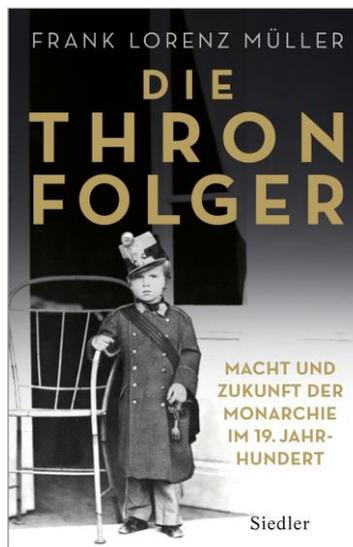
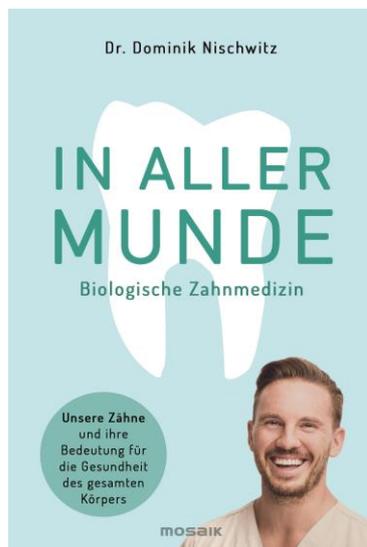
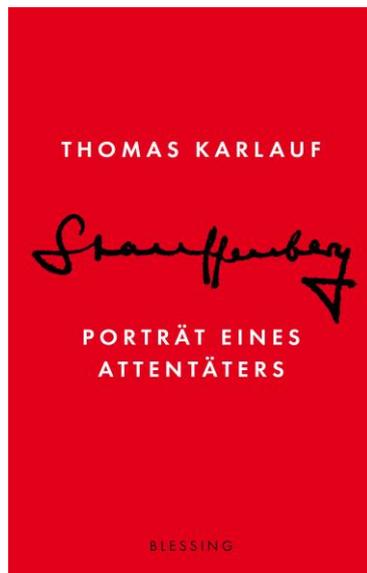




VERLAGSGRUPPE  
RANDOM HOUSE  
BERTELSMANN

# Foreign Rights Spring 2019

## Non-Fiction



Blessing ▪ btb ▪ C.Bertelsmann  
DVA ▪ Goldmann ▪ Heyne ▪ Kösel ▪ Ludwig  
Manesse ▪ Mosaik ▪ Penguin ▪ Siedler

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# The long legacy of violence: a new look at the history of post-War Germany



Miriam Gebhardt  
**We Children of Violence**  
[Wir Kinder der Gewalt]  
How women and families are still suffering today from the aftermaths of mass rape at the end of the War

DVA  
304 pages  
April 2019

**Miriam Gebhardt** is a historian and journalist and teaches history at the University of Konstanz. She was awarded a PhD for her study *Fear of the Juvenile Tyrant: A History of Upbringing in the 20th Century* (2009). DVA published her books *Rudolf Steiner: A Modern Prophet* (2011) and *Alice in No-Man's Land: How the German Women's Movement Lost the Women* (2012). Her bestseller *Crimes Unspoken* (2015) has been translated into several languages.

Not only members of the Soviet army became rapists at the end of World War Two – all four occupying armies were guilty of mass crime to German women. The victims of this war violence often struggled with mental problems their entire lives; children resulting from these rapes were, so to speak, born with an inherited guilt and families suffered in many ways – and often still do – from the burdens of the past.

On the basis of moving case stories Miriam Gebhardt shows what deep scars the massive experience of violence in the years 1945 to 1955 has left on German society. The end of the war frequently determined the fate of whole families and even today still continues to leave its mark on the now adult generation of the grandchildren.

### Also by Miriam Gebhardt:



**Crimes Unspoken**  
[Als die Soldaten kamen]

- **#6 Spiegel bestseller:**  
More than 24,000 copies sold
- Selected by *New Books in German*
- Rights sold to: Finland (Minerva), Poland (Bellona), Russia (Rosspen), Sweden (Karneval), Turkey (Astana), UK/World Engl. (Polity)

DVA, 352 pages, March 2015

## "A photographer invites us to accompany him on a time journey to Goethe's Italy." *Denis Scheck*

Johann Wolfgang von Goethe / Helmut Schläi  
**Italian Journey**

[Italienische Reise]

A photographic adventure with Helmut Schläi

Manesse  
336 pages  
With 125 b/w photographs  
February 2019



**Johann Wolfgang von Goethe** (1749 – 1832) was drawn to new shores all his life. In September 1786 he set off on the most important journey of his life, returning in May 1788. It was only under the impression of what he had seen in Italy that he found his way to classicism and his feeling of being newly born as a poet.

**Helmut Schläi**, born in 1953, works in the fields of industrial and fashion photography but enjoys giving full reign to his artistic side in photo stories. He started the project of his heart in 2015 with his journey through Italy – using a Leica M Monochrom with a normal lens (1:2/50 mm); in other words, with spartan equipment that allowed him to concentrate on the essentials.

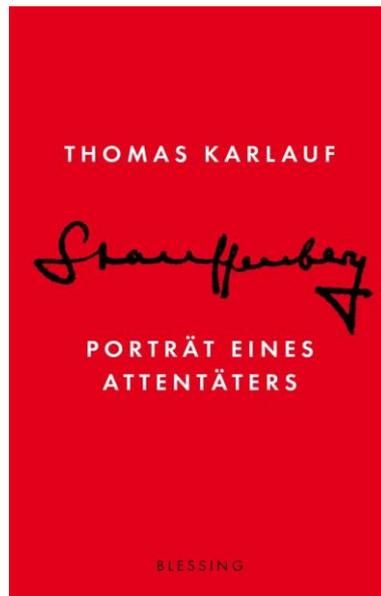
Goethe on St. Mark's Square; Goethe in front of the Forum Romanum; Goethe in the amphitheatre in Taormina – such fine moments in human history are brilliantly brought to life in black-and-white in the *Italian Journey*.

Following in the footsteps of Italy's most famous tourist ever, this photographic Grand Tour takes us through the whole length of the country where "the lemons flower": to the splendour of Vicenza, to the centre of the morbid charm of Venice, through proud Florence and on to the grandezza of the Eternal City or the beauty of Naples – 125 photographs show landscapes, squares, buildings and pieces of art that have for centuries been the epitome of Italy. Not even Goethe himself could have asked for a more stylish homage.

