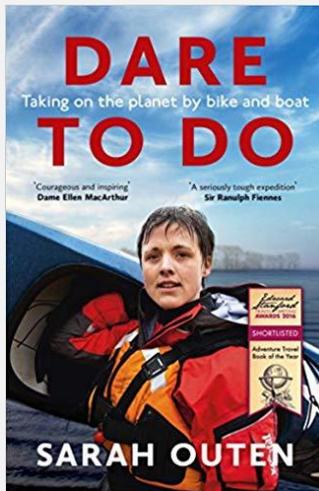


Jennifer Barclay Books

www.jenniferbarclaybooks.com



DARE TO DO by Sarah Outen was shortlisted for the Adventure Travel Book of the Year Award. Now the film, HOME: An Outward Journey Inward, has been winning prizes around the world.





More from Sarah to come later this year. Meanwhile, some of the latest foreign editions of our other books...



And here are the hottest projects on our desk, followed by updates on recent publications:



THE HOUSE WE LEFT BEHIND

Mittpheap You

[fiction; manuscript available]

I took a deep breath and tore the photographs into pieces, thrusting them towards the river. My childhood, my days as a student, my wedding, my children... We had said goodbye to our house. Now we had to say goodbye to all the memories we had made within it. We had to forget our past, as if we had never existed before this moment.

In the 1960s, when Sakhan agrees to marry Soeung, it is predicted that they will be *kou kam*, a 'suffering couple'. But ten years later as a happy, growing middle-class family driving around Phnom Penh, the prospering Pearl of Asia in their VW Beetle, they feel the promise of a new era for their beloved country, Cambodia. Then in 1975, a band of fanatical black-clad communists called the Khmer Rouge take over, heralding a four-year nightmare no one could have ever imagined.

Mitty You's debut novel takes readers on an immersive journey through Cambodian's modern history through the voices of her parents. This is a universal story about love, survival, sacrifice and the resilience of the human spirit, and about how hopes and dreams sustain us when all seems lost.

My bones protruded out of my skin. My hair was short and filled with lice. I wore filthy black pajamas, tire sandals, and a red krama, the uniform of the revolution. I became the peasant they wanted me to be. I had changed on the outside, but with time that would heal. It was what they took away, my children, my parents, and love for my country that burned a deep hole in my heart. They broke my spirit, and that would never heal.

Mittpheap (Mitty) You was born in Cambodia in 1975, a few months after the Khmer Rouge marched into the capital. Her family immigrated to the United States as refugees in 1981 and settled in Arlington, Virginia, where she grew up. In 2012, Mitty left her job in international development and moved to Cambodia to reconnect and rediscover her parents' homeland. Digging deeper into her parents' story, she unfolded layers of their lives.



**THREADS OF AWAKENING:
A Journey into
Tibet's Sacred Textile Art**

Leslie Rinchen-Wongmo

[non-fiction; proposal available]

This is a book about wonder—finding it, seeing it, making it, and letting it lead.

For more than five hundred years, Tibetans have been creating sacred images from pieces of silk and using these

textured maps to access the hidden treasure of their own true nature. Much rarer than paintings and sculptures, these meticulously stitched fabric *thangkas* are among Tibet's finest artworks.

Leslie was in her thirties when she met this ancient art form and fell in love. Years after seeing the Dalai Lama during his first visit to the U.S., she wandered from California to India and found herself sitting on the floor stitching buddhas and sipping tea right next door to His Holiness's residence. *Threads of Awakening* follows Leslie's journey to find a teacher, immerse herself in Tibetan culture, and take apart her view of the world. She brings readers on a journey halfway around the globe to settle in the Himalayan hill town of Dharamsala, study Buddhism, and pick up needle and thread.



...great memoirs show us how much life we can pack into every moment if our heart says yes. Leslie's... story takes us deep into the art and culture she embraced. But just as importantly, she provides a luminous lesson on what she calls "the experience of traveling off course to a wondrous life."

—Barbara Cornell, Pulitzer Prize nominated
journalist and librarian

Leslie Rinchen-Wongmo is an American textile artist, author, and teacher. Her silk thangkas have been exhibited internationally in museums, galleries, and Dharma centers and featured in magazines such as *FiberArts*, *Fiber Art Now*, *Buddhistdoor Global* and *Spirituality & Health*. She currently lives in California with three cats and a cupboard full of fabric.



