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Linda Kaplan
Linda@defliterary.com
212-925-7744
www.kaplanrights.com

NONFICTION

NATIONAL GEOGRAPHIC

THE CAVE

*A Secret Underground Hospital and
One Woman's Story of Survival in Syria*

Amani Ballour, M.D.

National Geographic, March 2024

Based on the Oscar-nominated film

Written in the tradition of *I Am Malala* and based on the Oscar-nominated documentary *The Cave*, this searing memoir tells the inspiring story of a young doctor and activist who ran an underground hospital in Damascus, illuminating and humanizing the enduring crisis in Syria.

Simply put, there is no one in Syria with a story like Dr. Amani Ballour. The only woman to have ever run a wartime hospital, she saved her peers from the atrocities of war while contending with the patriarchal conservatism around her.

Growing up in Assad's Syria, Dr. Ballour knew she wanted to be more than a housewife, even as her siblings were married off in their teens. As the revolution unfolded, she volunteered at a local clinic and was immediately thrown into the deep end of emergency medicine. Here, she found her voice and the courage to continue.

Among the facets of this powerful tale: Becoming a hospital director. Shielding children from a horrific sarin attack. Losing colleagues. Starvation during the hospital siege. Attempting to employ more women in the hospital and challenging the patriarchy. Abandoning the hospital. Becoming a refugee. Living with trauma. Moving forward.

Amani Ballour is a role model and a game changer who, like Malala Yousafzai, will be remembered as one of history's great heroines. She is an incredibly brave, passionately committed young humanitarian who, though deeply wounded by her experiences, is not content to quietly deal with her own trauma. Instead, Ballour is determined to seek justice and to do her utmost to ensure that others will not have to face the horrors that she survived.

<i>Category:</i>	Memoir
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic

Amani Ballour graduated from the University of Damascus in 2012. She began her pediatrics specialization before abandoning her studies to help the people of her hometown, under attack from the Assad regime, in an underground medical facility known as The Cave. In 2018, as Assad's forces closed in, Ballour was forcibly displaced to northern Syria before settling in the United States with her husband in 2021. She is the recipient of the Council of Europe's prestigious Raoul Wallenberg Prize. She lives in Patterson, New Jersey.

Rania Abouzeid is a multi-award-winning Lebanese-Australian journalist who has reported from across the Middle East for some two decades. Her work has appeared in *The New Yorker*, *Time* magazine, *National Geographic*, and other outlets. She lives in Beirut, Lebanon.



TELL ME WHEN IT'S OVER

Deciphering Covid Myths and Controversies in a Post-Pandemic World

Paul A. Offit, M.D.

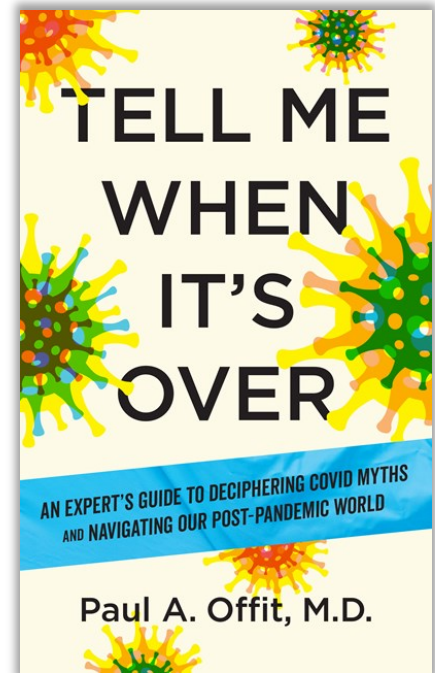
National Geographic, February 2024

From one of the world's premier vaccine experts, this essential guide will answer the key questions about the COVID-19 pandemic: what happened, where we are now, and what happens next, as well as how we can best protect ourselves, our children, and the most vulnerable among us.

Today, as the covid-19 pandemic evolves, people have started to throw away their masks, gather in large indoor settings, and return to normal life. But the fact remains that 9 million Americans are immune-compromised, and at least 60 million have refused to be vaccinated. Moreover, while COVID vaccines are remarkable at preventing severe disease, they aren't very good at preventing mild or asymptomatic infections.

This means SARS-CoV-2 isn't going to disappear anytime soon. The virus will continue to circulate throughout the United States and the world, mutate, generate contagious variants, and cause harm for years if not decades. So how will we live with COVID now?

Dr. Paul Offit will help weary readers address that crucial question. As a member of the FDA Vaccine Advisory Committee and a former member of the Advisory Committee for Immunization Practices to the CDC, Offit has been in the room for the creation of policies that have affected hundreds of millions of people. In this comprehensive guide, he will show us where we've been, where we are, and where we're heading, addressing fundamental issues like boosters, masking, vaccine mandates, immunity induced by natural infection, and what it means to be fully vaccinated. He will also zero in on how to treat long COVID, whether COVID vaccines should be given every year, and when to use antivirals.



Comprehensive and pragmatic, TELL ME WHEN IT'S OVER is the ANTI-anti-vax book—and will be a beacon for anyone (which is to say, everyone) who is interested in finding new solutions to the new normal.

<i>Category:</i>	Science / Medical
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic

Paul A. Offit, M.D., is the Director of the Vaccine Education Center at the Children's Hospital of Philadelphia, as well as the Maurice R. Hilleman Professor of Vaccinology and Professor of Pediatrics at the Perelman School of Medicine at the University of Pennsylvania. A national expert on vaccines and the co-inventor of the rotavirus vaccine for infants, he has appeared on *The Today Show*, *Good Morning America*, *CBS This Morning*, *CNN*, *The Daily Show*, *60 Minutes*, *MSNBC*, *Dateline NBC*, *CSPAN*, *FOX News*, and National Public Radio. He is often interviewed in the *New York Times*, *Washington Post*, *Los Angeles Times*, *Wall Street Journal*, *Chicago Tribune*, and *USA Today*

NATIONAL GEOGRAPHIC

TO INFINITY AND BEYOND

A Journey of Cosmic Discovery

Neil deGrasse Tyson

National Geographic, September 2023

This enlightening illustrated narrative by the world’s most celebrated astrophysicist explains the universe from the solar system to the farthest reaches of space with authority and humor.

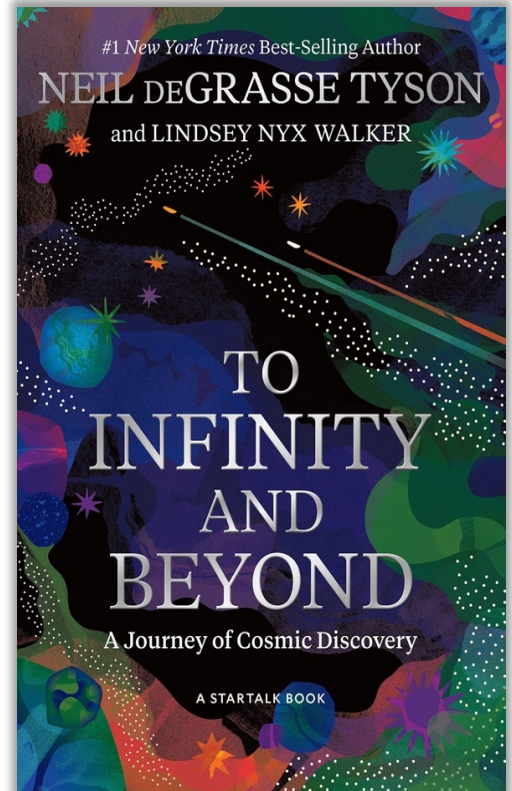
No one can make the mysteries of the universe more comprehensible and fun than Neil deGrasse Tyson. Drawing on mythology, history, and literature—alongside his trademark wit and charm—Tyson and StarTalk senior producer Lindsey Nyx Walker bring planetary science down to Earth and principles of astrophysics within reach. In this entertaining book, illustrated with vivid photographs and art, readers travel with him through space and time, starting with the Big Bang and voyaging to the far reaches of the universe and beyond. Along the way, science greets pop culture as Tyson explains the triumphs—and bloopers—in Hollywood’s blockbusters: all part of an entertaining ride through the cosmos.

The book begins as we leave Earth, encountering new truths about our planet’s atmosphere, the nature of sunlight, and the many missions that have demystified our galactic neighbors. But the farther out we travel, the weirder things get. What’s a void and what’s a vacuum? How can light be a wave and a particle at the same time? When we finally arrive in the blackness of outer space, Tyson takes on the spookiest phenomena of the cosmos: parallel worlds, black holes, time travel, and more.

For science junkies and fans of the conundrums that astrophysicists often ponder, *To Infinity and Beyond* is an enlightening adventure into the farthest reaches of the cosmos.

Tyson’s previous title, *STARRY MESSENGER*, sold to: Jarir Bookstore (**Arabic**), Editora Record (**Brazil**), I-Z Publisher (**Bulgaria**), China Translation (**simplified Chinese**), Znanje d.o.o. (**Croatian**), Zoner (**Czech**), Klett-Cotta (**German**), Dioptra (**Greek**), Mondadori (**Italian**), ScienceBooks (**Korean**), Het Spectrum (**Dutch**), Insignis (**Polish**), Objectiva (**Portuguese**), Editura Trei SRL (**Romanian**), AST/OGIZ (**Russian**), Urban Reads (**Serbian**), Tatran (**Slovak**), Učila (**Slovenian**), Planeta Mexico (**Spanish**), Sun Color (**complex Chinese**), Nova Kitap (**Turkish**), HarperUK

<i>Category:</i>	Science
<i>Format:</i>	Hardcover (full color photos throughout)
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<i>Rights Sold on Behalf Of:</i>	National Geographic
<i>Rights Sold to:</i>	Citic Press Corporation (simplified Chinese), Ithaki (Turkish)



Legendary astrophysicist **Neil deGrasse Tyson** was born in New York City the same week NASA was founded. His interest in the universe traces back to age 9, after a first visit to the Hayden Planetarium of the American Museum of Natural History. After an degree in Physics from Harvard and a PhD in Astrophysics from Columbia and a Postdoctoral research fellowship at Princeton, Tyson became the Frederick P. Rose Director of the Hayden Planetarium, where he has served since 1996. He is the host of the popular podcast StarTalk Radio and Emmy award-winning National Geographic Channel shows StarTalk and Cosmos. He lives in New York City with his wife and two children.

NATIONAL GEOGRAPHIC

COSMIC QUERIES

StarTalk's Guide to Who We Are, How We Got Here, and Where We're Going

Neil deGrasse Tyson

National Geographic, September 2021

"[An] exuberant and enticing resource." —*Booklist*

"A lively, richly illustrated celebration of scientific inquiry."
—*Kirkus Reviews*

"Based on the popular talk show and podcast StarTalk, this collection of essays explores many of the universe's most intriguing mysteries. From dark matter, the Big Bang, and other space oddities to quarks, multiverses, and other quantum curiosities, . . . the authors invite readers to contemplate these fascinating questions which scientists have pondered for centuries. As expected from National Geographic publications, the book is beautifully illustrated. Its stunning color photographs enhance the enjoyment of this cosmic reading journey."
—*Library Journal*

"In the gulf between the depths of human curiosity and the limits of human ignorance" is a space to ask questions, write astrophysicist Tyson (StarTalk) and physicist Trefil (Imagined Life) in this breezy survey of physics's curiosities. . . . Lay readers curious about the mysteries of the universe will want to take a look."
—*Publishers Weekly*

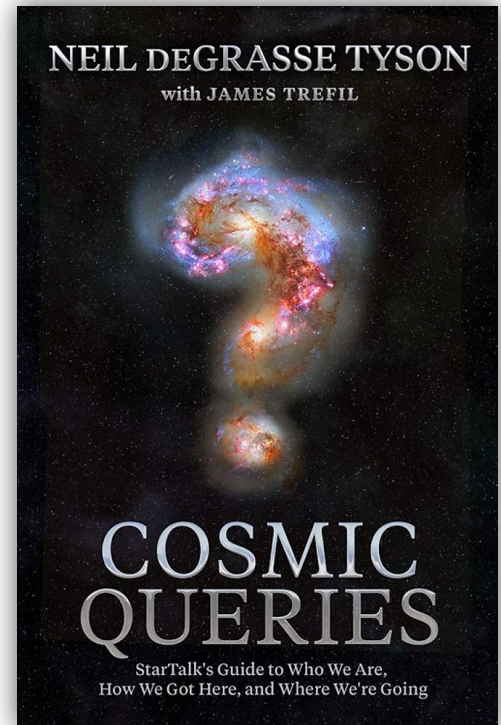
"Tyson and Trefil succinctly lead the reader through almost every aspect of cosmic history while addressing age-old questions with new verve. . . . Despite the book's title, arguably its real value is in just how efficiently it covers what we currently know about this chunk of spacetime we call home."
—*Forbes.com*

In this thought-provoking follow-up to his acclaimed *StarTalk* book, uber astrophysicist Neil deGrasse Tyson tackles the world's most important philosophical questions about the universe with wit, wisdom, and cutting-edge science.

For science geeks, space and physics nerds, and all who want to understand their place in the universe, this enlightening new book from Neil deGrasse Tyson offers a unique take on the mysteries and curiosities of the cosmos, building on rich material from his beloved StarTalk podcast.

In these illuminating pages, illustrated with dazzling photos and revealing graphics, Tyson and co-author James Trefil, a renowned physicist and science popularizer, take on the big questions that humanity has been posing for millennia -- How did life begin? What is our place in the universe? Are we alone? -- and provide answers based on the most current data, observations, and theories.

Populated with paradigm-shifting discoveries that help explain the building blocks of astrophysics, this relatable and entertaining book will engage and inspire readers of all ages, bring sophisticated concepts within reach, and offer a window into the complexities of the cosmos.



Category: Science
Format: Hardcover (full color photos throughout)
Kaplan/DeFiore Controls: Translation
Material: PDF
Rights Sold on Behalf Of: National Geographic
Rights Sold to: Tatran (**Slovak**), Bruckmann (**German**), Burda (**Polish**), Shanghai Yining (**Simplified Chinese**)

Legendary astrophysicist **Neil deGrasse Tyson** was born in New York City the same week NASA was founded. His interest in the universe traces back to age 9, after a first visit to the Hayden Planetarium of the American Museum of Natural History. He was educated in the public schools of New York City through his graduation from the Bronx High School of Science. After an degree in Physics from Harvard and a PhD in Astrophysics from Columbia and a Postdoctoral research fellowship at Princeton, Tyson became the Frederick P. Rose Director of the Hayden Planetarium, where he has served since 1996. He is the host of the popular podcast StarTalk Radio and Emmy award-winning National Geographic Channel shows StarTalk and Cosmos. He lives in New York City with his wife and two children.

James Trefil, Clarence J. Robinson Professor of Physics at George Mason University, is internationally recognized not only as a distinguished scientist but also as an expert in making complex scientific ideas understandable. He is the author of numerous magazine articles and books on science for the general public, including both editions of National Geographic's highly successful Space Atlas. He lives in Fairfax, Virginia, with his wife.

NATIONAL GEOGRAPHIC

THE HEARTBEAT OF THE WILD

Dispatches from Landscapes of Wonder, Peril, and Hope

David Quammen

National Geographic, May 2023

"David Quammen is the conservationist's author. Not only can he explain complex scientific issues using great storytelling that makes them stick, but he also has the ability to transmit the passion involved in exploration, research, and conservation."—*Enric Sala, National Geographic Explorer in Residence and founding director of Pristine Seas*

"Distinctively combining the splendor of nature, conservation biology, and exciting adventures, Quammen's tales read as though Indiana Jones joined forces with scientist-ecologist Edward O. Wilson."—*Booklist*

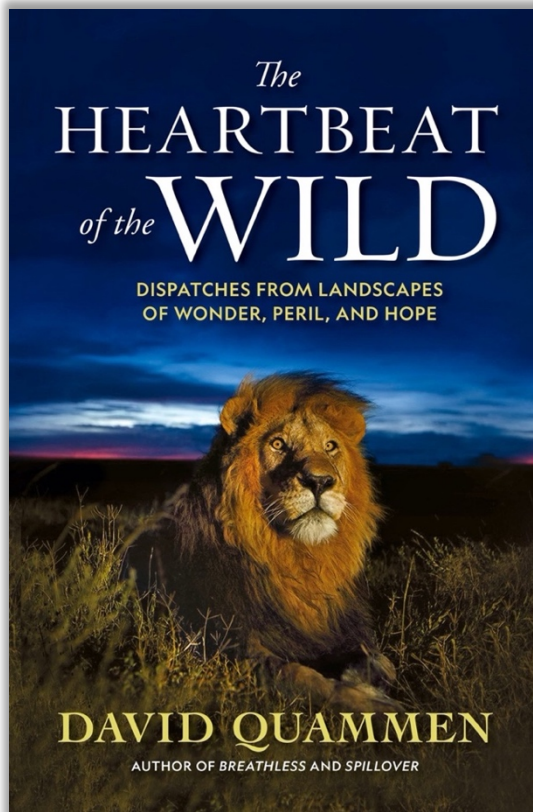
In this inspiring collection of essays, acclaimed author David Quammen journeys to places where civilization meets raw nature and explores the challenge of balancing the needs of both.

For more than two decades, award-winning science and nature writer David Quammen has traveled to Earth's most far-flung and fragile destinations, sending back field notes from places caught in the tension between humans and the wild. This illuminating book features 20 of those assignments: elegantly written narratives, originally published in National Geographic magazine and updated for today, telling colorful and impassioned stories from some of the planet's wildest locales.

Quammen shares encounters with African elephants, chimpanzees, and gorillas (and their saviors, including Jane Goodall); the salmon of northeastern Russia and the people whose livelihood depends on them; the lions of Kenya and the villagers whose homes border on parks created to preserve the species; and the champions of rewilding efforts in southernmost South America, designed to rescue iconic species including jaguars and macaws.

With a new introduction, afterword, and notes framing each story, Quammen reminds us of the essential role played by wild nature at the heart of the planet.

<i>Category:</i>	Nature / Essays
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
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<i>Rights Sold on Behalf Of:</i>	National Geographic
<i>Rights Sold to:</i>	Adelphi Edizioni (Italian)



Three-time winner of the National Magazine Award (the Ellie) and author of 15 books, **David Quammen** is one of the world's top nature and science writers. His 2012 book *Spillover*, which predicted a worldwide pandemic, was shortlisted for the PEN/E. O. Wilson Literary Science Writing Award and has made him one of the most sought-after commentators on the coronavirus. He is a regular contributor to *National Geographic*, *The New Yorker*, and the *New York Times*. He lives in Bozeman, Montana.

NATIONAL GEOGRAPHIC

GORDON RAMSEY'S UNCHARTED

A Culinary Adventure With Recipes from Around the Globe

Gordon Ramsey

National Geographic, April 2023

In the National Geographic television series *Uncharted*, chef Gordon Ramsay journeys to some of the most remote locations on Earth in search of culinary inspiration, epic adventures, and cultural experiences. Experience his journey in this beautifully illustrated collection, featuring 75 mouthwatering recipes and revealing insight into the cultures and foodways of destinations from Peru to Louisiana.

Celebrity chef Gordon Ramsay has traveled far and wide to find culinary inspiration in some of the world's most remote locations. In this travelogue-meets-cookbook, Ramsay reveals the rich food traditions and cultures he's found in 25 remarkable destinations

Within these mouthwatering pages, you'll find insights into some of the world's richest cultures, behind-the-scenes stories from filming, tips from top chefs around the world, and must-try adventures in places near and far. Best of all, you'll be served 75 authentic recipes that are easy to achieve at home, including:

- Steamed Pudding from New Zealand
- Seafood Chowder from Alaska's Panhandle
- Spice-Rubbed Steaks with Pele Pele Sauce from South Africa
- Pumpkin Curry from India's spice hub
- New Orleans-Style Barbecue Shrimp from Louisiana
- Ricotta Gnocchi from Istria, Croatia
- And More!

Both exotic and inspiring, this cookbook is perfect for travel inspiration, cultural insight, and an extra-special kitchen repertoire!

Ramsay's previous cookbooks have been licensed to: Hachette Pratique (**France**) Slovart (**Czech**); Porto (**Portugal**); Cite (**Simplified Chinese**) Sudwest (**German**), Slovart (**Slovak**), Azbooka (**Russia**), KM Books (**Ukraine**)

<i>Category:</i>	Cooking / Travel
<i>Format:</i>	Hardcover, full color photos throughout
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic
<i>Rights Sold to:</i>	Bruckmann (German), Slovart (Czech), The Kitap (Turkish)

Gordon Ramsay is an internationally renowned chef, restaurateur, and TV host (*Uncharted*, *Hell's Kitchen*, *MasterChef*, and *Next Level Chef*). He has transcended the food world to become a household name, with multiple best-selling cookbooks, 16 Michelin stars across his global restaurant empire, and a large social media following of more than 20 million followers. When he's not on TV or in the kitchen, he's doing what he does best: being an embarrassing dad to his four kids. He splits his time between Los Angeles and London.



NATIONAL GEOGRAPHIC

THE BLUE ZONES SECRETS FOR LIVING LONGER

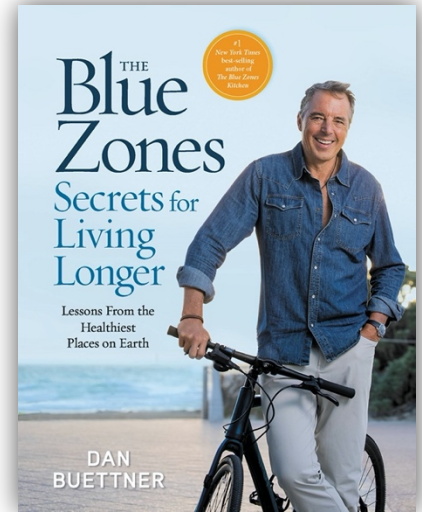
Lessons from the Healthiest Places on Earth

Dan Buettner

National Geographic, August 2023

Timed to the worldwide debut of his highly anticipated Netflix series, the creator of National Geographic's popular Blue Zones franchise brings readers a beautifully illustrated and informative guide to the Blue Zones—the places on Earth where people live the longest—including lessons learned, top longevity foods, and the "Power 9" behaviors to help you live to 100—plus a surprising new Blue Zone.

National Geographic Explorer and best-selling author Dan Buettner has traveled the globe to uncover the best strategies for longevity, which he found in the Blue Zones: places around the world where higher percentages of people enjoy remarkably long, full lives.



In *The Complete Blue Zones*, Buettner returns to Sardinia, Italy; Ikaria, Greece; Okinawa, Japan; Costa Rica's Nicoya Peninsula; and Loma Linda, California to check in on the super-agers living in the blue zones and interprets the not-so-secret sauce of purpose, faith, community, down-time, natural movement, and plant-based eating that has powered as many as 10 additional years of healthy living in these regions. And Buettner reveals an all-new Blue Zone—the first man-made Blue Zone yet explored.

Throughout his two decades of research, Buettner has worked with some of National Geographic's top photographers—including David McLain and Gianluca Cola—to document the healthy habits of the world's longest living communities. In this informative collection, their work punctuates Buettner's lively text, offering a beautiful introduction to the Blue Zones and a companion to fans of the Blue Zones Netflix series.

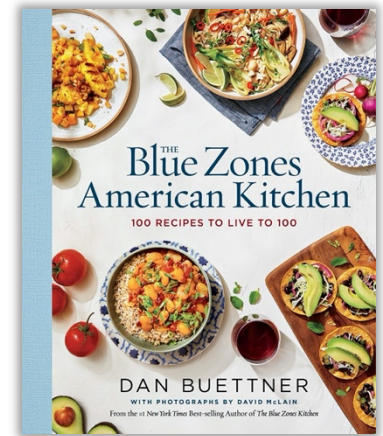
<i>Category:</i>	Cooking / Diet
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic
<i>Rights Sold to:</i>	Editora Nversos (Brazil-Portuguese), Bruckmann (German)

Dan Buettner is a National Geographic Explorer, a writer, and the founder of Quest Network, Inc. His 2005 cover story for *National Geographic* magazine, "Secrets of Living Longer," was a finalist for the National Magazine Award. He has appeared on CNN, *David Letterman*, *Good Morning America*, *Primetime Live*, and the *Today* show to discuss his Blue Zones research, and he has delivered more than 500 keynote speeches over the last 10 years. He is the author of the best-selling *Blue Zones Kitchen*, as well as *The Blue Zones*, *The Blue Zones Solution*, and *The Blue Zones of Happiness*. He splits his time between California and Minnesota, where you can also find two of the original Blue Zones Project Cities.

Also Available: **BLUE ZONES AMERICAN KITCHEN** *100 Recipes to Live to 100*

Best-selling *Blue Zones Kitchen* author Dan Buettner spent years uncovering the Blue Zones--the five places around the world where people consistently live to or past, 100--and sharing lifestyle tips and recipes gleaned from these places. Now, creating your own Blue Zone at home is easier than ever, thanks to plant-forward recipes in this inspiring book--all developed right in our own backyard.

In *Blue Zones American Kitchen*, Buettner uncovers the traditional roots of plant-forward cuisine in the United States. Following the acumen of heritage cooks who have passed their recipes from generation to generation, Buettner uncovers the regions and cultures that have shaped America's healthiest food landscapes, from Hmong elders living in Minnesota to Quakers in New England. Along the way, he illuminates both traditional and revolutionary ideas in vegetarian food with recipes from chefs like James Beard Award-winner James Wayman, "the Gullah chef" Bill Green, and "the Cod Chef" Dave Smoke-McCluskey.



With wisdom from more than 50 food experts, chefs, and cooks around the country, Buettner's road trip across America sheds light on some of its most under-recognized plant-forward communities as Buettner shares the ingredients, recipes, and lifestyle tips that will make living to 100 both delicious and easy. And the proof is in the pudding: 49 Blue Zones Project Cities have demonstrated that eating the Blue Zones way can alleviate obesity, heart disease, diabetes, and more.

Filled with 100 tasty recipes, from Pennsylvania Dutch apple dumplings to Southern Hoppin' John, *Blue Zones American Kitchen* will change your diet--and your life.

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THE BLUE ZONES CHALLENGE *A 4-Week Plan for a Longer, Better Life*

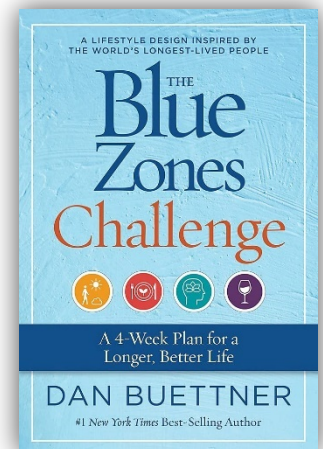
In this companion to the number one *New York Times* bestseller *The Blue Zones Kitchen*, Dan Buettner offers a four-week guide and year-long sustainability program to jump-start your journey to better health, happiness, less stress, and a longer life.

Get started on the path to a longer, healthier, happier life with this quick start to building your own Blue Zones lifestyle. Dan Buettner, founder of the Blue Zones and author of the *New York Times* number one best-selling *Blue Zones Kitchen*, offers the challenge of a lifetime: Build a foundation for better nutrition, more exercise, and a stronger social life that will extend your lifetime by years.

After four weeks--and with the help of easy-to-use worksheets and recipes--you'll see results in your weight, your well-being, and your general health. From there, follow the Blue Zones challenge through the rest of the year with an 11-month sustainability calendar that will continue to encourage you and build upon the foundation you've already started.

What you'll find is living to 100 is easy--it just takes following the Blue Zones way!

Rights Sold to: Editora Nversos (**Brazil-Portuguese**), Kompania Mediowa (**Polish**), Common Life (**complex Chinese**)



Rights to previous Blue Zones titles are controlled by the Andrew Wylie Agency

NATIONAL GEOGRAPHIC

THE POWER FIVE

Essential Foods for Optimum Health

Michael Crupain

National Geographic, November 2023

You don't have to eat a restrictive diet to live better, healthier, and longer. In this essential cookbook, 75 recipes put the focus on the five foods that keeping you living your best life—without sacrificing flavor or favorites.

You don't have to eat a restrictive diet to live better, healthier, and longer. In this essential cookbook, 75 recipes put the focus on the five foods that keeping you living your best life—without sacrificing flavor or favorites.

The key to longevity, experts say, comes down to what you eat. And that doesn't mean a restrictive diet. This innovative cookbook acclaimed nutritionist and physician Michael Crupain introduces the five essential food groups for a longer, healthier life, along with 75 delicious recipes that will ward off illness and extend your life by years. Living longer and better, he reveals, doesn't mean frequent trips to the doctor's office or a magic pill. Instead, it's all about preventative medicine through the power of what you eat—and that includes carbs, fats, and sugars.

Crupain provides an inspiring road map to revamp your eating habits for maximum health. Using a foundation of 5 key food groups—whole grains, seafood, nuts and seeds, beans, and fruits and vegetables—he crafts 75 recipes that will prevent disease and extend your life by years.

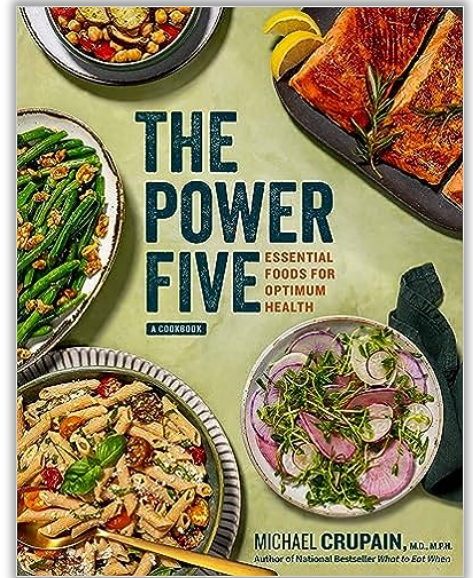
And best of all, eating from the Power Five doesn't have to taste bad either—you can have your pasta, breads, and dessert! These mouthwatering recipes include:

- Cavatelli Pasta with Mussels and Beans
- Grilled Stone Fruits with Labneh and Basil
- Miso Creamed Corn
- Smoky Eggplant with Hummus
- Whole Wheat Sourdough Lasagna Bread
- Roast Chicken with Spicy Scallion Slaw
- Chocolate Labneh Cheesecake

So don't wait another minute... use *The Power Five* to add years to your life in the most delicious way possible!

<i>Category:</i>	Cooking / Diet
<i>Format:</i>	Hardcover, full color throughout
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic

Michael Crupain, MD, MPH is senior vice president, clinical operations, of Sharecare, the leading digital health company in the United States. A board-certified preventative medicine physician whose mission is to make the world a healthier place, he is a multiple Emmy Award-winning producer and author of the best-selling book *What to Eat When*. Prior to Sharecare, Dr. Crupain was the medical unit chief of staff at *The Dr. Oz Show* and the director of food safety testing at Consumer Reports. He completed his medical degree at New York Medical College and received a masters in public health degree at the Johns Hopkins Bloomberg School of Public Health, where he is also a member of the faculty.



NATIONAL GEOGRAPHIC BIG MOE'S BIG BOOK OF BARBEQUE

Moe Cason

National Geographic, May 2024

Pit master Moe Cason shares 75 of his family-favorite recipes, from his beloved brisket to his world-famous mac-n-cheese.

Having competed in more than 250 national and international barbecue competitions, “Big Moe” Cason is the country’s undisputed king of brisket and pitmaster extraordinaire. In his debut cookbook, he reveals the secrets of creating amazing flavor with fire and smoke with 75 family-favorite recipes.

The 75 mouth-watering recipes gathered in these beautifully photographed pages showcase time-tested techniques and recipes, from smoked bone-in Tomahawk steaks to a 14-hour turkey brine. Savor a secret-ingredient mac-n-cheese that wowed Steve Harvey, a generations-old family recipe for sweet-and-savory cornbread, and perfectly seasoned collard greens. Cason offers expert guidance on different types of smokers and grills, filling the pantry with time-tested spice rubs and marinades, selecting the perfect cut of meat, and more. Recipes include:

- Fall-apart tender Texas brisket
- Sweet and spicy pork ribs
- Smoked pork shoulder
- Hawaiian Burgers with pineapple, soy sauce, and feta cheese
- Spicy mac-n-cheese
- Collard greens
- Cornbread
- Homemade black-eyed peas

Filled with unique and flavorful recipes, this delectable cookbook will help you unlock the secrets of amazing barbecue flavor.

<i>Category:</i>	Cooking / Diet
<i>Format:</i>	Hardcover, full color throughout
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on Behalf Of:</i>	National Geographic

In 2005, after a career in the Navy and then as a water treatment operator, **Moe Cason** began competing in—and winning—barbecue competitions. He has faced off with some of the most famous pitmasters in America. He appeared on BBQ Pitmasters regularly from 2009 to 2018, and has also been featured on *America’s Pit Wars*, Food Network’s *The Kitchen*, and *Chopped*. His National Geographic series, *World of Flavor*, debuts in 2023. <https://moecasonbbq.com>
[@bigmoecason](#) (Instagram)



NATIONAL GEOGRAPHIC

PLANT LOVE KITCHEN

An Easy Guide to Plant-Forward Eating, with 75+ Recipes

Marisa Moore

National Geographic, April 2023

In this easy-to-use guide, Marisa Moore offers a flexible approach—backed by the latest nutritional science—to a more plant-forward diet that can improve your health. With step-by-step tips to transform your plate, she offers 75 delicious recipes to help you reach your wellness goals.

According to the latest scientific research, eating with a plant slant and focusing on whole foods—vegetables, fruits, whole grains, legumes, and nuts—is key to a longer, healthier life. In fact, new studies show that a plant-forward diet can increase your longevity by up to eight years.

Still, flipping the make-up of your plate and reversing years of eating habits can be tricky. But not anymore! Nutritionist and food blogger Marisa Moore's *The Plant Love Kitchen* helps you easily integrate a plant-forward diet into your life.

In this approachable guide, Moore breaks down the benefits of a flexitarian diet for your health, disease prevention, and overall well-being, based on the latest research. Then, she reveals a transition plan to make the plant-forward approach a long-lasting lifestyle, including tips and tricks for a prepared kitchen and pantry. This isn't a one-size-fits all approach, but an adaptable method that will leave you feeling younger, stronger, mentally fit, and healthy.

Once you've got the kitchen prepared, take on 75 delicious recipes for breakfast, lunch, dinner, and everything in between, including:

- Fully Loaded Breakfast Cookies
- Make-Ahead Spinach Breakfast Wraps
- One-Skillet Spinach and Mushroom Lasagna
- Roasted Shrimp Pineapple and Pepper Tacos
- Maple-Miso Glazed Sweet Potatoes
- Cocoa Almond Truffles
- And more!

Practical, relatable, and enlightening, this book is the ultimate resource for remaking your diet and extending your life by years.

<i>Category:</i>	Cooking/Natural Foods
<i>Format:</i>	Hardcover (full color photos throughout)
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic

Marisa Moore, R.D., is a nutritionist with a background in chemical engineering who previously worked for the CDC. Now, she runs a popular food blog with more than 52,000 followers on Instagram. She is a contributing editor for *Food and Nutrition* magazine and a trusted expert regularly featured in *People* magazine, *US News & World Report*, *HuffPost*, *NBC Nightly News*, *Today*, *The Dr. Oz Show*, and *Morning Express* on HLN.