## A completely new view of the man who wanted to kill Hitler

English sample translation available

**Thomas Karlauf**, born in Frankfurt/Main in 1955, went to Amsterdam after graduating from high school and worked for the "Castrum Peregrini" Stefan George journal for ten years. He was an editor at Siedler and Rowohlt from 1984 until 1996, and since then has been running a writers' agency in Berlin. 2007 saw the publication of his highly acclaimed biography *Stefan George – The Invention of Charisma*.



Thomas Karlauf  
**Stauffenberg**  
[Stauffenberg]  
Portrait of an Assassin

Blessing  
368 pages  
With 1 b/w illustration  
March 2019

Who was Claus von Stauffenberg? The figure of the army officer who, at midday of July 20, 1944, set off the bomb that was meant to kill Hitler, has always been a hazy one in literature. We know the long path of the opposition that finally led to the attempted assassination, but even today we have no convincing picture of the assassin's personality.

This new Stauffenberg biography is based on the latest research, takes hitherto unknown sources into account and is an attempt to reconstruct the assassin's world of ideas. The standards influencing Stauffenberg's thoughts and deeds were compatible for him with Hitler's policies for a long time. It was not until the summer of 1942 that he began to have second thoughts and place an officer's political responsibility over and above duty and discipline. When two years later he took action he felt let down by most of his fellow conspirators.

### Praise

"An extremely impressive and convincing analysis of Stauffenberg's ideas and views; one that avoids moralising and strongly emphasises the largely political and military responsibility that finally led to Stauffenberg's courageous act on July 20, 1944." *Ian Kershaw*

"A gripping and exciting book and virtually unputdownable. It is also a courageous book, largely because it tries to understand Stauffenberg out of his time, and I have learned a lot from it." *Volker Rühle, former German defence minister*

## The true story of a big love and a tragic flight to freedom



Caroline Labusch  
**I Had Hoped  
We Could Fly**  
[Ich hatte gehofft,  
wir können fliegen]  
The story of a tragic flight  
to freedom in spring 1989

Penguin  
288 pages  
With numerous colour photographs  
May 2019

**Caroline Labusch** spent many years working as a scriptwriter for TV productions like *In Love with Berlin* and *Turkish for Beginners*. She now freelances as an author and writer of radio and stage plays in Berlin. She first realised the story of the Freudenberg case as an elaborately researched theatre project that was premiered in 2015 and then adapted as a radio play, which was awarded an international radio prize in 2017.

East Berlin in spring 1989: A young couple wants to get out. Together the engineer and the chemist hatch out a risky plan for flying over the Wall to the West in a homemade hot air balloon. But at the last moment they are discovered. There is not enough time, only one of them will be able to fly in the balloon. It is the most difficult decision lovers have to face: you or me?

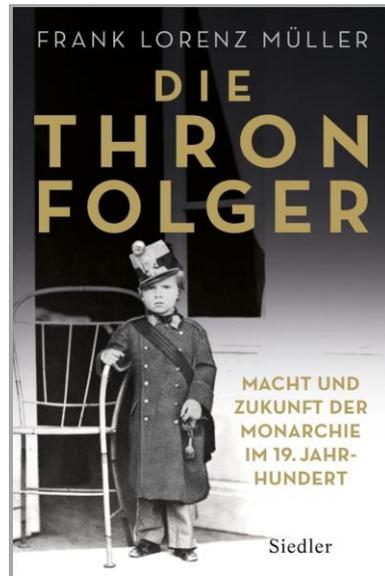
More than 25 years later writer Caroline Labusch hears of this true story. She begins to reopen the case – the story of a big love that is put to a heartrending test, a tragic flight to freedom and the last death at the Berlin Wall.

**"A brilliant and enthralling book that should attract a wide audience."**

**Christopher Clark**

English sample translation available

**Frank Lorenz Müller**, born in 1970, is professor of modern history at the University of St. Andrews in Scotland. His numerous publications have focussed on nationalism, imperialism and the monarchy in the 19th century. His most recent book is about *The 99-Day Emperor*.



Frank Lorenz Müller  
**The Heirs to the Throne**  
[Die Thronfolger]  
Power and future of the monarchy in the 19th century

Siedler  
464 pages  
With 28 b/w illustrations  
April 2019

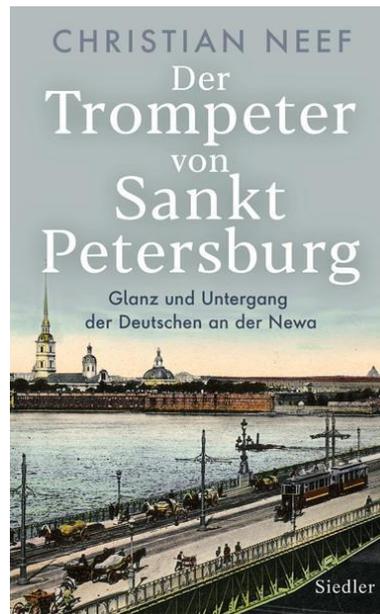
It seemed that the days of the monarchy in Europe were numbered when one January day in 1793 the executioner held up the severed head of Louis XVI to the cheering crowds. Yet quite the opposite was the case – emperors and kings would continue to rule more glamorously and successfully than ever before. In his wonderfully written history book Frank Lorenz Müller shows us why this was so. The story focusses on the personalities and fortunes of the heirs to the throne – for it was they who embodied all the expectations, hopes and dreams of the time, thus ensuring the survival of the monarchy in more senses than one.

