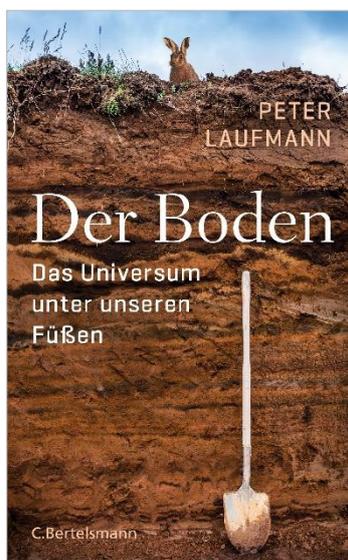
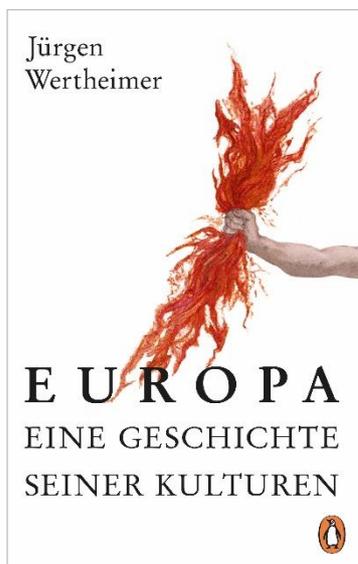


Foreign Rights Spring 2020

Non-Fiction



Ariston ▪ Blessing ▪ btb ▪ C. Bertelsmann ▪ DVA
Goldmann ▪ Gütersloher Verlagshaus ▪ Heyne ▪ Kösel
Ludwig ▪ Mosaik ▪ Penguin ▪ Siedler

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Learning from history: Why we have to defend our liberal values!



Magnus Brechtken
The Value of History
[Der Wert der Geschichte]
Ten lessons for today

Siedler
200 pages
April 2020

Magnus Brechtken, born in 1964, gained his PhD in history at Bonn University and taught in Munich and Nottingham before being appointed to the post of deputy director of the Munich Institute for Contemporary History in 2012. His research is mainly focussed on National Socialism, the history of international relations and the historical influence of political memoirs. 2017 saw the publication of his book *Albert Speer: A German Career*, which was awarded the North German Broadcasting prize for non-fiction and became a bestseller.

One of the leading historians in Germany and his appeal to prevent historical amnesia: We must keep on fighting anew for the values of freedom!

In the ten examples described in his brilliant tour through history, Magnus Brechtken opens our eyes to how tough the fight for the values of freedom, self-determination and participation was and how greatly they have improved our lives – and why these achievements are now being threatened by nationalist and populists both from the right and the left.

How much freedom and what rights did people have 150 years ago? To what degree could young women living around 1900 determine their own lives? And how are things today?

The history of the secret services from the Middle Ages to the present day



Uwe Klußmann /
Eva-Maria Schnurr (eds.)
**The Power of the
Secret Services**
[Die Macht der Geheimdienste]
Agents, spies and moles from
the Middle Ages to cyberwar

DVA
240 pages
With 10 b/w illustrations
April 2020

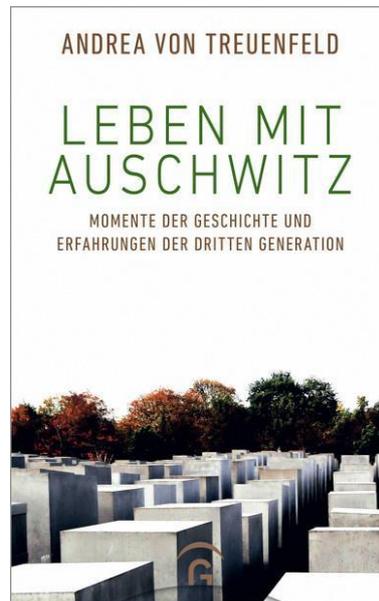
Uwe Klußmann, born in 1961, is a historian. He has been a *Spiegel* editor since 1990 and lived in Moscow between 1999 and 2009. The main emphases of his work include German, Russian and Soviet history.

Eva-Maria Schnurr, born in 1974, has been a *Spiegel* editor since 2012. Previous to that, the PhD historian freelanced as a journalist, contributing to *Die Zeit*, *Stern* and other journals.

There is something enigmatic about the secret services, at least that is the image we have of them, oscillating as they do between the glamour of James Bond, the nefariousness of Mata-Hari and the unscrupulousness of the Mossad. Since even in democratic countries spies and their organisations are largely beyond public control, they mainly exert their power in secret channels – and not infrequently act on the borderline of legality.

Writing about famous agents and spectacular missions, some of them spectacular flops, the *Spiegel* authors and secret service experts tell us the history of the secret services, beginning with the courts of kings and emperors and up to the cyberwar of the future. They also demonstrate how these organisations have been able to become as powerful as never before.

The liberation of Auschwitz from the perspective of the grandchildren's generation



Andrea von Treuenfeld
Living with Auschwitz
[Leben mit Auschwitz]
Moments in history and the
experience of the Third
Generation

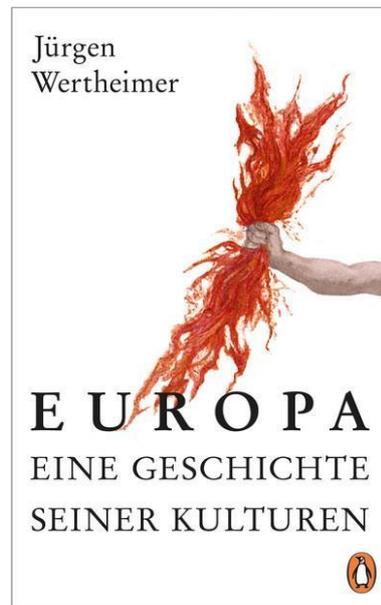
Gütersloher Verlagshaus
256 pages
January 2020

Andrea von Treuenfeld studied journalism and German literature and spent many years working as a columnist, correspondent and editor for such well-known print media as *Welt am Sonntag* and *Wirtschaftswoche*. As a freelance journalist she now writes portraits and biographies. Gütersloher Verlagshaus published her books *In Germany a Jew, A Yekke in Israel* and *Back to the Country That Wanted to Kill Us*.

