

London Book Fair 2024 Rights Guide

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publishing**
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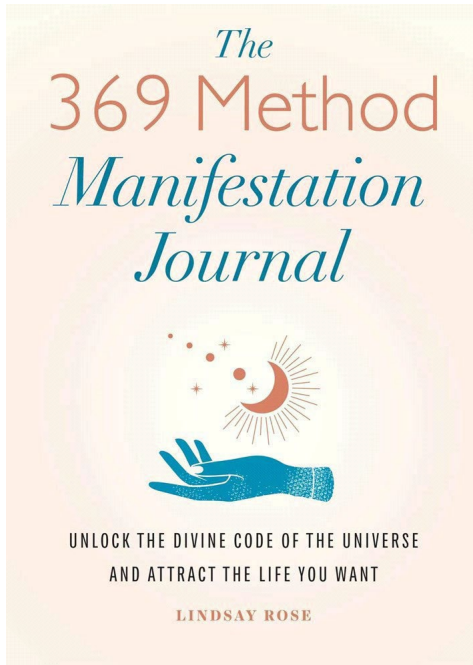
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marleen.reimer@sourcebooks.com

Liz Logback

Subsidiary Rights Coordinator
elizabeth.logback@sourcebooks.com



The 369 Method Manifestation Journal

Unlock the Divine Code of the Universe and Attract the Life You Want

Lindsay Rose

Create the life you desire with the 369 manifestation method!

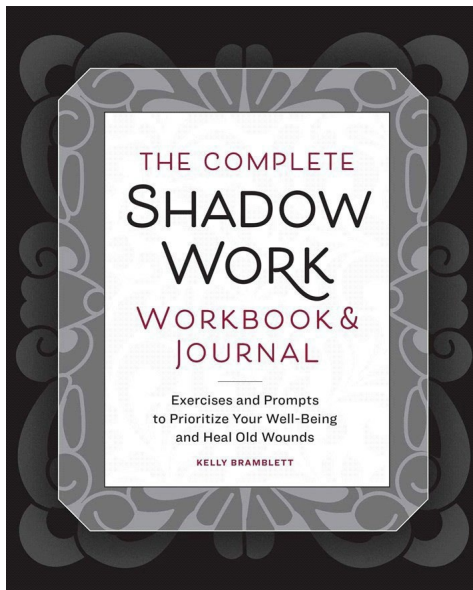
The 369 method is a repeated meditation that draws on the positive energy of the universe to help you achieve everything you want. This journal guides you through your own 369 manifestation journey, teaching you how to tune into your deepest aspirations. Once you've identified your core desires, you'll use this method to build strong intentions and an optimistic mindset so you can make them a reality.

LINDSAY ROSE is a manifestation coach and expert on quantum creation. Manifestation has truly changed her entire life, and she now teaches people all over the world how to create the life of their dreams.

JANUARY 2024

Self-Help
Callisto Publishing

ISBN: 9798886508536
\$12.99 (US)
8.000 in H | 5.750 in W | 0.600 in T | 0.700 lb
Paperback / softback
144 Pages



The Complete Shadow Work Workbook & Journal

Exercises and Prompts to Prioritize Your Well-Being and Heal Old Wounds

Kelly Bramblett

An in-depth shadow work workbook and journal to explore the hidden self and heal old wounds

Face your fears and embrace healing with this shadow work guide—featuring introspective activities and detailed journal prompts

Your shadow mind is the unconscious part of yourself where fear, shame, and trauma live. Learning to confront and accept this shadow mind is called shadow work—and it's the first step to releasing limiting beliefs that hold you back. If you could use a boost of confidence or a fresh perspective, this all-in-one journal and workbook shows you how to navigate your shadow mind to improve self-awareness and heal from the past.

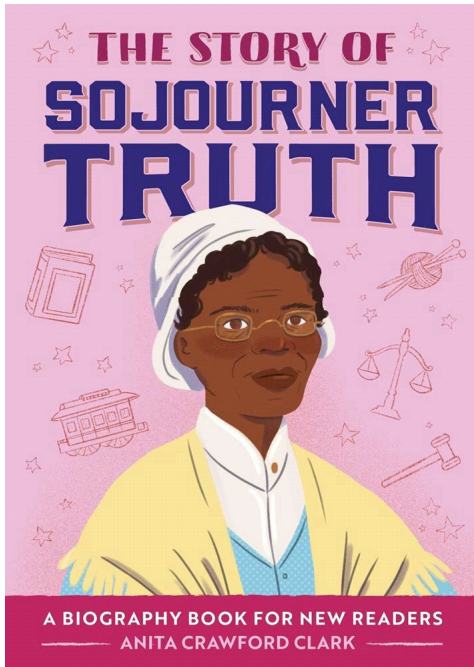
Rights Sold: French (Guy Tredaniel), German (Piper), Italian (Newton Compton), Portuguese (Bertrand), Romanian (Litera), Spanish (Temas de Hoy Planeta), Chinese (C) (Ping's Publications)

KELLY BRAMBLETT is a certified life coach, clinical trauma specialist, law of attraction practitioner, emotional freedom technique practitioner, and a level three Usui Reiki master teacher. She specializes in trauma recovery and mindset coaching. Her mission is to inspire others to heal the collective by first healing themselves.

JANUARY 2024

Body, Mind & Spirit
Callisto Publishing

ISBN: 9798886509724
\$15.99 (US)
9.250 in H | 7.500 in W | 0.600 in T | 1.150 lb
Paperback / softback
208 Pages



The Story of Sojourner Truth

An Inspiring Biography for Young Readers

Anita Crawford Clark

Discover the life of Sojourner Truth—a story about being bold and brave for kids ages 6 to 9

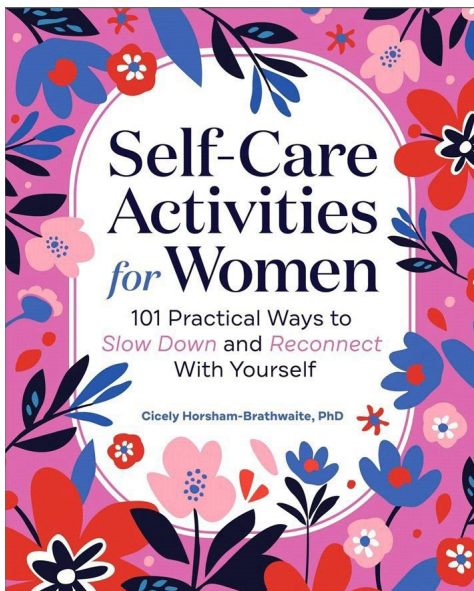
Sojourner Truth, born Isabella Baumfree, was one of the most important leaders in the anti-slavery movement. Before she fought for freedom and changed American history, she was a young enslaved girl who wanted a better life for herself and for all Black people. She overcame many incredible challenges as she bravely stood up for equality and justice. This chapter book for young readers explores how Sojourner escaped slavery to become one of America's greatest champions for human rights.

ANITA CRAWFORD CLARK is a writer and illustrator of fiction and nonfiction books for children. Connect with her on Twitter @AnitaLClark or Instagram @AnitasFavPics, or visit her website, AnitaCrawfordClark.com.

JANUARY 2024

Juvenile Nonfiction
Callisto Publishing
Ages 6 to 9

ISBN: 9798886509397
\$7.99 (US)
8.270 in H | 5.830 in W | 0.400 in T | 0.250 lb
Paperback / softback
64 Pages



Self-Care Activities for Women

101 Practical Ways to Slow Down and Reconnect With Yourself

Cicely Horsham-Brathwaite

A daily dose of self-care anytime you need it

Doing small things to prioritize your own well-being is essential, especially for women, who are often the caretakers of everyone else in their lives. *Self-Care Activities for Women* encourages you to spend time on you, with a wide variety of ways you can relax, reset, and find a little joy.

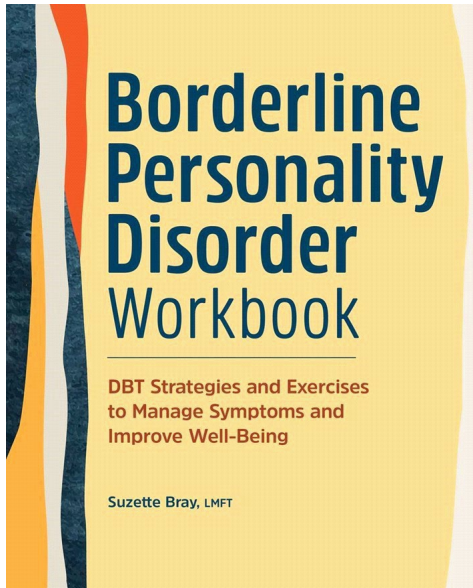
Rights Sold: Estonian
(Uhinenu Ajakirjad)

CICELY HORSHAM-BRATHWAITE, PhD, is a licensed counseling psychologist, executive coach, and organizational consultant with more than two decades of experience. She has been featured in *HuffPost*, *SELF*, *Entrepreneur*, *CNBC Make It*, and the *BBC World Service*.

JANUARY 2024

Self-Help
Callisto Publishing

ISBN: 9798886501650
\$15.99 (US)
9.250 in H | 7.500 in W | 0.600 in T | 0.800 lb
Paperback / softback
144 Pages



Borderline Personality Disorder Workbook

DBT Strategies and Exercises to Manage Symptoms and Improve Well-Being

Suzette Bray

Borderline personality disorder (BPD) can make it difficult to cope with your emotions and maintain healthy relationships—and it affects everyone differently. But with the right tools, you can learn to manage your symptoms and feel more resilient, balanced, and in control. This workbook offers simple exercises based in dialectical behavior therapy (DBT), a proven method for BPD treatment. With the expert guidance inside, you'll find practical ways to regulate your body and mind, improve your sense of self, and create positive change in your life.

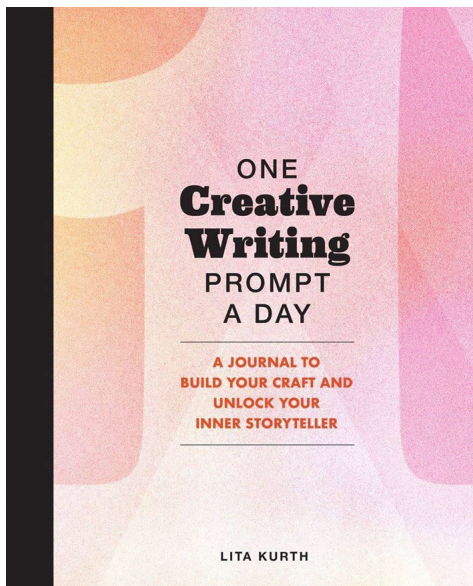
Rights Sold: Japanese
(Kongo Shuppan)

SUZETTEBRAY, LMFT, is a therapist and the founder of multiple mental health treatment programs that have helped transform the lives of people with borderline personality disorder. She's also the author of *DBT Explained* and *Your Emotions and You*.

FEBRUARY 2024

PSYCHOLOGY
Callisto Publishing

ISBN: 9798886508246
\$17.99 (US)
9.250 in H | 7.500 in W | 0.700 in T | 1.300 lb Wt
Paperback / softback
180 Pages



One Creative Writing Prompt A Day

A Journal to Build Your Craft and Unlock Your Inner Storyteller

Lita Kurth

Express yourself with a variety of engaging writing prompts with plenty of room to journal.

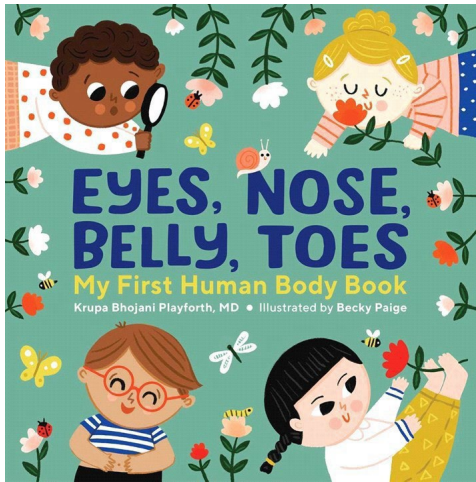
The best way to get better at writing? Practice! This prompt-a-day journal is designed to keep your mind moving, with 365 unique writing prompts that flex your writing muscles and boost your creativity. See what you can dream up as you experiment with imaginative imagery, comedic conversations, macabre mysteries, and beyond. Try one prompt each day for a full year of writing practice or pick the prompts you like best whenever.

Lita Kurth, MFA- Rainier Writers Workshop (PLU), has taught creative writing at De Anza College and many community workshops with students from ages 8 to 80 and from jail residents to published writers. As a writer, Lita has published in fiction, creative nonfiction, and poetry and has received multiple Pushcart and Best of the Net nominations

FEBRUARY 2024

Language Arts & Disciplines
Callisto Publishing

ISBN: 9798886507690
\$15.99 (US)
9.250 in H | 7.500 in W | 0.800 in T | 1.250 lb
Paperback / softback
240 Pages



Eyes, Nose, Belly, Toes

My First Human Body Book
Krupa Bhojani Playforth

All about the human body for kids 1 to 3!

"All kids will see themselves in this beautiful book, intentionally designed to help toddlers learn about the amazing things their bodies can do." — **Emily Oster, CEO of ParentData and bestselling author of *Expecting Better, Cribsheet, and The Family Firm*.**

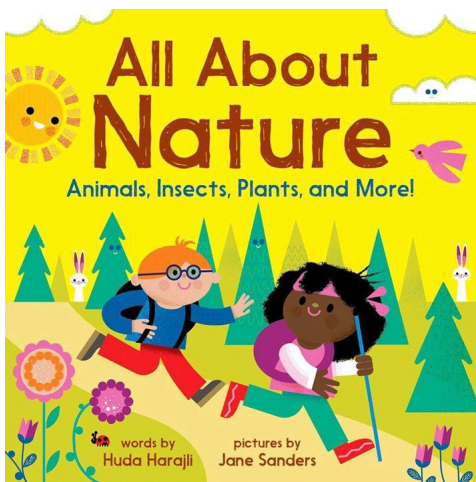
Learning how the human body works is an important skill for toddlers. This adorable kids anatomy book walks them through every

KRUPA BHOJANI PLAYFORTH, MD, is a pediatrician and a mother of three who believes in helping parents and children get clear guidance about their health. Learn more about Dr. Playforth at ThePediatricianMom.com.

MARCH 2024

Juvenile Nonfiction
Callisto Publishing
Ages 1 to 3,

ISBN: 9798886507256
\$12.99 (US)
8.250 in H | 8.250 in W | 0.500 in T | 0.720 lb
Hardback
48 Pages



All About Nature

Animals, Insects, Plants, and More!
Huda Harajli

Discover the world outside-an introduction to nature for kids ages 3 to 5

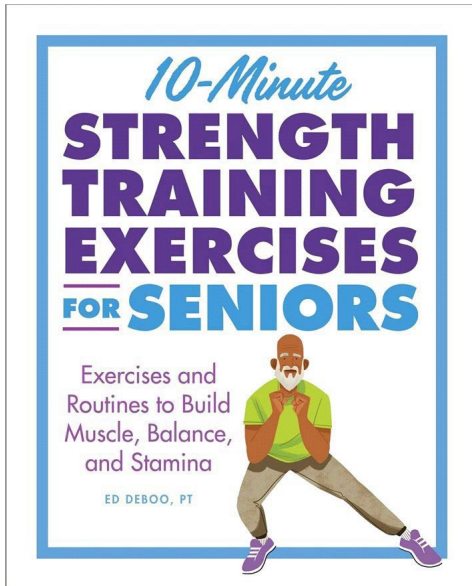
Can you feel the sun? Hear the birds singing? See colorful leaves on the trees? That's nature! This picture book of fun facts teaches toddlers all about land, water, air, and critters big and small. Watch them discover their inner explorer as they look for different kinds of rocks, spot stars in the sky, and learn to love the great outdoors.