MINARETS IN THE MOUNTAINS

A Journey into Muslim Europe

Tharik Hussain

[non-fiction; proposal due soon]

We drove through the sweeping plains of northern Bulgaria, close to the Romanian border, on our way to an eco-farm in the country's northeastern hills. But as our rented Renault made its way along narrow country lanes, we saw white

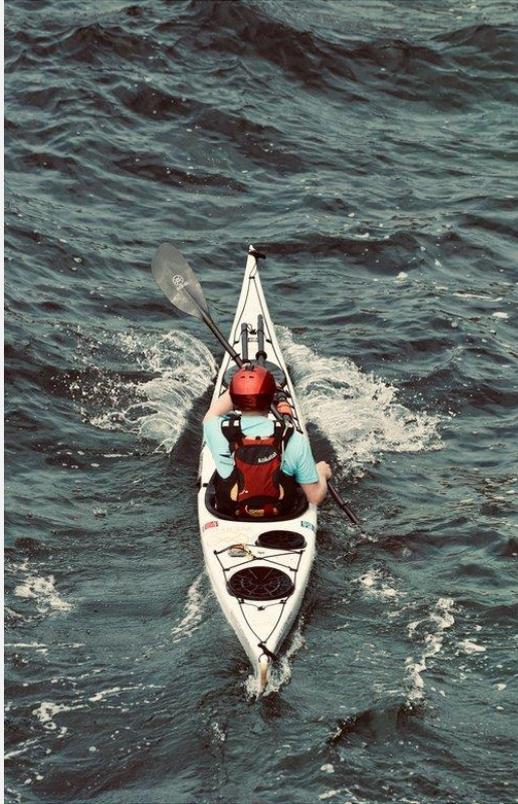
domed mosques. Some lay in ruins, but one or two had neatly kept cemeteries. Peering through the windows, I saw piled up prayer rugs and the odd set of tasbehs (prayer beads). It began to dawn on me: these were ancient Ottoman villages.

Minarets in the Mountains is the first non-fiction travelogue by a Muslim writer to explore the towns and regions of Eastern Europe, where Islam has shaped the places and people. It is a magical, eye-opening voyage into a Europe that rarely makes the news and is in danger of being erased altogether.

Travel writer and Londoner Tharik Hussain sets off with his family around the Western Balkans, home to the largest indigenous Muslim population in Europe. They encounter blonde-haired, blue-eyed Muslims, spend nights in entirely Muslim towns in 'Christian' countries, visit mystical Islamic lodges clinging to mountains, and pray in mosques older than the Sistine Chapel.

Tharik depicts a Muslim Europe with a breathtaking history and spellbinding culture. Like Jeffrey Tayler's *Lost Kingdoms of Africa* this is a vivid adventure in search of forgotten Muslim empires. Like Kapka Kassabova's *Border*, it is a quest that forces us to consider what makes up our own identities, and who decides.

Tharik Hussain is a journalist specialising in Muslim travel and Islamic heritage. His work has been published by the BBC, Aljazeera and Arab news amongst others. He is the co-author of several Lonely Planet titles including, *Oman, UAE, and Arabian Peninsula* and *Thailand* and a contributing author for *The Ordinary Chaos of Being Human: Tales from Many Muslim Worlds*. He has also produced an award-winning BBC radio documentary on the Muslim heritage of America and is responsible for creating Britain's very first Muslim heritage trails in Surrey, England.



MODERATE BECOMING GOOD LATER Sea Kayaking the Shipping Forecast

Toby Carr

[non-fiction; proposal due soon]

Featured on BBC TV and Radio 4

And now, the shipping forecast: Viking, North Utsire, South Utsire, Cromarty, Forties...

The shipping forecast is broadcast on BBC Radio four times a day. The words may not carry any meaning to many people. How can 'rain later' be 'good'? To others there is a specific and important meaning which is shared by seafarers around the world.

They are named after estuaries, islands, sand banks, bays and stretches of sea. Stretching from the southern shores of Iceland to the tip of North Africa and from Denmark to the west coast of Ireland, the forecast covers some of the most varied and exposed coastlines in the world with large tidal ranges creating unique and unusual features. Toby decided to take a sea kayak and paddle in all 31 sections.

Knitting together shared cultures, histories and memories, the book tracks a three-year journey, written from a unique perspective from the water looking back at the land. In parallel, the book explores a personal narrative stemming from living with long term health issues, personal tragedy, loss and rediscovery. The trip came about following life-threatening illness and his father's death, resulting in a desire to push himself further and experience things he never thought possible.

I experienced the tidal flats and fine sands of the North Sea coast which I am still removing from my kit. I saw a huge variety of wildlife at close hand including gannets, puffins, guillemots, eider ducks, dolphins, porpoises and seals. I ate a lot of fish. I loved hearing about similar forecasts and radio broadcasts held close in the memories of other nations with the same fondness and familiarity. I made several recordings of people reading their own forecasts in their own language. I returned with the feeling that the sea and its shared, strange salty fables can bring us together rather than pulling us apart.

