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AGENCE LITTERAIRE ELIANE BENISTI

LONDON BOOK FAIR 2020

Non-Fiction Rights Guide

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A smart, narrative look at a very hot topic in the food/diet world: fasting.

FAST: The Counterintuitive Story of the World's Oldest Cure

by Steve Hendricks

Abrams Press, Spring 2021



An increasing number of adults tried intermittent fasting during 2019, and they may be on to something. The latest research shows that fasting repairs cellular damage, improves the outcomes for chemotherapy patients, and helps keep down weight—leading to fasting resurgence in recent years. Journalist Steve Hendricks' *Fast* will tell the history of fasting, the story of the people who are reviving this long-lost remedy, the science behind the counterintuitive concept of going without food for our health, and chronicle Steve's own forays into fasting.

Steve Hendricks is a freelance reporter and the author of two previous books, *A Kidnapping in Milan* and *The Unquiet Grave*. He has written for *Harpers*, *Slate*, *Salon*, *Outside*, *The Columbia Journalism Review*, and *The New Republic* among others. He was raised in Arkansas and Texas, educated at Yale, and lives in Boulder, Colorado, with his teenage son and his wife, a law professor.

Ants brings the reader face-to-face with these amazing insects through the remarkable macrophotography by Eduard Florin Niga

ANTS: Workers of the World

by Eduard Florin Niga & Eleanor Spicer Rice

Abrams, Spring 2021

The most numerous animals on Earth, ants have evolved complex social systems consisting of various castes, including workers and soldiers. Their evolutionary success and ability to organize tasks, communicate among themselves, and solve complex problems has made them an object of fascination. Science writer Eleanor Spicer Rice frames the book with an accessible text that describes ant life and ant anatomy. Among the more-than fifty species photographed by Niga are the red bull ant, the largest in the world; the bullet ant, with one of the most painful stings in the animal kingdom; the queenless ant; the jumping ant; and the European carpenter ant, known for its great strength.

Eduard Florin Niga specializes in the macrophotography of insects. He lives in London.

Eleanor Spicer Rice is an entomologist and author of *Dr. Eleanor's Book of Common Arts*. She lives in Raleigh, North Carolina.

Residing squarely in the middle of a Venn diagram of feminism and true crime, Slay tells the story of forty women who murdered out of necessity, fear, revenge, and even for pleasure.

SLAY: A Lookbook of Ladykillers

by Jennifer Wright

Abrams Image, Spring 2021

Men are expected to kill. There are countless studies and works of art made about male violence. However, when women are featured in stories about murder, they are rarely portrayed as predators. They're the prey. This common dynamic is one of the reasons that women are so enthralled by female murderers. They do the things that women aren't supposed to do and live the lives that women aren't supposed to want: lives that are impulsive and angry and messy and inconvenient. Maybe we feel bad about loving them, but we eat it up just the same.

Jennifer Wright is the political editor-at-large for HarpersBazaar.com, as well as a regular contributor to the New York Post, reporting on millennial issues. She has written for many publications including the *New York Times*, *The Washington Post*, *McSweeney's*, *The New Yorker*, and *Glamour*.



Loneliness – the hidden epidemic

NEUE WEGE AUS DER EINSAMKEIT

[New Paths Out of Loneliness]

by Dr. Christine Brähler

Irisiana/Bertelsmann, April 2020



Dr. Christine Brähler offers an unprecedented advice book that considers self-empathy to be a means for combating the rampant loneliness in our society. Loneliness can affect anyone, from teenagers to 80-year-olds, from executives to clerks. Institutions and therapists usually recommend only external measures to those affected, such as engaging in social interactions, in conversations, joining associations, sharing hobbies, and taking on social obligations. Dr. Brähler introduces a completely new approach, one that begins inside the person. Sincere compassion for one's own sadness, abandonment, and vulnerability bring those affected closer to themselves. Only then will it be possible to reach out to others.

Dr. Christine Brähler is a psychotherapist and lecturer. She holds a Master and Doctorate from the University of Edinburgh and is now an Honorary Lecturer at the University of Glasgow. She is one of the first psychologists in Europe to engage the idea of self-compassion, which she has taught since 2008. She is a Mindful Self-Compassion (MSC) trainer and teaches Intensive MSC courses, gives MSC teacher training, and holds seminars on self-compassion in psycho-therapy internationally.

One of the leading historians in Germany and his appeal to prevent historical amnesia: We must keep on fighting anew for the values of freedom!

DER WERT DER GESCHICHTE

[The Value of History]

by Magnus Brechtken

Siedler/Bertelsmann, April 2020

In the ten examples described in his brilliant tour through history, Magnus Brechtken opens our eyes to how tough the fight for the values of freedom, self-determination and participation was and how greatly they have improved our lives – and why these achievements are now being threatened by nationalist and populists both from the right and the left. How much freedom and what rights did people have 150 years ago? To what degree could young women living around 1900 determine their own lives? And how are things today?

Magnus Brechtken, born in 1964, gained his PhD in history at Bonn University and taught in Munich and Nottingham before being appointed to the post of deputy director of the Munich Institute for Contemporary History in 2012. His research is mainly focussed on National Socialism, the



history of international relations and the historical influence of political memoirs. 2017 saw the publication of his book *Albert Speer: A German Career*, which was awarded the North German Broadcasting prize for non-fiction and became a bestseller.

How Internet companies govern our behaviour: an intriguing report by an insider disclosing how far data company surveillance has already gone and emphasising the importance of democratic values and principles.

DIE NOTWENDIGE REVOLUTION
[The Necessary Revolution]
by Eric Dolatre, with Thilo Komma-Pöllath

Ariston/Bertelsmann, May 2020



Few people know the business as well as he does: Eric Dolatre is a co-founder of the most successful European email provider and the inventor of the data-based business model of GMX, the "user profile-dependent advertising". It worries him to see how globalisation and digitalisation have become a worldwide surveillance economy that controls and governs everything we do or say to a higher degree than we imagine. Business with data has become business with people and its doors are wide open to abuse. It is high time to limit the power of the internet companies, for not everything promising business has a right to be business! Eric Dolatre is appealing for civil digital disobedience, he is demanding clear rules to be set by politicians – and as an entrepreneur he is attacking the US giants head-on, placing his hopes on a serious and secure model: a coded European communications platform that is more urgently needed than ever before.

Eric Dolatre is one of the Internet pioneers of the first hour. In 1997, after working for the Markt+Technik publishing house and the newly founded *PC Professionell* magazine, he co-founded GMX, one of the very first German web portals.

Thilo Komma-Pöllath is a freelance journalist and writer. He runs an editorial office and contributes to such newspapers as *Süddeutsche Zeitung Magazin*, *FAZ am Sonntag*, *Stern* and *Focus*. He has received awards for his work including the Laureus Media Prize.

Female Empowerment: The book for a new feminine feeling of life

WILDE WEIBLICHKEIT: LEBENDIG, SINNLICH, FREI
[Wild Fertility: Vital, Sensual, Free]
by Silke Gengenbach

Integral/Bertelsmann, May 2020

Many women sense that they have lost touch with the natural wisdom of their innermost femininity. They long to rediscover it and to express themselves in more harmonious, powerful, and fulfilling ways. Silke Gengenbach presents here seven easy ways to very consciously explore one's own, always individual femininity and to reintegrate it into everyday life as a source of power. Whether intuition, body consciousness, self-conception, or sexuality – with this book women come to understand, appreciate, and love themselves and their distinctive vitality in an entirely new way. Here is a vibrant guide to the unfolding of the wild, beautiful, and unbridled energy of women, a book about femininity in all its liveable and lovable aspects, a compelling affirmation of love for femininity and a passionate plea for female empowerment!



Silke Gengenbach is a passionate Kundalini yoga teacher, sociologist, and mother of three. She teaches women how to summon their creative, sensual, and vibrant energy, the female Kundalini, or life force, and how to live joyfully. In yoga sessions, women's circles, and work-shops she evokes the power of femininity and the energy source of the female cycle. She lives with her family in the northern Black Forest.

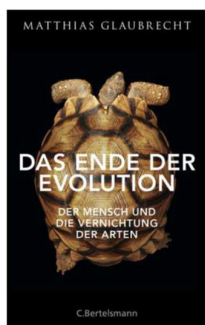
Our time is running out – only a few decades left until the end of nature. A Spiegel bestseller.

DAS ENDE DER EVOLUTION

[The End of Evolution]

by Matthias Glaubrecht

Bertelsmann, December 2019



Everyone is finally talking about climate change. But as alarming as it has become, it is only a sideshow in the face of the apocalyptic horsemen who are currently sweeping the earth in an act of devastation: population explosion, resource depletion, environmental degradation and species extinction. In his analysis, which is as comprehensive as it is unnerving, renowned evolutionary biologist Matthias Glaubrecht sees a worldwide biological tragedy ahead, with the looming mass exitus, the greatest loss of species since the extinction of the dinosaurs. Humankind has thus become today the greatest predator and the decisive evolutionary factor that threatens the existence of all living beings – including its own. Whether the end of evolution, which threatens to become a realistic scenario by the middle of the 21st century at the latest, can still be halted, will be decided solely by our actions in the decades immediately ahead.

Matthias Glaubrecht, born in 1962, is an evolutionary biologist, professor of biodiversity and the director of the Natural History Centre at Hamburg University. He contributes regularly to newspapers and magazines and has written several books.

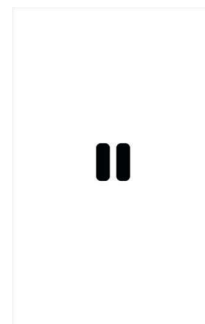
12 inspirations for a life with less stress and rush

PAUSE

By Ulrich Hoffmann

Mosaik/Bertelsmann, November 2019

Stress is not good for us. Digitalisation and ever more to do in ever less time are increasingly breathing down our necks. But good news is just round the corner: If we want to escape all this, we don't have to drop out completely. Experts say that what we really need are small pauses for recuperation during the day. But what can you and I do to switch off now and again? How can we find the will power in the evening not to check our messages in bed just one more time? What's more: what are we to do instead? This is a book about the almost forgotten art of pausing. A handbook for everyone not wanting to lose their mind and soul – or perhaps reclaim them again.



Ulrich Hoffmann, born in 1968, can still remember the pre-internet age. He has been freelancing for 30 years as a journalist and writer. He studied philosophy and is of the opinion that nowadays it is imperative for each one of us to define our own future. If we don't do so consciously and actively, it will pass us by. Ulrich Hoffmann is married and has three children.

The world our shoes tread on – science of the soil and a fascinating journey to a well-nigh unknown habitat

DER BODEN

[Soil]

by Peter Laufmann

Bertelsmann, March 2020



Peter Laufmann takes readers down into the depths. Only a few centimetres from the soles of our shoes is the beginning of a cosmos that is as alien to us as a sealed capsule, with a unique climate and mysterious inhabitants. In addition to the theoretical aspects (prehistory, geophysics, chemistry, hydrology, etc.), he describes the soil as a habitat and portrays people who are professional soil experts, such as gardeners, farmers and construction workers. Laufmann demonstrates how essential the soil is to us, how vulnerable it is and how we human beings are competing for this important natural resource. He also shows us what we can do to preserve it.

Peter Laufmann studied forestry and journalism. He was an editor of the environmental magazine *natur+kosmos* and contributes to various media.

Thoroughly researched and checked: what is the eco-balance of individual products really like?

DER KONSUM KOMPASS

[The Consumption Compass]

by Katarina Schickling

Mosaik/Bertelsmann, April 2020

Are organic apples from New Zealand more ecological than the conventional regional ones? Are washable nappies that are dropped and picked up at the front door more sustainable than the eco disposable ones? And what about my fridge? These are the sort of questions we face every day and can't answer. We could, of course, plough our way through reports, speak to scientists, visit recycling centres – but as consumers we would get completely bogged down if we tried. Katarina Schickling set out to find answers and demonstrates in *The Consumption Compass* what effects our decisions really have so we can make self-determined decisions on sustainable consumption in daily life.

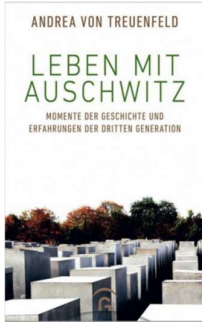
Katarina Schickling is a documentary filmmaker, nutrition expert and writer focussing on foodstuffs and appertaining industries and is frequently in demand as a consultant on such matters.



The liberation of Auschwitz from the perspective of the grandchildren's generation

LEBEN MIT AUSCHWITZ
[Living with Auschwitz]
by Andrea von Treuenfeld

Gütersloher/Bertelsmann, January 2020



The year 2020 marks the 75th anniversary of the liberation of Auschwitz. For 75 years, survivors and their descendants, the world, the Germans have been living with the rupture in civilisation that the name of Auschwitz stands for. This book traces its history. On the one hand it gives representatives of the "Third Generation" after Auschwitz an opportunity, in moving personal accounts, to tell us their perception of events. How have the grandchildren of Holocaust survivors experienced Auschwitz as part of their own biography? On a second level, the book shows how Auschwitz itself became part of history, reminds us of important historic milestones and the critical judicial appraisal and interpretation of Auschwitz "after Auschwitz". One thing is clear: even after 75 years the past cannot be forgotten.

Andrea von Treuenfeld studied journalism and German literature and spent many years working as a columnist, correspondent and editor for such well-known print media as *Welt am Sonntag* and *Wirtschaftswoche*. As a freelance journalist she now writes portraits and biographies. Gütersloher Verlagshaus published her books *In Germany a Jew, A Yekke in Israel* and *Back to the Country That Wanted to Kill Us*.

Bees have more to offer than just honey!

DIE HEILENDE KRAFT DER BIENEN
[The Healing Powers of Bees]
by Jörg Zittlau

Heyne/Bertelsmann, February 2020

The valuable substances produced by bees have been appreciated for their soothing and healing properties since time immemorial. Along with indulging our senses with its rich sweetness, honey has an antibacterial effect and safeguards blood vessels against arteriosclerosis. Royal jelly enhances fertility and alleviates menopausal symptoms, while propolis boosts the immune system and relieves inflammation. Bee pollen is popular with athletes, and bee venom helps with arthritis and back pain. Here is an informative and fascinating book about the diverse treasures of the bee pharmacy – and the rediscovery of an ancient art of healing.