HUDA HARAJLI is author of ALL ABOUT WEATHER and an elementary school teacher. She loves helping young students learn about weather and weather safety.

MARCH 2024

Juvenile Nonfiction
Callisto Publishing
Ages 3 to 5

ISBN: 9798886508697
\$12.99 (US)
8.250 in H | 8.250 in W | 0.400 in T | 0.670 lb
Hardback
56 Pages



10-Minute Strength Training Exercises for Seniors

Exercises and Routines to Build Muscle, Balance, and Stamina

Ed Deboo

Improve your ability to do everyday activities and your mental health with 10-minute strength training exercise routines for seniors

Staying strong and flexible becomes even more important as we age. This guide to exercise for seniors makes it easy to stay in motion with short and simple exercises you can do anytime and anywhere. With clear illustrations alongside step-by-step instructions from licensed physical therapist Ed Deboo, you'll learn how to build muscle mass, improve bone density, and feel great in only 10 minutes per day.

Rights Sold: German (MVG)

ED DEBOO, PT, is a physical therapist with over 29 years of clinical experience. He is also a co-owner of Integrative Physical Therapy in Bellingham, WA, a Level 1 Certified Sports Coach, and Bone Fit USA Certified to work with clients with low bone density.

MARCH 2024

Callisto Publishing

ISBN: 9798886507652

\$14.99 (US)

9.250 in H | 7.500 in W | 0.600 in T | 1.185 lb

Paperback / softback

160 Pages



Birds for Kids

A Junior Scientist's Guide to Owls, Eagles, Penguins, and Other Bird Species

Melissa Mayntz

Soar through the wonderful world of birds with the Junior Scientists series for kids ages 6 to 9

From tiny hummingbirds to powerful eagles and everything in between—our planet is home to so many beautifully feathered friends! This big book of birds is packed with tons of cool facts and colorful photos that offer a fascinating peek into their lives. It's written especially for curious new readers, with engaging trivia and age-appropriate language that lets kids read and explore independently as they learn all about birds!

MELISSA MAYNTZ is an enthusiastic birder and award-winning author who has traveled to see birds all over the world. She lives in Florida, where she enjoys seeing painted buntings, northern mockingbirds, and many other birds at her bird feeders.

MARCH 2024

Juvenile Nonfiction

Callisto Publishing

Ages 6 to 9

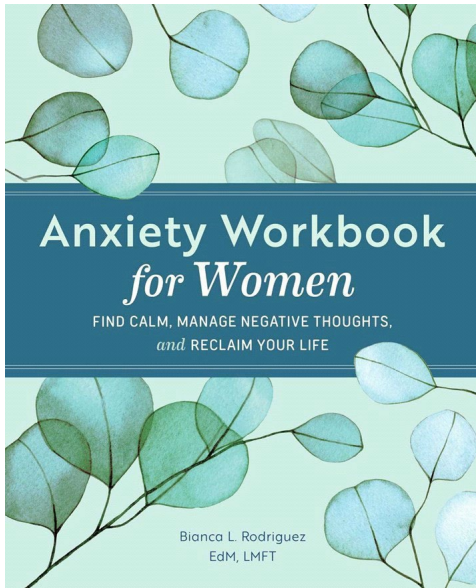
ISBN: 9798886509632

\$8.99 (US)

8.000 in H | 8.000 in W | 0.300 in T | 0.400 lb

Paperback / softback

80 Pages



Anxiety Workbook for Women

Relieve Anxious Thoughts and Find Calm

Bianca L. Rodriguez

Women can relax their minds and bodies so they can get back to living life fully

Manage your anxiety and take control of your life

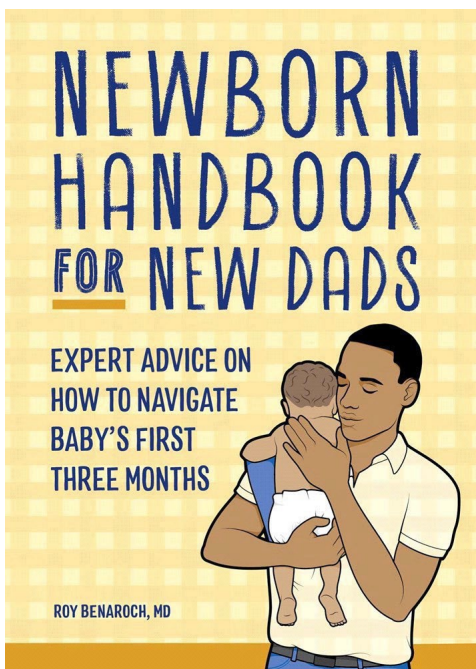
Learn how to quiet your mind and ease fearful feelings with this simple, practical anxiety workbook for women. Each page offers insight into the underlying causes of anxiety and teaches you how to identify your triggers and develop effective coping methods so you can live with greater confidence and contentment.

BIANCA L. RODRIGUEZ, EdM, LMFT, is a licensed marriage and family therapist, transformational coach, and author. Her goal is to help others reconnect with their sense of well-being.

MARCH 2024

SELF-HELP
Callisto Publishing

ISBN: 9798886509205
\$17.99 (US)
9.250 in H | 7.500 in W | 0.700 in T | 1.150 lb
Paperback / softback
208 Pages



Newborn Handbook for New Dads

Expert Advice on How to Navigate Baby's First Three Months

Roy Benaroch

A simple guide for new and expectant dads to navigate baby's first three months with confidence

The ultimate guide to caring for your newborn—written especially for dads by a pediatrician and father

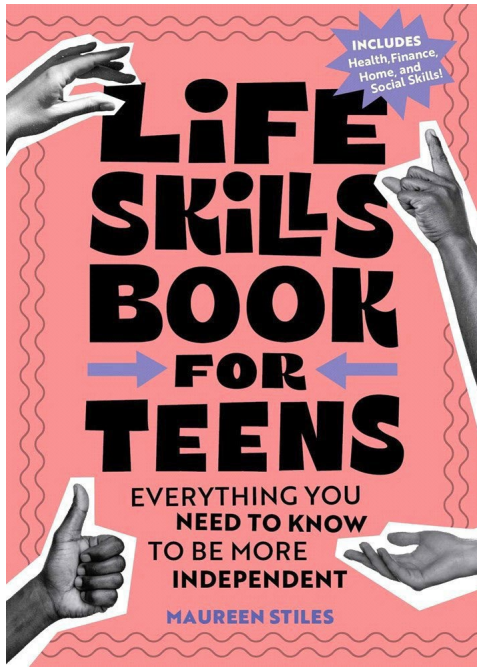
Congratulations on your new baby, dad! The next few months will come with a lot of joy, a lot of changes, and a lot to learn—and this book for first-time fathers is here to help. Written by a dad and pediatrician, it's filled with supportive and straightforward advice especially for dads. It's your one-stop resource for everything from birth and basic newborn care to baby-proofing your home, discovering your parenting style, and being there for your partner.

ROY BENAROCH, MD, is a father of three, and has been a general pediatrician for more than 20 years. This is his third book for parents. His blog, *The Pediatric Insider*, has had more than 5 million views since its inception in 2008.

APRIL 2024

Family &
Relationships Callisto
Publishing

ISBN: 9798886508390
\$16.99 (US)
9.000 in H | 6.000 in W | 0.600 in T | 0.750 lb
Paperback / softback
128 Pages



Life Skills Book for Teens

Everything You Need to Know to Be More Independent

Maureen Stiles

A practical guide to everyday life skills for teens

Set yourself up for success as an adult—tips and advice for ages 16+

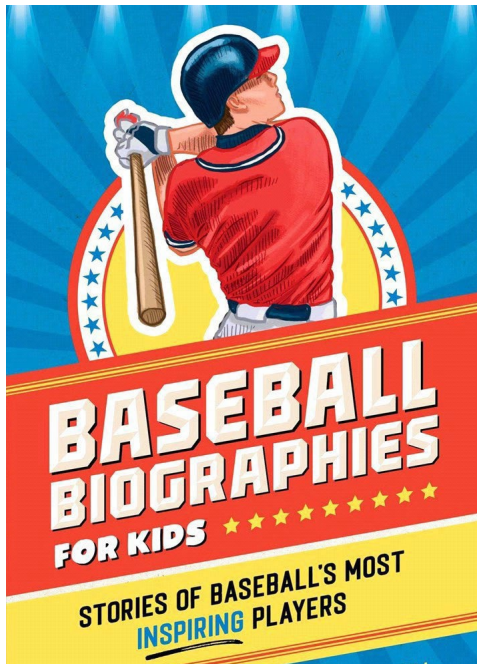
How do you create a budget? Clean a bathroom? Make a doctor's appointment? If you're feeling a little overwhelmed by the responsibilities of growing up, you're not alone—and the *Life Skills Book for Teens* is here to help! It includes straightforward advice for handling your money, health, home, relationships, and more so you can take on adulthood with confidence.

MAUREEN STILES is a freelance writer and editor with a focus on parenting topics and general humor. She has been quoted in *The New York Times* and *Washington Post* regarding parenting strategies, and her writing is featured on TODAYParents, in the book *Grown and Flown: How to Support Your Teen, Stay Close as a Family, and Raise Independent Adults*, as well as many others.

APRIL 2024

Callisto Publishing
Ages 16 to 18

ISBN: 9798886500370
\$12.99 (US)
7.000 in H | 5.000 in W | 0.600 in T | 0.500 lb
Paperback / softback
176 Pages



Baseball Biographies for Kids

Stories of Baseball's Most Inspiring Players

Dean Burrell

Meet the greatest ball players of the last 60 years!

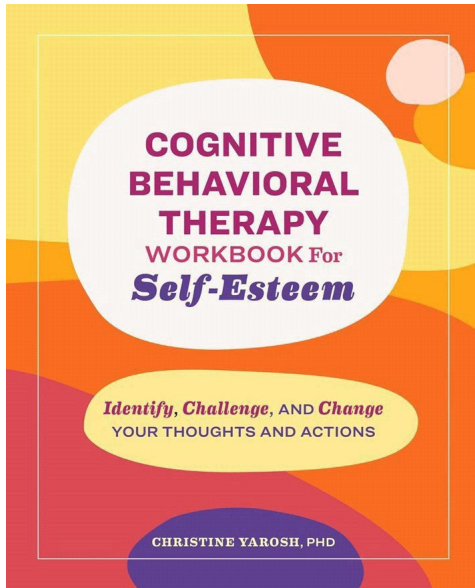
It's the bottom of the ninth, bases are loaded, and your team is down by three—who do you want coming up to bat? Discover the most talented players in every position on the field with *Baseball Biographies for Kids*! This lineup shows you what it takes to be a real MVP, with a run-down of stories, stats, and achievements of the best players in baseball—from the 1960s through today.

DEAN BURRELL is a decades-long baseball fan who learned the game by watching the greats at Candlestick Park in San Francisco. Living in the Bay Area, Dean is fortunate enough to have access to two local major league teams.

APRIL 2024

Juvenile Nonfiction
Callisto Publishing
Ages 8 to 12

ISBN: 9798886501711
\$12.99 (US)
9.000 in H | 6.000 in W | 0.500 in T | 0.700 lb
Paperback / softback
160 Pages



Cognitive Behavioral Therapy Workbook for Self-Esteem

Identify, Challenge, and Change Your Thoughts and Actions

Christine Yarosh

Become a happier, more confident person with CBT

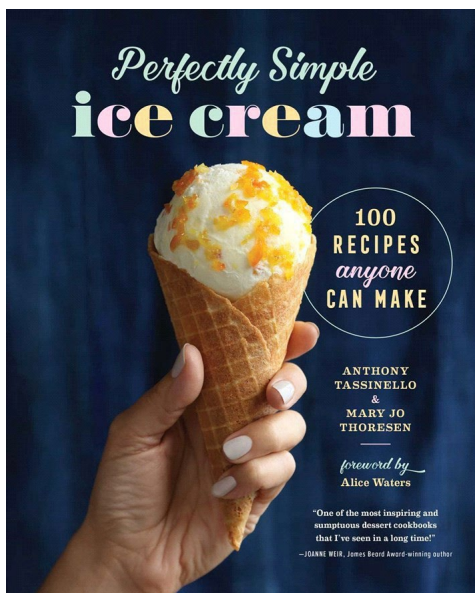
Cognitive behavioral therapy (CBT) is a proven method of identifying, challenging, and changing the thoughts and actions that hold you back. It teaches you to break bad habits and shake up your outlook on life—which makes it an ideal way to boost your self-esteem! This CBT workbook uses straightforward language and practical advice to help you believe in your own abilities and create the best version of yourself.

CHRISTINE YAROSH, PhD, is a clinical psychologist in the San Francisco Bay Area. She has more than 25 years of experience helping people heal, grow, and find greater life balance. Learn more about her work at liblafayette.com.

APRIL 2024

Self-Help
Callisto Publishing

ISBN: 9798886509212
\$19.99 (US)
9.250 in H | 7.500 in W | 0.500 in T | 1.090 lb
Paperback / softback
208 Pages



Perfectly Simple Ice Cream

100 Recipes Anyone Can Make

Anthony Tassinello, Mary Jo Thoresen

Sweeten and savor any occasion with this incredible homemade ice cream book!

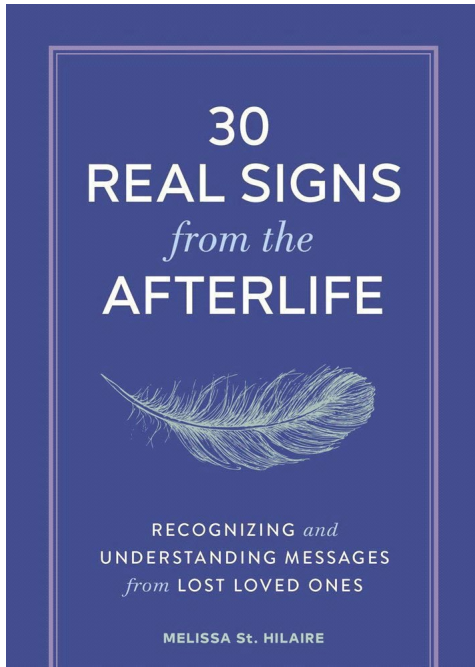
Discover how easy it is to recreate recipes from your favorite ice cream shop at home in this irresistible celebration of all things sweet and frozen. Brought to you by Anthony Tassinello and Mary Jo Thoresen, veteran chefs of Alice Waters's famed Chez

Anthony Tassinello has spent the last two decades cooking at the iconic Chez Panisse Restaurant in Berkeley, California. His passion for wood-fired cookery, baking, and pastry and cocktail culture keeps him busy all four seasons. He has foraged for wild mushrooms from Oregon to Italy, and was the foraging guide for author/food activist Michael Pollan in his acclaimed bestseller, *The*

APRIL 2024

Callisto Publishing

ISBN: 9798886509809
\$26.99 (US)
9.500 in H | 7.750 in W | 0.870 in T
Hardback
248 Pages



30 Real Signs from the Afterlife

Recognizing and Understanding Messages from Lost Loved Ones

Melissa St. Hilaire

Discover signals from the spirit world and connect with those you've lost

Signs of the spirit world are all around us—which means contacting loved ones and pets who have passed on is possible. This guide shows you how to communicate with the afterlife by noticing and decoding the signs and messages it sends. Author Melissa St. Hilaire explains the essential steps to sensing and understanding spirit energy, setting good intentions before contacting spirits, making a connection, and maintaining that connection for as long as you want.

MELISSA ST. HILAIRE had her first mediumship experience at age three and began reading tarot cards at age twelve. She currently works as an intuitive reader and medium, offering spellcrafting services, mediumship training, a psychic development series, and Victorian table tipping séances.

