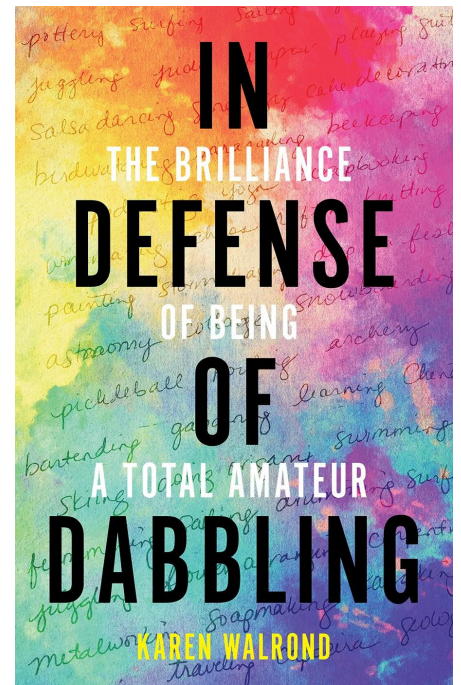
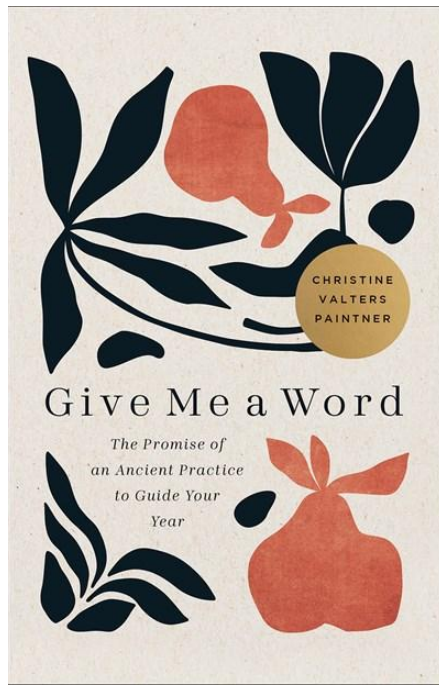
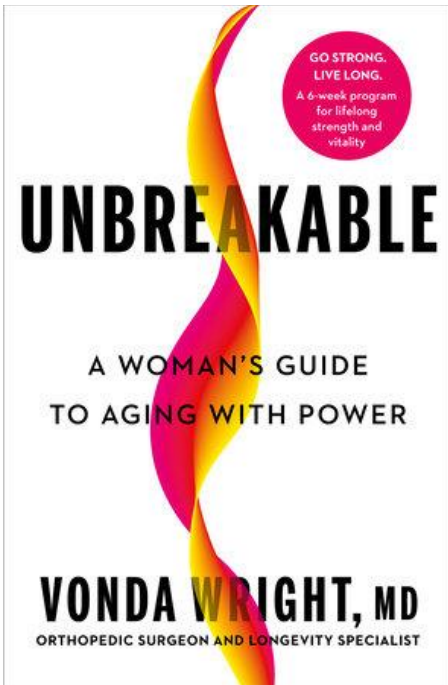




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Recently Published Nonfiction  
London Book Fair  
2026

**Linda Kaplan**  
[linda@defliterary.com](mailto:linda@defliterary.com)  
212 925 7744 x 106

RECENTLY PUBLISHED NON-FICTION



# UNBREAKABLE

## *A Woman's Guide to Aging With Power*

**Dr. Vonda Wright**

Rodale, August 2025

### NEW YORK TIMES BESTSELLER

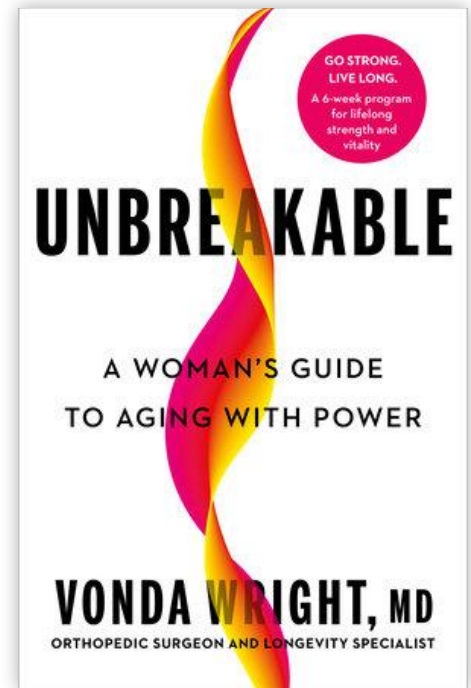
**Stronger muscles and bones, increased mobility, lifelong independence, and a new mentality for aging with power—this cutting-edge guide to nutrition, training, and lifestyle will optimize a woman's body for longevity, through menopause and beyond.**