NATIONAL GEOGRAPHIC

THE GREAT AGE REBOOT

Cracking the Longevity Code for a Younger Tomorrow

Michael F. Roizen, Peter Linneman, Albert Ratner

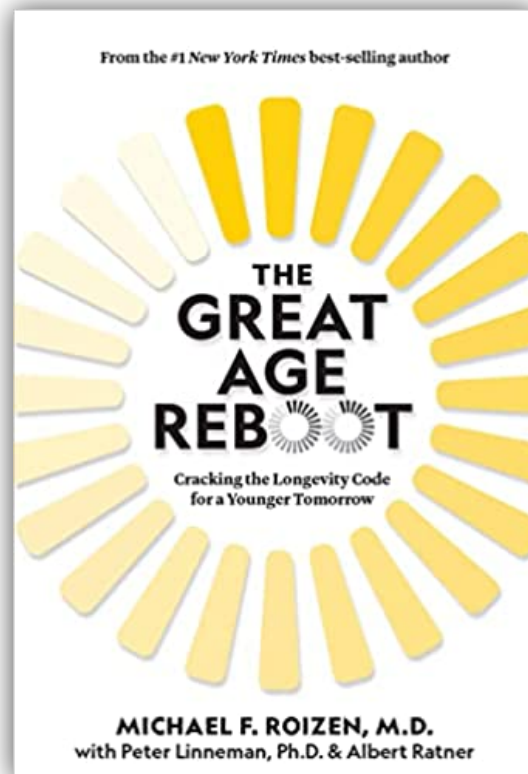
National Geographic Books, September 2022

As the human lifespan expands and more people are living to 100 years and beyond, *New York Times* best-selling author Michael Roizen, M.D., explains how to prepare for a longer, healthier future.

Over the next decade, people living to 100, 120, or even 130 years old will become increasingly common--and life past 100 may not look like what you expect. In this groundbreaking narrative, best-selling author Michael Roizen reveals how current science and technology will revolutionize our ability to live longer, younger, and better.

Today's breakthroughs in longevity research are unprecedented, and this book will help you navigate the coming changes to make the best decisions for your brain, your body, and your bank account. Along with acclaimed economists Peter Linneman and Albert Ratner, Roizen explores how longer life spans will change our lives and our culture, providing the most comprehensive and forward-looking book on aging to date, and showing readers how to prepare for the next major societal disruptor. At long last, here is a road map to prevention, treatment, and technology that will reshape how we think about old age--and help us plan for an audacious future.

<i>Category:</i>	Science/Longevity
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	UK and Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	National Geographic
<i>Sold to:</i>	Citic Press (simplified Chinese), SangSangSquare (Korean)



MICHAEL F. ROIZEN, MD, is the Chief Wellness Officer at the Cleveland Clinic, Chief Medical Consultant on *The Dr. Oz Show*, author of four #1 *New York Times* bestselling books, and originator of the popular RealAge.com website. He is board certified in anesthesiology and internal medicine. He's been recognized with an Ellie, an Emmy, and the Paul G. Rogers Award from the National Library of Medicine for Best Medical Communicator. He also chaired an FDA advisory committee and has published more than 175 peer-reviewed articles. He lives in Shaker Heights, Ohio. Facebook: Michael Roizen, MD @DrRealAge. Twitter: Young Dr. Mike Roizen, @DrMikeRoizen.

PETER LINNEMAN, PhD, is Emeritus Professor at The Wharton School of Business and Founding Principal of Linneman Associates. He has served on more than 20 corporate boards and was Chairman of Rockefeller Centers Properties. He is a widely sought after thought leader in real estate, economics and finance. Twitter: @P_Linneman.

ALBERT RATNER, PhD, is an expert in population economics who was co-CEO and Co-Chair of Forrest City Enterprises for more than 25 years.

****NEW****

GOLDEN

Reclaiming Your Life and Your Joy from High-Functioning Depression

Judith Joseph

Little, Brown Spark, Spring 2025

When we think of someone who is suffering from depression, the common image is that of a person who is deeply sad, listless, finds it hard to get out of bed; someone who can barely function. Yet there is another face to this illness. You've seen them. They seem to lead charmed lives. They're successful, capable, productive, just gleaming...at least on the surface. Yet scratch a little deeper and that successful, thriving façade can reveal a person who feels little joy or pleasure in their life, who may be barely surviving, and certainly is not thriving. They may 'know' something is missing, is off, but not know what it is.

High-Functioning Depression (HFD) affects approximately 8.4% of Americans and is one of the most important emerging mental health crises of our time, potentially impacting the lives of millions. However, it has been under-researched, overlooked, and completely misunderstood. Until now.

In **GOLDEN: Reclaiming Your Life and Your Joy from High-Functioning Depression**, double-Ivy graduate, Dr. Judith Joseph will do for people with HFD what Susan Cain's *Quiet* did for introverts: radically transform the way that people with this condition see themselves, empower others to recognize people with High-Functioning Depression in their lives, and enable us all to harness the power (not the pain) of the condition.

Drawing from new research, more than a decade of studying similar conditions, client cases, and her personal experience with HFD, Dr. Joseph will share the true causes of this pervasive illness. She'll show readers how to break free from a pleasure-less life through her Five V's framework: identifying what is truly important to them, their Values; allowing themselves to Vent; receiving Validation; improving their Vitals; and creating a fulfilling Vision for themselves and their future. In **GOLDEN**, readers will also gain a critical understanding of the trauma that caused them to shift their identity, lose their way, and their ability to enjoy life.

Category:	Psychology
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on Behalf Of:	Heather Jackson Literary
Rights Sold to:	Vintage UK, Znak (Polish)

Judith Joseph, MD, MBA, is a board-certified child, adolescent, and adult psychiatrist and researcher who specializes in mental health and trauma. She is the founder of and chief investigator at Manhattan Behavioral Medicine, New York City's premier clinical research site. Passionate about teaching and creating an impact, Dr. Judith serves as a clinical assistant professor in child and adolescent psychiatry at NYU Langone Medical Center in Manhattan. She is also chairwoman of the Women in Medicine Board at Columbia University's Vagelos College of Physicians and Surgeons. She holds an undergraduate degree from Duke as well as a medical doctorate and master's in business administration from Columbia.

As one of social media's favorite psychiatrists, Dr. Judith gets over 15 million views a month. Her Instagram, full of funny, role-playing videos and revealing insights, got more than 10 million impressions and her TikToks were viewed more than 5 million times just last month alone. Across platforms she has over 623k highly engaged followers.

****NEW****

A CHANGED MIND

Go Beyond Self Awareness, Rewire Your Brain & Reengineer Your Reality

David Bayer

Post Hill Press, September 2023

The story of one man's journey to go beyond self awareness and the science of how to actually change your mind.

In his groundbreaking, seminal book, visionary leader and transformational teacher David Bayer offers a revolutionary approach to personal growth and spiritual evolution, taking complex concepts from the fields of behavioral psychology, neurophysiology, quantum field theory, and spiritual tradition and distilling them into a powerful, practical, integrative framework for reclaiming personal and emotional sovereignty and having what Bayer calls “a powerful living experience.”

Through the authentic and vulnerable sharing of his own story of struggle, childhood trauma, addiction, and burnout, Bayer takes the reader on a journey of going beyond self awareness and self help to learn how to actually rewire your brain, down regulate your nervous system, and consciously create an extraordinary life.

A Changed Mind is an instruction manual for understanding the human being operating system and how to reclaim control over your thoughts, emotions, and life at a time when emotional intelligence, self awareness, and spiritual connection are essential skills for navigating the increasingly complex and uncertain external dynamics of modern-day life.

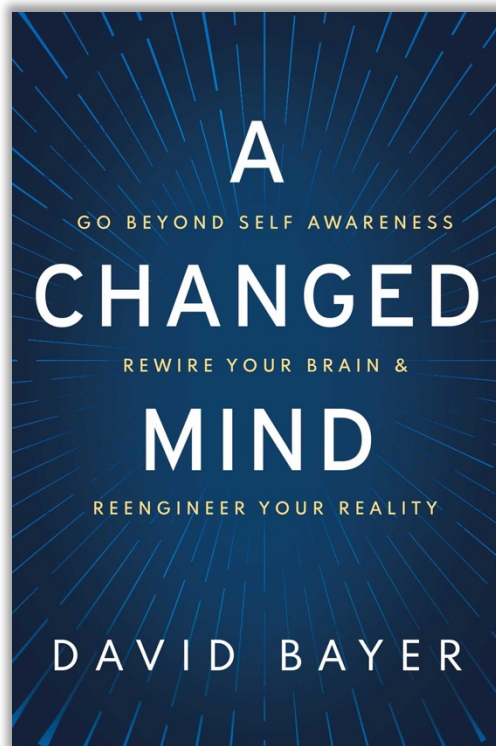
Whether you are new to personal growth or have been on a journey of growth for decades, wanting to overcome depression and anxiety or perform at a higher level, connect more deeply with a power greater than yourself or free yourself from the incessant negative chatter of the mind—*A Changed Mind* is the missing piece every growth-oriented and spiritually minded individual needs in order to achieve sustainable health, happiness, joy, and prosperity, and ultimately realize their full potential.

<i>Category:</i>	Self Help / Personal Growth
<i>Kaplan/DeFiore Controls:</i>	UK & Translation Rights
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Post Hill Press

David Bayer is a leading expert on personal growth and human evolution. After graduating from Columbia University with a degree in philosophy and comparative literature, Bayer went on to create a prolific career in entrepreneurship, founding several businesses and eventually becoming CEO of David Bayer Businesses, an Inc. 500 company and one of the fastest growing transformational organizations in the world.

In his mid-thirties, Bayer experienced an early mid-life crisis, motivated by decades of drug and alcohol addiction. After achieving sobriety, Bayer discovered personal growth, only to find that the current model of self-help left him acutely aware of his limiting beliefs and negative inner chatter, but without a tool for consistently and permanently transforming them.

Bayer spent nearly a decade immersed in study across the fields of neuroscience, peak performance, quantum theory, biohacking, wisdom teachings, meditation, indigenous technologies, breathwork, metaphysics, and consciousness theory in search of a way to go beyond self-help and actually change his mind. <https://davidbayer.com>



****NEW****

BEAUTIFUL MONSTER

A Becoming

Miles Borrero

Regalo Press, October 2023

“This poetic memoir follows the author as a child growing up in Colombia through his adult transition into manhood.... Full of magical realism, Borrero brings readers along on his emotional journey back to himself.” – *Booklist*

A breathtaking, exquisitely crafted memoir about a trans person’s singular journey through breaching the boundaries of gender—across generations, cultures and borders—to become his truest, most authentic self.

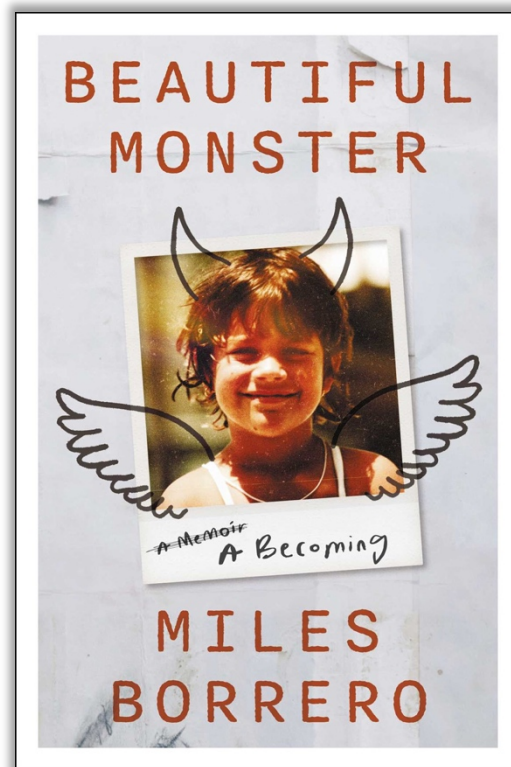
Nearing the age of forty, with an entire life already lived as a woman—half in Colombia, half in the US—Miles Borrero comes face to face with his father’s impending death. Suddenly realizing that he has been stalling his transition for fear of losing his family’s love, this moment catalyzes Miles’s determination to be fully known as his father’s son before it is too late.

In *Beautiful Monster*, Miles chronicles his unusual childhood, by turns riveting and hilarious, in ’80s and ’90s Colombia during the Pablo Escobar years, as well as his move to Salt Lake City to pursue acting and the winding trajectory that eventually lands him in the New York City yoga scene. Within these very different cultures, the realities of being queer and trans echo poignantly through the triumphs, heartbreaks, family dynamics, spiritual pursuits, and relationships that propel Miles along his path.

Sublimely nuanced and written in ravishing prose that is as unique and irresistible as its subject, *Beautiful Monster* is one person’s story of navigating the pressures to perform femininity while becoming a gender outlaw. Brimming with wonder, humor, and mythos, entertaining and enlightening in equal measure, this book offers a compelling case for embracing one’s true nature.

<i>Category:</i>	Biography and Autobiography / LGBTQ+
<i>Kaplan/DeFiore Controls:</i>	UK & Translation Rights
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Post Hill Press

Throughout his many lives, **Miles Borrero** has survived fronting a Latin rock band, riding horses competitively, acting on various stages across the US, and nannying a six-year-old. He has been Catholic, Jewish, and a frequent guest at Krishna’s house, and has lived life as a boy, a girl, a woman, a man, and something in between. Now a senior yoga teacher who leads retreats all over the world, Miles is passionate about dismantling the systems within ourselves that keep us small. He lives in New York with his sweetheart and their two adorable dogs.



****NEW****

BURNOUT TO BRILLIANT

A practical guide to recharging, resetting and redesigning your life

Dr Marny Lishman

Affirm Press, January 2024

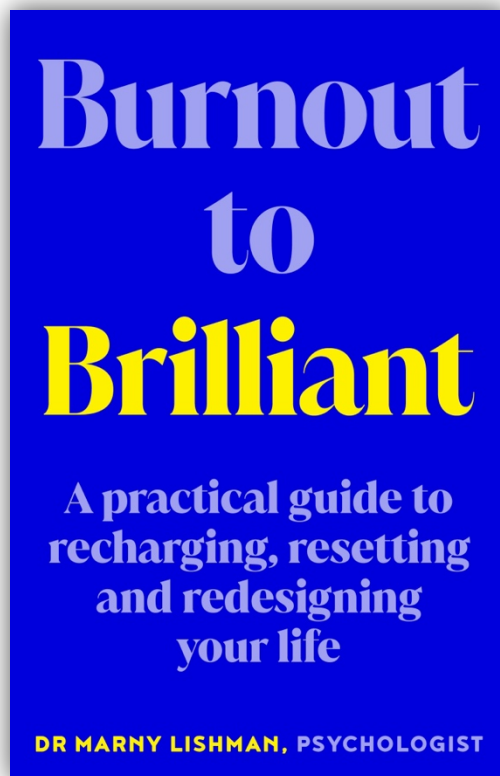
Noticed that you're dragging yourself to work lately? Feeling cynical all the time? Exhausted throughout the day? Productivity reduced? Ready to quit? Passion you once had all but disappeared?

You might be suffering from burnout.

Written by psychologist and life coach Dr Marny Lishman, *Burnout to Brilliant* will give you the knowledge, mindset and motivation to create a satisfying, fulfilling and successful life post-burnout. From understanding your values to learning how to communicate boundaries, this easy-to-read guide will give you greater self-awareness about your mental health, strengthen your ability to manage your stress levels, assist you in designing a healthier personal and professional foundation from which to operate and reignite a passion for your career.

<i>Category:</i>	Personal Development
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Affirm Press

Dr Marny Lishman is a health and community psychologist, author, wellbeing and mindset coach, keynote speaker, and media commentator in Perth, Australia. She holds both a bachelor's and a doctorate of psychology, with health and community psychology speciality titles. Marny helps people increase their psychological capacity to create the life they want, while dealing with the inevitable disruptions they will face on their path to success. An animal lover who requires lots of sunlight and time in nature, she is her best self when she can go on long daily beach walks with her dog, indulge in reading books, meditate and spend time with her shiny (but rather loud) children.



****NEW****

CULTURAL INTELLIGENCE IN THE 21ST CENTURY

Driving Inclusion, Revenue, and ESG

Stephan M. Branch

Post Hill Press, November 2023

Discover how leadership, cultural intelligence, and inclusion coalesce to create preeminent global leaders and organizations while driving revenue, inclusion, and Environmental, Social, and Governance (ESG).

If you are a CEO, global leader, or part of a global organization, you can revolutionize every part of your business by raising your cultural intelligence. *Cultural Intelligence in the 21st Century* explores nine crucial cultural competencies that will transform every part of your business, including:

- how you drive inclusion, revenue, and ESG
- how you lead global teams for better results
- how you increase sales and operational performance
- how you communicate across cultures
- how you build relationships and trust in other countries

In recent years, organizations have become fixated on raising Environmental, Social, and Governance (ESG) because they recognize that the Millennial and Z generations are largely focused on investing in companies that better align with their personal philosophies. Global 2000 companies know this and are redirecting much of their focus to ESG in order to make their organizations more attractive to employees and investors.

The “S” in ESG isn’t only about social equity; it’s about understanding the importance of how other countries conduct business. Did you know you can solve both at the same time while having a transformative financial impact on your organization? How can you build a globally inclusive culture in an organization where everyone feels seen, heard, and respected if you don’t understand how cultures communicate, build relationships and trust, and show respect differently? You can learn the cultural competencies to do business in other countries in order to create a more inclusive environment within a global organization, which qualifies as a metric within the ESG rating. *Cultural Intelligence in the 21st Century* gives you the competencies you need to do this.

<i>Category:</i>	Business & Economics / Leadership
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Post Hill Press

Stephan M. Branch has led both privately held and multi-billion-dollar publicly traded companies in the US, Asia, Latin America, and Europe. During his tenure at those companies, he was responsible for a total of fifty-five countries and lived on five continents. He has graduate degrees from George Washington University and is a graduate of Harvard Law School’s International Negotiation Program. He is multi-lingual and has served multiple terms on the Board of Directors of the National Foreign Trade Council.

He has been instrumental in global IPOs while simultaneously creating explosive growth to meet the very high expectations of investors and boards. The secret to his success is that he fully grasps how leadership, cultural intelligence, and inclusion coalesce to create extraordinary leaders with a transformative impact on revenue, business valuation, and ESG.



****NEW****

IT STARTS TODAY

Mindset, Exercise, Nutrition, Sleep and Balance to Transform Your Life

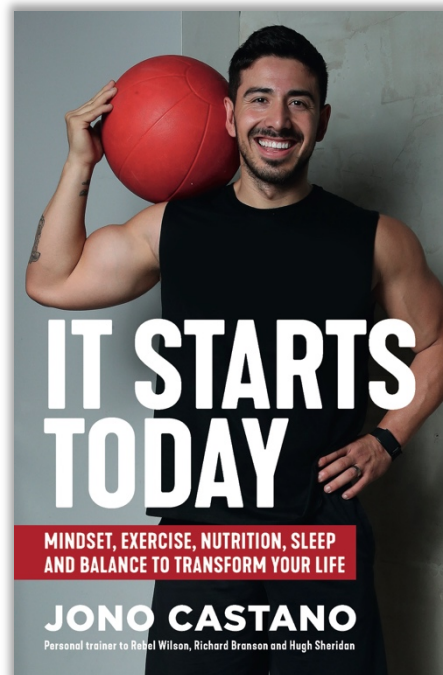
Jono Castano

Affirm Press, February 2024

Personal trainer to the stars Jono Castano's celebrity clients range from Rebel Wilson to Sir Richard Branson

The motivator for thousands of powerful fitness transformations, he was also the in-house trainer at Men's Health Magazine and is Founder of Acero Gym. In *It Starts Today*, Jono draws upon his own powerful experiences as a non English-speaking new migrant, professional sportsman and celebrity trainer to cut through the noise and share the key skills which will help make your own fitness transformation both sensible and sustainable.

Detailing the five key pillars to great health and his own success; Mindset, Exercise, Nutrition, Sleep and Balance, *It Starts Today* provides evidence-based advice and achievable plans to help motivate you for change and overhaul your life – both inside and out. Sharing personal stories of his clients' incredible transformations with his trademark affability (including before and after photos), his recollections of youth and reinventing himself after his dream of becoming a professional soccer player ended, his numerous tips and tricks for achieving the success we are all seeking in life will be invaluable for your own transformation.



<i>Category:</i>	Personal Development / Fitness and Diet
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Affirm Press

Jono Castano is a personal trainer, Founder of Acero Gym and has been the inhouse trainer at Men's Health Magazine. With almost 1 million followers on Instagram, his celebrity clients range from Michael Clarke and Dustin Martin to Rebel Wilson and Sir Richard Branson.

****NEW****

JIMI AND ME

The Experience of a Lifetime

Jonathan Stathakis, Chris Epting

Permuted Press, December 2023

A young screenwriter is invited to collaborate with Jimi Hendrix on a film, resulting in the wildest eighteen months of his life and coinciding with the tumultuous final months of Hendrix's life.

In 1969, a twenty-something screenwriter with one movie credit to his name is approached by Jimi's management after the legendary guitarist saw the obscure indie film in London and had the idea to collaborate on a project of his own. Jonathan Stathakis had no idea how thrilling the next eighteen months would be, as he and Hendrix formed not just a working partnership but a unique friendship. Hendrix ushered Jonathan into his world, where plenty of sex and drugs surrounded the rock 'n' roll. From Woodstock to Electric Ladyland, Jonathan leads readers inside one of the craziest trips ever taken in music history.

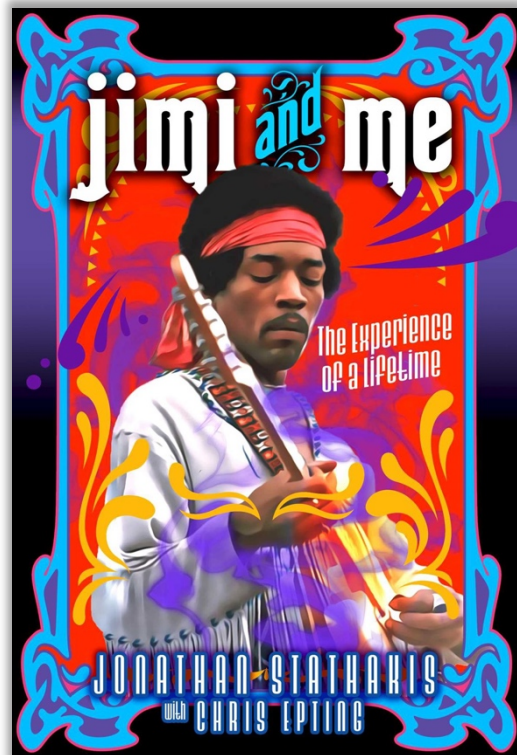
While writing their script, Jonathan and Hendrix talked about life and where their roads were leading. Hendrix the performer was a flamboyant unpredictable force of nature. But Hendrix the friend was a thoughtful, frustrated, dedicated artist who oftentimes just needed somebody to talk to. Sadly, Hendrix's journey ended far too soon, and his last phone call to Jonathan—just two days before his death in London—almost seemed to foretell his fate.

With many never-before-told stories and never-before-seen photographs, Jimi Hendrix comes back to life as you've never experienced him before. Backstage, on stage, and everywhere in between, get ready to ride through the purple haze and experience one of the most creative and powerful cultural eras in history. It's *Almost Famous* with a Hendrix twist.

<i>Category:</i>	Music / Genre & Styles
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on Behalf Of:</i>	Post Hill Press

Jonathan Stathakis began his career in film and TV as a writer for numerous television specials, series, and films. It was his late 1960s indie film *Awakening Urge* that caused Jimi Hendrix to seek him out. Stathakis was the producer and co-writer of the series *Park Street Under* that served as the basis for the highly successful *Cheers*. He has created, produced, and written a number of TV series, specials, and movies for Starz, Showtime, HBO, and others. He lives on the Jersey Shore.

Chris Epting is an award-winning journalist and the author of over forty books including memoirs co-written with the Doobie Brothers, John Oates, Phil Collen, Dave Mason, and many others.



MADE WHOLE

The Practical Guide to Reaching Your Financial Goals

Tiffany Aliche

Rodale, November 2023

The ultimate hands-on workbook for anyone looking to get their finances in order—from budgeting to investing and everything in between—by Tiffany "The Budgetnista" Aliche, the *New York Times* bestselling author of the smash hit *Get Good with Money*

We all want to live within our means, save for retirement, invest a little, and yet still have some left over each month for fun. But as most people know, real life can get in the way of even our best intentions! To help us set realistic goals and keep us on track to meeting them, *New York Times* bestselling financial educator Tiffany "The Budgetnista" Aliche has an invaluable 10-step action plan: *Made Whole*. With her signature down-to-earth style, she offers worksheets, checklists, and action items for ten important building blocks—from the ins and outs of budgeting, investing, credit rating, and estate planning, to getting insurance and getting the flow of our money automated. A hardworking tool for getting our financial ducks in a row, it also includes:

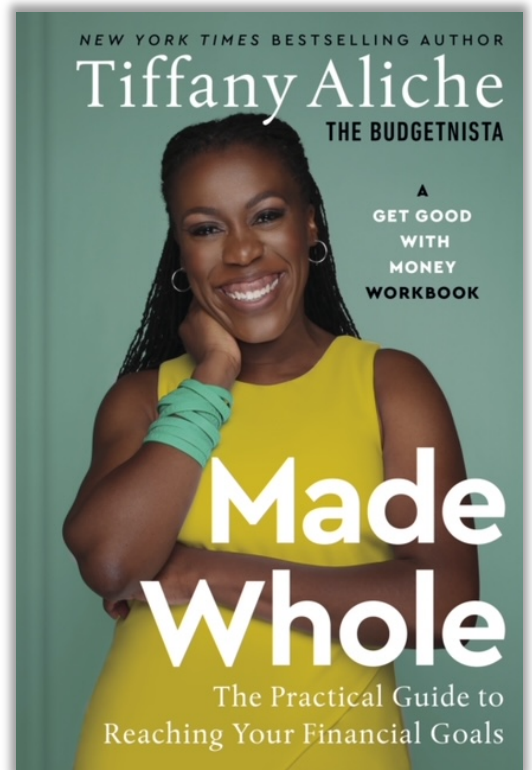
- Clear explanations of intimidating financial terminology
- Simple instruction on calculating our present situation and future needs
- Invaluable worksheets for keeping track of the numbers
- Handy hacks for increasing your credit score, making savings "hard to access," and finding support to stay on track to your goals

A masterclass in taking charge of your money, *Made Whole* has what every reader needs to achieve financial savvy, stability, and security.

Category:	Budget and Finance
Editor:	Marnie Cochran
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on Behalf Of:	Heather Jackson Literary Agency

GET GOOD WITH MONEY sold to: Streamer Publishing (**Complex Chinese**), Citic Press Corporation (**Simplified Chinese**)
AST (**Russian**), VR Editora (**Spanish**)

Tiffany Aliche, aka "The Budgetnista," co-hosts the award-winning *Brown Ambition* podcast, appears as a financial expert on *The Real*, and runs an online school, the Live Richer Academy, through which she has taught thousands of women how to create, implement, and automate their financial plans. She has been featured in *The Wall Street Journal*, *Black Enterprise*, *Reader's Digest*, *USA Today*, *Ebony*, *Forbes*, *Redbook*, *The New York Times*, *Fast Company*, and *U.S. News & World Report* and has been on the *Today* show, *Good Morning America*, *Jennifer Hudson* and CNN. A repeat speaker at EssenceFest and The Watermark/Women's Conference, she has also taped a series of financial tips for CNBC that reaches eighty million unique viewers each month. She can be found on Instagram (@thebudgetnista) and Facebook (The Budgetnista).



****NEW****

MY REAL-LIFE ROM-COM

How to Build Confidence and Write Your Own Relationship Rules

Carrie Berk

Post Hill Press, September 2023

A guide through the ups and downs of teen love, intimacy, and coming of age in a social media-infused world.

Navigating dating as a teen is tough. *My Real-Life Rom-Com* tells it like it is. Written by twenty-year-old TikTok star and journalist Carrie Berk, this book is a resource you can turn to for any and all questions and concerns about coming-of-age love and heartbreak. Carrie shares her dating adventures (and misadventures) to help you discover more about yourself and the relationship you deserve.

How do you meet someone in a post-pandemic world? Are dating apps a good idea? When do you know if you're really ready for sex? *My Real-Life Rom-Com* is filled with helpful information on everything from first kisses to devastating breakups. What if you develop a crush on your best friend's ex? Or you're catching feelings for an older guy? Carrie has been there, done that.

This book is packed with humor and advice that takes the edge off uncomfortable conversations. Prepare to laugh at dozens of dating disasters experienced during middle and high school. Like the date who had a fly stuck in his tooth. Or the guy who had his mommy send a breakup text.

Through Carrie's unflinchingly honest stories, you'll learn how to get over your first breakup; understand the art of the "situationship;" make smart, not impulsive decisions; and ultimately love yourself before loving someone else.

Be sure to follow Carrie on Instagram, TikTok, Pinterest, YouTube, and Snapchat: @carriberkk

Category:	Young Adult Nonfiction / Girls and Women
Kaplan/DeFiore Controls:	UK & Translation Rights
Material:	PDF
Rights Sold on Behalf Of:	Post Hill Press

Twenty-year-old **Carrie Berk** already has a life's worth of accomplishments under her belt. It's no wonder *Bella Magazine* declared her "an ambitious and dedicated boss babe," and *The Wall Street Journal* dubbed her "a community-minded young creator." She is a verified content creator across several social media channels including TikTok (3.9M+ followers; 117M+ likes), Instagram (950K+ followers), Snapchat (105K+followers), YouTube (100K+ followers) and Pinterest (227K+ followers; 10M monthly views), with a monthly engagement of more than 100M.

A journalism major in college, Carrie is currently a reporter/contributing writer for HuffPost, Newsweek.com, and others, on topics ranging from beauty and style to celebrity and sports. She has served as an on-camera correspondent for *TigerBeat* and *Girls' Life*, covering red carpet arrivals and interviewing celebs at the Radio Disney Music Awards, New York Fashion Week, and the Teen Choice Awards. She has contributed to *Seventeen Magazine* and *Girls' Life's* print and digital channels.

She is a bestselling children's book author with twenty-one books to her credit. She penned her first book, *Peace, Love and Cupcakes*, in 2012. The Cupcake Club series went on to publish twelve books (selling 300,000+ copies worldwide), and became an award-winning Off-Broadway show. Her second book, *Fashion Academy*, stems from her passion for fashion. *Ask Emma* (a three-book series for Bonnier) was based on Carrie's experience as a teen blogger and her dedication to being a role model for positive posting. She is a dedicated anti-bullying activist and an advocate for mental health awareness, especially for teens and women.



****NEW****

TRUST LIFE, TRUST YOURSELF, FIND PEACE

Katie Rose

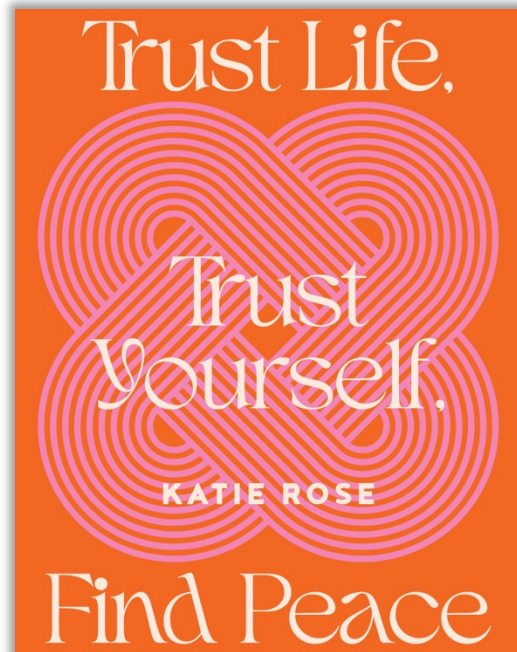
Affirm Press, January 2024

Have you lost faith in the idea that the Universe is working for you, rather than against you? Have you dreamt of making big changes in your life but find yourself stuck in a routine, with habitual patterns that feel hard to break out of? Or maybe you jump into change and adventure a little too quickly, and as a result you've been burnt and find it hard to believe that things will ever work out again.

Learning to trust your own judgement, and that the Universe supports you – even when things feel really tough – is within your reach. When trust is deep enough, we know that even if we fail, we've won because we had a go and that is all life is asking of us.

Drawing on modern psychology as well as elements of ancient philosophy and yogic wisdom, author Katie Rose guides you through the dance between being in your power and surrendering, as you learn to trust yourself every step of the way.

<i>Category:</i>	Self-Help / Personal Development
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Affirm Press



Katie Rose is a women's wellness mentor and educator with 25 years' experience in the world of yoga and ayurveda. Katie has managed and owned popular yoga studios in both London and Sydney and now runs a thriving online community. Founder and host of the annual Bhakti Women Online Summit, Katie helps women go from feeling stuck and overwhelmed to living a life that is aligned with their highest values. She lives in Sydney, Australia, with her partner and her five children in a loud and busy household where her meditation practice keeps her sane.

THE EXTRA FILES

The Humor is Out There

Jeffrey Brown

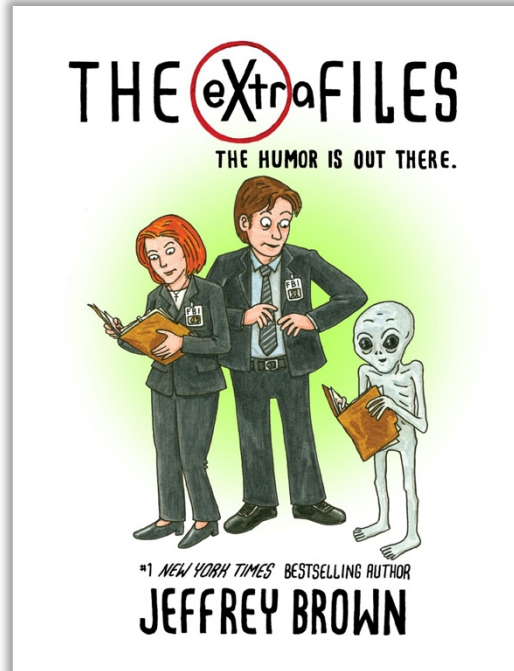
Hyperion Avenue, November 2023

You know *The X-Files*. Now, for the first time, here are *The eXtra Files*.

Acclaimed cartoonist and fellow X-Phile Jeffrey Brown revisits classic X-Files episodes for weird, bizarre, and funny takes on both fan favorite cases and overlooked gems. He'll rejoin Mulder and Scully as they investigate the unexplained incidents, paranormal events, and extraterrestrial encounters, and show that not only is the truth out there, the humor is as well.