Jörg Zittlau, born in 1960, studied philosophy, biology and sports medicine and focused his research on coping with stress and alternative healing. Since 1991 he has worked as a science journalist and has published numerous best-sellers on natural remedies, psychology, and nutrition. In 2015, together with the brain researcher Niels Birbaumer, he received the Science Book of the Year award.



An urgent response to the intimate gray area that has become most women's experience of #MeToo.

RETHINKING SEX: A New Etiquette for Sex in an Age When Consent Is Not Enough

by Christine Emba

Sentinel/PRH, 2021



Christine Emba begins with the *New Yorker* short story “Cat Person” and the online account of a date with Aziz Ansari. They went wildly viral not because they were extraordinary tales of celebrity impropriety, but because women related to the everyday, pervasive, entirely ordinary bad sex that women routinely consent to but is also unwanted and often leads to unhappiness. As an opinion columnist for *The Washington Post* who focuses on, among other things, feminism and Millennial culture, Emba intends RETHINKING SEX to grapple with the role sex-positive feminism and a pornography-drenched popular culture plays in shaping women’s and men’s ideas of consent. Many women still feel an internal, social, or even political pressure to consent to sex. And many men don’t realize to what degree this happens—or if they do, they’re willing to ignore it. What about when consent is not only not enthusiastically affirmative—but not consent at all? We don’t have a coherent framework with which to evaluate these situations—and so they remain common enough to be epidemic and disappointing for women who are only just beginning to speak up about consented-to but unwanted bad sex. It’s these gray areas that RETHINKING SEX will address. Emba will talk to experts, ethicists, reach into philosophy, examine gender norms, etc., to sort out how women and men can stop both overvaluing and undervaluing sex at the same time. She outlines ways for women to rethink not only their relationship to men or consent or feminism—but their relationship to sex itself.

Christine Emba writes about ideas for *The Washington Post's* Opinions section. Before coming to The Post in 2015, Christine was the Hilton Kramer Fellow in Criticism at the New Criterion and a deputy editor at the Economist Intelligence Unit, focusing on technology and innovation. She grew up in Virginia and holds an A.B. in public and international affairs from Princeton University.

A book tracing the long history of African Americans traveling and living abroad, offering a lens what it means to be black within a global context.

THE GLOBAL GREEN BOOK:

A personal history of African Americans Going, Staying, and Returning from Abroad

by Tamara Walker

Crown, Spring 2022

THE GLOBAL GREEN BOOK will follow the exploits of well-known personages, such as Josephine Baker, Langston Hughes, James Baldwin, and those “hidden figures” who had an enormous influence on black travel.

Dr. Tamara Walker is Assistant Professor of History at the University of Toronto and founder of *The Wandering Scholar*. Her research has received support from the Ford Foundation, the Woodrow Wilson Foundation, and the Fulbright Scholars Program, among others. In 2017, Dr. Walker published her first book, *Exquisite Slaves: Race, Clothing and Status in Colonial Lima* (Cambridge University Press), which won the 2018 Harriet Tubman Prize awarded by the Schomburg Center for Research in Black Culture.



CaskieMushens

Any book about our environmental future is a book about our future. Our 'environmental problems' are 'everything problems.'

THE BEST OF TIMES THE WORST OF TIMES: Futures from the Frontiers of Climate Science

by Paul Behrens

The Indigo Press (UK), July 2020



Academic, physicist and environmental expert Paul Behrens presents a radical dual analysis of our world in which consumption growth is outpacing population growth. Setting out the pressing existential threats we face, he writes, in alternating chapters, of what the future could look like, at its most optimistic and pessimistic, and details the steps we can take to ensure our survival. Arguing that structural problems need structural solutions, he examines key areas in which political will is required, including women's education, food and energy security, biodiversity and economics. Behrens uses accessible prose and eye-catching statistics to paint two potential futures for humanity. His book will change the way you live – and convince you that 'hope lies in acting, and seeing other people act. Hope needs you around. It needs your energy and your will'.

Paul Behrens is an Assistant Professor in Energy and Environmental Change at Leiden University, the Netherlands. His work on climate change has appeared in leading scientific journals including *Proceedings of the National Academy of Sciences* and *Nature Energy*.

Vita Sackville-West In Your Garden meets Zen and the Art of Motorcycle Maintenance

SEED TO DUST: A GARDENER'S STORY

by Marc Hamer

Harvill Secker (UK) | Greystone (US) | January 2021

Passing through the gardening year, living and working with the plants and weather in a large country estate, a gardener explores the paths that led him there. His days are spent close to the magnolias and roses, moths, hedgehogs and beetles and the distant lady who has employed him for thirty years. These are his loves. This broken but gentle biography tells of the mythology and poetry of a poor outcast who wanted to be somebody's flower and who became an old man who has and is everything that he ever wanted. An optimistic and often moving story of how life.



Marc Hamer was born in the North of England and moved to Wales over thirty years ago. After spending a period homeless, then working on the railway, he returned to education and studied fine art in Manchester and Stoke-on-Trent. He has worked in art galleries, marketing, graphic design, as a magazine editor and taught creative writing in a prison before becoming a gardener. He is the author of *How to Catch a Mole* (Harvill Secker, 2019).

A meditation on what makes a woman want to become a mother, told through the prism of Peggy's experience in attempting to adopt a child.

UNTITLED

by Margaret Reynolds

Transworld (UK), Spring 2021



This is not a reactionary choice - made because it is socially expected or growing out of a relationship – but something that has to be hard-won and that proves to be intellectually and emotionally challenging. If you are single, in your mid-forties and have experienced a sudden early menopause, the way forward is not immediately obvious. How to find an outlet for a love that demands expression? The realization comes to Peggy quietly, and clearly; she decides to adopt a child. But the preparation is arduous and the scrutiny is intense. There are questions about past lives, about her own childhood, heritage, capabilities, expectations and about identity and the sense of belonging. This is a book about what makes a mother, and a home; how the legacies of childhood may impact on the experience

of parenting; and how the pervasive nature of childhood trauma might be faced by a mother's determination to love.

Margaret Reynolds is Professor of English at Queen Mary, University of London. She is the author of a collection *Victorian Women Poets* (with Angela Leighton) and *The Sappho Companion* (nominated for the LAMBDA Literary Award for Biography) and *The Sappho History* on the reception of the classical fragments. She is the presenter of "Adventures in Poetry" (BBC Radio 4), a Life Member of Clare Hall, Cambridge and a Trustee of the Foundling Museum.

A memoir about a new mother who begins dying, fast and without warning—and returns from coma determined to stop sleepwalking through life and learn instead what it takes, and costs, to be fully awake: to her body, love and motherhood; to effort, art and nature; to risk and possibility.

THE CURE FOR SLEEP: A Late-Waking Life

by Tanya Shadrick

Weidenfeld & Nicolson (UK), Spring 2022

"Those breaths after coma were posthumous: the me of my first thirty-three years – that girl, that woman, who had worked so steadily to keep herself hidden, safe and small – was dead. My new self was stripped bare and spreadeagled. Flayed too of con soling ideas about how life might be kept neat and tidy."

Just days into motherhood, a woman begins dying. Fast and without warning. On return from coma – shaken awake by wild regret – she vows to stop sleepwalking through her life. To live with more courage and connection, like the characters in the fairytales she loved as a small girl, before loss and fear had her retreat into routine and daydreams. Around the care of young children, she starts to play with the shape and scale of her days: to stray from the path, to get lost in the woods, to make bargains with strangers. As she moves beyond her respectable roles as worker, wife and mother in a small town, she learns what it takes – and costs – to break the spell of longing for love, approval, safety, rescue. It is a painstaking path that will lead her through joy and sorrow to extraordinary people and places.



Tanya Shadrick is founder of The Selkie Press and editor of *Wild Woman Swimming* by Lynne Roper – a journal of west country waters longlisted for the 2019 Wainwright Prize. A Fellow of the Royal Society of Arts, she is also a sought-after artist in residence who encourages creativity in others.

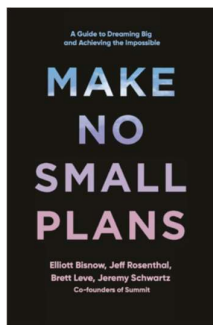


Penguin
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The consummate motivational playbook on how to think big and dream bigger, by the founders of the renowned Summit leadership series.

MAKE NO SMALL PLANS: A Guide to Dreaming Big and Achieving the Impossible
by Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz

Currency, April 2021



In 2008, with no event production experience and two college degrees among the four of them, Elliott Bisnow, Jeff Rosenthal, Brett Leve, and Jeremy Schwartz became business partners and set out on a dream to build a global events company, which became Summit. With passion and tenacity, they began cold-calling as many inspiring company founders as they could to try to convince them to attend their first event. Only nineteen people said yes. Since then, they have grown Summit into a global community with events all over the world, hosting luminaries including Jeff Bezos, Richard Branson, Jessica Alba, Shonda Rhimes, Brené Brown, and Al Gore. And, in 2013, the Summit founders acquired the largest ski resort in the United States—Powder Mountain—where they are building a mountaintop town, filled with events and programming 365 days a year. In *Make No Small*

Plans, they reveal the experiences that would become the cornerstone lessons from their journey, along with teachings from some of the most inspiring entrepreneurs of our time. They illuminate the empowering concept that anyone can think big, and when thinking big is combined with humility, a thirst for knowledge, and a great team, we can all accomplish the improbable.

Elliott Bisnow, Brett Leve, Jeff Rosenthal and Jeremy Schwartz, former college classmates, are the founding entrepreneurs behind Summit, the leadership organization that hosts elite conversations with the world's leading entrepreneurs, founders, CEOs, and activists on how to change the world.

A first-of-a-kind deck from New York Times bestselling author Deepak Chopra

AFFIRMATIONS AND MEDITATIONS: 64 Cards to Awaken Your Spirit (Card Deck)

by Deepak Chopra

Clarkson Potter, February 2021

With this deck, longtime fans and newcomers alike will be able to apply Deepak's teachings daily by pulling a card and practicing the affirmation and meditation prompts printed on the front and back of each card. Each of the 64 cards has a meditation on one side and an affirmation on the other, both embellished with original four-color art.



Deepak Chopra, MD, is a world-renowned pioneer in integrative medicine and personal transformation, the founder of the Chopra Foundation, and cofounder of Jiyound the Chopra Center for Wellbeing. In conjunction with his medical achievements, he is recognized as a prolific author of more than eighty-five books translated into over forty languages, with twenty-five *New York Times* bestsellers including *You Are the Universe*.

*The world-renowned executive coach and New York Times bestselling author of **Triggers** and **What Got You Here Won't Get You There** shares his "cure for regret," revealing the steps we can take to earn our path to fulfillment.*

THE EARNED LIFE: Free Yourself from Regret and Find Fulfillment at Every Age

Marshall Goldsmith and Mark Reiter

Currency, April 2021

Human life exists on a continuum between two poles: fulfillment and regret. We invest enormous resources of time and energy into staying healthy, being recognized for our achievements, nurturing our relationships, and making money. But how can we know if we're investing in the right things? Many of us try to carefully plan our lives, only to find ourselves burdened by regrets, and not just micro-regrets like a slip of the tongue or a questionable tattoo, but super-sized ones. Existential regret is deciding not to have children, then changing our minds when it's too late. It's allowing our soulmate to become "the one who got away." It's turning down the perfect job for a bad reason. In *The Earned Life*, pioneering leadership coach Marshall Goldsmith shows readers how to rise above the most pressing regrets in our lives, even the kind that can reroute destinies and haunt us for decades. Filled with fascinating and illuminating stories from Goldsmith's storied career, *The Earned Life* is a roadmap to overcoming obstacles and creating meaningful, lasting change.

Marshall Goldsmith is one of the world's leading executive coaches and the *New York Times* bestselling author of many books, including *What Got You Here Won't Get You There*, *Mojo*, and *Triggers*. He received his PhD from UCLA Anderson School of Management. In his coaching practice, Goldsmith has advised more than 150 major CEOs and their management teams.

Change maker, seeker ,and recovering perfectionist Poppy Jamie explores the science and soul of mindfulness and self-compassion to help provide solutions for burnout, anxiety, and insecurity.

HAPPY NOT PERFECT: Four Steps To Shifting Your Brain—And Your Life

by Poppy Jamie

Rodale, March 2021



In *Happy Not Perfect*, Poppy Jamie, named one of Forbes "30 Under 30", seeks to address the mental health concerns that affect millennials and Gen Z in unprecedented ways. The book is inspired by Jamie's own struggle with what she calls "duck syndrome": putting up a serene, calm front on the surface, but underneath, paddling like mad and feeling miserable. On the outside it looked like she had it all—still in her 20's and having launched the successful and sought-after brand Pop & Suki as well as Instagram proof of traveling the globe and hanging out with celebrities; but it never felt like enough. Every day was a struggle and a battle with insecurity and fatigue until she was finally able to let go of the negative thoughts in her head about living a perfect life. This led her on a mission to destigmatize and change the conversation around mental health. She began working with mindfulness experts and neuroscientists to find practical tools. *Happy Not Perfect* looks at WHY we struggle so terribly with anxiety and stress; HOW we can make basic foundational changes to take back control of our emotions; and WHERE in our lives we need to reset the most. This is real help, backed by the latest in research and psychology, to re-program our thoughts, take control of our emotions, move off autopilot, and become more empathetic to ourselves and ultimately feel happier.

Poppy Jamie is an entrepreneur, influencer, and a rising star in the mental health and mindfulness space. She launched the Not Perfect podcast in 2019 and the Happy Not Perfect app in 2018, after four years of aggregating behavioral studies and developing the app with neuroscientists, researchers, and her neurotherapist mom. She has been featured in the *New York Times*, *Wired*, *Fast Company*, *Refinery29*, *Forbes*, *Vogue*, *Cosmo*, *E!*, *NBC News*, and *MTV*.