#### Praise

"The often troubled individuals destined to wear crowns are at the centre of his story, but Müller embeds his evocative portraits in a sophisticated and dynamic analysis of how the media, education, politics and militarization augmented and undermined the authority of modern monarchies." *Christopher Clark, Professor of Modern History at the University of Cambridge*

"Müller's book dazzles with the brilliance of his primary research and his ability to draw common threads and uncommon insights from a massive scholarly literature. With a keen eye for humour and tragedy, he reminds us that there was both opportunity and danger lurking whenever the cry went up, 'The king is dead, long live the king!'" *James Retallack, Professor of History and German Studies, The University of Toronto*

## Panorama bursting with history: St. Petersburg and the Germans



Christian Neef  
**The Trumpeter  
of St. Petersburg**  
[Der Trompeter von  
Sankt Petersburg]  
Glory and decline of the  
Germans on the Neva River

Siedler  
384 pages  
With 65 b/w illustrations  
March 2019

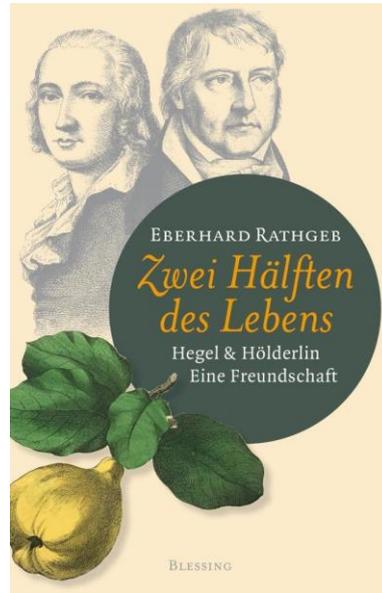
**Christian Neef**, born in 1952, is a *Spiegel* correspondent and as such can look back on over three decades of work focussing on the Soviet Union and Russia, the Caucasus, central Asia and Eastern Europe. He spent 16 years working in Moscow, was the deputy head of the foreign desk for ten years and has a reputation as an expert on the Ukraine conflict. Neef has published several books on Russian history.

This is the devastating saga of a lost world: at one time St. Petersburg was a glitzy metropolis and the fifth largest city in the world. The Germans left their mark on the city on the Neva, with German monarchs, entrepreneurs and artists giving it its magnificent face. The revolution of 1917 and Stalin's rule put a dramatic end to this golden age.

Christian Neef, longstanding *Spiegel* correspondent and authority on Russia, tells the story of this tragedy focussing on the tale of four lives, including that of trumpeter Oskar Böhme, who was shot by Stalin's secret police; of the Poehl apothecary dynasty; and the family of actor Armin Müller-Stahl. Using hitherto unknown documents, Neef elaborately intertwines human destinies with the upheavals of world history.

For readers of Orlando Figes, Wassili Grossmann and Simon Montefiore.

## An impressive portrait of intellectual Germany around 1800 and two of its protagonists



Eberhard Rathgeb  
**Two Halves of Life**  
[Zwei Hälften des Lebens]  
Hegel & Hölderlin –  
A Friendship

Blessing  
464 pages  
April 2019

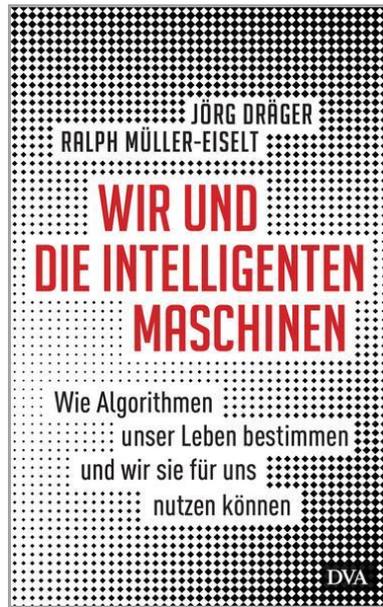
**Eberhard Rathgeb** was born as the son of German immigrants in Buenos Aires in 1959 and came with his family to live in Germany in 1963. As an editor he was in charge of cultural affairs for the *Frankfurter Allgemeine Zeitung* and the newspaper's Sunday edition in Berlin. In 2013 he was awarded the Aspekte-Literaturpreis for his debut novel *No Couple Like Us*. His highly acclaimed non-fiction book *In the Beginning There Was Heimat – Tracing a German feeling* was published in 2016.

Both born in 1770, Georg Wilhelm Friedrich Hegel and Friedrich Hölderlin met as aspiring theologians in the legendary Tübinger Stift and became friends. Years later they both became private tutors in different places, but between January 1797 and September 1798 were able to see each other regularly and discuss philosophy, poetry and love. Then fate took them radically and relentlessly in opposite directions: Hölderlin, who devoted himself to the miracle of poetry, ended up as a harmless madman who wrote verses in a tower in Tübingen, while Hegel rose to become a highly acclaimed professional philosopher in Berlin.

Eberhard Rathgeb has written a sensitive and compelling story of the difficulties of a free intellectual life in Germany in around 1800 and the fate of two friends.

For all readers of Wolfram Eilenberger, Bruno Preisendörfer and Rüdiger Safranski.

## How we can make the digital world into a better one



Jörg Dräger /  
Ralph Müller-Eiselt  
**Us and the Intelligent  
Machines**

[Wir und die intelligenten  
Maschinen]  
How algorithms are  
influencing our lives and how  
we can exploit them to our  
own benefit

DVA  
256 pages  
April 2019

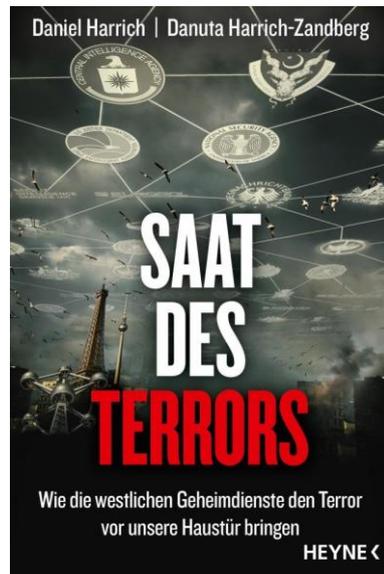
**Jörg Dräger**, born in 1968, was the Science Senator in Hamburg, and is now on the executive board of the Bertelsmann Stiftung and a renowned expert on education. He is also in demand as a speaker and initiator on the future of education.

**Ralph Müller-Eiselt**, born in 1982, blogs ([digitalisierungsbildung.de](http://digitalisierungsbildung.de)) and twitters (@bildung\_digital) to discuss the new learning culture in schools and universities and at further training courses. He is also in charge of the Bertelsmann Foundation task force on digitalisation, which is examining the digital change in our society.