MAY 2024

Body, Mind & Spirit
Callisto Publishing

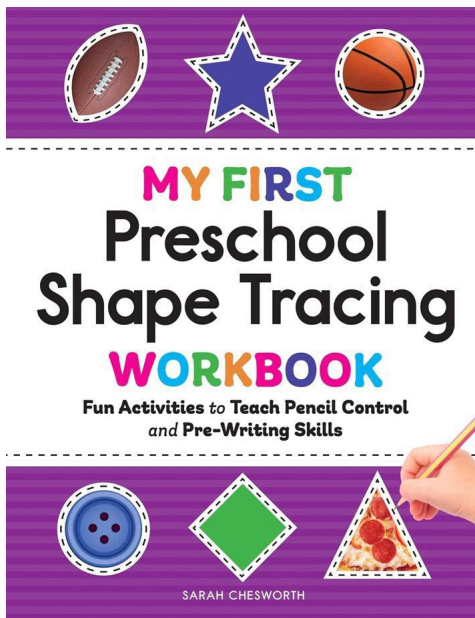
ISBN: 9798886509243

\$12.99 (US)

8.000 in H | 5.250 in W | 0.500 in T | 0.470 lb

Paperback / softback

144 Pages



My First Preschool Shape Tracing Workbook

Fun Activities to Teach Pencil Control and Pre-Writing Skills

Sarah Chesworth

Build pen control and pre-writing skills with shape tracing

Help preschoolers build their motor skills with this shape-tracing book

Tracing is a fantastic way for kids ages 3 to 5 to develop fine motor muscles and build the skills they need to write letters and numbers—and this book makes it fun. *My First Preschool Shape Tracing Workbook* is full of colorful shapes that little ones can trace right on the page to engage their growing minds as they practice pencil control and pre-writing skills!

SARAH CHESWORTH is a former kindergarten and first grade teacher. Now she spends her days teaching her own two little girls. She also helps busy parents and teachers make learning fun through her website and online teaching resources. She holds a bachelor's degree in early childhood education from Texas Tech University.

MAY 2024

Juvenile Nonfiction
Callisto Publishing

Ages 3 to 5

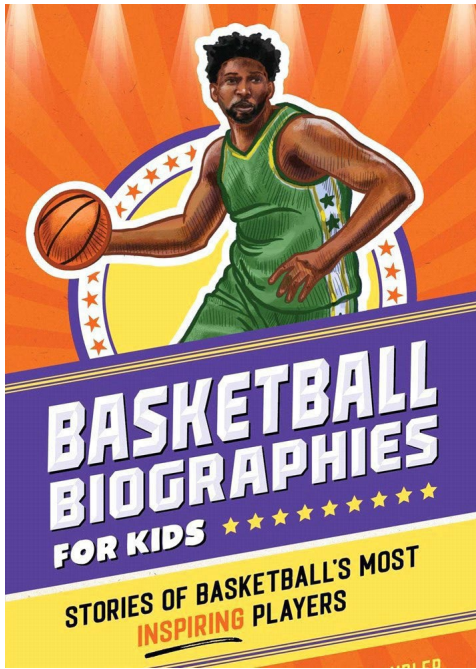
ISBN: 9798886509274

\$9.99 (US)

11.000 in H | 8.500 in W | 0.400 in T | 0.850 lb

Paperback / softback

80 Pages



Basketball Biographies for Kids

Stories of Basketball's Most Inspiring Players

Matt Chandler

Get to know the game with inspiring basketball player biographies for ages 8 to 12

Basketball is filled with inspiring stories of world-class athletes working hard and overcoming challenges to shine on the court. Discover the most talented players from each position with *Basketball Biographies for Kids*! This lineup shows you what it takes to be a WNBA or NBA superstar with the amazing stories, stats, and achievements of the best players from the last 60 years.

MATT CHANDLER is a former newspaper journalist and six-time New York Press Association award winner. The author of more than 55 nonfiction books, he has written extensively about all types of sports and athletes. His *Sports Illustrated Kids* book, *Side-by-Side Baseball Stars: Comparing the Game's Greatest*, was selected by the American Society of Journalists and Authors for its

MAY 2024

Juvenile Nonfiction
Callisto Publishing

Ages 8 to 12

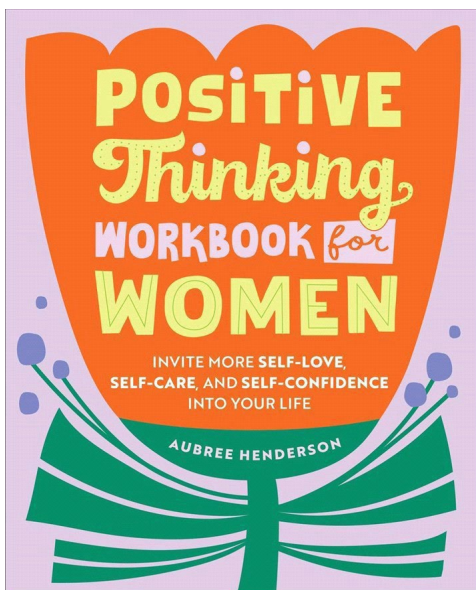
ISBN: 9798886501995

\$12.99 (US)

9.000 in H | 6.000 in W | 0.400 in T | 0.334 lb

Paperback / softback

160 Pages



Positive Thinking Workbook for Women

Invite More Self-Love, Self-Care, and Self-Confidence into Your Life

Aubree Henderson

Cultivate positivity and embrace possibility!

Keeping a positive outlook on life is a form of self-care that can boost your self-esteem and overall well-being—it just takes practice! Learn how to shift your perspective with this positive thinking workbook written especially for women. It's filled with thoughtful prompts and affirmations designed to help you build confidence and bounce back from challenges so you can feel better every day.

AUBREE HENDERSON is a certified professional life coach, writer, and pleasure activist. Aubree's coaching specialties include boundaries, body image, relationships, sexuality, and self-confidence. She is also an author of *Breaking Up with People-Pleasing: A Manual for Ditching the Exhaustion of People-Pleasing and Falling in Love with Yourself*. She lives in Brooklyn, New York.

MAY 2024

Self-Help
Callisto Publishing

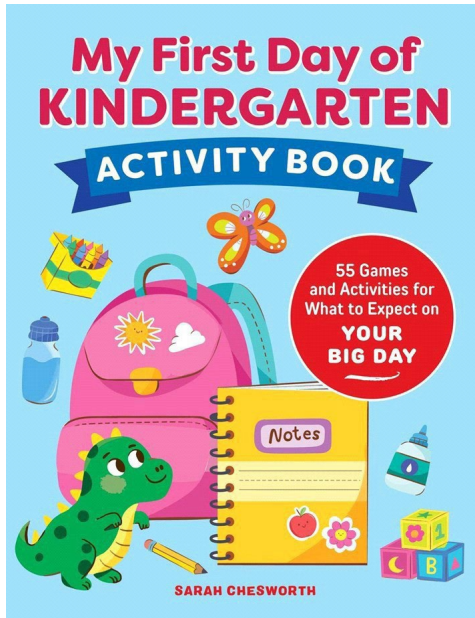
ISBN: 9798886509304

\$15.99 (US)

9.250 in H | 7.500 in W | 0.600 in T | 0.950 lb

Paperback / softback

176 Pages



My First Day of Kindergarten Activity Book

55+ Games and Activities for What to Expect on Your Big Day

Sarah Chesworth

Show kids ages 4 to 6 what their first day of kindergarten will look like—with fun and games!

Starting school is an exciting time, but it's also a big change for kids. This interactive, illustrated kindergarten book helps them feel prepared for their first day with games and activities that explain what to expect—and help them practice some kindergarten skills along the way.

SARAH CHESWORTH is a former kindergarten and first grade teacher. Now she spends her days teaching her own two little girls. She also helps busy parents and teachers make learning fun through her website and online teaching resources. She holds a bachelor's degree in early childhood education from Texas Tech University.

MAY 2024

Juvenile Nonfiction

Callisto Publishing

Ages 4 to 6,

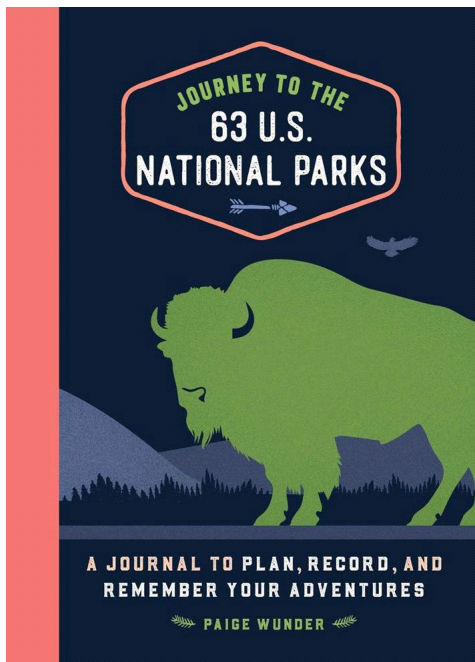
ISBN: 9798886509335

\$9.99 (US)

11.000 in H | 8.500 in W | 0.400 in T | 0.880 lb

Paperback / softback

80 Pages



Journey to the 63 U.S. National Parks

A Journal to Plan, Record, and Remember Your Adventures

Paige Wunder

Capture your experiences in the American national parks!

For over 150 years, the breathtaking national parks of the USA have protected its most precious habitats and provided adventure and unbelievable scenery for outdoor enthusiasts. Create a keepsake of your travels to any—or all—of the 63 US national parks with this beautiful journal and logbook.

PAIGE WUNDER is the creator and writer of the travel blog, *For the Love of Wanderlust*, detailing her adventures across all fifty states and dozens of countries. Her passions are exploring the outdoors, experiencing different cultures, and learning about living a more sustainable life.

MAY 2024

Travel

Callisto Publishing

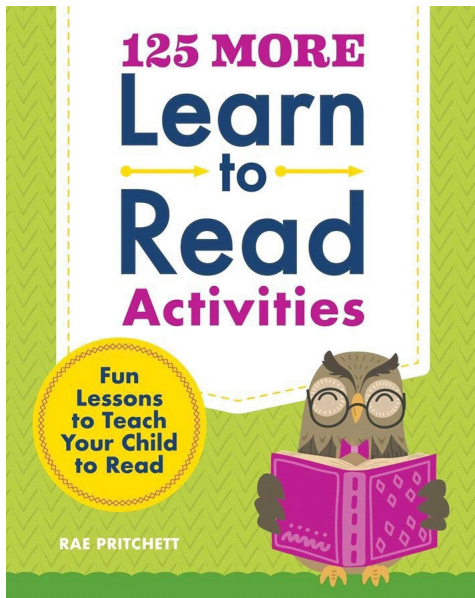
ISBN: 9798886509403

\$15.99 (US)

8.250 in H | 6.000 in W | 0.790 in T | 0.815 lb

Hardback

216 Pages



125 More Learn to Read Activities

Fun Lessons to Teach Your Child to Read

Rae Pritchett

Teach kids even more essential reading skills through fun and games!

There's no better way to help kids learn than by making it fun! This companion to the original *Learn to Read Activity Book* offers 125 additional hands-on activities to get kids excited about learning to read. Kids ages 5 to 7 will briefly review the skills they learned in the first book before diving into new ones like identifying middle vowel sounds, counting syllables, and spelling.

Each exercise reinforces the fundamentals with creative, interactive elements that kids love. Get ready to watch their minds grow as they unlock a lifetime of reading independence.

RAE PRITCHETT is a teacher and curriculum author who specializes in literacy. She holds a master's degree in education, a CAGS in Educational Leadership, and is a certified dyslexia practitioner. To learn more, visit her blog MissRaesRoom.com.

JUNE 2024

Juvenile Nonfiction

Callisto Publishing

Ages 5 to 7

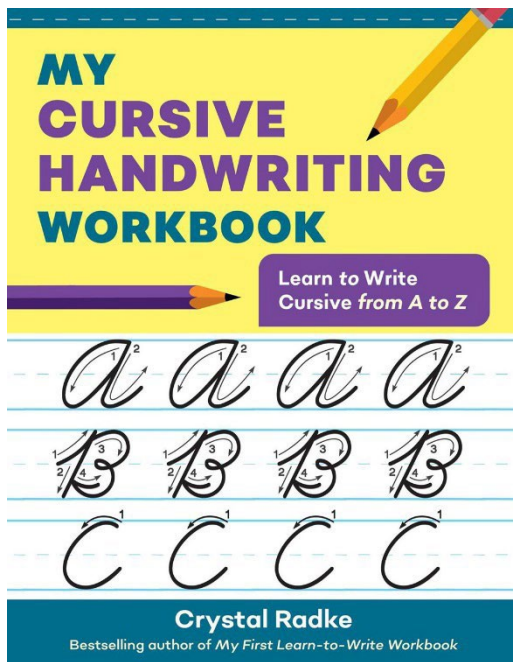
ISBN: 9798886509267

\$13.99 (US)

10.000 in H | 8.000 in W | 0.600 in T | 1.365 lb

Paperback / softback

160 Pages



My Cursive Handwriting Workbook

Learn to Write Cursive from A to Z

Crystal Radke

Teach kids to write cursive with confidence—from the author of the #1 bestselling *My First Learn-to-Write Workbook*!

Cursive is an important skill for young brains and hands to learn—and this book makes it easy. Kids ages 7 to 10 will jump into creative cursive handwriting lessons that help them practice every letter of the alphabet, then connect them to make whole words and sentences.

CRYSTAL RADKE is a bestselling author, educational leader, and public speaker. After spending time as a kindergarten teacher, she began her consultant business where she mentors early childhood educators by providing inspirational keynotes and powerful professional development.

JUNE 2024

Juvenile Nonfiction

Callisto Publishing

Ages 7 to 10,

ISBN: 9798886509984

\$8.99 (US)

11.000 in H | 8.500 in W | 0.240 in T | 0.347 lb

Paperback / softback

96 Pages



My Happy Moments Journal

Fun Prompts to Record Your Favorite Memories

Jamie Leigh Bassos

Encourage kids to record their favorite moments with this guided journal

When kids write about their experiences, they can look back and remember everything that makes them happy! The *My Happy Moments Journal* lets them create a keepsake of meaningful moments, with fun and creative kids' activities like writing down 3 things they're thankful for, drawing an "emotion ocean", and challenging themselves to try something new.

JAMIE LEIGH BASSOS is a board-certified behavior analyst who has worked with infants, toddlers, children, and families for over 20 years. She holds a master of science degree in applied behavior analysis from Northeastern University and a bachelor of science in psychology from The George Washington University.

JUNE 2024

Juvenile Nonfiction

Callisto Publishing

Ages 6 to 9

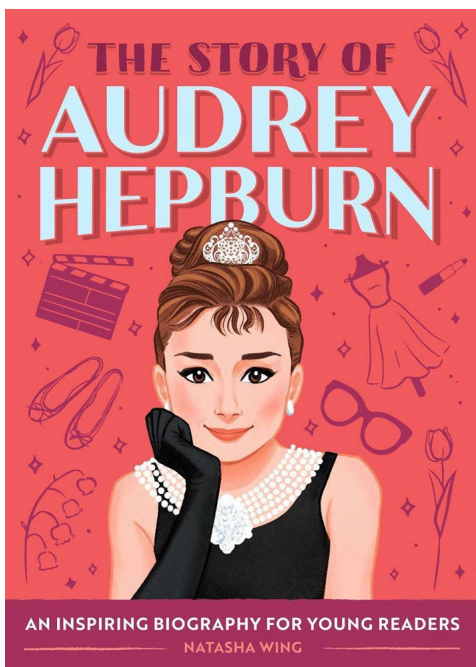
ISBN: 9798886509250

\$12.99 (US)

8.000 in H | 5.750 in W | 0.320 in T | 0.228 lb

Paperback / softback

128 Pages Pages



The Story of Audrey Hepburn

An Inspiring Biography for Young Readers

Natasha Wing

Discover the life of Audrey Hepburn—a story about grace, passion, and helping others for kids ages 6 to 9.

