solve sections, *TWO TRAINS LEAVE PARIS* asks readers to help its characters find growth in the most unexpected of places: word problems. And the answers are, of course, in the back.

Tae Marie Frey is a writer, comedian, and actress, who has appeared in the TV series *Roadies* and the Oscarnominated film *Carol*. **Mike Wesolowski** is a comedian who writes for *Runt of the Web*.

100 new colourful vegetarian recipes, focusing on adaptations of local dishes

THE FOREST FEAST TRAVELS
by Erin Gleeson

Abrams, September 2019

For years *Forest Feast* readers have been transported to Erin Gleeson's picturesque cabin in the woods through her stunning photography of magical gatherings and vibrant vegetarian cooking. In this follow-up to the New York Times bestseller "*The Forest Feast*" and "*The Forest Feast Gatherings*", Gleeson takes inspiration from an extended family trip around Europe, creating effortless, unforgettable meals influenced by the cultures and cuisines of France, Portugal, Spain, and Italy. *THE FOREST FEAST TRAVELS* is a re-imagining of the produce, flavors, and signature dishes of the Mediterranean coastline. The book offers 100 new vegetable-centric recipes, focusing on small plates and vegetarian adaptations of local dishes. Richly illustrated with atmospheric images of coastal villages, charming watercolor illustrations, and mouthwatering food photography, *THE FOREST FEAST TRAVELS* is an irresistible escape from the everyday, no matter where you might be.

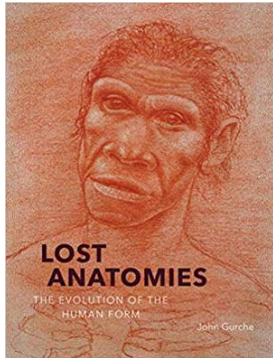
Erin Gleeson is the author of the New York Times bestselling cookbook "*The Forest Feast*", "*The Forest Feast for Kids*", "*The Forest Feast Gatherings*". Erin lives in a cabin in the woods in Northern California where she creates delicious vegetarian recipes.

Explore human evolution through an artist's eyes

LOST ANATOMIES

by John Gurche

Abrams, March 2019



One of the world's foremost artists of human evolution, paleoartist John Gurche has been working for 25 years on a collection of images that bring the traditional techniques of figure drawing and anatomical art to the portrayal of our hominin ancestors. While science provides an underpinning to Gurche's art, its primary purpose is to forge an aesthetic connection to the hominins that preceded us on Earth, capturing their humanity as captured in their posture and motion, hands and feet, faces and emotional expression. LOST ANATOMIES carries the story of human evolution through four groups, from apes and early hominins; to *Australopithecus*; to archaic *Homo sapiens*, including *Homo erectus*; to derived *Homo sapiens* including Neanderthals and other species that are our most recent ancestors.

John Gurche is one of the world's best-known artist/anatomists reconstructing early hominids. With work appearing in *National Geographic* and *Scientific American*, his clients range from the Smithsonian National Museum of Natural History to Steven Spielberg.

Learn how to grow wildly abundant edible gardens in your own unique style and in spaces large and small

A GARDEN CAN BE ANYWHERE

Creating Bountiful and Beautiful Edible Gardens

by Lauri Kranz, with Dean Kuipers

Abrams, February 2019

Edible Gardens LA founder Lauri Kranz shares her secrets for planning, planting, growing, and maintaining luscious edible gardens, no matter the setting or size of the plot. Through gorgeous gardens created for her well-known clientele, including James Beard award-winning chefs, celebrities, rock stars, and more, Lauri shares her essential methods for growing abundant organic food. This practical guide is built around Lauri's philosophy that nourishment and beauty are not separate goals. It's also at the forefront of a gardening revolution, where more and more people are craving a patch of land for growing and the trend is toward edible gardens over ornamental gardens. A GARDEN CAN BE ANYWHERE reveals Lauri's knack for providing both beauty and bounty in her clients' outdoor spaces.

Lauri Kranz is a professional garden designer and the founder of Edible Gardens LA (ediblegardensla.com). She has thousands of newsletter subscribers, and her daily posts on Instagram and Tumblr reach 27,000 followers.

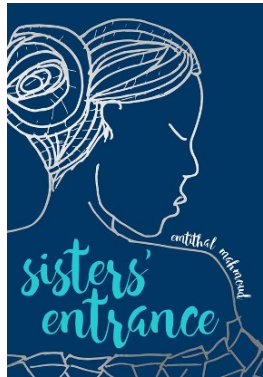
A Garden Can Be Anywhere
Creating Bountiful and Beautiful Edible Gardens
Lauri Kranz with Dean Kuipers



2015 World Poetry Slam Champion and Woman of the World co-Champion Emtithal "Emi" Mahmoud presents her hauntingly beautiful debut poetry collection

SISTERS' ENTRANCE
by Emtithal Mahmoud

October 2018



Brimming with rage, sorrow, and resilience, this collection traverses an expansive terrain: genocide; diaspora; the guilt of surviving; racism and Islamophobia; the burdens of girlhood; the solace of sisterhood; the innocence of a first kiss. Heart-wrenching and raw, defiant and empowering, *Sisters' Entrance* explores how to speak the unspeakable.

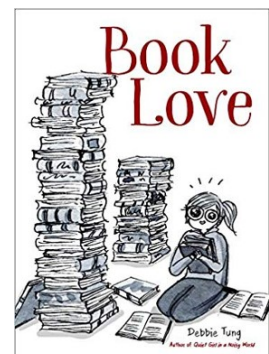
Emtithal Mahmoud is the reigning 2015 Individual World Poetry Slam Champion and 2016 Woman of the World Co-Champion. One of BBC's 100 Most Inspirational Women of 2015, Emi studied Anthropology and Molecular Cellular & Developmental Biology at Yale University and is a Darfur native from the heart of Philadelphia. A UNHCR High Profile Supporter, a Yale Global Health Fellow and Leonore Annenberg Scholar, Emi dedicates her time to spreading understanding through poetry and advocacy, particularly for the cause of refugees and disadvantaged communities the world over.

Bookworms rejoice! These charming comics capture exactly what it feels like to be head-over-heels for hardcovers

BOOK LOVE
by Debbie Tung
January 2019

BOOK LOVE is a gift book of comics tailor-made for tea-sipping, spine-sniffing, book-hoarding bibliophiles. Debbie Tung's comics are humorous and instantly recognizable—making readers laugh while precisely conveying the thoughts and habits of book nerds. BOOK LOVE is the ideal gift to let a book lover know they're understood and appreciated.

Debbie "Debbie" Tung is a cartoonist and illustrator from Birmingham, England. Her comics are based on simple everyday life moments and her love for books and tea. She is the author of "Quiet Girl in a Noisy World: An Introvert's Story".



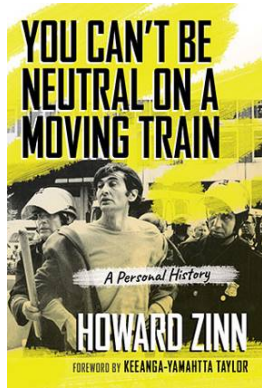


If you're both overcome and angered by the atrocities of our time, this will inspire a "new generation of activists and ordinary people who search for hope in the darkness" - Keeanga-Yamahtta Taylor

YOU CAN'T BE NEUTRAL ON A MOVING TRAIN

by Howard Zinn and Keeanga-Yamahtta Taylor

September 2018



Is change possible? Where will it come from? Can we actually make a difference? How do we remain hopeful? Howard Zinn—activist, historian, and author of *A People's History of the United States*—was a participant in and chronicler of some of the landmark struggles for racial and economic justice in US history. In his memoir, *YOU CAN'T BE NEUTRAL ON A MOVING TRAIN*, Zinn reflects on more than thirty years of fighting for social change, from his teenage years as a laborer in Brooklyn to teaching at Spelman College, where he emerged in the civil rights movement as a powerful voice for justice. A former bombardier in World War II, he later became an outspoken antiwar activist, spirited protestor, and champion of civil disobedience. Throughout his life, Zinn was unwavering in his belief that "small acts, when multiplied by millions of people, can transform the world." With a foreword from activist and scholar Keeanga-Yamahtta Taylor, this revised edition will inspire a new generation of readers to believe that change is possible.

Howard Zinn (1922–2010) was a world-renowned historian, author, playwright, and social activist best known for *A People's History of the United States*. His many highly acclaimed books include *Three Strikes* (with Dana Frank and Robin D. G. Kelley). **Keeanga-Yamahtta Taylor** is an assistant professor in Princeton University's Center for African American Studies and the author of *From #BlackLivesMatter to Black Liberation*.

Slow aging – how to grow older with equanimity

**BIN ICH SCHON ALT - ODER WIRD DAS WIEDER?
(Am I Old Yet – Or Will It Get Better?)**

by Josef Aldenhoff

C. Bertelsmann, October 2018



Never before have we grown old and yet remained so young. In spite of this, no phase of life is written about as querulously and anxiously and at the same time euphemistically as about what we call old age. Josef Aldenhoff, an experienced psychiatrist turning 70, does away with both tearfulness and doom-mongering. This book shows new aspects of life after 60 – something between provocative realism and wonderful possibilities. Aldenhoff takes a close look at what life after 60 has in store for the aging population – both losses and opportunities. He looks at weight, fitness of body and mind, curiosity, love and a zest for something new. If you retire not only from your job but also from a lot of other activities it means you're setting off along the road to rapid deterioration. If, on the other hand, you are prepared to welcome the appearance of new things, then you will find a new lease of life.

Josef Aldenhoff completed training in neurobiology, psychiatry and psychotherapy. After various stints in Germany and the USA he was appointed professor and medical director in Kiel in 1995. He now works as a therapist, author and consultant.

What is a breath of air and where does it go?

**DIE ATEMBERAUBENDE WELT DER LUNGE
(The Breath-Taking World Of Our Lungs)**

by Dr. med. Kai-Michael Beeh

Heyne, October 2018

Every day our respiratory tract transports over 10,000 litres of air back and forth – the contents of one hundred bath tubs. With every breath we take our lungs deal with gigantic quantities of bacteria and microorganisms, fine dust and other air pollutants, and in most cases amazingly manage to remain in working order for our entire lives. And yet our lifestyles and the environment are endangering the function and integrity of our lungs to an extent that is true of few other organs. In this fascinating and entertaining book, lung specialist Kai-Michael Beeh tells us everything about our lungs, the amazing things they can do and how we can help them stay young and healthy.

Dr. med. Kai-Michael Beeh, born in 1971, is an internist and pulmonary specialist. In 2004 he co-founded the insaf Institute for Respiratory Research in Wiesbaden. He has written numerous articles in professional journals and co-authored and edited standard textbooks. As an expert for respiratory diseases, he is in demand as a lecturer and also as an interview partner in the media on topics pertaining to lung health.



The most spectacular crime cases in Berlin's wildest years

BERLIN - HAUPTSTADT DES VERBRECHENS (Berlin. Capital of Crime)

by Nathalie Boegel

DVA, September 2018



Berlin between the two world wars is the capital of crime. This is where two worlds meet: while families with many children crowd together in back-yard slums, the metropolis is also notorious for its glamorous nightlife. In the city with its population of four million, in which the morality of the days of the German Empire have been thrown overboard, prostitution, robbery and murder are booming. Against the setting of vibrant city life and the political turmoil of the time, Nathalie Boegel tells tales of the most spectacular crime cases in Berlin's wildest years. She reports on perpetrators and victims and describes the work of investigators, forensic scientists and attorneys trying to put an end to the hotbed of vice in Berlin and who in the process revolutionise police work.