Toby Carr is a kayaker, university tutor and practicing architect. When not on the sea, he lives in a small fishing cottage on the Cornish coast of England.



JOURNEYS

From Hell to High Water

Clare Allcard

[non-fiction; manuscript available]

Chronic pain from a congenital nerve defect stalked Clare from the age of 13. Hindered by their gender prejudices, doctors diagnosed it as psychosomatic. Then in 1965, aged 19, she was raped by a stranger one foggy night near some woods on Hampstead Heath.

Repeated suicide attempts as a result led to incarceration in psychiatric hospitals where she was brain-battered with everything from Electro-Convulsive Therapy to Deep Sleep Treatment.

Then in the locked ward of an 800-bed, 19th-century lunatic asylum, she read a *Sunday Express* article about a pioneering single-handed sailor and adventurer, Edward Allcard. Inspired by his life-embracing tales, she wrote to him, explained her situation and asked to join him.

Edward was 31 years her senior but these kindred spirits set out on an extraordinary five-month journey of psychological healing and physical challenge, driving a Land Rover across Europe, the Middle East and Asia to re-join his boat so he could complete his solo circumnavigation. Edward was arrested for spying by the Bulgarian army, they got lost in the Iranian desert and survived the high mountains of the Hindu Kush after fighting off a kidnap attempt by an Afghan brigand. Gradually, they rebuilt Clare's crushed self-confidence and fell deeply in love - the beginning of half a century of a nomadic and idiosyncratic partnership.

This thought-provoking and inspiring memoir is an eye-opening account of 1960s mental health treatments leading to extraordinary redemption.

Clare Allcard published a successful how-to sailing book, *The Intricate Art of Living Afloat*, in 1990 (over 22,000 copies sold in hardback), followed in 1992 by a lively, witty sailing memoir, *A Gypsy Life*. She decided at last to share the dark backstory to those tales of adventure and *joie de vivre*. She lives in Andorra and writes a weekly blog on cultural events, has co-authored two books on Andorra and drives an electric car called Greta.



BETWEEN HEAVEN AND EARTH

A Journey with my Grandfather, Stanley James

Robert Nurden

[non-fiction; proposal due soon]

Although born only seven months before his grandfather died, Robert Nurden thought he knew Stanley James – cowboy, minister, pacifist, Catholic writer – when he set out to write his biography, using Stanley’s own autobiographies, books and thousands of articles as sources, and travelling to find out more. His chance discovery in the library of the LSE of the letters and diaries of three women who loved him changed the type of book he would write.

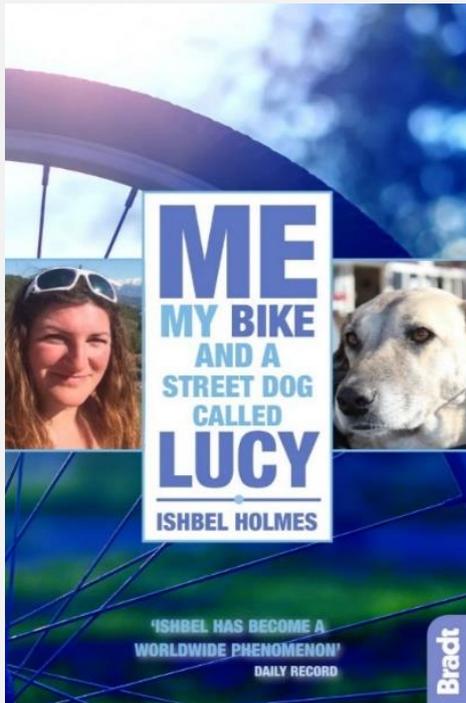
Stanley James (1869-1951) rejected the path mapped out for him by his Nonconformist minister father, a fiery Welsh preacher. At 23 he escaped to Canada and became a cowboy, shepherd, tree-cutter, playwright, local paper correspondent, hobo and US soldier in the Spanish American war in Puerto Rico. He nearly died from yellow fever and was invalided out.

In 1899 Stanley returned to England and took over the pulpit of his dying father in Wimbledon without any qualifications or, for that matter, any belief in a Christian God. He became engaged, qualified for the Congregational church and became pastor in Teignmouth, perhaps by now having found faith; then was headhunted and became minister in Walthamstow. He was dashing handsome and women fell for him – and he them. He had an affair under the nose of his wife, while she had seven children to look after, the author’s mother among them.