Strong skeletal muscle drives healthy longevity yet too often women in particular neglect this important measure of fitness. Indeed, more than 70% of women experience musculoskeletal symptoms like joint pain, muscle loss, and reduced bone density as they enter perimenopause and menopause. These symptoms—what Dr. Vonda Wright refers to as the "musculoskeletal syndrome of menopause"—can often set us up for osteoporosis, osteopenia, broken bones, increasingly limited mobility, and reduced independence later in life. That trend stops now. Unbreakable outlines a new and direct path to protecting ourselves against this too-common fate.

Drawing on her decades of experience as a pioneering orthopedic surgeon helping women at all fitness levels to repair their bones and regain strength, Dr. Wright gives clear action steps to shield us from the timebombs of aging in four critical categories:

- **Exercise:** Pinpointing the right combination of cardio and resistance training for you to aid in tissue regeneration and improve metabolic function.
- **Nutrition:** What to eat to extinguish inflammation, repopulate your gut biome, and support strong bones and muscle growth.
- **Lifestyle:** How to manage chronic stress, get more restorative sleep, and turn down systemic inflammation in your daily life.
- **Supplements:** What to take to target the elimination of “zombie cells” and improve your cell function.

Including a six-week, master exercise protocol to jumpstart skeletal and muscular strength, critical information about baseline blood and mobility tests that will help you understand your current health state, and twenty easy, anti-inflammatory recipes, Unbreakable is an invaluable guide to adding more vibrantly healthy life to your years.



<i>Kaplan/DeFiore Controls:</i>	Translation	<i>Material:</i> PDF
<i>Rights Sold on Behalf Of:</i>	Heather Jackson Literary Agency	
<i>Rights Sold to:</i>	Vermilion (UK), Intrinseca ( <b>Brazilian-Portuguese</b> ), LifeTime ( <b>Bulgarian</b> ), Gingko ( <b>Chinese Simplified</b> ), Egmont Croatia ( <b>Croatian</b> ), Editions Tredaniel ( <b>French</b> ), Droemer ( <b>German</b> -pre-empt), Scholar ( <b>Hungarian</b> ), Newton Compton ( <b>Italian</b> ), Alma Littera ( <b>Lithuanian</b> ), Filia ( <b>Polish</b> -at auction), Grup Media Litera ( <b>Romanian</b> ), PRH( <b>Spanish</b> ), Amarin ( <b>Thai</b> ), Destek ( <b>Turkish</b> ) VD Beagle ( <b>Ukrainian</b> ),	

**Dr. Vonda Wright** is a double-board certified orthopedic surgeon and internationally recognized authority on active aging and mobility. The founding director of the Performance and Research Initiative for Masters Athletes (PRIMA), she also speaks worldwide and develops programs for optimizing performance and minimizing injury from the ball field to the boardroom. She has been featured or quoted in the *Wall Street Journal*, *the New York Times*, *USA Today*, and *U.S. News & World Report*. She lives with her husband, a retired NHL star, in Florida.

# Praise for UNBREAKABLE

“Stop believing the BS about getting older. In *Unbreakable*, Dr. Vonda Wright lays out the science that proves your best years can still be ahead. Yes, even in menopause. Yes, even with extra pounds. You can still build strength, protect your bones, fire up your energy, and boost your mental and emotional resilience. Age isn’t the problem—misinformation is. This isn’t hype. It’s science-backed, doable, and empowering.”

—**Mel Robbins**, *New York Times* bestselling author, host of The Mel Robbins Podcast

“Building muscle and bone are what I like to call my nursing home avoidance plan. There is no better mentor in this important work than Dr. Vonda Wright. *Unbreakable* is an invaluable guide—it’ll help you add strength, vitality, and independence to your years.”