Nathalie Boegel is a television journalist for *Spiegel*-TV and wrote a two-part documentary on "Berlin, Hotbed of Vice – Metropolis of crime 1918-1933" for the history magazine *Spiegel Geschichte*. She has worked as a police reporter and as a film author has made a total of 20 documentaries on police in Germany.

A fascinating journey through the past and present of Buddhism

SIDDHARTAS LETZTES GEHEIMNIS (Siddhartha's Final Secret)

by Erich Follath

DVA, August 2018

He was an explorer, scientist, adventurer – and a deeply religious wayfarer searching for enlightenment. In the year 629 A.D. and against the will of the Chinese emperor, monk Xuanzang travelled through deserts and over mountain passes along the Silk Road to India on his search for testimonies of the religious founder Siddhartha Gautama. Seventeen years and many dramatic experiences later, he returned home in triumph. His spiritual search made him into a legend. Bestselling author Erich Follath has traced Xuanzang's life and adventures – and spent a year following in his footsteps. SIDDHARTHA'S FINAL SECRET can be equally read as a gripping historical biography, as an introduction to Buddhism and as an analysis of China and India as modern-day world powers.

Erich Follath is a political scientist and well-known non-fiction author. As the diplomatic correspondent of the *Spiegel*, he traveled to the Middle East, the Indian subcontinent, and East Asia several times each year. He has been observing the history and development of these regions for decades and has written numerous reports about their rise.



The survival guide for everyone feeling threatened by digitalisation

DISRUPT YOURSELF

by Christoph Keese

Penguin, September 2018

All of us feel that the ground we are standing on is shaking. Are we paralysed by the thought that about half of all professions is doomed to go the way of the dodo bird? Or does the idea of a brilliant digital future electrify us? Christoph Keese, one of the leading experts on digitalisation, always has his finger on the pulse of change. He invites us to recognise and use our own personal strengths in order to radically reinvent ourselves, and he shows us how we can keep up with developments. There is a promise in DISRUPT YOURSELF, and it is this: we all stand to gain from digitalisation!

Journalist and Economist **Christoph Keese** studied economy and graduated from the Henri Nannen School of Journalism. He is one of the most eminent experts on digitalisation and a sought-after public speaker. 2014 saw the publication of *The Silicon Valley Challenge*. His firm Axel Springer by GmbH helps companies master the challenges of digital restructuring.

Christoph Keese

**DISRUPT
YOURSELF**

Vom Abenteuer,
sich in der digitalen Welt
neu erfinden zu müssen



The new book by the Spiegel bestselling author

DIE WEISHEIT ALTER HUNDE

(The Wisdom Of Old Dogs)

by Elli H. Radinger

Ludwig, October 2018



Dogs are magnificent creatures, regardless of their age. Living with an old dog and looking after it in its final years opens our eyes and our hearts. Old dogs can teach us a lot – accept every day as a gift; regret nothing; care for your pack; recognize what really counts; accept what cannot be changed; forgive while you are still alive; you are never too old for new tricks; age is a matter of attitude – and a whole lot more. Elli H. Radinger, expert on wolves and dogs, tells compelling stories focussing on examples of trust, patience, mindfulness, gratefulness, intuition, love, forgiving and wit. They also contain examples of how to cope with grief and loss. A warm-hearted and amazing compliment for man's – and woman's – best friend.

Elli H. Radinger gave up her profession as a lawyer to devote herself entirely to writing and wolves, her passion. She is now Germany's best-known expert on wolves and dogs and in books, seminars and lectures shares her knowledge. She decided to put her wolf research on hold in order to care for her 13-year-old dog Shira during the last years of her life. Her book *The Wisdom of the Wolves* is a bestseller and has been translated into numerous languages.

**DIE HEILSAME KRAFT DES WALDES
(The Healing Power Of The Forest)**

by Ina Schmitt

Integral, July 2018

Intense pine scent, moss-covered soil, the dense tree canopy – the forest exerts a very special attraction on us humans. That its atmosphere has an astonishingly healing effect is something that has now been scientifically proven. The nature and wilderness educator Ina Schmitt opens an experiential world in which we can rediscover the forest: as a place of strength and retreat, a space which gives us energy, stimulates all our senses, and leads us back to ourselves. With her motivating ideas, numerous simple exercises, and fascinating background information, our sojourn in nature will become a pleasant, soothing, strengthening, and healing experience.

Ina Schmitt is a qualified nature and wilderness educator. Wilderness education – as she interprets it – will awaken in people the ability to feel at home in nature, to appreciate it and respect it. She imparts her knowledge about nature and its processes and networks, as well as natural philosophy, during forest walks and in forest bathing seminars.

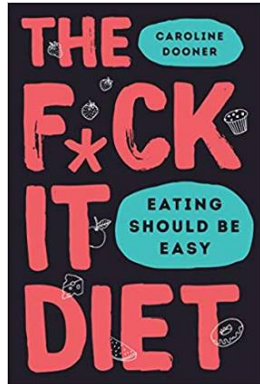


*THE F*CK IT DIET is the anti-diet bible, a game-changer in the way we view dieting, weight and health. A comprehensive program for chronic dieters, this funny, edgy sourcebook teaches why—and how—to escape the plague of diet culture and regain the personal power we've lost to shitty beliefs about food, weight and worth*

THE F*CK IT DIET

by Caroline Dooner

HarperWave, March 2019



When we diet and restrict, we put our bodies through a famine state, biologically in survival mode and fixated on food; our metabolism slows and our minds become obsessed with finding our next meal. By allowing foods and healing our metabolisms, by trusting ourselves and facing our fears, THE F*CK IT DIET gives the body what it needs. Designed for anyone who feels guilt or pain over eating, weight, or body image, THE F*CK IT DIET teaches readers to become easy and normal with food and their relationship to their body. THE F*CK IT DIET is the only diet that works because it tackles two things at once: the biological reality that dieting triggers a famine response in the body, and the mental, emotional and cultural reasons that we become obsessed with food in the first place. THE F*CK IT DIET is a movement and can break millions of people free from the destructive cycle of dieting and self-hatred.

Caroline Dooner is a writer, storyteller, performer and yoga teacher, a former yo-yo dieter, and the creator of The Fuck It Diet. Caroline hosts a podcast on her approach to food and teaches online courses in intuitive eating and self-acceptance. This is her first book.

Sold to: Brazil (BestSeller/Record), Spain (Urano), Italy (Sonzogno), Germany (Arkana/Goldmann), Portugal (Saida de Emergencia)

After "Ali", Jonathan Eig tackles Martin Luther King, Jr.

KING

by Jonathan Eig

Farrar, Straus & Giroux, 2022

Martin Luther King Jr. was the courageous and brilliant leader of the American civil rights movement, but today many know nothing about him beyond four syllables: "I have a dream." When we turn heroes into superheroes, when we simplify the lives of great men and women in order to make their lessons easier to digest, we lose sight of their true greatness. We fail to honour them as real people with real accomplishments. Martin Luther King is fast approaching this predicament. The timing for a fresh look at his life could not be better, and the need for one is urgent: thousands of previously unseen documents have come to light, and many of King's friends, followers, and confidants are eager to talk. Those who can give firsthand accounts are nearing the point in their lives where, if they aren't heard soon, their stories will be lost for good.

Jonathan Eig is the New York Times best-selling author of five critically acclaimed books.

Sold to: UK (Simon & Schuster), Netherlands (Overamstel), Germany (DVA/PRH), Denmark (Klim)

CaskieMushens

Louis Theroux is an award-winning documentary filmmaker whose unique immersive style has won him millions of fans around the world

CLOSE ENCOUNTERS OF THE NERD KIND

by Louis Theroux

Macmillan, Fall 2019

In his first book in nearly fifteen years, Louis Theroux takes a very personal look back on his life making programmes about the weird side of the world, providing the stories behind the stories for which he is best known: racists and religious zealots in America, sexual deviants and celebrities in the UK, and of course his relationship with the notorious predatory DJ Jimmy Savile. Part professional memoir, part insight into the documentary process, and part meditation on the nature of evil, it embodies the thoughtful and witty outlook on life for which Theroux is known. Drawing back the veil on his processes, he discusses the tricks of the trade and the subjects that have affected him most deeply. After years of keeping himself at the edge of the frame, with this book Theroux sets his journalistic sights on himself, unpicking his own insecurities and hidden motivations.

Louis Theroux is a British documentary filmmaker and broadcaster who has received two British Academy Television Awards and a Royal Television Society Award for his work. All Louis Theroux's back-list documentaries are available on Netflix.

Rights sold: Holland (Ambo Anthos)



New York Times bestselling author and CEO of 22 Days Nutrition, Marco Borges introduces one of the most inclusive, practical, and revolutionary plant-based lifestyle plans - The Greenprint. By following its 22 proven effective guidelines, you will shift your mindset, improve your health, lose weight, and impact the planet for the better

THE GREENPRINT

by Marco Borges

Harmony Books, December 2018



Accessible and easy-to-follow, The Greenprint is a movement to embrace your absolute best and healthiest life. Through his more than two decades of experience working with clients, including some of the world's biggest celebrities, and spearheading exercise and nutrition research, Borges developed the groundbreaking "22 Laws of Plants," which he's determined are the most important plant-based diet, exercise, and lifestyle secrets for losing weight, increasing energy, boosting metabolism, and reducing inflammation, not to mention helping minimize your carbon imprint to help the planet. The Greenprint outlines three simple, step-by-step plans to implement the 22 Laws into your life, depending on where you are on your journey. Whether you are ready for a gradual shift or excited to tackle them all full-on, in just weeks you will be on your way to a healthier, cleaner approach to eating that includes plenty of whole grains, bountiful veggies, legumes, nuts and more. You'll also find meal plans, more than 60 delicious recipes, countless tips, and inspirational stories to help you along the way. Take control of your diet, create your own Greenprint and forever alter your weight, your health and the planet.

Marco Borges is an exercise physiologist, founder of 22 Days Nutrition, *New York Times* bestselling author, and plant-based living advocate. Passionate about guiding people to develop healthier lifestyles, he has spent more than 20 years as a lifestyle coach and touring the world empowering others with tools for ultimate wellness.

Why is higher consciousness and why should it matter to you? Deepak Chopra helps us unlock our peak human potential, which can positively affect our physical health, our mind and brain, and the deep wells of our spirituality

METAHUMAN

A Personal Guide to Ultimate Transformation, Peak Experiences, and Revolutionizing How You Live and Work

by Deepak Chopra, M.D.

Harmony, November 2019

With seven kids between them, Cat & Nat have connected with their audience by sharing their completely real take on the stress, guilt, and joy of being a mom. Their viral videos give the real story on everything from sleep to sex, dropping MomTruths like why going clubbing is the best preparation for having kids (because the night always ends up with someone random in your bed and a girl crying in the corner). The book will be loosely structured around the stages of being a mom, from pregnancy onward, with never-before told stories from their lives--but short and digestible enough for a crazed mom, and peppered with advice and insights. Their goal is to help moms let go of guilt. And their method is humor. Their individual voices and the feeling of their close, no-holds-barred friendship will be captured on the page, making this the essential companion for moms who feel overwhelmed.

Deepak Chopra is a media and marketing powerhouse. He is a pioneer of integrative medicine and the author of over 85 books published in 43 languages. Many of have been *New York Times* bestsellers.