His radicalism really kicked off around that time – he was a suffragist, socialist and finally pacifist in World War One, splitting his congregation as a result. When sacked from the church for his views, he joined peace organisations and worked alongside Bertrand Russell at the No Conscription Fellowship. He became editor of the *Crusader* magazine, an aggressive Christian journal. Gradually he was moving towards Catholicism and in 1923 converted. From that point on he worked as a freelance journalist, becoming one of the leading Catholic commentators in the world, though his family still lived in poverty. He never stopped ruffling feathers.

Nurden had grown up believing his grandfather was a paragon of virtue. He discovered a story that was far more complex.

Robert Nurden is a retired teacher and journalist. He was a feature writer and subeditor on the *Guardian*, *Independent* and *Telegraph* for 25 years.



ME, MY BIKE AND A STREET DOG CALLED LUCY

Ishbel Holmes

[non-fiction; published]

UK: Bradt

US and Canada: Velo Press (*Saving Lucy*)

Audio: Tantor Media

German: DuMont Reise (lead title winter 2019-2020)

Spanish world: Planeta Mexico

Chinese: China Industry and Commerce Associated Press

Norwegian: Mangschou

Ishbel Holmes, the Scottish-Iranian ‘World Bike Girl’, was cycling the world when a lame street dog crossed her path determined to follow. Protecting Lucy, Ishbel began to understand her own past: homeless at age sixteen, unwanted, abused and vulnerable. She decided to give her the love and the home she never had. Their journey across Turkey to Syria took them into the hearts of everyone they met.

‘A journey of tears, laughter and hope... Beyond inspiring!’ – Dion Leonard, author of *Finding Gobi*

‘Ishbel’s journey from literal abandonment as a teenager to World Bike Girl is astonishing, and in this beautifully crafted book we see how the courage of one woman shines through’ – Frank Gilhooley, actor

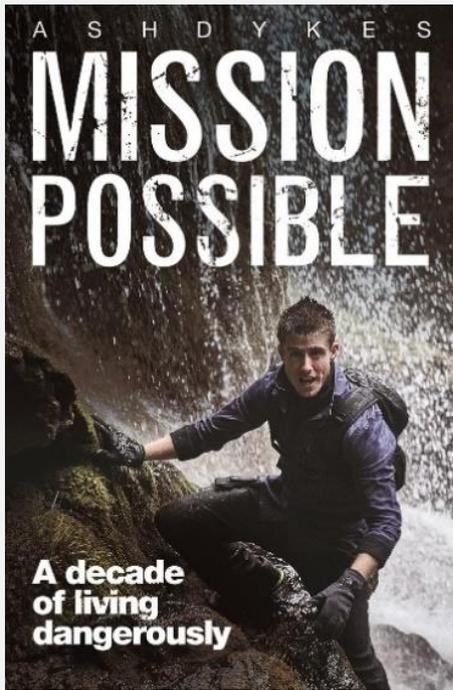
‘Hooked by page 2. Tears by page 5.’ – Jason Lewis, author and adventurer

‘Down to earth, honest and funny’ – Anna McNuff

‘Ishbel is awesome.’ – Nicola Sturgeon, First Minister for Scotland

- Shortlisted for the Lonely Planet/Stanfords Adventure Travel Award 2019
 - Featured in [The Herald Scotland](#), [Daily Record](#), [Lonely Planet](#), [The Telegraph](#), [The National Student](#), [The Big Issue](#)
- Reached #12 in all books on Amazon UK after her interview on BBC Radio 4’s Saturday Live show, #1 in Cycling/Dog Care/Middle Eastern travel

Ishbel Holmes lives in Scotland with her dog.



MISSION POSSIBLE

Ash Dykes

[non-fiction, published]