The year 2020 marks the 75th anniversary of the liberation of Auschwitz. For 75 years, survivors and their descendants, the world, the Germans have been living with the rupture in civilisation that the name of Auschwitz stands for. This book traces its history.

On the one hand it gives representatives of the "Third Generation" after Auschwitz an opportunity, in moving personal accounts, to tell us their perception of events. How have the grandchildren of Holocaust survivors experienced Auschwitz as part of their own biography? On a second level, the book shows how Auschwitz itself became part of history, reminds us of important historic milestones and the critical judicial appraisal and interpretation of Auschwitz "after Auschwitz". One thing is clear: even after 75 years the past cannot be forgotten.

A cultural history for Europe today – from ancient until present times



Jürgen Wertheimer

Europe

[Europa – eine Geschichte
seiner Kulturen]

A history of its cultures

Penguin

576 pages

With 80 colour illustrations

March 2020

Jürgen Wertheimer studied German, comparative literature, English and the history of art in Munich, Siena and Rome. He has been a professor of modern German literature and comparative literature since 1991 at the [University of Tübingen](#).

What is keeping Europe together? In a new cultural history of Europe from the mythical beginnings until today, literature expert and cultural scientist Jürgen Wertheimer shows readers what makes up the continent's DNA: Europe has always seen itself as a community of diversity subject to continual change both from within and without, to negotiation, strife and discussion without committing itself to one single self-perception.

Precisely this is one of its strengths – in spite of all the crises and wars: since antiquity a culture of enquiry, introspection and openness has developed as mirrored in the cultural legacy of the past centuries, especially in the field of literature. It is a culture that is both loved and admired by many all over the world and also distrusted, feared and antagonised. Reason enough to take a closer look.

An exciting new look at the great break in the life and work of the composer



Ulrich Drüner
**The Two Lives of
Ludwig van Beethoven**
[Die zwei Leben des Ludwig
van Beethoven]

Blessing
540 pages
With 28 b/w illustrations
June 2020

Ulrich Drüner, born in France in 1943, studied music and musicology and wrote his PhD dissertation on Richard Wagner. He played the viola in the Stuttgart Chamber Orchestra and the orchestra of the Stuttgart State Opera. His biography *Richard Wagner – Staging a Life* (2016) was celebrated as a milestone in the literature about this composer.

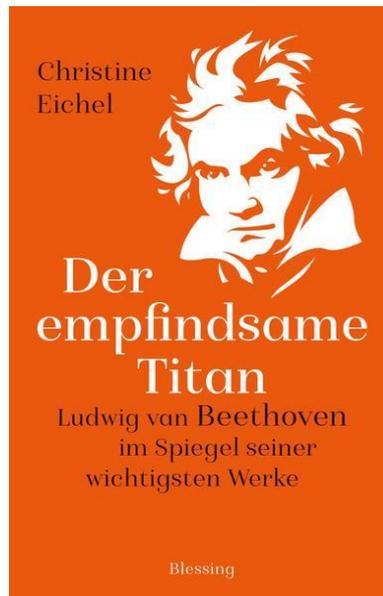
Ulrich Drüner tells the life of Ludwig van Beethoven from a new perspective: he traces the conditions under which Beethoven was creative. He shows that both the relationship with the "immortal lover", Josephine, and the friendship with the Austrian Archduke Rudolph went much deeper than previously assumed and that both had an immense influence on the composer Beethoven as well. And he impressively demonstrates how Beethoven, after Josephine's death, adopted frighteningly misogynistic traits in his thoughts and actions.

As a long-standing orchestral musician, Ulrich Drüner reassesses the problems that Beethoven had with his gradual deafness in his biography. He makes it clear how the gradual loss of hearing not only caused Beethoven social problems, but also forced him to rediscover himself anew as an artist. As a person and composer, Ludwig van Beethoven led two quite different lives, one before and one after his hearing loss. The setbacks and gains associated with this break in his life plan become clearer than ever in Ulrich Drüner's biography.

Press

"This great book will even leave experts better informed."
Die Zeit on *Richard Wagner – Staging a Life*

From the *Moonlight Sonata* to the *Ninth* – what do the six most famous works tell about Beethoven's personality?



Christine Eichel
The Sensitive Titan
[Der empfindsame Titan]
Ludwig van Beethoven in the light of his most important works

Blessing
432 pages
With 14 b/w illustrations
November 2019

Christine Eichel, born in 1959, studied philosophy, literature and musicology and received her doctorate with a thesis on the music theory of Theodor W. Adorno. She was a television director, presenter, visiting professor at the Berlin University of the Arts and lecturer at the University of Hamburg. Christine Eichel lives as an author and publicist in Berlin.

During his childhood in Bonn, Beethoven suffered through the "drama of the gifted child", being driven to constant practice by his father, who was as tyrannical as he was unstable. The boy avoided paternal pressure by fantasizing freely at the piano whenever he could, a practice that later strongly influenced his great works.