Audrey Hepburn was a famous actress, fashion icon, and humanitarian. Before she became a movie star, she was a young girl in Belgium who wanted to be a ballerina. She lived through a world war and many other difficult times, but never gave up on her dreams and was always kind to everyone around her. This Audrey Hepburn kids' book explores how she went from hiding her identity to being one of the most beloved celebrities in the world.

NATASHA WING has written children's books for more than 30 years. She has written biographies of Jackie Kennedy Onassis and artist Josef Albers, and is particularly interested in the contributions of women to history.

JUNE 2024

Juvenile Nonfiction

Callisto Publishing

Ages 6 to 9

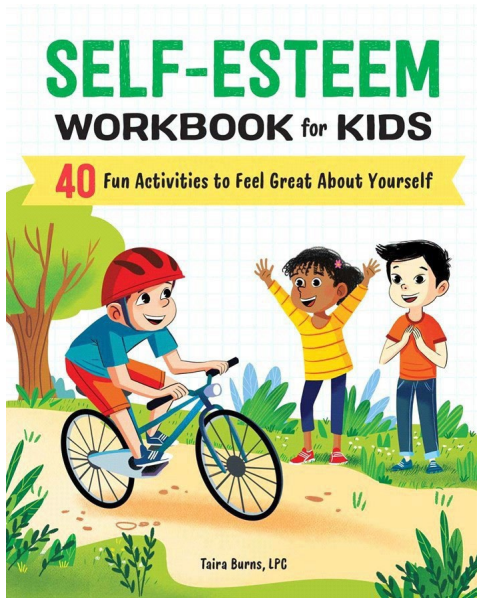
ISBN: 9798886509359

\$7.99 (US)

8.270 in H | 5.830 in W | 0.160 in T | 0.119 lb

Paperback / softback

64 Pages



Self-Esteem Workbook for Kids

40 Fun Activities to Feel Great about Yourself

Taira Burns

Give kids the tools to build healthy self-esteem.

One of the most important things for kids to learn when growing up is just how amazing they really are! Packed with 40 educational and entertaining activities, this kid-friendly workbook teaches them all about self-esteem. Inside, they'll learn what positive self-esteem looks like, and how they can grow their own self-esteem to feel happier and more confident every day.

Taira Burns, LPC-MHSP is a licensed professional counselor who specializes in children and teens with anxiety, depression, and school transitioning issues. She shares mental health content on social media platforms, including TikTok and Instagram, at @tairatalkstherapy.

JUNE 2024

Juvenile Nonfiction

Callisto Publishing

Ages 6 to 9

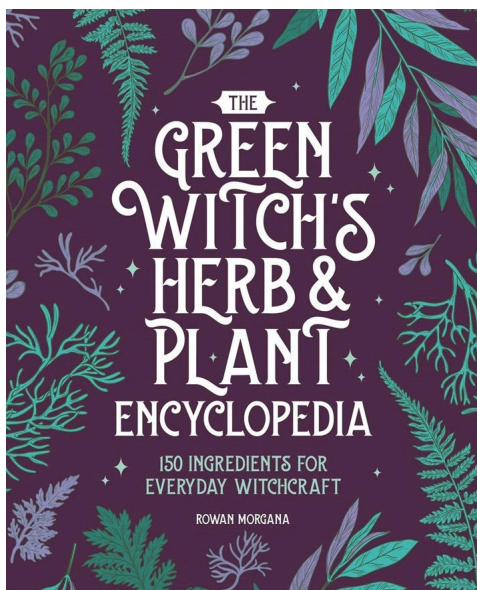
ISBN: 9798886509298

\$14.99 (US)

10.000 in H | 8.000 in W | 0.360 in T

Paperback / softback

144 Pages



The Green Witch's Herb and Plant Encyclopedia

150 Ingredients for Everyday Witchcraft

Rowan Morgana

Everything you need to know about using plants and herbs for green witchcraft.

Infusing your craft with plants and herbs is a powerful way to connect to Mother Earth. This green witchcraft encyclopedia explores the most essential magical plants, offering you a complete resource for safely growing, foraging, harvesting, and using everything from aloe to valerian. Discover greater harmony with nature as you harness the natural energy of plants to create healing and balance in your life.

ROWAN MORGANA is a practicing witch. She is the author of *Modern Wicca* and *The Solitary Wicca Guide*. She also runs the websites sacredwicca.com and morganamagickspell.com, as well as the Etsy shop, Morgana Magick Spell.

JULY 2024

Body, Mind & Spirit

Callisto Publishing

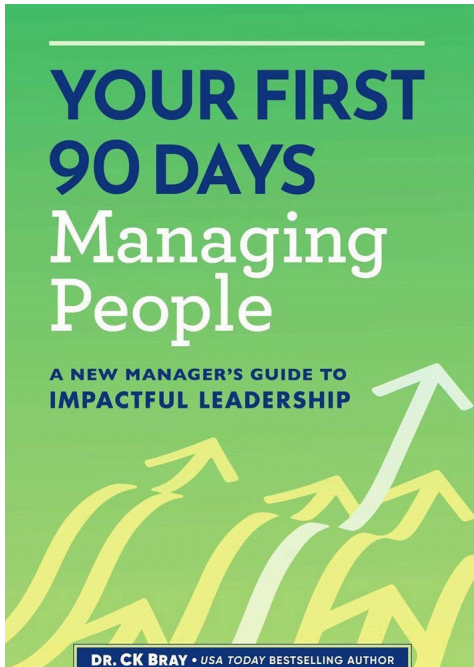
ISBN: 9798886509342

\$16.99 (US)

9.250 in H | 7.500 in W | 0.560 in T

Paperback / softback

224 Pages



Your First 90 Days Managing People

A New Manager's Guide to Impactful Leadership

Dr. CK Bray

The 90-day plan for becoming the best boss you can be

How do you run a big meeting? Help your employees meet their goals? Hire someone? Master these skills and more with this indispensable guide to the first 30, 60, and 90 days in your new management role. Jump into the job with confidence as you navigate the dos and don'ts of first-time managers, learn to communicate effectively, delegate responsibilities clearly, and build the 5 qualities all great bosses have.

DR. CK BRAY is a cognitive-behavioral researcher, speaker, author, and CEO/founder of the Adaption Institute, a research-based firm that provides science-based solutions for organizations. He is also a researcher and faculty member at the Harvard Brain Health Initiative.

JULY 2024

Business & Economics
Callisto Publishing

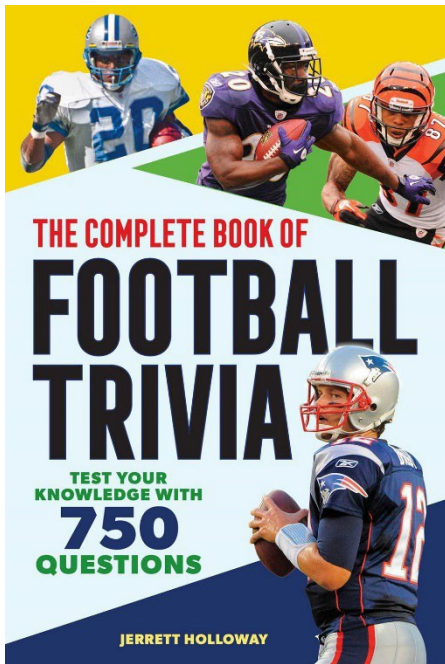
ISBN: 9798886509649

\$14.99 (US)

9.000 in H | 6.000 in W | 0.400 in T | 0.334 lb

Paperback / softback

160 Pages



The Complete Book of Football Trivia

Test Your Knowledge with 750 Questions

Jerrett Holloway

Are you a real football fan? Prove it!

Put your football knowledge to the test! With this NFL trivia book in hand, you'll be able to quiz yourself and your friends on the league's all-time great players and franchise dynasties, as well as the coaches, larger-than-life owners, and others who helped make football a staple of American culture.

JERETT HOLLOWAY is the founder and contributing writer at TooAthletic.com. Jerrett was joined in crafting this book by top TooAthletic.com writer and blogger Rafael Thomas. Jerrett resides in Philadelphia, Pennsylvania, and his favorite team is the Philadelphia Eagles. His favorite athlete is Tom Brady.

AUGUST 2024

Games
Callisto Publishing

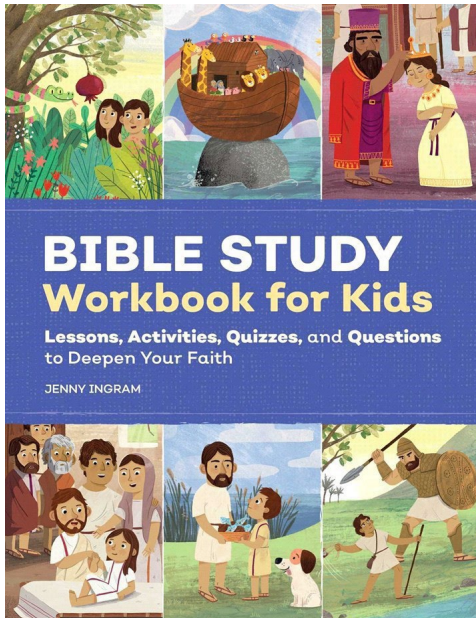
ISBN: 9798886509816

\$12.99 (US)

9.000 in H | 6.000 in W | 0.440 in T | 0.368 lb

Paperback / softback

176 Pages



Bible Study Workbook for Kids

Lessons, Activities, Quizzes, and Questions to Deepen Your Faith
Jenny Ingram

Questions and activities to help kids understand the Bible

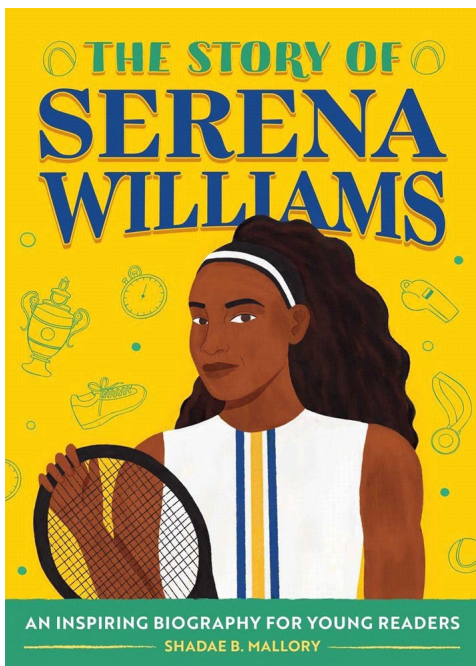
God's Word offers guidance that lasts a lifetime. Encourage kids to explore Scripture and connect to their faith with this fun and interactive Bible workbook for kids! It offers weekly lessons that focus on a particular passage, its key themes, and include a range of hands-on questions, quizzes, and games to get kids interested in reading the Bible.

JENNY INGRAM is the author of the popular blog *Jenny on the Spot*—a parenting, lifestyle, and humor-centered blog featuring the occasional craft and recipe. Her work has been featured in places like HuffPost, BuzzFeed, and Redbook.

AUGUST 2024

JUVENILE NONFICTION
Callisto Publishing
Ages 8 to 12

ISBN: 9798886509328
\$15.99 (US)
11.000 in H | 8.500 in W | 0.440 in T | 0.637 lb Wt
Paperback / softback
176 Pages



The Story of Serena Williams

An Inspiring Biography for Young Readers
Shadae Mallory

Discover the life of Serena Williams—a story about challenging yourself and achieving your dreams

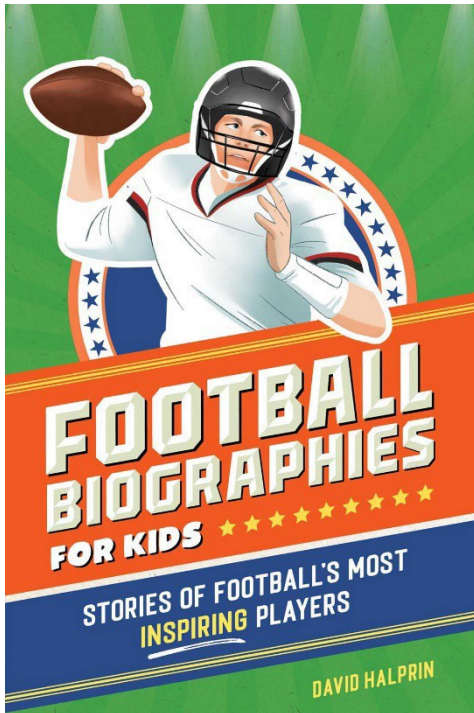
Serena Williams is one of the most famous and talented tennis players in history. Before she became a legendary professional athlete, she was a young girl who loved reading and gymnastics and started playing tennis at three years old! In this book about Serena Williams for kids, new readers will explore how she faced discrimination, injuries, and many other challenges, but still worked hard to be the best player she could be.

Shadae B. Mallory, MA, is a writer, educator, and social justice advocate. They also work as a diversity, equity, and inclusion consultant and as a freelance writer. *The History of the Civil Rights Movement* is Shadae's debut novel. You can follow them online at ShadaeMallory.com.

AUGUST 2024

Juvenile Nonfiction
Callisto Publishing
Ages 6 to 9

ISBN: 9798886509380
\$7.99 (US)
8.270 in H | 5.830 in W | 0.160 in T
Paperback / softback
64 Pages



Football Biographies for Kids

Stories of Football's Most Inspiring Players

David Halprin

Touchdown!

Inspiring football biographies for NFL fans ages 8 to 12

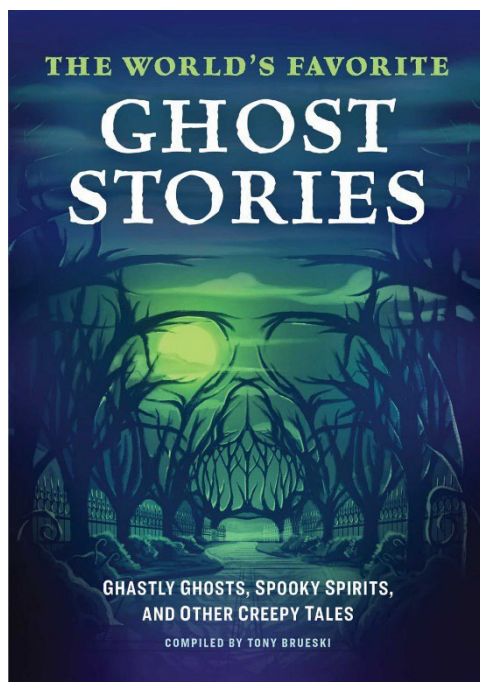
There's nothing like American football! Dive into *Football Biographies for Kids* and meet some of the most famous quarterbacks, tight ends, wide receivers, and kickers in history—and see what makes them so impressive. This roster of legendary NFL players shows you what it takes to be one of the greats.

DAVID HALPRIN has been covering American football for the last 15-plus years at SB Nation. He's the author of *The Big Book of College Football Trivia: 700 Questions for NCAA Football Fanatics*. He lives with his wife just outside of Atlanta, Georgia.

AUGUST 2024

Juvenile Nonfiction
Callisto Publishing
Ages 8 to 12

ISBN: 9798886502824
\$12.99 (US)
9.000 in H | 6.000 in W | 0.400 in T | 0.334 lb Wt
Paperback / softback
160 Pages



The World's Favorite Ghost Stories

Ghastly Ghosts, Spooky Spirits, and Other Creepy Tales

Tony Brueski

Experience 13 harrowing tales of the mysterious and the macabre!