In the bestselling vein of "Hidden Figures", ALPHA GIRLS is reporter Julian Guthrie's powerful account of five women pioneers in the field of venture capital who bucked the system and found ways to survive and thrive in the cutthroat, high-stakes, male-dominated world of Silicon Valley

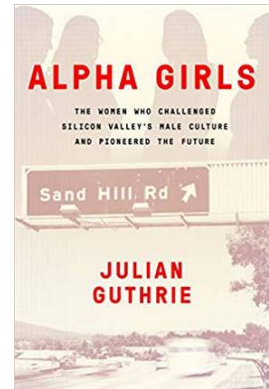
ALPHA GIRLS

The Women Who Challenged Silicon Valley's Male Culture and Pioneered the Future

by Julian Guthrie

Currency, May 2019

The closed-doors investment decisions made by venture capitalists have the power to fund new startups and shape our economy, our technology, and our world. They have enabled the very existence of many of the world's most profitable companies. Known for their risk-taking and prescient investments, the VC community has reaped tens of billions of dollars and has become the envy of Wall Street. Yet thanks to the "bro-grammer culture" that rules the VC world, it is a cabal that is almost a foreign country for women. A mere 6 percent of general partners at VC firms are women; roughly 80 percent of VC firms have never had a woman general partner. But there are a few. Armed with unprecedented access to the secretive VC universe, Guthrie uncovers one of the great untold stories of the digital era. Against all odds, a small cadre of women--pioneers who Guthrie calls the "alpha girls"--have determinedly made their way despite harassment, second-class citizenship, and men stealing the credit and the rewards, to become powerhouses of the finance world.



Julian Guthrie spent 20 years writing for the *San Francisco Chronicle*, where she won numerous awards. Her writing has been nominated multiple times for the Pulitzer Prize. She is the author of three nonfiction books: "The Grace of Everyday Saints", "The Billionaire and the Mechanic", and "How to Make a Spaceship".

Genuine persuasion in today's world doesn't come about as a result of manipulation, pressure tactics or trickery – it is about fostering the habits and traits that one needs to develop in order to be persuasive in any situation. It is about character and core values, rather than salesmanship

THE SOULFUL ART OF PERSUASION

by Jason Harris

Currency, September 2019

In an age of unparalleled transparency and pervasive social media, where our actions and motivations are clear to everyone, being a persuasive person, whether in our work lives or in our personal lives, is not about persuading others to do something they don't really want to do. Genuine persuasion today is about developing the habits that will allow you to listen to others, communicate your goals, values and reason honestly, and win them over to your point of view because it is good for them. To be persuasive today, Jason Harris says, you need to put your true self forward, and stay true to your values. It is not about going for the quick sell, or closing, or trying to sell something you wouldn't buy for yourself.

Jason Harris is the president and CEO of the award-winning creative agency Mekanism, with offices in New York, San Francisco, Chicago and Seattle, creating provocative campaigns for such iconic brands as Adidas, HBO, Nasdaq, Amazon, The North Face and The United Nations. In 2015, Harris was named #5 on the list of the top 10 most influential social impact leaders.

Do you dream of seeing a honey badger in the wild? Trekking Machu Picchu? Mastering Cockney rhyming slang? Wearing lederhosen? Drinking banana wine in the Canary Islands? Then this book is for you

**THE BUCKET/F*CK IT LIST:
3,669 Things to Do. Or Not. Whatever**

by Sara Kinninmont

Clarkson Potter, July 2019

Not your typical bucket list book, THE BUCKET/F*CK IT LIST lets you check off "bucket," "f*ck it," or "done it" for each of the 3,669 items, depending on whether you intend to do it, couldn't care less about it, or have already accomplished it. We are publishing in a chunky paperback with room to take notes on various adventures and also space at the end to add your own bucket/f*ck it list item. Regardless of where you lie on the FOMO/JOMO (fear/joy of missing out) spectrum, checking things off just feels good.

Sara Kinninmont writes about food, sex and travel for *Bust*, *McSweeney's*, *Nerve*, *Eye Weekly* and *The Globe and Mail*.

A modern, comprehensive, and practical guide to astrology as it applies to your romantic, family, and friend relationships (as well as your relationship with yourself) by top astrologer Jessica Lanyadoo

THE MODERN LOVER'S GUIDE TO ASTROLOGY

by Jessica Lanyadoo

Ten Speed Press, October 2019

Jessica Lanyadoo has been practicing astrology professionally since 1995 and has worked with thousands of people. She currently writes horoscopes for *Glamour*, *GirlBoss*, *The Hoodwitch*, and *Chatelaine* (Canada's best-selling women's magazine). She has hosted a weekly YouTube show called "Astrology for Days" with Annabel Gat, the astrology columnist for VICE. She's also written for a wide range of other publications, including the *SF Bay Guardian*, *Oyster Magazine*, *Martha Stewart's Whole Living*, and *On Our Backs*.

In this fascinating look at the race to secure the global food supply, environmental journalist and professor Amanda Little tells the defining story of the sustainable food revolution as she weaves together stories from the world's most creative and controversial innovators on the front lines of food science, agriculture, and climate change

**THE FATE OF FOOD
What We'll Eat in a Bigger, Hotter, Smarter World**

by Amanda Little

Harmony Books, March 2019

40-50 b&w photos

Climate models predict that global food production will decline every decade for the rest of this century due to drought, heat, and flooding. With water and food shortages looming globally, the search for new methods of supplying water and food is on. THE FATE OF FOOD will be the first book to connect the categories of food science, innovation, and climate change and tell the defining story of the sustainable food revolution that aims to feed 9 billion people in a hotter, smarter world. From dairy farms in India where microchips embedded in cow flanks transmit real-time data about the animals' health and milk quality to the fields of Nigerian farmers who are growing the world's first drought-tolerant rice, THE FATE OF FOOD tells the story of human innovation through food, examining both old and new approaches to food production and their costs and benefits in an era of climate change.

Amanda Little is a well-connected environmental journalism professor at Vanderbilt. Her articles on the environment, energy, and technology have been published in the *New York Times*; *Vanity Fair*; *Rolling Stone*; *Wired*; *O, the Oprah Magazine*; and the *Washington Post*.

A simple guide to breathwork by a lauded expert that takes you through 25 simple practices for everyday situations, such as de-stressing, managing anger, falling asleep, connecting with others, and more

HOW TO BREATHE

25 Breathwork Practices for Connection, Joy, and Resilience

by Ashley Neese

Ten Speed Press, April 2019



Breathwork expert Ashley Neese gives practical guidance for channeling the power of your breath to help you tackle common challenges with mindfulness and serenity. The book first introduces you to the foundations of breathwork, outlining the research-supported benefits of the practice and explaining how the breath relates to emotions and resilience. Neese then offers 25 customized practices that she has created for clients over the last decade. Each practice features an introduction explaining the origin, benefits, and purpose of the breathwork, followed by step-by-step instructions and post-practice notes. Many books in this category feel dated and difficult, but with approximately 15 transporting photographs and a modern design, HOW TO BREATHE shows how simple exercises can have a huge impact on daily health and happiness.

Ashley Neese holds an MFA from the California College of the Arts and is certified in breathwork, somatic trauma touch, Hatha yoga, and energy medicine. Ashley has practiced breathwork for years and studied with some of the world's leading masters. Ashley works with clients all over the world, including *BuzzFeed* and *WeWork*, and has been featured in *Goop*, *Elle Japan*, *Vogue*, *Well + Good*, *MindBodyGreen*, and the *Nourished Journal*.

From the #1 New York Times best-selling author of "The Martian" and "Artemis", and illustrated by webcomics creator Sarah Andersen, this graphic novel brings together the heroines of "Alice in Wonderland", "Peter Pan", and "The Wizard of Oz" in a charming fantasy mash-up as they join forces to defend their worlds from villainous threats

CHESHIRE CROSSING

by Andy Weir, comics by Sarah Andersen

Ten Speed Press, July 2019

Pulled from the pages of beloved children's fantasy stories, Alice, Wendy, and Dorothy meet at a supernatural boarding school where they're meant to learn how to use and control their special, superheroic powers. When villains like the Wicked Witch and Captain Hook form an evil alliance to conquer the worlds of Oz, Neverland, and Wonderland, the girls must work together to save not only these fantastical lands but also the Earth itself. This "storybook meets superheroes" graphic novel features the original magical girls of fantasy embarking on exciting supernatural adventures in a tale that could only come from the imagination of Andy Weir and the illustrative sorcery of Sarah Andersen.

Andy Weir built a career as a software engineer until the success of his debut novel, *The Martian*, allowed him to live out his dream of writing fulltime. He is a lifelong space nerd and devoted hobbyist of subjects such as relativistic physics, orbital mechanics, and the history of manned spaceflight. **Sarah Andersen** is a cartoonist, illustrator, and the author of numerous books based on her Sarah's Scribbles webcomic series. She graduated from the Maryland Institute College of Art in 2014. Both her illustration and cartooning work have been recognized by the Society of Illustrators.

DeFiore & Company

THE CRYING BOOK is a tautly intense lyric non-fiction investigation of the title subject, in which the author—Heather Christle, an award-winning poet— reckons with suicide, pregnancy, parenthood, mental illness, and politics through the alternating, and at times surprising, lenses of history, philosophy, memoir, science, literary and cultural criticism

THE CRYING BOOK

by Heather Christle

Catapult, 2020

Christle mingles discussion of religious paintings with Yahoo Answers! queries, examines the biochemical makeup of human tears alongside Victorian mourning rituals. She takes us from her own beloved friend's death to Kent State to Yusef Komunyakaa's response to the Vietnam War Memorial to the legacy of sorrow she may or may not be teaching her own daughter, and beyond. As the 30,000 word book develops, the personal, the communal and the archival grow increasingly, affectingly entangled, forcing the author to consider the nature of the patterns she traces. She ultimately finds in her fragmented but insistent literary form an argument for breaking away from pre-established responses to internal and external suffering, perhaps even for constructing a path to tears of joy. After all, she is still alive. THE CRYING BOOK is both a balm and mirror for our times.

Heather Christle has published four poetry collections, the most recent of which, "The Trees The Trees" (Octopus Books, 2011), won the 2012 Believer Magazine Poetry Award. Her poems have been broadcast internationally on programs including the BBC World Service's Newshour and CBC Radio One's As It Happens, and have been anthologized in several collections, including the Best American Poetry series.

An innovative approach to enhancing health and strengthening relationships through the art of human connection

ALLURE

The Neuroscience and Business of Persuasion

by Matt Johnson, PhD and Prince Ghuman

Benbella Books, Spring 2019

Persuasion is all around us, and every day we are persuaded myriad times to act in very specific ways. ALLURE will illuminate how the exterior world around us interacts with our interior, biological world, giving readers a new level of understanding both of how our brains are wired and the world we live in. In short, our attention is for sale and it is worth billions. A greater understanding of how we communicate, how we are persuaded - and persuade in turn - and how we form connections, will improve our self-awareness and better help us navigate this everchanging world. Persuasion lies directly at the intersection of psychology and business, so to have two experts, a neuroscientist (Johnson) and a marketing director (Ghuman) is what gives ALLURE its unique power. Their relative youth (they are both 32) is an asset in a world where neuromarketing and data-driven marketing are still in their infancy and the fast-growing tech industry is particularly focused on psychology and cognitive sciences due to the importance of the user experience. In addition, they are both incredibly articulate and media-genic, and poised to be at the forefront of their respective fields for decades to come.

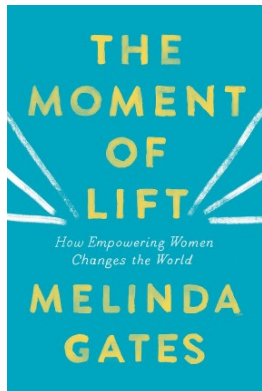
Both **Matt Johnson** and **Prince Ghuman** are professors at Hult International Business School in San Francisco, and together they provide the rare blend of scientific expertise and business acumen to tell the vivid story of persuasion. Hult is a global institution with campuses in Boston, San Francisco, London, Dubai, New York, and Shanghai.