From Kai Fu Lee, the New York Times bestselling author of AI Superpowers and leading science fiction writer Chen Qiufan, AI 2041 will be an extraordinary, provocative, and thought-provoking look at what the near future might look like for humankind amid the rapid rise of artificial intelligence.

AI 2041

by Kai-Fu Lee and Qiufan Chen

Currency, August 2021

Many changes AI will bring are not a generation away—they are 10-20 years away. *AI 2041* will pair ten illuminating narrative stories—based on current and accurate science—about how human life might be altered by artificial intelligence by the year 2041 with Kai-Fu Lee's expert analysis of these technologies, the likelihood of their becoming reality, and the economic and societal opportunities and challenges they will present to humankind and global order. For readers of *Homo Deus* by Yuval Noah Harari; *Life 3.0* by Max Tegmark; *Superintelligence* by Nick Bostrom; *The Second Machine Age* by Erik Brynjolfsson & Andrew McAfee; and *Capital in the Twenty First Century* by Thomas Piketty, *AI 2041* will educate, inspire, and entertain readers about the transformative value and benefit from applying and implementing AI.

Dr. Kai-Fu Lee is the Chairman and CEO of Sinovation Ventures and *New York Times* bestselling author of *AI Superpowers* (2018). Lee was formerly the President of Google China, and a senior executive at Microsoft, SGI, and Apple. He received his bachelor's degree in Computer Science from Columbia University and Ph.D. from

Carnegie Mellon University. His audience across global social media platforms is greater than 50 million, and his books have sold more than 5 million copies worldwide.

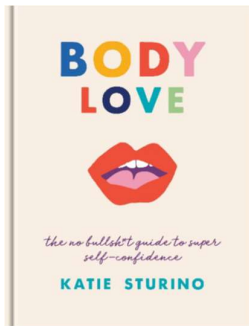
Stanley Chan (a.k.a. Chen Qiufan) is award-winning Chinese speculative fiction author, translator, creative producer and curator. He is a member of WSFA (Science Fiction Writer Association) and the President of the Chinese Science Fiction Writer Association and has a seat in Xprize Foundation Science Fiction Advisory Council. His works, which have been translated into more than a dozen languages, include *Waste Tide*, *Future Diseases*, and *The Algorithm for Life*.

Body Love encourages readers to spend less time thinking about how they look and what they ate and more time discovering their inner fierceness

BODY LOVE: The No Bullsh*t Guide to Super Self-Confidence

by Katie Sturino

Clarkson Potter, March 2021



Body positivity and size inclusivity in mainstream media is still a relatively new phenomenon and Katie Sturino has been at the front of the pack for many years. In this illustrated guide/workbook, Sturino will not only be the empowered female voice for readers to look up to, but she will also teach how to become that driving force for themselves. Complete with affirmations, introspective reflections, and actionable takeaways, as well as space to answer prompts and jot down feelings and inspirations.

Katie Sturino is a serial entrepreneur, internet influencer, and body positivity advocate. In addition to her fashion blog, *The 12ish Style*, and new podcast, *Boob Sweat*, she is also the founder of Megababe, an innovative beauty brand offering non-toxic products to help women feel more comfortable and confident in their own skin.

A narrative history of the FBI's Ten Most Wanted Fugitives program

THE WANTED

by John Tayman

Crown, March 2022

The ultimate true crime story, a journey into the fascinating world of the FBI, its manhunters, America's most wanted criminals on the run, and the evolution of The Ten Most Wanted Fugitives list, which will include approximately 20-25 images.

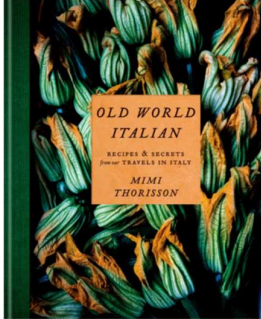
John Tayman is the bestselling author of *The Colony*. He has founded two award-winning startups, launched six magazines, and has been nominated for twenty National Magazine Awards. He has written for *The New York Times Sports Magazine*, *Outside*, *Conde Nast Traveler*, *GQ*, *Men's Journal*, *The Wall Street Journal*, *Fortune*, *Spy*, and *TIME*, among many others.



Prepare to be transported to a seat at Mimi's table in Italy

OLD WORLD ITALIAN: Recipes & Secrets from Our Travels in Italy
by Mimi Thorisson

Clarkson Potter, September 2020



Through her gorgeous cookbooks *A Kitchen in France* and *French Country Cooking*, a generation of readers fell in love with Mimi Thorisson, her lively family, and their band of smooth fox terriers. Now, in her newest cookbook, Mimi and her family leaves France behind for the beautiful countryside and stunning coasts of Italy in this lavishly photographed, stunning cookbook with 100 simple, authentic recipes inspired by the country's devoted producers and rich food heritage. The 100 recipes for authentic, classic dishes are enriched by Mimi's conversations with devoted local food experts who share their time-worn foolproof techniques and stories. Full of local color, history, and culture, and evocative, sumptuous photography shot by her husband, OddurThorisson.

Mimi Thorisson is a cookbook author and writer of *Manger*, a blog devoted to French cooking and her life in the French countryside. She is the host of the French cooking shows *La Table de Mimi* and *Les Desserts de Mimi*.

A riveting collection of fables and folktales from cultures across the globe

BENEATH THE MOON: Fairy Tales, Myths, and Divine Stories from Around the World
by Yoshi Yoshitani

Ten Speed Press, September 2020

Characters from beloved fairytales, cultural fables, ancient mythologies, and spiritual legends are brought to life, including *Sleeping Beauty* (Italy), *Rapunzel* (Germany), *Jack and the Beanstalk* (England), *Our Lady of Guadalupe* (Mexico), *Sun God Ra* (Egypt), *the Crane Wife* (Japan), and dozens more. Each story will be featured opposite a correlating illustration, which will also be featured in a companion tarot deck.

Yoshi Yoshitani is an illustrator who has done work for Disney, Image Comics, Valiant Comics, and IDW.



From the celebrated poet, speaker, and educator Najwa Zebian comes a powerful approach to healing focused on building a home within yourself.

WELCOME HOME

By Najwa Zebian

Harmony Books, June 2021

Imagine you have the power to build the home of your dreams. What would it look like? What rooms would you include? Who would you welcome into it? Now, imagine that home being built inside of you, each room filled with a different emotion, from Self-Love and Happiness, to Anger, Guilt, Forgiveness, and more. Just as this home is yours to design and build inside of you, it is yours to decide who is allowed in and who isn't. For the first time, Najwa shares her own story of building her identity as a young Muslim woman who left war-torn Lebanon for Canada at sixteen, of recovering from romantic loss, and of learning to create a sense of home inside herself rather than looking to another person for that sense of safety and worth. Written with Najwa's trademark power, candor, and warmth, *Welcome Home* offers a universal approach to healing and solace for those navigating heartbreak, identity, and mental health challenges.

Najwa Zebian is a Lebanese-Canadian activist, author, speaker, and educator. After self-publishing her first collection of poetry and prose in 2016, she went on to become a teacher and a doctoral candidate in educational leadership. Her three books of poetry have combined to sell over 250,000 copies, and she recently launched the digital school Soul Academy and the podcast Stories of the Soul. Her work has been featured in *The New York Times*, *Glamour*, *Elle Canada*, *HuffPost*, and more, and her Tedx talk has been viewed over 100,000times.

A jaw-dropping narrative of the secret investigation unit inside Richard Nixon's White House that came to be known as "The Plumbers."

THE WHITE HOUSE PLUMBERS
by Egil "Bud" Krogh, with Matthew Krogh

Public Affairs/Hachette, Spring 2021

Soon to be adapted into an HBO miniseries starring Woody Harrelson and Justin Theroux.



When Egil "Bud" Krogh was summoned to a closed-door meeting 1971, he never imagined what would follow. Prepared to discuss an obscure foreign policy program, he was handed instead a confidential file and appointed the leader of a Special Investigations Unit (SIU), later to become notorious as "The Plumbers." Krogh was instructed to investigate—and to stop—the leak of topsecret government documents, particularly the Pentagon Papers, to the press. And he was told to do it by any means necessary. As Nixon considered this task critical to national security, the SIU would go to extremes in order to eliminate the threat. Because they suspected a man named Daniel Ellsberg, the unit authorized a break-in to Ellsberg's psychiatrist's office. It was a terrible idea from the start and a third-rate burglary that they botched in every way. The almost-unbelievable criminal actions of the Plumbers would eventually lead to one of the most famous conspiracies in American history, ending in the scandal at the Watergate Hotel and the resignation of President Nixon.

Egil "Bud" Krogh was a lawyer and former member of the Nixon administration. **Matthew Krogh** is his son, a writer who lives in Bellingham, Washington.

A cultural and scientific history of the Moon

WALKING WITH THE MOON:

Uncovering the Secrets It Holds to Our Past and Our Future

by Rebecca Boyle

Random House, April 2021



The Moon is our constant companion. It has been watching over us since before there was an “us.” From our earliest beginnings, we have worshipped the moon, used it to mark our days, depended on its predictability to grow our crops and follow migrating herds, and looked to it for artistic and spiritual inspiration. The Moon has played many roles in our lives, and now it is ready to tell us all it knows. In WALKING WITH THE MOON, award-winning science journalist Rebecca Boyle traces our relationship with the Moon over the centuries and explores the latest scientific findings into what the Moon can now tell us about Earth’s origins and its future. As we prepare to return to the Moon, it is more important than ever to take a closer look at this still mysterious neighbor of ours. No other book has delved into the cultural and scientific history of the

Moon.

Rebecca Boyle is a contributing writer for *The Atlantic*, a frequent contributor at *FiveThirtyEight*, and a freelance journalist whose work has been published in the *New York Times*, *Wired*, *Aeon*, *Quanta*, *Popular Science*, *The New Yorker*, and *Scientific American*. Boyle was a 2011 Ocean Science Journalism fellow at the Woods Hole Oceanographic Institution in Woods Hole, Massachusetts, and a 2013 journalism fellow at the National Center for Atmospheric Research in Boulder, Colorado. This is her first book.

Returning to what made her book How to Be Interesting so successful, artist Jessica Hagy has written an illustrated guide to going from stuck to unstoppable by banishing worry and becoming your best self.

HOW TO BE FEARLESS: Go from Worried to Winning in 8 Simple Steps

Jessica Hagy

Sasquatch Books, February 2021

Full of energy and optimism, HOW TO BE FEARLESS takes readers by the hand and confidently sets them on the path to fulfilling their dreams. Anyone feeling unsure or hesitant — and that’s all of us at one time or another — will find the encouraging push they need to exceed their potential. For fans of Lee Crutchley’s *How to Be Happy (Or at Least Less Sad)* (TarcherPerigee), Elena Bower’s *Practice You* (Sounds True), and Mari Andrews’ *Am I There Yet?* (Clarkson Potter), HOW TO BE FEARLESS makes a great gift for oneself or anyone who needs a pick-me-up.



Jessica Hagy is an artist and writer best known for her Webby Award-winning blog, Indexed. Her book *How to Be Interesting (In 10 Simple Steps)* (Workman, 2013) has sold more than 159,000 copies and has been translated into more than a dozen languages. It has been carried by various specialty retailers, from Urban Outfitters to FedEx. She has also illustrated others’ works, including Seth Godin’s *Linchpin* and Jason Oberholtzer’s *The Hustle Economy*.

Four years, and over forty countries in the making... The author of the mega-sellers HUMANS OF NEW YORK and HUMANS OF NEW YORK: STORIES finally takes his trademark art of photography and personal interviews across the world, to give us a personal and insightful view of humanity in all its shapes and wonders.

HUMANS

by Brandon Stanton

St. Martin's Press, October 2020



Sometimes troubling and heartbreaking, often warm and inspiring, this book will move its readers with emotions as broad and varied as humanity itself. The interviews in this book took place in England, Italy, Germany, Ireland, India, Pakistan, Iran, the Netherlands, China, Iraq, Mexico, Vietnam, South Africa, Israel, the Ukraine, Spain, Canada, France, Rwanda, Uganda, South Korea, Japan, and dozens of other countries. HUMANS OF NEW YORK, the web phenomenon that started it all, currently has close to thirty million followers on Facebook and Instagram

and the books have sold over 2 million copies.

Brandon Stanton started “Humans of New York” in the summer of 2010. Over the course of nine years, HONY has built a devoted following of close to thirty million fans on several social media platforms. He has appeared on Ellen, Good Morning America, Nightline, MSNBC, CNN, has been featured in *The New York Times*, *The Wall Street Journal*, *The Los Angeles Times*, *Huffington Post*, *Mashable*, and dozens of other media venues. He has also been named a ‘person of the week’ on the ABC Evening News with Diane Sawyer, and a *Time Magazine* “30 Under 30 Who are Changing the World,” and has photographed President Obama in the Oval Office. He has used the storytelling power of his site to raise over twenty million dollars for several life-changing altruistic purposes. In 2017, he expanded his project into longform video with the launch of HUMANS OF NEW YORK: THE SERIES on Facebook Watch.

A darkly funny and poignant memoir about love, loss, Alzheimer's, and reviving her father's pornographic writing career from Mortified writer and producer Sara Faith Alterman.

LET'S NEVER TALK ABOUT THIS AGAIN

by Sara Faith Alterman

Grand Central, June 2020



12-year-old Sara enjoyed an G-rated existence in suburban New England, filled with over-the-top birthday cakes, Revolutionary War reenactments, and nerdy word games invented by her prudish father, Ira. But Sara's world changed for the icky, when she discovered that Ira had been shielding her from the truth; that he was a campy sex writer who'd sold millions of books in multiple languages, including the wildly popular 'Games You Can Play with Your Pussy.' Which was, to the naive Sara's horror, not a book about cats. For decades the books remained an unspoken family secret, until Ira developed early onset Alzheimer's disease...and announced he'd be reviving his writing career. With Sara's help. In this cringeworthy, hilarious, and moving memoir, Sara shares the profound experience of discovering new facets of her father; once as a child, and again as an adult.

LET'S NEVER TALK ABOUT THIS AGAIN is a must-read confessional from a woman who spent years trying to find humor in the perverse and optimism in the darkness, and succeeded.