***The eXtra Files* will ask—and even attempt to answer—questions about Mulder and Scully's cases and their history, providing a fresh and funny take on both that will be accessible to casual fans but also engaging for X-Philes.**

Category:	Humor
Format:	Hardcover (full color throughout)
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Hyperion Avenue



Jeffrey Brown is the author of New York Times bestsellers *Darth Vader and Son* and *Vader's Little Princess*, as well as the first three volumes of the middle grade series *Jedi Academy*. His middle grade graphic novels have explored prehistoric cave-kid life with *Lucy & Andy Neanderthal*, science fiction with *Space-Time!*, and the DC Universe in *Batman and Robin and Howard*. He began his comics career with a trilogy of graphic memoirs about relationships, which have been collected in *Loved and Lost*. Jeffrey has also created the picture book *My Teacher Is A Robot*, co-wrote the film *Save The Date*, and teaches comics at The School of the Art Institute of Chicago. He lives in Chicago with his wife, two sons, a cat, a dog, and way too many books. He is on Instagram at [jeffreybrownrq](https://www.instagram.com/jeffreybrownrq) and his website is [jeffreybrowncomics.com](https://www.jeffreybrowncomics.com).

****NEW****

THE SINGERS TALK

The Greatest Singers of Our Time Discuss the One Thing They're Never Asked About: Their Voices

Jason Thomas Gordon

Permuted Press, September 2023

A groundbreaking collection of inspiring and instructive conversations about the beauty, brutality, discipline, and technique of being a successful singer.

"This is a captivating look at both the nitty-gritty preparation and emotional energy that 'it takes [for artists] to stand up to that mic... reach down into their guts, and give everything they've got for the sake of the song.' Its star power and up-close, revelatory detail will keep readers riveted from start to finish."

—**Publishers Weekly, starred review**

"For all of the conversations we have about music, there is precious little talk about the art of communicating emotion and meaning via the human voice. *The Singer's Talk* remedies this by reaching out to a wide range of different singers, who speak insightfully about both the skill and the magic required to change minds and break hearts." —**Steven Hyden, author of *Twilight of the Gods* and other books**

These revelatory, frequently funny, and deeply engrossing in-depth interviews provide fans and aspiring singers a backstage pass to the challenges every vocalist faces onstage and in the studio. Packed with never-before-heard stories, *The Singers Talk* reveals a truly intimate side to these iconic personalities while offering a master class on how the best in their field keep their vocal cords in shape and protect themselves on the road—along with countless other tricks, techniques, strategies, and philosophies to help vocalists at every level perfect the craft of singing.

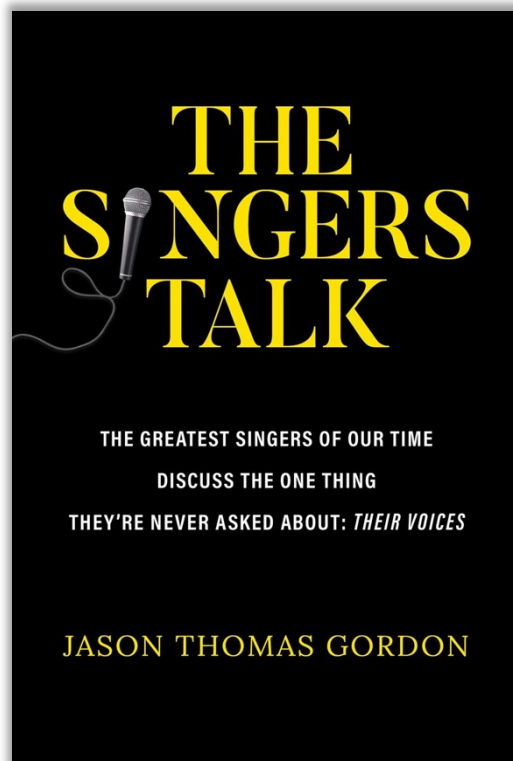
This historic roster of artists includes: Bryan Adams, Tony Bennett, Nick Cave, Chuck D, Roger Daltrey, Joe Elliott, Emmylou Harris, Brittany Howard, Chrissie Hynde, Norah Jones, Simon Le Bon, Geddy Lee, Willie Nelson, Stevie Nicks, Ozzy Osbourne, Steve Perry, Lionel Richie, LeAnn Rimes, Smokey Robinson, Robert Smith, Bruce Springsteen, Mavis Staples, Rod Stewart, Paul Stanley, Michael Stipe, Jeff Tweedy, Roger Waters, Dionne Warwick, Ann Wilson, Thom Yorke, and many more.

More than just an indispensable guide for singers of any level, *The Singers Talk* is an unforgettable read for music fans everywhere.

All royalties from *The Singers Talk* will benefit the kids and families at St. Jude Children's Research Hospital through their Music Gives to St. Jude Kids campaign.

Category:	Music
Kaplan/DeFiore Controls:	UK & Translation Rights
Material:	PDF (photos throughout)
Rights Sold on Behalf Of:	Post Hil Press

Jason Thomas Gordon is the lead singer/drummer of the Los Angeles rock band Kingsize, a screenwriter, and creator of Music Gives to St. Jude Kids, a campaign that raises funds and awareness for St. Jude Children's Research Hospital through music-based initiatives. St. Jude was founded in 1962 by Jason's grandfather, entertainer Danny Thomas, in Memphis, Tennessee. Jason also serves as a National Committee member of the hospital's board.



CAT PSALMS

Prayers My Cats Have Taught Me

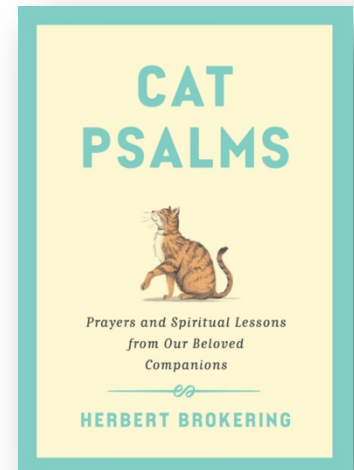
Herbert Brokering

Broadleaf Books, January 2024

A gentle, winsome tribute to the hidden spiritual wisdom of our beloved feline companions.

Cat Psalms is a heartwarming book that celebrates the special wisdom of our feline family members. This beautifully illustrated collection of meditations and prayers reflects on the spiritual nature of cats and their role in our lives.

Throughout the book, readers will be taken on a journey that explores the unique personalities, behaviors, and quirks of cats, while relating the lives of cats to the deep parts of the human experience. Each psalm speaks to some aspect of a cat's nature, written in the voice of the cat, and is followed by a prayer in which the human spirit speaks to God from its cat-like nature. By turns whimsical, serious, and always deeply insightful, *Cat Psalms* is perfect for the imaginative spiritual seeker and for the cat lover attuned to the wisdom of these furry mystics in our midst.



DOG PSALMS

Prayers My Dogs Have Taught Me

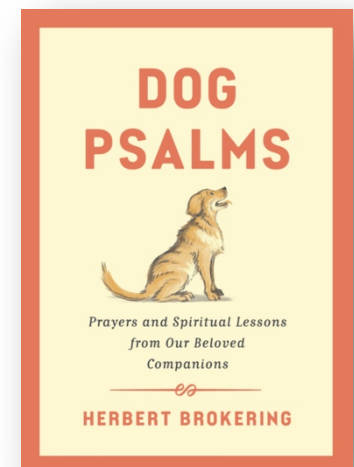
Herbert Brokering

Broadleaf Books, January 2024

A whimsical, earnest tribute to the hidden spiritual wisdom of our loyal canine companions.

Dog Psalms is a heartwarming book that celebrates the spiritual gifts of our canine companions. This beautifully illustrated collection of meditations and prayers reflects on the spiritual nature of dogs and the role they play in our lives.

Throughout the book, readers will be taken on a journey that explores the unique personalities, behaviors, and quirks of dogs, while relating the lives of dogs to the deep parts of the human experience. Each psalm speaks to some aspect of a dog's nature, written in the voice of the dog, and is followed by a prayer in which the human spirit speaks to God from its dog-like nature. By turns humorous, serious, and always deeply insightful, *Dog Psalms* is perfect for the imaginative spiritual adventurer and for the dog lover attuned to the wisdom of these loyal mystics in our midst.



<i>Category:</i>	Religion / Christian Living / Spiritual Growth
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books
<i>Rights sold:</i>	Lion Hudson (UK), Sociedad de San Paulo (Spanish), Editora Ideias e Letras (Portuguese)

Herbert Brokering was a pastor, hymn writer, poet, and popular speaker who has authored numerous books. He lived in Bloomington, Minnesota.

LITTLE AVALANCHES

Rebecca Ellis

Regalo Press, April 2024

"Ellis is a brave and tireless storyteller who crosses an emotional and psychological minefield between herself and her war hero father...This memoir reads like a novel. You won't be able to put it down."

--Jennifer Lauck, *New York Times* bestselling author of *Blackbird*

"Limited attention has been paid to World War II veterans struggles to integrate once returning home. The stories of the women and children who lived with these men and suffered from their struggles are strikingly absent. *Little Avalanches* offers compelling insight into the childhood of an American girl whose father fought in World War II and suffered, like so many veterans, with undiagnosed PTSD."

--Karestan C. Koenen, Ph.D., Harvard T. H. Chan School of Public Health Director, Biology of Trauma Initiative, Broad Institute of MIT and Harvard

"It's about trauma threading from one generation to the next, and how the stories we never wanted to remember bring us back to ourselves and each other, but most of all create room for the messy, complicated, all powerful compassion that heals us. From hippies to Nazi collaborators, Ellis carries us through decades and across continents, transforming how we might see everything in between."

-- Janine Urbaniak Reid, author of *The Opposite of Certainty*



As a girl in Northern California in the early 70s, Becky Ellis was forced to hide from phantom Nazis in the middle of the night, pushed to shoot a gun at a very young age, and put through medical and dental procedures without pain medication. Her father was a doctor. A well-respected member of the community. A decorated veteran.

War has been the backdrop of many an inspiring tale of fearless and "unbroken" men—but what about their children and families? What happens when the decorated hero comes home? Can a family's humanity be restored after decades of silence and trauma? Can love survive war?

Told in an unconventional three-part and three-voice structure, *LITTLE AVALANCHES* explores intergenerational trauma in a gorgeously written, heart punch and heart healer of a book. It is an exploration of pain, love, grace, and humanity; a love story.

This is for readers who want to untangle their own family stories, and who loved Dani Shapiro's *INHERITANCE* and parent-child histories like Ariana Neumann's *WHEN TIME STOPPED*. It is for veterans and their families for whom war continues long after their time in combat.

Category:	Memoir
Format:	PDF
Kaplan/DeFiore Controls:	UK & Translation
Material:	Manuscript
Rights Sold on Behalf Of:	Heather Jackson Literary

Becky Ellis studied the art of memoir with Jennifer Lauck and story with Robert McKee; she holds a B.A. in English from the University of California, Berkeley. Her story, "The Whirlpool Duet" was selected as runner-up for the Stella Kupferberg Memorial Short Story Prize. She also has over twenty years' experience in the publishing industry, from strategic product development of best-selling books to content positioning of major lifestyle brands, and national account sales. She resides in Portland, Oregon.

THE JOY STRATEGIST

Low Peaks and High Valleys

Grace Harry

Andscape, October 2023

In her thirty years working as a music industry executive at Island Def Jam and Jive Records, Grace Harry has lived her many creative lives at the intersection of music, art, and the passionate pursuit of joy—a long forgotten, but vital birthright. Many of us have no idea what joy truly is, and capturing it is often easier said than done.

In *The Joy Strategist*, Grace takes readers on a journey to explore all dimensions of joy: how we find it, how we can re-discover it, and how we can incorporate it into our daily lives. Sometimes lighthearted and always real, *The Joy Strategist* shows readers how to break through creative or emotional ruts that keep them from tapping into their innate ability to feel true and unfettered joy. Grace coaches readers with meaningful autobiographical anecdotes and her toolbox of playful activities, which include:

- Reconnecting with your “inner GPS,” the pilot light that guided you toward joyful experience without inhibition as a child.
- Ceasing the war you’ve waged against your Heart and heal the wounds preventing you from giving and receiving love.
- Cultivating your “Starting Five,” or the community of people closest to you that will show up and support you on your journey, and how to best show up for them as well.
- Breaking free from your Ego and dismantling the limiting beliefs that keep
- your deepest hopes and aspirations out of grasp.

A mix of memoir, prescriptive self-help exercises, and cultural commentary on joy, *The Joy Strategist* will equip readers to define what exactly brings them joy so that they can live lives imbued with wonder, self-love, and creative abundance.

<i>Category:</i>	Self-Help / Personal Growth
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Andscape

Grace Harry is an entrepreneur, creative advisor, coach, and speaker leading what she calls “a revolution of joy” as “The Joy Strategist,” a creative coaching role where she works with people in the entertainment (including Jay-Z, Lauryn Hill, Fall Out Boy) and other industries. Her work helped Jive Records earn its first Grammy and MTV Video Awards and launched the careers of and handled creative projects for Jay-Z, Rihanna, Mariah Carey, and many more.



****NEW****

LOVING MY LYING, DYING, CHEATING HUSBAND

Kerstin Pilz

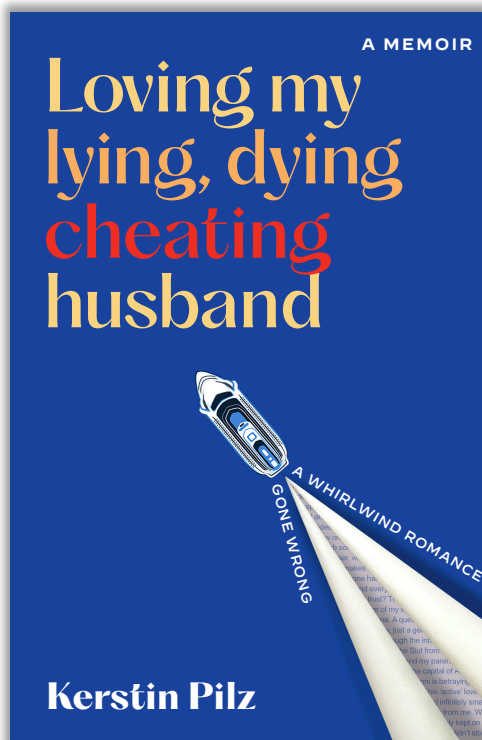
Affirm Press (Australia), March 2024

Kerstin is childless by choice and married to a job that doesn't love her back when Gianni, a charming Italian forensic psychiatrist, turns her life into a champagne-coloured fairy tale. Within months, they are married and travelling the world together. When Gianni is diagnosed with cancer, the new marriage is put to the test. Kerstin becomes her husband's dedicated carer, but when she discovers that Gianni has been cheating on her all through their relationship, she is faced with a difficult choice: walk away, or continue to care for the man who betrayed her? She turns first to wine, then to therapy, ending up in a Buddhist monastery, where she realises that finding a new way of loving her lying, dying husband offers a chance to avoid liver damage and to grow from her pain rather than be crushed by it.

Written with wisdom, humour, and unfailing kindness, *Loving My Lying, Dying, Cheating Husband* is a life-affirming tale of one woman's search for better ways to love, grieve and forgive.

Category:	Memoir
Kaplan/DeFiore Controls:	UK & Translation
Material:	Manuscript
Rights Sold on Behalf Of:	Affirm Press

Dr Kerstin Pilz is a German-born, Queensland-based former academic, published author, TEDx speaker and accredited yoga teacher. Her publications include an academic monograph (*Mapping Complexity*, Troubador, 2005), book chapters for Oxford University Press, peer-reviewed articles in academic journals and travel features including for *The New York Times*, *The Australian*, *The Sydney Morning Herald*, *Intrepid Travel* and for travel industry magazines. Following a series of difficult life events, Kerstin discovered the healing power of writing and she now teaches writing for well-being online and on retreat in Bali and Vietnam, through her online business (www.writeyourjourney.com; Instagram @writeyourjourney).



THE HOPE DEALER

101 Soulful Daily Musings

Caitlin Cady

Affirm Press (Australia), November 2022

Hay House, July 2023

A treasure trove of soulful straight-talk designed to light you up from the inside out. Delivered wit, warmth and wisdom, each of the 101 messages will up the ante on your day

Get a hit of soulful inspiration every day.

The Hope Dealer is designed to light you up from the inside out. Each of the 101 messages will up the ante on your day, help you tune in to your highest self and plug in to your full potential.

Use this book for a daily dose of guidance and inspiration. Choose a page by chance or close your eyes, reflect on a question or situation you'd like to shed a little light on and let your fingertips lead you to today's message. Set fire to limiting beliefs, reframe resistance, say goodbye to self-doubt and peace-out perfectionism while building self-trust, integrity, resilience, courage, compassion and confidence.

Funny, honest and practical, Cady offers tools and positive perspectives for creating more peace, calm, courage, and joy.

<i>Category:</i>	Self help
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Affirm Press



Caitlin Cady is a writer, meditation teacher and mother of three. She is the author of *Heavily Meditated: Your Down-to-Earth Guide to Learning Meditation* and *Getting High on Life* and the creator of the Heavily Meditated app. Caitlin has been called a 'wellbeing whiz' by Australian Yoga Journal and her work has been featured in *Women's Health*, *Marie Claire*, *Real Living*, *Vogue*, *Prevention* and *Body + Soul*. Connect with Caitlin on Instagram @caitlincady or her site caitlincady.com.

COLLISIONS OF EARTH AND SKY

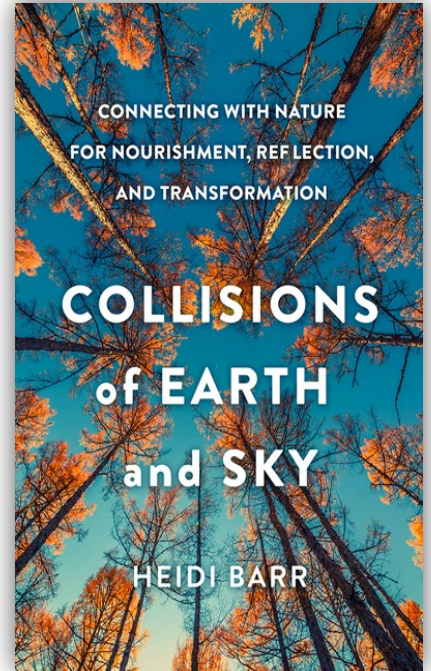
Heidi Barr

Broadleaf Books, January 2023

Research indicates that spending time in a natural setting provides a plethora of benefits, from lower blood pressure to increased immunity to an enhanced sense of well-being and happiness. People who appreciate nature tend to experience more moments of joy and are more innovative. Being connected to nature helps us be more fully human and better planetary citizens. But the pace of our lives often leaves little room for connecting with nature, and our history of colonization complicates our relationship to the landscapes we inhabit.

Collisions of Earth and Sky is an invitation to live in a way that is attuned to nature, paying attention to what's going on inside ourselves and in the larger collective. Guided by wellness coach and poet Heidi Barr, it is a journey of self-inquiry for digging into our origins and roots, figuring out what it means to be a good community member--both to other humans and to our nonhuman neighbors--and integrating those truths and lessons so we can add to the healing of the world. Barr shows us a way to let nature be an ally in living well, offering hopeful inspiration to continue our own path of self-discovery.

A collection of reflections, poetry, and invitations to discovery, *Collisions of Earth and Sky* calls you to celebrate what it is to embrace wildness as an integral part of being fully alive.



Category:	Body, Mind & Spirit / Nature Therapy
Format:	Hardcover
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Broadleaf Books

Also available: *12 Tiny Things: Simple Ways to Live a More Intentional Life* (Broadleaf, 2021)

Heidi Barr is a writer and wellness coach with over fifteen years of experience in health promotion. Her work is founded on a commitment to cultivating ways of being that are life-giving and sustainable for people, communities, and the planet. She is the author of two works of creative nonfiction: *Woodland Manitou* and *What Comes Next*; two poetry collections: *Slouching toward Radiance* and *Cold Spring Hallelujah*; and one cookbook: *Prairie Grown: Stories and Recipes from a South Dakota Hillside*. She is also the coauthor of *12 Tiny Things* and is editor of "The Mindful Kitchen," a wellness column in *The Wayfarer Magazine*. She lives with her family in Minnesota, where they tend a large vegetable garden, explore nature, and do their best to live simply.

THE SPIRITUALITY OF DREAMING

Unlocking the Wisdom of Our Sleeping Selves

Kelly Bulkeley

Broadleaf Books, December 2023

The Spirituality of Dreaming will help contemporary readers connect with the dream wisdom of various faiths and develop their own innate capacities for spiritual dreaming. This book offers a bigger, more expansive way of thinking about dreams, spirituality, community, and even cultural transformation.

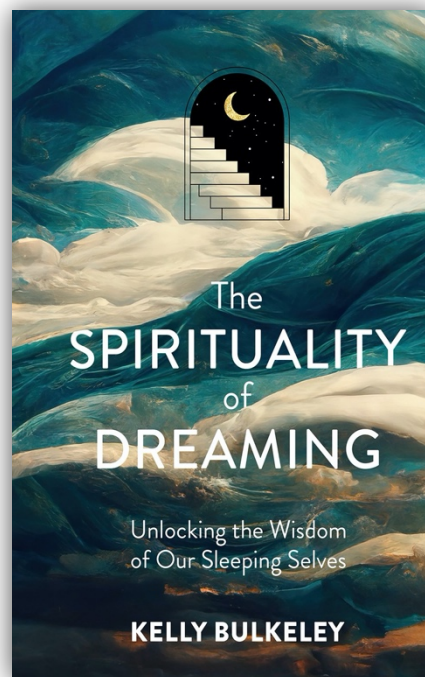
Enhance your dreaming with groundbreaking research and wisdom from vivid dreamers throughout history, sacred texts, and the present day.

We're asleep almost a third of our lives. What if those sleeping hours hold wisdom, creativity, and even connection with the divine? What if our dreams offer spiritual insight and guidance—not just for ourselves, but for our communities?

In *The Spirituality of Dreaming*, leading dream scholar and expert Dr. Kelly Bulkeley brings us a set of time-honored methods to stimulate innate dreaming capacities and amplify their impact in our waking lives. Dreams have been a perennial source of spiritual insight and guidance across all cultures and religions throughout history, he asserts, but the sacred energy of our dreams has often remained untapped. Relying on years of research, data analysis, and interviews, Bulkeley offers wisdom and strategies from "big dreamers"—people who have vivid, intense dreams and remember them. He also distills the latest findings on dreams: the impact of digital technologies on our dreams, the phenomena of lucid dreaming and dreaming incubation, practices of dream-sharing, the creative role of dreams in cultural innovation, and the growing evidence that animals dream too.

In conversation with people who care about dreams and spirituality, Bulkeley makes a case for taking ourselves seriously as dreaming visionaries. By drawing on classic and contemporary works of theology, anthropology, and psychology, along with the latest dream research, Bulkeley maps the spiritual power of dreaming and argues that our dreams matter in ways we do not yet fully realize, both individually and collectively. Together we can learn how to unlock the sacred truths revealed within our sleeping selves.

Category:	Body, Mind & Spirit
Format:	Hardcover
Kaplan/DeFiore Controls:	Translation
Material:	Manuscript
Rights Sold on Behalf Of:	Broadleaf Books



Kelly Bulkeley, PhD, is a global expert on dreaming and a psychologist of religion focusing on dreams. With degrees from Stanford University, Harvard Divinity School, and the University of Chicago Divinity School, he is director of the Sleep and Dream Database, senior editor of the journal *Dreaming*, and former president of the International Association for the Study of Dreams. His books include *Dreaming Beyond Death*, *Big Dreams*, *An Introduction to the Psychology of Dreaming*, and *Dreaming in the World's Religions*. His work has been published in the *New York Times* and *TIME* magazine. Bulkeley lives in Estacada, Oregon.

THE ANXIETY RESET METHOD

A 12-Week Program for Mind-Body Health

Georgie Collinson

Affirm Press (Australia), April 2023, Hachette Go, November 2023

“We must look at all of anxiety’s intricate parts. Understanding and teaching the components that make up a calm, confident and resilient life has become my life’s work. The Anxiety Reset Method developed as a way to place all of these components together into a holistic system that actually works. This approach considers anxiety from the thoughts we think, to the food we eat, the health of the gut, our hormones and the way we live our daily lives. It is about leaving no stone left unturned as you empower yourself to grow beyond anxiety.” From the Introduction

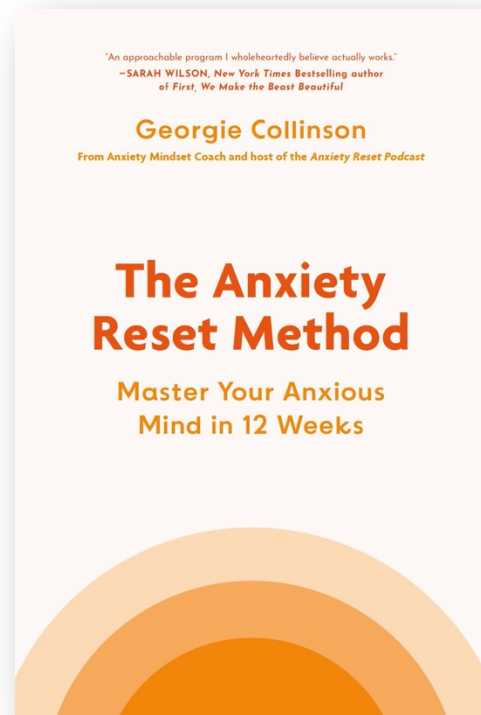
Take positive action towards creating a life full of joy and power and become the master of your anxious mind. *The Anxiety Reset* is a 12-week program for those with high-functioning anxiety, offering entirely holistic solutions to both the psychological and physical factors that contribute to anxiety. Merging science with the spiritual, and good health with good sense, this successful method works to restore gut health and hormone balance as well as our thoughts and beliefs for better living.

Anxiety mindset coach, hypnotherapist, qualified nutritionist and naturopath Georgie Collinson will guide you to towards building unstoppable self-belief, deep self-love and unshakeable inner confidence - step by step over the course of 12 weeks. Follow a clear pathway to overcome any self-doubt spirals, inner critic battles and the exhausting pressure of high-functioning anxiety, and create the resilience you need to thrive.

<i>Category:</i>	Self-Help / Wellness
<i>Format:</i>	Hardcover
<i>US Editor:</i>	Lauren Marino
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Affirm Press

Georgie Collinson is a recovering perfectionist and proud high-achiever, She was once the prime example of high-functioning anxiety. Searching for answers, she finally discovered a lasting breakthrough for herself and her clients with a holistic mind-body approach that considers anxiety and stress from the thoughts you think, the food you eat, your gut health and your hormones to your lifestyle.

This developed into The Anxiety Reset Method, and the successful online Anxiety Reset Program. Georgie is known for her vulnerable, honest and down-to-earth way of speaking about mental health, is host of the Anxiety Reset Podcast and has appeared on television, guest blogs and in numerous podcast interviews. Georgie is based in Australia and works remotely online, coaching clients around the world.



SOCIAL JUSTICE FOR THE SENSITIVE SOUL

How to Change the World in Quiet Ways

Dorcas Cheng-Tozun

Broadleaf Books, June 2023

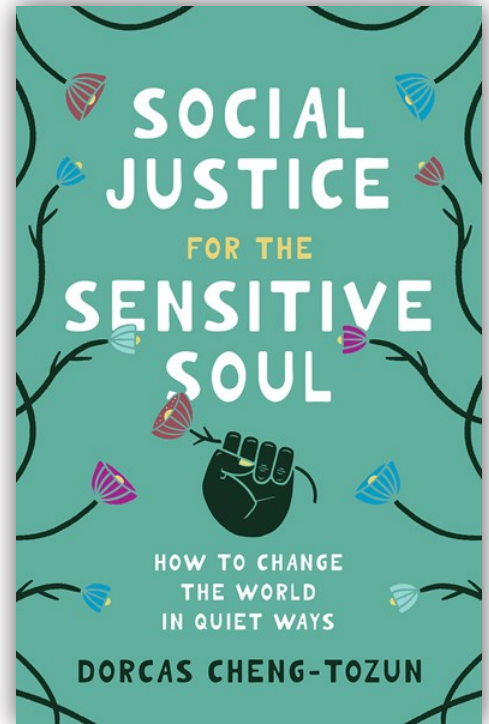
“Engaging writing that skillfully weaves compelling data, stories and encouragement of HSP activism makes for a timely, delightfully readable, and much-needed book.”

--**Booklist**

Social justice work, we often assume, is raised voices and raised fists. It requires leading, advocating, fighting, and organizing wherever it is required--in the streets, slums, villages, inner cities, halls of political power, and more. But what does social justice work look like for those of us who don't feel comfortable battling in the trenches?

Introverts--including those who consider themselves sensitive, empathic, or quiet--have much to contribute to bringing about a more just and equitable world. Such individuals are wise, thoughtful, and conscientious; they feel more deeply and see things that others don't. We need their contributions. Yet, sustaining justice work can be particularly challenging for the sensitive, and it requires a deep level of self-awareness, intentionality, and care.

In *Social Justice for the Sensitive Soul*, writer Dorcas Cheng-Tozun (Enneagram 4, INFJ, nonprofit/social enterprise professional, and multiple-burnout survivor) expands the possibilities of how to have a positive social impact, affirming the particular gifts and talents that sensitive souls offer to a hurting world. Alongside inspiring, real-life examples of highly sensitive world-changers--including creatives and administrators, engineers and academics in the US and around the world--Cheng-Tozun explores pathways where our quieter, but equally passionate, collaborators for social good can serve and thrive.



<i>Category:</i>	Self-Help / Personal Growth
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books

Dorcas Cheng-Tozun is a nonprofit/social enterprise professional and multiple-burnout survivor who expands the possibilities of positive social impact, affirming the particular gifts and talents of introverts and sensitive souls for a hurting world. Cheng-Tozun is a writer and leader whose work with various nonprofits, social enterprises, and faith-based organizations has given her opportunity to engage with a broad range of social issues toward solutions in the areas of homelessness, affordable housing, energy access, youth leadership, HIV/AIDS, and international development. She lives in San Jose, California.

BIGGER BETTER BOLDER

Live the Life You Want, Not the Life You Get

Jennifer Cohen

Hachette Go, December 2022

Praise for Jennifer Cohen:

“Jennifer has mastered the skills in teaching anyone to take ownership of their life and reframe how they think and act to become the best version of themselves. She not only talks the talk, she walks the walk.” —**Robert Greene, #1 New York Times bestselling author of The 48 Laws of Power**

“Jennifer is a force to be reckoned with. She’s a true authority on what it takes to be bold and go after what you truly want. In my opinion she is a tremendous role model for young woman everywhere.” —**Bobbi Brown, Founder of Bobbi Brown Cosmetics and entrepreneur**

Jennifer Cohen is where she is today because one day, she learned how to be bold. When you become bold, good things start to happen. Then great things start to happen. You break free from what’s holding you back, you aren’t afraid to fail, and you learn from every shot you take—even when you miss the target, especially when you miss the target. And you definitely bust out of the “it’s good enough trap”.

When you become bold, you ask for what you want—and you get it.

Why settle for taking what you can get, rather than going after the things you truly want? Instead, Jennifer has a better idea. Do what she did: Live the Life You Want, Not the Life You Get.

Be bold. Identify what you really want—and ask for it.

Be bold. Change your mindset and fail your way to success.

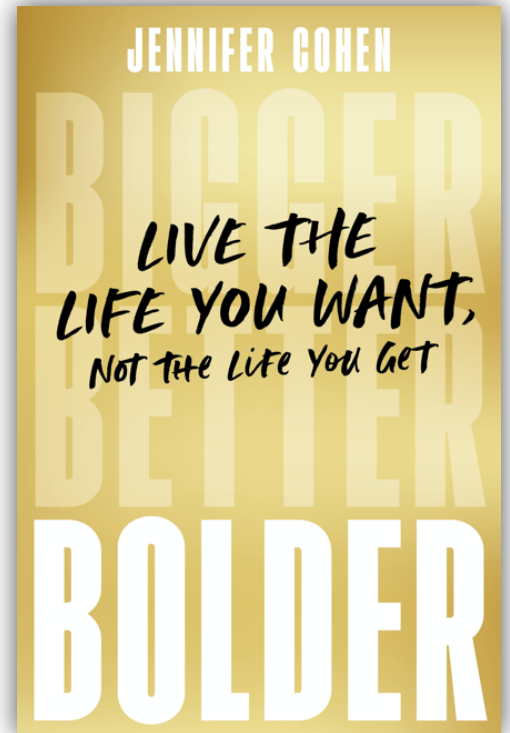
Be bold. Chase what you want, don’t take what you can get.

Also includes a journal in the back of the book

<i>Category:</i>	Self-Help / Wellness
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	The O’Shea Agency
<i>Rights Sold to:</i>	Hodder (UK)

STRONG IS THE NEW SKINNY was licensed to: Grafe und Unzer Verlag

Jennifer Cohen is a bestselling author of three books in the fitness and wellness space, including STRONG IS THE NEW SKINNY, with a world-famous clientele that includes Hollywood celebrities, Olympic athletes, , and others; a trend-spotting entrepreneur who has sold companies for millions of dollars; a sought-after brand strategist and influencer; host of a top-rated podcast she created with more than 3 million downloads and counting; and an in-demand motivational speaker for a range of companies as well as business schools, with a TEDx talk that has more than 2 million views on YouTube, and another 2 million-plus on the TED website.



****NEW****

THE OCCASIONAL HUMAN SACRIFICE

Medical Experimentation and the Price of Saying No

Carl Elliott

Norton, May 2024

Shocking cases of abusive medical research and the whistleblowers who spoke out against them, sometimes sacrificing their careers.

Beginning with the public health worker who exposed the Tuskegee Syphilis Study and ending with the four surgeons who blew the whistle in 2016 on lethal synthetic trachea transplants, Elliott tells the stories of insiders who spoke out against such abuses, and often paid a terrible price for doing the right thing.

<i>Category:</i>	Social Sciences
<i>Kaplan/DeFiore Controls:</i>	UK and Translation Rights
<i>Material:</i>	Manuscript
<i>Rights Sold on behalf of:</i>	Blauner Books Literary Agency

Carl Elliott is a bioethicist at the University of Minnesota who was trained in medicine as well as philosophy. For many years he fought to expose a psychiatric research study at his own university that cost a patient his life. Elliott's efforts alienated friends and colleagues, and the university stonewalled him and denied wrongdoing until a state investigation finally vindicated his claims. This experience frames the six stories in this book of medical research in which patients allegedly gave their "consent" to participate in experimental programs they did not understand and which had astonishing and well-concealed mortality rates.

****NEW****

THE ARTIST'S JOY

A Guide to Getting Unstuck, Embracing Imperfection, & Loving Your Creative Life

Merideth Hite Estevez

Broadleaf Books, June 2024

The ultimate guide for creatives of all levels and disciplines seeking to get unstuck and discover a sustainable and meaningful artistic practice.