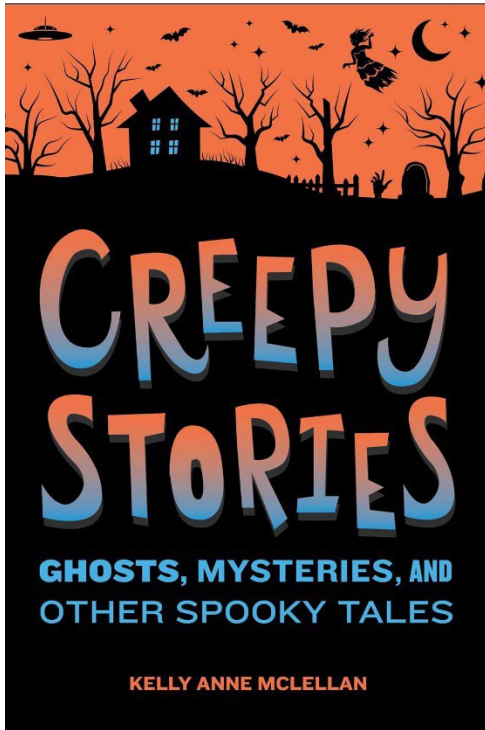
Gather 'round for ominous tales of the paranormal that'll have you looking over your shoulder to make sure you're actually alone. This curated collection of hair-raising scary stories from across the world will thrill and ensnare. Read them with the lights off—if you dare.

TONY BRUESKI hosts the popular paranormal podcasts, *Real Ghost Stories Online* and *The Grave Talks*. The shows are an exciting and chilling mix of real ghost stories as recounted by the people who experienced them.

AUGUST 2024

Fiction
Callisto Publishing

ISBN: 9798886509991
\$14.99 (US)
8.270 in H | 5.830 in W | 0.480 in T
Paperback / softback
192 Pages



Creepy Stories

Ghosts, Mysteries, and Other Spooky Tales

Kelly Anne McLellan

Fun and spooky stories for everyone to read together

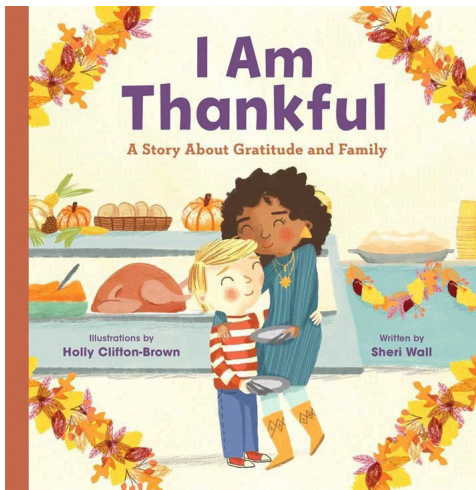
Make any night in more exciting with this thrilling collection of 16 tales that are creepy, funny, mysterious, and strange. Feel shivers down your spine as you read about ringing bells in a cemetery, ghostly underpants, fairies that create dreams, and more!

KELLY ANNE MCLELLAN is a teacher and curriculum developer with over a decade of experience. She loves helping students fall in love with reading and writing. Kelly holds a degree in elementary education from the University of South Carolina. She currently lives in Wilmington, North Carolina, with her family.

AUGUST 2024

Callisto Publishing
Ages 6 to 9

ISBN: 9798886509854
\$7.99 (US)
9.000 in H | 6.000 in W | 0.160 in T | 0.134 lb Wt
Paperback / softback
64 Pages



I Am Thankful

A Story About Gratitude and Family

Sheri Wall

Teach kids about coming together with loved ones to give thanks! *I Am Thankful* is an adorable, rhyming storybook that follows three different families as they celebrate the holiday with their own traditions, acts of kindness, and ways of giving back.

Kids will learn how to be thankful for the people and world around them as they delight in the sweet illustrations that show diverse families and exciting Thanksgiving adventures. This heartfelt, poetic story will show young ones the meaning of giving and sharing.

SHERI WALL is a lover of rhyme who has lived in Texas for a really long time. Sheri likes to stay active and be on the go, either biking, or shopping, or seeing a show. To find more lively books by this witty mom, visit her website, amatterofrhyme.com.

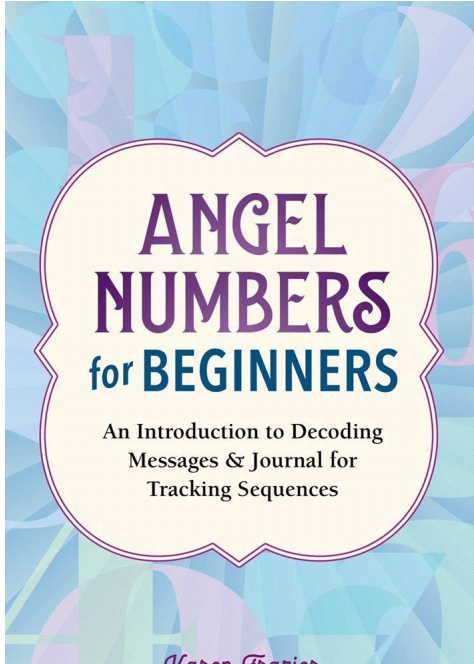
AUGUST 2024

Juvenile Nonfiction
Callisto Publishing
Ages 3 to 5

ISBN: 9798886503302
\$12.99 (US)
8.250 in H | 8.250 in W | 0.410 in T | 0.669 lb Wt
Hardback
64 Pages



**2023
TITLES**



Angel Numbers for Beginners

An Introduction to Decoding Messages & Journal for Tracking Sequences

Karen Frazier

Learn to see and decode angel numbers so you can decipher your destiny!

The truth behind the numbers—Understand what angel numbers are, what each digit means, where they come from, and how to recognize their purpose in your life.

Track your sightings—A dedicated tracker helps you record number sightings, discover

If you're waking up everyday at 5:55 am, spending \$11.11 at the grocery store, or seeing 1212 everywhere you go, you could be receiving important messages in the form of angel numbers. These numbers can help guide us along our paths or out of difficult situations—and with this angel numbers journal you can interpret their meaning in your life.

Rights Sold: Polish (Studio Astropsychologii)

KAREN FRAZIER is the author of books about metaphysics, crystal healing, energy healing, dream interpretation, and the paranormal. She holds a Bachelor of Metaphysical Science (B.MSc) and a Masters of Metaphysical Science (M.MSc) as well as a PhD in Metaphysical Parapsychology from the University of Sedona. She lives with her husband in Southwest Washington.

JANUARY 2023 ISBN: 9798886503760

Body, Mind & Spirit
Callisto Publishing

\$12.99 (US)
8.500 in H | 5.500 in W | 0.420 in
Paperback / softback
170 Pages



Baby Memory Book

Your First Five Years - Keepsake Journal for New & Expecting Parents, Milestone

Terri McHugh

A beautiful and giftable 5-year memory book for expectant parents looking to reflect on their child's growth through guided prompts, record meaningful moments, capture major milestones, and create a family keepsake.

Capture your child's first five years in this baby memory book

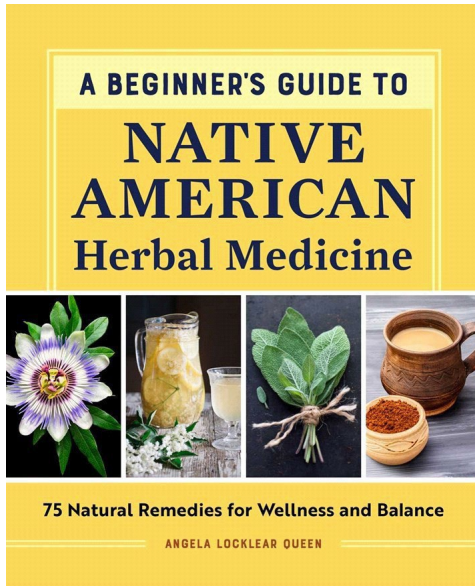
The beginning of your child's life is full of precious memories you'll want to cherish forever—and this baby book makes it fun to create a heartfelt keepsake that spans a full five years! You'll find plenty of space for precious mementos and unique writing prompts to help you preserve the most meaningful moments of your child's infancy, toddler years—up through their fifth birthday.

TERRI MCHUGH is a professional photographer and the founder of XOXO terri, a lifestyle and parenting website. As a blogger, Terri has accumulated a social media presence that reaches millions per month.

JANUARY 2023 ISBN: 9798886502275

Family & Relationships
Callisto Publishing

\$24.99 (US)
8.250 in H | 8.250 in W | 0.700 in T
Hardback
148 Pages



A Beginner's Guide to Native American Herbal Medicine

75 Natural Remedies for Wellness and Balance

Angela Locklear Queen

A beginner's guide to Native American herbal medicine with a primer on traditional Native American methods and herbs, as well as 75 remedies for common ailments.

Improve your well-being with Native American herbal medicine

Native American herbal medicine offers a powerful way to connect with the earth and heal naturally—and with this handbook of Native American herbs, you can learn all about herb uses and their restorative effects. Written by an Indigenous herbalist, this guide shows you how to responsibly use traditional plants to treat anxiety, colds, inflammation, and more.

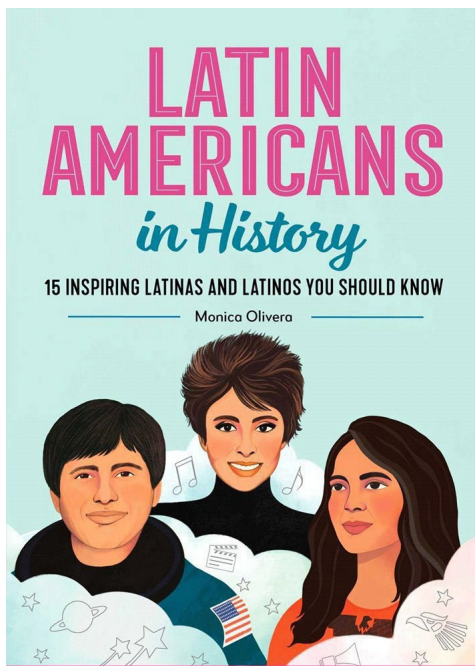
ANGELA LOCKLEAR QUEEN is an enrolled member of the Lumbee Tribe of North Carolina. She's a student and practitioner of nutrition and herbalism, and received her certification as a Nutritional Therapy Practitioner through The Science and Art of Herbalism, Dwelling School of Earth Medicine.

JANUARY 2023

Health & Fitness
Callisto Publishing

ISBN: 9798886501278

\$16.99 (US)
9.250 in H | 7.500 in W | 0.600 in T | 0.657 lb
Paperback
165 Pages



Latin Americans in History

15 Inspiring Latinas and Latinos You Should Know

Monica Olivera

An inspiring collection of biographies featuring 15 people from Latin America who were influential in shaping history.

Amazing stories of Latin Americans who changed the world—for kids ages 8 to 12

Discover the incredible contributions that people of Latin American heritage have made to world history! Learn about Simón Bolívar, a Venezuelan soldier who helped many South American countries achieve independence from Spain. Meet Violeta Barrios Torres de Chamorro, a former journalist and the first female president of Nicaragua. And get to know Gloria Estefan, the Cuban singer and songwriter who became the "Queen of Latin Pop."

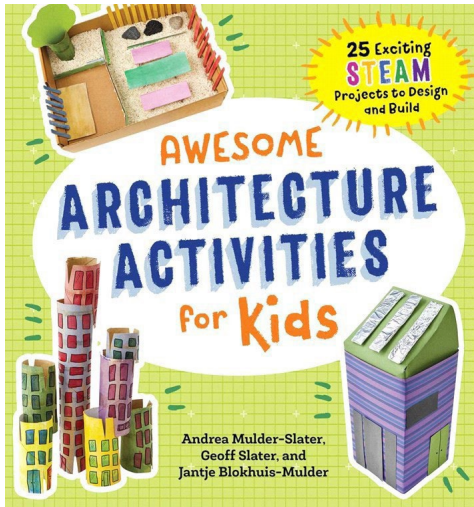
MONICA OLIVERA is an author, freelance education writer, and homeschooling mom. She's also the content creator of the Latino Children's Summer Reading Program, the first national online program designed specifically for Latino families. She has written several education books, including *The Latino Family's Guide to Homeschooling* and *Preschool at Home: A Guide for Caregivers*.

JANUARY 2023

Juvenile Nonfiction
Callisto Publishing
Ages 8 to 12

ISBN: 9798886504361

\$19.99 (US)
9.250 in H | 6.250 in W | 0.600 in
Hardback
114 Pages



Awesome Architecture Activities for Kids

25 Exciting STEAM Projects to Design and Build

Andrea Mulder-Slater, Jantje Blokhuis-Mulder, Geoff Slater

Experiments and activities include things such as building paper skyscrapers, earthquake-proofing experiments, and using a scale ruler.

Get kids excited about architecture with hands-on activities for ages 5 to 10

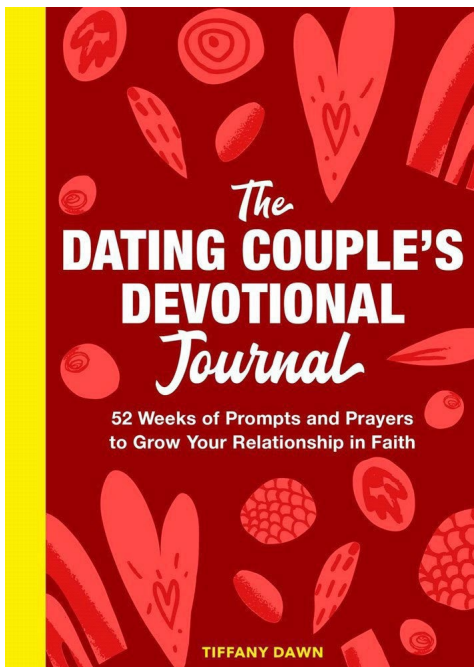
Architects create the spaces we use every day—but how do they know what a building should look like? Kids will uncover the answer with this book of 25 at-home architecture activities! Inside, they'll explore the key principles of building and design through creative projects like constructing a bridge, designing a garden, and planning a shopping center.

ANDREA MULDER-SLATER is an artist, writer, and art curriculum designer who writes about art, parenting, and humor. She and her folk artist mom, **JANTJE BLOKHUIS-MULDER**, created kinderart.com and thekinderartclub.com to help teachers and parents teach their kids about art. They wrote this book with the help of Andrea's husband, **GEOFF SLATER**, an artist who dabbles in landscape architecture and drafting.

JANUARY 2023

Juvenile Nonfiction
Callisto Publishing
Ages 5 to 10

ISBN: 9781685392444
\$14.99 (US)
9.000 in H | 8.500 in W | 0.400 in T | 0.700 lb
Paperback / softback
123 Pages



The Dating Couple's Devotional Journal

52 Weeks of Prompts and Prayers to Grow Your Relationship in Faith

Tiffany Dawn

Build a lasting relationship centered on God.