Sara Faith Alterman is a writer and producer. Her work has been featured in The New York Times, The Boston Globe, Architectural Digest, The Boston Phoenix, McSweeney's, and, most recently, the anthology 'Modern Loss: Candid Conversations About Grief' (Gabrielle Birkner and Rebecca Soffer, Harper Wave, 2018). For over a decade she's been producing the New England chapter of Mortified, the long-running stage show and podcast featuring adults sharing the hilariously awkward artifacts of their youth.

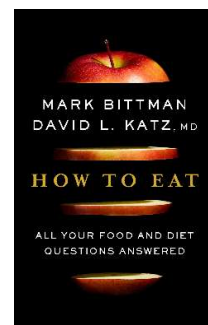
Bestselling author Mark Bittman and physician David Katz cut through all the noise on food, health, and diet to give you the real answers you need

HOW TO EAT: All Your Food and Diet Questions Answered

by Mark Bittman & David Katz

Houghton Mifflin Harcourt, March 2020

What is the "best" diet? Do calories matter? And when it comes to protein, fat, and carbs, which ones are good and which are bad? Mark Bittman and health expert David Katz answer all these questions and more in a lively and easy-to-read Q&A format. Inspired by their viral hit article on Grub Street—one of New York magazine's most popular and most-shared articles—Bittman and Katz share their clear, no-nonsense perspective on food and diet, answering questions covering everything from basic nutrients to superfoods to fad diets. Topics include dietary patterns (Just what should humans eat?); grains (Aren't these just "carbs"? Do I need to avoid gluten?); meat and dairy (Does grass-fed matter?); alcohol (Is drinking wine actually good for me?); and more. Throughout, Bittman and Katz filter the science of diet and nutrition through a lens of common sense, delivering straightforward advice with a healthy dose of wit.



Mark Bittman is the author of thirty acclaimed books, including the How to Cook Everything series, the award-winning *Food Matters*, and the *New York Times* number-one bestseller, *VB6: Eat Vegan Before 6:00*. For more than two decades his popular and compelling stories appeared in the *Times*, where he was ultimately the lead food writer for the Sunday magazine and became the country's first food-focused Op-Ed columnist for a major news publication. Bittman has also starred in four television series, including Showtime's Emmy-winning *Years of Living Dangerously*.

David L. Katz is the founding director of Yale University's Yale-Griffin Prevention Research Center, Past-President of the American College of Lifestyle Medicine, and Founder/President of the True Health Initiative. He has authored roughly 200 peer-reviewed publications and many hundreds of health columns both on-line and in print. Katz is recognized globally for expertise in nutrition, weight management and the prevention of chronic disease.

In this science-based, remarkably candid account of what it's like to heal from Complex PTSD, journalist Stephanie Foo offers a fascinating exploration of a psychological phenomenon we're only beginning to understand and a relevant and powerful narrative of reckoning and healing.

THE UNMAKING

by Stephanie Foo

Ballantine, publication date TBD



Stephanie Foo was an accomplished journalist, a producer at *This American Life*, won an Emmy, and launched a podcasting app, but behind her office door she was having panic attacks. At the age of 30 she was diagnosed with Complex PTSD. Finding few resources to help her heal, Stephanie set out to write her own guide, *THE UNMAKING*. With the determination and curiosity of an award-winning journalist, Stephanie investigates the science behind Complex PTSD and how it has shaped her own life. She interviews experts and tries a variety of therapies. She also dives into her past of extreme child abuse and neglect and uncovers family secrets. While someone can develop PTSD from a single traumatic event, Complex

PTSD blooms when the trauma happens over and over and over, over the course of years. Risk factors include being hit or verbally abused by a caretaker, having mentally ill, alcoholic or addict parents, or even facing poverty. *THE UNMAKING* describes how C-PTSD is, essentially, brain damage, and the tragic impact it has on bodies and minds. But unlike the academic books on C-PTSD, Stephanie Foo also shares how it feels to learn that science as a survivor. She writes about her doubts, anguish, terrible setbacks, and ultimately, successes.

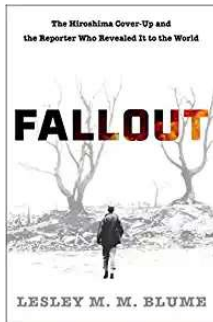
Stephanie Foo is a writer and radio producer. She most recently was a producer at the radio show *This American Life*, which reaches 5 million listeners every week. Before that, she helped create the public radio show *Snap Judgment*, where she produced nearly 200 stories in 4 years. Foo is an acclaimed advocate for diversity in all forms. She wrote a viral article for *Transom* about the importance of diverse workplaces, particularly in newsrooms, and speaks frequently on the topic of diversity and inclusion. She's an Adjunct Assistant Professor at Columbia University and has spoken at Columbia, Vassar, Yale, Berkeley and CUNY.

New York Times bestselling author Lesley M.M. Blume reveals how a courageous reporter uncovered one of the greatest and deadliest cover-ups of the 20th century—the true effects of the atom bomb—potentially saving millions of lives.

FALLOUT

by Lesley M. M. Blume

Simon & Schuster, August 2020



In the days following the atomic bombings of Hiroshima and Nagasaki, the Japanese surrendered unconditionally. But even before the surrender, the US had begun a secret propaganda campaign to celebrate these weapons as the ultimate peacekeepers—hiding the true extent and nature of their devastation. The cover-up intensified as Americans closed the atomic cities to Allied reporters, preventing information from leaking about the horrific and lasting effects of radiation which would kill thousands of people during the months after the blast. For nearly a year the cover-up worked—until *New Yorker* journalist John Hersey got into Hiroshima and reported the truth to the world. As Hersey and his editors prepared his article for publication, they kept the whistleblowing story secret—even from most of their *New Yorker* colleagues. When the magazine published “Hiroshima” in August, 1946, it became an instant global sensation, and inspired pervasive horror about the weapons that had been covertly waged in America’s name. Since 1945, no nuclear weapons have ever been deployed in war in part because Hersey alerted the world to their true, devastating impact. This knowledge has remained among the greatest deterrents to using them since the end of World War II. Released on the 75th anniversary of the Hiroshima bombing, *Fallout* is an engrossing detective story, as well as an important piece of hidden history that shows how one heroic scoop saved—and can still save—the world.

Lesley M. M. Blume is the *New York Times*-bestselling author of EVERYBODY BEHAVES BADLY (“[A] must-read” – *Harper’s Bazaar*) and an award-winning journalist, reporter, and cultural historian. She contributes regularly to *Vanity Fair* and *The Wall Street Journal*, and her work has appeared in *Vogue*, *Town & Country*, and *Departures*, among other publications. She holds honors degrees in history from Williams College and Cambridge University. Blume lives in New York and Los Angeles with her husband and daughter.



This book offers readers—workers, managers, and executives alike—explicit, evidence-based guidance on positive psychology practices to offer a hopeful road map of how to tackle these challenges head on.

TOMORROWMIND: Flourishing in the Future of Work
by Gabriella Rosen Kellerman and Martin Seligman

Atria/Simon & Schuster, 2022

In recent years a vast literature has emerged to document and foretell the unprecedented scale of change facing the global workforce as the Age of Automation dawns. The evidence is overwhelming—and, at first glance, frightening. Forty-two percent of the job skills we use today will be obsolete by 2022. Eighty percent of US workers will have their jobs replaced, or their wages reduced, by automation in the new decade. We can expect, within the next ten years, that we won't be choosing our careers once in a lifetime, but continually, across a wide range of industries. Our average job tenure will be under two years. Our job skills will expire every 18 months. More and more of our work will be done remotely, alone, or with rotating teams. The scale of the shift dwarfs that of all other eras, including the Industrial Revolution, and it poses a unique set of challenges to human wellbeing. In TOMORROWMIND, Gabriella Kellerman and Martin Seligman ask the question other thinkers on the subject have so far avoided: if, today, we sit on the cusp of the most turbulent changes to work society has ever faced, how will that change us? How will we survive? And more importantly, how can most of us thrive?

Gabriella Rosen Kellerman, MD is the Chief Innovation Officer for the \$700M behavior change company BetterUp, and the head of BetterUp Labs, where she leads strategic efforts to develop the next generation of offerings in behavior change technology.

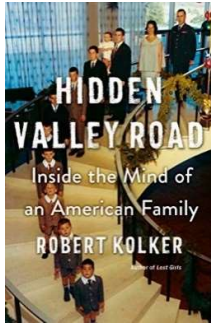
Martin Seligman, PhD is the Zellerbach Family Professor of Psychology at the University of Pennsylvania, director of the Positive Psychology Center, former president of the American Psychological Association, and a scientific advisory board member of BetterUp Labs. Called the “founder of Positive Psychology,” he is the author of over 30 books for both scholarly and trade audiences, including FLOURISH, AUTHENTIC HAPPINESS, and LEARNED OPTIMISM. His books have been translated into fifty languages and have sold millions of copies worldwide.

The heartrending story of a midcentury American family with twelve children, six of them diagnosed with schizophrenia, that became science's great hope in the quest to understand the disease.

HIDDEN VALLEY ROAD: Inside the Mind of an American Family

by Robert Kolker

Doubleday, April 2020



Don and Mimi Galvin seemed to be living the American dream. After World War II, Don's work with the Air Force brought them to Colorado, where their twelve children perfectly spanned the baby boom: the oldest born in 1945, the youngest in 1965. In those years, there was an established script for a family like the Galvins—aspiration, hard work, upward mobility, domestic harmony—and they worked hard to play their parts. But behind the scenes was a different story: psychological breakdown, sudden shocking violence, hidden abuse. By the mid-1970s, six of the ten Galvin boys, one after another, were diagnosed as schizophrenic. How could all this happen to one family? What took place inside the house on Hidden Valley Road was so extraordinary that the Galvins became one of the first families to be studied by the National Institute of Mental Health.

Their story offers a shadow history of the science of schizophrenia, from the era of institutionalization, lobotomy, and the schizophrenogenic mother to the search for genetic markers for the disease, always amid profound disagreements about the nature of the illness itself. And unbeknownst to the Galvins, samples of their DNA informed decades of genetic research that continues today, offering paths to treatment, prediction, and even eradication of the disease for future generations. With clarity and compassion, bestselling and award-winning author Robert Kolker uncovers one family's unforgettable legacy of suffering, love, and hope.

Robert Kolker is the *New York Times* bestselling author of *Lost Girls*, named one of the *New York Times*'s 100 Notable Books and one of *Publishers Weekly*'s Top Ten Books of 2013. As a journalist, his work has appeared in *New York magazine*, *Bloomberg Businessweek*, *The New York Times Magazine*, *Wired*, *GQ*, *O magazine*, and *Men's Journal*. He is a National Magazine Award finalist and a recipient of the 2011 Harry Frank Guggenheim Award for Excellence in Criminal Justice Reporting from the John Jay College of Criminal Justice in New York.



FRANCES GOLDIN LITERARY AGENCY, INC.

A timely and arresting new look at affluence by a consistently surprising writer.

HAVING AND BEING HAD

by Eula Biss

Riverhead, September 2020

“My adult life can be divided into two distinct parts,” Eula Biss writes, “the time before I owned a washing machine and the time after.” Having just purchased her first home, she now embarks on a roguish and risky self-audit of the value system she has bought into. The result is a radical interrogation of work, leisure, and capitalism. Described by *The New York Times* as a writer who “advances from all sides, like a chess player,” Biss brings her approach to the lived experience of capitalism. Playfully ranging from IKEA to Beyoncé to Pokémon, across bars and laundromats and universities, she asks, of both herself and her class, “In what have we invested?”



Eula Biss is the author of three books, including *The New York Times* bestseller *On Immunity: An Inoculation*, which was named one of the 10 Best Books of 2014 by *The New York Times Book Review*, and *Notes from No Man’s Land: American Essays*, which won the National Book Critics Circle Award for criticism. Her work has appeared in *Harper’s*, *The New York Times*, *The Believer*, and elsewhere, and has been supported by an NEA Literature Fellowship, a Howard Foundation Fellowship, and a Guggenheim Fellowship.



GREYSTONE BOOKS

A much-needed, evidence-based argument for hope in a world living through planetary crisis.

HOPE MATTERS: Why Changing the Way We Think Is Critical to Solving the Environmental Crisis

by Elin Kelsey

Greystone Books, Fall 2020

We are living through an environmental crisis—and a crisis of hope. As global temperatures rise and biodiversity is under threat, “eco-anxiety” is a growing phenomenon. But as Elin Kelsey argues, climate “doomism” is not only affecting our health, but fueling an epidemic of hopelessness that threatens to seal the planet’s fate. *Hope Matters* delivers a much needed, evidence-based argument for hope to a world living through planetary crisis. Through examples that show the real-world potential of amplifying scientific solutions to specific environmental problems, it boldly tears down the narrative of doom and gloom that has overtaken conversations about our future. Kelsey reveals the harm that hopelessness is doing to us, and shows that rather than breeding complacency, realistic and engaged hope is the most effective motivator for action. She also describes effective campaigns and interventions on issues like ocean conservation, supporting species resilience, and rewilding, demonstrating how digital conservation is helping scientists target specific areas with impressive results—and how we can continue to build on these encouraging trends. *Hope Matters* is a timely, evidence-based argument for the place of hope, and a celebration of the turn toward solutions that is emerging in the face of global crisis and despair. At a time when climate fatalism is feeding apathy, distrust, and cynicism, Kelsey shows why hope is a brave act of resistance and transformation.

Elin Kelsey, PhD, is a scholar and educator, and an award-winning author of books for children and adults. She is a popular keynote speaker who regularly gives talks and leads environmental workshops across North America and around the world. Kelsey divides her time between Monterey, California, and Victoria, BC.