This debut from Forbes' third most powerful woman in the world, Melinda Gates, is a timely and necessary call to action for women's empowerment

**THE MOMENT OF LIFT:
How Empowering Women Changes the World
by Melinda Gates**

April 2019



For the last twenty years, Melinda Gates has been on a mission. Her goal, as co-chair of the Bill & Melinda Gates Foundation, has been to find solutions for people with the most urgent needs, wherever they live. Throughout this journey, one thing has become increasingly clear to her: If you want to lift a society up, invest in women. In this candid and inspiring book, Gates traces her awakening to the link between women's empowerment and the health of societies. She shows some of the tremendous opportunities that exist right now to "turbo-charge" change. And she provides simple and effective ways each one of us can make a difference.

Rights sold: Arabic World/Arab Scientific Publishers, Brazil/Sextante, Germany/Droemer, Netherlands/Spectrum, Spanish World/PRH|Conecta, Sweden/Natur & Kultur, UK/Pan Macmillan|Bluebird

Co-chair of the Bill and Melinda Gates Foundation, the largest private foundation in the world, **Melinda Gates** has dedicated her life to achieving transformational improvements in the health and prosperity of families, communities, and societies. Core to her work is empowering women and girls to help them realize their full potential. In 2015, Melinda created Pivotal Ventures, an investment and incubation company that enables her to bring together other new and emerging strands of her advocacy and philanthropic work focused in the U.S. Melinda received a bachelor's degree from Duke and an MBA from Duke's Fuqua School.

THE FRIEDRICH AGENCY LLC

A startling, moving, and innovative memoir from the National Book Award Finalist for Fiction

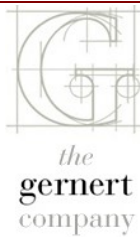
IN THE DREAM HOUSE

by Carmen Maria Machado

Greywolf Press, Fall 2019

For years Carmen Maria Machado has struggled to articulate her experiences in an abusive same-sex relationship. In this extraordinarily candid and radically inventive memoir, Machado tackles a dark and difficult subject with wit, inventiveness and an inquiring spirit, as she uses a series of narrative tropes—including classic horror themes—to create an entirely unique piece of work which is destined to become an instant classic.

Carmen Maria Machado's debut short-story collection, “Her Body and Other Parties”, was a finalist for the National Book Award, the Kirkus Prize, LA Times Book Prize Art Seidenbaum Award for First Fiction, the World Fantasy Award, the Dylan Thomas Prize, Brooklyn Public Library Literature Prize, the PEN/Robert W. Bingham Prize for Debut Fiction, and the winner of the Bard Fiction Prize, the Lambda Literary Award for Lesbian Fiction, the Shirley Jackson Award, and the National Book Critics Circle's John Leonard Prize. Her essays, fiction, and criticism have appeared in the *New Yorker*, *the New York Times*, *Granta*, *Tin House*, *VQR*, *McSweeney's Quarterly Concern*, *The Believer*, *Guernica*, *Best American Science Fiction & Fantasy*, *Best American Nonrequired Reading*, and elsewhere. She holds an MFA from the Iowa Writers' Workshop.



An elegant, timely memoir and a significant polemic on how computers and algorithms shape our understanding of the world and who we are from a National Magazine Award-nominated writer and software engineer.

BITWISE

by David Auerbach

Pantheon, August 2018



As we engineer ever-more intricate algorithms to translate our experiences and narrow the gap that divides us from the machine, we willingly rub out our nuances and our idiosyncrasies—precisely that which makes us human. *Bitwise* is David Auerbach's thoughtful ode to the computer codes and languages that captured his imagination as a child, and a reflection of how he's both experienced and written the algorithms that have come to taxonomize human speech, knowledge, and behavior — and compel us to do the same. With a philosopher's sense of inquiry and an engineer's eye, Auerbach recounts his childhood spent drawing ferns with the programming language Logo on the Apple IIe, his adventures in early text-based video games, his schooling as an engineer, and his contributions to instant messaging technology developed for Microsoft and then to software built to sift through Google's data stores. His unsettling conclusion — that algorithms are standardizing and coarsening our own lives — is inescapable.

David Auerbach is a National Magazine Award-nominated writer and software engineer. He previously worked for Google and Microsoft. He has contributed to *The Daily Beast*, *Slate*, *The Times Literary Supplement*, *The Nation*, *n+1*, *Bookforum*, the *MIT Technology Review*, and many other publications.

An unprecedented history of the personality test conceived a century ago by a mother and her daughter – fiction writers with no formal training in psychology – and how it insinuated itself into boardrooms, classrooms and beyond around the world

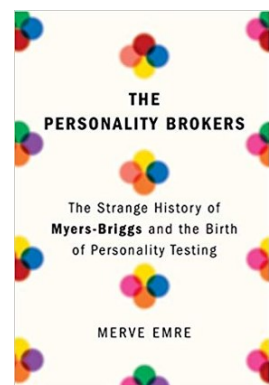
THE PERSONALITY BROKERS

by Merve Emre

Doubleday, September 2018

The Myers-Briggs Type Indicator is the most popular personality test in the world. First conceived in the 1920s by an unlikely mother-daughter team, eventually it would travel across the globe. Drawing from original reporting and never-before-published documents, Emre takes a critical look at the test that became a cultural icon and examines our attempts to grasp, categorize, and quantify our personalities.

Merve Emre is Associate Professor of English at Oxford. She is the author of *Paraliterary: The Making of Bad Readers in Postwar America*. Her work has appeared in *The New Yorker*, *Harper's Magazine*, *Bookforum*, *The New Republic*, *The Baffler*, *n+1*, and the *Los Angeles Review of Books*, where she is senior humanities editor. *THE PERSONALITY BROKERS* is an Amazon Best Pick for September 2018.

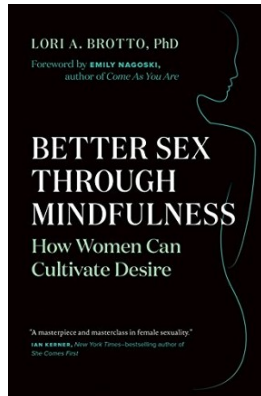


A groundbreaking look at improving desire, arousal, and sexual satisfaction through mindfulness.

BETTER SEX THROUGH MINDFULNESS

by Lori A. Brotto, PhD

Greystone Books, April 2018



Studies show that approximately half of all women experience some kind of sexual difficulty at one point in their lives, with lack of interest in sex being by far the most common—and the most distressing. And when sex suffers, so do all other areas of life, including mood, self-confidence, satisfaction with one’s relationship, and general well-being. But it doesn’t have to be that way. In *BETTER SEX THROUGH MINDFULNESS*, acclaimed psychologist and sex researcher Dr. Lori Brotto offers a groundbreaking approach to improving desire, arousal, and satisfaction inside—and outside of—the bedroom. A pioneer in the use of mindfulness for treating sexual difficulties, Brotto has helped hundreds of women cultivate more exciting, fulfilling sexual experiences.

Lori A. Brotto, PhD, is a clinical psychologist, sex researcher, and is a member of various sexuality organizations and an associate editor for *Archives of Sexual Behavior*. Brotto writes a monthly health column for the *Globe and Mail* and has been featured in the *New York Times*, the *Walrus*, *Chatelaine*, *Dan Savage’s Savage Lovecast*, and many other outlets. She lives in Vancouver, BC.

A practical, scientifically supported, and informative look at better living through cannabis.

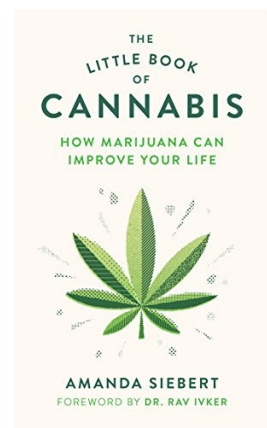
THE LITTLE BOOK OF CANNABIS

by Amanda Siebert

Greystone, October 2018

Cannabis. Weed. Bud. Whatever you choose to call it, it’s been a health aid, comfort, and life-enhancer for humankind for more than three thousand years. But while cannabis is used by hundreds of millions of people around the world, more than a century of prohibition has resulted in confusion about its status: Is it healthy? Is it medicinal? Will it make you crazy? In this fun, illuminating book, cannabis journalist Amanda Siebert delves deep into the latest research to separate marijuana fact from fiction, revealing ten evidence-based ways this potent little plant can improve your life. She speaks with some of the world’s top researchers, medical professionals, and consultants to answer questions such as: Can cannabis help you get a full night’s sleep? Does it aid in exercise and weight loss? Can it really cure cancer? She also offers practical advice for enjoying its benefits, including easy-to-follow, step-by-step instructions for consumption and dosage, as well as examples of people who have used this drug to enhance their lives. Cannabis, it turns out, could be lifechanging: it can enrich any diet, slow down aging, and even spice things up in the bedroom.

Amanda Siebert is an award-winning journalist, photographer, and the cannabis editor at the *Georgia Straight* newspaper.



GROVE ATLANTIC

An Independent Literary Publisher Since 1917

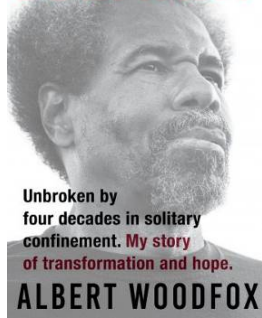
The unforgettable life story of a man who served more than four decades in solitary confinement—in a 6-foot by 9-foot cell, 23 hours a day, in notorious Angola prison in Louisiana—all for a crime of which he was innocent

SOLITARY

by **Albert Woodfox**

Grove, March 2019

SOLITARY



Solitary confinement is the most extreme form of incarceration—intended as a special (usually brief) punishment for prison rulebreakers, it has become a shockingly commonplace and longterm reality in the United States and other countries. That Albert Woodfox survived his more than four decades in solitary confinement was, in itself, a feat of extraordinary endurance against the violence and deprivation he faced daily. That he was able to emerge whole from his odyssey within America’s prison and judicial systems is a triumph of the human spirit. Arrested often as a teenager in New Orleans, inspired behind bars in his early twenties to join the Black Panther Party because of its social commitment and code of living, Albert was serving a 50-year sentence in Angola for armed robbery when a white guard was killed on April 17, 1972. Albert and another member of the Panthers were accused of the crime and immediately put in solitary confinement by the warden.

Albert Woodfox was born in 1947 in New Orleans. A committed activist in prison, he remains so today, speaking to a wide array of audiences, including the Innocence Project, Harvard, Yale, and other universities, the National Lawyers Guild, as well as at Amnesty International events in London, Paris, Denmark, Sweden, and Belgium.

A wry, witty, and wise look at sex and dating after fifty from the internationally bestselling writer of “Sex and the City”

IS THERE ANY SEX IN THE CITY?

by **Candace Bushnell**

Grove, August 2019

In her signature hilarious, wry, observant prose, Bushnell documents and advises on 21st century dating phenomena, such as the rise of the “New Cougar,” a sensible older woman who finds herself suddenly in the middle of an “Unintended Cub Situation;” the “Mona Lisa” Treatment, a vaginal restorative surgery for middle aged women; and going on Tinder dates as a fifty-something divorcee. Bushnell also updates one of her most iconic stories from *Sex and the City*, “The Bicycle Boys,” about a breed of New York man who was always trying to bring his bike up to women’s apartments. Once an anomaly, Bushnell charts their new ubiquity, and shares how to do your own man stalking via bicycle (and whether or not it’s worth it). With *IS THERE ANY SEX IN THE CITY?*, Bushnell delivers a satirical, biting, and brilliant exploration of midlife mating. This is a pull-no-punches social commentary from one of our most famed and acclaimed pioneers in sexual politics and an indispensable companion to one of the most revolutionary dating books of the twentieth century.

Candace Bushnell is the critically acclaimed, internationally bestselling novelist whose first book, “*Sex and the City*”, was the basis for the HBO hit series. *Sex and the City* has been published in 33 languages. Through her books and television series, Bushnell’s work has influenced and defined two generations of women.