Build a lasting relationship centered on God with this faith-based Valentine's Day gift for couples

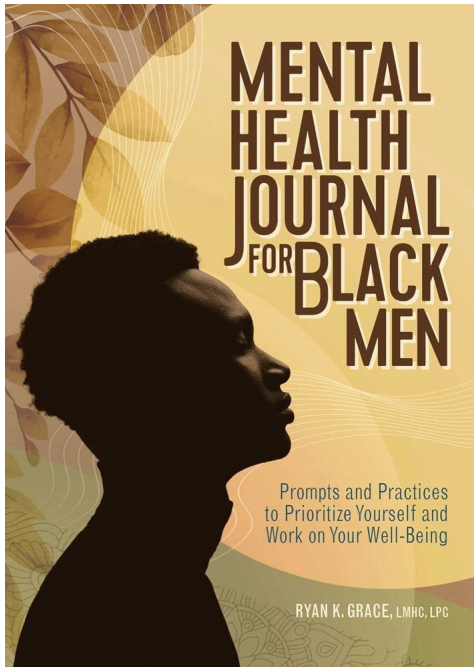
Scripture is full of wisdom that helps you infuse your faith into every part of your life—including dating! This guided couple's devotional takes that faith even further, with 52 reflections that encourage you and your partner to speak openly, pray purposefully, and reflect on the Christian life you'll create together. It's the perfect way to say "I love you".

TIFFANY DAWN has been in ministry for over a decade, speaking about body image, singleness, and relationships. While she's raising her two beautiful girls, she and her husband, James, are sharing the life advice they never heard while growing up in church—through online courses, podcasting, books, YouTube videos, and Instagram. You can learn more at tiffanydawn.net.

JANUARY 2023

Religion
Callisto Publishing

ISBN: 9798886089523
\$14.99 (US)
8.270 in H | 5.830 in W | 0.700 in T
0.650 lb Wt
Paperback / softback
167 Pages



Mental Health Journal for Black Men

Prompts and Practices to Prioritize Yourself and Work on Your Well-Being

Ryan K. Grace

This empowering journal will give Black men the space to work on their emotional and mental wellbeing, with culturally responsive, evidence-based prompts and actionable practices focused on the unique mental health challenges they may face everyday helping them reduce stress.

Empower yourself with these insightful journal prompts for Black men

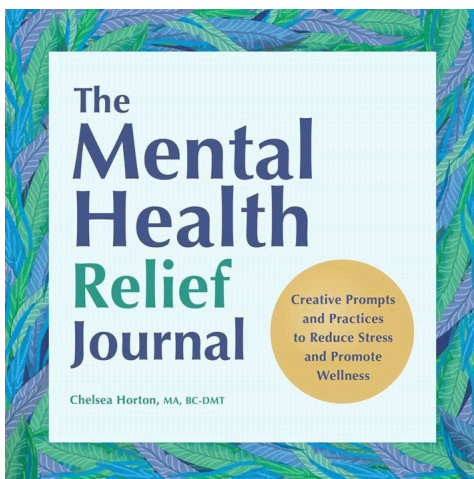
Black men experience uniquely difficult challenges in the world, but caring for your emotional and mental health can help you create lasting happiness. This guided journal paves the way for you to live your best life with powerful prompts, practices, and affirmations to support Black mental health.

RYAN K. GRACE, LMHC, is a Black, queer, licensed therapist. His mission is to empower his clients and support the mental and emotional health of Black and queer people.

JANUARY 2023

SELF-HELP
Callisto Publishing

ISBN: 9798886081305
\$14.99 (US)
8.270 in H | 5.830 in W | 0.800 in T | 0.545 lb
Paperback / softback
147 Pages



The Mental Health Relief Journal

Creative Prompts and Practices to Reduce Stress and Promote Wellness

Chelsea Horton

A guided journal with a variety of creative prompts, imaginative practices, engaging evidence-based exercises, and inspiring affirmations to help people address and improve their mental health.

Explore your emotions through creativity in this essential mental health journal

We all experience a range of emotions throughout our lives, from joy and excitement to sadness and frustration—and they're all completely normal. This journal offers creative prompts, imaginative practices, and evidence-based exercises to help you dive into your feelings with compassion so you can connect with how you truly feel and find ways to thrive.

CHELSEA HORTON lives in Southern California with her husband and two dogs. She is a board-certified dance/movement therapist and received her master's degree in dance/movement therapy and counseling from Columbia College Chicago.

JANUARY 2023

SELF-HELP
Callisto Publishing

ISBN: 9798886502886
\$12.99 (US)
8.000 in H | 8.000 in W | 0.700 in T | 0.750 lb
Paperback / softback
152 Pages



Manifestation Journal for Black Women

A Guided Journal for Attracting the Life You Want

Ashley Oliver

A guided manifestation journal for Black women filled with prompts, practices, tracking pages, and affirmations to help readers manifest the life they want.

Manifest the life you desire with this journal for Black women

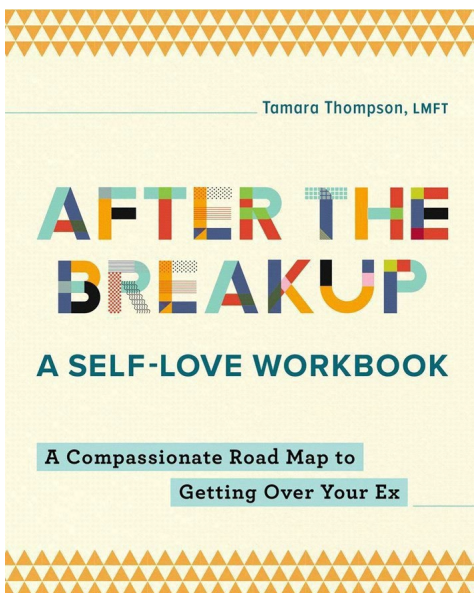
Manifestation is the perfect method for creating the future you want. This 12-week manifestation journal for Black women shows you how it's done. With exercises, practices, and repetitive affirmations, you can learn how to use the power of your thoughts to make your goals a reality.

ASHLEY R. OLIVER, ESQ., is a registered yoga teacher, civil rights lawyer, corporate diversity and inclusion director, content creator, and activist. She is the founder of Yoga and Mahogany, a platform for inclusive wellness that encourages self-care as a revolutionary act, particularly for Black women. Find Ashley on social media @yogaandmahogany.

JANUARY 2023

Self-Help
Callisto Publishing

ISBN: 9781685399054
\$14.99 (US)
8.000 in H | 8.000 in W | 0.500 in T | 0.850 lb
Paperback / softback
161 Pages



After the Breakup: A Self-Love Workbook

A Compassionate Roadmap to Getting Over Your Ex

Tamara Thompson

Find comfort and hope after a breakup with guided exercises in self-love

Find comfort and hope after a breakup with guided exercises in self-love

Picking up the pieces after a breakup can be difficult—but moving on is possible with a little self-love! This write-in workbook will help you process your feelings, develop healthier habits and patterns, and make yourself a priority as you move forward with confidence.

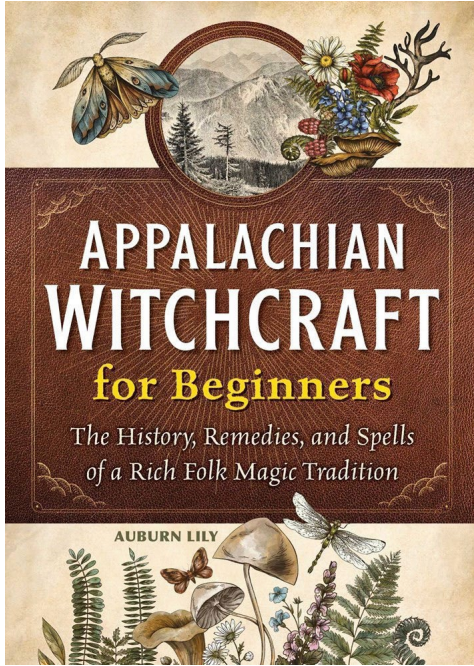
Rights Sold: Chinese (c),
(Acorn Publishing)

TAMARA THOMPSON, LMFT, is a Licensed Marriage and Family Therapist in private practice in New York City where she sees clients, holds workshops, paints, and writes a popular blog. She graduated with honors from Iona College and is a Clinical Fellow of the AAMFT.

JANUARY 2023

Family & Relationships
Callisto Publishing

ISBN: 9781685397371
\$16.99 (US)
9.250 in H | 7.500 in W | 0.700 in T | 0.950 lb
Paperback / softback
178 Pages



Appalachian Witchcraft for Beginners

The History, Remedies, and Spells of a Rich Folk Magic Tradition
Auburn Lily

Connect to the wisdom of the mountains and become a more powerful witch

Expand your understanding of signs and omens, Appalachian traditions, and the role of the modern witch.

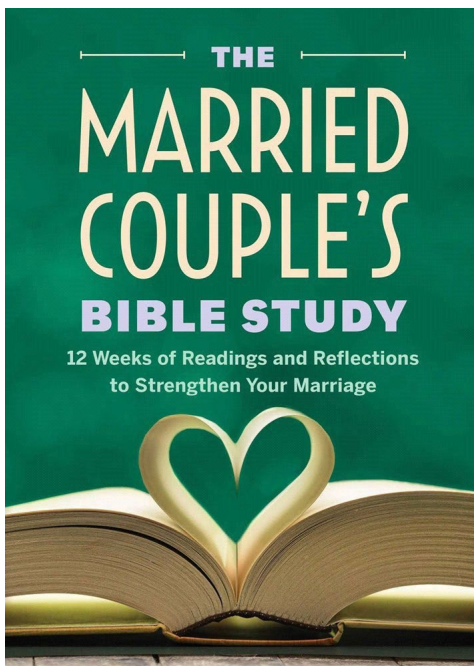
Appalachian witchcraft is a melting pot of magical practices that are united by a deep reverence for the land and traditions of Appalachia. Part reference guide and part spell book, *Appalachian Witchcraft for Beginners* is filled with introductory information and easy-to-follow rituals for witches of all backgrounds. You'll discover how to harness the magic of the mountains as you connect with the culture of Appalachia, practice folk healing, and manifest your desires.

AUBURN LILY found her home in Appalachia 13 years ago. She now works in the healing arts, offering online classes and cultivating a community to support others in their magical awakenings.

JANUARY 2023

Body, Mind & Spirit
Callisto Publishing

ISBN: 9798886501322
\$13.99 (US)
9.000 in H | 6.000 in W | 0.400 in T
Paperback / softback
161 Pages



The Married Couple's Bible Study

12 Weeks of Readings and Reflections to Strengthen Your Marriage
Kryss McDonald

Strengthen your marriage through Scripture

Created for busy couples—Carving out time for the Lord is easy; weekly studies consist of three scripture passages, reflective prompts, and prayers you can do

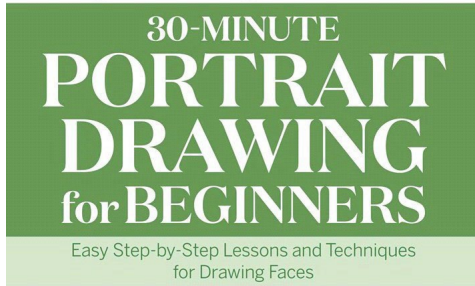
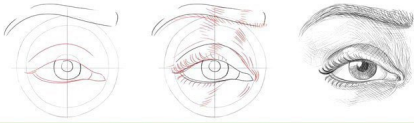
All marriages take effort and intention—and studying Scripture together can provide the guidance you need to thrive at every stage of your relationship. Whether you're going through a challenging time or just looking to grow even closer, this inspiring Bible study shows you how to make your relationship and your faith a priority. Over the course of twelve weeks, you'll deepen your bond with each other while ensuring that God remains at the center of your marriage.

KRYS MCDONALD, MDiv, ThM, is a pastor, creative entrepreneur, and life coach who is passionate about literacy. She holds advanced degrees in pastoral counseling and homiletics and is the founder of the Christian lifestyle brand When Kryss Speaks LLC. Kryss lives in Arkansas with her husband and son. To learn more, visit whenkrysspeaks.com or [@whenkrysspeaks](https://www.instagram.com/whenkrysspeaks).

JANUARY 2023

Religion
Callisto Publishing

ISBN: 9798886502947
\$14.99 (US)
9.000 in H | 6.000 in W | 0.600 in T | 0.657 lb
WtPaperback / softback
158 Pages



30-Minute Portrait Drawing for Beginners

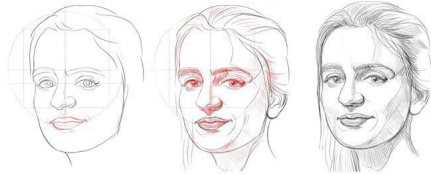
Easy Step-by-Step Lessons and Techniques for Drawing Faces

Rockridge Press

This truly beginner-level drawing book is for adults who want to teach themselves portrait (face) drawing skills, in lessons 30 minutes and under.

Learn to draw portraits with easy 30-minute lessons

Do you want to develop the skills to create detailed and expressive portraits? This book makes it easy! Each page guides you through short, at-home lessons on how to draw realistic faces. As you work your way through step-by-step instructions for everything from choosing supplies to outlining a face and sketching each feature, you'll start to transform basic lines into fully-formed portraits.

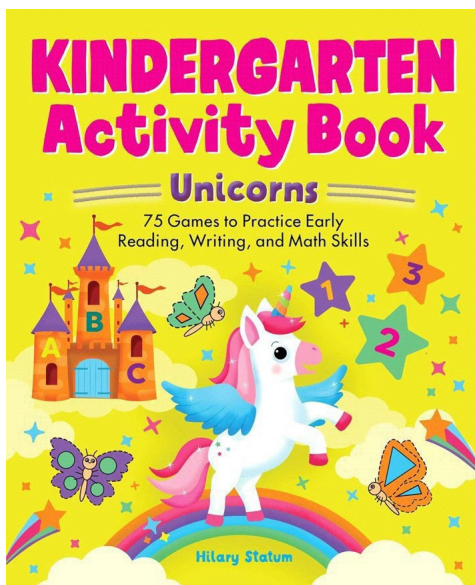


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JANUARY 2023

Art
Callisto Publishing

ISBN: 9798886500479
\$14.99 (US)
11.000 in H | 8.500 in W | 0.400 in T | 0.776 lb
Paperback / softback
105 Pages



Kindergarten Activity Book Unicorns

75 Games to Practice Early Reading, Writing, and Math Skills

Hillary Statum

Explore a world of unicorns with 75 activities that teach kindergarten skill

Encourage kindergarten success: Through activities like connect-the-dots, adding, and tracing, kindergarten kids can exercise a whole range of key skills.

Explore a world of unicorns with 75 activities that teach kindergarten skills.

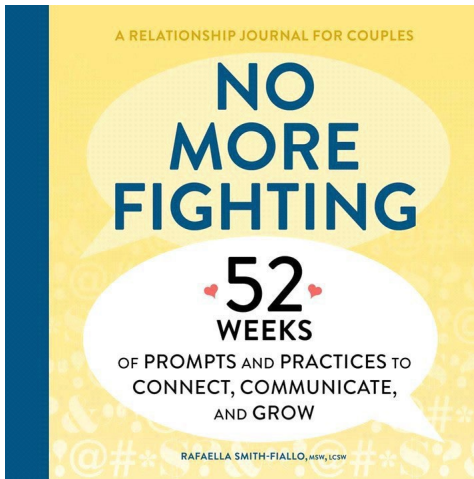
Learn and play with fun unicorn-themed activities for kids! This kindergarten activity book includes 75 cute and colorful ways to help kids practice numbers, words, and more. From counting cotton candy to coloring castles and leading a unicorn through a letter maze, kids ages 5 to 6 will learn essential classroom subjects while having a magical time!

HILARY STATUM is an ESL Teacher with 15 years of experience. She's also the author of *Pencils to Pigtails*, a popular blog for parents and teachers. She holds a master's degree in instructional leadership, and enjoys coordinating and teaching her school district's free Parent English Class. Connect with Hilary @pencilstopigtails.

FEBRUARY 2023

Juvenile Nonfiction
Callisto Publishing
Ages 5 to 6

ISBN: 9798886088397
\$8.99 (US)
9.250 in H | 7.500 in W | 0.400 in T | 0.750 lb
Paperback / softback
96 Pages



No More Fighting: A Relationship Journal for Couples

52 Weeks of Prompts and Practices to Connect, Communicate, and Grow

Rafaella Smith-Fiallo

A 52-week relationship journal with prompts and practices - covering a wide range of common challenges - to help couples connect, communicate, and grow.