Algorithms are omnipresent: they make medical diagnoses, sort out job applications, help track down criminals and suggest the punishments judges should hand out. Artificial intelligence has nothing to do with science fiction – it is already automating daily decisions that have a significant influence on the lives of millions of people.

The resulting social changes will be radical, which is why this book is a wake-up call. Using a host of examples from everyday life it points to the extent to which the algorithmic revolution will change society, the opportunities it presents and the risks involved. The book is intended as an encouragement to use digitalisation for participation and against discrimination. It makes specific suggestions about what must happen now so that we can move forward into a good future.

## Could the terror attacks in Mumbai and Berlin have been prevented? On the tracks of an outrageous failure



Daniel Harrich /  
Danuta Harrich-Zandberg  
**Seed of Terror**  
[Saat des Terrors]  
How the secret services of the  
West are bringing terror to our  
doorsteps

Heyne Paperback  
288 pages  
With photographs and documents  
May 2019

**Daniel Harrich** is a director, screenwriter and journalist. He directed the film *Der blinde Fleck (The Blind Spot)*, a true crime thriller about the Oktoberfest terror attack of 1980.

**Danuta Harrich-Zandberg** is a screenwriter and film producer. She has realised many documentary films in cooperation with her husband Walter Harrich.

With their unprecedented investigations the two prize-winning authors were able to reveal the background of the development of international terrorism. In what way are the secret services of the West entangled in the structure of the terror networks? Why are Cold War strategies obstinately still being pursued – with dramatic results? How are terrorist groups gaining from the mistakes in collaboration between the secret services? How come that terror time and time again can strike before the very eyes of the security services in European cities?

A shrewd report from a world beyond that of the newsroom: painstaking research, investigations at the hot spots of modern terrorism and interviews with secret service insiders make the book into a master stroke of investigative journalism.

## Exclusive glimpses of a country re-inventing itself



Susanne Koelbl  
**Twelve Weeks in Riyadh**  
[Zwölf Wochen in Riad]  
Saudi Arabia between dictatorship and a new beginning

DVA  
304 pages  
With illustrations  
April 2019

**Susanne Koelbl** is a foreign correspondent. After training as a journalist in Munich she worked for the *Süddeutsche Zeitung* magazine. In 1991 she joined the *Spiegel* and since then has been reporting from the Balkans, central Asia and the Middle East, including Syria and Iran, Iraq and Saudi Arabia. For her features she has won many prizes, including the Reemtsma Liberty Award.

*Spiegel* reporter Susanne Koelbl was able to embark on a project few other journalists have managed to do: travel through Saudi Arabia without any restrictions and with no state supervision. She spent several months roaming around a country going through the most far-reaching period of transition in its history. Crown Prince Mohammed bin Salman aims to catapult society and the business world into the modern age, while in spite of all the reforms the royal family cracks down relentlessly on anyone seen as a dissident.

In which direction will Saudi Arabia continue to develop? How do women and artists, opposition members and deeply religious Moslems view the break with old traditions and certainties?

Susanne Koelbl gives us fascinating glimpses of a country whose future is of the utmost importance for the region and indeed the West.

## An encouraging polemic by the well-known critic of capitalism and globalisation



Jean Ziegler  
**What Is So Bad About Capitalism?**

[Was ist so schlimm am Kapitalismus?]  
Answers to my granddaughter's questions

C. Bertelsmann  
128 pages  
March 2019

**Jean Ziegler**, born in 1934, taught sociology in Geneva and at the Sorbonne, had a seat at the Swiss National Council until 1999 and was the United Nations Special Rapporteur on the Right to Food from 2000 to 2008. He is also a member of the Advisory Committee to the United Nations Human Rights Council and a member of the advisory board of Business Crime Control. Ziegler's publications such as *Switzerland Washes Whiter* have been the cause of bitter controversies. Recent publications include his bestselling *Change the World!* and *The Narrow Path of Hope*.

Living as we do with capitalism, are we living in the best of all worlds? Readers of Jean Ziegler know that he emphatically denies that this is the case. Here in this book he explains to his granddaughter, Zohra, and her generation the inhuman price we are paying for this system; why it must be "radically destroyed"; and why, with the growing power of civil society all over the world, a new answer from history is appearing.

As in all his provocative analyses, Ziegler tackles Zohra's questions with unmistakable clarity: capitalism is a "cannibal world order" and as such cannot be reformed. He is also convinced that the elimination of this world order is a powerful utopia, that millions of people are forming a wide opposition front and are already working at achieving this utopia.

## Children change everything: Life – love – view of the world. A philosophy of motherhood and fatherhood.



Svenja Flaßpöhler /  
Florian Werner  
**Being Born**  
[Zur Welt kommen]  
Parenthood as a  
philosophical adventure

Blessing  
224 pages  
March 2019

**Svenja Flaßpöhler** has a PhD in philosophy and is the chief editor of the *Philosophie Magazin*. Her book *My Will Be Done – Dying in Times of Assisted Suicide* was awarded the Arthur Koestler Prize.

**Florian Werner**, born in 1971, has a PhD in literary studies and works as a journalist for WDR broadcasting and others. His books received numerous awards, his latest book *The Wisdom of the Guillemot* was published in 2018.

Svenja Flaßpöhler and Florian Werner have known each other for fifteen years. Ten years ago their daughter was born, their son three years ago. A philosopher and a literary scholar, their activities at the breakfast table were obviously not limited to changing bibs and wiping mashed banana from the floor. They also discussed the philosophical dimensions of parenthood. Does a child enrich love or take its place? How does parenthood change one's perception of time? And why as a father do you feel sexless in the baby swimming group? The children became bigger, and so did the pile of notes and memos – and that was the beginning of this book.

With *Being Born* Flaßpöhler and Werner have not written a guidebook aiming to optimize breast feeding, changing nappies and feeding. It is a philosophy for mothers and fathers to shed light on the existential dimension of one simple sentence: a child is born. This is a personal and profound, entertaining and enlightening book for people who, by having children, are themselves newly born.