—**Mary Claire Haver, MD**, #1 *New York Times* bestselling author of *The New Menopause*

# THERE'S GOT TO BE A BETTER WAY!

*(Re)designing Work for a Rapidly Changing World*

**Nelson Repenning and Donald Kleffer**

Public Affairs, August 2025

A groundbreaking method for clearing the organizational roadblocks that keep you from doing your job and delivering results. The chaos of everyday business forces people into an exhausting, ineffective, seemingly never-ending cycle of work-arounds and firefighting. The irritatingly urgent crowds out the lastingly important.

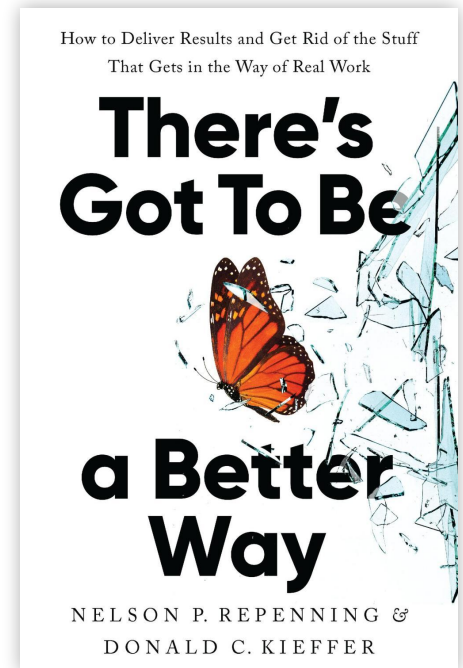
There has to be a better way.

And there is: the game-changing discipline of dynamic work design improves productivity, reduces costs, and increases efficiency, ensuring that all parts of a company can work in concert. It has been used in organizations around the world to close the gap between results promised and results delivered.

The five principles of dynamic work design—solve the right problem, structure for discovery, connect the human chain, regulate the flow, visualize the work—have yielded breakthrough results in settings ranging from biotech labs and hospitals to oil refineries, homeless shelters, and casinos.

Large-scale change initiatives, reorganizations, and productivity programs rarely improve productivity, are expensive, and always add a lot of busy work.

*There's Got to Be a Better Way* is an antidote, enabling you to rethink basic beliefs about your tasks, changing the way you see and think about the flow of work in your organization, and allowing you to redesign your work to boost productivity and profit.



*Kaplan/DeFiore Controls:* Translation  
*Rights Sold on Behalf Of:* Anderson Literary Agency

*Material:* PDF  
*Sold to:* Business Weekly (**Chinese Complex**), Toyo Keizai (**Japanese**)

**Nelson Repenning** is the School of Management Distinguished Professor at the MIT Sloan School of Management, and the Associate Dean for Leadership and the Director of MIT's Leadership Center. Nelson's scholarly work is widely cited and he has worked extensively with a variety of corporations including Analog Devices, the Broad Institute, Exxon Mobil, Fannie Mae, and is a frequent speaker at conferences and corporate events.

**Donald Kleffer** is a Senior Lecturer in Operations Management at MIT Sloan and founder of ShiftGear Work Design. Don has worked with industries as diverse as oil/gas, medical, biomedical, AI, and banking, and in organizations from start-ups to major global corporations.

# Praise for THERE'S GOT TO BE A BETTER WAY

“A road map to eliminating inefficiencies and busting bureaucracies. Drawing on rigorous research and rich experience inside a wide range of workplaces, Nelson Repenning and Donald Kieffer reveal how to redesign work to do more in less time.”  
—**Adam Grant**, *New York Times* bestselling author of *Think Again*

“Repenning and Kieffer are absolutely right: there's got to be a better way to work than what we're doing now! Fortunately, their theory of dynamic work design offers exactly the type of compelling alternative we've been so desperately searching for.”  
—**Cal Newport**, *New York Times* bestselling author of *Deep Work*

“The most useful book on creating enduring organizational change I have ever read. This masterpiece shows why, when leaders try to change organizations for the better, they so often make things worse by focusing on fighting fires rather than fixing root causes. *There's Got to Be a Better Way* shows how savvy leaders can, instead, solve the right problems and build organizations that are consistently innovative, resilient, and reliable.”  
—**Robert I. Sutton**, *New York Times* bestselling author of *The No Asshole Rule*