GROVE ATLANTIC

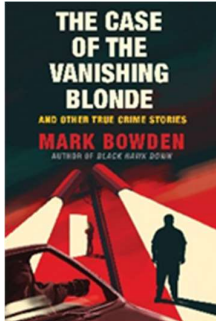
An Independent Literary Publisher Since 1917

From Mark Bowden, a “master of narrative journalism” (New York Times), comes a true-crime collection both deeply chilling and impossible to put down

THE CASE OF THE VANISHING BLONDE

by Mark Bowden

Atlantic Monthly Press, July 2020



#1 *New York Times* bestselling author Mark Bowden is one of the most highly regarded American journalists writing today. He’s been applauded for his “tenacity as a reporter” (*Time Magazine*), while Malcolm Gladwell has called him “a Woodward that even outdoes Woodward.” The *Last Stone* was Bowden’s first fascinating foray into true crime, praised by the *New York Times* as “a stirring, suspenseful, thoughtful story . . . told beautifully.” Bowden returns to true crime in his new book, *THE CASE OF THE VANISHING BLONDE*: a collection of six haunting pieces that will easily hold readers captive until they finish. These six true-crime pieces, spanning Mark Bowden’s long and illustrious career, cover a variety of crimes complicated by extraordinary circumstances. Winner of a lifetime achievement award from International Thriller Writers, Bowden revisits in *THE CASE OF THE VANISHING BLONDE* some of his most riveting stories and examines the effects of modern technology on the journalistic process. From a story of a campus rape at the University of Pennsylvania in 1983 that unleashed a moral debate over the nature of consent when drinking and drugs are involved to three cold cases featuring the inimitable Long Island private detective Ken Brennan and a startling investigation that reveals a murderer within the LAPD’s ranks, shielded for twenty six years by officers keen to protect one of their own, these stories are the work of a masterful narrative journalist—gripping true crime from a writer the *Wall Street Journal* calls “an old pro.”

Mark Bowden is the author of thirteen books, including the #1 *New York Times* bestseller *Black Hawk Down*. He reported at the *Philadelphia Inquirer* for twenty years and now writes for the *Atlantic* and other magazines.

From renowned music journalist Marc Myers comes a compelling history of the rock concert that reveals the driving force of rock n roll

SOLD OUT: An Oral History of the Rock Concert

by Marc Myers

Grove Press, Winter 2021

Wall Street Journal contributing writer and music aficionado Marc Myers dives into the fascinating history of rock n roll in *SOLD OUT: AN ORAL HISTORY OF THE ROCK CONCERT*. Myers’s *The Anatomy of a Song* received high praise: the *New York Times Book Review* raved that “each story is a pleasure to read and will deepen your listening experience.” Myers raises the bar in his enthralling new account of the evolution of rock n roll, told through the history of the rock concert and informed by riveting interviews with influential members of the raucous rock n roll community through the ages. Attending a rock concert for the first time is a transformative experience, one which lives in the minds of young concert-goers for decades after the last chord fades. Decades after the rise of rock music in the 1950s, the rock concert retains its allure



and its power as a unifying experience—and as an influential multi-billion-dollar business. In *SOLD OUT*, Myers set out to uncover the history of this compelling phenomenon.

Marc Myers is a frequent contributor to the *Wall Street Journal*, where he writes about rock, soul, and jazz, as well as the arts. He is the author of the critically acclaimed books *Anatomy of a Song* and *Why Jazz Happened*, and posts daily at *JazzWax.com*, winner of the 2015 Jazz Journalists Association's award for Jazz Blog of the Year.

From acclaimed journalist and former Sports Illustrated staff writer Alexander Wolff comes the fascinating story—part history, part memoir—of the author's exiled grandfather and émigré father, who survived the turmoil of both World Wars and led fascinating lives as immigrants in America.

**BERLIN RECKONING: My German American Family's Story of War, Flight, Exile, and Emigration
by Alexander Wolff**

Atlantic Monthly Press, Winter 2021



In 2017 acclaimed journalist Alexander Wolff moved to Berlin to explore the lives of his exile grandfather Kurt Wolff and émigré father Niko Wolff—two part-Jewish, German-born men who became American citizens. Kurt Wolff broke into the book business in 1909 as partner of Ernst Rowohlt in Leipzig; four years later, at age 26, he went out on his own, publishing Franz Kafka, Heinrich Mann, Franz Werfel, Joseph Roth, and other writers whose books would be burned by the Nazis. Just after the Reichstag fire in 1933, he and his wife Helen fled to France and Italy, and eight years later in New York they founded Pantheon Books, which went on to publish *Gift from the Sea*, *Doctor Zhivago*, and *The Tin Drum*. Kurt left behind a son from his first marriage, who served in the Wehrmacht before being captured by the Americans, emigrating to the U.S. only in 1948. This was Alexander's father Niko. Drawing on family letters, diaries, reminiscences and photographs, many never before seen by anyone outside the family, Alexander weaves intimate detail of his father and grandfather into a tapestry of history. An absorbing journey that is part memoir and part historical narrative, *BERLIN RECKONING* is the saga of a far-flung family navigating wartime and its aftershocks. The book evokes the perils, triumphs, and setbacks at the heart of the refugee experience. And it paints a vivid portrait of the life and times of a titanic literary figure who went from having his books burned by the Nazis to winning the Nobel Prize in Literature.

Alexander Wolff spent 36 years on staff at *Sports Illustrated*. He is author or editor of nine books, including the *New York Times* bestseller *Raw Recruits* and *Big Game, Small World*, which was named a *New York Times* Notable Book. A former Ferris Professor of Journalism at Princeton, from which he graduated magna cum laude with a B.A. in History, he lives with his family in Vermont.

The author of the bestselling Plant Paradox series takes a fresh look at one of the top health issues plaguing Americans—fatigue—and offers a revolutionary plan for boosting energy and revitalizing mental and physical stamina.

THE ENERGY PARADOX

by Steven Gundry

Harper Wave, December 2020

In his bestselling books, *The Plant Paradox* and *The Longevity Paradox*, Dr. Steven R. Gundry offered game-changing perspectives on our wellbeing. In *The Energy Paradox*, Dr. Gundry expands upon his previous discussions of gut, microbiome, and mitochondrial health, linking immune malfunction to the mental and physical symptoms of fatigue—including exhaustion, brain fog, depression, anxiety, and low metabolism. As Dr. Gundry explains, feeling tired, moody, and zapped of energy is not normal, no matter your workload or age. Fatigue is an SOS flare from the body, one that is intended to alert us that something is wrong. In his clinical work, Dr. Gundry has found that his patients who complain of feeling sick and tired all the time almost always have something in common: the inflammation markers of a leaky gut. In *The Energy Paradox*, Dr. Gundry will offer readers the information and tools necessary to quiet the autoimmune battle raging within—a battle that depletes precious energy reserves, leaving you drained and prone to mood disorders and weight gain. With new guidelines on how to increase mitochondrial energy production and nourish the microbiome; 30 new Plant Paradox-approved recipes; and lists of energy-boosting foods to consume and energy-depleting foods to avoid, *The Energy Paradox* will help readers take back their lives, giving them the energy they need to feel, look, and be their best.

Steven R. Gundry, MD, is the director of the International Heart and Lung Institute in Palm Springs, California, and the founder and director of the Center for Restorative Medicine in Palm Springs and Santa Barbara. After a distinguished surgical career as a professor and chairman of cardiothoracic surgery at Loma Linda University, Dr. Gundry changed his focus to curing modern diseases via dietary changes. He is the bestselling author of *The Longevity Paradox*, *The Plant Paradox*, *The Plant Paradox Cookbook*, *The Plant Paradox Quick and Easy*, and *Dr. Gundry's Diet Evolution*, and has written more than three hundred articles published in peer-reviewed journals on using diet and supplements to eliminate heart disease, diabetes, autoimmune disease, and multiple other diseases. Dr. Gundry lives with his wife, Penny, and their dogs in California.

A broad look at the latest science of the microbiome

**THE GUT-DISEASE CONNECTION: The Invisible Link Between the Food We Eat and the Microbes
Within us—and How We Can Take Back Our Health**

by Emeran Mayer

Harper Wave, March 2021



In *The Gut-Disease Connection*, Dr. Emeran Mayer reveals how miscommunications between the microbiome, gut, and brain can not only negatively impact our cognitive health—increasing the risk of Alzheimer’s, Parkinson’s, depression, and autism spectrum disorder—but also give rise to the chronic illnesses that plague millions, including metabolic disease, cardiovascular disease, and cancer. Dr. Mayer links our epidemic of mental and physical illness to the decline of microbial diversity in our bodies, which is impacted by everything from drugs and environmental toxins to the food we eat, which is grown in microbe-depleted soil and cannot offer us the essential nutrition it once did. While practical and hopeful, this book is also an urgent call to action, issuing a warning of the coming “antibiotic winter”—a plague of antimicrobial resistance—that

awaits us in just a few decades if we do not change our ways.

Dr. Emeran Mayer previously served as the Founding Chair of UCLA Collaborative Centers for Integrative Medicine, as the Executive Director of UCLA Center for Neurobiology of Stress, and as the Co-Director of the CURE: Digestive Diseases Research Center. He has joint appointments in the Departments of Medicine, Physiology and Psychiatry. His work has appeared in the *New England Journal of Medicine* and been featured in *Psychology Today*, the *New York Times*, *London Sunday Times*, and on NPR and PBS. He lives in Los Angeles, California.

A behind-the-scenes account of the shocking discovery of the skeleton of “Ardi,” a human ancestor far older than Lucy—a find that shook the world of paleoanthropology and radically altered our understanding of human evolution.

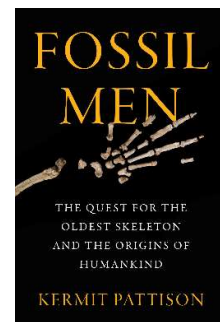
FOSSIL MEN: The Quest for the Oldest Fossil Skeleton and the Battle to Define Human Origins

by Kermit Pattison

William Morrow, June 2020

In 1994, a team led by fossil-hunting legend Tim White—“the Steve Jobs of paleoanthropology”—uncovered the bones of a human ancestor in Ethiopia’s Afar region. Radiometric dating of nearby rocks indicated the skeleton, classified as *Ardipithecus ramidus*, was 4.4 million years old, more than a million years older than “Lucy”, then the oldest known human ancestor. The findings challenged many assumptions about human evolution - how we started walking upright, how we evolved our nimble hands, and, most significantly, whether we were descended from an ancestor that resembled today’s chimpanzee—and repudiated a half-century of paleoanthropological orthodoxy. *Fossil Men* is the first full-length exploration of Ardi, the fossil men who found her, and her impact on what we know about the origins of the human species. It is a scientific detective

story played out in anatomy and the natural history of the human body. Kermit Pattison brings into focus a cast of eccentric, obsessive scientists, including one of the world’s greatest fossil hunters, Tim White—an exacting and unforgiving fossil hunter whose virtuoso skills in the field were matched only by his propensity for making enemies; Gen Suwa, a Japanese savant who sometimes didn’t bother going home at night to devote more hours to science; Owen Lovejoy, a onetime creationist-turned-paleoanthropologist; Berhane Asfaw, who survived



imprisonment and torture to become Ethiopia's most senior paleoanthropologist and who fought for African scientists to gain equal footing in the study of human origins; and the Leakeys, for decades the most famous family in paleoanthropology. An intriguing tale of scientific discovery, obsession, and rivalry, *Fossil Men* is popular science at its best, and a must-read for fans of Jared Diamond, Richard Dawkins, and Edward O. Wilson

Kermit Pattison is a journalist whose work has appeared in the *New York Times*, *GQ*, *Fast Company*, *Runners World*, and *Time*, among many other publications. He spent more than half a decade doing research for *Fossil Men*, a large portion of which was spent in the field in Ethiopia with Tim White's team. This is his first book. He lives in St. Paul, Minnesota.



*The long-awaited sequel to Dr. Marty Goldstein's tremendously successful first book, **The Nature of Animal Healing**.*

THE SPIRIT OF ANIMAL HEALING

by Dr. Marty Goldstein

St. Martin's Press, February 2021

It is chock-full of the very latest integrative medical knowledge (which combines conventional therapies with complementary and alternative medicine). Coupled with the vast amount of specialized expertise and learning Dr. Goldstein has gained from his own practice over the past 45 years, **THE SPIRIT OF ANIMAL HEALING** takes readers on a journey to the leading edge of integrative veterinary understanding to achieve greater insight into the minds and bodies of their animal companions. And instead of just treating their animal companions when they are sick, Dr. Goldstein provides readers with the most up-to-date tools and knowledge they need to keep their dogs and cats healthy and prevent disease from occurring in the first place.

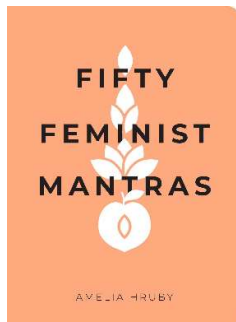
Dr. Martin Goldstein—Dr. Marty—is considered by many experts, and tens of thousands of satisfied clients, to be America's foremost integrative veterinarian. The results he has achieved have been so astounding that today critically ill dogs and cats from all over the world are brought to Smith Ridge Veterinary Center where doctors trained by Dr. Marty give these animals a new chance at life and health. A classically trained veterinarian who earned his DVM at the Cornell University College of Veterinary Medicine, a conventional school long recognized as one of the best, Dr. Marty's interest in alternative approaches to medicine was sparked a couple years after graduation when a variety of his own personal health problems were finally resolved using a natural, nontoxic approach.

An illustrated journal for feminists looking to strengthen their mental health in a positive, inclusive, and radical way.

FIFTY FEMINIST MANTRAS

by Amelia Hruby

Andrews McMeel, October 2020



Fifty Feminist Mantras began as a weekly blog post and blossomed into a year-long project with the purpose of helping readers embrace feminism and themselves as feminists. Inside, there are fifty mantras arranged by week and season. Each mantra includes guided reflection and writing prompts along with journal pages for readers to fill.

Amelia Hruby is an audio producer for radio stations, artists, and women business owners, and the creator of the podcast, *Fifty Feminist States*. Based in Chicago, she is currently a graduate student at DePaul University working on a PhD in philosophy.

An investigation into the far-reaching impacts that temperature regulation has on our emotions, relationships, and health.