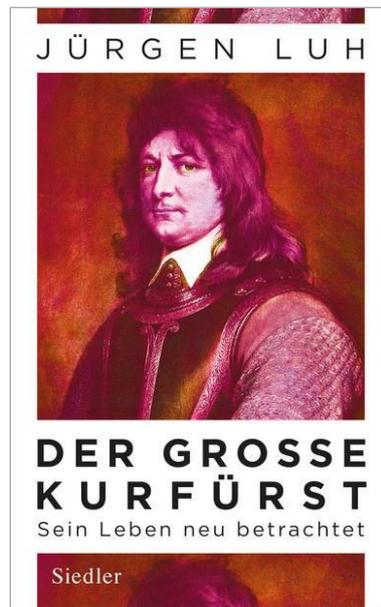
Later on in Vienna, too, his life was full of struggles and tension: unhappy love affairs, quarrels with noble patrons, ever new diseases, the gradual deafness and the taxing fight for guardianship over his nephew Karl. Beethoven was able to act out the constant psychological pressures through his compositional work, in particular by breaking rules. Both in his symphonies and in chamber music he introduced new genres, and in his piano sonatas he dispensed with the familiar sequence of movements. He created strong contrasts that were shocking for his contemporaries, and which still electrify listeners today. Never before had a composer presented his inner life and his emotional world so radically.

Press

"Christine Eichel's biography is a masterpiece [...] Linguistically enchanting, historically exciting and [...] highly entertaining."

hr-info

A new look at the man who created Prussia



Jürgen Luh
The Great Elector
[Der Große Kurfürst]
A new look at his life

Siedler
336 pages
With 6 b/w illustrations
January 2020

Jürgen Luh, born in 1963, has a PhD in history and is head of Science and Research at the Foundation for Palaces and Gardens in Berlin-Brandenburg. His publications focus on the history of the Holy Roman Empire, Prussia and military history. Luh has organised the major project "Friedrich 300" in Potsdam, which included numerous events and functions, exhibitions and conferences in 2012.

At the beginning of his rule in 1640 his country was in a catastrophic state and occupied by foreign troops. At the end – after a regency lasting 48 years – Friedrich Wilhelm had succeeded in establishing Brandenburg-Prussia as a power factor in central Europe, including the Baltic fleet and even a colony in West Africa. Who was this man who both laid the basis for the country's ensuing rise to become a major player in European politics and made the House of Hohenzollern into one of the leading dynasties?

Jürgen Luh, one of the foremost experts on Prussia and the author of the highly acclaimed biography of Frederick the Great, has here painted a vivid and vibrant picture of a ruler who, with skill and perseverance, consolidated his realm – a realm that was permanently under threat – and in the process was only too aware of his own place in history. This is a fascinating look at the origins of Prussia and a colourful panorama of central Europe on the threshold to the modern age.

For all readers of Christopher Clark and Ian Kershaw.

How Internet companies govern our behaviour



Eric Dolatre with Thilo Komma-Pöllath **The Necessary Revolution**

[Die notwendige Revolution]
He is the inventor of the big data model – and is fighting the digital surveillance economy: An insider report

Ariston
320 pages
May 2020

Eric Dolatre, born in 1964, is one of the Internet pioneers of the first hour. In 1997, after working for the *Markt+Technik* publishing house and the newly founded *PC Professionell* magazine, he co-founded GMX, one of the very first German web portals.

Thilo Komma-Pöllath, born in 1971, is a freelance journalist and writer. He runs an editorial office and contributes to such newspapers as *Süddeutsche Zeitung Magazin*, *FAZ am Sonntag*, *Stern* and *Focus*. He has received awards for his work including the Laureus Media Prize.

Few people know the business as well as he does: Eric Dolatre is a co-founder of the most successful European email provider and the inventor of the data-based business model of GMX, the "user profile-dependent advertising".

It worries him to see how globalisation and digitalisation have become a worldwide surveillance economy that controls and governs everything we do or say to a higher degree than we imagine. Business with data has become business with people and its doors are wide open to abuse. It is high time to limit the power of the internet companies, for not everything promising business has a right to be business!

Eric Dolatre is appealing for civil digital disobedience, he is demanding clear rules to be set by politicians – and as an entrepreneur he is attacking the US giants head-on, placing his hopes on a serious and secure model: a coded European communications platform that is more urgently needed than ever before.

This is an intriguing report by an insider disclosing how far data company surveillance has already gone and emphasising the importance of democratic values and principles.

A highly clear-sighted essay on the stability of peace in Europe, by the eminent sociologist



Hans Joas
Peace Project Europe?
[Friedensprojekt Europa?]

Kösel
112 pages
April 2020

Hans Joas, born in 1948, is a sociologist and social philosopher and was a fellow at the Freiburg Institute for Advanced Studies (FRIAS) from 2011 to 2014. He is honorary professor at the Theological Faculty of the Humboldt University, Berlin, and member of the Committee of Social Thought at the University of Chicago. In the summer semester 2012 Joas was the first academic to hold the newly established guest professorship of the Joseph Ratzinger Pope Benedict XVI Foundation at the University of Regensburg.

The stability of peace in Europe is being threatened. Peace between the member states of the European Union is counted as one of the main achievements of the process of European unity, and for good reason. Nowadays, however, there is not only the question hanging in the air of whether this peace could be at risk from a retrograde development towards increasing nationalism. Another open issue is whether Europe, if a common defence and security policy successfully emerges, will turn into another global great power merely pursuing its own interests. Should not Europe in its policies concerning non-member states of the European peace order also follow the principles that have proved to be of such a blessing for Europe?

This book, bearing in mind as it does historical considerations, aims to shed some light on these issues. The result is an impression of the situation today which addresses not only the hopes and ideals of Europe but also the tragic constellations to which international power politics repeatedly leads.

For all readers of Ian Kershaw.

Thoroughly researched and checked: what is the eco-balance of individual products really like?



Katarina Schickling **The Consumption Compass**

[Der Konsumkompass]

A good and sustainable life does not have to be complicated – What you really have to know about coffee mugs, plastic bags and New Zealand apples

Mosaik

272 pages

With 5 b/w illustrations

April 2020

Katarina Schickling is a documentary filmmaker, nutrition expert and writer focussing on foodstuffs and appertaining industries and is frequently in demand as a consultant on such matters.

Are organic apples from New Zealand more ecological than the conventional regional ones? Are washable nappies that are dropped and picked up at the front door more sustainable than the eco disposable ones? And what about my fridge?