“*There's Got to be a Better Way* indeed offers one. Blending expertise in system dynamics and behavioral science, along with decades of real-world practical experience, authors Nelson Repenning and Don Kieffer teamed up to write this groundbreaking new book. In it, they describe a compellingly actionable learning process for solving the most perplexing and persistent problems that plague every large organization. A must-read for leaders in any industry facing complexity, uncertainty, and pressure for results.” —**Amy C. Edmondson**, author of *Right Kind of Wrong*

# CAPTAIN KIDD

*A True Story of Treasure and Betrayal*

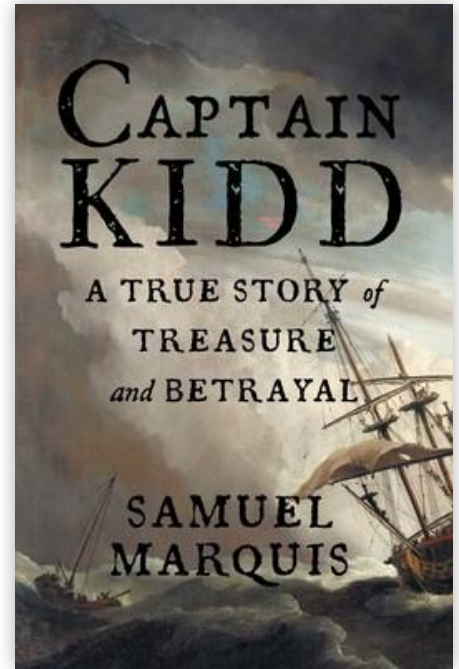
**Samuel Marquis**

Diversion Books, May 2025

**A breakneck adventure of war, romance, and politics in the golden age of piracy.**

Captain William Kidd stands as one of the most notorious “pirate” outlaws ever, but his legend is tainted by a bed of lies. Having captivated imaginations for more than three hundred years and inspired many stories about pirates, troubling questions remain. Was he really a criminal or is the truth more inconvenient: that he was a buccaneer’s worst nightmare, a revered pirate hunter turned fall guy for scheming politicians?

In *Captain Kidd*, his ninth-great-grandson, bestselling author Samuel Marquis, reveals the real story. Kidd was an English American privateer and leading New York husband and father. The King of England himself dubbed Kidd “trustworthy and well-beloved,” and some historians describe him as a “worthy, honest-hearted, steadfast, much-enduring sailor” who was the “victim of a deliberate travesty of justice.” With honors far more esteemed than the menacing Blackbeard, or any other sea rover at the turn of the seventeenth century, how can Kidd be considered both gentleman and pirate, both hero and villain?



Marquis’ biography recreates Kidd’s perilous world of explosive naval warfare and the daring integrity he exemplified as a pirate hunter, as well as the political scandal that entangled Kidd in British–American history, rocking the New World and the Old, and threatening England’s valuable trade with India.

*Captain Kidd* is both thrilling and tragic. Behind the legend is a real man woven into the tapestry of early America, rendering him a unique colonial hero and scapegoat whose life story was fascinating, exciting, bizarre, and heartrending.

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Translation  
Diversion Books

*Material:*

PDF

**Samuel Marquis**, M.S., P.G., is the ninth-great-grandson of legendary privateer Captain William Kidd. Marquis is a professional hydrogeologist, expert witness, and bestselling, award-winning author of twelve American non-fiction, historical fiction, and suspense books, covering primarily the period from colonial America through WWII. His American history and historical fiction books have been bestsellers and received multiple national book awards in both fiction and non-fiction categories (*Kirkus Reviews* and *Foreword Reviews* Book of the Year, American Book Fest and *USA Today’s* Best Books).