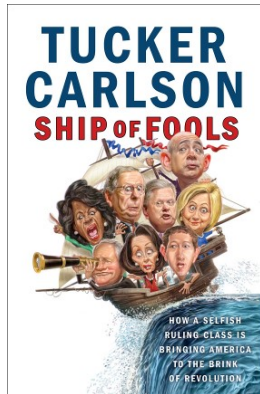
The popular FOX News star of Tucker Carlson Tonight offers his signature fearless and funny political commentary on how America's ruling class has failed everyday Americans

SHIP OF FOOLS

How a Selfish Ruling Class is Bringing America to the Brink of Revolution

by Tucker Carlson

Free Press (S&S), October 2018



In *Ship of Fools*, Tucker Carlson offers a blistering critique of our new overlords. Traditional liberals are gone, he writes. The patchouli-scented hand-wringers who worried about whales and defended free speech have been replaced by globalists who hide their hard-edged economic agenda behind the smokescreen of identity politics. They'll outsource your job while lecturing you about transgender bathrooms. Left and right, Carlson says, are no longer meaningful categories in America. "The rift is between those who benefit from the status quo, and those who don't." Our leaders are fools, Carlson concludes, "unaware that they are captains of a sinking ship." But in the signature and witty style that viewers of *Tucker Carlson Tonight* have come to enjoy, his book answers the all-important question: How do we put the country back on course?

Tucker Carlson is the anchor of *Tucker Carlson Tonight* on the Fox News Channel. He has hosted prime time programs on *CNN*, *PBS* and *MSNBC*, and co-founded *The Daily Caller*.

The fiction debut from the LA Times bestselling author of "What We See When We Read" – a novel of ideas set in a mysterious institute in the desert

WATCHING DARKNESS FALL

Europe's Fascist March and the Americans Who Might Have Stopped It

by David McKean

St. Martin's Press, Winter 2020 (proposal available)

WATCHING DARKNESS FALL recounts the rise of the Third Reich in Germany and the run up to war from the perspective of an early warning system—the American diplomats in Europe who witnessed it firsthand. The first book of its kind to do so, it centers on five of the most important personalities of the era: Joseph Kennedy, William Dodd, Breckinridge Long, William Bullitt, and George Kennan. Serving in major centers of action like London, Paris, Berlin, Moscow, Rome and Prague, these men enjoyed the personal friendship and attention of President Roosevelt, and often kept him directly apprised of the situation on the ground. But for all that access, most of them missed the rise of fascism and in some cases even sympathized with it. The personal stories of these five men who rose to the highest levels of their profession—punctuated by political intrigue, prejudice, personal demons, rivalries for President Roosevelt's attention, extramarital affairs, and acts of heroism—are equally fascinating as the broader political story they illuminate. Spanning Europe, *WATCHING DARKNESS FALL* features an unforgettable cast of colorful characters who were eyewitnesses to history as it tells a cautionary tale about the fragile, inconsistent, and sometimes disorderly quality of diplomacy and its ability to broker peace.

David McKean is a former ambassador to Luxembourg and director of Policy Planning at the State Department. He is also the author of four books.

We're working more not less, living harder not smarter, becoming more lonely and isolated and anxious...all in our quest for the best

LAZY

How the Cult of Efficiency is Making us Sadder, Sicker, and Less Productive

by Celeste Headlee

Harmony, February 2020

Celeste Headlee sees this cultish devotion to efficiency and productivity as a threat to what makes us uniquely human and wants to tackle this needed conversation with LAZY. We need to make it our quest to push back from the laptop, the iPad, the phone, the email, the apps, the work, the 2 minute reads—all the endless doing—and start living while we still can. It's a big idea book that looks at how we arrived here, exploring what underlies our overwork and overwhelm and our constant desire to improve. Her end game? Nothing short of freedom from this cultish behavior and mindset and a reclaiming of our fast eroding humanity. To become less machine-like and more human we need to get LAZY...

Celeste Headlee is a guest host for NPR and American Public Media and the former host of the daily news show On Second Thought on Georgia Public Broadcasting. She spent more than a decade with *NPR* and has been a host for Public Radio International since 2008. Celeste has appeared on *CNN*, the *BBC*, *PBS*, and *MSNBC*. She's also a classically trained soprano who doesn't get enough time to sing anymore.

Why is there an invisible career barrier, based on prejudiced stereotypes, that prevents women from accessing the ranks of power?

THE TEMPERATURE EVOLUTION

How Climate Has Made Us Social and Shapes Our Health

by Hans IJzerman

Norton, 2020

We tend to overlook the powerful influence our bodies have on our minds, and our experience of the temperature we live in is no exception. Temperature had a huge influence on human evolution. It was behind our upright walking, our loss of fur, our big brains — and perhaps even our morality. It can help explain the power of attachment that we develop as children towards our parents, and why strong relationships are even more important for longevity than avoiding obesity or engaging in exercise. Warmth and cold continue to influence us in all kinds of ways — a chilly room temperature makes us judgmental, a warm cup of coffee makes other people appear friendlier. What's more, the body-mind connection works in the other direction, too, with our feelings of kinship influencing our temperature perceptions. Eating alone, for example, can make a room feel cool. *THE TEMPERATURE EVOLUTION* will be an investigation into the far-reaching impacts that temperature regulation has on our emotions, relationships, and health. Drawing from the psychological literature on social thermoregulation, much of it his own, Hans will show that understanding how we subconsciously strive, penguin-like, to keep our body temperature in an optimal range, can help us in our relationships, jobs, and even in navigating the world of social media.

Hans IJzerman, is the world's foremost expert on social thermoregulation in humans. He has published over 30 academic articles in the top journals of his field. He has also written for the *New York Times* and the *Huffington Post*. He is an associate professor of psychology at University of Grenoble, France. He speaks Dutch, English, French, Portuguese, German and Spanish.

A book about the changing world that changes how we see the world

SMALL WORLD
A Brief History of Globalization
by Marc Levinson

Princeton University Press, Summer 2020

From ancient Assyrian caravans to the current battles over sea lanes and import duties, and from container ships bigger than the Empire State Building to the tiny electrons racing through undersea cables, globalization has shaped and reshaped civilization. In a political era when the international flow of goods, people, money, and ideas is the hottest of hot button issues, *SMALL WORLD* is, surprisingly, the first book for general readers exploring the past, present, and future of globalization. Levinson is one of America's leading economic historians. His insightful, groundbreaking book *The Box: How the Shipping Container Made the World Smaller and the World Economy Bigger* has captivated scholars, journalists, and general interest readers for over a decade. His books on the first mega-retailer (*The Great A&P*) and the post-WWII economic boom (*An Extraordinary Time*) have brought clarity and context to some of today's most important political and business debates.

Marc Levinson is an economist and historian specializing in business and finance. He was formerly finance and economics editor of *The Economist*, worked as an economist at a New York bank, and served as senior fellow for international business at the Council on Foreign Relations.

A long-awaited memoir by the American journalist Theo Padnos, who retraces the Middle Eastern journey that led to his 2012 kidnapping and brutal torture by an al-Qaida faction

BLINDFOLD
by Theo Padnos

Scribner, 2020

Theo Padnos is a literary journalist whose capture by Al Qaeda in 2012 sent him on a terrifying odyssey. The two-year experience and its culmination will be described for the first time in these pages of this, his long-awaited memoir. With the benefit of a few years to decompress, he has distilled his ordeal into a bracing, brilliant work of confession (of his hubris), insight (into human nature, and Islam), compassion (for his captors), and revelation (of their region's tremors, and continuing threat). I'm not sure that does full justice to the humane sense of history that Theo has brought to these intimately personal pages; you won't soon read a richer, more satisfying work of literary memoir. This dialectic might crystallize a lot of it: He acquired his sight by way of the blindfold he was given in the eye hospital. *BLINDFOLD* will be a work of fascinating dichotomies: life/death, revenge/forgiveness, hubris/humility, faith/nihilism, slavery/freedom, justice/mercy, pain/ecstasy, blindness/sight. His account of the prisons of earth and the prisons of the mind will be the best kind of memoir—it's about something other than its author. It will illuminate the cultural-psychological sea change that has swallowed Syria, giving rise to evil of unspeakable varieties (from the Assad-Putin killing machine to ISIS 2.0), and the threat it poses, specifically to Europe. And yet as Theo reckons with ground-level reality in the world's most forbidding, inaccessible places, you may be startled to discover that his memoir will be one of forgiveness, equanimity, and reconciliation.

The London-based film production company 42 has acquired the rights to his life story. Iain Forsyth and Jane Pollard, the directors of "20,000 Days on Earth" and "Neil Gaiman's Likely Stories," a BBC drama, will direct the script written by Alistair Siddons. Production will begin soon.

Theo Padnos (aka Peter Theo Curtis) is an American journalist. He has written for the *New Republic*, *Rolling Stone*, *New York Times Magazine*, and the *London Review of Books*. His first book, "My Life Had Stood a Loaded Gun", about teaching poetry to young killers in a Vermont prison, was published by Talk/Miramax (2004). He has a bachelor's degree from Middlebury College and a PhD in comparative literature from the University of Massachusetts, Amherst. He is fluent in Arabic, Russian, German, and French.

Zigmond provides a light-hearted and prescriptive approach, based on the ancient teachings of Buddhism, to the age-old question “how can I improve my work-life balance?”

BUDDHA’S OFFICE

by Dan Zigmond

Running Press, September 2019

Buddha may never have worked a day in his life, but most of us can’t say the same. BUDDHA’S OFFICE is the essential guide to mindfulness in the workplace. Zigmond uses Buddha’s principles to explain ways in which to combat work-related stress, develop a healthy work-life balance, and improve overall efficiency. Exploring not only how to avoid toxic career fields, but also how to develop and maintain the work-life balance, BUDDHA’S OFFICE will change your perceptions of work and efficiency. Written with scientific yet lighthearted guidelines, readers will be forced to ask themselves what if we see work as a means to contribute to our quality of life, rather than detract from it?

Dan Zigmond is a writer, data scientist, ordained Zen priest, and co-author of “Buddha’s Diet”, the best-selling guide to mindful eating and living. He is Director of Analytics at Instagram and advises startups and venture capital firms in Silicon Valley and beyond. He is a contributing editor at *Tricycle*, America’s largest Buddhist magazine, and teaches at Jikoji Zen Center, a small Buddhist temple in the Santa Cruz mountains. He serves on the boards of the San Francisco Zen Center, one of the largest Buddhist communities outside Asia, and the Buddhist Peace Fellowship, an organization dedicated to cultivating the conditions for peace, social justice, and environmental sustainability within our selves, our communities, and the world

Dan Ariely, the New York Times bestselling author of Predictably Irrational, and illustrator Matt R. Trower present a playful graphic novel guide to better decision-making, based on the author's groundbreaking research in behavioral economics, neuroscience, and psychology

AMAZING DECISIONS

by Dan Ariely and Matt Trower

Hill and Wang, May 2019

The illustrator Matt R. Trower's playful and expressive artwork captures the lessons of Ariely's groundbreaking research as they explore the essential question: How can we make better decisions? AMAZING DECISIONS follows Adam as he faces the daily barrage of choices and deliberations. He juggles two overlapping—and often contradictory—sets of norms: social norms and market norms. These norms inform our thinking in ways we often don't notice, although we are aware that they guide our behavior—just as Adam is shadowed by the “market fairy” and the “social fairy,” each compelling him to act in certain ways. Good decision-making, Ariely and Trower argue, requires the ability to identify and evaluate the forces at play under different circumstances, leading to an optimal outcome. AMAZING DECISIONS is a fascinating and entertaining guide to developing skills that will prove invaluable in personal and professional life.