These are the sort of questions we face every day and can't answer. We could, of course, plough our way through reports, speak to scientists, visit recycling centres – but as consumers we would get completely bogged down if we tried. Katarina Schickling set out to find answers and demonstrates in *The Consumption Compass* what effects our decisions really have so we can make self-determined decisions on sustainable consumption in daily life.

Benedikt Schwan breaks a taboo and explains how his unfulfilled wish for a child has affected his life



Benedikt Schwan
Without Child
[Ohnekind]
Male, wants a child, sterile.
What it means to be infertile

Heyne Hardcover
256 pages
April 2020

Benedikt Schwan, born in 1975, has been writing about technology, science, research and media for more than 20 years and has been published by *Zeit Online*, *focus*, *Die Welt*, *Spiegel Online*, and *Süddeutsche Zeitung* and broadcast by *ARD radio*, *Deutschlandradio Kultur* and other broadcasting stations. *Without Child* is his first book.

Increasingly more men are unable to conceive a child, but hardly anyone speaks about it. Journalist Benedikt Schwan is 41 when he discovers that he is infertile.

With unusual candour he describes what his unfulfilled desire to have a child means for him, his masculinity and his relationship. The process of coming to terms with the diagnosis takes Schwan to his emotional limits. But he realises one thing: he is not alone. The fact that more and more people would like to have children but can't is also a social problem.

Schwan sets off on a long and adventure-packed journey to find out whether he might, after all, be able to father a child. Among the people he meets are a scientist from Israel who is looking into the reasons for the infertility epidemic; the man with the most children in North America; and a young man in Japan who has completely given up his traditional male role. Schwan's report is moving and consoling – and at the same time it is a plea to at last do away with the taboos surrounding the topic of male infertility.

"Steingart is an alien from the star where a spade is called a spade."

Peter Sloterdijk



Gabor Steingart
The Inconvenient Truth
[Die unbequeme Wahrheit]
On the current situation of the nation

Penguin
100 pages
With 10 colour illustrations
March 2020

Gabor Steingart, born in 1962, is one of Germany's most profiled writers of non-fiction and a frequent award winner (Economics Journalist of the Year, Helmut Schmidt Journalism Prize, German Television Prize, Media Man of the Year, and others). Until 2018 he was the spokesman of the management board of the *Handelsblatt* publishing group and chief editor of Germany's major business newspaper. Prior to that he was the head of the *Spiegel* offices in Berlin and Washington.

As we move into the next decade, Gabor Steingart writes an angry speech about the central economic and cultural processes that are darkening our future.

Germany is currently a "land of two truths". In the midst of a world of opportunity, we are organising our own descent. With a flourishing export economy, a full state coffers and full employment, we live on substance. The economy is exporting the products of the past century and is in danger of losing touch with the digital age.

What does this mean for us? Bestselling author Gabor Steingart has never been clearer: radical in analysis and confident in his conviction. Only when we speak the uncomfortable truth do we gain the strength to take countermeasures.

Non-ambiguous, rational and completely digitalised – is that what a free and happy life is about?



Tobias Haberl
The Great Disenchantment
[Die große Entzauberung]
On the deceptive happiness of the people of today

Blessing
288 pages
November 2019

Tobias Haberl, born in 1975, studied Latin, German and English in Germany and Great Britain. In 2001 and 2002 he freelanced as a journalist, then went to study at the Henri Nannen School of Journalism in Hamburg and since 2005 has been an editor on the staff of the *Süddeutsche Zeitung* magazine. In 2016 he was awarded the Theodor Wolff Prize.

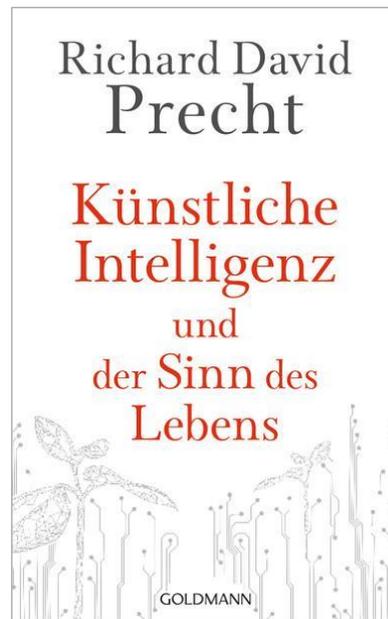
A hundred years ago Max Weber lamented "disenchantment of the world" – the "belief that in principal there are no mysterious, unpredictable powers, but rather that one can, in principle, master all things by calculation".

In this book, Tobias Haberl speaks out against this unease, to wit the disenchantment of our lives. For life is reasonable, digitalised, insured, marketable, equipped with a moral quality seal, sleek and well lit. We are in control of everything. But have we found freedom and happiness?

Haberl's polemic asks awkward questions. Is it possible that we are getting richer and at the same time poorer, surer and at the same time more fearful, more unpolitical and at the same time more radical? And Haberl introduces the opponents of control, namely those wanting to re-enchant our world: unreason and glamour, spontaneity and easy-goingness, naturalness and proximity.

Caustic, literary, personal: a rousing essay against the zeitgeist and for forgotten virtues.

Why our morality defies being programmed by algorithms



Richard David Precht
Artificial Intelligence and the Meaning of Life
[Künstliche Intelligenz und der Sinn des Lebens]

Goldmann
128 pages
May 2020

Richard David Precht, born in 1964, is a philosopher, journalist, and author, and one of the most distinctive intellectuals in German-speaking countries. He is an honorary professor of philosophy at the Leuphana University in Lüneburg and at the Hanns Eisler Academy of Music in Berlin. His books *Who Am I and If So How Many?*, *Love: A Disorderly Emotion* and *The Art of Not Being an Egoist* are international bestsellers and have been translated into 40 languages. Since 2012 he has been the moderator of the philosophy program Precht on the ZDF television network.