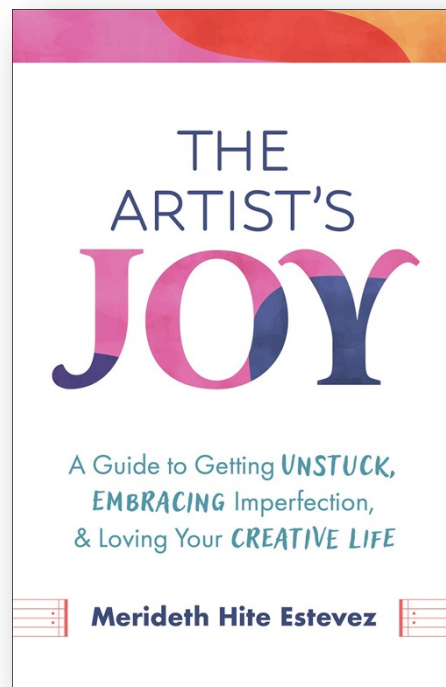
Whether you are a dabbler, a career creative, or a long-time self-proclaimed "tortured artist," Dr. Merideth Hite Estevez is here to help. As a professional oboist, teacher, creative coach, graduate of The Juilliard School, and beloved host of the podcast *Artists for Joy*, Dr. Estevez knows the world of creatives and what they truly need to cultivate a life-giving practice. *The Artist's Joy* offers not only tools for the journey but a deeper understanding of the ways the miracle of creativity works in our lives.

Dr. Estevez guides artists at all levels and in all disciplines to build a creative life that resonates deeply with their core values, and to cultivate an artistic practice that is joyful and sustainable. She shares her discoveries and insightful coaching exercises that stem from the belief that when we are connected to what resonates deeply within us, the "tortured artist" trope simply doesn't hold. By looking at creative work through a new lens, she provides us a means to begin--or to begin again--in sustaining ways.

Complete with self-coaching questions, a group discussion guide, and a companion playlist with tracks for musical meditation and creative engagement, this is your guide for life as an artist that will resonate long after the last note.

<i>Category:</i>	Self-Help / Wellness
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf

Dr. Merideth Hite Estevez is a coach, educator, writer, and oboist. Through her workshops, her award-winning podcast *Artists for Joy*, and her one-to-one coaching, she is a spiritual space-maker for artists, leading thousands in various fields to creative recovery. Dr. Estevez has performed with top orchestras and holds degrees in oboe from The Juilliard School and Yale School of Music. She is also a Certified Start with Heart Facilitator. She lives in Michigan, with her husband, Rev. Edwin Estevez, and their two children.



THE GALVESTON DIET

Mary Claire Haver, MD

Rodale, January 2023

A Wall St. Journal, Publishers Weekly, and Amazon bestseller, this patient-proven eating and lifestyle program to balances nutrition and sustains weight loss—including more than 40 delicious recipes and 6 weeks of meal plans—tailored to women in midlife.

Women tend to store more fat and have a harder time converting calories than men do. In midlife, these physiological differences are amplified by hormonal fluctuation, and most women gain stubborn and harmful weight—especially around the belly—without having altered their routine at all!

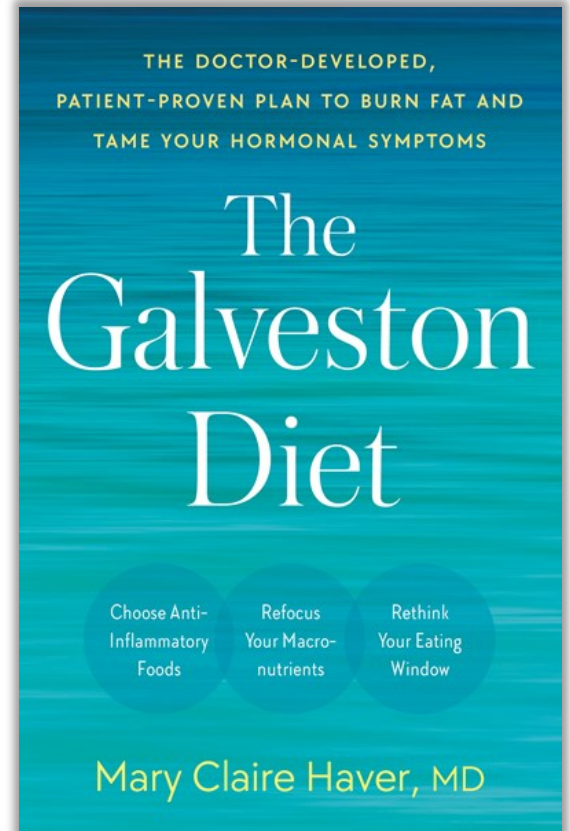
A practicing OB/GYN, Dr. Mary Claire Haver found herself in this exact predicament, so she set out to develop a diet that would meet her needs. Nearly 75,000 women have now found success in Dr. Haver's unique plan for permanent weight loss and reduced menopausal symptoms by following her three interconnected strategies:

- **Fuel Refocus:** Starting in their thirties, women need a specific ratio of healthy fats, lean protein, and quality carbohydrates to efficiently burn fat.
- **Intermittent Fasting:** 16 hours of fasting with a flexible 8-hour eating window coaxes the body to draw energy from stored fat and decreases inflammation.
- **Anti-inflammatory Nutrition:** Limit added sugars, processed carbs, chemical additives and preservatives and layer in anti-inflammatory foods like leafy greens, olive oil, berries, nuts, and tomatoes.

With these principles working together, women can finally lose stubborn weight as well as enjoy newfound energy, better sleep, less brain fog, and fewer hot flashes. Featuring forty delicious recipes, six weeks of easy-to-follow meal plans, shopping lists, and success stories of women who have changed their lives on this plan, *The Galveston Diet*—named for Dr. Haver's hometown—will revolutionize the conversation around weight loss for women, with health benefits that last a lifetime.

Category:	Diet / Nutrition
Format:	Hardcover
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Heather Jackson Literary Agency
Rights sold:	Penguin Life (UK), Alude (Brazilian Portuguese), Domain Publishing (complex Chinese)

Dr. Mary Claire Haver is a wife, mother, physician, and entrepreneur who has devoted her adult life to women's health. As a Board Certified OB/GYN in the Galveston, Texas area, Dr. Haver has delivered thousands of babies, completed thousands of well-woman exams, counseled patients, taught residents, and did everything an academic professor and OB/GYN can do. She is also a Certified Medical Specialist, focusing on medical nutrition. Visit her at galvestondiet.com.



LIT

Use Nature's Playbook to Energize Your Brain, Spark Energy, Ideas, and Ignite Action

Jeff Karp with Teresa Barker

William Morrow, April 2024

Radically simple experimental tools to help people tap into a high-energy brain state to increase their innovative potential and shape their lives with intention—by the founder of a Harvard biomedical engineering lab.

In an age of convenience and information overload, it's easy to go through the motions, pressured, distracted, and seeking instant gratification rather than harnessing our potential for meaningful and impactful lives. When we're accustomed to that default brain state and lulled by the comfort zone it creates, it's difficult to rouse ourselves to act with intention and create the lives we truly want to lead.

In *LIT*, Jeff Karp, Ph.D., professor at Brigham and Women's Hospital, Harvard Medical School, and biotech innovator, gives us the tools to maximize a high-energy brain state so we can get out of our ruts in work and in life and achieve our full human potential.

Diagnosed with learning differences at a young age, he persisted with support from his mom in developing ways to achieve hyper-awareness and maximize decisions based on his curiosity, passion, creativity, and connection to nature. As a student at McGill University and at the University of Toronto, as a researcher at MIT, and as a professor at Harvard Medical School, he evolved these approaches into LIT (Life Ignition Tools) strategies—and road-tested these tools daily in his own personal life and with his lab team to innovate medical discoveries inspired by the “problem solving” they find throughout the natural world.

LIT teaches us to:

- turn inward and connect with what is truly important to us
- question assumptions
- navigate multiple streams of sensory input and manage information overload
- recognize manipulative messaging that can throw us off course.

Being LIT takes us off autopilot and helps us stay alert, present, and fully engaged in our lives.

Dr. Karp also shares insights from some of the world's most accomplished people, including Nobel Prize winners, an astronaut, an Olympic medalist, a founder of an indigenous wellness center, a member of the MIT blackjack team, and numerous professors, inventors, entrepreneurs, CEOs and previous members of his laboratory.

Using Dr. Karp's principles, anyone can redirect their lives with energy, focus, creativity, motivation, willpower, and impact to create the lives they truly want to lead.

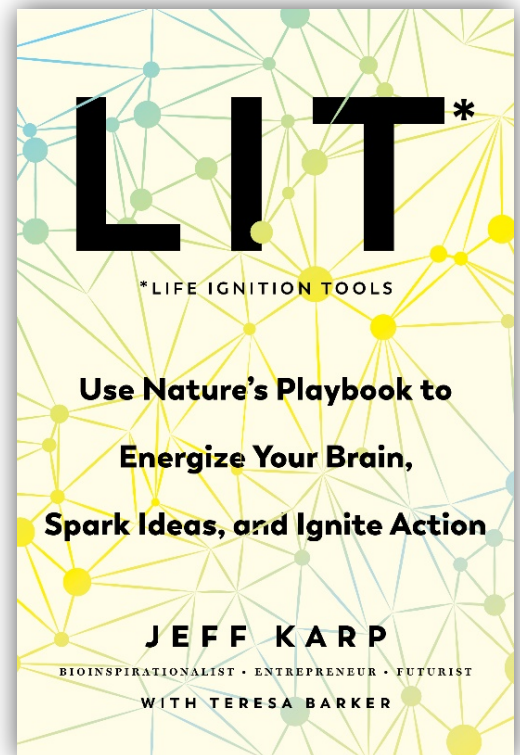
Praise for Dr. Karp:

Boston Magazine recently recognized Dr. Karp as one of eleven “Boston Doctors Making Medical Breakthroughs”

The Boston Business Journal recognized him as a “Champion in Healthcare Innovation”

MIT's *Technology Review Magazine* recognized Karp as being one of the top innovators in the world

His work has been selected by *Popular Mechanics* as one of the “Top 20 New Biotech Breakthroughs that Will Change Medicine.”



Category: Neuroscience/Personal Growth
Editor: Cassie Jones
Kaplan/DeFiore Controls: UK & Translation
Material: Manuscript
Rights Sold on Behalf Of: Heather Jackson Literary Agency
Rights Sold to: Ten Have (**Dutch**), Conecta/PRH (**Spanish**), Citic Press (**Simplified Chinese**), Prophet Press (**Complex Chinese**), Ebury Press (**UK**), The Business Books (**Korean**), PHP Institute (**Japanese**)

Jeff Karp, Ph.D., is a biomedical engineer at Harvard Medical School who has dedicated his lab to the process of medical problem solving. Dr. Karp is a Distinguished Chair in Clinical Anesthesiology, Perioperative and Pain Medicine and Professor of Anesthesia at Brigham and Women's Hospital. He is also a principal faculty member at the Harvard Stem Cell Institute and an affiliate faculty member at the Broad Institute and at MIT through the Harvard-MIT Division of Health Sciences and Technology.

He has published more than 125 peer-reviewed papers (with over 26,000 citations) and holds more than 100 issued or pending national and international patents. His lab's technologies include a drug treatment for the most common form of hearing loss, a tissue glue that can seal holes inside a beating heart, targeted therapy for osteoarthritis and Crohn's disease, needles that automatically stop when they reach their target, and immunotherapy approaches to annihilate cancer. Dr. Karp lives in Brookline, Massachusetts, with his wife, son, daughter, and two Cavalier King Charles spaniels.

TRASH

A Poor White Journey

Cedar Monroe

Broadleaf Books, March 2024

Activist and chaplain Cedar Monroe explores the lives and struggles of poor white people in the Pacific Northwest, uncovering the complex mechanisms by which colonialism, capitalism, and white supremacy function, how these systems have pitted poor whites against communities of color, and how we can fight for liberation for all.

Human beings are not trash, and the system that enables humans to imagine each other as such needs to end.

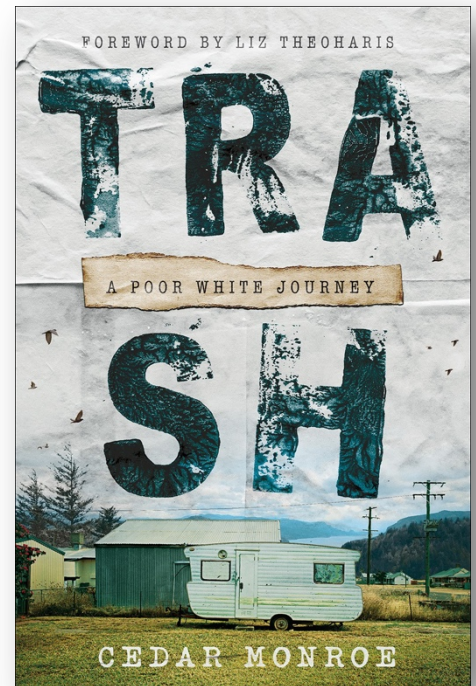
Every day across the US, 66 million poor white people pay the price for failing whiteness. In this sweeping debut, activist and chaplain Cedar Monroe writes indelibly about and for poor white people: about unlearning the American dream, untangling from white supremacy, and working for liberation alongside other poor folks.

Monroe introduces us to people who are poor and unhoused in a small town in Washington, who eke out a living on land that once provided timber for the nation. On the banks of the Chehalis River, we meet residents of the largest homeless encampment in the country, who face sweeps and evictions and are targeted by vigilantes before bringing their case to federal court. We watch a community grapple with desperation, government neglect, and its own racism. From visits to jails, flophouses, tent cities, and on trips to hospitals and funeral homes, we see leaders forging connections between their people and the global movement to end poverty.

With trenchant insight born of liberation theology, radical politics, and an even more radical hope, Monroe introduces us to people hammering out survival strategies and hope in the abandoned zones of empire. Capitalism and colonialism have stolen land from Indigenous people, forced workers into dangerous jobs, and then left them to die when their labor was no longer needed. But what would happen if poor white folks rejected the empty promises of white supremacy and embraced solidarity with other poor people? What if they joined the resistance to the system that is, slowly or quickly, killing us all? *Trash* asks us to see anew the peril in which poor white people live and the choices we all must make.

<i>Category:</i>	Social Sciences
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books

Cedar Monroe has worked for over a decade as an activist and interfaith chaplain to people experiencing homelessness, incarceration, and addiction. Raised in a poor white rural community, Monroe has focused their work on understanding those communities, combating the effects of white nationalism, and cross-racial organizing for change. Monroe has an MDiv from Episcopal Divinity School and has been an Episcopal Church Foundation fellow. Monroe has been featured in several documentaries, including *We Cried Power* and *America Will Be*, and in articles in the Associated Press and the *Seattle Times*. They live with their wife in the Pacific Northwest.



PURPOSEFUL EMPATHY

Tapping Our Hidden Superpower for Personal, Organizational, and Social Change

Anita Nowak

Broadleaf Books, April 2023

"[An] earnest discussion of the individual's power to effect change....this provides plenty of insight." --**Publishers Weekly**

"Anita Nowak has achieved something rare: she inspires soul-searching and action without sounding preachy. *Purposeful Empathy* should be on every socially conscious leader's reading list." -
John Wood, founder of Room to Read and U-Go, and author of *Purpose Incorporated*

"*Purposeful Empathy* is beautifully written. Through compelling stories and thought-provoking exercises, Anita Nowak makes practicing empathy accessible, inviting, and rewarding." --**Katharine Manning**, president of Blackbird DC and author of *The Empathetic Workplace*

"*Purposeful Empathy* validates our fears about what's going wrong in our lives and in the world, but then shows us how to be part of the solution--without burning out." --**Kaitlin Ugolik Phillips**, author of *The Future of Feeling*

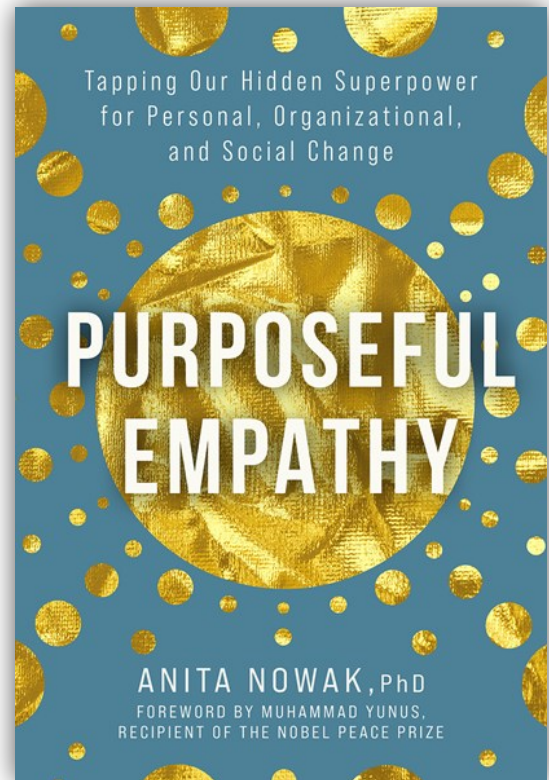
Empathy has never been more important, yet we're living in an era of a massive empathy deficit. At the same time, workplace culture has changed dramatically. Leaders, who have already been stretched to the limit, are now being called on to create and nurture genuine connection, psychological safety, and well-being across their organizations--all while adapting to the values of a new generation that won't compromise on diversity, equity, and inclusion.

As this book shows, human beings are wired to care, and we can become more empathic with practice. Empathy increases dopamine, reduces stress, boosts self-esteem, heightens the immune system, and enriches our relationships. Empathy also improves business key performance indicators. This means that leveraging empathy on purpose can lead to better health, happier and more productive workplaces, and a more meaningful life. That's why empathy is our superpower.

Through inspiring stories; interviews with experts, including business leaders, neuroscientists, activists, social entrepreneurs, and spiritual leaders; a new model rooted in positive psychology and coaching; and self-development exercises at the end of each chapter, *Purposeful Empathy* offers wisdom and practical advice to foster personal, organizational, and social transformation.

Category:	Business / Leadership/Self Help
Format:	Hardcover
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Broadleaf Books

Anita Nowak, PhD, is an empathy expert, speaker, podcaster, award-winning educator, certified coach, and founder of Purposeful Empathy by Design, a boutique global advisory firm that helps purpose-driven organizations create cultures of empathy and social impact. Passionate about mentoring the next generation of changemakers, she teaches leadership, ethics in management, and social entrepreneurship and innovation at McGill University. Anita lives in Montreal with her husband and daughter.



PREPARING FOR WAR

The Extremist History of White Christian Nationalism--and What Comes Next

Bradley Onishi

Broadleaf Books, January 2023

Praise for *Preparing For War*:

"A rigorous and earnest grappling with the intersection between religion and politics." -*Publishers Weekly*

"A clear-eyed, compelling study of the road to Jan. 6 and the possible future of the politics-versus-religion battle in the U.S." -*Kirkus Reviews, starred review*

"This persuasive account documents the rise of White Christian nationalism and warns of the very real threat it poses to American democracy." -*Booklist*

Watching the eerie footage of the January 6 insurrection, Bradley Onishi wondered: If I hadn't left evangelicalism, would I have been there?

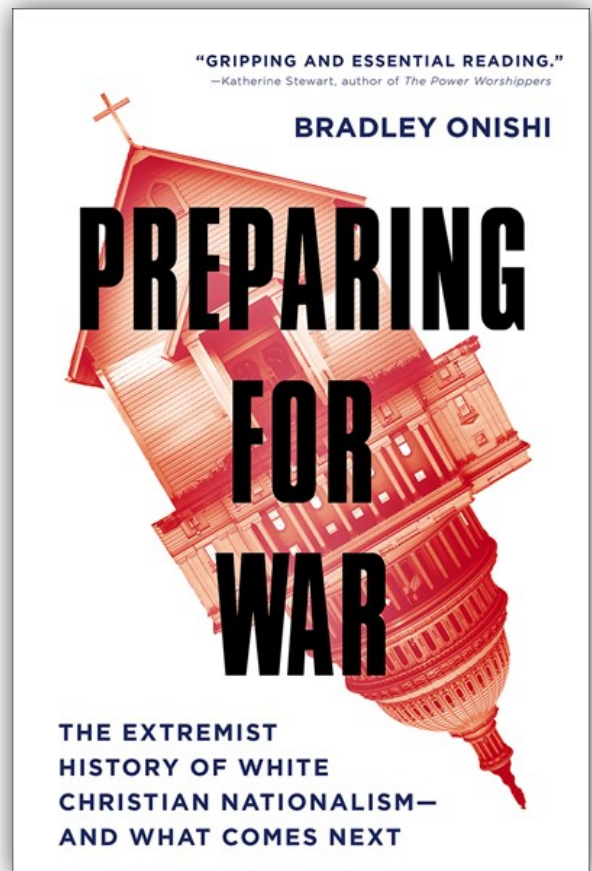
The insurrection at the US Capitol on January 6, 2021, was not a blip or an aberration. It was the logical outcome of years of a White evangelical subculture's preparation for war. Religion scholar and former insider Bradley Onishi maps the origins of White Christian nationalism and traces its offshoots in *Preparing for War*.

Combining his own experiences in the youth groups and prayer meetings of the 1990s with an immersive look at the steady blending of White grievance politics with evangelicalism, Onishi crafts an engrossing account of the years-long campaign of White Christian nationalism that led to January 6. How did the rise of what Onishi calls the New Religious Right, between 1960 and 2015, give birth to violent White Christian nationalism during the Trump presidency and beyond? What propelled some of the most conservative religious communities in the country--communities of which Onishi was once a part--to ignite a cold civil war?

Through chapters on White supremacy and segregationist theologies, conspiracy theories, the Christian-school movement, purity culture, and the right-wing media ecosystem, Onishi pulls back the curtain on a subculture that birthed a movement and has taken a dangerous turn. In taut and unsparing prose, Onishi traces the migration of many White Christians to Idaho, Montana, and Wyoming in what is known as the American Redoubt. Learning the troubling history of the New Religious Right and the longings and logic of White Christian nationalism is deeply alarming. It is also critical for preserving the shape of our democracy for years to come.

<i>Category:</i>	Political Science / Religion
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books

Dr. Bradley Onishi is a scholar of religion and cohost of the *Straight White American Jesus* podcast. His writing has been published in the *New York Times*, *LA Review of Books*, and *Religion & Politics*, among other outlets. He holds degrees from Azusa Pacific University, Oxford University, and L'institut catholique de Paris, and he received his PhD from the University of California at Santa Barbara. A TEDx speaker and the author, editor, or translator of four previous books, Onishi teaches at the University of San Francisco and lives in the Bay Area with his wife and daughter.



****NEW****

CANCER SUCKS, BUT YOU'LL GET THROUGH IT

A Guide from Detection to Remission to Getting On with Your Life

Michelle Rapkin

Broadleaf Books, March 2024

Three-time cancer survivor and long-time publishing executive Michelle Rapkin offers an unrivaled guide for anyone who has heard the words "It's cancer." Infused with hope, laughter, and non-medical advice, this book curates personal experience with priceless learning from interviews with cancer survivors around the country.

Three-time cancer survivor Michelle Rapkin offers an unrivaled guide for anyone who has heard the words, "It's cancer." Infused with hope, laughter, and advice, this book curates personal experience with priceless learning from interviews with cancer survivors around the country. *Cancer Sucks, but You'll Get Through It* will equip you with the non-medical tools and tips needed to make it through cancer treatment sanely.

Surviving cancer--and thriving--isn't just about medicine. It's about managing your needs, emotions, relationships, and more. Rapkin is the bedside friend who gives you the inside scoop: why your nose might start running when your hair falls out, how to organize hospital paperwork, what to do when depression rears its head, and even how to talk to your loved ones (and not-so-loved ones) about your diagnosis.

There's a wealth of help in the experience of those who have been there and discovered ways to deal with the many bumps on the cancer journey. "Cancer is a cold planet," Rapkin says, but she serves as a warm guide to help you sidestep or defuse the buried bombs, both around us and within. *Cancer Sucks but You'll Get Through It* offers invaluable relief as you move through the scariest terrain of your life, from someone who's been there.

<i>Category:</i>	Self-Help / Health & Wellness
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Book

Michelle Rapkin was first diagnosed with non-Hodgkin's lymphoma in 2000. She is intimately acquainted with the ins and outs of cancer. A graduate of Cornell University, Rapkin has spent more than thirty years in the publishing industry, working on hundreds of books including more than a dozen New York Times bestsellers. She is the editorial founder of Crossings Book Club. She currently lives in Ocean Grove, New Jersey, just steps from the beach--her happy place.



****NEW****

THE BOMB DOCTOR

A Scientist's Story of Bombers, Beakers and Bloodhounds

Kirk Yeager and Selene Yeager

Regalo Press, May 2024

One of only a handful of elite scientists in the world who do this work, Kirk Yeager, Chief Explosives Scientist for the FBI, leads his impressive forensic team into horrific crime scenes of mass destruction on the trail of those who have tried to shatter our sense of security by blowing it to bits. At these scenes, he and his team patiently and meticulously put the charred pieces back together to identify (and hopefully incarcerate) the culprits, and restore some peace to our worried minds and perhaps a bit of our faith in humanity. Kirk has made it his life's work not only disassembling, reassembling, detonating, studying, and understanding the materials, mechanics, and historical relevance of explosives used throughout the world, but also the inner workings of those who seek to destroy us by their means. His team has been at the front line of forensics for Oklahoma City, the USS Cole, Manchester, Syria...the list is bottomless.

In a wry and surprising voice, THE BOMB DOCTOR pulls back the curtain on all of it, taking a deep dive into the fascinating and often frightening world of bomb detectives through the lens and mind of one—the first working FBI official granted permission to share these stories while still at the agency. Veteran writer Selene Yeager, Kirk's sister and co-author, has had a front row seat to this special show from the very beginning and is honored to be by his side crafting this story.

<i>Category:</i>	Nonfiction
<i>Kaplan/DeFiore Controls:</i>	UK and Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on Behalf Of:</i>	Heather Jackson Agency

Dr. Kirk Yeager received his B.S. in Chemistry from Lafayette College and PhD in Inorganic Chemistry from Cornell University. He worked as a research scientist and became Associate Director of R&D at the Energetic Materials Research and Testing Center (EMRTC) in Socorro, New Mexico. For 10 years he served as a Physical Scientist/Forensic Examiner for the FBI Laboratory's Explosives Unit, where he deployed as a bombing crime scene investigator to dozens of countries. Currently, Dr. Yeager is the FBI's Chief Explosives Scientist. Dr. Yeager has nearly 30 years of experience with improvised explosives and IEDs. Over the course of his colorful career he has served as a subject matter expert for the National Academies of Sciences, worked as a technical adviser for *Mythbusters*, and been the subject of a feature article in *Popular Mechanics*. He is an avid geocacher and holds the rank of Black Belt in Dan Zan Ryu Ju-Jitsu. His academic prowess is surpassed only by his charm and humility.

Selene Yeager is Kirk Yeager's sister. At least that's how high school teachers referred to her—right after Ron Yeager's daughter—until everyone realized that she was a little bit like them, and a whole lot of something different. Terrible at chemistry; good at sneaking out of the house, and single minded in the pursuit of riding a bike and expressing herself in the written word. The former has taken her around the world. The latter has helped her build a career in storytelling and journalism and as author, co-author, and contributor to nearly 30 books, a nomination for a National Magazine Award for excellence in service journalism, and the great honor of bringing her brother's work to the world through this book.

****NEW****

THERE'S GOT TO BE A BETTER WAY!

(Re)designing Work for a Rapidly Changing World

Nelson Repenning and Donald Kleffer

Public Affairs, November 2024

"**There's Got to Be a Better Way!**" is based on dynamic work design, a process pioneered by the authors, and which has been used successfully by dozens of organizations over the past twenty-five years to achieve significant gains in effectiveness. The process is based around four principles: reconciling activity and intent, connecting the human chain with triggers and checks, structuring problem-solving, and managing for optimal challenge. And, it is implemented and managed through a novel visual management system that allows everyone to assess the health of the system in real-time.

The book is filled with stories of success, including eight of the most compelling examples of how dynamic work design has been used to remove organizational roadblocks, reach collective goals that previously seemed impossible, and help leadership teams feel good about the work they are doing. From a Boston day shelter for low-income women to a leading semiconductor company, these case studies demonstrate how dynamic work design can be used to increase productivity, efficiency, and job satisfaction. Whether you're a manager, executive, or consultant, **There's Got to Be a Better Way!** is a must-read in a rapidly changing world.

Category:	Business
Format:	Hardcover
Editor:	John Mahaney
Kaplan/DeFiore Controls:	UK & Translation
Material:	Manuscript due November 2023

Nelson Repenning is the School of Management Distinguished Professor at the MIT Sloan School of Management, and the Associate Dean for Leadership and the Director of MIT's Leadership Center. Nelson's scholarly work is widely cited and he has worked extensively with a variety of corporations including Analog Devices, the Broad Institute, Exxon Mobil, Fannie Mae, and is a frequent speaker at conferences and corporate events.

Donald Kieffer is a Senior Lecturer in Operations Management at MIT Sloan and founder of ShiftGear Work Design. Don has worked with industries as diverse as oil/gas, medical, biomedical, AI, and banking, and in organizations from start-ups to major global corporations.

HOW TO EAT TO CHANGE HOW YOU DRINK

Heal Your Gut Mend Your Mind, and Improve Nutrition to Change Your Relationship with Alcohol

Brooke Scheller

Grand Central Balance, December 2023

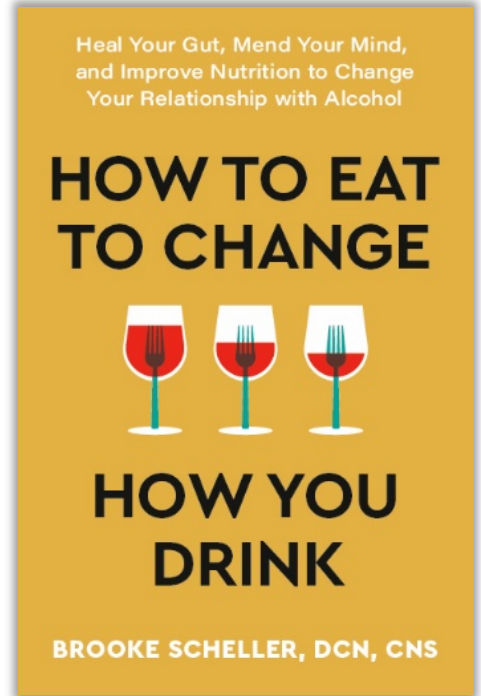
“A helpful addition for anybody taking a holistic approach to changing their relationship to alcohol.” – **Ruby Warrington, author of Sober Curious**

“Drinking alcoholic beverages is normal in our culture. But what to do when drinking impacts your life and relationships negatively? In *How to Eat to Change How You Drink*, Dr. Brooke Scheller gives us tools to break the cycle.”
--**Liz Lipski, PhD, CNS, BCHN, IFMCP, Professor and Director of Academic Development for the Nutrition programs at Maryland University of Integrative Health, Author of Digestive Wellness and Digestive Wellness for Children**

People are drinking more even as there is growing interest in sober curious, Dry January, or any other booze-free month of choice. People want to do something to break the cycle of alcohol (ab)use. In her book, Dr. Brooke Scheller tells people how to do something about how (much) they drink. Here is a nutritional solution to help you understand the reasons why you may overdrink and the 30-day plan to help you do something about it.

In *How to Eat to Change How You Drink* you get the tools to explore your own relationship with alcohol and your drinking triggers. Dr. Scheller provides a personalized 30-day plan of food, supplements and herbs, and lifestyle modifications which build your awareness and cut your desire to drink, with recipes.

Category:	Health and Wellness
Format:	Hardcover
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on Behalf Of:	The O’Shea Agency
Rights Sold to:	Yellow Kite (UK) , Planeta (Spanish)



Dr. Brooke Scheller is a Doctor of Clinical Nutrition and an expert in personalized nutrition with a diverse background that spans from private practice, to working in start-up and innovation in the food and nutrition space. She is a specialist in personalized nutrition and nutrition technology, which focuses on the root cause of one’s symptoms, ailments, or health goals to discover how to use nutrition, supplementation, and lifestyle modifications to benefit the individual. Her company, Condition Nutrition, LLC, works with startup organizations to build personalized nutrition offerings, among others, these include [Freshly](#), [Bellway Fiber](#), [Elo Health](#), [CookUnity](#), [ResBiotic](#).

FOUR BATTLEGROUND

Power in the Age of Artificial Intelligence

Paul Scharre

W.W. Norton, February 2023

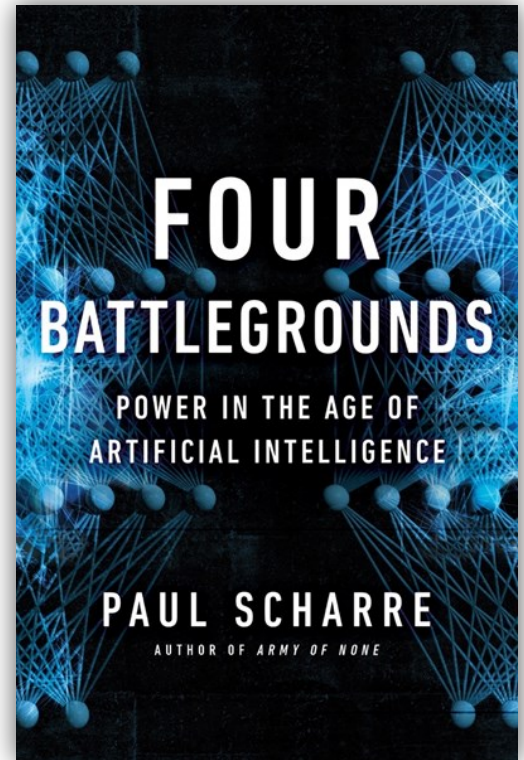
An award-winning defense expert tells the story of the new great power rivalry to control artificial intelligence—and how this powerful technology is shaping national power relationships and geopolitics in the 21st century.

"This study of the struggle over AI is well-written, impeccably sourced, and densely detailed. Readers knowledgeable about computer science will find it clarifying, while others will gain immense understanding of an often opaque if important subject." –**Booklist**

"Scharre's levelheaded takes distinguish this from more alarmist outings. Technophiles and technophobes alike will be challenged and enlightened." –**Publisher's Weekly**

"A solid, well-organized account of the military applications of AI and of the race to take the lead global position." –**Kirkus**

Artificial intelligence is bringing a new digital order—it is changing war, surveillance, and disinformation, with profound effects on human freedom, global security, and power dynamics. *The Black Box* takes us inside the immensely competitive global struggle to lead in the four key elements of AI advantage: data, computing power, talent, and institutions. A world expert in AI-enabled weapons, Paul Scharre examines the strengths and weaknesses of today's major superpowers, including China, the United States, Europe, and the Big Tech corporations that control the global supply of data and compute.



With unique access to the world of automated warfare and surveillance—including on-site visits with major Chinese players and Pentagon startups—national security expert Paul Scharre guides readers through the alarming ways the AI revolution is reshaping the world, and the challenges democracies must overcome if they hope to maintain their global edge.