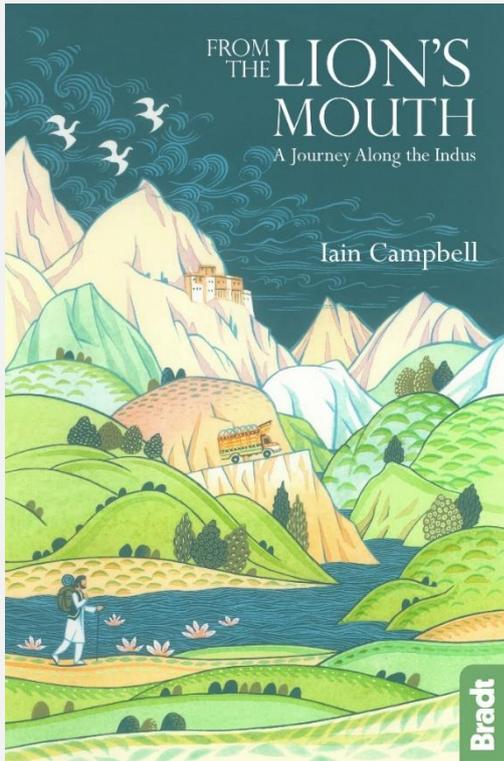
UK: Eye Books

China: Shanghai Joint Publishing

Vietnam: Saigon Books

- Recently featured on the Joe Rogan podcast
- Documentary in production about his Yangtze expedition, completed in August 2019
- Following completion of the Yangtze walk he was interviewed in-studio on Sky News, ITV's Good Morning Britain, BBC's The One Show and featured on Fox News and the BBC, and in *The Guardian*, *The Times* and many more around the world
- In confidential talks with partners regarding TV, next book and next expedition
- The Welsh adventurer's down-to-earth, positive approach, his ordinary background and his honest voice are irresistibly inspiring and easy to relate to
- Affiliated with major brands and organisations, Ash has a global reach of over 1 million people per month through his social media channels – and growing

Ash Dykes at 23 became the first person to walk solo and unsupported across Mongolia, almost dying of dehydration in the Gobi desert. At 25, he traversed the length of Madagascar via its eight highest peaks, and despite contracting a deadly strain of malaria, achieved another world first. In August 2019 he became the first person on record to walk the entire length of the Yangtze River, a 12-month, 4,000-mile journey along the third longest river in the world, the longest to run through a single nation. He followed it on foot from its true, scientific source on the Tibetan plateau as far as its mouth where it pours into the East China Sea, highlighting positive environmental stories and wild terrain rarely seen.



FROM THE LION'S MOUTH
A Journey Along the Indus

Iain Campbell

[non-fiction; published]

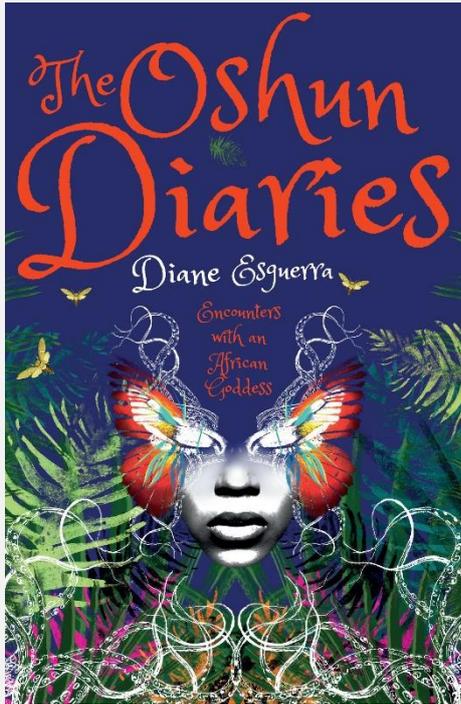
- **Shortlisted for the Stanfords Adventure Travel Book of the Year Award**
- **Multiple-page features in: *The Scotsman, The Daily Record, Sunday Mail***

Iain Campbell followed the Indus River – ‘the river from the lion’s mouth’ as the Tibetans call it – from near Karachi to its source in the Tibetan plateau. He journeyed on bus roofs and trains, making lung-crushing mountain ascents, through a world defined by water.

His book reveals the secrets of a river that both gives life and destroys lives as it twists through Pakistan and The Punjab, Kashmir and Ladakh. This is also a story about stories, with first-hand accounts from Alexander the Great’s armies to European mountaineers, and the characters he encounters on his way – Sufi ascetics, Pakistani spell-makers, toddler Buddhist abbots and mischievous mountain fairies.

Iain Campbell has travelled widely in the mountains of his home country of Scotland and further afield. He studied history at Oxford University where he specialised in medieval religious history. He lives with his family in Edinburgh.





THE OSHUN DIARIES

Encounters with an African Goddess

Diane Esguerra

[non-fiction; published]

World English: Eye Books

When Diane Esguerra hears of a mysterious Austrian high priestess to Ifa goddess Oshun in Nigeria, a love goddess of female empowerment, her curiosity is aroused. It is the start of an extraordinary friendship that leads to a quest to take part in Oshun rituals. She finds herself travelling with her sister to Ifa shrines in Florida amid vultures, snakes, goats' heads, machetes, torrential rain and a cigar-smoking god.

Reviews from the blog tour:

'It's difficult to put into words how profoundly moving and enlightening this book is... A stunning memoir.'

Cal Turner Reviews

'An engrossing book... moving at times, wryly amusing at others... full of sharp observation. Eye-opening and admirable.'

Books are Cool

'I urge you to read this book... I truly enjoyed every second. Esguerra writes impeccably'

Vain Radical

'This book pushed me completely out of my comfort zone. And I am so pleased that it did.'