THE TEMPERATURE EVOLUTION: How Climate Has Made Us Social and Shapes Our Health

by Hans Ijzerman

Norton, February 2021

We tend to overlook the powerful influence our bodies have on our minds, and our experience of the temperature we live in is no exception. Temperature had a huge influence on human evolution. It was behind our upright walking, our loss of fur, our big brains — and perhaps even our morality. It can help explain the power of attachment that we develop as children towards our parents, and why strong relationships are even more important for longevity than avoiding obesity or engaging in exercise. Warmth and cold continue to influence us in all kinds of ways — a chilly room temperature makes us judgmental, a warm cup of coffee makes other people appear friendlier. What's more, the body-mind connection works in the other direction, too, with our feelings of kinship influencing our temperature perceptions. Eating alone, for example, can make a room feel cool. Drawing from the psychological literature on social thermoregulation, much of it his own, Hans will show that understanding how we subconsciously strive, penguin-like, to keep our body temperature in an optimal range, can help us in our relationships, jobs, and even in navigating the world of social media.

Hans Ijzerman is the world's foremost expert on social thermoregulation in humans. He has published over 30 academic articles in the top journals of his field, and is an associate editor of *Social Psychology*, as well as *Journal of Experimental Social Psychology*. He has also written for the *New York Times* and the *Huffington Post*. Ijzerman has given interviews about his research for national Dutch radio stations, and has appeared on national TV in the Netherlands and Belgium. His research has been prominently featured in *Scientific American Mind*, the *Daily Mail*, and has contacts with many journalists in the United States, Great Britain, the Netherlands, and Belgium. He is an associate professor of psychology at University of Grenoble, France. He speaks Dutch, English, French, Portuguese, German and Spanish.

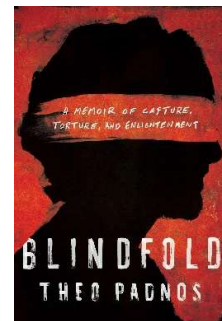
An award-winning journalist's searing, extraordinary account of being kidnapped and tortured in Syria by al Qaeda for two years—a revelatory memoir about war, human nature, and endurance.

BLINFOLD: A Memoir of Capture, Torture, and Enlightenment

by Theo Padnos

Scribner, August 2020

In 2012, American journalist Theo Padnos, fluent in Arabic, Russian, German, and French, traveled to a Turkish border town to write and report on the Syrian civil war. One afternoon in October, while walking through an olive grove, he met three young Syrians—who turned out to be al Qaeda operatives—and they captured him and kept him prisoner for nearly two years. On his first day, in the first of many prisons, Padnos was given a blindfold—a grime-stained scrap of fabric—that was his only possession throughout his horrific ordeal. Now, in *Blindfold*, Padnos recounts his time in captivity in Syria, where he was frequently tortured at the hands of the al Qaeda affiliate, Jebhat al Nusra. We learn not only about Padnos's harrowing experience, but we also get a firsthand account of life in a Syrian village, the nature of Islamic prisons, how captors interrogate someone suspected of being CIA, the ways that Islamic fighters shift identities and drift back and forth through the veil of Western civilization, and much more. Offering fascinating, unprecedented insight into the state of Syria today, *Blindfold* is an astonishing portrait of courage that combines the emotional power of a captive's memoir with a journalist's account of a culture and a nation in conflict that is as urgent and important as ever.

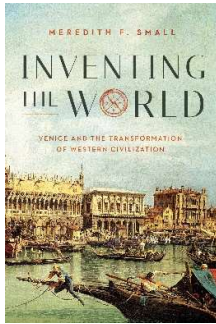


Theo Padnos is the author of *Undercover Muslim*, which explored everyday life among westerners as they studied in Yemen's religious academies. He was held prisoner by the Syrian al Qaeda affiliate, Jebhat al Nusra, between 2012 and 2014. A documentary film about his experiences called *Theo Who Lived* was released in 2016 and was a *New York Times* Critic's Pick.

An epic cultural journey that reveals how Venetian ingenuity and inventions—from sunglasses and forks to bonds and currency—shaped modernity.

**INVENTING THE WORLD: Venice and the Transformation of Western Civilization
by Meredith F. Small**

Pegasus Books, December 2020



How did a small, isolated city—with a population that never exceeded 100,000, even in its heyday—come to transform western civilization? Acclaimed anthropologist Meredith Small, the author of the groundbreaking *Our Babies, Ourselves* examines the the unique Venetian social structure that was key to their explosion of creativity and invention that ranged from the material to social. Whether it was boats or money, medicine or face cream, opera, semicolons, tiramisu or child-labor laws, these all originated in Venice and have shaped contemporary notions of institutions and conventions ever since. The foundation of how we now think about community, health care, money, consumerism, and globalization all sprung forth from the Laguna Veneta. But Venice is far from a historic relic or a life-sized museum. It is a living city that still embraces its innovative roots. As climate change effects sea-level rises, Venice is on the front lines of preserving its legacy and cultural history to inspire a new generation of innovators.

Meredith F. Small is a professor of anthropology at Cornell University and the author of *Our Babies, Ourselves*; *What's Love Got to Do with It?*; and *Female Choices*. She writes frequently for *Natural History Magazine*, *Discover*, *Scientific American*, and is a commentator for National Public Radio's *All Things Considered*. She lives in Ithaca, New York.

This book on wisdom is BIG not because of its length, but because it is about everything and for everyone.

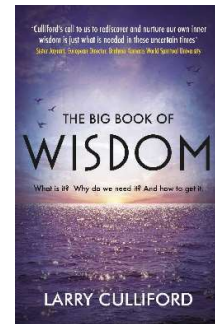
THE BIG BOOK OF WISDOM

by Larry Culliford

Hero/Legend Press, March 2020

Combining scientific findings with logical and intuitive reasoning, we are taken on a journey to look into our intellectual and spiritual experiences. Topics such as Capitalism, Education, Religion, Politics, Health, are explored and we look at the imbalance between our aims and values as well as the discovery of intersecting cosmic miracles of existence, life, consciousness, love and unity. The Big Book of Wisdom is a guide on how to live a meaningful life, how to grow through adversity towards maturity, and making one's contribution, little by little, to a better, safer, cleaner, healthier, much happier world.

Larry Culliford is a skilled physician and psychiatrist who trained in medicine at St Catharine's College, Cambridge and Guy's Hospital, London. He worked in hospital medicine and general practice in UK, New Zealand and Australia, and later qualified as a psychiatrist, working until retirement in the UK National Health Service. He has now turned his gifted attention to the ailments of society.

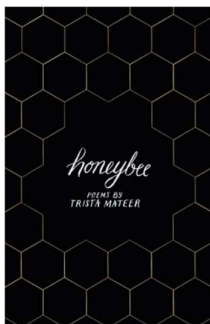


A collection of poems about letting go

HONEYBEE

by Trista Mateer

Hero/Legend Press, May 2020



You will meet people in your lifetime who demand to have poems written about them. It's not something they say. It's something about their hands, the shape of their mouths, the way they look walking away from you. *Honeybee* is an honest take on walking away and still feeling like you were walked away from. It's about cutting love loose like a kite string and praying the wind has the decency to carry it away from you. It's an ode to the back and forth, the process of letting something go but not knowing where to put it down. *Honeybee* is putting it down. It's small town girls and plane tickets, a taste of tenderness and honey, the bandage on the bee sting. It's a reminder that you are not defined by the people you walk away from or the people who walk away from you. Consider *Honeybee* a memoir in verse, or at the very least, a story written by one of today's most confessional

poets.

Trista Mateer is a poet from outside of Baltimore. Known for her eponymous blog, she is also the author of four full length collections of poetry, and won the Goodreads Choice Award in 2015 with *The Dogs I Have Kissed*. She is currently working as a freelance editor but still manages to spend most of her time Googling cheap air fare and writing poetry about things that don't matter anymore.

A woman spends six years on the Arctic Tundra as an outsider in a Sámi Reindeer herding village, learning resilience and what it truly means to belong.

BELONGING: A Memoir

by Laura Galloway

Allen & Unwin, 2021

“Freezing cold and tired, I hold onto a long green tarp – alongside a handful of others – guiding reindeer into an enormous holding enclosure in a remote corner of the Norwegian Arctic. A giant buttery moon lies flat against the hard-blue twilight sky, so low I could touch it. It illuminates the blinding fury of hooves and antlers. My toes are numb in the wet wool of my muddy boots, I am struck by the absolute insanity and wonder of life, of the improbable twists and turns that we can’t even begin to imagine. Like me in the Arctic.”



Laura Galloway was the External Head of Media Relations for the TED Conferences (2006-2011), where she helped build TED into a global brand. She now lives in Arctic Norway with her reindeer herding dogs, Rássi and Nilla, and two cats.

Mixed Messages teaches you to be incentive smart and shows you what factors you need to consider when designing powerful, motivating incentives.

MIXED MESSAGES: How Incentives Really Work

by Uri Gneezy

Yale University Press, 2022



Daniel Pink’s 2010 bestseller, *Drive*, challenges the assumption that the best way to motivate people is with external rewards like money. Pink asserts that the secret to high performance and satisfaction—at work, at school, and at home—is the deeply human need to direct our own lives, to learn and create new things, and to do better by ourselves and our world. Behavioral economist Uri Gneezy argues that internal rewards are only part of the story. The key to changing behavior, both in others and in ourselves, is using the right combination of economic and psychological rewards.

Mixed Messages explains why, when, and how incentives act as signals. When they send the wrong signal, even unintentionally, incentives may backfire. When they send the right signal, and are designed with input from both psychology and economics, they can work in ways that are highly effective and ethical.

Uri Gneezy is one of the best-known behavioral economists in the world. He was born and raised in Israel, where he learned applied game theory firsthand in the streets of Tel Aviv. Dr. Gneezy is the Epstein/Atkinson Endowed Chair in Behavioral Economics and professor of economics and strategy at the Rady School of Management at the University of California, San Diego.

The first trade book about listening to music that goes beyond the familiar concepts of scales, key signatures, and chord progressions to explore a set of overlooked and under-appreciated (yet easily grasped) aspects of music that can help readers get more out of their relationship with music.

THIS IS WHAT IT SOUNDS LIKE:

A Legendary Record Producer-Turned-Brain Scientist Explores Why We Fall in Love with Music

by Dr. Susan Rogers & Dr. Ogi Ogas

W.W. Norton & Company, Fall 2022



Far too many people feel left out or left behind by music these days, individuals who yearn for a closer relationship with the art of sound but who have been wrongly led to believe that you need to have specialized training, be an avid reader of *Rolling Stone*, or become a heavy user of TikTok to have a voice in the conversation. In this book, Susan Rogers argues that even if you don't know an A sharp from a B flat, you can still be an indispensable part of music as long as you go about listening in the right way. . . for you. Her central premise is that we each have a musical "resonant frequency"—a unique pattern of mental, emotional, and physical responses to music that determines the kinds of songs we find most captivating.

Without any musical training—and she doesn't play an instrument—**Susan Rogers** went on to become a recording engineer for Prince and a producer of eighteen gold and platinum albums, including collaborations with Prince and Barenaked Ladies. She is also a graduate of the world's top PhD program in music cognition at McGill University, where her advisor was Daniel Levitin, author of the bestselling *This is Your Brain on Music*. Today, she is an award-winning professor at Boston's prestigious Berklee College of Music.

Ogi Ogas, Ph.D. is a Research Fellow at the Harvard Graduate School of Education. He did undergraduate study at MIT and received his PhD in computational neuroscience from Boston University. He was a Department of Homeland Security Fellow (which paid for his graduate training). He was the co-author of *Dark Horse: Achieving Success Through the Pursuit of Fulfillment* and *Shrinks: The Untold Story of Psychiatry*, which was long-listed for the PEN/E.O. Wilson Literary Science Writing award. He reached the million-dollar question on Who Wants to Be a Millionaire by applying his knowledge of neural memory systems.



In the tradition of Sapiens, bestselling author Susan Wise Bauer's BONES, BLOOD, BREATH is a gripping and thought-provoking take on human history told through humanity's evolving perceptions of illness.

BONES, BLOOD, BREATH: How Sickness Shapes Our World
by Susan Wise Bauer

St. Martin's Press, publication date TBD

In illness, Bauer provides a surprising new lens through which to consider all of human history—she argues that bodily sickness and our conception of it has shaped our culture, our philosophies, and our religions, and has directly and indirectly affected how we view others, how we view ourselves, and how we fashion our world. She argues that sickness is the great mirror that reflects back our most urgent and eternal questions: Why does calamity descend without warning? How can we explain it? And how do we fight back? Told in a propulsive narrative style that brings sweeping history to life through intimate individual stories, Bauer takes readers on a journey from humans' earliest days when sickness was an unsolvable mystery, evidence that humans were powerless to the unseen forces of gods, to more modern times and the birth of germ theory, when secularism grew alongside our fear of contamination. Bringing us full circle, Bauer discusses how in our contemporary era, HIV, Ebola, Superbugs, and a number of other seemingly apocalyptic forces have pushed people away from science and back towards the old and perverse comforts of superstition and suspicion of the other. A multidisciplinary human history like no other, *BONES, BLOOD, BREATH* is a big think book that tells a large-scale, vivid, chronological story, stretching around the world from ancient times until the present—it will change the way we understand who we are.



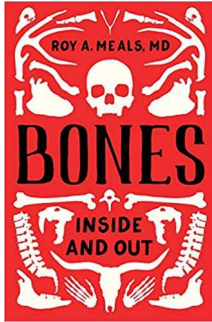
Susan Wise Bauer is a writer, historian, and educator. Known for combining meticulous research with gripping detail to offer her readers sweeping and engaging big-picture narratives, Susan is also an in-demand speaker and expert. She is the author of eighteen books, including the educational classic *The Well-Trained Mind* (with Jessie Wise), now in its fourth edition with over 250,000 copies sold. Her four-volume educational series *The Story of the World* has sold over 1.5 million copies since 2001. Susan writes, reads, lectures and consults, and runs a family farm and bed-and-breakfast.

A lively, illustrated exploration of the 500-million-year history of bone, a touchstone for understanding vertebrate life and human culture.