## Applied philosophy with some surprising eye-openers

Cover to follow

Philipp Hübl

### **The Agitated Society**

[Die aufgeregte Gesellschaft]

How emotions shape our morals and enhance polarization

C. Bertelsmann

320 pages

March 2019

**Philipp Hübl** is a philosopher and the author of the bestselling *Follow the White Rabbit ... into the world of philosophy*. He also contributes articles on social and political issues to such media as *Die Zeit*, *taz*, *NZZ*, *Deutschlandradio* and *Philosophie Magazin*. Hübl studied philosophy and linguistics in Berlin, Berkeley, New York and Oxford before going on to teach theoretical philosophy at the RWTH Aachen, the Humboldt University in Berlin and, most recently, as a junior professor at the University of Stuttgart.

If you are a more conservative kind of person you are more likely to prefer dogs, while the progressive go for cats. And people driven by anger and rage seem to feel nothing but disgust. These are not simply clichés but reveal the core of our morality and are explained by Philipp Hübl in a book packed with amazing philosophical insights.

Research in the fields of psychology and philosophy have shown that emotions are not limited to personal matters but also include the daily news. Philipp Hübl demonstrates how our values and our political views are anchored in our emotional disposition. In other words, emotions influence our moral judgements. We are, however, not helplessly at their mercy; we can overcome them with reason and rational behaviour. With this theory, Hübl is provoking a critical self-examination and at the same time sharpens our view of society.

For readers of Richard David Precht, Wilhelm Schmidt and Daniel Kahneman.

## Why there is no me without you – the new major book by bestselling author Joachim Bauer



Joachim Bauer  
**How We Become  
Who We Are**

[Wie wir werden, wer wir sind]  
The formation of human self  
through resonance

Blessing  
250 pages  
With 1 b/w illustration  
May 2019

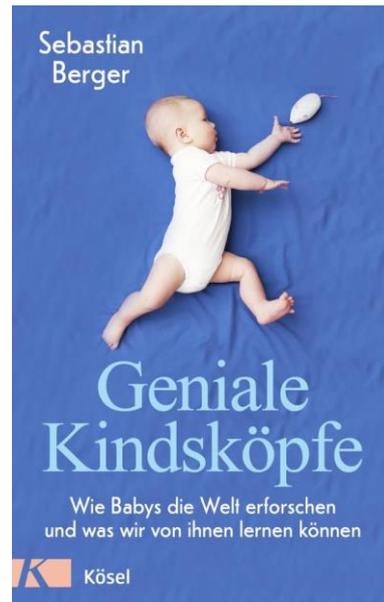
**Joachim Bauer** is a university teacher and professor at the University of Freiburg. He is a doctor of internal medicine, psychosomatic medicine, psychiatry and psychotherapy. For his research work, he was awarded the renowned Organon Prize of the German Society for Biological Psychiatry.

Recent neuroscientific research indicates that human beings are born without a self. But how do we develop this "self", this "me" that can later define itself as distinct from others? How do we manage to think and feel in terms of me, you or we? What makes a human being into an individual?

These are the central questions Joachim Bauer examines in his new major work, in which he demonstrates that our "true self" does not slumber within us like some natural resource waiting to be found and polished. It is rather the product of our encounters and relationships with others – experiences, joys and fears we share. Joachim Bauer makes us realise that this "me", in contrast to what had long been thought, is not engraved in stone but instead is a process of perpetual self-construction and life-long transition and can grow and change.

In an age of rampant egocentricity and social currents forcing us to assert ourselves by erecting a border between our own self and others, Bauer has drawn a new image of how we become who we are and explains why we can only find this path if we tread it together.

## A new look at human learning



Sebastian Berger  
**Brilliant Baby Brains**  
[Geniale Kindsköpfe]  
How babies explore the world  
and what we can learn from  
them

Kösel  
256 pages  
April 2019

Professor **Sebastian Berger** gained his PhD in business and social psychology at the University of Cologne. This was followed by research projects at the universities in Cologne, Stanford and Lausanne, and since 2015 he has been assistant professor for organisation research at the University of Bern. His research work has been discussed globally in such media as the *New York Times*, *Washington Post*, *FAZ*, *SZ* and *NZZ*. The birth of his child brought the focus of his research interest to early infant development.

Babies truly are miracles in learning: Sebastian Berger introduces us to the fascinating world of early infant learning, describes the development in the brain areas that enable learning, and gives insights into the respective cognitive research. He shows that babies not only learn much faster than adults, but – similar to scientists – explore the world experimentally, draw their conclusions from statistical information and deduce generally valid regularities from it.

From individual observations, the child gains clues to the physical laws of nature and acquires important skills such as trust and the ability to cooperate. Within only a few years, children are able to understand and navigate the physical, psychological and social world perfectly.

The book opens our eyes to a new view of the fascinating world of early infant learning, thus allowing us to better understand and appreciate children.

## A conversation between mothers and an excursion through the world of Cornelia Funke



Bernadette Conrad  
**Growing Up Big and  
Strong: Children making  
their way out into life**

[Groß und stark werden:  
Kinder unterwegs ins Leben]  
Conversations with  
Cornelia Funke

btb  
304 pages  
March 2019

**Bernadette Conrad**, born in 1963, works as a literature and travel journalist for various media. Her latest publications are *The Many Lives of Paula Fox* (C.H. Beck) and *The Smallest Family in the World* (btb). Bernadette Conrad lives in Berlin.

When journalist Bernadette Conrad met star author Cornelia Funke for an interview in Los Angeles in spring 2015, all she really wanted to do was ask a few questions about the writer's latest book. Then, however, the professional encounter turned into a conversation between mothers. Is there such a thing as childhood nowadays? Is the old charm of playing outside losing its magic in the face of YouTube and Instagram?

Cornelia Funke, along with Joanne K. Rowling the most successful young-adult writer and hence the most influential co-educator in the world, gives her views on the opportunities and dangers offered by the internet, the increasing pressure to do well at school and the steady disappearance of natural open spaces.

An excursion through Cornelia Funke's bestselling novels and other children's literature are the finishing touch to the conversations about the particular challenges facing us parents – and how we can help our children become "big and strong" in this world.

## Delicious and healthy recipes according to the basic rules of *The Diet Compass*



Bas Kast  
**The Diet Compass –  
The Cookbook**  
[Der Ernährungs Kompass –  
Das Kochbuch]  
111 recipes for healthy  
indulgence

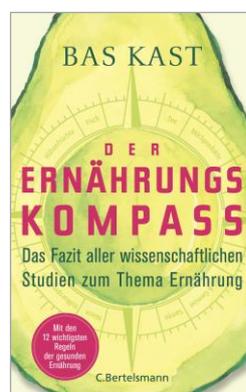
C. Bertelsmann  
224 pages  
4c throughout  
February 2019

**Bas Kast**, born in 1973, studied psychology and biology in Konstanz, Bochum and at the MIT in Boston/USA. He works as a science journalist and author.