Dan Ariely is the bestselling author of “Predictably Irrational”, “The Upside of Irrationality”, and “The (Honest) Truth About Dishonesty”. He is the James B. Duke Professor of Psychology and Behavioral Economics and founder of the Center for Advanced Hindsight at Duke University. **Matt R. Trower** is a comic artist and illustrator who graduated from the Rhode Island School of Design with a BFA in illustration and a concentration in gender, sexuality, and race. Trower works at the Center for Advanced Hindsight at Duke University.

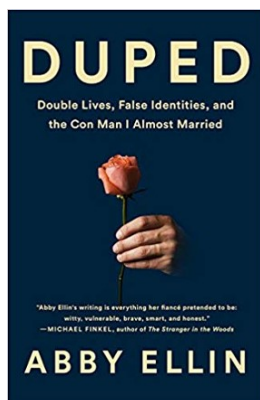
Abby Ellin was shocked to learn that her fiancé was leading a secret life. But as she soon discovered, double lives are everywhere

DUPED

Double Lives, False Identities, and the Con Man I Almost Married

by Abby Elin

Public Affairs-WE, January 2019



From Abby Elin's first date with The Commander, she was caught up in a whirlwind. Within five months he'd proposed, and they'd moved in together. But there were red flags: strange stories of international espionage involving Osama Bin Laden and the Pentagon. Soon his stories began to unravel until she discovered, far later than she'd have liked, that he was lying about who he was. Then she realized something else: she wasn't alone. People are being deceived all around us, every day. In DUPED, Abby Elin plunges headlong into the world of double lives. Studying the art and science of lying, talking to women who've had their worlds upended by men who weren't who they professed to be, and writing with great openness about her own mistakes, she lays the phenomenon bare. These remarkable--yet surprisingly common--stories reveal just how strange and improbable our everyday lives really are.

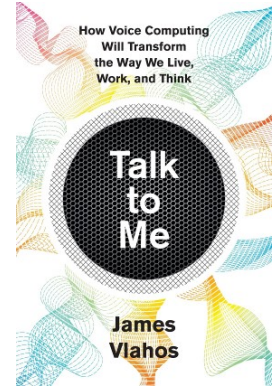
Abby Elin is an award-winning journalist and the author of “Teenage Waistland”. For five years she wrote the “Preludes” column about young people and money for the Sunday Money and Business section of the New York Times. She is also a regular contributor to the Health, Style, Business and Education sections of the *New York Times*. Her work has been published in *The New York Times Magazine*, *New York*, *the Wall Street Journal*, *the Los Angeles Times Magazine*, *Psychology Today*, *Time*, *Newsweek*, *the Village Voice*, *the Boston Phoenix*, *Salon*, *Marie Claire*, *Cosmopolitan*, *Glamour*, and *Spy* (RIP).

A New York Times Magazine writer explores the Next Big Thing in tech—the impending revolution in voice recognition—and shows how it will upend Silicon Valley and transform how we use computers, the Web, and much more

TALK TO ME
How Voice Computing Will Change the Way We Live, Work, and Think
by James Vlahos

Houghton Mifflin Harcourt, March 2019

Every decade or so brings a seismic shift in how people interact with tech, from the PC to the internet to the smartphone. James Vlahos shows that we are on the cusp of the next shift: to voice computing. Siri and Alexa are early forms of this technology, but the day is coming when we'll talk as fluently with our phones, appliances, cars, etc. as we do with any human. Vlahos explains the enormous AI challenges that voice computing presents, and unpacks its vast economic, cultural, and psychological impact. He reveals how Google, Facebook, Microsoft, and other titans are competing fiercely to create the new voice-driven interfaces. Amazon has devoted an entire secret building to their efforts, and other companies are making similarly huge plays. Vlahos doesn't shy away from the troubling questions that voice computing raises. Will people become emotionally dependent on lifelike computers? Will we confide in them in ways that further erode our privacy? Will they deepen our addiction to all things digital? We are on the verge of a transformation as big as the iPhone. TALK TO ME will help us get ready.



James Vlahos covers the frontiers of technological change for publications like *Wired*, the *New York Times Magazine*, *Popular Science*, and *Scientific American*; he also writes for *The Atlantic* and *GQ*.

A hilarious, candid account of what life in France is actually like, from a writer for Vanity Fair and GQ

MONSIEUR MEDIOCRE:
One Man's Journey to Becoming Real French
by John Von Sothen

Viking, May 2019

John von Sothen fell in love with Paris through the stories his mother told of her year spent there as a student. After falling for and marrying the French waitress he meets in New York, von Sothen follows his mother's dream and moves to Paris. But fifteen years in, he's finally ready to admit his mother's Paris is mostly a fantasy. In this hilarious and delightful collection of essays, von Sothen walks us through real life in Paris—myth-busting our Parisian daydreams but also revealing the inimitable and too often invisible pleasures of family life abroad. Through these essays, you'll learn about what to do when you unwittingly commit yourself to two weeks of vacation with friends who ration snacks down to the gram and who mock you mercilessly for sleeping in; how to react when French men turn to you, the American, for fashion tips such as where to find a Maine trapper vest; and how to tell if you're being invited to a super-exclusive secret society of intellectuals or, alternately, a weird sex club. Relentlessly funny and full of incisive observations, MONSIEUR MEDIOCRE is ultimately a love letter to France—to its absurdities, its history, its ideals—but it's a very French love letter: frank, smoky, unsentimental. It is a clear-eyed ode to a beautiful, complex, contradictory country from someone who both eagerly and grudgingly calls it home.

John von Sothen is an American columnist living in Paris, where he covers entertainment and society issues for French *Vanity Fair*. Von Sothen has written for both the American and French *GQ*, *Slate*, *Technikart*, *Libération*, and *The New York Observer*; he has written for TV at Canal+ and MTV; and he is now penning a column for the political site *Mediapart*. Von Sothen occasionally performs stand-up comedy at The New York Comedy Night in the SoGymnase Comedy Club in Paris (in French and English); and is a routine guest on the French radio station Europe 1 discussing all things US-related.



In this explosive new book, Matt Hart tells an unputdownable story of corporate greed and athletic glory, lifting the lid on corruption at the very highest levels of one of the world's most iconic brands

BEHIND THE SWOOSH

by Matt Hart

DeyStreet, Spring 2020

Olympic runners Adam and Kara Goucher were two of the world's most promising young athletes—the “first couple” of long distance running—and when they signed professional contracts with Nike and legendary coach Alberto Salazar, it seemed like a dream come true. But over time evidence of Salazar's reliance on gray-area techniques and performance-enhancing drugs became impossible to ignore. Soon everything unraveled, and the star athletes blew the whistle on their coach, who is now being investigated by both the US anti-doping authority and the FBI. But the Gouchers' story is only one in a larger ongoing saga of conspiracy, betrayal, intrigue, and coercion that reaches the highest ranks at Nike. BEHIND THE SWOOSH will reveal for the first time the unsettling details of Nike's secretive running program, the Nike Oregon Project. It will also uncover a win-at-all-costs culture of deceit and drug misuse at the Nike corporation, as well as abuse of power, gender discrimination, medical malpractice, and systemic cheating at the highest levels of professional athletics. Character-driven and sure to be controversial, BEHIND THE SWOOSH will pick up where the 1991 bestseller *Swoosh: The Unauthorized Story of Nike and the Men Who Played There* left off and will offer a darker counter-narrative to Phil Knight's #1 New York Times bestselling memoir *Shoe Dog*. With a core audience of runners and athletics enthusiasts, it will also target readers interested in business tactics and how companies like Nike become institutions.

Matt Hart is an independent journalist. Over the past ten years his work has been featured on the front page of *The New York Times* and in other large national publications, such as *The Atlantic*, *National Geographic*, *Outside*, and *Men's Journal* magazines. Prior to becoming a journalist, Matt worked as a software engineer for the Microsoft Corporation before becoming a professional ultra-distance runner.

The fascinating never-told-before true story of the spectacular undetected spying career of the only Soviet agent to ever hold a top-security clearance at a US nuclear facility

UNDETECTED

by Ann Hagerdon

Simon & Schuster, 2019

Written by an award-winning author, journalist and former Wall Street Journal staff writer UNDETECTED, tells the shocking, long-suppressed true story of George Koval (code name: Delmar), the brilliant Soviet spy who infiltrated the Manhattan Project and stole the American secrets for producing polonium, a rare and highly radioactive metal vital to the configuration of the atomic bomb's trigger, tracing his early life as the son of a Russian immigrant family in Sioux City, Iowa, where he played shortstop on the baseball team and acted in the local theater company to his training as a military intelligence officer in the Soviet Union and his re-entry into the US Army as a sleeper agent, who ultimately held top-security clearance at the labs charged with designing America's nuclear weapons. He operated for over eight years undiscovered by US intelligence and eventually returned to live in obscurity in Moscow until the "Delmar" files were improbably unearthed.

Ann Hagedorn, an award-winning author and journalist, has been a staff writer for *The Wall Street Journal* and has written for other publications including *The Washington Post*. She has taught writing at Northwestern University's Medill School of Journalism and at Columbia University's Graduate School of Journalism. She is the author of "Savage Peace", "Beyond The River", "Ransom" and "Wild Ride".

FORGETTING replaces the common belief that everyday forgetting represents a glitch in the memory system with a new view, supported by research in neurobiology, psychology, and medicine, that forgetting not caused by aging or disease is in fact crucial to our health and well-being

FORGETTING

The Benefits of an Open Mind

by Scott A. Small, MD

Holt, 2020

The book is about normal forgetting. In contrast to pathological forgetting, for example that caused by Alzheimer's disease or aging, normal forgetting occurs naturally in all of us. In defiance of collective wisdom, recent work has established that normal forgetting is not a failure of our minds. It's not even just a benign glitch. Rather, studies are beginning to explain how normal forgetting is beneficial, a required function for our minds to work best. This book is about how normal forgetting opens our minds, beneficial to our cognitive and creative abilities, to our emotional well-being, and even to our personal and societal health.

Scott A. Small M.D. is a Professor of Neurology & Psychiatry at Columbia University, where he is the Director of the Alzheimer's Disease Center. Dr. Small is a leading authority on Memory. He has run an NIH-funded laboratory for nearly 20 years and has published over 130 studies on memory function and how it malfunctions. His work has been covered by the general press, including front-page articles in the *New York Times*, and articles in *The New Yorker* and *Time magazine* and such international publications as *Die Welt*, *Le Figaro*, *Globo*, *Sydney Morning Herald*, *Republica*, *The Globe and Mail*, *El Mundo*, *The Times of London*.

A fascinating and provocative global exploration of the past, present, and future of that singular piece of equipment, examining its current, dangerously stagnant technology and the revolution underway with scientists, engineers, and activists focusing on changing nearly everything about toilets and sewers, making us healthier, reducing inequalities, mitigating climate change and water scarcity, and improving agriculture

PIPE DREAMS

Transforming the Toilet by Chelsea Wald

by Chelsea Wald

Simon & Schuster, 2020

With a winning combination of verve, earnestness and humor, Chelsea offers a deep dive into the subject, unearthing the toilet's ancient (largely unexplored) history; telling the stories of the visionary (and often quirky) scientists who are inventing the future today and taking the reader along in a global journey to experience such innovations-in-progress as smart toilets (which can monitor one's health with every flush); sewage-to-fertilizer plants (human waste put into service to feed more people); waste treatment systems that harness the energy and heat in sewage to produce electric power and re-imagined urban sewer systems that bypass massive, expensive infrastructure in favor of self-contained units and much more. Considering that organic human waste is at issue here, Pipe Dreams will definitely feature the gross-out appeal of Mary Roach's seminal works combined with the smart, insightful, optimistic, narrative-driven exploration of a "big" subject that readers of Gladwell and Kristof are drawn to. Chelsea will also address the political/social dimensions of the toilet and its symbolism, historically (segregated public restrooms) and in contemporary times (transgender bathroom laws as a partisan flashpoint).