As the climate crisis and exploitation of natural resources threaten the very basis of life on our planet, tech companies have set their sights on developing increasingly sophisticated artificial intelligence. Their goal: to create a "super intelligence" that can do everything humans can, only "optimized". They aim to program these machines with morality, although their approach hinges on an utterly inadequate understanding of what it means to be human.

In this urgent essay, Richard David Precht articulates the impossibility of this venture not least because morality cannot be reduced to a line of code. Morality reflects our emotional connections to the world, connections informed by irrational, and thus unpredictable, values. While A.I. advocates program machines to meet the supposed criteria for happiness, Precht demonstrates that what's most important to humans isn't happiness – it's meaning. And meaning represents far more than the sum of happy moments.

Precht therefore argues against the "ethical programming" of computers and robots and highlights examples of what gives humans a true sense of meaning in this world – and what doesn't. This is the real starting point for successful (co)existence in the twenty-first century, an age in which we must embrace the fate we share, not with machines, but with plants and animals – the antithesis of artificial intelligence!

Conflict is what is necessary for team spirit, innovation and success



Reinhard K. Sprenger
The Magic of Conflict
[Magie des Konflikts]
Why we all need it and how it can help

DVA
320 pages
With 1 b/w illustration
March 2020

Reinhard K. Sprenger, born in 1953, studied history, philosophy, psychology, business management and sport. As Germany's most prominent management consultant and one of the most important thought leaders in the business world, he is a consultant to all the important Dax-100 companies. All his books have been bestsellers, thus fundamentally changing reality in the business world in the course of 25 years. They have been translated into many languages.

www.sprenger.com

Conflicts – everyone has them, no one wants them. When they do rear their ugly heads we want to solve them. Wrong! That's what this book says.

Conflicts can't be solved, and we shouldn't try to – because conflicts are the rule and not the exception; because dissent is the basic pattern of the world; because conflicts are stimulation, they encourage team spirit and make us fit for the future; because conflicts can join what was once severed and can now be decided anew. By the individual: as a path towards greater poise and confidence. By the company: as cooperative reform. Magical.

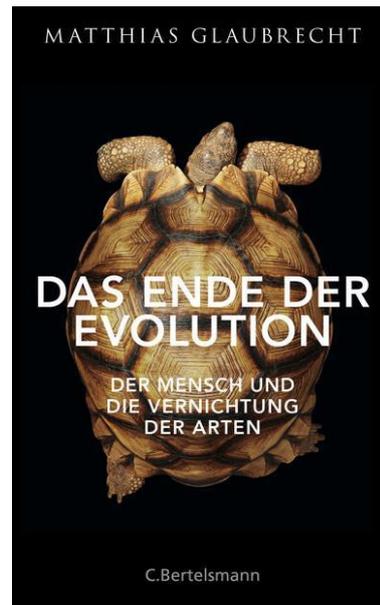
This book is a guide to help us rethink the whole process, to exchange the idea of solving conflict with that of seeing conflict as the solution.

Press

"Germany's most widely read writer on management."

Der Spiegel

Our time is running out – only a few decades left until the end of nature



Matthias Glaubrecht
The End of Evolution
[Das Ende der Evolution]
The human race and the
extinction of the species

C. Bertelsmann
1072 pages
December 2019

Matthias Glaubrecht, born in 1962, is an evolutionary biologist, professor of biodiversity and the director of the Natural History Centre at Hamburg University. He contributes regularly to newspapers and magazines and has written several books.

Everyone is finally talking about climate change. But as alarming as it has become, it is only a sideshow in the face of the apocalyptic horsemen who are currently sweeping the earth in an act of devastation: population explosion, resource depletion, environmental degradation and species extinction.

In his analysis, which is as comprehensive as it is unnerving, renowned evolutionary biologist Matthias Glaubrecht sees a worldwide biological tragedy ahead, with the looming mass exitus, the greatest loss of species since the extinction of the dinosaurs. Humankind has thus become today the greatest predator and the decisive evolutionary factor that threatens the existence of all living beings – including its own.

Whether the end of evolution, which threatens to become a realistic scenario by the middle of the 21st century at the latest, can still be halted, will be decided solely by our actions in the decades immediately ahead.

The world our shoes tread on – science of the soil and a fascinating journey to a well-nigh unknown habitat



Peter Laufmann
Soil
[Der Boden]
The universe beneath our feet

C. Bertelsmann
192 pages
With a 16-page 4c image section
March 2020

Peter Laufmann studied forestry and journalism. He was an editor of the environmental magazine *natur+kosmos* and contributes to various media.

Peter Laufmann takes readers down into the depths. Only a few centimetres from the soles of our shoes is the beginning of a cosmos that is as alien to us as a sealed capsule, with a unique climate and mysterious inhabitants.

In addition to the theoretical aspects (prehistory, geophysics, chemistry, hydrology, etc.), he describes the soil as a habitat and portrays people who are professional soil experts, such as gardeners, farmers and construction workers.

Laufmann demonstrates how essential the soil is to us, how vulnerable it is and how we human beings are competing for this important natural resource. He also shows us what we can do to preserve it.

Why being with animals makes us happy and healthy



Bettina Mutschler /
Dr. Rainer Wohlfarth
Animal Power of Healing
[Die Heilkraft der Tiere]
Why being with animals is
good for us – Scientific
findings and practical
examples

btb
320 pages
April 2020

Bettina Mutschler, born in 1968, is a specialist in animal-assisted therapy. She is a lecturer at *Ani.Motion*, the Freiburg institute for animal-assisted psychotherapy and a dog training consultant with her own school for bonding-centred dog training.

Dr. Rainer Wohlfarth, born in 1960, is a neuropsychologist specialising in psychosomatics. He is also the head of *Ani.Motion* and has written myriad scientific publications on the subject. He is president of the European Society of Animal-Assisted Therapy and vice-president of the International Society of Animal-Assisted Therapy.