# Praise for CAPTAIN KIDD

★“Riveting revisionist history. . . A caustic takedown of a centuries-old hit job.”—**Publishers Weekly** (starred review)

“An important addition to the literature of piracy.”—**Booklist**

“With Captain Kidd, Samuel Marquis deftly separates the man from the myth in a riveting narrative that includes a compelling cast of characters, cannon fire, sword fights, mutiny, and treasure—all with the fate of empires hanging in the balance. A rollicking tale that proves that true stories are the best ones.”—**Buddy Levy**, bestselling author of *Realm of Ice and Sky* and *Empire of Ice and Stone*

“Marquis paints the life of the inimitable Captain Kidd in bold, rich colors. A dashing, absorbing tale.”—**Stephan Talty**, bestselling author of *Empire of Blue Water*

“Captain Kidd presents one of the most intriguing tales of all time, with author Samuel Marquis bringing it to life through a blend of Clive Cussler-esque prose and Biblical-scholar-level research. You will taste the salty air, feel the cannonballs buzzing past, and not merely hear the explosions, but feel them in your teeth.”—**Keith Thomson**, author of *Born to Be Hanged*

“Captain Kidd is a well-researched and thoroughly readable account of the rise and downfall of this enigmatic character and is a welcome addition to the world of pirate history.”—**James L. Nelson**, author of *Benedict Arnold's Navy*

“If you enjoy a good read about piracy this is a book for you.”—**Robert Ritchie, PhD**, former Foundation Director of Research, Huntington Library, Professor of History-UCSD, and author of *Captain Kidd and the War against the Pirates*

“Samuel Marquis provides the reader with a remarkable impression of Captain William Kidd, one that attempts to reincarnate the real person rather than the caricatured and often enigmatic villain-trope.”—**Benerson Little**, historian and author of *The Golden Age of Piracy* and *The Sea Rover's Practice*

“Marquis has written a fascinating and engaging new study of the pirate Captain Kidd. A must-read for all pirate fans and scholars!”—**Rebecca Simon, PhD**, historian and author of *Why We Love Pirates*

“A new book tackling Kidd’s career on both sides of the law with fresh information and evidence is bound to find an enthusiastic audience.”—**Guy Chet**, and author of *The Ocean Is a Wilderness* and *The Colonists' American Revolution*

“Anchored in rapidly globalizing seventeenth century seascapes and crewed by some of the most compelling and historically consequential characters that you’ve never heard of (until now), Marquis takes us on an action-packed voyage to discover the real Captain Kidd and his contributions to the making of America.”—**John R. Welch, PhD**, Professor of Archaeology, Simon Fraser University

“Few authors could tell Kidd's complicated story as well as Samuel Marquis. With a beachcomber's eye for detail and a playwright's sense of drama, Marquis traces Kidd's zig-zagging trajectory as he threads his way through history, gaining fame and absorbing blame.”—**Kris Lane, PhD**, Professor of History, Tulane University, and author of *Piracy in the Early Modern Era*

# THE BLUE ZONES KITCHEN ONE POT MEALS

*100 Recipes to Live to 100*

**Dan Buettner**

National Geographic, September 2025

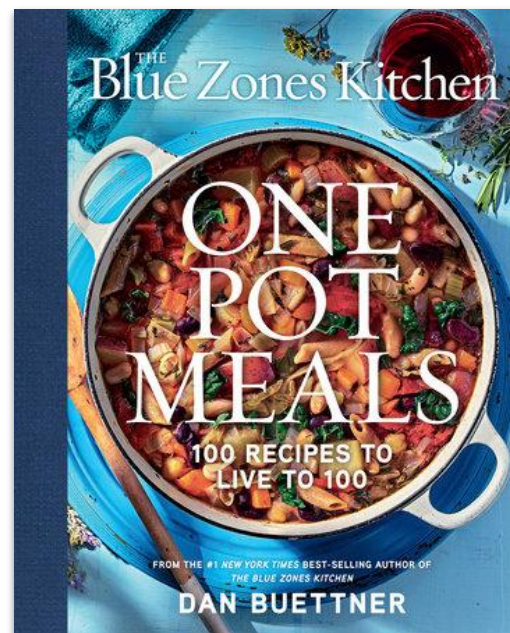
This mouthwatering cookbook features 100 quick and easy one-pot and one-pan plant-based recipes inspired by the blue zones, many made in 30 minutes or less.

The #1 *New York Times* best-selling author and Emmy-winning host of Netflix's *Live to 100* helps busy home cooks boost their longevity with researched-based healthy ingredients.

After more than 20 years spent uncovering the secrets of the blue zones—the happiest and healthiest places around the world—Dan Buettner puts the lessons he's learned into practice with 100 research-backed recipes designed to boost your longevity.