<i>Category:</i>	Current Affairs / Technology
<i>Kaplan/DeFiore Controls:</i>	UK and Translation
<i>Material:</i>	PDF
<i>Rights Sold on behalf of:</i>	Hornfischer Literary Management
<i>Rights Sold to:</i>	Hayakawa (Japan), Heliopolis (Complex Chinese)

Also available: ARMY OF NONE

<i>Sold to:</i>	Euromedia (Czech), Ikar (Slovak), Hayakawa (Japanese), World Affairs Press (Simplified Chinese), Botart Publishing (Albanian), Alexandra Kiadó (Hungarian), Corint Books Srl (Romanian), Ip Laguna Doo (Serbian), The Swedish Military (Swedish Bookclub), TEAS (Azerbaijani), ROK Media (Korean), Kronik (Turkish), FORS (Ukrainian)
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Paul Scharre is the author of *Army of None: Autonomous Weapons and the Future of War*, which won the 2019 Colby Award and was named one of Bill Gates' top five books of 2018. A former Army Ranger, he is a senior fellow and director of the 20YY Future of Warfare Initiative at the Center for a New American Security (CNAS), based in Washington, DC. From 2008 to 2013, he worked in the Office of the U.S. Secretary of Defense on policies for robotics, autonomy, and other emerging weapons technologies. He led the drafting of the official U.S. Department of Defense policy on autonomous weapons.

THE DEFIANT OPTIMIST

Daring to Fight Global Inequality, Reinvent Finance, and Invest in Women

Durreen Shahnaz

Broadleaf Books, June 2023

"An inspiring read by a passionate trailblazer. Durreen Shahnaz shares her remarkable experiences challenging the status quo, beating the odds, and fueling change." --**Adam Grant**, #1 *New York Times* bestselling author

"As the world pushes for gender equality and women's representation in the global financial system, Durreen Shahnaz is one of the few who has rolled up her sleeves and done the work of lifting women up. This book is timely, necessary, and most importantly, empowering for all who want to create change, however small." --**Professor Muhammad Yunus**, founder of Grameen Bank and Nobel Peace Prize winner

Global inequality is growing. Financial markets disenfranchise women, the 99 percent, and the planet itself. But what if we found the source of power and turned it inside out? What if we made the tools of the system available to all?

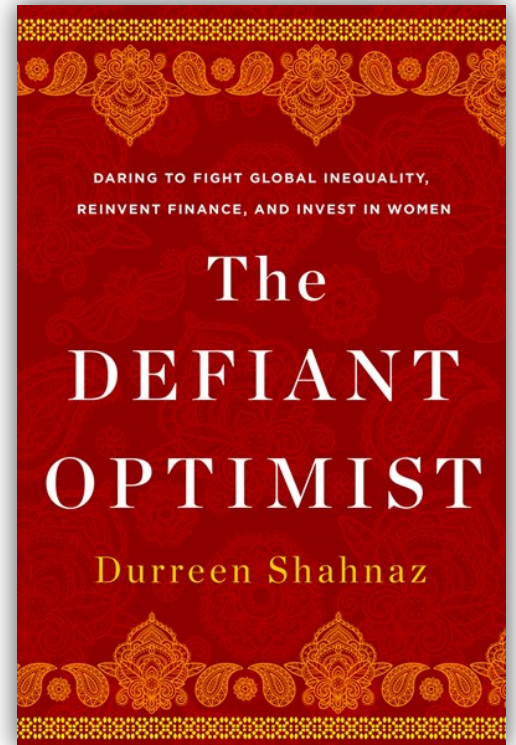
When she launched the world's first stock exchange for social enterprises, Durreen Shahnaz started more than a new financial system; she sparked a movement. Defiant optimism--the stubborn belief that systems that enrich the few can be transformed for the good of the many--requires an indomitable spirit. In these pages, Shahnaz illuminates what investing in those excluded from networks of power and opportunity requires.

From growing up with constrained life chances, to working as the first Bangladeshi woman on Wall Street, to becoming a global leader in impact investing, Shahnaz takes us on a mesmerizing trek of innovation, compassion, and enterprise. We accompany her to villages in Bangladesh where she helps women entrepreneurs learn to proudly sign their names, and on visits to venture capitalists who walk past her to shake her male employees' hands. We go to a garment factory where women labor for low wages, and to a town in India where microfinance offers women enough capital to run grocery stores and tailor shops. Along the way, the birth of her two daughters only fuels her relentless pursuit of a world where girls are valued. Finally, armed with financial backers and a plan, Shahnaz crafts the world's first tradeable financial product geared toward investing in underserved women's livelihoods.

Changing how systems work--and who they work *for*--isn't for the faint of heart. But *The Defiant Optimist* offers strategies for placing women, the underserved, and the planet at the heart of systems. Together we can locate the levers of power and pull them defiantly in a new direction.

<i>Category:</i>	Business & Economics / Leadership
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books
<i>Rights Sold to:</i>	Penguin Random House India (English)

Durreen Shahnaz has worked both in high finance on Wall Street and in microfinance in the back streets of rural Bangladesh. Following stints as an investment banker, development worker, educator, media executive, and social entrepreneur, Shahnaz founded a pioneering impact investment firm that brings together investors, development agencies, and entrepreneurs to advance sustainable development and empower millions of women. Shahnaz is on the *Forbes* "50 over 50" list and received the 2017 Oslo Business for Peace Award, often referred to as the Nobel Prize for Business. Shahnaz holds degrees from Smith College, the University of Pennsylvania, and Johns Hopkins University. She and her husband have two daughters and live in Singapore.



SIT IN THE SUN

And Other Lessons in the Spiritual Wisdom of Cats

Jon M. Sweeney

Broadleaf Books, April 2023

"Cat lovers and fans of Sweeney's other works will be excited about this title. This is a good spiritual nonfiction book, a cozy one for (readers) to sit with over a cup of tea or in a meditation pose with a cat curled in their lap." —

Library Journal

"Spirituality author Sweeney here pounces on the endearing (or less so) habits of our cat companions, providing segues into comparable activities for humans, and every other paragraph seems to have a quote worth saving: 'Be foolish, just a bit.'" --*Booklist*

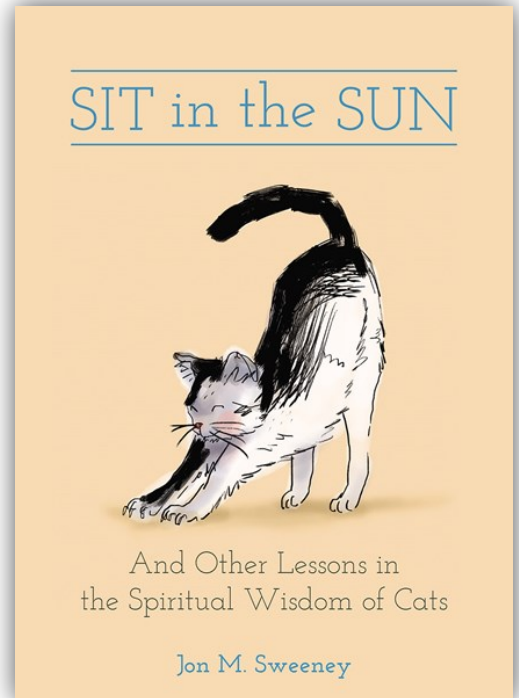
As a spiritual pilgrim for more than half a century, Jon Sweeney has practiced with teachers of many religious traditions. He's gone looking for wisdom, beauty, and truth wherever it can be found. But recently he's found himself learning closer to home--from the teacher-cats he lives with.

What he discovered is that our greatest spiritual teachers are at our feet. Literally. They are the cats we love and treasure. Nearly 60 million cats live in US households today. These feline teachers have much to offer us about living in the present, loving unconditionally, approaching life with a sense of playfulness, and trusting others, all the while being independent spirits.

Jon Sweeney, beloved scholar and author of *The Pope's Cat* and numerous books about Saint Francis, offers a beautifully illustrated, playful, gentle, informed meditation on the many spiritual truths and practices our feline companions provide if we but pause and pay attention.

Category:	Pets / Cats
Format:	Hardcover, black and white illustrations throughout
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Broadleaf Books
Rights sold:	Bonifaitus (Germany)

Jon M. Sweeney is an award-winning spiritual writer and author of over thirty books. He has been interviewed in print by a range of publications from the *Dallas Morning News* to *The Irish Catholic*, and on television for *CBS Saturday Morning* and many other programs, about spirituality, spiritual practices, the pope, and the great lover of all creatures--Saint Francis. He lives in Milwaukee with his wife and daughters.



RADIANT REBELLIONS

Reclaim Aging, Practice Joy, and Raise a Little Hell

Karen Walrond

Broadleaf, October 2023

"Karen Walrond is unrelenting and unapologetic when it comes to finding the joy and light in our messy and tough lives. When I found out that she was taking on aging, my first thought was, 'Let's go!' This book is what we need to fuel a rebellion of connection, love, and joy. I'm here for every page and all the hell-raising!" --**Brené Brown, PhD, New York Times #1 bestselling author of *Atlas of the Heart***

Times #1 bestselling author of *Atlas of the Heart*

Karen Walrond invites us to join the radiant rebellion in this intriguing investigation into how we can reclaim aging, cultivate joy, and resist ageism.

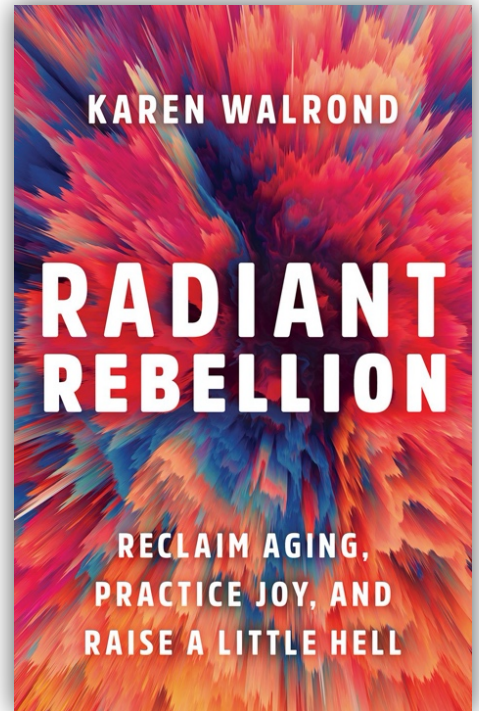
What if aging is something to aspire to, not to dread? What if together we could forge a radiant rebellion against the idea of aging as a season

During her own year of transition--a milestone birthday, a wedding anniversary, the emptying of the nest--Walrond, in the buoyant and luminous style her readers have come to love, does a deep dive into dimensions of getting older, including health, beauty, spirituality, connection, adventure, and meaning and purpose. Through conversations with social workers and neurologists, and activists, Walrond satisfies her curiosity--and ours--about why the dominant culture treats aging as a time of dwindling capacity. She also embarks on a series of experiments that help her rebel against convention: letting her hair go naturally gray, going on a silent retreat, revamping her health practices, and plotting her next adventure.

Internalized ageism--bias against our future selves--is not our only option; we can write a different story of aging than the one we've been handed. With wisdom from luminaries who light our way, Walrond helps us radiantly rebel against the fads and assumptions that hold us back, redefine the adventure of getting older, and create a shining future of expanded potential. We might even raise a little hell while we're at it! A resources section offers journal prompts and strategies for creating a handbook for your own radiant rebellion.

<i>Category:</i>	Personal Growth / Social Science
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books

Karen Walrond is the author of *The Lightmaker's Manifesto: How to Work for Change without Losing Your Joy* and a lawyer, leadership coach, and activist. In her work, she has helped thousands of people around the world find purpose and meaning in their lives. Karen and her work have been featured on Brené Brown's *Unlocking Us* podcast, PBS, *Huffington Post*, CNN.com, and *The Oprah Winfrey Show*. A sought-after speaker, Karen is also the author of *The Beauty of Different*, and her award-winning blog, *Chookooloonks*, is a lifestyle, inspiration, and photography destination. Karen and her family reside in Houston, Texas.



WOMEN WITHOUT KIDS

The Revolutionary Rise of an Unsung Sisterhood

Ruby Warrington

Sounds True, March 2023

Praise for *Women Without Kids*:

“Ruby Warrington offers a compassionate exploration into what can be a highly loaded and emotional topic—the choice whether or not to have children...*Women Without Kids* is a must-read for anyone seeking a full understanding of all the dynamics that play into this significant life choice.” —**Dr. Nicole LePera**, *New York Times* bestselling author of *How to Do the Work*

“A sharp and intricate look at the personal and political sides of being a child-free woman ... this is an exciting, bold, feminist book that gives the child-free conversation the space it deserves.” —**Emma Gannon**, bestselling author of *Olive* and host of the *Ctrl Alt Delete* podcast

“This isn’t a book about not having kids for the defiantly childless. This is a book about motherhood under patriarchy... It is a startling, confronting, and liberating treatise.” —**Holly Whitaker**, *New York Times* bestselling author of *Quit Like a Woman*



A timely and radical reframing of everything it means *not* to be a mom

What is “woman” if not “mother”? Forgoing motherhood has traditionally marked a woman as “other.” With no official place setting for her in our society, she has hovered on the sidelines: the quirky girl, the neurotic career obsessive, the “eccentric” aunt. Instead of continuing to paint women without kids as sad, self-obsessed, or somehow dysfunctional, what if we saw them as boldly forging a first-in-a-civilization vision for a fully autonomous womankind? Or as journalist and thought leader Ruby Warrington asks, “What if being a woman without kids were in fact its own kind of legacy?”

Taking in themes from intergenerational healing to feminism to environmentalism, this personal look and anthropological dig into a stubbornly taboo topic is a timely and brave reframing of everything it means *not* to be a mom. Set against the backdrop of an unprecedented global reproduction slowdown, “the choice of whether or not to have kids is a natural part of women’s ongoing fight for gender equality,” Warrington writes. “And whether we are childless by design or circumstance, we can live without regret, shame, or compromise.”

Bold and tenderhearted, *Women Without Kids* unites the “unsung sisterhood” of non-mothers—no longer pariahs or misfits, but a vital part of our evolution and collective healing, as women, as humans, and as a global family.

Category:	Parenting
Format:	Hardcover
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	The O’Shea Agency

Author’s previous titles sold

Material Girl Mystical World sold to Marabout (**French**); Roca (**Spanish**)

Sober Curious sold to Hojoshia (**Japanese**), Gronningen 1 (**Danish**)

Ruby Warrington is the British-born author and former features editor of the UK *Sunday Times Style* magazine. Recognized as a true thought leader in the personal development space, Ruby has the unique ability to identify issues that are destined to become part of the cultural narrative. She founded the “Now Age” lifestyle platform The Numinous,. She lives in Miami. For more, visit rubywarrington.com

THE BODIES KEEP COMING

Dispatches from a Black Trauma Surgeon on Racism, Violence, and How We Heal

Brian H. Williams

Broadleaf, September 2023

In raw and intimate detail, trauma surgeon Dr. Brian H. Williams narrates not only the events of the night that thrust him into the national spotlight, but his grief and anger as a Black doctor on the front lines of trauma care. Working in the physician-writer tradition of Atul Gawande and Damon Tweedy, Williams diagnoses the roots of the violence that plagues us.

For readers of Linda Villarosa's *Under the Skin* and *The Emergency* by Thomas Fisher, this tour de force diagnoses the structural root of the violence that plagues us all.

Trauma surgeon and professor Dr. Brian H. Williams has seen it all: gunshot wounds, stabbings, and traumatic brain injuries. In *The Bodies Keep Coming*, Williams ushers us into the trauma bay, where the wounds of a national emergency amass.

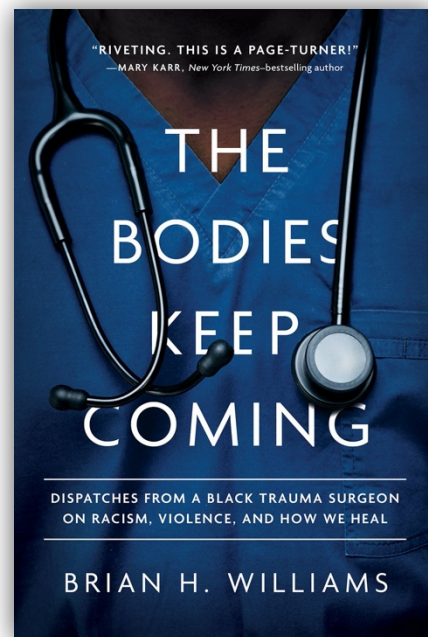
As a Harvard-trained physician, Williams learned to keep his head down and his scalpel ready. As a Black man, he learned to swallow the rage when patients told him to take out the trash. Just days after the tragic police shootings of two Black men in 2016, Williams tried to save the lives of white police officers shot in Dallas in the deadliest incident for US law enforcement since 9/11. Thrust into the spotlight in a nation that loves feel-good stories about heroism more than hard truths about racism, Williams came to rethink everything he thought he knew about medicine, injustice, and what true healing looks like.

Now, in raw and intimate detail, Williams narrates not only the tragic shootings of two black men, but the grief and anger of a Black doctor on the front lines of trauma care. He draws a through line between white supremacy, gun violence, and the bodies he tries to revive, and he trains his surgeon's gaze on the structural ills that manifest themselves in the bodies of his patients. What if racism is a feature of our healthcare system, not a bug? What if profiting from racial inequality is exactly what it was designed to do?

Black and brown bodies will continue to be wracked by all types of violence, Williams argues, until something changes. Until we transform policy and law with compassion and care, the bodies will keep coming.

<i>Category:</i>	Memoir / Medical
<i>Format:</i>	Hardcover
<i>Kaplan/DeFiore Controls:</i>	Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Broadleaf Books

Dr. Brian H. Williams is an Air Force Academy graduate, a Harvard-trained surgeon, a former congressional health policy advisor, and a nationally recognized leader at the intersection of public policy and structural racism, gun violence, and health equity. He has treated gun violence victims for more than two decades. Williams has served as a Robert Wood Johnson Foundation Health Policy Fellow at the National Academy of Medicine and as a professor of trauma and acute care surgery at the University of Chicago Medicine. Williams and his work have been featured in outlets like the *Chicago Tribune*, *Dallas Morning News*, CNN, and *Newsweek*.



NEW FICTION

****NEW****

THE LIBRARIANS OF RUE DE PICARDIE

Janet Skeslien Charles

Atria Books, April 2024

From the *New York Times* and internationally bestselling author of *The Paris Library* comes **THE LIBRARIANS OF RUE DE PICARDIE**, a powerful historical novel that charts the lives of two NYPL librarians across the barrier of decades.

1918. World War I. Northern France is a battlefield. The American Committee for Devastated France establish their headquarters just miles from the front. This group of international women help French families who've lost everything – homes, livelihoods, and limbs. They save children, restore bombed villages, and evacuate civilians.

Jessie "Kit" Carson takes a leave of absence from the NYPL in order to establish something that the French have never seen – children's libraries – as well as to escape her boss. She turns ambulances into bookmobiles, creates libraries, and trains the first French female librarians. Then she disappears.

1987. Wendy Peterson stumbles across a mention of Jessie Carson in the NYPL archives and becomes consumed with learning her fate. Fixation is nothing new to Wendy. She's obsessed with Roberto, her handsome coworker. She worries about her best friend, Leigh, who grows more and more distant. Wendy soon learns that she and Jessie Carson have more in common than their work at the New York Public Library.

With a dazzling cast of real-life characters, **THE LIBRARIANS OF RUE DE**

PICARDIE highlights themes of resilience, friendship, and community. Once again, Janet Skeslien Charles brings history alive with this meticulously researched, little-known story of incredible women who face the danger of war to share their love of literature and their belief in books as bridges.

Category:	Literary Fiction
Editor:	Natalie Hallak
Kaplan/DeFiore Controls:	Translation
Material:	Manuscript
Rights Sold on behalf of:	Heather Jackson Literary

Janet Skeslien Charles's work has been translated into 35 languages. Her novel about real-life librarians during World War II, *The Paris Library*, was a *New York Times* bestseller, #1 Indie Next Pick, and book club favorite. Janet has spoken at over 200 literary events and has been a keynote speaker for venues such as the Association of American Women in Europe commemoration and the Salem Literary Festival. Her debut novel *Moonlight in Odessa* was translated into 12 languages. She spends her free time at the Red Wheelbarrow bookshop in Paris.

Rights to *THE PARIS LIBRARY* sold to: Two Roads/John Murray Press (UK); Morava (Albanian); Dar Kalemata (Arabic); Soft Press Ltd. (Bulgarian); Crown (Complex Chinese); Beijing Guangchen Culture Communication (Simplified Chinese); Mozaik (Croatian); Jota (Czech); Gads Forlag (Danish); Luitingh-Sijthoff (Dutch); Helios (Estonian); Into Kustannus (Finnish); Lattes (French); Blanvalet (German); Pedio/Ellinka (Greek); Tchelet (Hebrew); Libri (Hungarian); Garzanti (Italian); Tokyo Sogensha Co. (Japanese); Daewon C.I. Inc. (Korean); Alma Littera (Lithuanian); ARS Lamina (Macedonian); Cappelen Damm (Norwegian); Wydawnictwo WAM (Polish); Record (Portuguese Brazil); PRH Portugal (Portuguese); Editura Litera (Romania); Azbooka-Atticus (Russian); Laguna (Serbia); Ikar (Slovak); Desk D.O.O. (Slovenian) Salamandra (Spanish); Printz Publishing (Swedish); Amarin (Thai); Ilksatr Publishing (Turkish); Tan Viet Cultural (Vietnamese)



****NEW****

YOUR DARK SECRETS

Elle Marr

Hyperion Avenue, July 2024

A Los Angeles PR exec and her private investigator ex uncover a dangerous conspiracy led by the world's most powerful people, whose deadly sights are now set on them.

This propulsive up-all-night read seamlessly blends globe-trotting adventure, suspenseful thriller, and rivals-to-lovers romance, perfect for fans of *the Flight Attendant* and *the Recovery Agent*.

Addison Stern is unparalleled when it comes to spinning a story. A ruthless PR executive, Addison is the star employee of the infamous Ovid Blackwell Group where the rich and famous go to hide all their secrets.

Connor Windell, on the other hand, is in the business of finding out information others would rather keep hidden. He used to be LA's top private investigator until a betrayal from his ex-girlfriend ruined his reputation and sent him into early retirement. That ex? None other than Addison Stern.

Connor has one chance to redeem himself and salvage his career, but he needs Addison's help. Addison would rather lick the bottom of her Jimmy Choo than assist, but with some good old-fashioned blackmail, she agrees to team up for one job. But when that job proves bigger than either imagined and they uncover a dangerous hidden web of influence led by the world's most elite and powerful people, they'll have to rely on each other to expose the truth...and stay alive.

From the Vegas strip to the beaches of Monaco, this globe-trotting adventure is filled with misplaced trust, competing motivations, and more than a little sexual tension. This gripping romantic thriller will have you up reading all night!

Category:	Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	Hyperion Avenue

Elle Marr is a #1 Amazon Charts bestselling author of thrillers. Originally from Sacramento, Elle graduated from UC San Diego before moving to France, where she earned a master's degree from the Sorbonne University in Paris. She now lives and writes in Oregon with her family. Her latest book *THE FAMILY BONES* earned a starred review from Publishers Weekly, which called it a "mesmerizing psychological thriller."



****NEW****

THE NORTH LINE

Matt Riordan

Hyperion Avenue, April 2024

In Matt Riordan's debut novel, a college student in need of quick money finds work on an Alaskan fishing boat in the unforgiving Bering Sea.

Even at the ragged edge of civilization, some lines should not be crossed.

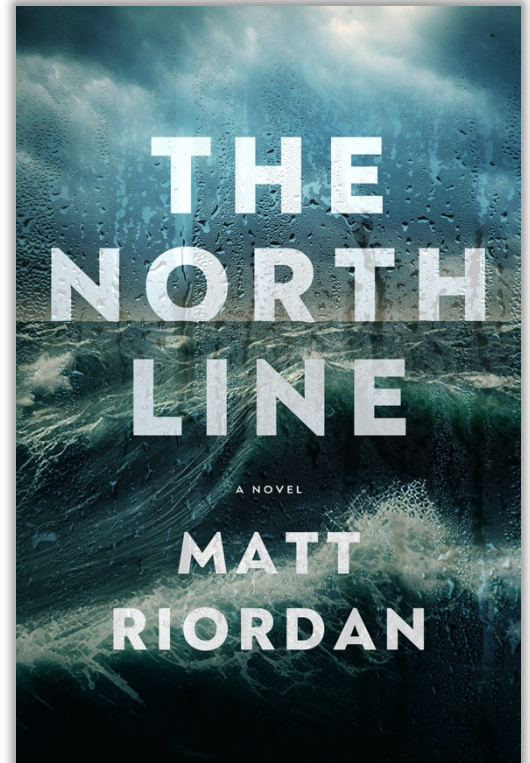
Everyone believes Adam to be something he's not. Sometimes that's because he's told them a story. Sometimes he's told himself one. But when Adam joins an Alaskan fishing crew that's promising quick money, the dangerous work and harsh lifestyle strip away all fabrications and force a dark-hearted exploration of who he really is.

On the unforgiving Bering Sea, Adam finds the adventure and authenticity of a fisherman's life revelatory. The labor required to seize bounty from the ocean invigorates him, and the often crude comradery accompanies a welcome, hard-earned wisdom. But when a strike threatens the entire season and violence stalks the waves, Adam is thrust into a struggle for survival at the edge of the world, where evolutionary and social forces collide for outcomes beyond anyone's control.

In his riveting debut novel, Matt Riordan pairs personal experiences with a master storyteller's eye in a piercing examination of the quest for identity in the face of tempests within and without.

Category:	Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	Hyperion Avenue

Matt Riordan grew up in Michigan but spent his early twenties working on commercial fishing boats in Alaska. After college, Matt drifted from commercial fishing through a variety of jobs before landing in law school. He then became a litigator in New York City, where he practiced for twenty years. He now lives with his family in Australia.



THE BOOKBINDER OF JERICHO

Pip Williams

Affirm Press (Australia), March 2023

Ballantine, August 2023

Chatto, August 2023

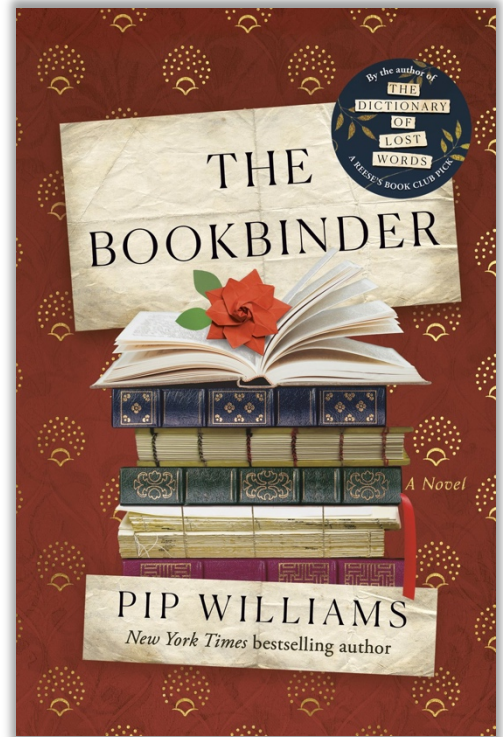
The second novel from the international bestselling author of *THE DICTIONARY OF LOST WORDS*. Film rights optioned to Highview Productions and Closer Productions.
(US title: *THE BOOKBINDER*)

Whose truth is lost when knowledge is controlled by men?

In 1914, when the war draws the young men of Britain away to fight, it is the women left behind who must keep the nation running. Two of those women are Peggy and Maude, twin sisters who work in the bindery at Oxford University Press. Peggy is intelligent, ambitious and dreams of going to Oxford University, but for most of her life she has been told her job is to bind the books, not read them. Maude, meanwhile, wants nothing more than what she has. She is extraordinary but vulnerable. Peggy needs to watch over her.

When refugees arrive from the devastated cities of Belgium, they send ripples through the community and through the sisters' lives. Peggy begins to see the possibility of another future where she can use her intellect and not just her hands, but as war and illness reshape her world, it is love, and the responsibility that comes with it, that threaten to hold her back.

The Bookbinder of Jericho is a story about knowledge – who makes it, who can access it, and what truth may be lost in the process. In this beautiful companion to the international bestseller *The Dictionary of Lost Words*, Pip Williams explores another rarely seen slice of history seen through women's eyes. Intelligent, thoughtful and rich with unforgettable characters.



Category:

Literary Fiction

Kaplan/DeFiore Controls:

UK and Translation

Material:

PDF

Rights Sold on behalf of:

Affirm Press (Australia)

Sold to:

Ballantine (**North America**), Chatto (**UK**), Business Weekly (**complex Chinese**), Into Kustannus Oy (**Finnish**), Fleuve Editions (**French**), Heyne (**German**), Lindhardt & Ringhoff (**Danish**), Zysk I S-KA (**Polish**), Motyl Publishers (**Slovak**), Maeva (**Spanish**), Historiska (**Swedish**)

**ALSO AVAILABLE:
THE DICTIONARY OF LOST WORDS**

Rights Sold to:

Ballantine (**NA English**), Chatto (**UK - Preempt**), Saudi Research and Media Group (**Arabic**), Autêntica (**Brazilian Portuguese**), Iztok-Zapad (**Bulgarian**), Business Weekly (**Complex Chinese**), Jieli (**Simplified Chinese**), Egmont (**Croatia**), Argo (**Czech**), Lindhardt & Ringhof (**Danish**), House of Books (**Dutch**), Into Kustannus Oy (**Finnish**), Fleuve (**French**), Verlagsgruppe Random House (**Germany**), Klidarithmos (**Greek**), Aryeh Nir (**Hebrew**), Forlagid (**Icelandic**), Garzanti (**Italian - Preempt**), Shogakukan (**Japanese**), Elle Lit (**Korean**), Liutai Ne Avys (**Lithuanian**), Bonnier (**Norwegian**), Zysk I S-KA (**Polish**), Porto (**Portuguese**), Nemira (**Romanian**), Maeva (**Spanish**), Mann, Ivanov and Ferber (**Russian**), S.C. Motyl (**Slovak**), Historiska Media (**Swedish**), Serenad (**Turkish**)

Pip Williams was born in London and grew up in Sydney. She has spent most of her working life as a social researcher and is the author of two nonfiction books. Pip lives in the Adelaide Hills, Australia with her partner, two boys and an assortment of animals.

THE SLOWEST BURN

Sarah Chamberlain

St. Martin's Press, August 2024

Bought in a two-book preempt, THE SLOWEST BURN is a contemporary romance/women's fiction crossover debut which will appeal to fans of Emily Henry, Tessa Bailey, and Linda Holmes.

Take one chef and one ghostwriter. Place in a too-small kitchen, then add one fake relationship, several meddling relatives, a feline escape artist, and a lot of delicious meals. It could be a recipe for disaster, or it could be the best thing they've ever cooked up.

Kieran O'Neill should be on top of the world. He's just won the cooking reality TV show *Fire on High*, he's on track to open his own restaurant before he turns thirty, and he's even got a high-paying cookbook deal. Still he can't impress his stuck-up family, his ADHD makes planning ahead impossible, and worst of all, his ghostwriter is the most uptight, humorless woman he's ever met.

But to be seen as a serious chef like he's always wanted, he needs to finish this book...

Ellie Wasserman is barely holding it together. She's a thirty-year-old widow living with her needy in-laws, her little brother won't adult without her help, and instead of working on her own cookbook, she's ghostwriting one for the chaotic, impulsive Kieran O'Neill. Or would be, if he'd ever answer her emails.

But to own her own home like she's always dreamed of, she needs to finish this book...

As their deadline gets closer and the heat between them builds, can these two driven, lonely people let go of their past hurts and make something truly sweet together? Or will fragile new love go up in smoke?

<i>Category:</i>	Contemporary Fiction
<i>Kaplan/DeFiore Controls:</i>	UK and Translation
<i>Material:</i>	Manuscript October 2023
<i>Rights Sold on Behalf Of:</i>	Heather Jackson Agency
<i>Sold to:</i>	Little Brown (UK) , Penguin Random House Verlagsgruppe (German)

Sarah Chamberlain is a debut novelist as well as a writer, editor, and cookbook translator whose articles on food and travel have appeared in *VICE*, *The Guardian* (UK), and *Food52*. When she's not writing witty, sexy contemporary romance, she enjoys making dinner for her friends, watching Cary Grant movies, and setting records as an amateur competitive powerlifter. Originally from Northern California, she now lives in London.

****NEW****

THE MAYOR OF MAXWELL STREET

Avery Cunningham

Hyperion Avenue, January 2024

"A debut novel everyone will be talking about," Avery Cunningham's epic love story is "a triumph" and "a tale of intrigue, racial tension, and class warfare, set against the glamorous and gritty backdrop of early 20th century Chicago."

When a rich Black debutante enlists the help of a low-level speakeasy manager to identify the head of an underground crime syndicate, the two are thrust into the dangerous world of Prohibition-era Chicago.

The year is 1921, and America is burning. A fire of vice and virtue rages on every shore, and Chicago is its beating heart.

Nelly Sawyer is the daughter of the "wealthiest Negro in America," whose affluence catapulted his family to the heights of Black society. After the unexpected death of her only brother, Nelly becomes the premier debutante overnight. But Nelly has aspirations beyond society influence and marriage. For the past year, she has worked undercover as an investigative journalist, sharing the achievements and tribulations of everyday Black people living in the shadow of Jim Crow. Her latest assignment thrusts her into the den of a dangerous vice lord: the so-called Mayor of Maxwell Street.

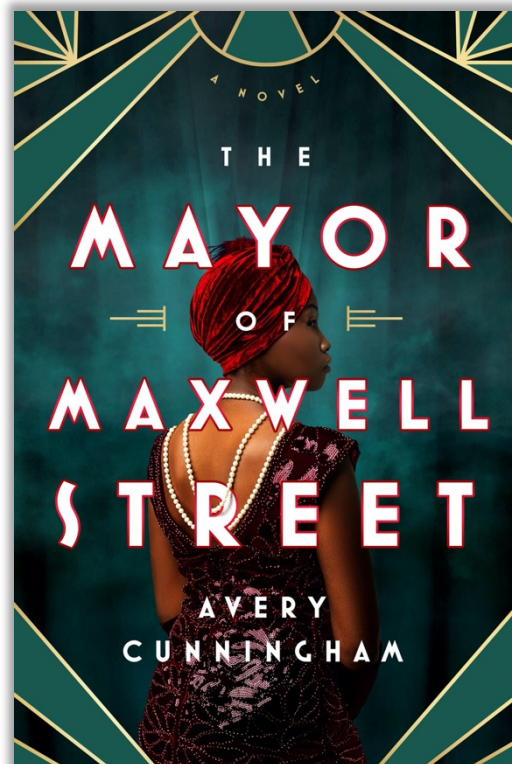
Born in rural Alabama to a murdered biracial couple, Jay Shorey knows firsthand what it means to be denied a chance at the American dream. When a tragic turn of fate gave Jay a rare path out, he took it without question. He washed up on Chicago's storied shores and forged his own way to the top of the city's underworld, running Chicago's swankiest speakeasy, where the rich and famous rub elbows with gangsters and politicians alike.