Bookbound

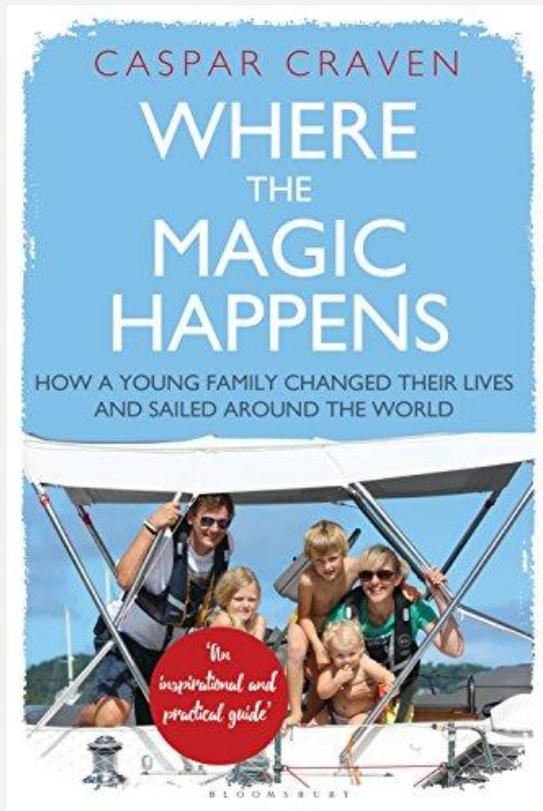
'an absolute joy to read... if you like your books with some depth and loads of female empowerment this is the book for you!'

Book Addiction

'thoroughly absorbing read which I raced through in a few days.'

Over the Rainbow

Diane Esguerra is the author of *Junkie Buddha: A Journey of Discovery in Peru*, featured in *The Independent* and the *Mail on Sunday* and on BBC Radio.



WHERE THE MAGIC HAPPENS

How a Young Family Changed Their Lives and Sailed Around the World

Caspar Craven

[non-fiction; published]

US & UK: Adlard Coles (Bloomsbury)

Audio: Audible

When Caspar and Nichola created a plan to sail around the world with their children aged 9, 7 and 2, they didn't even own a boat. People thought they were mad. But magic happens when you step outside your comfort zone, when you dare to imagine.

This is an inspirational yet practical story of their vision and teamwork; an honest account of people who sailed around the world creating life-changing adventures as a family.

- Hardback reprinted; Amazon UK bestseller
- Shortlisted for a Mountbatten Award
- Featured on BBC Radio 2, ITV News, *The Daily Express*, *The Times*, CNN.com, WGN News Chicago (TV), *New York Post*, *Irish Independent* etc.

'For all those wanting more from life, Caspar's message is incredibly motivating' - Sir Ranulph Fiennes

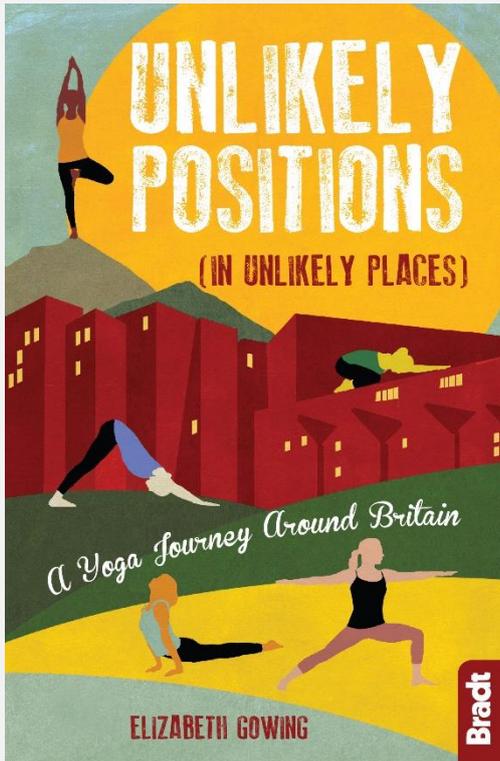
'... freedom from the pressures of modern life saved his marriage, and transformed his relationship with his kids' - *The New York Post*

'an incredible personal development and business book all told through the lens of a gripping real life transformation and adventure story... needs to be made into a film.'
- Dr John Demartini, author of *The Values Factor*

'brilliant story... full of fantastic, fun ideas for family flourishing' - medium.com

Caspar Craven is a respected keynote speaker on leadership, team building and dealing with adversity, and inspires and motivates teams to create change. He and his wife Nichola run Thrive workshops to help people achieve more from life.