Dr. Rainer Wohlfarth and Bettina Mutschler have spent decades looking into the huge effect animals have on us humans. In their daily work they deal with the entire range of human behaviour – and how animals can help us understand ourselves better.

How can goats help a listless child suffering because his parents have split up become more cheerful again? Why do people with depression open up when a dog comes bouncing up to them? And then there is this: what can a manager learn from a donkey? These questions and other issues are addressed by the two authors in an excellently readable and entertaining mixture of scientific facts and genuine examples from their daily work. Their book deals with far more than just the simple appreciation of the relationship between humans and animals. It helps us understand how tremendously important the contact with animals is for our health, and how we can make use of this realisation in our daily lives.

Curious anecdotes, intriguing facts – a book that opens our eyes for the hidden beauties of nature



Frank Nischk
**The Fabulous World of
Nasty Creatures**
[Die fabelhafte Welt der fiesen
Tiere]
About caring cockroaches,
diving dragonflies and boxing
crabs – Love at second sight

Ludwig
256 pages
With 4 b/w illustrations
March 2020

Frank Nischk, born in 1967, studied biology. His PhD thesis was based on several expeditions to the rainforests of Ecuador, where the zoologist examined the overwhelming concert of animal voices in the tropical jungles with their rich variety of species. Since 2000 he has been working as a journalist for cultural affairs and science, director and author of TV documentaries, including award-winning nature and animal films featuring, for example, the cloud forests of Ecuador and the Colorado River.

What does a cricket have in common with a string instrument? Are there really beetles that can dim their light organs? And how come that a certain kind of grasshopper sometimes has red legs and sometimes green ones? Just a whim of nature or has evolution brought about a new variety? Cockroaches, ants, wasps, jellyfish and worms – very often it is the inconspicuous creatures, the ones that sting, those we find disgusting that surprise us most when we take a closer look at them.

Frank Nischk is an enthusiastic zoologist and loves insects, and he has many a surprise in store for us about the hidden beauty, the incredible diversity of form and the complex behaviour of insects, be they in the local flooded gravel pit or a tropical rainforest. Intriguing insights into the unknown habitats of underrated animal species!

Time to act if we are to preserve the diversity of species



Dirk Steffens /
Fritz Habekuß

Survival

[Über Leben]

How the extinction of species endangers our future

Penguin
240 pages
With illustrations
April 2020

Dirk Steffens, born in 1967, is the presenter of the *Terra-X* documentary series "Fascination Earth" and others. The journalist and documentary film-maker is also the German ambassador for the WWF and the Jane Goodall Institute, a UN Decade Ambassador for Biological Diversity and co-founder of the Biodiversity Foundation.

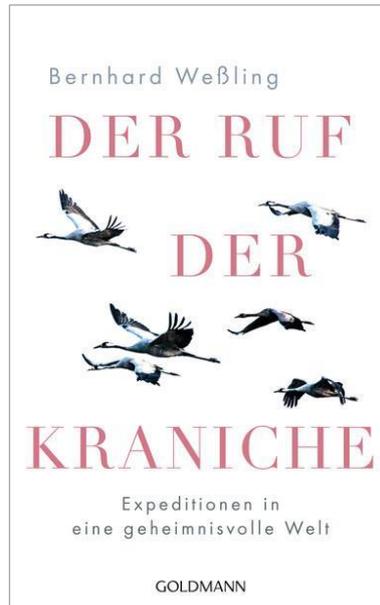
Fritz Habekuß, born in 1990, is editor of *Die Zeit*. He has been awarded the Holtzbrinck Prize for Science Journalism and was voted Journalist of the Year 2018. He writes about ecology, the worldwide loss of natural diversity and the relationship between man and nature.

"We are in the middle of the sixth mass extinction of species and are going through the biggest extermination of species since the disappearance of the dinosaurs. We humans are to blame for it and it is up to us alone to stop it."

The well-known nature film-maker Dirk Steffens has been active for years in the protection of species. Together with science journalist Fritz Habekuß he demonstrates how everything in the world of nature is connected and why the preservation of the diversity of species is essential for the survival of the human race.

In this book, the two authors put forward ways of stopping species being exterminated. These are drastic but not impossible – and they could give us the opportunity to revolutionise our relationship with nature.

Spectacular insights into the deep connection between humans and cranes



English sample translation available

Bernhard Weßling, born in 1951, holds a doctorate in chemistry and is a successful entrepreneur. Even as a teenager, he felt attracted to and healed by nature. More than 30 years ago, he began observing cranes and became an internationally sought-after crane expert.

Cranes are intelligent and sensitive birds. But hardly anyone knows anything about the graceful dancers of the air. The renowned ornithologist Bernhard Weßling takes us on an exciting expedition into their hidden world and gets to the bottom of the myths about the "birds of good fortune".

Using a specially developed method, the expert has deciphered their language and behaviour. His observations allow us to immerse ourselves deeply in their way of life and their perceptions, showing the remarkable similarities and the deep connection between humans and animals. It is a book about the spirit of discovery, humility and respect for nature in Humboldt's sense.

Bernhard Weßling
The Call of the Cranes
[Der Ruf der Kraniche]
Expeditions into a mysterious world

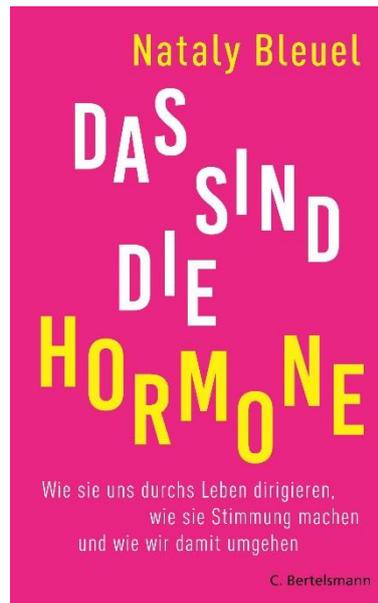
Goldmann
416 pages
With 16-page 4c image section
March 2020

Praise

"In this book, Bernhard Weßling shares his fascinating stories about cranes through patient observations and thoughtful conclusions."