**Michaela Baur**, born in 1971, studied nutritional science at the University of Munich and works as a food author.

With *The Diet Compass* science journalist Bas Kast stormed the bestseller lists. On the basis of countless studies focussing on food and eating, Bas Kast has demonstrated that a healthy diet supporting weight control has nothing to do with counting calories and that many clichés are out of date. The What and When of our eating habits are far more important.

Now, in collaboration with recipe developer Michaela Baur, he has compiled a cookbook based on the conclusions drawn in his *Diet Compass* to take us through the day: 111 recipes and instructions for healthy eating at home and at work, with a traffic light food labelling system for every recipe. With their texts and accompanying photographs the two cooking freaks prove that health and good eating are not mutually exclusive.



**The Diet Compass**  
[Der Ernährungs Kompass]

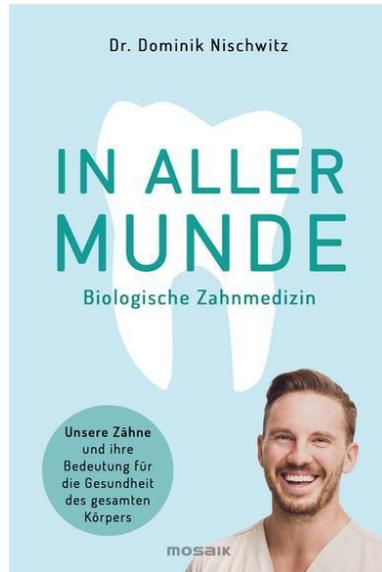
- **#1 Spiegel bestseller:**  
More than 350,000 copies sold
- Rights sold to: Czech Republic (Albatros), Estonia (Varrak), Italy (Vallardi), Korea (Galmaenam), The Netherlands (Meulenhoff Boekerij), Poland (Otwarte), Russia (Eksmo), Spain (Grijalbo Ilustrados), Serbia (Laguna), Slovakia (Ikar), Slovenia (Učila), Taiwan (Business Weekly)

## The secret of a healthy body begins in the mouth

**Rights available except:**  
French

**English sample translation available**

**Dr. Dominik Nischwitz** is a registered dentist, natural health practitioner and nutritionist. He and his father set up the Centre for Biological Dentistry in Tübingen. He is a pioneer in the field of holistic odontology and regularly gives lectures at science congresses all around the world. He is motivated by the fact that his theses have led to debates among practicing dentists. For the mouth cavity can no longer be regarded in isolation, but needs to be understood as the central switchboard for the health of the entire body.



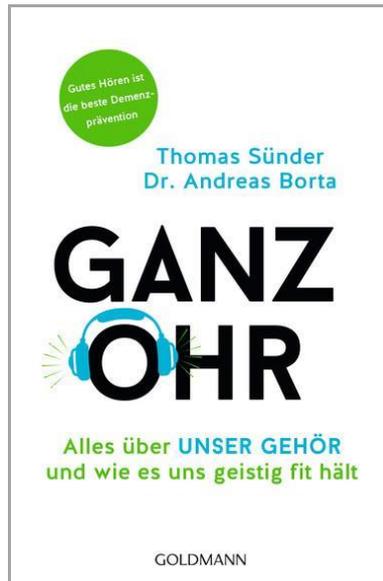
Dr. Dominik Nischwitz  
**The World of the Mouth**  
[In aller Munde]  
Biological dentistry – Our teeth and their importance for the health of the rest of the body

Mosaik  
288 pages  
With ca. 20 b/w illustrations  
March 2019

Our mouths are not just for smiling with, our teeth are involved in more than merely chewing, and our tongues do far more than only taste and swallow. The mouth cavity is a sensitive ecosystem and the gate to the body. Our nourishment enters the body through the mouth; we use it for speaking to other people – and it is central for the health of the entire body. A diseased mouth leads to other diseases: from irritation, fatigue and overweight through cardiovascular ailments to stroke, Alzheimer and cancer – it all begins in the mouth.

Using the latest scientific research, Dr. Dominik Nischwitz, holistic dentist and pioneer in biological dentistry, tells us everything we never knew before about our teeth, why the mouth cavity is the key to the health of the entire body and what we need to know about oral hygiene, care and nutrition.

## All about our hearing: informative, fascinating, vivid



Thomas Sünder /  
Dr. Andreas Borta  
**All Ear**  
[Ganz Ohr]  
All about our hearing and how  
it keeps us mentally fit

Goldmann Paperback  
384 pages  
With 20 b/w illustrations  
February 2019

**Thomas Sünder**, born in 1975, studied German literature and media, philosophy and art history. He freelanced as a musician, DJ and writer – until 2016, when the diagnosis of Menière's disease, a disorder of the inner ear, put an abrupt end to his international career as a wedding DJ.

**Dr. Andreas Borta**, born in 1975, gained a PhD in psychology. After doing scientific research in the field of learning processes and neurodegenerative diseases, he has been working for Boehringer Ingelheim since 2012, and is involved in developing medication for the treatment of loss of hearing.

DJ Thomas Sünder had played music at more than 500 weddings – and then suffered sudden hearing loss, became deaf in his left ear and had to give up his job. This existential event was reason enough for him to join scientist Dr. Andreas Borta on a fascinating journey through the human hearing system.

Did you know, for example, that hardness of hearing is one of the most widespread diseases of civilisation? Many people over the age of 50 are affected, but young people are also at risk because of a permanent exposure to noise. Hearing aids are usually a cause for shame, and yet they are an indispensable tool: latest research indicates that a hearing impairment that is not compensated for by a hearing aid increases the risk of dementia by more than four hundred percent! And so one thing is clear: people with better hearing stay fit longer!