Build a stronger bond as you journal with your partner

No matter how long you and your partner have been together, it's completely normal to face issues in your relationship. This guided journal has everything you could want from a relationship book, including explorative prompts and expert advice designed to help you work through 52 of the most common challenges faced by couples, from poor communication to attachment issues.

Rafaella Smith-Fiallo, MSW, LCSW (she/ella), is a relationship expert and a Licensed Clinical Social Worker, Certified Sexuality Educator, and Trauma Therapist in the states of Missouri and Nevada. She founded Healing Exchange, a mental health private practice, to support clients in rekindling their relationships, healing traumas, and exploring their sexuality.

FEBRUARY 2023

Family & Relationships
Callisto Publishing

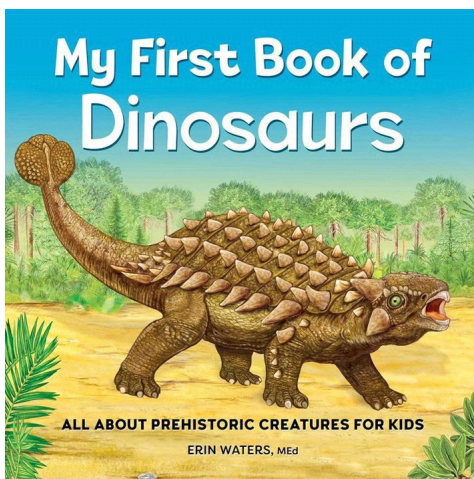
ISBN: 9798886502558

\$14.99 (US)

8.000 in H | 8.000 in W | 0.400 in T | 0.900 lb

Paperback / softback

175 Pages



My First Book of Dinosaurs

All About Prehistoric Creatures for Kids

Erin Waters

A fact book in our My First series that introduces dinosaurs to preschoolers, including the major species from each of the three main eras: Triassic, Jurassic, and Cretaceous Periods.

See who roamed the Earth millions of years ago with this incredible dinosaur book for kids 3-5

From the tiny Archaeopteryx to the massive Brachiosaurus, dinosaurs have so much to teach us. With this ultimate book about dinosaurs for kids, your little one can explore fascinating illustrations and tons of fun facts about the dinosaurs and other prehistoric life that existed in the Triassic, Jurassic, and Cretaceous periods.

Rights Sold: Korean
(Miraejisig)

ERIN WATERS, MEd, is a first grade teacher and expert in designing educational games and resources for elementary classrooms.

FEBRUARY 2023

Juvenile Nonfiction

Callisto Publishing

Ages 3 to 5

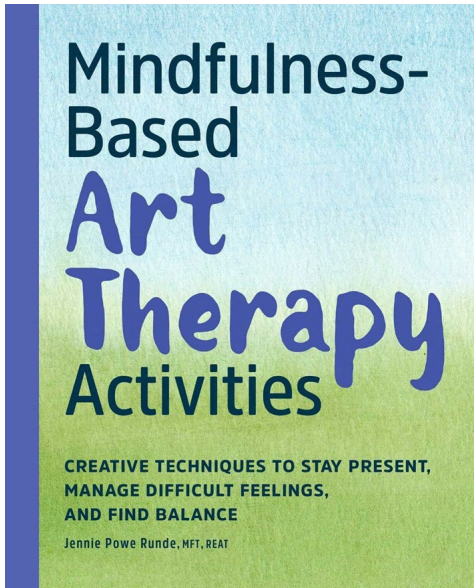
ISBN: 9798886087727

\$7.99 (US)

8.000 in H | 8.000 in W | 0.300 in T | 0.366 lb Wt

Paperback / softback

68 Pages



Mindfulness-Based Art Therapy Activities

Creative Techniques to Stay Present, Manage Difficult Feelings, and Find Balance

Jennie Powe Runde

An accessible book of effective mindfulness-based art therapy activities designed to help readers manage anxiety, depression, and other difficult emotions through creative self-expression and introspection.

Discover the healing power of art

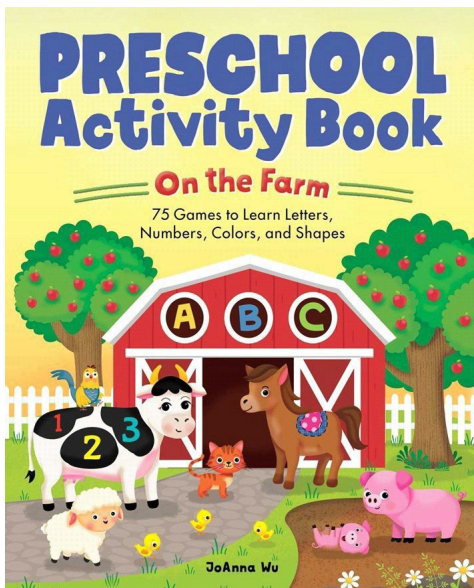
Painting a seascape or sculpting a clay pot is more than just a fun way to spend an hour—it can also be therapeutic. Explore art's healing potential with this compelling art therapy activity book. You'll pair mindfulness with different creative projects, using self-expression and introspection as tools to work through difficult emotions, stressful situations, and self-doubt.

JENNIE POWERUNDE, MFT, REAT, is an expressive art therapist and facilitator who helps clients explore complex subjects like race, sexuality, gender, and class. She's trained in attachment theory, narrative therapy, and mindfulness-based approaches. To learn more, visit expressiveartstherapist.com.

FEBRUARY 2023

Self-Help
Callisto Publishing

ISBN: 9798886501223
\$15.99 (US)
9.250 in H | 7.500 in W | 0.500 in T | 0.760 lb
Paperback / softback
130 Pages



Preschool Activity Book On The Farm

75 Games to Learn Letters, Numbers, Colors, and Shapes

JoAnna Wu

Plant the seed of learning with farm-themed activities for ages 3 to 5

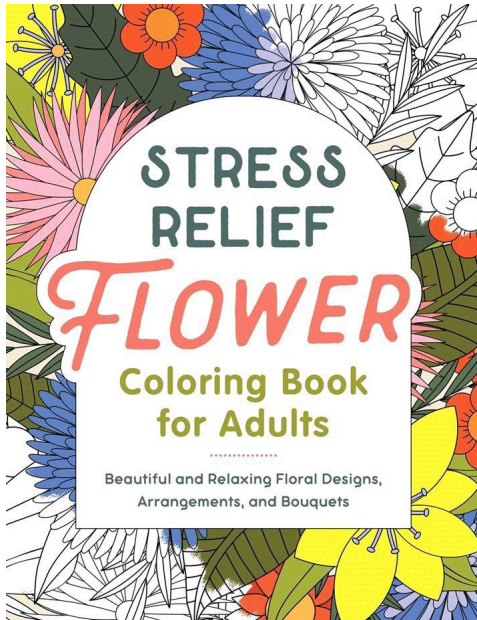
It's easy to keep kids learning when you have the help of some farmyard friends! This preschool activity book includes lots of cute and colorful ways to help kids practice colors, numbers, words, shapes, and patterns. Whether they're guiding a tractor through a maze, matching animals with their favorite food, or discovering a farm word for every letter of the alphabet, kids will have a blast while they learn.

JOANNA WU is passionate about helping parents use developmental psychology and current research on mental health to make informed parenting choices. She is currently a parent expert for an online network for moms based in Boston, as well as a mom to three young children.

FEBRUARY 2023

Juvenile Nonfiction
Callisto Publishing
Ages 3 to 5

ISBN: 9798886089332
\$8.99 (US)
9.250 in H | 7.500 in W | 0.400 in T | 0.550 lb
Paperback / softback
93 Pages



Stress Relief Flower Coloring Book For Adults

Beautiful and Relaxing Floral Designs, Arrangements, and Bouquets

Callisto Publishing

Experience tranquility with this adult coloring book featuring beautiful floral designs. Perfect for stress relief and relaxation.

35 calming designs- Discover the calming effects of coloring with our book designed specifically for stress relief.

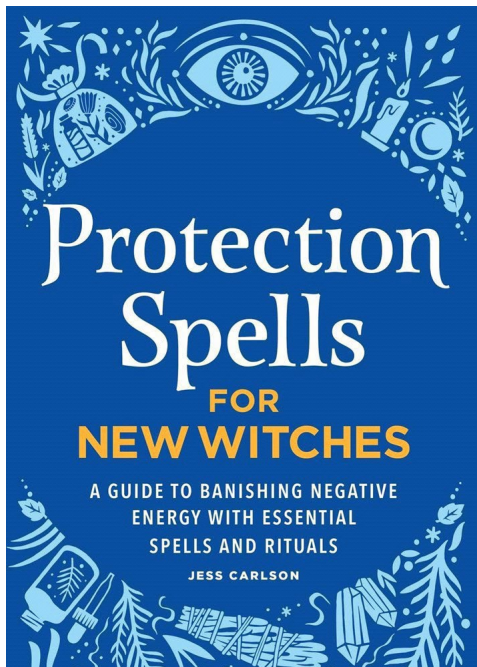
Coloring is meditative and mindful way to release stress, lower anxiety, and have fun—and you don't need any special tools or skills to do it! Embrace your creativity and immerse yourself in the calming world of floral coloring. This coloring book for adults takes the serenity and enjoyment of coloring to the next level, with a whole garden of beautiful flowers for you to color any way you wish. From lush arrangements of roses and sunflowers to blooming poppies and fields of tulips, you can spend hours boosting your creativity

CALLISTO PUBLISHING is dedicated to producing content that motivates, captivates, and enlightens people of all ages across the globe. Our goal is to identify our customers' needs and offer reliable and compassionate solutions. We are committed to publishing books that make a positive difference in the world.

FEBRUARY 2023

Self-Help
Callisto Publishing

ISBN: 9798886507102
\$9.99 (US)
11.000 in H | 8.500 in W | 1.000 in T | 0.800 lb
Paperback / softback
73 Pages



Protection Spells for New Witches

A Guide to Banishing Negative Energy with Essential Spells and Rituals

Jess Carlson

Enter the world of witchcraft with spells to protect your heart and mind!

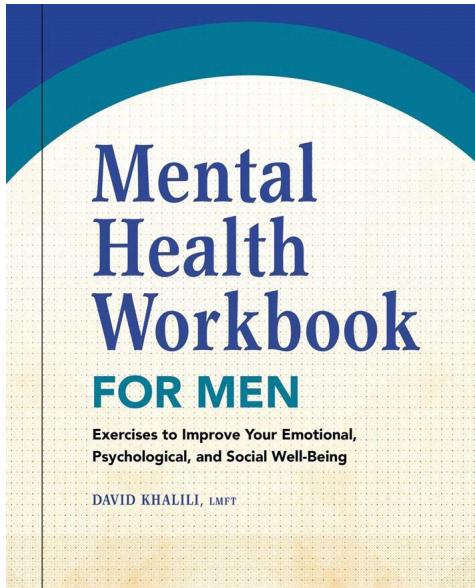
Made for new witches-These rituals and remedies feature simple steps and use inexpensive, easy-to-find materials, so any witch can try them out right away. Protection magic is a powerful and important practice for every witch. With protection spells, you can shield yourself, your space, and your loved ones from harmful energy, and help keep everything that matters to you safe. This spellbook guides you through the fundamentals of protection magic, and includes a whole collection of charms and spells that deflect negativity and welcome peace.

JESS CARLSON is a witch and intuitive tarot card reader who has been practicing for more than 30 years. She gives modern witches tools, resources, and magickal mentoring so they can discover practical ways to use magick to empower themselves and manifest their goals. Visit her online at JessCarlson.com.

MARCH 2023

Body, Mind & Spirit
Callisto Publishing

ISBN: 9798886503074
\$24.99 (US)
9.250 in H | 6.250 in W | 0.800 in T | 1.000 lb Hardback
174 Pages



Mental Health Workbook for Men

Exercises to Improve Your Emotional, Psychological, and Social Well-Being

David Khalili

A simple, practical, and engaging workbook created specifically for men who want help improving their overall mental health.

Boost your confidence and happiness with this mental health workbook for men

The world doesn't always encourage men to be open and honest about their emotions—especially when it comes to mental health struggles. This workbook breaks through those stereotypes and helps men of all lifestyles and backgrounds take care of their mind and spirit. Inside, you'll explore what mental health really means and dive into hands-on exercises and example scenarios that will teach you how to cope with stress, release anxiety, and thrive.

DAVID KHALILI, LMFT, is a Licensed Marriage and Family Therapist and the founder of Rouse Relational Wellness, a boutique mental health wellness center in San Francisco. David's work as a therapist examines how masculinity and gendered expectations can impact men's mental health. Learn more about him at DavidFKhalili.com.

MARCH 2023

SELF-HELP
Callisto Publishing

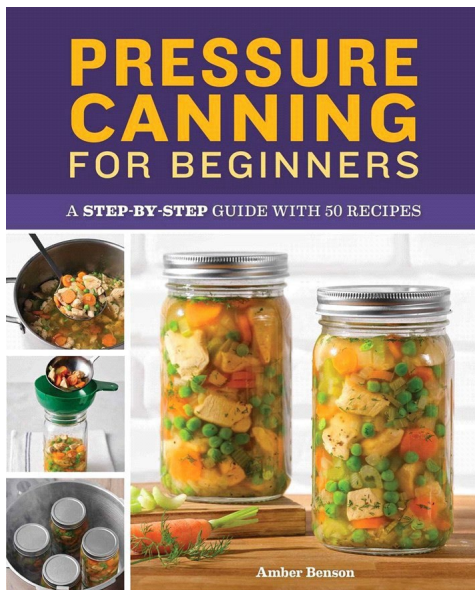
ISBN: 9781638782568

\$16.99 (US)

0.600 in T | 0.800

Paperback / softback

146 Pages



Pressure Canning for Beginners

A Step-by-Step Guide with 50 Recipes

Amber Benson

A step-by-step guide to pressure canning, with 50 beginner-friendly recipes.

Learn to create delicious canned foods at home from a Master Food Preserver!

Nothing says "home sweet home" like a pantry filled with homemade relishes, veggies, meats, and stews. If you're ready to preserve some of your favorite foods in your own kitchen, *Pressure Canning for Beginners* is the perfect place to start. This complete beginner's guide walks you through the mechanics step by step, teaching you how to keep shelf-stable ingredients on hand for flavorful meals anytime.

AMBER BENSON is a certified Master Food Preserver. She has also worked in the restaurant and food industry for 20 years and is most passionate about local growers, food systems, and eating delicious foods with incredible folks. Amber has staged for James Beard Award winning chefs, trained as a pit master in Houston, Texas, rolled burritos for a living, worked on an organic pear and cherry farm, and owns a custom blend spice business.

APRIL 2023

Cooking
Callisto Publishing

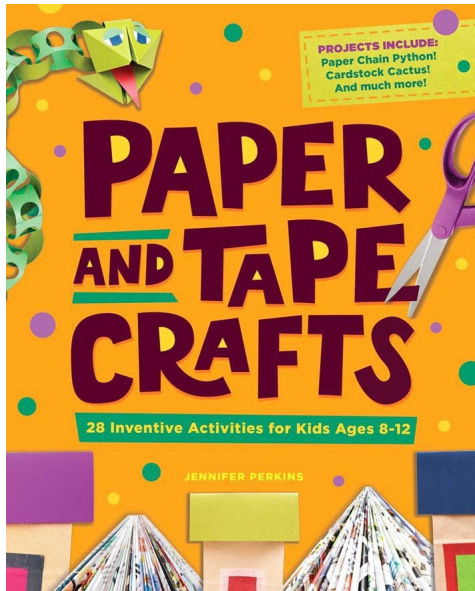
ISBN: 9781638780007

\$14.99 (US)

9.250 in H | 7.500 in W | 0.600 in T | 0.850 lb

Paperback / softback

150 Pages



Paper and Tape Crafts

28 Inventive Activities for Kids Ages 8-12

Jennifer Perkins

See what kids can make with paper and tape!