Inside you'll find easier-than-ever plant-based breakfasts, dinners, snacks, and sides inspired by the ingredients of the blue zones and made with flavors Americans love best, including:

- The perfect crunchy snack: Crispy Roasted Chickpeas
- Good-for-the-soul Creamy White Bean and Tomato Soup
- A twist on a classic: a Deluxe Blue Zones Minestrone
- Veggie-loaded Spanakopita Pasta
- An easy Slow Cooker Bourguignon



Written with busy households in mind, these one pot, one pan, or one baking sheet recipes enable you to eat like the world's longest-lived people without spending hours in the kitchen.

Perfect for busy families, health-minded home cooks, culinary enthusiasts, and anyone interested in eating the Blue Zones way, this is a cookbook that will change your diet—and your life.

*Previous BLUE ZONES titles sold to:*

Editora Nversos (**Brazilian Portuguese**), Bruckmann (**German**), Unieboek Spectrum (**Dutch**), Brainleo (**Korean**), Familium (**Czech**), Kompania Mediowa (**Poland**), Common Life (**complex Chinese**)

*Kaplan/DeFiore Controls:* Translation  
*Rights Sold on Behalf Of:* National Geographic

*Material:* PDF  
*Sold to:* Unieboek Spectrum (**Dutch**)

**Dan Buettner** is the founder of the Blue Zones, an organization that helps Americans live longer, healthier, happier lives. His groundbreaking work on longevity led to multiple *New York Times* bestsellers, including *The Blue Zones*, *Thrive*, *The Blue Zones Solution*, and *The Blue Zones Kitchen*. He is also the author of *The Blue Zones of Happiness*, *The Blue Zones American Kitchen*, *The Blue Zones Challenge*, and *Secrets of the Blue Zones*. His Netflix series, *Live to 100: Secrets of the Blue Zones*, based on his books and research, premiered in 2024. Buettner splits his time between Minnesota and Florida.

# GIVE ME A WORD

*The Promise of an Ancient Practice to Guide Your Year*

**Christine Valters Paintner**

Broadleaf Books, September 2025

“An excellent book for readers interested in finding a new meditation technique or nonsectarian spiritual practice or who simply want to slow down and give more depth to their lives..” --*Library Journal*

“An excellent book for readers interested in finding a new meditation technique or nonsectarian spiritual practice or who simply want to slow down and give more depth to their lives. Recommended for all types of libraries.” --*SLJ*

**Christine Valters Paintner invites readers on a transformative journey through thirty contemplative and creative practices. Through listening, patience, and openness to deeper sources of wisdom, you'll discover a guiding word to ground and inspire your life throughout the year.**

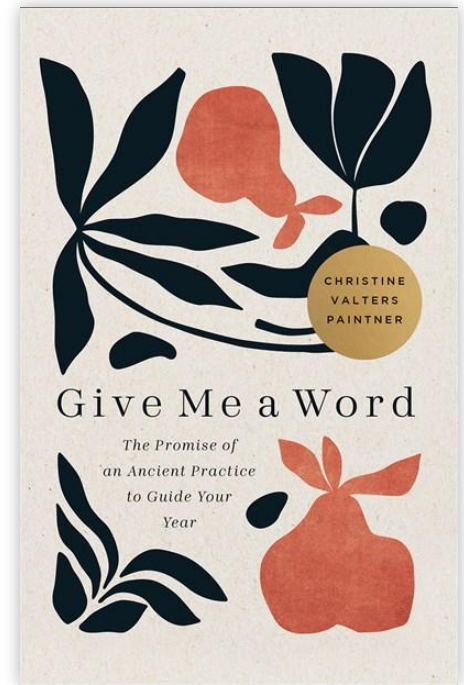
**Your word is waiting, hovering just beneath the surface. All you need is the quiet courage to listen and receive it.**

Beginning in around the third century CE, a group of monastics known as the desert mothers and fathers retreated to northern Egypt, Syria, and Palestine to pursue lives of silence and prayer. A key phrase, repeated often among the sayings of the desert mothers and fathers, is "Give me a word." This tradition of asking for a word was a way of seeking something on which to ponder for many days, weeks, months--sometimes a whole lifetime.

Fast-forward to the present day, and we find the practice of seeking a word being reclaimed by the spiritually minded in new ways. For nearly two decades, Abbey of the Arts has posted an online invitation to its virtual community before Christmas, inviting people to listen for a word to guide them in the year ahead. Hundreds of participants look forward to the practice each year.