## Easy living with microbes: why our homes must not be germ-free zones



Susanne Thiele  
**On Risks and Side-  
Effects Please Consult  
Your Door Handle**

[Zu Risiken und  
Nebenwirkungen fragen Sie  
Ihre Türklinke]

How microbes rule our lives –  
New and amazing facts about  
our versatile housemates

Heyne Paperback  
272 pages  
With 30 b/w illustrations  
February 2019

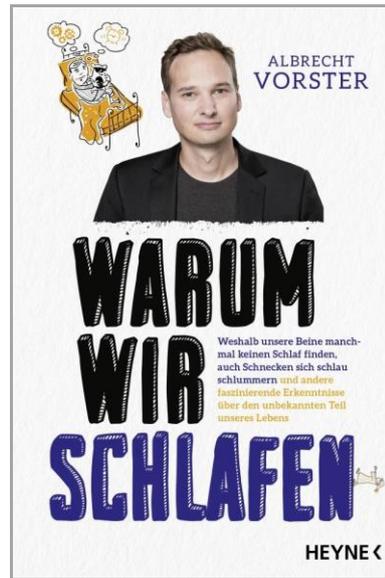
**Susanne Thiele**, born in 1970, is a microbiologist and science journalist. When she happens to be not writing any books she is in charge of the PR department of the Helmholtz Centre for Infection Research in Braunschweig. She also contributes to newspapers and journals and has a blog named "Mikrobenzirkus".

[www.mikrobenzirkus.de](http://www.mikrobenzirkus.de)

We cannot see them and yet we live with billions of them: microbes. They inhabit our bathrooms, cuddle up in bedrooms and in our kitchens they tuck in.

Microbiologist Susanne Thiele tells us how bacteria, viruses and mould can be kept at bay and which of them are even beneficial to our health. Her tale is as well founded as it is entertaining. With much useful advice for hygiene in day-to-day living.

## The book that at last brings light into the darkness



Albrecht Vorster  
**Why We Sleep**  
[Warum wir schlafen]  
Why our legs sometimes  
can't go to sleep, snails  
become sharp-witted in their  
slumbers – and other  
fascinating facts about one of  
the obscure aspects of life

Heyne  
272 pages  
May 2019

**Albrecht Vorster**, born in 1985, studied biology and philosophy at Freiburg University and the Université de La Reunion. At present he is working for his doctorate at the Institute for Medical Psychology at Tübingen University. The subject of his thesis: memory formation in the sleep of the aplysia sea slug. In his leisure time Albrecht Vorster is an active musician and co-founded *Hippocamblues*, a band of neuroscientists.

What is that strange twitching we sometimes feel as we go to sleep? Why do we snore after drinking alcohol? How can we make ourselves dream what we want to dream? And how does lack of sleep affect us?

Albrecht Vorster is a sleep researcher and science slammer – he vividly and entertainingly links the results of the latest research with a host of case examples and everyday situations familiar to all of us. Vorster helps us find out how much sleep we need in order to be fit and why the immune system plays us up if we don't get enough sleep. He explains why sleeping pills are the most popular drug of the masses although they don't work and what really helps in cases of insomnia – and why we have to sleep in the first place.

## A picture of a mental disorder that is still a taboo topic in our society



Cordt Winkler  
**Me Is Sometimes  
Someone Else**  
[Ich ist manchmal ein anderer]  
My life with schizophrenia

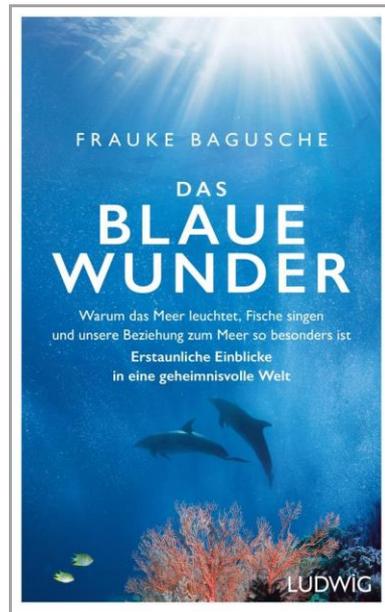
Goldmann Paperback  
240 pages  
February 2019

**Cordt Winkler**, born in 1980, studied media sciences and works in a trend research agency. He lives in Berlin.

Cordt Winkler was in his early twenties when he was given the diagnosis that turned his life upside down: paranoid schizophrenia. Symptoms that even as a small child he had noticed in his father suddenly crept into his own life: the uncontrollable trains of thought and perceptions, panic attacks, paranoia. Hospitalisation. An ordeal for those affected, a mystery for family and friends and always still a social taboo.

Candidly and entertainingly laconically, Cordt Winkler describes the dynamics of a psychotic crisis and leads readers deep into his own inner world – a world that viewed from outside would sometimes be perceived as crazy. He shows that it is possible to live with this disorder – that even a good life is possible. His book is an appeal that, in a world full of well-adjusted self-improvers, deviations from what is regarded as normal should be handled openly. And it is for all those affected: for families and friends of people with mental disorders and for everyone interested in the secret life of the mind.

## A marine biologist dives down with us into the mysterious world of the oceans



Frauke Bagusche  
**The Blue Miracle**  
[Das blaue Wunder]  
Why the sea sparkles, fish sing and our relationship with the sea is so special –  
Amazing glimpses of a mysterious world

Ludwig  
256 pages  
With a 16-page 4c image section  
May 2019

**Frauke Bagusche**, born in 1978, is a marine biologist. After gaining her doctorate at the University of Southampton in England she was responsible for marine biological stations on the Maldives and sailed 9,500 kilometres across the Atlantic from the Caribbean to the Mediterranean in order to draw attention to the litter pollution of the oceans. She gives lectures and holds seminars on subjects connected with marine biology.

There are amazing things going on under water: at night the sea mysteriously sparkles, the tiniest of organisms (plankton) have the greatest power, and the fish are by no means taciturn but instead communicate loudly with one another.

Marine biologist Frauke Bagusche has some fascinating tales to tell – stories of the smallest and the largest living creatures in the world. She explains where the smell comes from that tickles our nostrils while we are walking along the beach; what causes the sparkle we see in the water at night; and why the sea steers not only our emotions but also our destiny and that of the entire planet.

Her account, in which she explores her own intimate relationship with the sea, is based both on the results of the latest scientific research and her personal experience. Because no matter where we are, we are bound to the blue miracle with every breath we take.