When Nelly's and Jay's paths cross, she recruits him to help expose the Mayor and bring about lasting change in a corrupt city. But Jay also introduces a whole new world to Nelly, one where her horizons can extend beyond the confines of her ivory tower. Trapped between the monolith of Jim Crow, the inflexible world of the Black upper class, and the violence of Prohibition-era Chicago, Jay and Nelly work together and stoke the flames of a love worth fighting for.

Debut author Avery Cunningham's stunning novel is at once an epic love story, a riveting historical drama, and a brilliant exploration of Black society and perseverance when the '20s first began to roar.

Category:	Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Hyperion Avenue

Avery Cunningham is a resident of Memphis, Tennessee, and a 2016 graduate of DePaul University's Master of Arts in Writing & Publishing program. She has over a decade of editorial experience with various literary magazines, small presses, and bestselling authors. Avery grew up surrounded by exceptional African Americans who strove to uplift their communities while also maintaining a tenuous hold on prosperity in a starkly segregated environment. The sensation of being at once within and without is something she has grappled with since childhood and explores thoroughly in her work of historical fiction. When not writing, Avery is adventuring with her Bernese Mountain Dog, Grizzly, and wading waist-deep in research for her next novel. She aspires to tell the stories of complex characters at the fringes of history fighting for their right to exist. *The Mayor of Maxwell Street* is her debut novel.



****NEW****

REEF ROAD

A Novel

Deborah Goodrich Royce

Post Hill Press, January 2023

A Publishers Weekly Bestseller

“Reef Road is magnificent. It feels utterly real, a novel of deeply personal context. It swerves between truth and lies—the lies that lead to an even deeper—and more devastating—truth. Though pure fiction, it reads as compellingly as a mixture of memoir and exposé. It has left me shaken to the core. Deborah Goodrich Royce writes with brilliant understanding of the mystery and occasional grace of trauma.” —**Luanne Rice, New York Times bestselling author**

When a severed hand washes ashore in the wealthy enclave of Palm Beach, Florida, the lives of two women—a lonely writer obsessed with the unsolved murder of her mother’s best friend and a panicked wife whose husband has disappeared with their children—collide as the world shutters in the pandemic lockdown of 2020.

A young woman’s life seems perfect until her family goes missing. A writer lives alone with her dog and collects arcane murder statistics. What each of them stands to lose as they sneak around the do-not-enter tape blocking Reef Road beach is exposed by the steady tightening of the cincture encircling them.

In a nod to the true crime that inspired it, Deborah Goodrich Royce’s *Reef Road* probes unhealed generational scars in a wrenching and original work of fiction. It is both stunning and sexy and, like a bystander surprised by a curtain left open, you won’t be able to look away.

Category:	Fiction / Thriller
Kaplan/DeFiore Controls:	UK & Translation Rights
Material:	PDF
Rights Sold on behalf of:	Post Hill Press

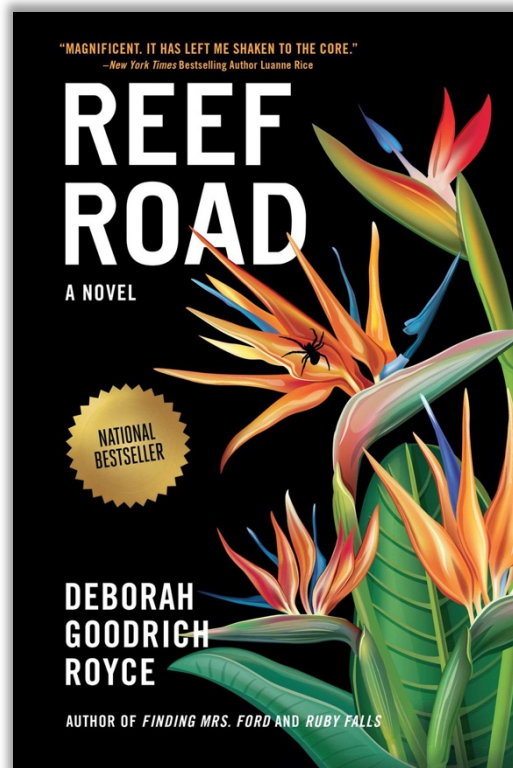
Deborah Goodrich Royce’s thrillers examine puzzles of identity. *Reef Road* hit *Publishers Weekly’s* Bestseller list, *Good Morning America’s* Top 15 list, and was an Indie Next pick by the American Booksellers Association for January 2023. *Ruby Falls* won the Zibby Award for Best Plot Twist in 2021 and *Finding Mrs. Ford* was hailed by Forbes, Book Riot, and *Good Morning America’s* “best of” lists in 2019.

She began as an actress on *All My Children* and in multiple films, before transitioning to the role of story editor at Miramax Films, developing *Emma* and early versions of *Chicago* and *A Wrinkle in Time*.

With her husband, Chuck, Deborah restored the Avon Theatre, Ocean House Hotel, Deer Mountain Inn, United Theatre, Savoy Bookstore, and numerous Main Street revitalization projects in Rhode Island and the Catskills.

She serves on the governing and advisory boards of the American Film Institute, Greenwich International Film Festival, New York Botanical Garden, Greenwich Historical Society, and the PRASAD Project.

Deborah holds a bachelor’s degree in modern foreign languages and an honorary doctorate of humane letters from Lake Erie College.



SILICON HEARTS

Robin Miyashita

Hyperion Avenue, August 2023

“... this duo of first-time authors who work in the tech industry do an excellent job building the slightly futuristic tech world and creating a cast of fun, dynamic, and diverse supporting characters...will appeal to readers who like a focus on the friendships outside of the romantic entanglement and personal growth of the main character.”

—*Booklist*.

The soapy workplace drama of *The Bold Type* meets the unflinching exposé of *Industry*.

The youngest and brightest of the tech world are invited to work for one of the most prestigious companies in Silicon Valley, but when they discover that only a precious few will be offered full-time jobs, reckless ambition and cut-throat competition eclipse their burgeoning friendships and romances.

Beekor Industries is the biggest tech company in the world. They have transformed the way society interacts with hologram technology, from mobile phones to public transportation to smart apparel. Every developer, coder, hacker, software architect, and engineer dreams of counting themselves among the geniuses at Beekor.

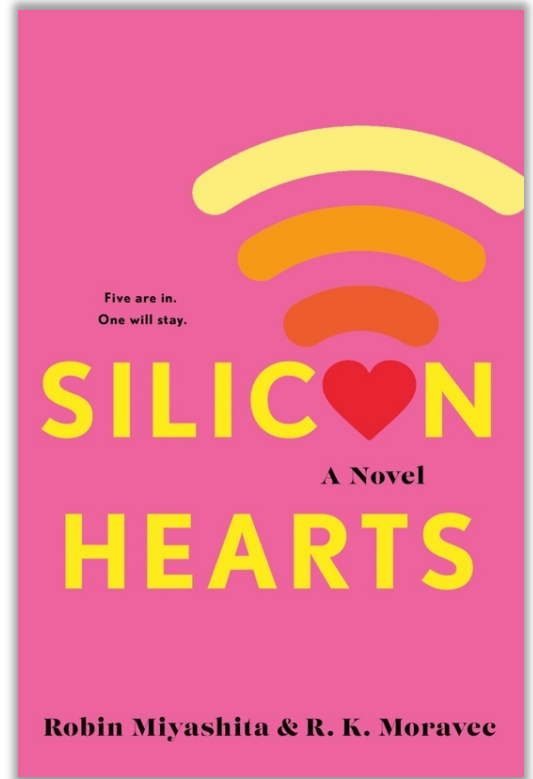
Small-town twenty-one-year-old Camila Diaz has always dreamed of working in the tech world, but never even imagined she'd walk the hallowed halls of Beekor Industries, let alone be in the running to join the company she's idolized her entire life. When she's accepted to Beekor's renowned Accelerator Program as a page, Cam knows everything is on the line. The six-month program brings recent college grads to the Beekor campus to live and work for the esteemed company in the hope of earning a coveted job offer.

Upon arrival at Beekor, reality quickly settles in as Cam discovers that the four other pages she is competing against—and living with—are each more impressive than the next. The well-connected and effervescent Avery, the chic and brilliant Sofia, the thoughtful and gifted James, and the enigmatic and way-too-charming Marcus make up this year's page class and prove to be formidable opponents. Driven by stiff competition and the chance for a life in Silicon Valley, they'll soon learn that they need each other more than they know, finding friendship—as well as a little romance—along the way.

Category:	Contemporary Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	Hyperion Avenue

Robin Miyashita was born with a game controller clasped in both hands. This love eventually led Robin from sunny Los Angeles to breezy San Francisco to create video games full time. When Robin isn't running through the latest RPG, they are scouring their city for new bars, restaurants, boutiques, galleries, and coffee shops.

RK Moravec has gone from extreme poverty to financial security, childhood member of a cult to secular humanist, guy that stacks boxes to guy that builds teams of badass engineers. In a career spanning roles from game tester to engineer to executive, he's released products, founded three different companies, and made a hell of a lot of friends along the way. He spends his spare time taking pictures of his cats.



****NEW****

NEW MILLENNIUM BOYZ

Alex Kazemi

Permuted Press, September 2023

“Millennial boyhood was way more messed up than we’d like to remember. Alex Kazemi’s debut novel won’t let us forget. Against the backdrop of our current Y2K nostalgia overload and the creeping manosphere discourse, *New Millennium Boyz* connects the dots back to the Columbine generation.”

— *Vanity Fair*

“...a corporate branded love letter to the late 90s/early 2000s in diary form; its characters overenthusiastic, repellent with coming-of-age sentiment. I soon realized what was actually unfolding: an unfiltered yet sharp satire of that very thing, an endurance piece I was unable to put down...”

— *LitReactor*

Brad Sela is living an apathetic suburban life in his affluent neighborhood until two new friends drag him down a destructive path toward self-discovery.

Freshly seventeen and entering his Y2K senior year, Brad is feeling fatigued by the cookie-cutter image his new-agey Oprah-loving mom and corporate-Boomer dad expect him to maintain, so when the new transfer students, Lu and Shane, invite him out to the woods, he agrees to see what this Baphomet-worshipping goth kid and classic-rock stoner have to offer.

Soon, he’s dealing with the delicate balance of a double life, forsaking old friends for his new ones, and secretly embarking on a journey of indulging his darkest impulses—even documenting some of their most dangerous and disturbing exploits on their Handycams. But as their hijinks increase and threaten to expose him, Brad is forced to reconcile who he really is or risk drowning in his downward spiral.

At turns hair-raising and harrowing, Alex Kazemi’s thrilling debut novel is an unnerving examination of the collision of traditional masculinity, the early internet, and irresistible pop culture that shaped the turn of the century and transformed the way boys engage with the world. The bastard love child of Bret Easton Ellis and Gregg Araki, *New Millennium Boyz* presents an uncensored and unsettling portrait of the year 2000 that never could have aired on MTV.

Category:	Fiction
Kaplan/DeFiore Controls:	UK and Translation Rights
Material:	PDF
Rights Sold on behalf of:	Post Hill Press

Alex Kazemi is a pop artist, creative director, and novelist. He served as Features Editor for the inaugural edition of *King Kong Garçon* and his work has been featured in *Dazed*, *i-D*, *Playboy*, *Resident Advisor*, *King Kong*, *V*, *Paper*, *The New York Observer*, *Wonderland*, and *Oyster*, among others. He lives in Vancouver.



****NEW****

THE GOOD WOMAN'S GUIDE TO MAKING BETTER CHOICES

Liz Foster

Affirm Press (Australia), January 2024

How well do you ever really know your husband? And how did Libby – a thoroughly decent straight arrow who's never even had a speeding ticket – end up with Ludo?

Loyal country girl Libby Popovic lives a golden life with her confident financier husband Ludo and their two children, Harrison and Ana. When Ludo is jailed for financial fraud, and her friends and family lose tens of thousands of dollars as a result, Libby feels agonizingly complicit for hosting the final investor pitch in their home. Matters go from atrocious to worse when her possessions and home are repossessed, Libby is sacked and a priceless family heirloom is wrecked. While camping out at the rural goat farm where she was raised, she's forced to re-evaluate her life choices.

A warm, funny and outrageously unfair novel about deception, financial fraud and goat cheese, and the possibility of starting your life all over again when everything goes south of the border.

Category:	Commercial Fiction
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on behalf of:	Affirm Press



Liz Foster grew up in England in a family obsessed with Scrabble, Boggle, crosswords and books. When she's not writing she's thinking about it – peppering her family with questions about plot and character dilemmas, listening to podcasts, reading out loud and boring the dog senseless. *The Good Woman's Guide to Making Better Choices* is her first novel.

SONGS FOR THE DEAD AND THE LIVING

Sara M. Saleh

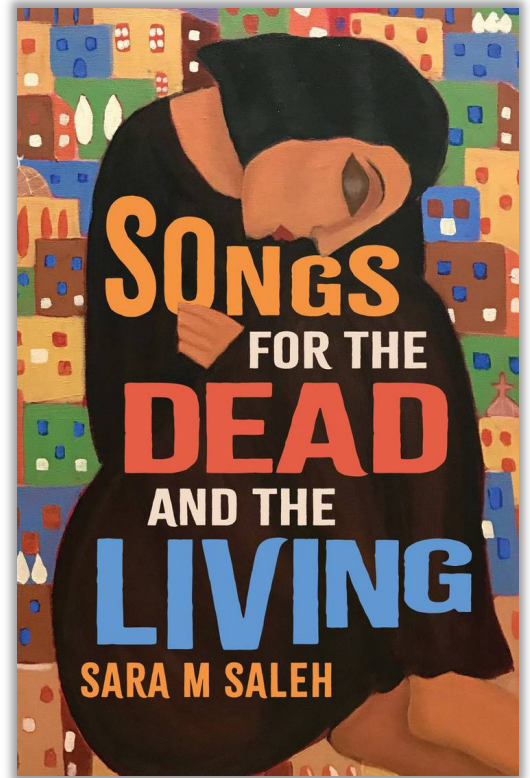
Affirm Press (Australia), September 2023

When the ground beneath your feet is always shifting, how can you ever know where you belong?

Jamilah has always believed she knows where her home is: in a house above a paint shop on the outskirts of Beirut, with her large, chaotic, loving family. But she soon learns that as Palestinian refugees, her family's life in Lebanon is precarious, and they must try to blend in even as they fight to retain their identity. When conflict comes to Beirut, Jamilah's world fractures, and the family is forced to flee to Cairo: another escape, and another slip further away from Palestine, the homeland to which they cannot return. In the end, Jamilah will have to choose between holding on to everything she knows and pursuing a life she can truly call her own.

Songs for the Dead and the Living is a coming-of-age tale played out across generations and continents, from Palestine to Australia. Through stunning prose, acclaimed writer and human-rights activist Sara M Saleh offers a breathtaking portrait of the fragilities and flaws of family in the wake of war, and the love it takes to overcome great loss.

Category:	Literary Fiction
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on behalf of:	Affirm Press



Sara M Saleh is an award-winning writer/poet, human rights lawyer, and the daughter of migrants from Palestine, Egypt, and Lebanon. Her poems, short stories, and essays have been widely published nationally in English and Arabic. She is co-editor of the groundbreaking 2019 anthology *Arab, Australian, Other*.

Sara made history as the first poet to win both the Australian Book Review's 2021 Peter Porter Poetry Prize and the Overland Judith Wright Poetry Prize 2020.

Sara lives on Bidjgal land with her partner and their cats, Cappy & Lola.

Songs for the Dead and the Living is her first novel.

****NEW****

TILDA IS VISIBLE

A Novel about Women, Life and Being Seen

Jane Tara

Affirm Press (Australia), March 2024

When Tilda Finch is diagnosed with invisibility, she's not overly surprised—she's felt invisible for years. She has a good life and a successful business called This Is A Sign, selling inspirational quotes on merchandise. But she's never really recovered from her divorce. Or, if she's honest, her childhood. Tilda's past has taken a toll and she's lost sight of herself. Now, with the possibility of completely disappearing, she must face the trauma of her past and rewrite the way she perceives the world, and herself. Along the way, she meets a blind man whose sees her more clearly than almost everyone in her life...

Entertaining, hilarious and poignant, *Tilda Is Visible* addresses the power of our thoughts and how childhood trauma shapes our adult experience. For fans of Toni Jordan and Liane Moriarty.

<i>Category:</i>	Commercial Fiction
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on behalf of:</i>	Affirm Press



Jane Tara has published over one hundred children's books, a number of plays, and five novels. A passionate traveller, she is certified bookworm, lover of wine, coffee and, most of all, front row cheerleader for her two sons. Jane is also the General Manager at Australia's largest book review community, Better Reading.

****NEW****

SO CLOSE TO HOME

Mick Cummins

Affirm Press (Australia), November 2023

WINNER OF THE VICTORIA PREMIER'S LITERARY AWARD FOR UNPUBLISHED MANUSCRIPT (the same award won by Jane Harper, author of THE DRY)

Eighteen-year-old Aaron is charismatic, resourceful and addicted to heroin. His mum has kicked him out of home in a last-ditch move to help him get straight, and he wanders the streets of South Melbourne, living on his wits and sleeping rough - all the while chasing drugs, dreams and love.

Adesperate to fund his addiction, Aaron climbs into the car of The Man, a distinguished elderly gentleman willing to pay for a certain kind of relationship. This regular cash could be the lifeline Aaron needs to start again, but The Man keeps raising spectres from Aaron's past that he'd rather forget. As Aaron gathers the courage to confront the events that derailed his life, his rage grows – and the consequences could be fatal.

So Close to Home is a pacey, gritty and captivating novel exploring homelessness, power dynamics and the ties that bind. Social worker, debut author and winner of the prestigious VPLA for Unpublished Manuscript Mick Cummins has created a striking, emotionally complex and unnervingly tense narrative that poses one simple question: who can we ever truly rely on?

Category:	Fiction
Kaplan/DeFiore Controls:	UK & Translation
Material:	PDF
Rights Sold on behalf of:	Affirm Press

Mick Cummins was born in Tasmania where he wrote his first full-length play, *Window Without a View*. It was elected for a reading at the Australian National Playwrights Conference and produced at Hobart's Theatre Royal Backspace. In 1994 he moved to Melbourne with his partner and two children, where his second play, *Perfect Madness*, was developed with the Melbourne Writer's Theatre and produced at the Carlton Courthouse. In 2001 he won the NSW Premier's History Award for the documentary *Thomson of Arnhem Land* before co-writing the ABC docu-dramas, *Monash: The Forgotten Anzac* and *Menzies and Churchill at War*. He wrote and directed the ABC documentaries *The Woodcutter's Son* and *Portrait of a Distant Land* and has written two unproduced feature film scripts developed with Screen Tasmania, Film Victoria and Screen Australia. His latest screenplay, *The Hut*, is in pre-production. *So Close to Home* is his first novel.



****NEW****

THE STAR ON THE GRAVE

Linda Margolin Royal

Affirm Press (Australia), February 2024

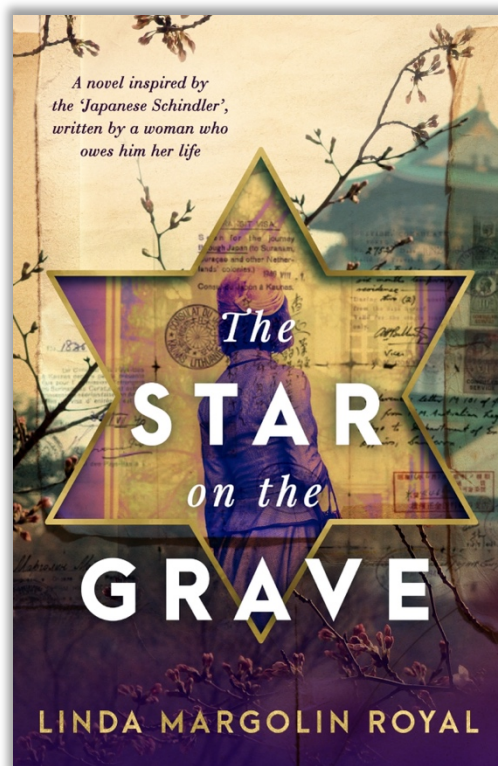
Inspired by the incredible true story of the Japanese diplomat who defied his government to save thousands from the Nazis.

In 1940, as the Nazis sweep toward Lithuania, Japanese diplomat Chiune Sugihara defies his own government and secretly issues thousands of visas to Jewish refugees desperate to flee. After the war, Sugihara is dismissed and disappears into obscurity. Three decades later, in Australia, Rachael Margol, her father and her grandmother live disconnected from one another and haunted by unspoken tragedies. When Rachel announces her engagement to a Greek Orthodox man, it detonates a long-held secret. The Margols are actually the Margolins: they are Jewish, and her family has concealed their identity from her and the world. But why?

As Rachel struggles to understand this deception, an opportunity arrives to visit Chiune Sugihara, the man who risked his life to save them during World War II. Rachel becomes determined to meet him, but will a journey to Japan, and the secrets it uncovers, heal the Margolins or fracture them for good? An extraordinary novel inspired by the true story of Chiune Sugihara, and the thousands of people – including the author – who owe him their lives.

<i>Category:</i>	Fiction / Historical Fiction
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on behalf of:</i>	Affirm Press

Linda Margolin Royal was born in Sydney, forever thankful her father and grandparents received life-saving transit visas from Chiune Sugihara in 1940, which enabled them to enter Japan and escape the Holocaust; and ultimately meant they could find a permanent, safe home in Australia in 1941. The remainder of her family numbering in the hundreds were murdered in concentration camps. This work is a labor of love to which she is now devoting her life. She trained as a graphic designer and then copywriter, and spent 30 years in the advertising industry both in Australia and the US, writing TV, radio and press for major multinationals. Her first instinct was to write her family's story as a film, which is currently in development; and the book grew organically from this screenplay. Linda's creative bent extends to abstract painting and drawing from live models – skills she has carried through life from her time in design school. *The Star on the Grave* is her first novel.



****NEW****

BABYLON

A Novel of Jewish Captivity

Michelle Cameron

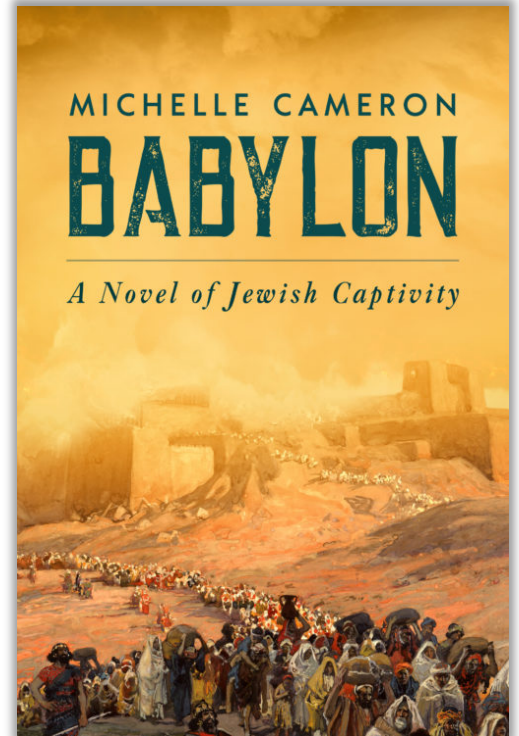
Wicked Son, September 2023

A multi-generational biblical saga of captivity, romance, faith, and redemption, set against the Judean exile in Babylon.

Everything changes for Sarah the day Nebuchadnezzar's army storms Jerusalem. In an instant, her peaceful life on the farm is ripped away: her city sacked, her temple desecrated, her people enslaved. Marched across unforgiving desert sands to Babylon, Sarah and the remaining Judean people must find a way to keep their faith alive in a new and unforgiving home.

Displaced within an empire of strange gods and unimaginable wealth, Sarah and her descendants bear witness to palace intrigue, betrayal, brutal sacrifice, regicide, and a new war brewing in the east. Through every trial, the Hebrew people attempt to preserve their religion. Uri, Sarah's son, transcribes incredible stories of prophets and visions, Creation and Exodus—stories that establish the central tenets of the Hebrew faith.

<i>Category:</i>	Historical Fiction
<i>Kaplan/DeFiore Controls:</i>	UK & Translation Rights
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Post Hill Press



Michelle Cameron is a director of The Writers Circle, which offers creative writing to kids and adults in Summit, South Orange, Maplewood, Montclair and Morristown and virtually. She teaches novel classes to adults and classes to children and teens. She lives in New Jersey with her husband and two grown sons of whom she is inordinately proud.

****NEW****

MAX

Avi Duckor-Jones

Affirm Press (Australia), June 2024

It was a loneliness I often felt. To be physically present and part of something, but elsewhere in my mind, silently seeking other lives I should be living instead.

Max is about to finish high school. On paper he has everything – the girlfriend, the grades, the class- clown best friend, the loving family – but under the surface he is floundering. Grappling with questions about his birth parents and his sexuality, he feels that there is a seed of badness deep within him that will inevitably be exposed. After an incident at the end-of-year party sets Max's world to crumbling, he must finally figure out who he is and where he came from – and who he is allowed to love. Max is a beautiful coming-of-age novel from an exciting new voice in New Zealand fiction.

Category:	Literary Fiction / Coming of Age
Kaplan/DeFiore Controls:	UK & Translation
Material:	Manuscript
Rights Sold on behalf of:	Affirm Press

Although trained as a lawyer, **Avi Duckor-Jones** gained his MA in creative writing from Victoria University's International Institute of Modern Letters in 2013. His travel writing has been published with BBC Travel, The NZ Listener and Lonely Planet among others. Avi has worked as a writing instructor and trip leader for National Geographic, directed a school in Ghana, and is the winner of the reality television competition, Survivor New Zealand. His first novel "Swim" won the 2018 Viva la Novella award. He currently lives on Waiheke Island with his wife and son, where he enjoys open water distance swimming and works as an English Teacher at Waiheke High School.

THE NATURALIST OF AMSTERDAM

Melissa Ashley

Affirm Press (Australia), September 2023

Set in 1700s Amsterdam, *The Naturalist of Amsterdam* follows the life of Dorothea Graff, daughter of the famed artist and naturalist, Maria Sybilla Merian. From her early years within the confines of the Labadist community of Walter Schloss to her mother's artist studio in Amsterdam and the wilds of South America, Dorothea's story charts an amazingly rich and colourful period of discovery and explores the challenge of being the offspring of one of the most famous female artists in history. For as long as she can remember, Dorothea Graff has served her scientist-artist mother, Maria Sibylla Merian, in the family atelier with her older sister Hanna.

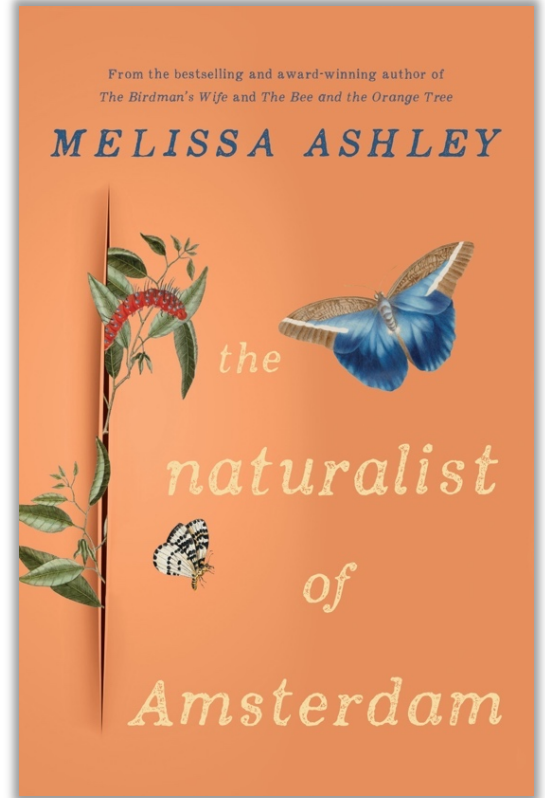
At just twenty years old, Dorothea decides to join her mother on a once in a lifetime expedition to the Dutch Colony of Suriname to observe and paint its insect and plant life. A commercial artist, businesswoman and printmaker, Maria has previously published illustrated volumes of her studies of European butterflies and plants, but entranced by displays of Suriname insects in the collections of Amsterdam's rich burgher merchant-traders, Maria decides to travel to their source, where she will conduct studies in their habitat to feature them in a magnificent, hand-coloured publication.

All Maria and Dorothea's savings have been ploughed into the expedition, which is fraught with danger and peril, but fame and greatness are never achieved without enormous sacrifice and suffering - *The Metamorphosis of the Insects of Suriname* will one day make Maria world-famous.

The Naturalist of Amsterdam asks the question: who are we really outside of our work, and given another chance at happiness, should we take it?

<i>Category:</i>	Historical Fiction
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on Behalf Of:</i>	Affirm Press

Melissa Ashley is a writer, poet, birder and academic who tutors in poetry and creative writing at the University of Queensland in Australia. Her first novel, *The Birdman's Wife*, has been printed in three formats and sold more than 35,000 copies in Australia, and her follow-up novel *The Bee and the Orange Tree* was also a bestseller. She lives in Brisbane, Australia.



MIDNIGHT SHOWING

Malice House: Book 2

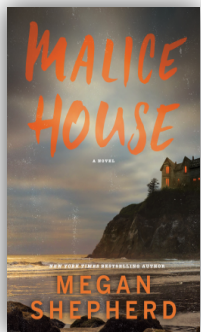
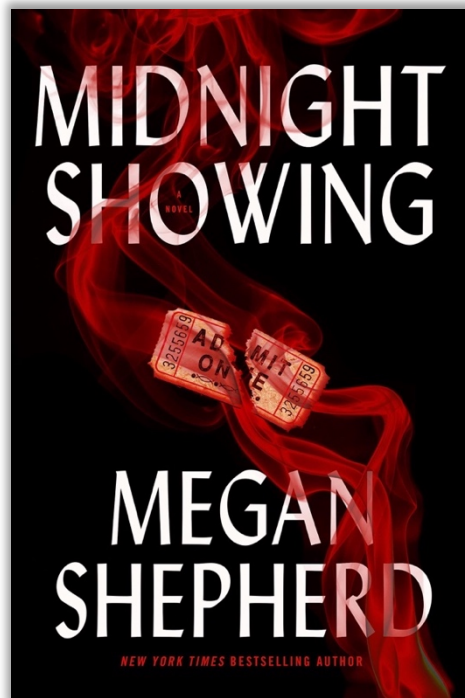
Megan Shepherd

Hyperion Avenue, October 2023

An Amazon Best Book of The Month for Adult Thriller/Mystery Book 2 in The Malice Compendium series by *New York Times* bestselling author Megan Shepherd, featuring dark magic and family secrets with a contemporary horror tone.

Immediately following the events of *Malice House* (Book 1), Haven and her newly found sister are on the road, trying to discover the contours of her family's curse. But while they hunt, they are also hunted by the most vile creature from the previous book: a vile, aging salesman who can compel people to do anything with but a whisper and who wants to rewrite the entire world in his image.

Category:	Fiction/Supernatural
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on Behalf Of:	Hyperion Avenue



ALSO AVAILABLE: *Malice House*
Paperback coming August 2023

Praise for Malice House:

"All is not what it seems at *Malice House*, and Shepherd uses the conventions of a gothic haunted-house tale to keep readers on the edge of their seats. In her adult debut, bestselling young adult author Shepherd has written an intensely spooky and scary tale about the power of stories and the art of creation. Highly recommended." —**Booklist (starred)**

"In her adult debut, Shepherd (*Midnight Beauties*) conjures up a twisted tale—made up of even more twisted tales—perfect for adults nostalgic for *Scary Stories To Tell in the Dark*." —**Library Journal**

Rights to the author's previous titles (not Hyperion Avenue) sold to:

MADMAN'S DAUGHTER Series:

UK/AUSTRALIA: HarperVoyager / **BRAZIL:** Novo Conceito / **SPAIN:** RBA Libros / **TURKEY:** Dogan Egmont
FRANCE: Editions Milan / **SLOVAKIA:** Ikar / **TAIWAN** and **CHINA:** 21st Century Publishing

THE CAGE Series:

GERMANY: Heyne Verlag/ Heyne Fliegt / **NETHERLANDS:** Van Goor

GRIM LOVELIES Series:

SPAIN: La Galera S.A.U. Editorial / **ARGENTINA, MEXICO AND BRAZIL:** V&R Editoras, S.A / **FRANCE:** Castelmore

Megan Shepherd grew up in her family's independent bookstore in the Blue Ridge Mountains. She is the author of many acclaimed young adult and middle grade novels. She now lives and writes on a 125-year-old farm outside Asheville, North Carolina.

LIKE THE APPEARANCE OF HORSES

Andrew Krivak

Bellevue Press, May 2023

“Krivak examines war’s effect on one family... Eventually, the narrative reveals Bexhet’s wartime activities, which also showcases Krivak’s penchant for evocative prose: “Becks saw men in the line of the column ahead of him wither, like they had fallen asleep in mid-stride.” It’s one of several scenes where Krivak evokes hardship through deftly worded passages. Earlier in the novel, a scene of the Depression’s effect on a Pennsylvania community emerges via a description of characters drinking “pine-needle tea and coffee made from chicory.” Eventually, the book’s focus shifts to Becks and Hannah’s sons, Bo and Sam. Sam’s time in a POW camp in Vietnam and his heroin addiction haunt him, and both brothers must come to terms with their father’s wartime legacy. Though combat plays a big part, this is a subtle and nuanced work.” - **Kirkus (starred review)**

“Andrew Krivak charts a razor-fine line between war and peace, damnation and redemption, estrangement and love, and along the way gives us a gorgeously detailed portrait of an American family. Whether he’s writing about battle, the natural world, or the most private, searing matters of the heart, Krivak brings a rare mastery to the page, a synthesis of language and deep perception that delivers revelation after revelation. *Like the Appearance of Horses* is a major achievement.” —**Ben Fountain**, author of *Billy Lynn’s Long Halftime Walk*

Rooted in the small, mountain town of Dardan, Pennsylvania, where patriarch Jozef Vinich settled after surviving World War I, *Like the Appearance of Horses* immerses us in the intimate lives of a family whose fierce bonds have been shaped by the great conflicts of the past century.

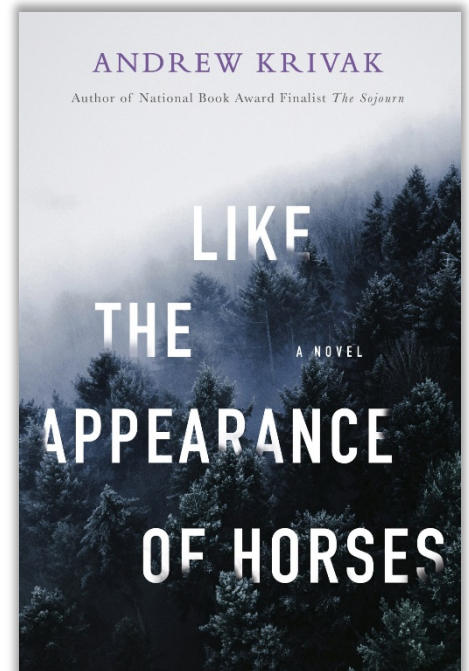
After Bexhet Konar escapes fascist Hungary and crosses the ocean to find Jozef, the man who saved his life in 1919, he falls in love with Jozef’s daughter, Hannah, enlists in World War II, and is drawn into a personal war of revenge. Many years later, their youngest son, Samuel, is taken prisoner in Vietnam and returns home with a heroin addiction and deep physical and psychological wounds. As Samuel travels his own path toward healing, his son will graduate from Annapolis as a Marine on his way to Iraq.