BONES: INSIDE AND OUT

by Roy A. Meals

W.W. Norton, October 2020



Bone is ubiquitous, versatile, and uniquely repairs itself without scarring. However, we rarely see bone in its living state—and even then, mostly in two-tone images that only hint at its marvels. After it serves and protects vertebrate lives, bone reveals itself in surprising ways, sometimes hundreds of millions of years later. In *Bones*, orthopedic surgeon Roy Meals explores and extols this amazing material which both supports and records vertebrate life. He demystifies the biological makeup of bones, how they grow, break, and heal, and how medical innovations—from the first X-rays to advanced surgical techniques—enhance our lives. With enthusiasm and humor, Meals also reveals the enduring presence of bone outside the body—as fossils, ossuaries, tools, musical instruments—and celebrates allusions to bone in history, religion, and idiom.

Approachable and entertaining, *Bones* richly illuminates our bodies' essential framework.

Roy Meals is a Clinical Professor of Orthopedic Surgery at UCLA. The author of several medical books, he has practiced, researched, and taught hand surgery for forty years. He lives in Los Angeles, California.



Told as an unfolding detective story, WATER ALWAYS WINS will follow experts who are obsessed with water as they use close observation, historical research, ancient animal, human expertise and cutting edge science to understand how water really works, why efforts to control it are failing and how to create more resilient water systems in the urgent race to mitigate the catastrophic effects of climate change.

WATER ALWAYS WINS: Collaborating with Nature for a More Resilient Future
by Erica Gies

University of Chicago Press, 2021

Water Always Wins will make clear that we need to fundamentally rethink our relationship with water. We must embrace the reality that we are an integral part of nature and need learn to live in harmony with these forces that we cannot conquer. This requires humility, not arrogance; collaboration, not aggressive control; and setting a goal, which is to determine what water wants and figure out a how to make way for it, while protecting and securing our lives. As Erica so beautifully states, water is life, it “flexes with the rhythms of the earth, expanding and retreating in an eternal dance upon the land.” *Water Always Wins* follows the scientists and



engineers who are recovering this lost knowledge and also a new understanding of water and then finding ways to let water be water, a kind of un-engineering that reclaims space for water to stall on the land for cleaning, capture, and storage. *Water Always Wins* takes us from Peru, where scientists are restoring a 1,500-year-old aqueduct system created by a pre-Incan civilization, to Chennai, India, where the technology of ancient Dravidian temple tanks is being introduced to control flooding, to San Francisco, where urban planners are mapping the original “ghost” waterways under the city to find improved methods of water management. Animal researchers are studying the ways creatures from beavers to elephants naturally “engineer” water systems that renew and replenish the land. This will be a riveting and eye-opening “big idea” book that will do for water, what *The Hidden Life of Trees* did for forests or what *The Sixth Extinction* did for animal genocide.

Erica Gies is an independent journalist who writes about water, climate policy, urban planning, plants and animals for *Scientific American*, *Nature*, *The New York Times*, *The Guardian*, *National Geographic*, *The Economist*, with a proven track record of bringing science alive for the general public. Erica has appeared on NPR's *Science Friday* and they are eager to have her on when the book comes out. She holds a master's degree in literature with a focus in eco-criticism, which brings a wide-angle, narrative lens to her science reporting.

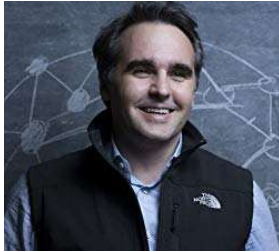
Chelsea Wald, now based in The Hague, has worked as a journalist and communicator for WFIU-FM in Bloomington, Indiana (an NPR affiliate), Johns Hopkins University, the American Physical Society, the American Association for the Advancement of Science, the United Nations Industrial Development Organization, and the Feminist Press. She has plunged multiple times into the topic of toilets and sewers since 2013, when editors at *Nautilus* and *New Scientist* approached her to write about the latent potential in these stagnating technologies. Since then, she's also written about the archaeological, economic, environmental, engineering, and social aspects of sanitation for *Nature*, *Discover*, *BBC Wildlife*, and *welt-sichten* magazine (Germany). In each instance, the response to Chelsea's work has been exceptional..

A scientific exploration of how beliefs, behaviors, and ideas spread through social networks for a popular audience. A big think book that will delight fans of Malcolm Gladwell, Chip and Dan Heath, and Richard Thaler and Cass Sunstein's Nudge.

CHANGE: The Surprising Science of How New Ideas and Behaviors Take Off and Take Hold

By Damon Centola

Little, Brown, June 2021



Most of what we know about how ideas spread comes from bestselling authors who give us a compelling picture of a world, in which “influencers” are king, “sticky” ideas “go viral,” and good behavior is “nudged” forward. The only problem is that the world they describe is a world where information spreads, but beliefs and behaviors stay the same. It is a world of simple contagions, which spread quickly to everyone, but do not have any lasting impact on what we think or how we live. Since Damon first developed his theory of complex contagions in 2007, it has been applied to everything from the unexpected growth of Arab Spring, to changes in coaching strategy in the NFL, to the rapid rise of the #MeToo movement, to the worldwide spread of Skype and Facebook. This book is the crystallization of fifteen years of groundbreaking research on social networks and behavior change, published in the world’s leading scientific journals, awarded top prizes for theoretical discovery and methodological innovation, and patented by Harvard University. With clear language, using high-profile examples drawn from business, sports, health, lifestyle, and politics, Damon is excited to change how popular readers see how new behaviors, beliefs, and ideas spread in the world they live in.

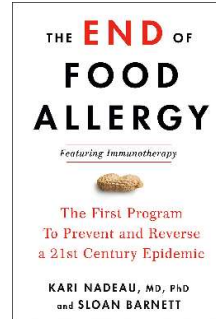
Damon Centola is an acclaimed thought leader, who is credited with developing the theory of complex contagions that has forever altered our scientific understanding of how change happens. An Associate Professor in the Annenberg School for Communication and the School of Engineering and Applied Sciences at the University of Pennsylvania, he is Director of the Network Dynamics Group. His work has been published across disciplines in the world’s leading journals and popular news outlets, like *The New York Times*, *The Washington Post*, *The Wall Street Journal*, and *The Atlantic*. His speaking and consulting clients include Amazon, Microsoft, Apple, Cigna, the U.S. Army and the NBA; and he is a series editor for Princeton University Press.

A life-changing, research-based program that will end food allergies in children and adults forever.

**THE END OF FOOD ALLERGY: The First Program To Prevent and Reverse a 21st Century Epidemic
by Dr. Kari Nadeau & Sloan Barnett**

Avery, April 2020

The problem of food allergy is exploding around us. But this book offers the first glimpse of hope with a powerful message: You can work with your family and your doctor to eliminate your food allergy forever. The trailblazing research of Dr. Kari Nadeau at Stanford University reveals that food allergy is not a life sentence, because the immune system can be retrained. Food allergies—from mild hives to life-threatening airway constriction—can be disrupted, slowed, and stopped. The key is a strategy called immunotherapy (IT)—the controlled, gradual reintroduction of an allergen into the body. With innovations that include state-of-the-art therapies targeting specific components of the immune system, Dr. Nadeau and her team have increased the speed and effectiveness of this treatment to a matter of months.



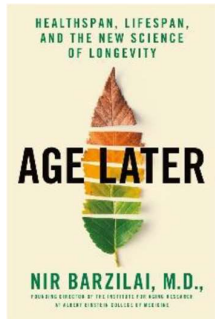
Kari Nadeau, MD, PhD, is the director of the Sean N. Parker Center for Allergy and Asthma Research at Stanford University and is one of the world's leading experts on food allergy. Dr. Nadeau holds the Naddisy Foundation professorship in medicine and pediatrics at Stanford University and as well as both an MD and PhD from Harvard Medical School. She is a member of Stanford's Maternal and Child Health Research Institute and the Stanford Institute of Immunity, Transplantation and Infection. Her work has been featured in major broadcast and print media around the world.

Sloan Barnett is a lawyer, journalist, and the *New York Times* bestselling author of *Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet*. Barnett chairs the California Pacific Medical Center Foundation Board and is a member of the Leadership Council of the Harvard School of Public Health. She is also a member of the board of her alma mater, the New York University School of Law. Barnett lives with her husband and three children in San Francisco. Her children have had their allergies reversed through Dr. Nadeau's program.

How do some people avoid the slowing down, deteriorating, and weakening that plagues many of their peers decades earlier? Are they just lucky? Or do they know something the rest of us don't? Is it possible to grow older without getting sicker? What if you could look and feel fifty through your eighties and nineties?

AGE LATER: Healthspan, Lifespan, and the New Science of Longevity
by Nir Barzilai

St. Martin's Press, June 2020



In this groundbreaking work by the founder of the Institute for Aging Research at the Albert Einstein College of Medicine and one of the leading pioneers of longevity research, Dr. Nir Barzilai reveals the secrets his team has unlocked about SuperAgers and the scientific discoveries that show we can mimic some of their natural resistance to the aging process. This eye-opening and inspirational book will help you think of aging not as a certainty, but as a phenomenon—like many other diseases and misfortunes—that can be targeted, improved, and even cured.

Nir Barzilai, M.D., is the founding Director of the Institute for Aging Research at Albert Einstein College of Medicine and the Nathan Shock Center for Excellence in the Basic Biology of Aging and the Einstein Glenn Center for the Biology of Human Aging. Dr. Barzilai discovered the first longevity gene in humans and has since discovered several others. Co-founder of CohBar, a clinical stage biotechnology company focused on increasing health span by developing treatments for age-related diseases. Age Later is his first publication for consumers.

A book that will help guide readers on their search for a connection to something greater than themselves by showing them how to tap into the single most perfect system living inside each of us—the seven chakras.

CHAKRA RITUALS
by Cristi Christensen

St. Martin's Essentials, May 2021

Celebrating, honoring, and using the chakras frees us to express our authenticity and live a life of power, love, joy, creativity, connection and purpose. With a step-by-step program, Christensen instructs readers on how to activate the chakras with a dynamic, easy, and motivating practice (including altar building, breathing, meditation, vinyasa yoga flow, mudra, writing contemplation, and embodiment), which distills the esoteric concepts and makes them tangible, living experiences. A self-discovery and self-help guide, Chakra Rituals will speak to accomplished yogis and newcomers alike showing readers how to flow with their emotions, claim their power, open their hearts, feel their bodies, speak their truths, and align with the divine.



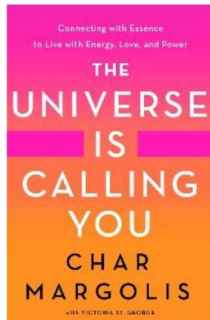
A former elite-level gymnast and platform diver, **Cristi Christensen** trained with the US Olympic diving team as a young adult. After an injury cut her Olympic dreams short, Cristi shifted her focus to helping others improve their level of fitness through personal training, Pilates, Core Fusion, and yoga. After earning her degree in Kinesiology, Cristi studied extensively for over 10 years with world-renowned teachers. Cristi has been the face for yoga & lifestyles brands such as Exhale Spa, Loewes Hotel Hollywood, Satya Yoga Wear, and Ananda Soul Creations, and has graced the covers of *Yoga Journal*, *Om Yoga*, *Self*, and *LA Yoga*. When she isn't teaching, globe-trotting, and empowering others, you'll likely find Cristi dancing and doing back flips on Venice Beach!

From an internationally acclaimed psychic comes a book that introduces readers to the vital energy of Essence.

THE UNIVERSE IS CALLING YOU: Connecting with Essence to Live with Positive Energy, Love, and Power

by Char Margolis with Victoria St. George

St. Martin's Essentials, February 2020



Essence is the fundamental, universal, loving energy that connects the entire universe and all its living things. This universal loving goodness binds us all together in an intimate and powerful way. Char Margolis shows readers how to tap into the power of Essence and draw strength and wisdom from these deep, fundamental connections. With Margolis as a guide, readers will explore the vast and connected world of Essence and delve into their own inherent spiritual awareness.

Char Margolis is an internationally acclaimed psychic intuitive medium who has been using her gifts to help people for more than forty-five years. She divides her time between Michigan, Los Angeles, and Palm Springs, CA.

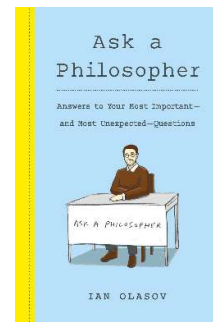
From questions that we all wrestle with in private to questions that you never thought to ask, Ask a Philosopher will get you thinking.

ASK A PHILOSOPHER: Answers to Your Most Important—and Most Unexpected—Questions
by Ian Olosov

Thomas Dunne Books, September 2020

Based on real-life questions from Ian Olosov's Ask a Philosopher series, this is a collection of answers to the philosophical questions on people's minds—from the big to the personal to the ones you didn't know you needed answered, such as: Are people innately good or bad? Is it okay to have a pet fish? Is color subjective? Should I give money to homeless people? *Ask a Philosopher* shows that there's a way of making philosophy work for each of us, and that philosophy can be both perfectly continuous with everyday life, and also utterly transporting.

Ian Olosov is an adjunct professor and doctoral candidate at the City University of New York, Graduate Center. He won the American Philosophical Association's Public Philosophy Op-Ed Prize in 2016 and 2018. His Ask-a-Philosopher series has received a lot of publicity coverage over the years including in *Newsweek*, *The New York Times*, qz.com, and WNYC.



From the New York Times bestselling author of Radical Candor comes a book that tackles one of the most pressing issues of our time: gender injustice in the workplace.

RADICAL RECONCILIATION: How to End the Gender Wars

by Kim Scott

St. Martin's Press, May 2021



Building off of Scott's Radical Candor method, this book offers a systematic way to think about the problems of gender injustice—from unconscious bias and prejudiced belief, to bullying behavior, physical violations, and unchecked power. Whether you are a leader of an organization or a worker who is facing discrimination, this book gives you the tools you need to create a more just and productive working environment for yourself and for those around you.

Kim Scott is the co-founder and CEO of Candor, Inc. Kim has been an advisor at Dropbox, Kurbo, Qualtrics, Shyp, Twitter, and several other tech companies. She was a member of the faculty at Apple University and before that worked at Google. Kim has worked as a senior policy advisor at the FCC, managed a pediatric clinic in Kosovo, started a diamond cutting factory in Moscow, and been an analyst on the Soviet Companies Fund. She lives with her family near Palo Alto, CA.