Dr. George Archibald, International Crane Foundation

From adolescence to the menopause – the power of hormones



Nataly Bleuel
These Are Our Hormones
[Das sind die Hormone]
How they take us through life,
affect our moods and how we
handle them

C. Bertelsmann
256 pages
March 2020

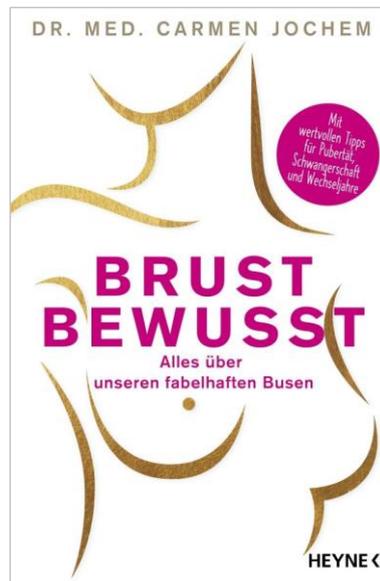
Nataly Bleuel, born in 1967, studied sociology, literature, Latin American studies and history and attended the Henri Nannen School of Journalism in Hamburg. She now lives in Berlin and contributes to such media as *Zeit Magazin*, *Brigitte*, *Merian*, *Beef*, *Nido*, and *sueddeutsche.de*.

Hormones regulate us humans – our minds, our bodies – throughout our entire lives but especially at times of change: when a child becomes an adult, a woman a mother, when fertility moves on to the menopause. Hormones also steer our moods. And they can be particularly tiresome when they join up with other factors to create diabetes, thyroid disorders and even depression.

Journalist Nataly Bleuel has taken a closer look at our hormones. She has spoken to women (and men) of all ages about their experience with hormones and consulted doctors and medical books about the facts: what semiochemicals – or messenger substances – there are, how they work and how they affect us. And most importantly: how we can free ourselves from the cultural and social aspects associated with hormones. Nataly Bleuel's hypothesis, which she backs up with the results of the latest scientific research, is that hormones are also a social construct.

The result is an instruction manual that is as entertaining as it is stimulating on how to critically observe and understand what goes on in our bodies and minds and how to deal with such processes.

Candid and confident – the first popular science about the female breasts



Dr. med. Carmen Jochem
Breast Conscious
[Brust bewusst]
All about our fabulous bosom
– With valuable suggestions
for adolescence, pregnancy
and the menopause

Heyne Paperback
208 pages
June 2020

Dr. med. Carmen Jochem is an expert in preventive medicine at Regensburg University. She is a research fellow at the Institute for Epidemiology and Preventive Medicine, where she is involved in research focussing on prevention of chronic disease and women's health. She has written technical books on breast cancer prevention and risk factors such as overweight and lack of exercise. With Professor Michael Leitzmann she co-authored *Sit-In: Tips and tricks against the risks and side-effects of a sedentary life*.

Are my breasts normal? How can I keep my décolleté attractive? What should you do when the nipples itch?

Candidly and unabashedly physician Dr. Carmen Jochem answers questions concerning the female bosom. From adolescence, through breast-feeding and to the change of life, breasts go through a number of changes.

Carmen Jochem explains these fascinating developments and tells us what to do to keep our breasts healthy and attractive throughout our lives. She does away with taboos and misbeliefs and makes valuable suggestions for buying bras, breast-feeding, breast cancer check-ups and other issues.

With numerous tips about bras, breast-feeding, and cancer check-ups and more.

Fascinating facts for nappy changers thirsting for knowledge



Aeneas Rooch
My Waterproof Baby
[Mein wasserdichtes Baby]
Intriguing phenomena from
the world of babies –
scientifically explained

Heyne Paperback
240 pages
With 30 colour illustrations
March 2020

Aeneas Rooch, born in 1983, studied mathematics and physics. He freelances as a science journalist and since acquiring a child is also active as a baby researcher. He likes playing the piano and badminton (but rarely at the same time).

Science journalist and bestselling author Aeneas Rooch takes us on a brilliant trip to the wonderful world of babies. Witty, fascinating and scientifically sound – he has written about some of his amazing findings concerning the daily life of the youngest in the family.

Do babies have a diving reflex? Is it healthy when parents lick the pacifier? Are nuts really dangerous for the little ones? Can men breast-feed? What is the secret of soft baby skin? And is there anything to the rule that you don't have to worry about eating anything that has fallen onto the floor as long as it has been there for less than five seconds?

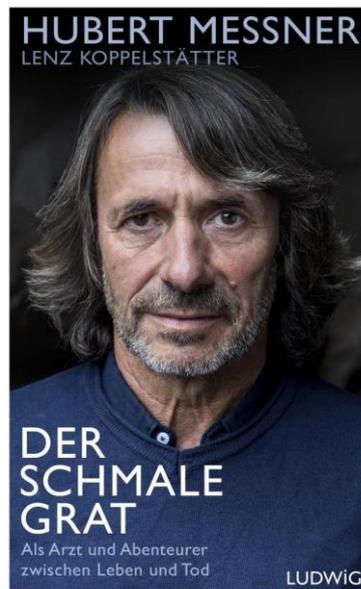
Aeneas Rooch airs the mysteries of parental routine. Perfect reading for sleepless nights and scientific answers to all those questions that baffle parents.

Press

"Scientifically sound and extremely entertaining – Aeneas Rooch gets to the bottom of daily mysteries."