Chelsea Wald has 15 years of experience of writing about science and the environment in both print and audio. She is an active member of the science and environmental writing community, with memberships in the National Association of Science Writers, the Society of Environmental Journalists, the DC Science Writers Association, and the National Writers Union and co-founded the DC Science Writers Association's Newsbrief Awards and continues to serve as an organizer.

From the author of "Frankenstein's Cat"

THE GREAT INDOORS
How Buildings Shape Our Health, Behavior, and Happiness
by Emily Anthes

Scientific American / Farrar, Straus and Giroux, 2020

Emily Anthes' *THE GREAT INDOORS* provides a fresh look at the ecology of the indoor spaces in which we spend our days – including homes, offices, and schools – and how they shape our health, behavior, and wellbeing. Anthes begins by focusing on how our indoor environments affect us as individuals, and then telescopes out to study how these spaces influence groups, societies, and even humanity as a whole. Diving into the science of the indoors, Anthes explores how we are shaped by our surroundings every day.

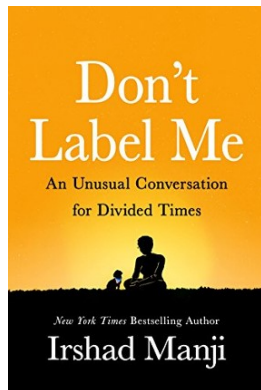
Emily Anthes is an award-winning science journalist and author. Her work has appeared in *The New York Times*, *The New Yorker*, *The Atlantic*, *Wired*, *Nature*, *Slate*, *Businessweek*, *Scientific American*, *The Washington Post*, *The Boston Globe*, and elsewhere. Her previous book, *"Frankenstein's Cat"* (FSG/Scientific American, 2013), explores how biotechnology is shaping the future of animals. Emily has a master's degree in science writing from MIT and a bachelor's degree in the history of science and medicine from Yale, where she also studied creative writing.

A unique conversation about diversity, bigotry, and our common humanity, by the New York Times bestselling author, Oprah "Chutzpah" award-winner, and founder of the Moral Courage Project

DON'T LABEL ME

by Irshad Manji

St. Martin's Press, February 2019



Irshad Manji's new book looks at the tribalism and walled-off mentality that has been running rampant in recent years. America and the world have never been more fractured. But how do we move forward? In **DON'T LABEL ME**, Irshad Manji holds a scrappy yet tender conversation with her Other: a senior dog named Lily. Raised in a culture that deemed dogs evil, Manji learns from her fur elder the transformative power of moving beyond labels, be they racial, sexual, religious, partisan, or species-supremacist. Together, she and Lily show that diversity, when practiced honestly, encourages conflicting points of view while revealing that we're all so much more than the assumptions we make about each other. Infused with scholarly insights and punctuated with stories about Manji's experiences as a refugee from Africa, a Muslim immigrant to the U.S., and a professor of moral courage, **DON'T LABEL ME** offers a gift to every global citizen: concrete tips on how to start and sustain the toughest, most taboo conversations.

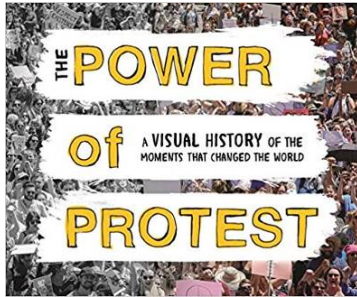
Irshad Manji is the founder of the award-winning Moral Courage Project and the bestselling author of "The Trouble with Islam Today", which was translated in thirty languages, and made into an Emmy-nominated PBS film.

An empowering and highly visual reminder that action can lead to change by featuring protests that have changed the world

THE POWER OF PROTEST

by Brenda Griffing

Sourcebooks, September 2018

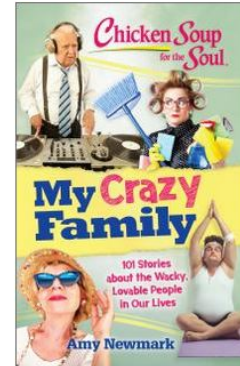
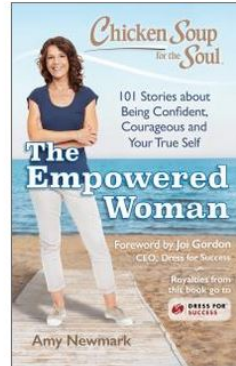
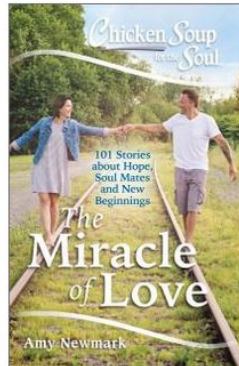
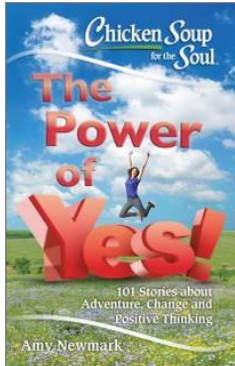


Throughout history, times of great change have been initiated by protest and persistence. Today, our world is undergoing an era of political divide and activism that is shaping all aspects of daily life. While some may feel lost, afraid, or discouraged, *The Power of Protest* proves that we can look to the past and rise up for our own causes. This beautiful, inspiring book contains photographs and timelines chronicling the movements that changed the world, from women's rights to racial equality and beyond. Protest changes the world like nothing else has to date. What change do you want to fight for?

THE POWER OF PROTEST is **Brenda Griffing's** debut.

The world's favorite and most recognized storyteller

CHICKEN SOUP FOR THE SOUL



Chicken Soup for the Soul publishes the famous Chicken Soup for the Soul book series. With well over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, “chicken soup for the soul” is one of the world’s best-known phrases and is regularly referenced in pop culture. Today, 23 years after it first began sharing happiness, inspiration and hope through its books, this socially conscious company continues to publish a new title a month, but has also evolved beyond the bookstore with super premium pet food, television shows, podcasts, positive journalism from aplus.com, and licensed products, all revolving around true stories, as it continues “changing the world one story at a time®.”

A 7 step journey to achieving true wealth and happiness

BUY NOTHING, GET EVERYTHING

by Liesl Clark et Rebecca Rockefeller

S&S / Atria, Summer 2020

In Liesl and Rebecca’s home on Bainbridge Island, every time someone buys a new baby toy or coffee maker, once discarded it will likely wash up on the shore of their beach—perfectly good items that no doubt someone else nearby needed and would soon place in their Amazon cart. What if people just stopped buying all that stuff? That’s how Buy Nothing Bainbridge—a hyper local gift economy—was born. Buy Nothing grew like wildfire, largely via Facebook and other social media. By the end of the summer, they had established 11 more groups locally; a year later, over 300 groups nationwide. Today, Buy Nothing has over 500,000 members across the United States. Buy Nothing is more than a group; it’s a lifestyle movement. **BUY NOTHING, GET EVERYTHING** is a simple concept: those embarking on their Buy Nothing journeys give away their excesses—everything from empty buckets they’ve accumulated to outgrown baby clothes to sewing or editing skills in their free time—and accept gifts to fulfill their wants and needs. The Buy Nothing movement isn’t just about saving money or even the environment—though those are both excellent goals. What Buy Nothing members around the country report is nothing less than transformative, Liesl and Rebecca describe the joy to be found in sharing, the one-on-one interaction that turns neighbors into friends, creating a resilient community that is both financially and spiritually gratifying.

Liesl Clark is an award-winning filmmaker who has traveled the globe. **Rebecca Rockefeller** previously lived on a kibbutz in Israel and a sailboat in Puget Sound, so she has the community-organizing background to organize the Buy Nothing movement, and is the social media expert of the team.

Equal parts environmental history and adventure narrative, Banquet in the Ruins weaves together extensive field research and personal narrative to interrogate our concept of nature, investigate how our insatiable appetites have contributed to the current landscape of environmental crisis and conservation, and question what we might do about it now

BANQUET IN THE RUINS

by GinaRae LaCerva

Greystone Books, Fall 2020

Anthropologist and geographer GinaRae LaCerva’s fascination with hunting and gathering quickly exploded into a personal obsession that sent her on a quest to taste the wild foods we still eat and the ones we have forgotten: from wild boar in Borneo, to a lobster bake on an island in Maine, to gathering herbs near Kierkegaard’s grave in Copenhagen. She didn’t expect to find something much more profound—an untamable love affair and the elusive pleasure of simple sustenance. Along the way, she illuminates that the history of food is also the history of environmental conservation, examines the rapid transformation of wild food from nutritional necessity to luxury good, explores how this shift reflects our attempts to tame and commodify “natures” of all kinds, and ultimately finds that her own sense of adventure is just as unruly as the natural places she explores. In this impeccably researched narrative history, *Banquet in the Ruins* uncovers something essential about what it means to love the planet in the age of extinction.

GinaRae LaCerva is a geographer and environmental anthropologist. Her award-winning narrative writing has been published by *THE Magazine*, MIT Press, *Sage Magazine*, and *The Santa Fe Reporter*, as well as top scholarly journals. She has traveled extensively conducting field research on a variety of environmental and food-related topics, and has crossed the Pacific Ocean on a sailboat. A National Science Foundation Graduate Fellow, GinaRae holds a Master of Environmental Science from Yale University’s School of Forestry and Environmental Studies, a Master of Philosophy from The University of Cambridge, and a bachelor’s degree from Vassar College. Originally from New Mexico, she currently lives in New York when she’s not exploring elsewhere.

A prize-winning journalist reveals that the most acute threat facing the United States today is not the terrorism from without but the moral decay within its country’s own walls

THE NAZIS NEXT DOOR

by Janet Reitman

Spiegel & Grau, Summer 2020

Through the lens of eight central characters, *The Nazis Next Door* will tell the story of the threat infecting American society, where racism, misogyny, xenophobia, and anti-Semitism have somehow captured the imaginations of kids, mostly male, educated, and white. Tracing the roots of this current crisis to the decade before September 11th, *The Nazis Next Door* will dive deep into the resulting radicalization of young white men during the end of the Obama administration and the beginning of the Trump era. To even consider what we have become, a nation divided along lines of racial, economic, gender, and religious differences requires acknowledging, as Reitman does, a serious crisis in America’s soul. *The Nazis Next Door* is a book about this crisis, and about America—who we were, and who we are today.

Janet Reitman is a contributing editor at *Rolling Stone* and a contributing writer for *The New York Times Magazine*, covering politics and national security. She has spent much of 2004-2005 in Iraq, and has produced definitive articles on “The Boston Bomber” Dzhokhar Tsarnaev; Edward Snowden; Chelsea Manning; the radical Anonymous hackers Jeremy Hammond and “Sabu;” the so-called “Children of ISIS;” and The Church of Scientology. In her two decades as a journalist, her beat can be best described as covering extremism in all its forms.

A Big Idea book on self-compassion, What You Practice Grows Stronger will be the “anti-Grit” on using mindfulness for personal growth and performance

WHAT YOU PRACTICE GROWS STRONGER

The Power of Mindfulness and Compassion for Personal Growth and Transformation

by Shauna Shapiro

SoundsTrue, Fall 2019

In her first trade book, Dr. Shapiro will explore the connection between neuroplasticity and change, growth, and resilience. Our minds have 50-70,000 thoughts per day—many of them filled with self-judgment, criticism, and shame. Research shows that these thoughts affect our brain’s ability to change by robbing it of resources, preventing us from performing at our best. By contrast, a mindful practice of self-compassion bathes our system with dopamine, turning on the learning centers of our brain, providing motivation, and triggering the resources we need to achieve true personal transformation. In our culture of Grit and Tiger Moms, so many people think that success goes to whomever pushes hardest. But research increasingly suggests that self-compassion can be a more powerful force than grit, willpower, or focus when it comes to excellence. We need self-compassion most during our darkest times: when we are grieving; when we are trying to forgive others or ourselves; when we are facing unimaginable challenges such as illness or divorce. Research shows that practicing self-compassion creates better relationships and leads to more empathetic, altruistic decisions, in ourselves and others.