Thrilling and cinematic, this is the previously untold story of nine young women—World War II resistance fighters—who were captured by the Nazis and together launched a breathless escape from a death march to reach the allied lines.

THE NINE: A True Story of Nine Daring Women and their Escape from the Third Reich

by Gwen Strauss

St. Martin's Press, May 2021



Written by the great-niece of one of the women, who after hearing her great aunt's story became obsessed with learning all she could of the women and their story, this book pulls together archives, interviews with relatives, and first-hand testimony of female French resistance fighters. Part *Band of Brothers* and part *The Great Escape*, *The Nine* brings to life the story of these incredible women.

Gwen Strauss is an award-winning poet and her writing has appeared in many publications, including the *London Sunday Times*, *The New Republic*, *New England Review*, *Kenyon Review*, *Tampa Review*, and *Antioch Review*. She is the author of four books for children, including *Ruth* and the *Greenbook* which received the ALA 2011 Most Notable Middle Grade Reader distinction. She works as the on-site director at the Brown Foundation Fellowship Program at the Dora Maar House, an artist residency program in Ménerbes, France.

A story about Tibetan resistance in the 21st century by award-winning journalist Barbara Demick, and the first narrative non-fiction book about Tibet in decades.

EAT THE BUDDHA: Life and Death in a Tibetan Town

by Barbara Demick

Random House, July 2020

Disenchanted westerners turn to Tibetan Buddhism to salve their existential anxieties, but know little about the six million people living in Tibet. It is a word that rolls easily off the tip of the tongue, a place that everybody knows about but few people know. The omission is not the result of a failure of imagination or effort. Scholars cannot get visas from the Chinese government, while journalists are banned entirely from most of Tibet and restricted from reporting elsewhere. Barbara Demick intends to rectify this with *Eat the Buddha*, which will discuss what it means to be a Tibetan in the 21st century and follow Dongtuk, a 17-year old Tibetan boy who needs to decide if he will follow a friend into the martyrdom of immolation, redeeming himself for his cowardice in the past. After several years of reporting and using the same techniques as with *Nothing to Envy*, her best-selling book about the equally impenetrable realm of North Korea, Demick weaves the complex history of a country that has never been fully granted independence to the continuous daily struggles of their citizens.

Barbara Demick is the author of *Nothing to Envy: Ordinary Lives in North Korea*, which was a finalist for the National Book Award and National Book Critics Circle Award and the winner of the Samuel Johnson Prize in the U.K., and *Logavina Street: Life and Death in a Sarajevo Neighborhood*. Her books have been translated into more than twenty-five languages. Demick is a staff writer for the *Los Angeles Times* and a contributor to *The New Yorker*, and was recently a press fellow at the Council on Foreign Relations.

A writer and anthropologist searches for wild foods—and reveals what we lose in a world where wildness itself is misunderstood, commodified, and hotly pursued.

FEASTING WILD: In Search of the Last Untamed Food

by Gina Rae La Cerva

Greystone, May 2020



Two centuries ago, nearly half the North American diet was found in the wild. Today, so-called “wild foods” are becoming expensive commodities, served to the wealthy in top restaurants. In *Feasting Wild*, geographer and anthropologist Gina Rae La Cerva traces our relationship to wild foods and shows what we sacrifice when we domesticate them—including biodiversity, Indigenous knowledge, and an important connection to nature. Along the way, she samples wild foods herself, sipping elusive bird’s nest soup in Borneo and smuggling Swedish moose meat home in her suitcase. Thoughtful, ambitious, and wide-ranging, *Feasting Wild* challenges us to take a closer look at the way we eat today.

Gina Rae La Cerva is a geographer, environmental anthropologist, and award-winning writer who has traveled extensively to research a variety of environmental and food-related topics. Her award-winning narrative writing has been published by *THE Magazine*, *MIT Press*, *Sage Magazine*, and the *Santa Fe Reporter*, as well as scholarly journals. A National Science Foundation Graduate Fellow, La Cerva holds a

Master of Environmental Science from Yale University's School of Forestry and Environmental Studies and a Master of Philosophy from the University of Cambridge. Originally from New Mexico, she lives in New York, NY.

From #1 New York Times bestselling author Jenny Lawson comes her most personal book yet.

BROKEN (IN THE BEST POSSIBLE WAY)

by Jenny Lawson

Henry Holt, Winter/Spring 2021

As Jenny Lawson's hundreds of thousands of fans know, she suffers from depression. In *Broken*, she explores her experimental treatment of transcranial magnetic stimulation with brutal honesty. But also with her signature humor: "People do different things to distract themselves during each treatment. I embroider. It feels fitting. I'm being magnetically stabbed in the head thousands of times as I'm stabbing the embroidery myself. I don't embroider the same patterns my grandmother did. I embroider girls with octopus faces, David Bowie, a flowery bouquet with FUCK YES written in the middle. They let you do anything as long as it's positive." Jenny discusses the frustration of dealing with her insurance company in "An Open Letter to My Insurance Company," which should be an anthem for anyone who has ever had to call their insurance company to try and get a claim covered. On the lighter side, she tackles such timelessly debated questions such as "How do dogs know they have penises?" We see how her vacuum cleaner almost set her house on fire, how she was attacked by three bears, business ideas she wants to pitch to Shark Tank, and why she can never go back to the post office. Of course, Jenny's long-suffering husband Victor—the Ricky to Jenny's Lucille Ball—is present throughout. A treat for Jenny Lawson's already existing fans, and destined to convert new ones, *Broken* is a beacon of hope and a wellspring of laughter.

Jenny Lawson, the Bloggess, is a humor writer known for her candor in addressing her struggle with depression and mental illness. She has over 468,000 Twitter followers, 122,000 Instagram followers, over 192,000 Facebook fans, her blog gets 4–5 million pageviews per year, and her social media presence continues to grow. Her first book, *Let's Pretend This Never Happened*, debuted at #1 on the *New York Times* bestseller list and sold over 400,000 copies. Her second book, *Furiously Happy*, spent five months on the *New York Times* bestseller list and has sold well over half a million copies.

*The bestselling author of *The Hidden Brain* and host of the same-named podcast writes about how humans' self-deception and delusion are necessary and even good for our lives.*

USEFUL DELUSIONS: The Power and Paradox of the Self-Deceiving Brain

by Shankar Vedantam & Bill Mesler

W.W. Norton, March 2021



Drawing on eye-opening true stories and wide-ranging studies in psychology, neuroscience, and philosophy, *Useful Delusions: The Power and Paradox of the Self-Deceiving Brain* will outline the surprisingly vital role our irrational “lizard brain” plays in human relations, success, and well-being. As a scientist, Shankar Vedantam is focused on facts. But what if holding false beliefs is not a mark of idiocy, as he believed, but a fundamental part of our wired brains? Our brains exist to help us survive, and Vedantam has found plentiful evidence that our survival depends on self-deception. “Many of us—and I long counted myself among this group—believe that the world would be a better place if we could simply elevate reason and rationality over other mental faculties. What this worldview fails to comprehend, what I failed to comprehend for many years, is that reason and logic might well be the pinnacle of our mental faculties, but they are only the newest settlements atop a much larger, ancient city. That older city—what I am colloquially calling the “lizard brain”—is still very much inside our heads. Not only is it still with us, it plays a vital role in many aspects of survival, reproduction and adaptation. Believing that reason and logic are all that matters is like imagining that a great city is only about its theaters and art galleries—that its subway systems, sewer lines and power grids are expendable.”



Shankar Vedantam is NPR’s social science correspondent and the host of the podcast *Hidden Brain*. It is among the most popular podcasts in the world, with over two million downloads per week. Before joining NPR in 2011, Vedantam spent 10 years as a reporter at *The Washington Post*. Vedantam is also the author of the bestselling book *The Hidden Brain: How Our Unconscious Minds Elect Presidents, Control Markets, Wage Wars and Save Our Lives*.

Bill Mesler is the co-author of *A Brief History of Creation*. He has worked as a journalist for the daily *Santa Cruz Sentinel*, the weekly *San Francisco Bay Guardian* and *The Nation*.

As Australia's fires show, we cannot avoid all the consequences of global warming, but we can prepare for them, and begin to find ways to stabilise our climate. The time for action is now.

THE CLIMATE EMERGENCY: A Plan for Survival

by Tim Flannery

Text Publishing, October 2020



In the summer of 2019 and 2020, Australia burst into flames. More than 5 million hectares were ravaged by mega fires so vast that they created their own weather. Major cities choked on smoke whose particles then circled the globe. As many as a billion animals perished, and thousands of properties were destroyed. In the space of a few months Australia illustrated the fate of our planet if global warming is not checked. In this urgent essay, Tim Flannery, one of the world's leading authorities on climate change, makes an overwhelming case for what we must do now. What are the policies that governments must adopt? How do we decarbonise our electricity grid in the next decade? How do we make the shift to clean industrial energy? What are our options for all forms of transport? Can we find effective ways to take carbon out of the atmosphere? Flannery provides an up-to-the-minute assessment of the technologies available to us. Could a global geo-engineering treaty help us cool our planet? *The Climate Emergency* sets out a clear plan for survival.

Tim Flannery is a paleontologist, explorer and conservationist, a leading writer on climate change, and the 2007 Australian of the Year. His books include the award-winning international bestseller *The Weather Makers, Here on Earth, Atmosphere of Hope* and *Sunlight and Seaweed*. He is currently chief councillor of the Climate Council.

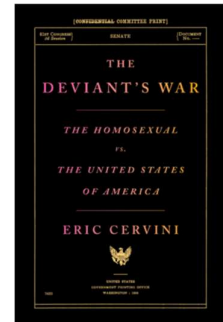
From a young Harvard- and Cambridge-trained historian, the secret history of the fight for gay rights that began a generation before Stonewall—based on firsthand accounts, recently declassified FBI records, and forty thousand personal documents.

THE DEVIANT'S WAR

Eric Cervini

Farrar, Straus & Giroux, June 2, 2020

In 1957, Frank Kameny, a rising astronomer working for the U.S. Defense Department in Hawaii, received a summons to report immediately to Washington, D.C. The Pentagon had reason to believe he was a homosexual, and after a series of humiliating interviews, Kameny, like countless gay men and women before him, was promptly dismissed from his government job. Unlike many others, though, Kameny fought back. Eric Cervini's *THE DEVIANT'S WAR* is the story of what followed. This book is an assiduously researched history of an early champion of gay liberation, one who fought for the right to follow his passion and serve his country in the wake of Joseph McCarthy's Lavender Scare. We follow Kameny as he explores the underground gay scenes of Boston and Washington, D.C., where he formulates his arguments against the U.S. Government's classification of gay men and women as "sexual perverts." At a time when staying in the closet remained the default, he exposed the hypocrisies of the American establishment, accelerated a broader revolution in sexual morals, and invented what we now know as Gay Pride.



Dr. Eric Cervini, a Gates Scholar at the University of Cambridge, is a historian of LGBTQ+ history. He graduated summa cum laude from Harvard College in 2014 and has spent the past six years expanding his undergraduate research into a narrative history of the most foundational gay rights organization in American history. As an authority on 1960s gay activism, Cervini serves on the Board of Advisors of the revived Mattachine Society of Washington, D.C., a nonprofit dedicated to the preservation of gay American history. His award-winning digital exhibitions on the Mattachine have been featured in Harvard's Rudenstine Gallery, and he has presented his research to audiences across America and the United Kingdom.

A critically acclaimed novelist and philosophy professor, Clancy Martin has been thinking about suicide since he was 3 or 4 years old. Now in his fifties, he has survived ten attempts. I'M STILL HERE was inspired by the author's essay of the same name which was published by the Huffington Post's Highline in December 2018 and has been read over 600,000 times.

I'M STILL HERE: A PHILOSOPHICAL EXAMINATION OF SUICIDE, FROM THE INSIDE OUT

by Clancy Martin

ecco/HarperCollins, September 2021

Suicide is on the rise in America and in many other countries, and affects everyone from beloved celebrities to farmers in rural India. The suicide rate has increased 60 percent worldwide since the seventies, but it remains grossly understudied, in large part due to the stigma and secrecy surrounding it, as well as the lackluster and even violent treatment many receive in psychiatric facilities. Suicide is an intensely personal problem and this book will give it the intimate, but bullshit-free, treatment it deserves. Through a kind of phenomenology of the

suicidally-minded from the inside, Martin reveals how the suicidal mind works, in order to help people who have lost loved ones to suicide, mental health professionals, and the 8 million Americans who report considering suicide every year and the 1.3 million who attempt it. *I'M STILL HERE* takes a hardnosed philosophical look at suicide and the problem of suffering, by way of Western and Eastern philosophical traditions, from Buddhists to Schopenhauer, Kierkegaard, and Camus, works of art as old as Shakespeare's many plays which feature suicide and as recent as HBO's *True Detective*, and prominent living philosophers from around the world. Also present is a look at the important connections between suicide, depression, and alcohol and drug addiction (Martin is also a recovering alcoholic). Martin questions the assumption that suicide is a cry for help, explores how to respond to the question of whether life is worth living, and tells his own recovery story, as well stories from some of his close friends. Martin's personal experiences are woven throughout, and are bolstered by his conversations with the other repeat attempters—people from all walks of life—he met in various psychiatric hospitals. As a cautious advocate for harm-reducing psychiatric medications generally, he'll also detail his journey of reducing his psychiatric medications from more than eight to none at all. Through all of this darkness, Martin manages to write with humor and levity. Suicide is an all-too urgent issue and Martin is uniquely poised to write.

Clancy Martin's work has appeared in *The New Yorker*, *New York Magazine*, *The Atlantic*, *Harper's*, *Esquire*, *The New Republic*, *Lapham's Quarterly*, *The Believer*, *The Paris Review* and many other prominent magazines and newspapers. A Guggenheim Fellow and Pushcart Prize winner, he has been a finalist for the National Magazine Award and won many fellowships and prizes. His cover essay "The Drunk's Club" resulted in the bestselling issue of *Harper's* on the newsstand ever. His books include the critically acclaimed *How To Sell* and *Love and Lies*.