Fränkische Nachrichten on Rub the Cat

Balancing acts between extremes: a mountaineer and expert for neo- natology



Hubert Messner /
Lenz Koppelstätter
The Balancing Act
[Der schmale Grat]
As a doctor and explorer
between life and death

Ludwig
224 pages
With 12 b/w illustrations
March 2020

Hubert Messner, born in 1953, grew up in a mountain village in South Tyrol. He studied medicine and trained as a neonatologist in Toronto and London before joining the neonatology unit in Bozen. He accompanied his brother, mountaineering legend Reinhold Messner, several times as the expedition doctor in the Himalayas and in ice deserts.

Lenz Koppelstätter, born in 1982, studied politics and social science. After training at the German School of Journalism he worked for various media such as *FAZ* and *Die Zeit* and contributes to *GEO* and *Salon*.

He fights for the smallest and most fragile – a commitment that has marked his medical career from the very beginning. Hubert Messner, Reinhold Messner's brother, is a neonatologist – a doctor who cares for newly born children.

When does life begin? When is it worth living? And when is it better to gently let a small patient go? These are all questions that are important to him, not only as a senior consultant in Bozen Hospital, one of the best-known intensive-care neonatology units in Europe, where he has supervised numerous premature births, but also as a father whose oldest son was born far too early.

It is very often the balancing acts between extremes we can learn most from, as Hubert Messner knows only too well. The focus is always on feeling the value of life and, at critical moments, making the right decision.

It is with empathy and passion that Hubert Messner tells of his childhood and teenage years in the mountains, of his professional work as a neonatologist, his most difficult cases and the adventurous expeditions side by side with his brother Reinhold.

A true story about what is possible if you refuse to give up



Amili Targownik **Hasn't Got Wings but Can Fly**

[Hat keine Flügel,
kann aber fliegen]
My story

Penguin
250 pages
May 2020

English sample translation
available

Amili Targownik was born in Tel Aviv in 1995 with cerebral palsy. She spent her childhood in Germany, with many therapies and difficulties at school. In grade ten she moved to a school in the USA, where she graduated and began to write the story of her life. She is now studying social science in Tel Aviv. She speaks four languages and lives in Israel and Munich.

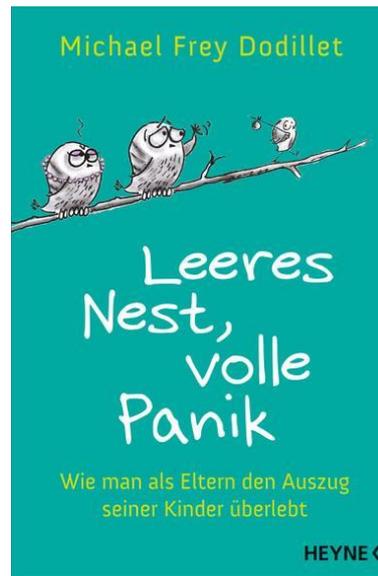
"When I was a child I thought everyone was born handicapped; that for my 18th birthday I would get a licence for walking and grow up as a normal adult."

Amili was born with cerebral palsy and has been in a wheelchair since birth. When her little sister starts to walk Amili stops speaking. She is silent for one and a half years, invents her own world, makes up fictitious friends, lives in a world of dreams. Her school in Germany doesn't believe in her abilities. But she has a strong will and leaves the special-needs school and goes to an American high school. And finally to university.

Her message: anything and everything is possible, but you must never give up. This is her story – poignant, poetical and humorous.

A very special young woman with a message: against disregard and exclusion, for empathetic togetherness.

On the joy of letting your children go and rediscovering one another as lovers



Michael Frey Dodillet **Empty Nest, Panic Stations**

[Leeres Nest, volle Panik]
How parents can survive when
their children leave home

Heyne Paperback
224 pages
With 25 b/w illustrations
March 2020

Michael Frey Dodillet, born in 1961, has been working as a copywriter for various advertising agencies in Germany and Switzerland. He and his family live near Düsseldorf. The three children have left home, what remains is a rebellious dog, voles in the garden and an unwanted stone marten under the roof.

What has been going on? You can get into the bathroom again, the piles of clothes have disappeared, all the maddening bickering has stopped. Wow! The kids have left home! Get the champagne out, let the corks fly! But instead of dancing on the table many couples first sing the parent blues.

This phase of life in a family is not without its dangers and can have considerable side-effects. There is nobody sitting at the table any more you can reprimand with a stern look, and suddenly you are aware of your partner's strangest eccentricities and fads. Has he or she always breathed that loudly? Didn't we used to be passionate about each other? Welcome to the empty nest!

Sensitively, with a lot of humour and poking fun at himself, Michael Frey Dodillet tells us how parents can rediscover themselves as lovers when they have successfully completed that project that involved bringing up children. An entertaining, mammoth book for all couples who may be alone again together as a twosome, an almost forgotten state of affairs, but who can loudly and clearly say: we may not be newlyweds but no way are we fuddy-duddies!

Witty, sensitive, anecdotal – the new daily life of a couple whose kids have spread their wings.

Less stuff, more life – an inspiring story of success



Sandra Krautwaschl
Waste-free Zone
[Verschwendungsfreie Zone]
How my family managed to get rid of all the waste

Heyne Paperback
240 pages
January 2020

Sandra Krautwaschl, born in 1971, is a psycho-therapist. In her book *Plastic-free Zone* she described her family's experiment to live completely plastic-free. Today, she not only lives an ecological minimalism, but has been actively committed to her convictions in politics since 2015.

After her family's experiment with getting by without any plastic and in the process fundamentally changing Sandra Krautwaschl's life, she realised that substituting plastic with other materials cannot be the solution. Instead she found her way to a practical minimalism, a way of life with as little waste as possible, one that is also realistic for families and which for her has been profoundly rewarding and liberating.

In this book, she shares some of her tips and gives readers insights into her personal experience. This is about someone who lives by their convictions without making much fuss about it: an inspiration for getting involved – at home and, as a politician, in the public eye.

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