In spare, breathtaking prose, *Like the Appearance of Horses* is the freestanding, culminating novel in Andrew Krivak’s award-winning Dardan Trilogy, which began with *The Sojourn* and *The Signal Flame*. It is a story about borders drawn within families as well as around nations, and redrawn by ethnicity, prejudice, and war. It is also a tender story of love and how it is tested by duty, loyalty, and honor.

Rights to THE SIGNAL FLAME sold to: Einaudi (**Italian**)
and THE SOJOURN sold to: EuroMedia (**Czech**), Keller Editore (**Italy**)

Category:	Literary Fiction
Kaplan/DeFiore Controls:	Translation
Material:	Manuscript
Rights Sold on behalf of:	Bellevue Press

Andrew Krivak is the author of four novels: *The Bear*, an NEA Big Read selection, as well as the freestanding novels of the Dardan Trilogy, which include *The Sojourn*, a National Book Award finalist and winner of both the Chautauqua Prize and Dayton Literary Peace Prize; *The Signal Flame*, a Chautauqua Prize finalist. He is also the author of the poetry collection *Ghosts of the Monadnock Wolves* and the memoir *A Long Retreat: In Search of a Religious Life*, as well as the editor of *The Letters of William Carlos Williams to Edgar Irving Williams, 1902–1912*, which received the Louis L. Martz Prize. He lives with his wife and three children in Somerville, Massachusetts, and Jaffrey, New Hampshire.



ON EARTH AS IT IS ON TELEVISION

Emily Jane

Hyperion Avenue, June 2023, paperback May 2024

“As the title suggests, the novel comments on how people process their lives through mass media... Jane’s energetic and contemporary debut will appeal to fans of family-focused sci-fi like Mike Chen’s *Light Years from Home*.” —*Library Journal*

“A compelling plot with some quirky features makes this book a great entry for a new sf reader.” — *Booklist*

“Heartfelt, witty, and secretly romantic, *On Earth as It Is on Television* is a delightful and poignant story about what it is to be human and what we owe each other.” —Christina Lauren, *New York Times* bestselling author of *Something Wilder*

First Contact stories have never been as intoxicating and fun as in Emily Jane’s debut novel of the sudden arrival—and equally sudden departure—of spaceships above Earth.

The arrival of spaceships can bring up a lot of big questions: What does it mean that we’re not alone? Why did aliens come here? Who knew beforehand? Where.... are the *aliens going*?

Wait... *They can’t just leave!* Without inviting us into their galactic federation—or at the very least obliterating us!

In Emily Jane’s debut—a rollicking paean to what it means to be alive in the twenty-first century—the fleeting presence of alien vessels, and the certainty that humans are not alone in the universe, sparks intense *uncertainty* as to our place within it.

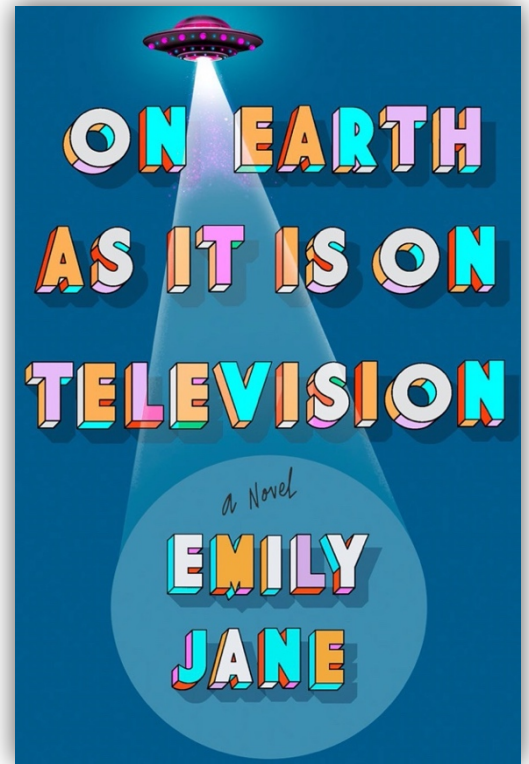
Blaine has always been content to go along with whatever his supermom wife and television-addicted, half-feral children want. But when the kids blithely ponder skinning people to see if they’re aliens, and his wife announces a surprise road trip to Disney World, even steady Blaine begins to crack.

Half a continent away, Heather, bored in a Malibu pool while the ships hover overhead, watches as the Arrival heralds the demise of her dead-end relationship and sets her on a quest to understand herself, her accomplished (and *oh-so-annoying*) stepfamily, and why she feels so alone in a universe teeming with life.

And Oliver, suddenly conscious and alert after twenty catatonic years, struggles to piece together broken memories and understand why he’s following a strange cat on a westward journey and into the greatest adventure of his—or anyone’s—lifetime.

Category:	Science Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	Hyperion Avenue

Emily Jane grew up in Boise, Boulder, and San Francisco. She earned her BA in psychology from the University of San Francisco and her JD from the University of California, Hastings College of the Law. She lives on an urban farm in Cincinnati with her husband, Steve; their two children; their cat, Scully; and their husky, Nymeria. *On Earth as It Is on Television* is her first novel.



BLACKWATER

Jaqueline Ross

Affirm Press (Australia), May 2023

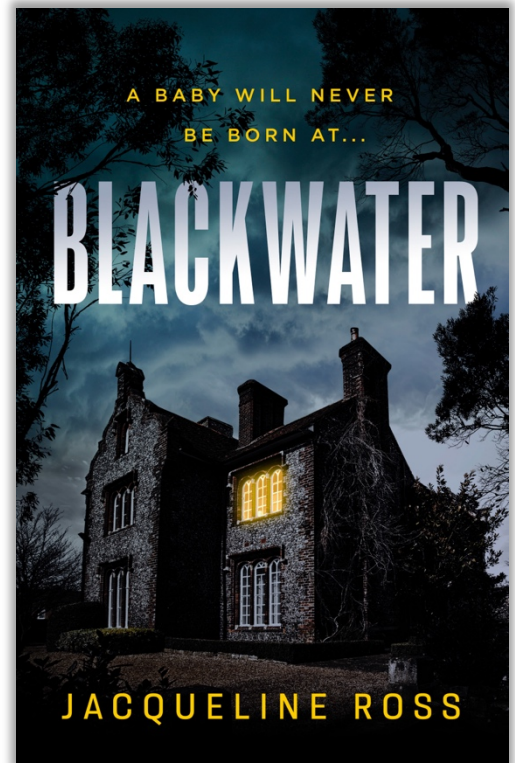
Heavily pregnant Grace still doesn't know much about her new husband King's background.

So, when word comes that King's father is dying, Grace is eager to accompany him to his childhood home, Blackwater, located in a remote part of Tasmania.

Things go badly from the start. The house is in terrible repair, King's dying father yells at Grace to leave and King's twin sister, Ruth, seems disturbed by Grace's presence. After his father's death, King convinces Grace they must stay and help Ruth settle the estate, but as time stretches on, he becomes increasingly strange and distant.

When Grace learns about Blackwater's dark history, she begins to fear that it is the house itself exerting an evil influence on her husband. Feeling increasingly isolated, and with the birth of her child looming, Grace knows she must uncover the secrets of Blackwater if she hopes to free her family from its grip.

<i>Category:</i>	Mystery/Thriller
<i>Kaplan/DeFiore Controls:</i>	UK and Translation
<i>Material:</i>	Manuscript
<i>Rights Sold on Behalf Of:</i>	Affirm Press



Dr Jacqueline Ross is the author of two previous novels. She also writes non-fiction books and feature articles. For the last fifteen years, she's taught writing to undergraduate and postgraduate students. Jacqueline has a PhD in writing from Swinburne University. She lives and writes in Melbourne.

THE ANATOMY OF SONGS

Megan White

New Dawn Publishing (Australia), July 2023

Bestowed the Songs of both Life and Death, Kasira Severen spends her days as a Daughter of Silba, curing the Lowtown of their ailments. When the sun sets, however, she becomes the city's most notorious assassin. Now under her father's command, she's hunting her biggest target yet.

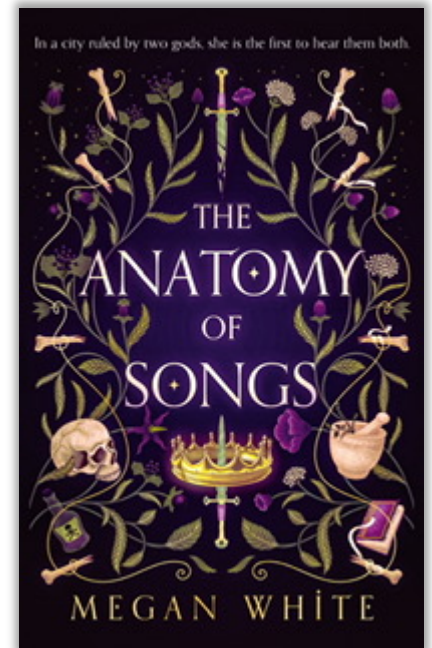
Veridian Erris is the Crown Prince of Livadha, and he fears his whisky-fuelled life is about to end. With the bodies of soldiers piling up on the northern borders, and nobles turning up dead on the docks, he has no choice but to try and broker peace with the exiled Queen. As long as he survives the attempts on his life before they arrive.

With dark twisting conspiracies, treacherous ancestors and a hair-raising night watcher stalking the streets, the two fated enemies have far more to be wary of than each other.

Category:	Fantasy Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	New Dawn Publishing

Book 2 coming Fall 2025

Megan White is a physiotherapist from rural New South Wales, Australia. She has a love of literature and a fascination with human anatomy that fuels her work and is the subject of some slightly morbid works of art. Megan studied with the Australian Writers' Centre before going on to write the first book, *The Anatomy of Songs*.



****NEW****

THE SOUL THIEF

Madeline Te Whiu

New Dawn Publishing (Australia), November 2023

A VENGEFUL QUEEN.

A SOUL-TETHERED BOND.

A NEW EVIL RISING.

Telium's greatest mistake has cost her more than she can bear. With the revered King of Thresiel dead, the fragile balance between kingdoms is crumbling, and she may be too broken to stop it.

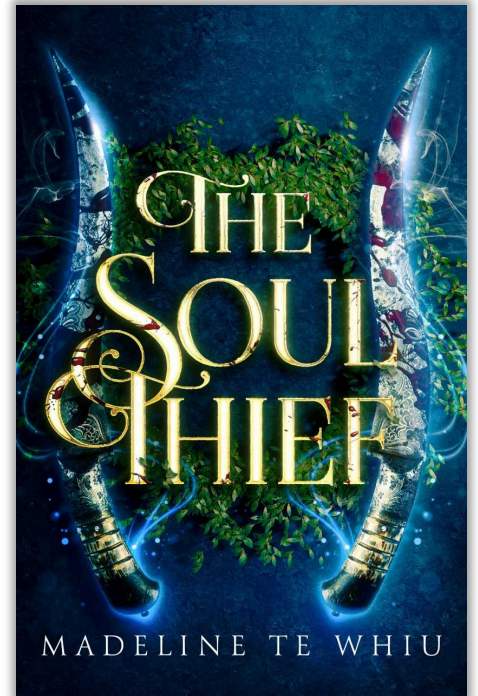
Now, the mission she lost everything to prevent is resurging. Her traitorous lover is gone, and someone far more menacing has stepped in to take his place.

Forced before an unforgiving Queen to pay for her crimes, Telium is ordered to stop the rising rebellion. With her soul bonded to another, Telium faces a world of corruption, fickle gods and well-buried secrets. She must bargain with her life to protect her people, whatever the cost.

In the thrilling second instalment, Madeline Te Whiu returns us to a world of heartbreak, deadly power and treacherous betrayal.

Category:	Fantasy Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	New Dawn Publishing

Madeline Te Whiu is a debut author Madeline is a veterinary nurse residing Perth, Western Australia along with her husband, dog, 2 cats and small flock of chickens. Her passion for books began when she was growing up in rural South Australia. She has always had an avidity for reading with her favourite authors are Victoria Aveyard, Sarah J Maas and Peter V Brett, just to name a few.



THE ASSASSIN THIEF

Madeline Te Whiu

New Dawn Publishing (Australia), October 2022

**BETRAYED BY HER QUEEN.
HAUNTED BY HER GIFTS.
FORGOTTEN BY HER PEOPLE.**

Telium was once the most feared assassin in all Alkoria. Now she lives out her days in exile as she fights for dominance over her dark gifts.

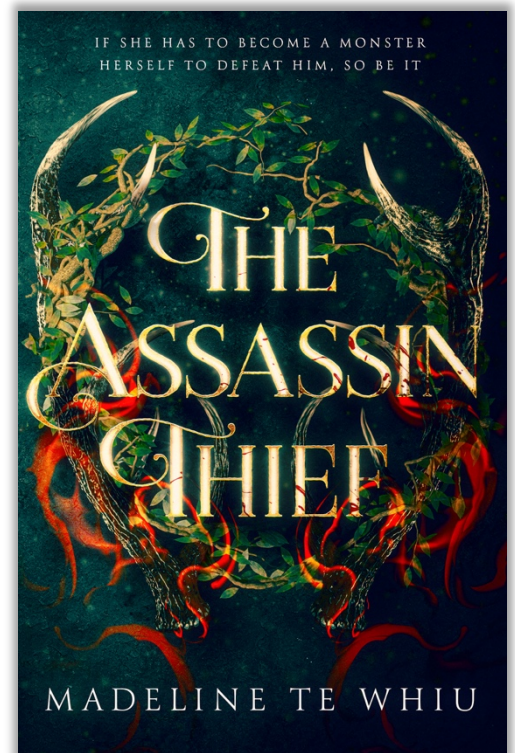
But all that changes when an errant Fae warrior enters her domain. Drawn by rumours of a powerful being said to be borne from the shadow of the dark goddess Tenebris.

With their kingdoms on the brink of chaos, he calls for her aid in his mission to defeat the Mad Fae King and prevent an all-out war.

But the road to the Fae capital of Meanthe is a long one, and haunted by memories of her past, Telium must decide if she can risk losing dominance over the darkness in her soul.

In this gripping story, debut author Madeline Te Whiu creates an unforgettable world rife with grave secrets and suspenseful romance.

Category:	Fantasy Fiction
Kaplan/DeFiore Controls:	Translation
Material:	PDF
Rights Sold on behalf of:	New Dawn Publishing



Madeline Te Whiu is a debut author Madeline is a veterinary nurse residing Perth, Western Australia along with her husband, dog, 2 cats and small flock of chickens. Her passion for books began when she was growing up in rural South Australia. She has always had an avidity for reading with her favourite authors are Victoria Aveyard, Sarah J Maas and Peter V Brett, just to name a few.

DEATH OF THE GREAT MAN

Peter D. Kramer

Post Hill Books, April 2023

Praise for DEATH OF A GREAT MAN:

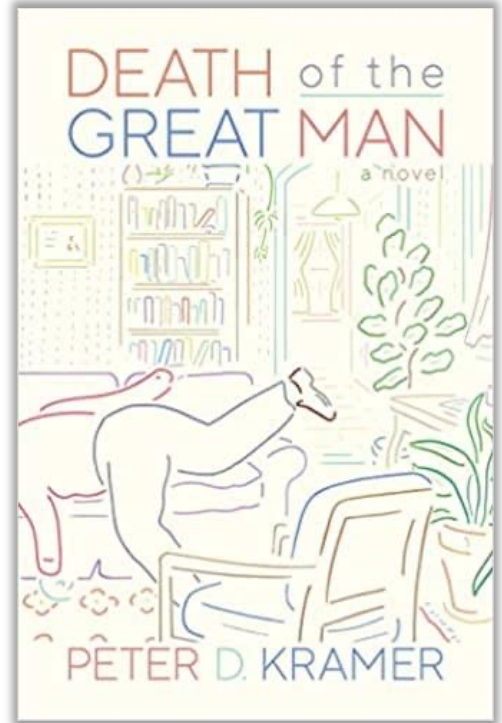
"I've been a Peter Kramer fan for years. His professional training, coupled with his innate curiosity and compassion, results in a voice uniquely his. Add to that the creativity of a novelist and you have 'Death of the Great Man,' a mesmerizing story and a moving account of a psychotherapist in crisis." – **Abraham Verghese, author of the international bestseller *Cutting for Stone* and the upcoming *The Covenant of Water***

"Reaching with his storyteller's wand into the swirl of the Now, Peter Kramer has created a fanciful, but in other ways deadly, political and psychological mystery. Deploying the tropes and truisms of psychotherapy, feasting on our collective fears and fantasies, 'Death of the Great Man' is a narrative full of crackle and surprise. A mind-worm for our moment and beyond—its atmospheres will be hard to shake." – **Sven Birkerts, author of *The Art of Time in Memoir: Then, Again***

In a novel that's part comic mystery, part political satire, and part case vignette, a psychiatrist reviews his involvement with a narcissistic national leader who has turned up dead on the consulting room couch.

When Peter D. Kramer wrote about his work with psychiatric patients in books like *Listening to Prozac* and *Should You Leave?*, Joyce Carol Oates said, "To read his prose on virtually any subject is to be provoked, enthralled, illuminated." When Kramer switched to fiction, *Publishers Weekly* wrote, "The depth, quality, and ambition of Kramer's prose will surprise those expecting a superficial crossover effort."

Kramer uses those literary skills to introduce readers to an unforgettable character, Henry Farber, a well-meaning psychiatrist forced into hiding when the nation's chief executive—a narcissistic autocrat in his disastrous second term—is found dead on the consulting room couch. From an isolated bungalow, Farber sets out to clear his name while offering an intimate view of a flawed populist leader. What begins as comic mystery and political satire matures into a moving journey of self-exploration and a commentary on the fate of truth-telling in an era when lying has become a norm in public life.



<i>Category:</i>	Fiction/Satire
<i>Kaplan/DeFiore Controls:</i>	UK & Translation
<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Blauner Books

Peter D. Kramer is the author of eight books, including *Ordinarily Well*, *Against Depression*, *Should You Leave?*, the novel *Spectacular Happiness*, and the international (and *New York Times*) bestseller *Listening to Prozac*. He has appeared on the major broadcast news and talk shows, including *Today*, *Good Morning America*, *Oprah*, *Charlie Rose*, and *Fresh Air*. His essays, op-eds, and book reviews have appeared in the *New York Times*, *Wall Street Journal*, *Washington Post*, *Slate*, *Times Literary Supplement*, and elsewhere. Dr. Kramer recently retired from the practice of psychiatry to write full time. He lives in Providence, Rhode Island, where he is an emeritus professor at Brown University.



The American Academy of Pediatrics is an organization of 67,000 pediatricians dedicated to the health, safety and well-being of infants, children, adolescents and young adults. The AAP is the largest pediatric publisher in the world, with a diverse list that includes essential clinical and practice management titles and award-winning books for parents.

QUIRKY KIDS

Understanding and Supporting Your Child With Developmental Differences

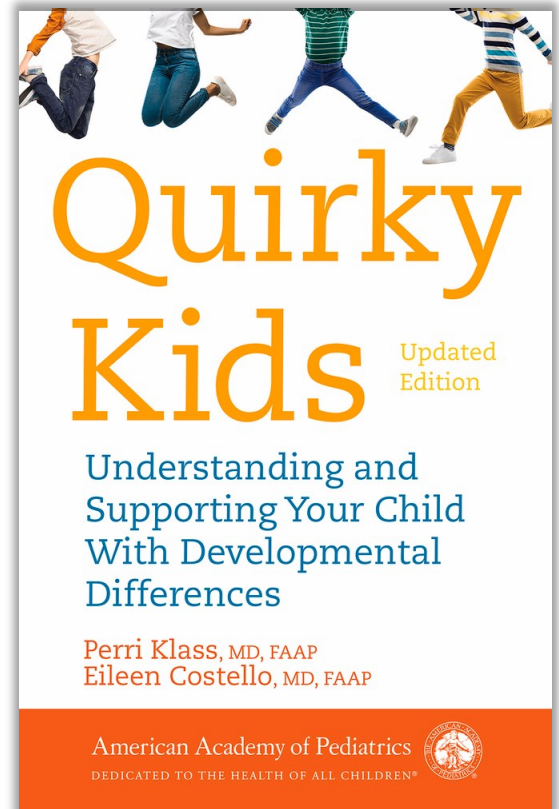
Perri Klass, MD and Eileen Costello, MD

American Academy of Pediatrics, February 2021

This classic, originally published in 2003 and coauthored by New York Times columnist and pediatrician Dr. Perri Klass and Boston Medical Center's Chief of Ambulatory Pediatrics Dr. Eileen Costello, has been fully revised and updated to reflect the recent significant changes in the recognition and care of children whose development doesn't go as expected. It includes new information about therapeutic interventions, managing co-morbidities, and getting support for children with developmental differences at school.

The authors also offer a stronger focus on self-care for parents in this new edition, with the pediatrician's perspective of supporting families as they go through the diagnostic process over time. The latest studies show that 1 in 6 children have a developmental disability of some kind—this guide is for the adults who love them and want to help them make their way in the world.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	350



Perri Klass, MD, FAAP, writes the weekly column, “The Checkup,” for The New York Times. She lives in New York City.

Eileen Costello, MD, FAAP, is a clinical professor of pediatrics at Boston University School of Medicine. She lives in Jamaica Plain, MA.



THE WORKING MOM BLUEPRINT

Winning at Parenting Without Losing Yourself

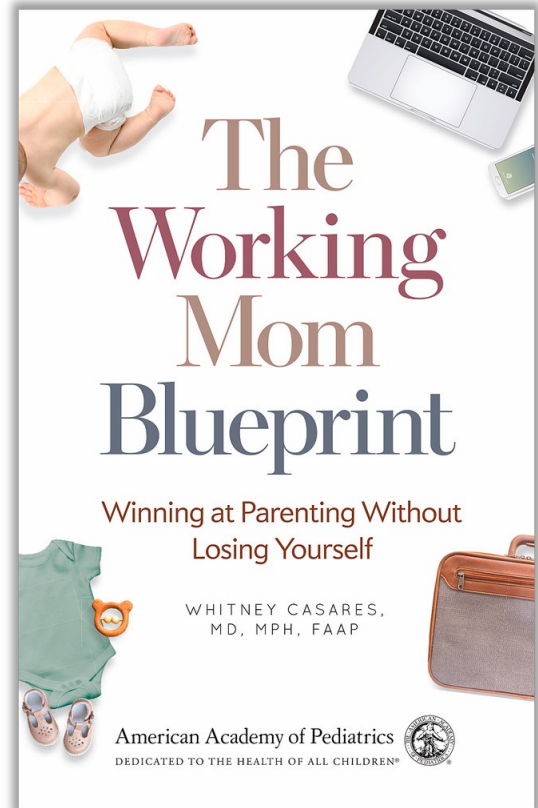
Whitney Casares, MD

American Academy of Pediatrics, May 2021

As a practicing pediatrician and mother of 2 young daughters, Dr Whitney Casares understands balancing family and career firsthand. In *The Working Mom Blueprint*, she combines honest insights about her own challenges with professional expertise about children of working moms—they thrive!—to create a reassuring guide to navigating modern motherhood.

Dr Casares offers a practical plan that covers setting priorities, cultivating self-care, finding child care, establishing an equal parenting partnership, delegating whenever appropriate, and more.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	275



Whitney Casares, MD, MPH, FAAP, is a board-certified, practicing pediatrician, the creator of the popular website modernmommydoc.com, and the author of *The New Baby Blueprint: Caring for You and Your Little One*. She is the mother of two young daughters and lives in Portland, OR.



THE CALM BABY METHOD

Solutions for Fussy Days and Sleepless Nights

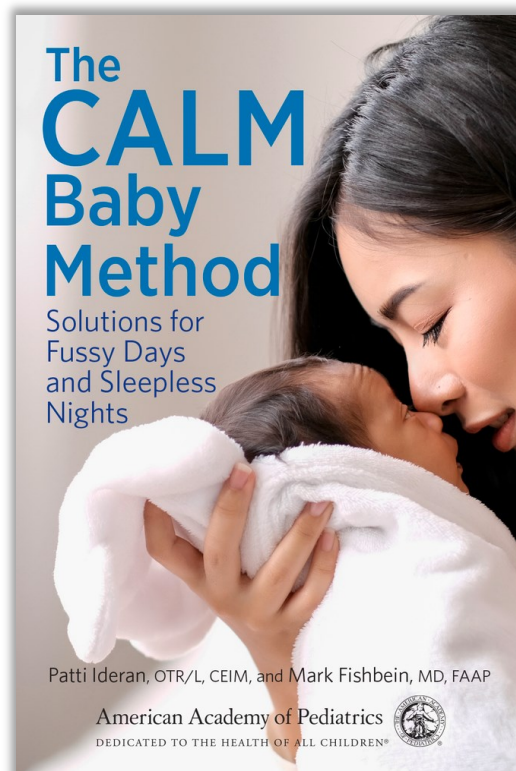
Mark Fishbein, MD, and Patti Ideran, OTR/L, CEIM

American Academy of Pediatrics, April 2021

Whether their babies are colicky, fussy, or just sometimes cranky, all parents of newborns can benefit from these proven techniques in *The CALM Baby Method*.

With decades of expertise as a pediatric occupational therapist and a pediatric gastroenterologist, the coauthors have helped thousands of parents soothe their high-needs infants, improving attachment, sleep, feeding, and overall quality of life for the whole family. Parents will learn possible causes of their baby's crying and ways to help, including information on reading their baby's cues, attachment, infant massage, positioning, and nutrition.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	225



Patti Ideran, OTR/L, CEIM, has worked in the field of pediatric occupational therapy for more than 35 years. She is a Certified Educator of Infant Massage (CEIM) and a certified baby and toddler yoga teacher and is certified in the Newborn Behavioral Observations (NBO) System and the Neurodevelopmental Treatment Approach. She lives in the Chicago suburbs.

Mark Fishbein, MD, FAAP, is a pediatric gastroenterologist at Ann & Robert H. Lurie Children's Hospital of Chicago, a faculty member of the Feinberg School of Medicine at Northwestern University, and medical director of the Pediatric Feeding.



HIGH FIVE DISCIPLINE

Positive Parenting for Happy, Healthy, Well-Behaved Kids

Candice W. Jones, MD

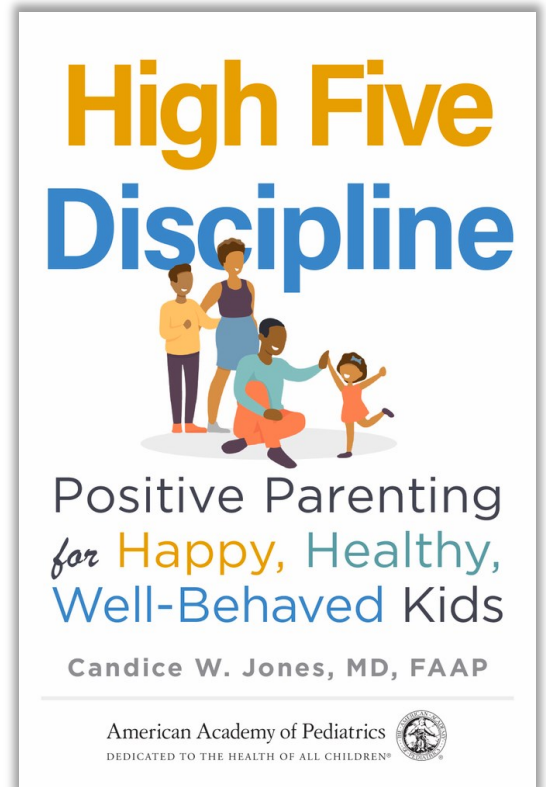
American Academy of Pediatrics, December 2021

When confronting the challenge of disciplining their children, moms and dads often default to the ways their own parents disciplined them, sometimes with harmful results. In *High Five Discipline*, mom and practicing pediatrician Dr. Candice Jones shows parents a better way. This positive parenting guide helps parents understand child development and how the ways that children are disciplined shapes not only their behavior but their overall health and well-being.

Dr. Jones coaches parents to understand their child's developmental stages and their own motivations to create a family discipline plan that manages misbehavior and encourages good behavior. Her advice is packed with developmentally appropriate strategies to tame tantrums, stop sibling squabbles, and reward better behavior, to create a calmer, more harmonious home.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	225

Candice W. Jones, MD, FAAP, is a board certified, practicing pediatrician, spokesperson for the American Academy of Pediatrics, and host of the podcast *KIDing Around with Dr. Candice*. She is the mother of two children and lives near Orlando, Florida.





YOU-OLGY

A Puberty Guide for Every Body

**Melisa Holmes, MD; Trish Hutchison, MD;
Kathryn Lowe, MD**

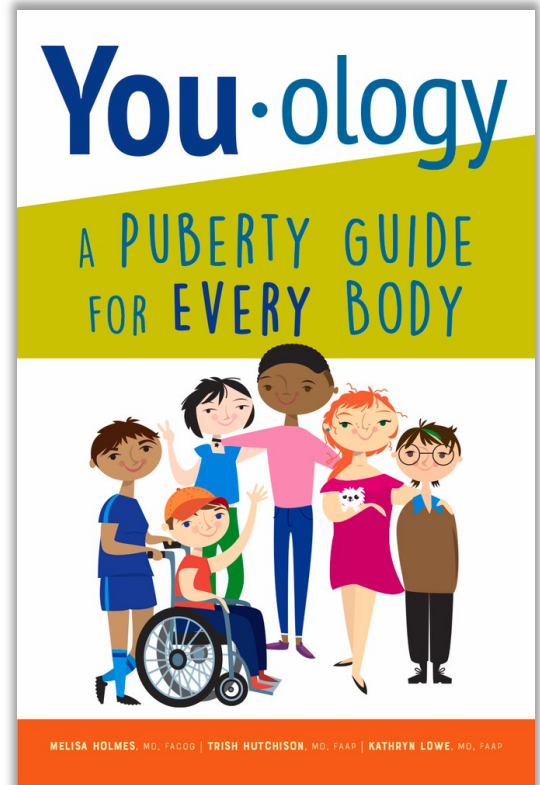
American Academy of Pediatrics, April 2022

What if learning about changing bodies wasn't secretive or shameful? And what if it could even be inclusive, fun, and, well, kind of adorable? A new kind of puberty guide, *You-ology* embraces an inclusive approach that normalizes puberty for all kids.

Traditional puberty education only contributes to a sense of isolation and often does not include all kids' experience of puberty and leaves kids with questions about how puberty will affect their friends and classmates. For curious kids and parents looking to talk about puberty in an inclusive way, *You-ology* offers fact-based, age appropriate, and body positive information about the physical, social, and emotional changes ahead for all kids.

Colorful illustrations keep the tone upbeat and engaging, while short stories featuring a cast of diverse characters add relatability and humor.

<i>Category:</i>	Juvenile Nonfiction
<i>Ages:</i>	9-12
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	150



Dr. Melisa Holmes is a board-certified Ob-Gyn, author, and nationally recognized health educator. She is the Co-Founder and CEO of Girlology. and is a Co-Founder of the Period Education Project.

As a passionate patient advocate, Dr. Holmes received a national award from the American College of Obstetricians & Gynecologists for patient education.

Trish Hutchison, MD, FAAP, is a board-certified pediatrician, nationally recognized health educator, and author. Dr. Trish is the Co-Founder and Chief Medical Officer of Girlology. She founded and directed a young women's health center for the Department of Adolescent Medicine at the Medical University of South Carolina. She is also a Co-Founder of the Period Education Project and currently works in College Health at The College of Charleston. This keeps her up to date on issues that kids face daily, including her own two college aged daughters.

Kathryn Lowe, MD, FAAP (she/her) is a board-certified pediatrician, a clinical assistant professor at the University of Washington School of Medicine, and a proud mother of two middle school kids. Dr. Lowe has an immense background advocating for LGBTQ+ kids and has taught extensively on the topic of gender. In recognition of her expertise, she was elected a member of the American Academy of Pediatrics Executive Committee of the Section on LGBT Health and Wellness.



BUILDING HAPPIER KIDS

Stress-busting Tools for Parents

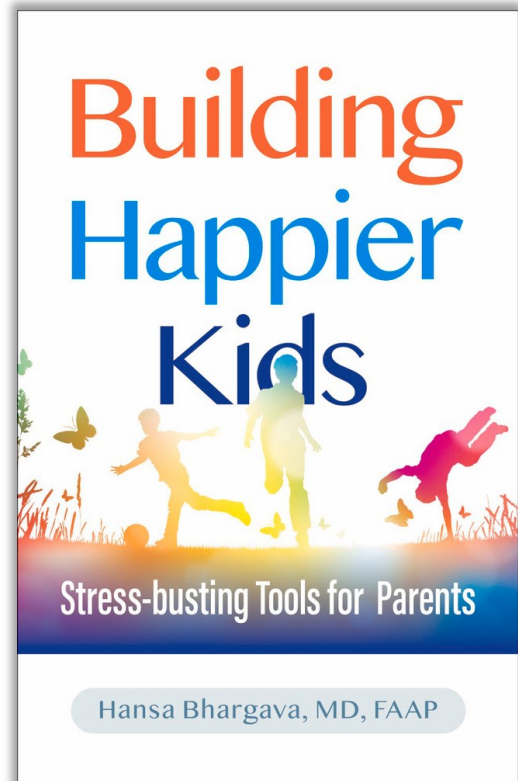
Hansa Bhargava, MD

American Academy of Pediatrics, March 2022

In *Building Happier Kids*, Dr Bhargava helps parents understand the impact of stress and shares concrete steps parents can take to reduce the pressure on their children and teens and increase their health and happiness. Dr Bhargava prescribes taking a step back from today's nonstop pace and focusing on the basics of healthy eating, quality sleep, and unscheduled free time. With extracurricular commitments, homework, and ever-present electronic devices, this can seem easier said than done, but Dr Bhargava offers realistic, balanced advice that will help prioritize health and restore the happiness of childhood.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Trade Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	250

Hansa Bhargava, MD, FAAP, is a board-certified pediatrician, senior medical director at WebMD, and a staff physician at Children's Healthcare of Atlanta. She has appeared as an expert on national media including CNN, HLN, and NPR and has regular appearances on CBS, Local Now, and Fox. She is a mom of two teens and lives in Atlanta.





RETRO BABY

Timeless Activities to Boost Development – Without All the Gear!