From Washi Tape Stickers to a Paper Bag Puppet Show, there are so many toys and games kids can build with things you probably already have at home. This activity book shows them how to use inexpensive items like paper, cardboard, and tape to create hours of fun for themselves!

Watch them invent their own story with the Magic Mountains and a Flying Paper Pterodactyl, decorate their space with Paper Chain

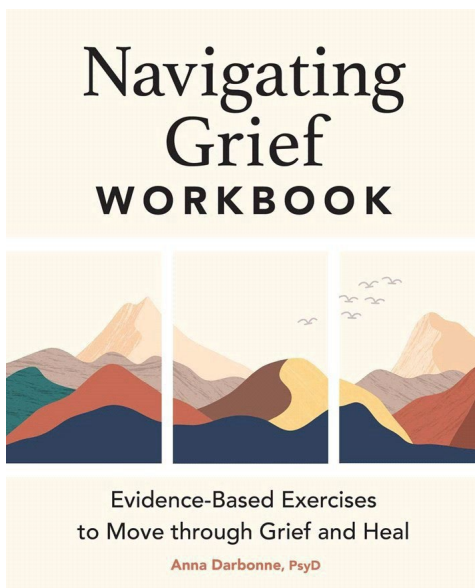
JENNIFER PERKINS is a mother of two crafty kidlets. As babies, she had them finger-painting with chocolate pudding, and they still love getting artsy with their mom to this day (though they now use paint instead of pudding). Jennifer's crafty handiwork has been featured by *Country Living*, *Better Homes and Gardens*, HGTV, and more.

APRIL 2023

Juvenile Nonfiction
Callisto Publishing
Ages 8 to 12

ISBN: 9798886080551

\$11.99 (US)
0.800 in T | 0.600 lb Wt
Paperback / softback



Navigating Grief Workbook

Evidence-Based Exercises to Move through Grief and Heal

Anna Darbonne

Move through grief while holding space for the feelings that accompany loss.

Grief can feel destabilizing and overwhelming. This grief workbook gives you evidence-based exercises to help with processing grief and loss of any kind. Reflecting on and responding to the prompts and exercises will facilitate greater self-awareness, self-compassion, and self-confidence as you navigate healing after loss.

ANNA DARBONNE, PsyD, is a licensed clinical psychologist, mother, and entrepreneur. She focuses on complementary healing interventions that empower clients to transform challenging experiences into growth opportunities, and live with greater ease and purpose. She is also the founder and owner of Bamboo Center for Grief, Growth, and Well-Being, a mental health clinic.

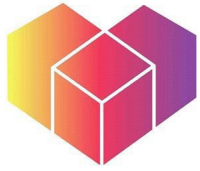
APRIL 2023

Self-Help
Callisto Publishing

ISBN: 9781685398071

\$15.99 (US)
9.250 in H | 7.500 in W | 0.700 in T | 0.900 lb Wt
Paperback / softback

The Couples Therapy Toolbox



75+ Exercises to Improve and Strengthen Your Relationship

Danielle Duchatellier Boucree, MSW, LCSW-C, MBA

The Couples Therapy Toolbox

75+ Exercises to Improve and Strengthen Your Relationship

Danielle Duchatellier Boucree

Create a stronger relationship with these therapy tools for couples

Building a deep and lasting connection as a couple takes skills and practice. This couples therapy workbook has more than 75 evidence-based exercises and strategies to help you learn to communicate, develop trust, handle conflict, nurture intimacy, and foster a more equal, satisfying partnership—together.

DANIELLE DUCHATELLIER BOUCREE, MSW, LCSW-C, MBA, is a psychotherapist trained in the Gottman Method who works with couples to promote positive change in their lives.

MAY 2023

Family & Relationships
Callisto Publishing

ISBN: 9781685394660

\$17.99 (US)

250 in H | 7.500 in W | 0.600 in T | 0.750 lb Paperback / softback

143 Pages

DATE NIGHT IDEAS for COUPLES

Fun Ways to Connect with Your Partner for an Entertaining Night



ANGELA NICOLE HOLTON

Date Night Ideas for Couples

Fun Ways to Connect with Your Partner for an Entertaining Night

Angela Holton

Includes 80 unique and creative ideas for more inspired date nights to foster connection and bonding – Make this year's Valentine's Day date one to remember!

Date nights can become a "been there, done that" ritual—but with new ways to spend time together, your dates can be full of fun and unique experiences to share with your partner. In this playful relationship book for couples, you'll find more than 80 original ideas for leveling up date night—whether you're 25 or 85. It's the perfect Valentine's Day gift!

ANGELA N. HOLTON, named by Yahoo! as one of its top 10 relationship coaches, is an international dating and relationship coach, speaker, author, and founder of *Love Sanctuary*. She is the creator of the Conscious Love & Dating Method coaching program, a modern and revolutionary approach toward dating.

MAY 2023

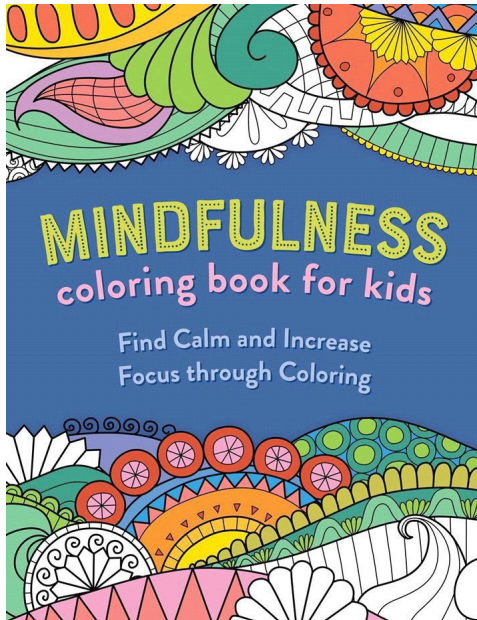
Callisto Publishing

ISBN: 9798886508277

\$11.99 (US) 9 in H | 6 in W | 0.500 in T | 0.595

Paperback / softback

142 Pages



Mindfulness Coloring Book for Kids

Find Calm and Increase Focus through Coloring

A coloring book for kids ages 8-12 who need an easy, entertaining on-the-page activity to help them focus, find calm, and be more mindful.

Help your child relax with this mindfulness coloring book for kids 8 to 12

When kids get overstimulated or overwhelmed, mindfulness is a great tool for helping them take challenges in stride. This calming coloring book for kids teaches them to take a mindful moment anytime they need to, with soothing illustrations for them to color any way they choose, so they can focus on color, creativity, and calm.

MAY 2023

ISBN: 9798886506655

\$9.99 (US)

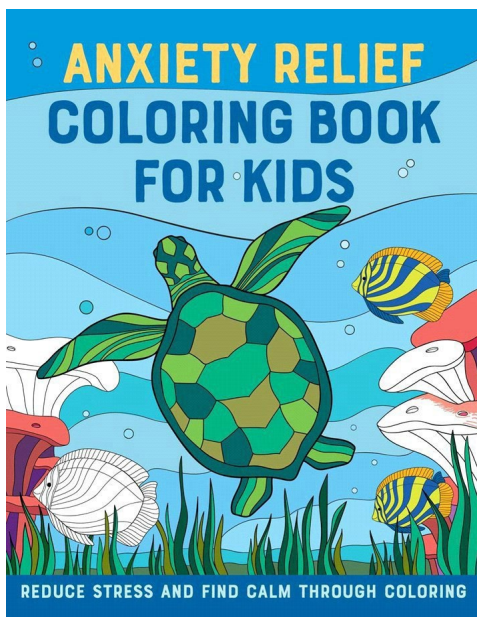
11.000 in H | 8.500 in W | 0.600 in T | 0.600

Callisto Publishing

Paperback / softback

Ages 8 to 12

83 Pages



Anxiety Relief Coloring Book for Kids

Reduce Stress and Find Calm through Coloring

Get creative and let go of anxiety with coloring—for ages 8 to 12

When kids feel anxious or worried, coloring is a great way to help them find peace, calm, and self-expression. This coloring book for kids ages 8 to 12 lets them take a break from anything that's stressing them out and spend some time filling in 40 different pages with their favorite colors and patterns while their mind rests and recharges.

MAY 2023

ISBN: 9798886507065

\$9.99 (US)

11.000 in H | 8.500 in W | 0.400 in T | 0.650 lb

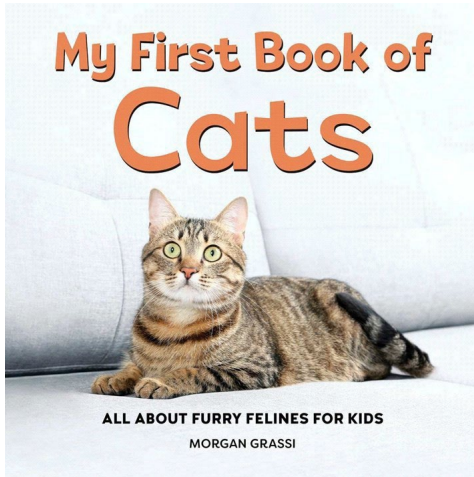
Juvenile Nonfiction

Paperback / softback

Callisto Publishing

Ages 8 to 12

83 Pages



My First Book of Cats

All About Furry Felines for Kids

Morgan Grassi

Meet your favorite furry friends with this colorful kids' book about cats for ages 3-5

Get little animal lovers excited about the fun and fuzzy world of pet cats—from the athletic Abyssinian to the ultra-fluffy Norwegian forest cat, just to name a few! With this incredible cat book for kids, curious learners ages 3 to 5 will explore the cutest and most popular house cats through adorable photos and fascinating trivia on what makes each cat so special, like their size, colors, breed history, and more.

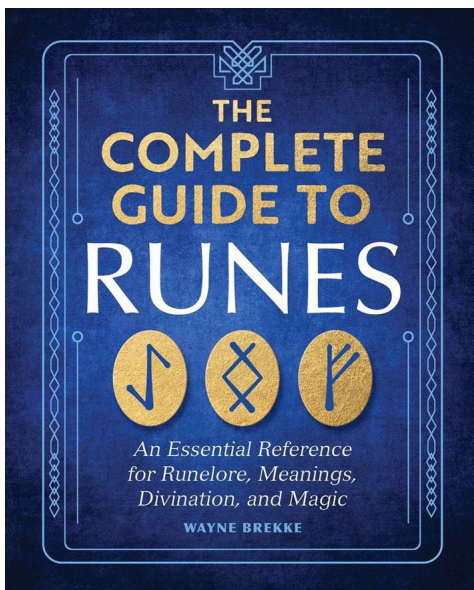
MORGAN GRASSI is a kindergarten teacher in the Cleveland, Ohio, area. She enjoys reading, puzzles, and spending time in the sun.

MAY 2023

Juvenile Nonfiction
Callisto Publishing
Ages 3 to 5

ISBN: 9798886508208

\$7.99 (US)
8.000 in H | 8.000 in W | 0.400 in T | 0.366 lb
Paperback / softback
68 Pages



The Complete Guide to Runes

An Essential Reference for Runelore, Meanings, Divination, and Magic

Wayne Brekke

Build your own rune magic practice with this comprehensive guide

Explore rune magic and create your own powerful practice with this complete guide to runes for beginners

Deepen your understanding of runes—from their origins and meanings, to their use in divination, and how to cast your own runes to inspire self-discovery and transformation. With this clear and in-depth rune book, you'll find everything you need to read different rune sets, learn where they come from, and infuse them into your life.

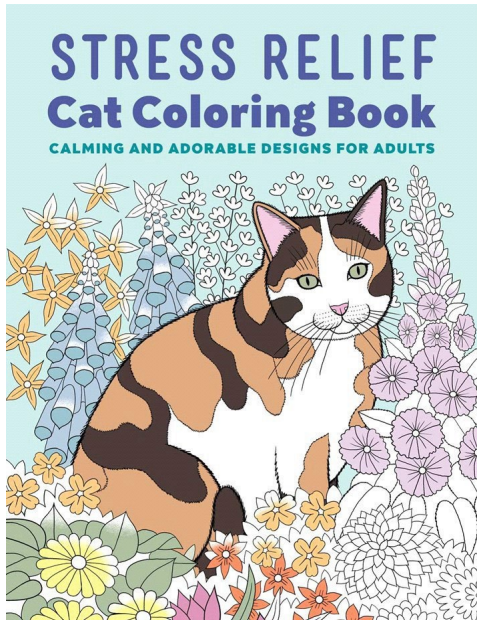
WAYNE BREKKE is a practicing rune reader, author, and clinician. As an experienced rune weaver, he seeks to help others through readings and spiritual consultations. Wayne is also the host of the Rune Ways podcast and YouTube channel.

JUNE 2023

Body, Mind & Spirit
Callisto Publishing

ISBN: 9798886508239

\$15.99 (US)
9.250 in H | 7.500 in W | 0.600 in T | 0.904 lb
Paperback / softback
171 Pages



Stress Relief Cat Coloring Book

Calming and Adorable Designs for Adults

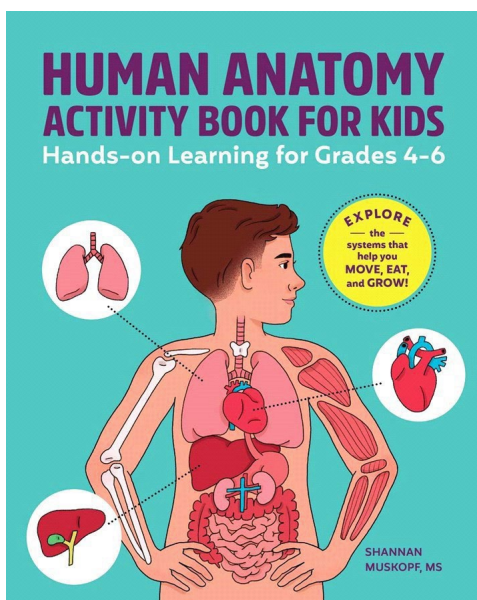
35 calming designs to color: Custom coloring designs feature realistic and adorable renderings of cats in their environments.

Spending time with cats is a proven way to lift your mood and relieve your stress—and the same is true for coloring! Discover a fun and soothing way to combine the two with the Stress Relief Cat Coloring Book. Inside, you'll find a whole collection of realistic and relaxed felines to color—with any shapes, shades, and patterns you choose. From sleeping kittens to playful tabbies and calicos, you'll spend hours feeling calm and creative as your worries disappear.

JUNE 2023

Self-Help
Callisto Publishing

ISBN: 9798886507072
\$9.99 (US)
11.000 in H | 8.500 in W | 0.500 in T | 0.600 lb
Paperback / softback
76 Pages



Human Anatomy Activity Book for Kids

Hands-on Learning for Grades 4-6

Shannan Muskopf

Show kids what makes their body move—for grades 4 to 6

The human body comes in many different shapes and sizes—but we're all still put together the same way. With the *Human Anatomy Activity Book for Kids*, curious kids will learn all about the different parts of their body and what each one does! Through on-page activities, hands-on experiment ideas, and colorful illustrations, this book will get kids excited about science and help them understand what makes their bodies feel strong and healthy.

SHANNAN MUSKOPF studied biology and education at the University of Illinois. She has taught biology, AP biology, and anatomy and physiology for more than 20 years at a public high school. Shannan developed the website BiologyCorner.com to share resources with students and other teachers.

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