See Speaker Showreel and press: www.casparcraven.com



UNLIKELY POSITIONS IN UNLIKELY PLACES

A Yoga Journey Around Britain

Elizabeth Gowing

[non-fiction; published]

World English: Bradt

Audio: WF Howes

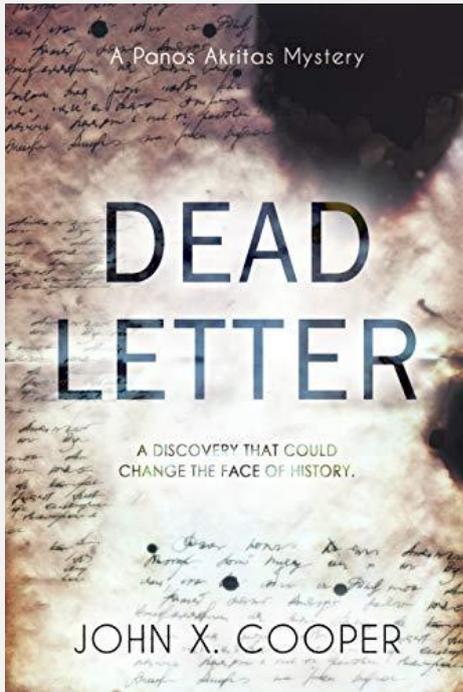
‘A wonderful writer’ - Matthew Parris

Elizabeth Gowing is not a likely yogini. She is too fond of chocolate and To-do lists, and sometimes falls over on her mat. But yoga has taken her on journeys both inside and out.

As she follows yoga around Britain, she discovers hot yoga, yoga in prisons and ‘doga’ (yoga with your dog) and struggles with new positions and philosophies. She realizes yoga is a current of shared experience running through British society. She untangles the Ashtanga from the Kundalini, the Sanskrit from the whimsical new-age, and finds that yoga is rebuilding communities – and her wobbling body.

She meets people who show her what yoga has meant to them in times of heartbreak and ill-health. Funny and touching, this is a celebration of ancient wisdom solving modern-day problems, and the exultation of finally mastering the Crow.

Elizabeth Gowing is winner of the Bradt/ Independent on Sunday travel writing competition (2014) and an established voice in quirky travel narratives with *Travels in Blood and Honey; becoming a beekeeper in Kosovo* (2011); *Edith and I; on the trail of an Edwardian traveller in Kosovo* (2013), *The Rubbish-Picker’s Wife; an unlikely friendship in Kosovo* (2015) and *The Silver Thread; a journey through Balkan craftsmanship* (2017). She also appears regularly on Radio 4’s From Our Own Correspondent.



DEAD LETTER
A Panos Akritas Mystery

John X. Cooper

[fiction; published]

World English: Endeavour

‘*Dead Letter* is a treat, a page-turning procedural with style to spare. John X. Cooper’s plotting is impeccable, his prose as sharp as a scalpel. A great read.’

– **Brad Smith, author of *The Return of Kid Cooper* (winner of 2019 Spur Award)**

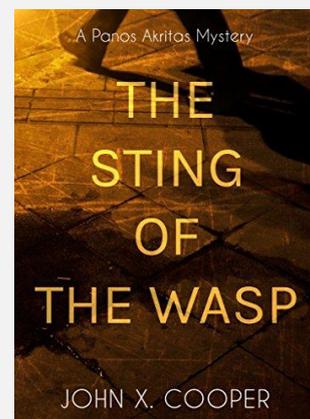
‘You’re dealing with God’s party. And God’s party takes no prisoners.’

The body of a scholar with the life squeezed out of it is found in a library in Athens housing priceless books and manuscripts spanning thousands of years of civilization.

More murders follow as it emerges that the motive is the acquisition of a lost letter – a letter that could threaten the power of the Church and change the face of history.

Captain Panos Akritas finds himself drawn into a case more sinister and dangerous than anything he’s ever faced. With an Albanian assassin on the loose, can Akritas and feisty female detective Valia take on the might of the Church – both Greek Orthodox and Roman Catholic – and survive?

John Xiros Cooper (aka Yianni Xiros) was born in Athens, Greece, and lived in Britain and Canada. He taught English Literature at a Canadian university and has published seven academic books with Cambridge University Press including *The Cambridge Introduction to T.S. Eliot*. He is the author of *The Sting of the Wasp*, the first in the Panos Akritas series. He spends his time in Canada, Italy, the UK and Greece.