Anne H. Zachry, PhD, OTR/L

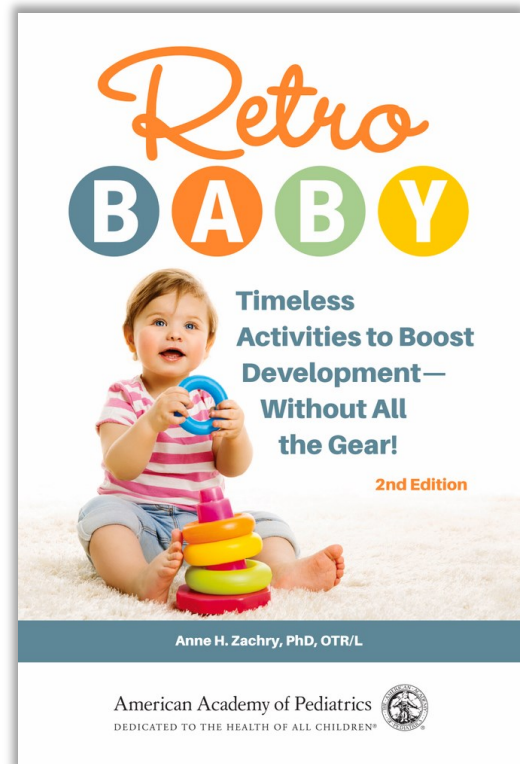
American Academy of Pediatrics, June 2022

It can seem like babies need so much gear and so many toys. But when it comes to their health and development, less is more. In *Retro Baby*, originally published in 2013, pediatric occupational therapist and child development specialist Anne Zachry shows parents how bouncers, swings, and other baby holders, as well as electronic toys and screen-time, can hinder development and delay milestones. She suggests a return to back-to-basics parenting, featuring ideas for hands-on activities, homemade toys, and lots of caregiver engagement. Her approach will save parents money, reduce household clutter, and most importantly boost development and bonding.

This new edition includes revised information on screen time, updated safe sleep recommendations, increased emphasis on the importance of varying infant positions, and more!

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	225

Anne H. Zachry, PhD, OTR/L, is a pediatric occupational therapist, child development specialist, and assistant professor of occupational therapy at the University of Tennessee Health Science Center.





CONGRATS—YOU'RE HAVING A TEEN!

Strengthen Your Family and Raise a Good Person

Kenneth R. Ginsburg, MD, MEd

American Academy of Pediatrics, October 2022

Dads and moms of adolescents are often warned about parenting teenagers by other well-meaning adults. But pediatrician Dr. Ginsburg is out to prove that these years are parents' best opportunity to effectively guide their children toward adulthood and should be celebrated! He shows how to help teens build confidence in their ability to handle the world on their own while laying the groundwork for a stronger relationship for life.

Parents will learn to understand their child's developmental needs and meet them, rather than finding themselves in conflict. Moms and dads will also learn ways to support their teen's growth and even their healthy experimentation while assuring their safety and moral development. With Dr. Ginsburg's effective and mutually respectful communication strategies, parents and teens will emerge with stronger connections and a healthier family.

Category:

Parenting

Format:

Paperback

Kaplan/DeFiore Controls:

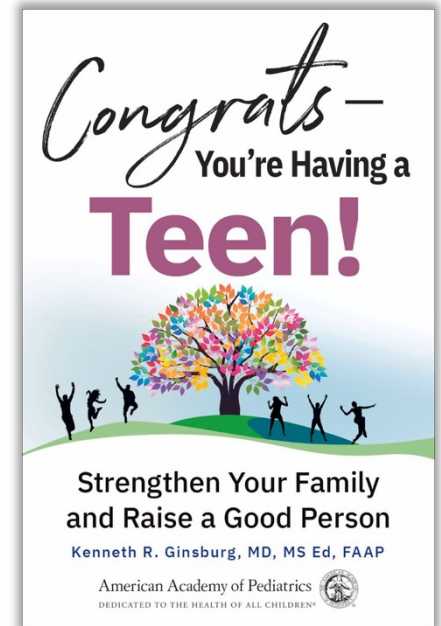
Translation Rights, exclusive: Chinese (simplified) and Greek

Material:

PDF

Page Count: :

300



Kenneth R. Ginsburg, MD, MS Ed, FAAP, practices adolescent medicine at Children's Hospital of Philadelphia and is a professor of pediatrics at the University of Pennsylvania Perelman School of Medicine. He is the founding director of the Center for Parent and Teen Communication. His books include *Building Resilience in Children and Teens: Giving Kids Roots and Wings* and *Raising Kids to Thrive: Balancing Love With Expectations and Protection With Trust*. He is the father of 2 young adults and lives in Philadelphia, PA.



RETURN TO YOU

A Postpartum Plan for New Moms

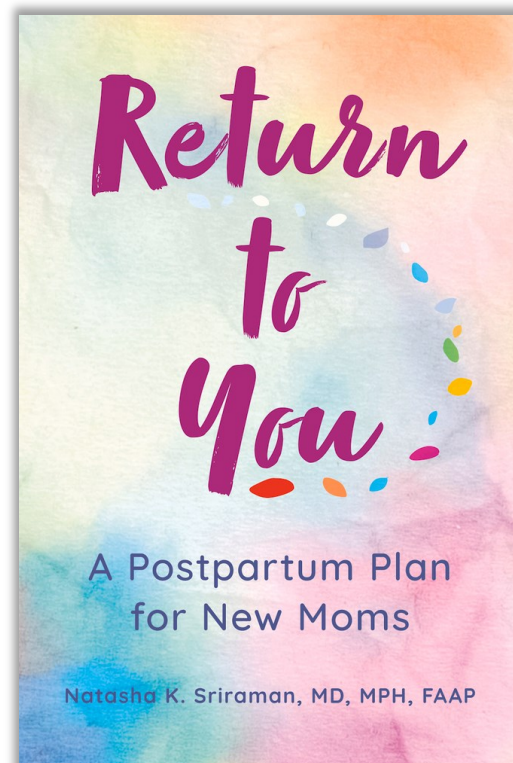
Natasha K. Sriraman, MD

American Academy of Pediatrics, July 2022

Having a baby is supposed to be the happiest time of a woman's life, but for some it isn't. And for many, it is the most challenging. As they learn to care for their newborns, many new mothers often face physical challenges with breastfeeding, sleep, and nutrition, and struggle with feelings of isolation, sadness, and guilt.

Dr. Sriraman shares practical professional advice along with her own personal experiences and those of other mothers to help 4th trimester moms know they are not alone. From pelvic floor issues to postpartum depression, no topic is taboo. *Return to You* will help new moms restore themselves physically and encourage them to ask for help and give themselves the time they need to rest, recover, and heal emotionally.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	200



Natasha K. Sriraman, MD, MPH, FAAP, FABM, is a board-certified academic pediatrician, an associate professor of pediatrics at Eastern Virginia Medical School/Children's Hospital of the King's Daughters, and a mother of 3. She is an internationally recognized expert on breastfeeding and postpartum depression who has served on the executive committee of the American Academy of Pediatrics (AAP) Section on Breastfeeding and the executive board of the Virginia Chapter of the AAP and is honorary chairperson of Postpartum Support Virginia. She lives with her husband and children in Virginia Beach, VA.



BABY AND TODDLER BASICS

Expert Answers to Parents' Top 150 Questions

Tanya Altmann, MD

American Academy of Pediatrics, October 2022

Parents of children from birth to age 3 will find answers to their most frequently asked questions about child health and wellness in this easy-to-understand, fully updated volume. Tanya Altmann, MD, FAAP, helps parents with friendly, straightforward guidance in an easily digestible question-and-answer format.

Baby and Toddler Basics focuses on parents' top 150 questions, based on Dr. Altmann's years in practice. An Internet search of these questions could yield dozens of answers, many from dubious sources. Dr. Altmann addresses parents' concerns with the expertise of a pediatrician backed by the trusted authority of the American Academy of Pediatrics. *Baby and Toddler Basics'* clear Q&A layout means it's just as fast as Googling, but with answers parents can trust.

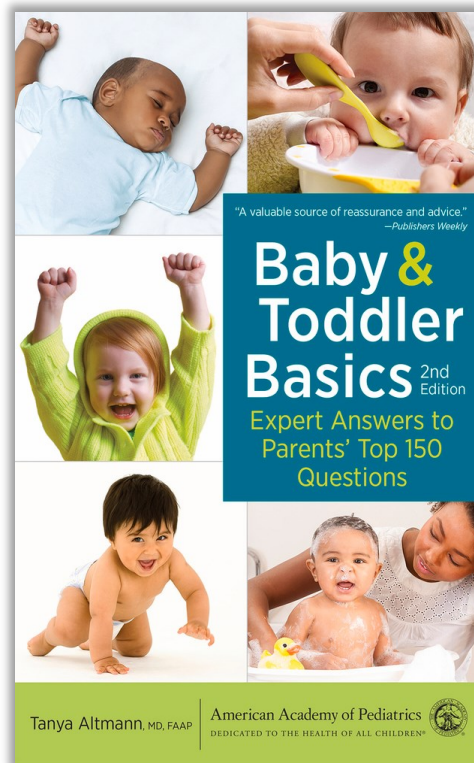
Topics covered include:

1. Breastfeeding
2. Developmental stages
3. Fever
4. First aid and injuries
5. General baby care
6. Pooping
7. Safe sleeping and sleep challenges
8. Stomachache and illness
9. Vaccines
10. And much more!

Dr. Altmann's clear answers to these questions will help parents take the right actions at home and alert them when it would be best to call their pediatrician. With *Baby and Toddler Basics*, parents can keep their own "portable pediatrician" in their diaper bag or on their nightstand, always ready with reassuring answers.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	300

Tanya Altmann, MD, FAAP, is a practicing pediatrician, founder of Calabasas Pediatrics, and an Adjunct Clinical Assistant Professor of Pediatrics at Children's Hospital Los Angeles. She is also an American Academy of Pediatrics spokesperson and sits on the Editorial Advisory Board for Sharecare. Dr. Tanya is the editor-in-chief of the American Academy of Pediatrics flagship book *Caring for Your Baby and Young Child*, the editor-in-chief of *Your Baby's First Year*, and the author of *Baby and Toddler Basics*. She lives in Los Angeles, CA with her husband and 3 sons.





MY CHILD IS SICK!

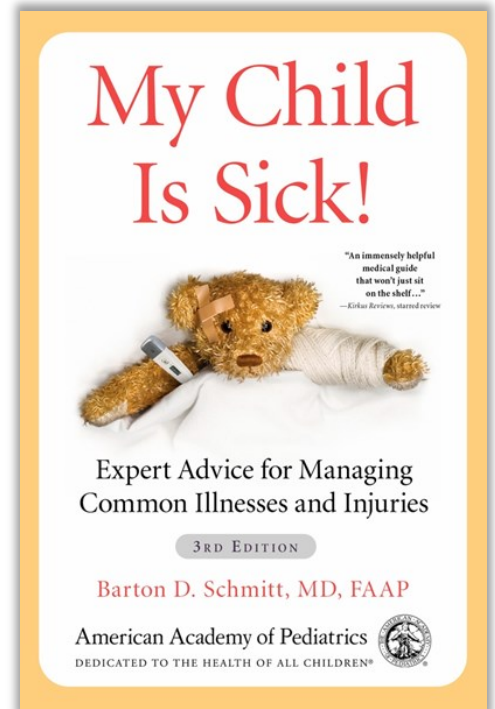
Expert Advice for Managing Common Illnesses and Injuries

Barton D. Schmitt, MD

American Academy of Pediatrics, November 2022

Parents will find clear, evidence-based answers for what to do when their child is sick or injured, allowing them to save time and money while providing the best care for their child. *My Child Is Sick* features the most common childhood illnesses and injuries with guidance based on the same criteria used by pediatric call centers to determine if a child is best treated at home, the pediatrician's office, or the emergency department. From pink eye to ear infections and bee stings to vomiting, conditions are explained in easy-to-understand terms, clearly laying out next steps for parents to follow. This new third edition is fully revised and updated and includes COVID-19 information as well as helpful tools like an over-the-counter medication dosing chart.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	400



Barton D. Schmitt, MD, FAAP, is a professor of pediatrics at the University of Colorado School of Medicine and former medical director of the After-Hours Call Center for 30 years at Children's Hospital Colorado in Aurora, CO.



NURTURING BOYS TO BE BETTER MEN

Shelly Vaziri Flais, MD

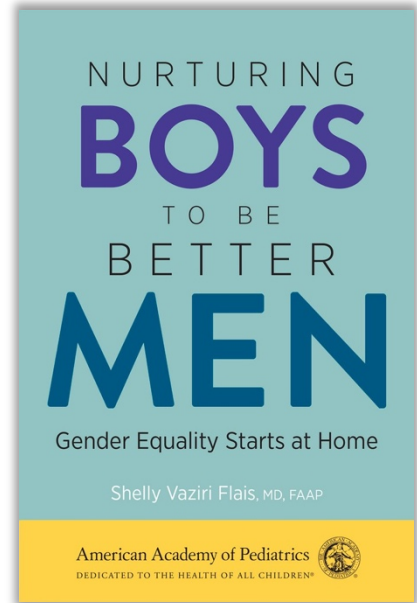
American Academy of Pediatrics, October 2023

Pediatrician and mother of four Dr. Shelly Flais gives parents the tools they need to start the lifelong process of raising their boys into men who are mentally healthy, empathetic, and committed to gender equality.

Dr. Flais provides concrete techniques for parents to push back against cultural stereotypes and toxic masculinity as they nurture their sons. Because “kids do as they see,” the work of being role models for gender equality starts in the home.

Dr. Flais explains developmentally appropriate opportunities for growth and awareness of gender equality at every age from before birth through early adulthood.

This conversation-starter emphasizes the benefits of gender equality for boys and girls and men and women, and discusses it not only in the context of the family, but also the extended family, school, and greater community.



<i>Category:</i>	Social Science / Parenting
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<i>Material:</i>	PDF
<i>Page Count:</i>	240

Shelly Vaziri Flais, MD, FAAP, is a board-certified practicing pediatrician, mother of three sons and one daughter, and an assistant professor of clinical pediatrics at Northwestern University Feinberg School of Medicine and Ann & Robert H. Lurie Children’s Hospital of Chicago. She is the author of *Raising Twins*, editor-in-chief of *Caring for your School-Age Child*, and co-editor of *The Big Book of Symptoms*. She is an AAP spokesperson and frequent media contributor who lives in the Chicago suburbs.



HEADING HOME WITH YOUR NEWBORN

From Birth to Reality

Laura A. Jana, MD, and Jennifer Shu, MD

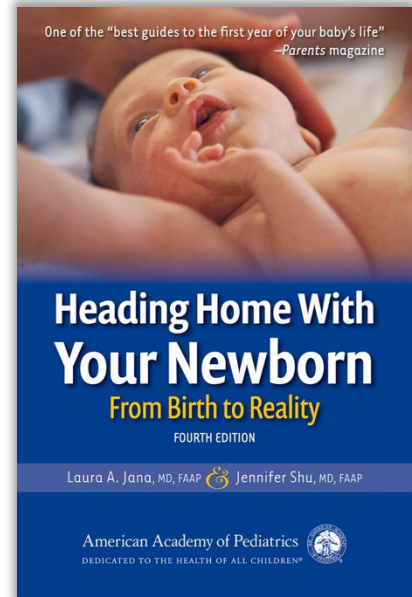
American Academy of Pediatrics, September 2020

New moms and dads often wish for an instruction manual to their new baby—this is it!

Fully revised and updated, the fourth edition of this bestselling guide offers essential advice from two pediatrician-moms. It covers everything new parents need to know, from feeding and dressing, to diapering and bathing, and from crying and sleep to travel and activities. Updates include: a section on baby blues and postpartum depression; added information on breastfeeding, pumping and insurance benefits; new safety information on SIDS and car seats; and updates throughout, bringing all advice up to date with the latest AAP guidelines.

This parent-tested, pediatrician-approved advice will help new parents feel comfortable those first few days and weeks at home and serve as a reference for the whole first year.

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<i>Format:</i>	Paperback
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<i>Page Count:</i>	391



Laura A. Jana, MD, FAAP, is a pediatrician and mother of 3 who has been featured by such media outlets as CNN, The Today Show, US News and World Report, and NPR. She currently holds a faculty appointment at Penn State University's Prevention Research Center, is a strategic consultant to Primrose Schools, and serves as an early childhood expert for the Maternal Child Health Bureau. She lives in Omaha, Nebraska.

Jennifer Shu, MD, FAAP, is a practicing pediatrician, mother, medical editor in chief of HealthyChildren.org and a content reviewer for BabyCenter.com. She has been a health expert for CNN.com, WebMD.com, and the Parents magazine advisory board. She lives in Atlanta, Georgia.



BUILDING RESILIENCE IN CHILDREN AND TEENS: GIVING KIDS ROOTS AND WINGS

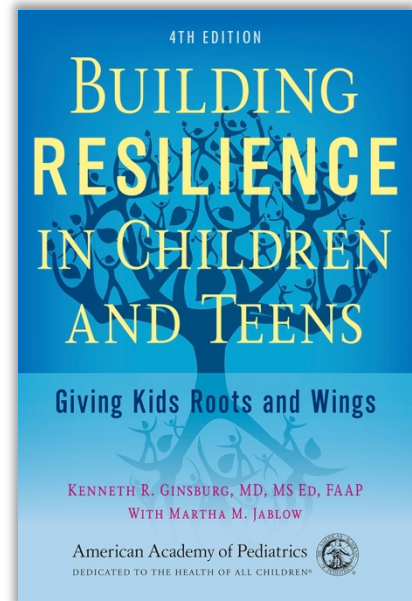
Giving Kids Roots and Wings

Kenneth R Ginsburg MD, MS Ed with Martha M Jablow

American Academy of Pediatrics, May 2020

Help prepare the children and teens in your life to face life's challenges with grace and grit.

In this award-winning guide author and pediatrician Dr. Ken Ginsburg shares his 7 crucial Cs: competence, confidence, connection, character, contribution, coping, and control. You'll discover how to incorporate these concepts into your parenting style and communication strategies, thereby strengthening your connection. And that connection will position you to guide your child to bounce back from life's challenges and forge a meaningful and successful life. You'll also learn detailed coping strategies to help children and teenagers deal with the stresses of academic pressure, media messages, peer pressure, and family tension. These approaches will prepare children to thrive and make it less likely that they will turn to risky quick fixes and haphazard solutions. Resilience is a critical life skill. And it can be taught! Learn how with *Building Resilience in Children and Teens*.



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Kenneth R. Ginsburg, MD, MS Ed, FAAP is a professor of pediatrics in the division of adolescent medicine at The Children's Hospital of Philadelphia and the University of Pennsylvania School of Medicine. He is also director of health services at Covenant House Pennsylvania and the author of *Raising Kids to Thrive*, *Letting Go with Love and Confidence*, and *Reaching Teens*. He is the father of two daughters and lives in Philadelphia, PA.

Martha M. Jablow has written extensively on parenting and health as the author of several books and articles.



CO-PARENTING THROUGH SEPARATION AND DIVORCE

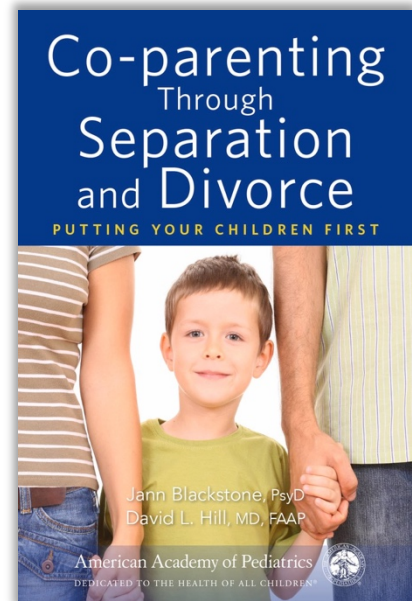
Putting Your Children First

Jann Blackstone, PsyD, and David Hill, MD

American Academy of Pediatrics, June 2020

Parents going through separation or divorce are understandably worried about how the change in the family will affect their children. This guide walks parents through all the factors they should consider and offers step-by-step guidance on how to work together to put their children first. From sharing the news with children in an age-appropriate way to handling the issue of custody, from concerns about affairs or abuse to embarking on remarriage and blending families, *Co-Parenting Through Separation and Divorce* offers a roadmap through one of life's most difficult challenges with the goal of healthy, happy kids informing every decision along the way.

<i>Category:</i>	Social Science / Parenting
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<i>Kaplan/DeFiore Controls:</i>	Translation Rights, exclusive: Chinese (simplified) and Greek
<i>Material:</i>	PDF
<i>Page Count:</i>	300



Jann Blackstone, PsyD, is a retired child custody mediator for the Superior Court of California and the founder of Bonus Families. She is the author of six books on divorce, remarriage, and co-parenting and a nationally syndicated weekly newspaper column, “Ex-etiquette.” She currently resides in Phoenix, AZ, and has four children: two biological, two bonus.

David L. Hill, MD, FAAP, is a pediatric hospitalist at Goldsboro Pediatrics in North Carolina and an adjunct Assistant Professor of Pediatrics at the University of North Carolina School of Medicine. He is the author of *Dad to Dad: Parenting Like a Pro* and associate medical editor of *Caring for Your Baby and Young Child: Birth to Age 5*. He lives in Wilmington, NC with his wife and has three children and two stepchildren.



RAISING AN ORGANIZED CHILD

5 Steps to Boost Independence, Ease Frustration, and Promote Confidence

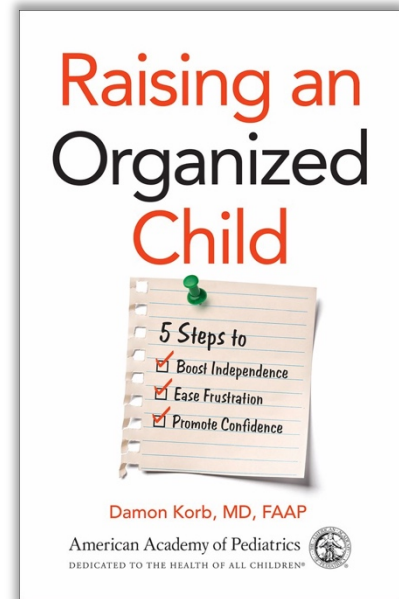
Damon Korb, MD

American Academy of Pediatrics, June 2019

Organized children are raised, not born. That's the philosophy behind this confidence-building, sanity-saving book. Fostering organized thinking in your child will help with concrete concerns (think a tidier bedroom!) and build critical life skills like learning to plan and grasping the big picture. Dr. Korb's 5 Steps to *Raising an Organized Child* apply to all ages. So, whether you have an infant or a teenager, it's never too late (or too early!) to foster organization in him or her and harmony in your whole family.

Raising an Organized Child presents specific activities for your child's age and developmental level to improve executive function. No matter if your child is just your average chaotic kid or struggling with additional challenges like ADHD, you can boost your child's organization and lower your frustration with Dr. Korb's guidance.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
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<i>Page Count:</i>	236
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Damon Korb, MD, FAAP, is a practicing developmental and behavioral pediatrician and founder of the Center for Developing Minds. Dr. Korb is president of the Society for Developmental and Behavioral Pediatrics and an adjunct clinical instructor at Stanford University Medical Center. He is the father of 5 children and lives in Northern California.



RAISING TWINS

Parenting Multiples From Pregnancy Through the School Years

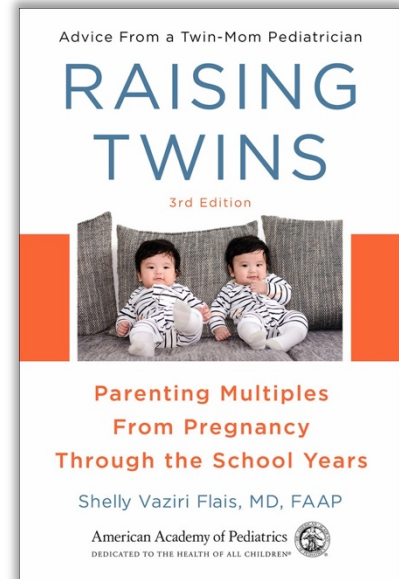
Shelly Vaziri Flais, MD

American Academy of Pediatrics, September 2019

As a twin-mom, pediatrician, and American Academy of Pediatrics spokesperson, Dr. Flais is the most trusted source for twin parenting advice.

Pediatrician and twin-mom, Dr. Shelly Vaziri Flais, offers expert advice for raising healthy, well-adjusted twins and triplets in this fully revised and updated third edition. Her guidance will help parents of multiples prepare for their babies' arrival, weather the first few months of infancy, manage toddlerhood, and help establish individual identities through the school-age and teenage years. The combination of sound medical advice and real-world experience will give twin-parents the direction and reassurance that they need. Packed with thoughtful advice, parenting tips, and anecdotes from twin-moms and -dads, this new edition also includes interviews with twins, including astronaut Scott Kelly.

<i>Category:</i>	Social Science / Parenting
<i>Format:</i>	Paperback
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<i>Material:</i>	PDF
<i>Page Count:</i>	283



Shelly Vaziri Flais, MD, FAAP, is a board-certified practicing pediatrician and mother of four children, including twin boys. She is an assistant professor of clinical pediatrics at Northwestern University Feinberg School of Medicine and Ann & Robert H. Lurie Children's Hospital of Chicago, editor-in-chief of *Caring for Your School-Age Child: Ages 5-12*; and co-editor of *The Big Book of Symptoms: A-Z Guide to Your Child's Health*.



LIGHTHOUSE PARENTING

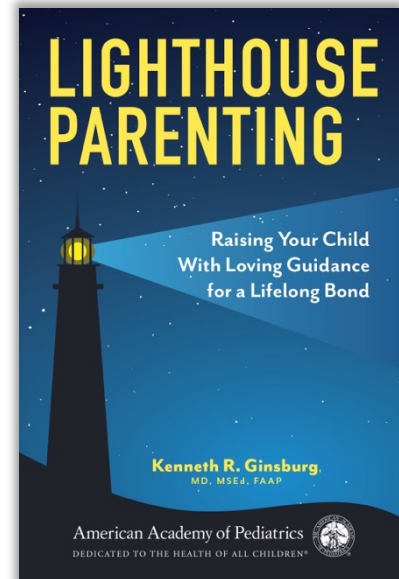
Raising Your Child With Loving Guidance for a Lifelong Bond.

Kenneth R Ginsburg, MD, MS Ed

American Academy of Pediatrics, June 2024

Leading adolescent health expert Dr. Ken Ginsburg offers a road map for raising children for greater academic success, higher levels of emotional well-being, increased resilience, fewer behavioral risks, and reduced emotional distress. His lighthouse parenting action plan applies a balanced parenting approach that lays the foundation for the kind of relationship in which parents will be welcomed as a guide in childhood, throughout adolescence, and beyond. Lighthouse Parenting develops emotionally healthy children and adolescents who go on to have deep, enduring relationships with their parents for their entire lifetime.

<i>Category:</i>	Social Science / Parenting
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Kenneth R. Ginsburg, MD, MS Ed, FAAP, practices adolescent medicine at Children’s Hospital of Philadelphia and is a professor of pediatrics at the University of Pennsylvania Perelman School of Medicine. He is the founding director of the Center for Parent and Teen Communication. His books include *Congrats—You’re Having a Teen!* and *Building Resilience in Children and Teens*. He is the father of 2 young adults and lives in Philadelphia, PA.



A PARENT'S GUIDE TO TYPE 1 DIABETES

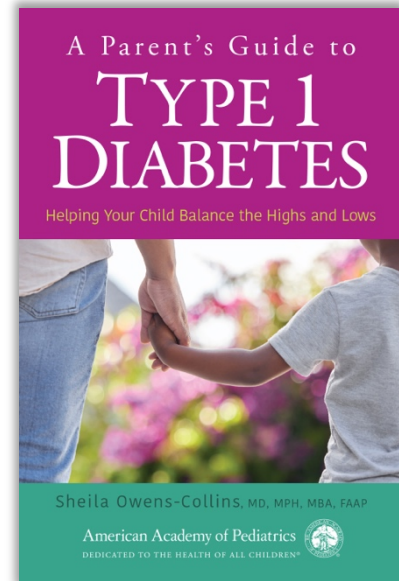
Helping Your Child Balance the Highs and Lows

Sheila Owens-Collins, MD, MPH, MBA

American Academy of Pediatrics, June 2024

Parents, family members, teachers, and other caretakers of a child who has been recently diagnosed with type 1 diabetes will find information and compassion in this introductory guide. Pediatrician and mom of a son with type 1 diabetes, Dr. Sheila Owens-Collins will help parents and their "village" understand what type 1 diabetes is and how to help their child successfully manage the physical and emotional aspects of it. Parents will learn how to help their child balance nutrition, exercise, and blood glucose control to stay in balance and live their best life.

<i>Category:</i>	Social Science / Parenting
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<i>Page Count:</i>	200



Sheila Owens-Collins, MD, MPH, MBA, FAAP, is board-certified in pediatrics and neonatal-perinatal medicine. She has served as a board member of the JDRF - St. Louis Chapter, member of the National Quality Forum subcommittees on women and child health and patient safety, and on the Texas Perinatal Advisory Committee. She has 2 sons, including one with Type 1 Diabetes, and a bonus daughter. She lives in Rockville, MD.



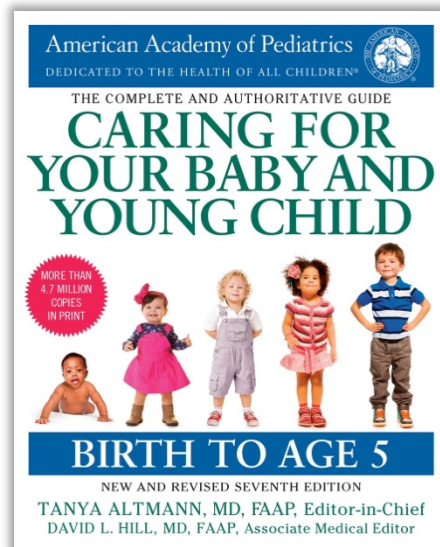
CARING FOR YOUR BABY AND YOUNG CHILD

Birth to Age 5

Tanya Altmann, MD, and David L. Hill, MD

American Academy of Pediatrics, October 2019 (7th Edition), Fall 2024 (8th Edition)

The seventh edition of *Caring for Your Baby and Young Child, Birth to Age 5* is the gold-standard reference guide for parents from the most trusted source available - the 67,000-member American Academy of Pediatrics. Everything on basic childcare is covered in our newly revised and updated top-selling book, with new information on everything including allergies, vaccines, and probiotics. What's the best way to prevent food allergies? How can you get your infant to sleep through the night? How can you keep your child from getting sick? How do you navigate screen time? How do you know if your child has ASD or ADHD, and how can you help? What environmental dangers should you be aware of for your child's health? The answers to these questions - and thousands more - are delivered in a warm, accessible, user-friendly style. This eBook is divided into two parts: the first part provides everything a parent needs to know to take the best care of their child. The second part describes situations in depth - everything from colds to illnesses, allergies, and even environmental hazards. This is the trusted guide a parent turns to again and again as his or her baby grows.



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Tanya Altmann, MD, FAAP, is a practicing pediatrician who founded Calabasas Pediatrics and is an assistant clinical professor at Mattel Children's Hospital at UCLA. She is also an American Academy of Pediatrics spokesperson and sits on the Editorial Advisory Board for Sharecare. Dr. Tanya is the author of *Baby and Toddler Basics* and *What to Feed Your Baby*. She lives in Calabasas, CA with her husband and 3 sons. The American Academy of Pediatrics is an organization of 67,000 primary care pediatricians, pediatric medical subspecialists and pediatric surgical specialists dedicated to the health, safety and well-being of infants, children, adolescents and young adults. The AAP is the largest pediatric publisher in the world, with a diverse list of resources that includes essential clinical and practice management titles and award-winning books for parents.

David L. Hill, MD, FAAP, is a pediatric hospitalist at Goldsboro Pediatrics in North Carolina and an adjunct assistant professor of pediatrics at the University of North Carolina School of Medicine. He is the author of *Dad to Dad: Parenting Like a Pro* and has appeared as an expert in national media outlets ranging from CNN to Fox News and from *The New York Times* to the *Wall Street Journal*. He lives in Wilmington, NC with his wife and has three children and two stepchildren.



AUTISM SPECTRUM DISORDER

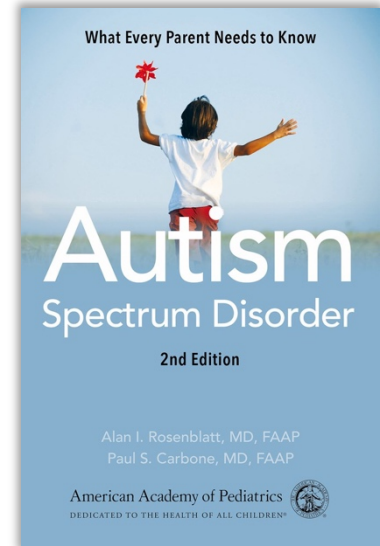
What Every Parent Needs to Know

Alan I. Rosenblatt, MD, and Paul S. Carbone, MD

American Academy of Pediatrics, April 2019 (2nd Edition)

Medically sound advice for parents of children with an autism spectrum disorder from the most trusted name in child health.

This guide helps parents understand how ASDs are defined and diagnosed and offers an overview of the most current behavioral and developmental therapies. Topics include: symptoms and types of ASDs, accessing care, services in the community, and the role of complementary and alternative medicine. Parents will also find inspirational and relatable stories from other caretakers.



<i>Category:</i>	Social Science / Parenting
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Paul S. Carbone, MD, FAAP, is a general pediatrician, associate professor of pediatrics at the University of Utah, a member of the Council on Children with Disabilities Autism Subcommittee, and the parent of a son with autism.

Alan I. Rosenblatt, MD, FAAP, is a neurodevelopmental pediatrician and an associate clinical professor of pediatrics at Northwestern University.

CO-AGENTS

For Kaplan/DeFiore Clients

BRAZIL

Laura Riff
Riff Agency
laura@agenciariff.com.br

CHINA

Jackie Huang
ANA China
jackie@nurnberg.com.cn

CZECH AND SLOVAK REPUBLIC

Kristin Olson
Kristin Olson Literary Agency s.r.o.
kristin.olson@litag.cz

FRANCE

Eliane Benisti
Benisti Agency
benisti@elianebenisti.com

GERMANY

Antonia Fritz
Fritz Agency
afritz@fritzagency.com

HOLLAND and SCANDINAVIA

Willem Bisseling
Sebes & Bisseling Literary Agency
bisseling@sebes.nl

ISRAEL

Beverley Levit
The Israeli Association of Book Publishers Ltd.
rights1@tbpai.co.il

ITALY

Erica Berla
Berla & Griffini
Berla@bgagency.it

JAPAN

Miko Yamanouchi
Japan Uni Agency
miko.yamanouchi@japanuni.co.jp

KOREA

Su Yeon Jeong
Korea Copyright Center Inc.
syjeong@kccseoul.com

POLAND

Tomasz Berezinski
GRAAL
tomasz.berezinski@graal.com.pl

SPAIN

Teresa Vilarrubla
The Foreign Office
teresa@theforeignoffice.net

TAIWAN

Whitney Hsu
Andrew Nurnberg Associates (Taipei)
whsu@nurnberg.com.tw

TURKEY

Amy Spangler
AnatoliaLit Agency
amy@anatolialit.com

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