In *Give Me a Word*, spiritual director and artist Christine Valters Paintner offers thirty contemplative and creative practices inviting you to slow down and listen for a word to guide you through the year ahead. Instead of chasing after resolutions, Paintner encourages a more mindful approach--letting go of expectations and becoming open to wisdom from unexpected places.

*Give Me a Word* will gently lead you through the process of receiving your word, testing its resonance, and embracing its meaning. As you reflect on and live by this word, you'll find it offering insight, clarity, and purpose throughout the year. *Give Me a Word* invites you to enter a season of deep listening, inner growth, and spiritual discovery. Slow down and listen for the word that is waiting for you, and prepare your heart to wrestle with your word in the season to come.



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*Material:* PDF  
*Sold to:* Ankh Hermes (**Dutch**)

**Christine Valters Paintner** is the online abbess at Abbey of the Arts, a virtual global monastery offering retreats, prayer services, books, and resources to nurture contemplative practice and creative expression. A writer, artist, spiritual director, and teacher, she earned her PhD in Christian spirituality from the Graduate Theological Union at Berkeley and is a Registered Expressive Arts Consultant and Educator (REACE). Paintner is the author of over 20 books on spirituality including *The Artist's Rule* and *Breath Prayer*. She and her husband, John, live on the west coast of Ireland, where together they shepherd Abbey of the Arts and lead online programs.

# IN DEFENSE OF DABBLING

*The Brilliance of Being a Total Amateur*

**Karen Walrond**

Broadleaf Books, September 2025

## Featured in *The Guardian* (UK)

"Dalliances demand neither talent nor discipline, Walrond argues—we need only enjoy what we're doing. [In Defense of Dabbling] is a ringing endorsement for being just okay at stuff." —*The Atlantic*

"A joyful exploration of play that helped reignite my own creative passions. Like having a long, healing lunch with your best friend." --**Jenny Lawson**, #1 *New York Times* bestselling author

**Caught in the hamster wheel of grind culture, Karen Walrond, dares readers to embrace being amateurs in the things they love—even if they're not any good at them. Through the Seven Attributes of Intentional Amateurism--curiosity, mindfulness, self-compassion, play, zone-stretching, connection, and awe--Walrond reveals how the things we love don't have to demand excellence.**

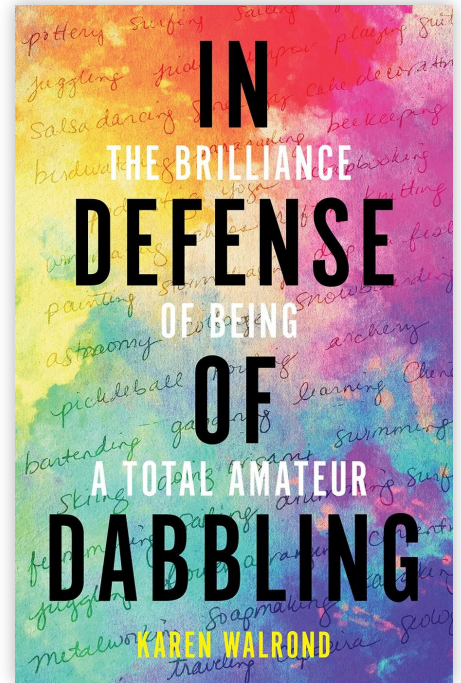
In today's grind culture, hobbies become side hustles. Work creeps into leisure time. Perfectionism reigns. We look up to experts, and we look down on amateurs. And when someone asks us what we like to do, we realize we have absolutely no idea.

But *amateur* just means "one who loves." So what if being a total amateur is actually a good thing? What if we've been so focused on achieving that we have forgotten how to be interesting?

Karen Walrond strikes out to discover the things she loves that demand no excellence--just desire. As she cultivates practices and rituals, without any expectation of success or accolades, she shows us how to do the same. And she helps us learn Seven Attributes of Intentional Amateurism: curiosity, mindfulness, self-compassion, play, zone-stretching, connection, and awe.

Follow Walrond as she dabbles in throwing pottery, swimming laps, playing piano, learning to surf, and photographing the Milky Way (spoiler: it doesn't all go well). Listen in on her conversations with other amateurs--and experts too--about how intentional amateurism enhances mental and social health. And to get you started on your own intentional amateurism practice, she also serves up a list of more than two hundred ideas for things to dabble in--ways to discover your own path to being a total amateur.