Shauna Shapiro is a professor at Santa Clara University and studies the intersection of neuroscience and mindfulness. She works with veterans suffering from PTSD, patients going through breast cancer treatment, and high-power executives obsessed with performance. She has published 100+ peer-reviewed papers and was the co-recipient of a \$1.6 mil NIH grant in 2016. Besides having been published widely and featured in popular press, she has personal connections to Deepak Chopra, Eckhart Tolle, Ariana Huffington, Dr. Tara Brach, and many other luminaries. Her 2017 Tedx Talk, “What You Practice Grows Stronger,” received over 690,000 views in the first year.

The only way forward is for women to set aside our fears of being called “man-haters” and admit that our lives will never change until the men who hurt us are forced to stop

THE MISOGYNISTS

by Jessica Valenti

Henry Holt, Summer 2020

Jessica Valenti has made a career out of being the feminist who leads the conversation, from her books *Full Frontal Feminism* and *Yes Means Yes* to her writing in *The Guardian*, *The New York Times*, and *The Atlantic*. To begin another new and difficult conversation, Valenti asks “What if feminism’s biggest mistake was focusing almost entirely on women.” *The Misogynists* wades into *that* territory and asks what it might look like if women stopped playing defense. Because collective self-esteem won’t stop misogynists—action against the perpetrators of misogyny will. For too long, we’ve been afraid to attack these men (and women), too afraid that drawing attention to toxic masculinity would be too alienating. But we’re at a crisis point and, as always, Valenti is unafraid to point fingers and advocate for a radical refocus: the only way forward is for women to set aside our fears of being called ‘man-haters’ and admit that our lives will never change until the men who hurt us are forced to stop.

Jessica Valenti was called “one of the foremost writers and thinkers of her generation” by former Planned Parenthood president Cecile Richards. She is the best-selling author of six books, including *Full Frontal Feminism*, *Yes Means Yes*, and most recently *Sex Object: A Memoir*, which was a *New York Times* bestseller and one of *NPR*’s best books of 2016. She is a columnist at *The Guardian*.

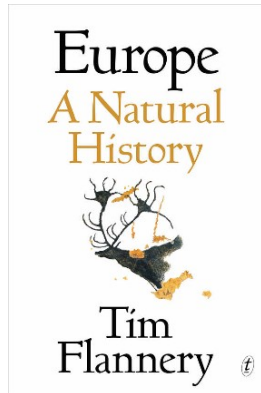
This enthralling ecological history is more than the story of Europe and the Europeans. It will change our understanding of life itself

EUROPE: A NATURAL HISTORY

by **Tim Flannery**

October 2018

'This man is a national treasure, and we should heed his every word.' *Sunday Telegraph*



About 100 million years ago, the interaction of three continents—Asia, North America and Africa—formed the tropical island archipelago that would become the Europe of today, a place of exceptional diversity, rapid change, and high energy. EUROPE: A NATURAL HISTORY is full of surprises. Over the millennia Europe has received countless immigrant species and transformed them. It is where the first coral reefs formed. It was once home to some of the world's largest elephants. And it played a vital role in the evolution of our own species. When the first modern humans arrived in Europe 40,000 years ago, they began to exert an astonishing influence on the continent's flora and fauna, and now, Europeans lead the way in wildlife restoration—there are more wolves in Europe today than in the USA.

Tim Flannery is a paleontologist, explorer and conservationist, a leading writer on climate change and the 2007 Australian of the Year. His books include the award-winning international bestseller "The Weather Makers", "Here on Earth" and "Atmosphere of Hope". He is currently chief councillor of the Climate Council.

Twenty-three-year-old Irene Bröker was fleeing the town. Only little Holger, her two-year-old son, was still with her. She was careful not to let him stray from her side. She knew that difficulties lay ahead; she had even provided for a time when she might no longer want to live. On a string around her neck, Irene carried a small, watertight pouch

PROMISE ME YOU'LL SHOOT YOURSELF

by **Florian Huber**

June 2019

Translated from the German by Imogen Taylor

In 1945, as Nazi defences crumbled, the German people were surrendered to the enemy with no means of defence. A wave of suicides rolled across the country as thousands chose death—for themselves and their children—rather than face the defeat of the Third Reich and what they feared might follow. Drawing on eyewitness accounts, historian Florian Huber tells the compelling story of the largest mass suicide in German history and its suppression by the survivors—a fascinating insight into the feelings of ordinary people caught in the tide of history who saw no other way out.

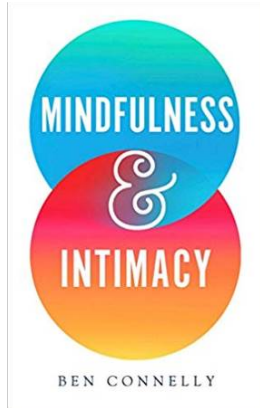
Florian Huber was born in 1967 and wrote his PhD on British policy regarding the postwar occupation of Germany. He is the author of several works of history and has also produced awardwinning documentaries on contemporary subjects, including the fall of the Wall, the mysterious end of the poet Antoine de Saint-Exupéry, and the 1936 Olympic Games.

Go beyond mere mindfulness— and deepen your connection to your self, the people in your life, and the world around you

MINDFULNESS AND INTIMACY

by Ben Connelly

February 2019



Mindfulness has traditionally been paired with a focus on intimacy, community, and interdependence. In this book, Ben Connelly shows us how to bring these two practices together— bringing warm hearts to our clear seeing. Helpful meditations and exercises show how mindfulness and intimacy can together enrich our empathetic engagement with ourselves and the world around us—with our values, with the environment, and with the people in our lives, in all their distinct manifestations of race and religion, sexuality and gender, culture and class—and lead to a truly engaged, compassionate, and joy-filled life.

Ben Connelly is a Soto Zen teacher and Dharma heir in the Katagiri lineage. He also teaches mindfulness in a wide variety of secular contexts including police and corporate training, correctional facilities, and addiction recovery and wellness groups. Ben is based at Minnesota Zen Meditation Center and travels to teach across the United States.

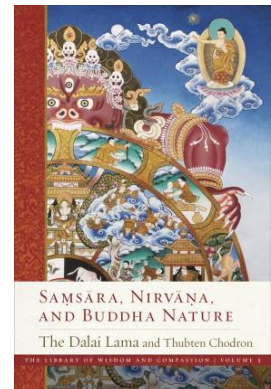
In these new teachings from the Dalai Lama, discover the mind's infinitely vast potential and buddha nature

SAMSARA, NIRVANA, AND BUDDHA NATURE

by the Dalai Lama and Thubten Chodron

January 2019

Samsara, Nirvana, and Buddha Nature takes up centrally important premises of Buddhism: the unsatisfactoriness (duhkha) of cyclic existence (samsara), the determination to be free of cyclic existence, and the mind as the basis for both the extreme dukkha of samsara and the bliss of nirvana. This volume shows us how to purify our minds and cultivate awakened qualities. Knowledge of buddha nature reveals and reconciles the paradox of how the mind can be the basis for both the extreme dukkha of samsara (the unpurified mind) and the bliss and fulfillment of nirvana (the purified mind). To illustrate this, Samsara, Nirvana, and Buddha Nature first takes readers through Buddhist thought on the self, the Four Noble Truths, and their sixteen attributes. Then, the Dalai Lama explains afflictions, their arising and antidotes, followed by an examination of karma and cyclic existence and, finally, a deep and thorough elucidation of buddha nature. This is the third volume in the Dalai Lama's definitive and comprehensive series on the stages of the Buddhist path, The Library of Wisdom and Compassion.

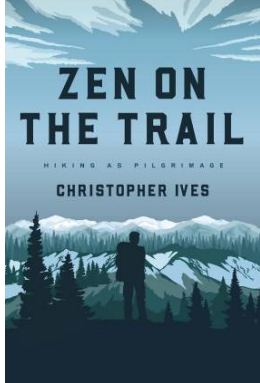


Tenzin Gyatso, the Fourteenth **Dalai Lama**, is the spiritual leader of the Tibetan people. Venerable **Thubten Chodron** is an author, teacher, and the founder and abbess of Sravasti Abbey, the only Tibetan Buddhist training monastery for Western nuns and monks in the US. She graduated from UCLA, and did graduate work in education at USC. Ordained as a Tibetan Buddhist nun in 1977, she has studied extensively with His Holiness the Dalai Lama, Tsenzhap Serkong Rinpoche, and Kyabje Zopa Rinpoche.

Discover how hiking can be a kind of spiritual pilgrimage—calming our minds, enhancing our sense of wonder, and deepening our connection to nature

ZEN ON THE TRAIL
Hiking as Pilgrimage
by Christopher Ives

September 2018



Evoking the writings of Gary Snyder, Bill Bryson, and Cheryl Strayed, *Zen on the Trail* explores the broad question of how to be outside in a meditative way. By directing our attention to how we hike as opposed to where we're headed, Ives invites us to shift from ego-driven doing to spirit-filled being, and to explore the vast interconnection of ourselves and the natural world. Through this approach, we can wake up in the woods on nature's own terms. In erudite and elegant prose, Ives takes us on a journey we will not soon forget.

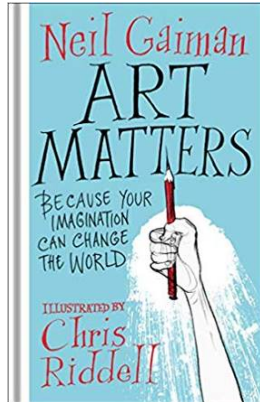
Christopher Ives is a professor of religious studies at Stonehill College. In his teaching and writing he focuses on ethics in Zen Buddhism and Buddhist approaches to nature and environmental issues. His publications include "Imperial-Way Zen: Ichikawa Hakugen's Critique and Lingering Questions for Buddhist Ethics"; "Zen Awakening and Society"; "Divine Emptiness and Historical Fullness"; a translation (with Abe Masao) of Nishida Kitaro's "An Inquiry into the Good"; and a translation (with Gishin Tokiwa) of "Hisamatsu Shin'ichi's Critical Sermons of the Zen Tradition".

A creative call to arms from the mind of Neil Gaiman, combining his extraordinary words with deft and striking illustrations by Chris Riddell. Art Matters will inspire its readers to seize the day in the name of art

ART MATTERS

by Neil Gaiman, illustrated by Chris Riddell

William Morrow, November 2018



Neil Gaiman once said that 'the world always seems brighter when you've just made something that wasn't there before'. This little book is the embodiment of that vision. Drawn together from speeches, poems and creative manifestos, ART MATTERS explores how reading, imagining and creating can change the world, and will be inspirational to young and old.

Neil Gaiman is a tour de force of creative talent. He is the bestselling author of "Coraline" and "Stardust", both of which are major motion films. Neil also co-wrote the script for "Beowulf" starring Anthony Hopkins and Angeline Jolie. He is the creator/writer of the award-winning "Sandman" comic series and has written several books for children. His latest title, "The Graveyard Book", won the Teenage Booktrust Prize 2009. Neil has been immortalised in song by Tori Amos, and is a songwriter himself. His official website now has more than one million unique visitors each month, and his online journal is syndicated to thousands of blog readers every day.