## An excursion to discover a fascinating ecosystem



Jan Haft  
**The Meadow**  
[Die Wiese]  
The lure of an unknown world

Penguin  
280 pages  
With numerous colour illustrations  
April 2019

English sample translation available

Biologist **Jan Haft**, born in 1967, is a nature and animal filmmaker with a host of awards to his name. He lives with his wife and three children on a farm near Munich. His favourite meadow is right next door.

Grasses brushing your legs, brightly coloured flowers, humming insects: this is what a meadow in summer feels like. In this book Jan Haft takes us on an excursion of discovery to a veritable natural paradise that is the home of hundreds of colourful plants and bizarre animals, many of which have not yet been thoroughly researched. Nowhere else do more insect species live as here, nowhere else is there such a blaze of colour. At the same time, no other regional habitat is as endangered as here: there was a time when approximately one third of our country was covered by meadows in flower. Now it is a mere two percent.

This richly illustrated book with many photographs awakens our enthusiasm for such a vibrant habitat with its rich biodiversity. At the same time it is an appeal for the salvation of the last remaining flower meadows.

## Fascinating tales of a midwife about her daily work in a labour ward



Maja Böhler  
**Midwife at Work**  
[Die Wehenschreiberin]  
Stories from the labour ward

Goldmann Paperback  
272 pages  
January 2019

**Maja Böhler** (pseudonym), 34, is a midwife in a large university clinic. She is also self-employed, for instance when supporting families in the period immediately after a child's birth. She originally studied law but decided to follow in her grandmother's footsteps and train as a midwife. Her column in *Süddeutsche Zeitung* magazine has a large following.

**Annabel Dillig**, born in 1981, collaborated in writing *Midwife at Work*. She is a graduate from the German School of Journalism, studied journalism in Munich and Paris, and is currently deputy chief editor of *Glamour*.

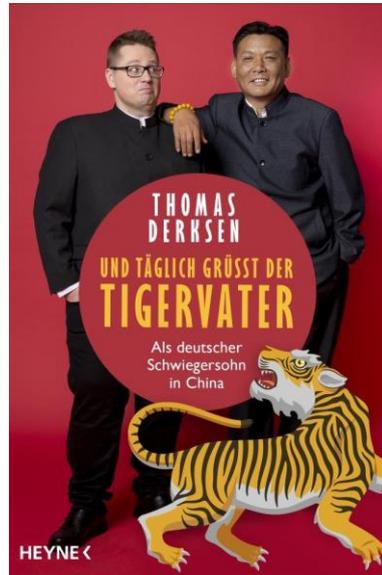
The labour ward is the greatest stage of human existence; it is here that day after day people come together in exceptional circumstances.

Midwife and "fetal monitor" Maja Böhler is always there, always in the front line. In her daily work she comes across women writing text messages during the final stages of labour or ambitious fathers taking off all their clothes to join their wives in the water tub. She's in on absurd discussions between newly fledged parents about the child's name and witnesses poignant moments in the lives of couples and lone women.

But the midwife not only focuses on emotions but remembers tragedies taking place before her very eyes, stillborn children, extremely premature infants, exhaustion, lack of time and too much bureaucracy.

This is a unique look behind the scenes – at the same time moving, dramatic and amusing.

## So funny, it'll make you fall in love! A wonderful testimony of German- Chinese unification



Thomas Derksen  
**And a Daily Hello  
from the Tiger Father**  
[Und täglich grüßt der  
Tigervater]  
As a German son-in-law  
in China

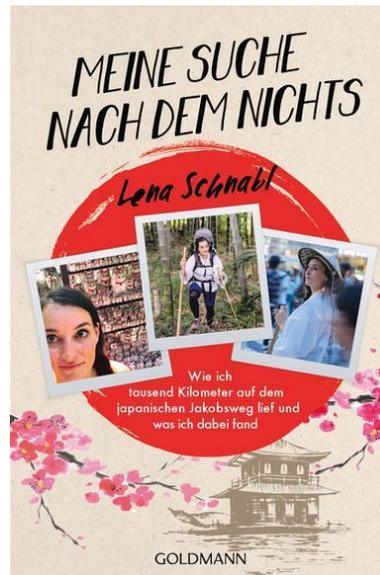
Heyne Paperback  
224 pages  
With 10 b/w and 24 colour illustrations  
April 2019

**Thomas Derksen**, born in 1988, trained as a bank clerk before studying economics, East Asian politics and Chinese in Bochum and Shanghai. He now lives in Shanghai, where he is a vlogger and influencer and, with his wife Liping, runs a successful social media channel where he regularly reports on his life as a German living in China. His video channel has more than 6 million followers.

When Thomas Derksen falls in love with Liping from China, he doesn't give too much thought to his future father-in-law. "I know foreigners from the tele. You only ever see them undressed once and then never again", Liping's father warns his daughter even before meeting the long nose. The love-struck German courageously faces up to the old tiger and in the process charmingly drops the many bricks paving his path through the Middle Kingdom.

A wonderfully endearing and entertaining report by Thomas Derksen about his life and love in the Far East, cultural and culinary peculiarities, misunderstandings and the one or other light-bulb moment. A real stunner for those wanting to find out more about China!

## On the joy of looking for nothingness



Lena Schnabl  
**My Search for  
Nothingness**

[Meine Suche nach  
dem Nichts]

How I walked a thousand  
kilometres along the Japanese  
Way of St. James and what I  
found there

Goldmann Paperback

260 pages

May 2019

**Lena Schnabl** is a freelance journalist in Germany, Japan and the world. She feels at home in megacities like Tokyo and São Paulo, does not own an umbrella and writes about people who fail, pull through and go cuckoo. She studied Japanology, Sinology and politics in Munich and Sapporo and trained as a journalist. Her reports are published by media such as *Neon*, *Spiegel*, *Süddeutsche Zeitung* and *brand eins*.

After a long illness the young journalist Lena Schnabl leaves her old life and sets off to the hinterland of Japan in order to walk round in a circle there, taking with her a promise to find emptiness and thus the greatest happiness.

On Shikoku, off the beaten track of the megacities and high-speed railways, there is the Way of St. James à la Japan, the oldest pilgrim path in the world: 1,300 kilometres of uphill and down and past 88 temples. On her route the young pilgrim will climb over mountains and walk along the coast; her teachers in matters concerning nirvana will be monks, local inhabitants and other pilgrims she meets on her journey. Will Lena succeed in finding Nothingness?

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