US: Scout Press (Simon & Schuster)

ANZ: Hachette

UK: Legend

Audio: Oakhill

Croatia: Znanje

Czech: Alpress

Spanish: Panamericana

US mass market paperback Feb 2020

‘Once you start Catherine Burns’ dark, disturbing, and enthralling debut novel, it’s hard to stop. *The Visitors* is bizarrely unsettling, yet compulsively readable.’ – Iain Reid, internationally bestselling author of *I’m Thinking of Ending Things*

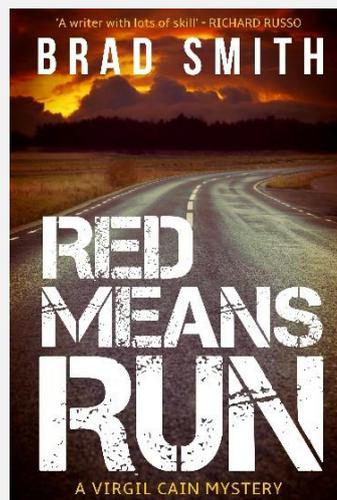
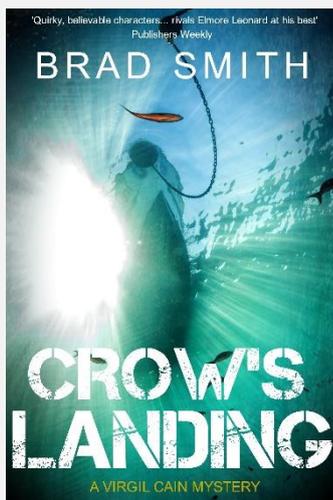
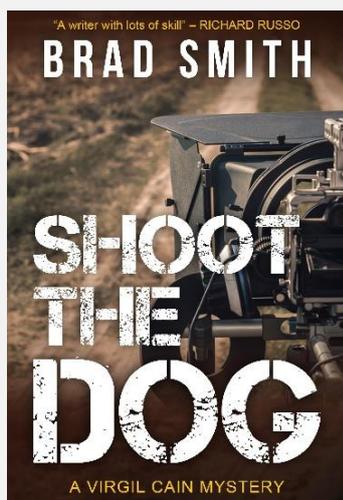
- Reached #1 on Kindle on Amazon UK for Crime/Suspense/Horror
 - ‘This week’s must-read books’ – *New York Post*
 - Books Etc’s October Book of the Month
 - A ‘Crime must-read’ - LitHub
 - A ‘Book to read in one sitting’ – MediaBookBub

Marion lives with her older brother John in a crumbling house on the edge of a seaside resort. A timid woman in her fifties, she turns a blind eye to the noises she hears coming from the cellar... and the laundry in the hamper that isn’t hers – until John has a heart attack.

‘thrilling debut novel: disturbing, gripping, and hugely impressive.’ – The Bookbag

Burns blurs the line between crime fiction and horror... Deliberate pacing, a claustrophobic setting...’ – *Publishers Weekly*

Catherine Burns was born in Manchester, graduated from Cambridge, worked as a bond trader in the City of London before studying at the Moscow Institute of Film and teaching film theory at Salford University. This is her first novel.



Re-released 2018 UK: Endeavour Media; first published by Simon & Schuster Canada and Scribner USA in 2012

- *Red Means Run* was named among 2012's Best Crime Novels by *Booklist*

'For such a furiously funny writer, Smith has great reserves of tenderness' – *New York Times Book Review*

'Rivals Elmore Leonard at his best' – *Publishers Weekly*

'Stellar... Wonderfully wrought characters, delicious wit, and droll storytelling... a delicious romp' – *Publishers Weekly* on *Shoot the Dog*

'Country noir doesn't get much better' – *Library Journal*

'he's funny, poignant, evocative, and he tells a blistering tale' – Dennis Lehane

'A writer with lots of skill, lots of heart, lots of brains' – Richard Russo

'Nobody does stand-up guys better than Smith' - *Booklist*

'a tight, lively package... genuine suspense' – *Toronto Star*

'dialogue that crackles like musket fire... a deliciously entertaining tale of uncivil war over the legacy of America's greatest conflict' – Tony Horowitz

'Hugely enjoyable' – Michael Redhill

Also by Brad Smith: the Carl Burns books *Rough Justice* and *Hearts of Stone* (Severn House 2016, 2017); *All Hat*, *Big Man Coming Down the Road* and *Busted Flush* (Henry Holt USA, 2003–2007; Endeavour Media 2016)

Brad Smith lives in an old farmhouse near Lake Erie, southern Ontario. He has worked as a farmer, signalman, truck driver, bartender, mechanic, roofer and carpenter. *All Hat* was made into a feature film, and *One-Eyed Jacks* was translated into Japanese and Hungarian and shortlisted for the Dashiell Hammett Award.

Many thanks for your interest!

Contact me at barclayjennifer@hotmail.com

Facebook: Jennifer Barclay Books

Twitter @JenBarclayBooks

www.jenniferbarclaybooks.com

HQ: Tilos, Dodecanisa 85002 Greece



I'm also a little busy this year with the publication of my own new book...