Walrond reminds us that it's in the living that we create a life, so failure isn't a concern; in fact, it's kind of the point. If we get better at a hobby or a craft, that's simply a byproduct, never the goal. Transcendence awaits: What joy might we find if we simply started doing the things we love?



*Kaplan/DeFiore Controls:* Translation  
*Rights Sold on Behalf Of:* Broadleaf Books

*Material:* PDF  
*Sold to:* HarperCollins Brasil (**Portuguese**),  
Delightpress (**Chinese Complex**),  
Hyeonamsa (**Korean**)

**Karen Walrond** is the author of *The Lightmaker's Manifesto*, *Radiant Rebellion*, and *In Defense of Dabbling*. As a lawyer, leadership coach, and activist, she has helped thousands of people around the world find purpose and meaning in their lives. Karen and her work have been featured on Brené Brown's *Unlocking Us* podcast, PBS, *Huffington Post*, CNN.com, and *The Oprah Winfrey Show*. A sought-after speaker, Walrond is also the author of an award-winning blog, *Chookooloonks*, a lifestyle, inspiration, and photography destination. Walrond and her family reside in Houston, Texas.

# HIGH FUNCTIONING

*Overcome Your Hidden Depression and Reclaim Your Joy*

**Dr. Judith Joseph, foreword by Mel Robbins**

Little, Brown Spark, April 2025

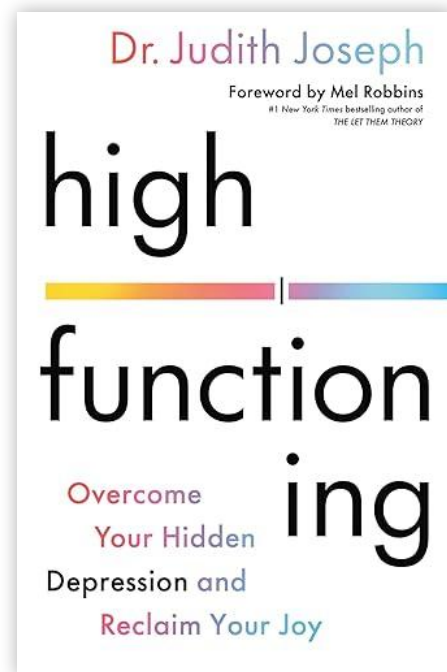
**The first book to unmask the hidden face of depression. If you look fine on the outside but don't feel fine on the inside, learn five tools to break the cycle of High Functioning Depression and experience more joy in your life.**

Many of us experience periods in our lives when something feels “off”: when we struggle to find joy in happy moments, and take little pleasure in things we used to enjoy. We might be motivated and productive at work, pulling our weight at home, and conducting a normal social life—but behind that façade we are barely surviving, and certainly not thriving.

We're all familiar with what depression can look like, but there's another, lesser-known face to this illness. High functioning depression (HFD) doesn't conform to the image of depression that typically comes to mind. As a result, people with HFD often have no idea why they are suffering, or what to do about it.

In *High Functioning*, Dr. Judith Joseph reveals that what we're feeling is not simply “negativity” or stress. Drawing on original research, client cases, and her personal experience with HFD, Dr. Judith radically shifts the way those of us with HFD see ourselves, and empowers us with five simple tools to reclaim our lives from this widespread yet poorly understood condition.

By following her 5 V's - validation, venting, values, vision, and vitals - we can wake up happier, find more satisfaction in our relationships, and feel better in the present while also looking forward to the future.



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Heather Jackson Literary Agency  
Vintage (UK), Dar Tashkeel (Arabic), Globo (Portuguese) Faces Publishing (Chinese Complex), Hangzhou Blue Lion (Chinese Simplified), Kailash Verlag (German), Sonzogno (Italian), Asukashinsha (Japanese), Forest (Korean), Znak (Polish), Bookzone (Romanian), Ip Lagune Doo (Serbian) IKAR (Slovak), Zenith (Spanish) Nemesis (Turkish), Tre Publishing (Vietnamese), Bookscape (Thai)

**Judith Joseph, MD, MBA**, is a board-certified child, adolescent, and adult psychiatrist and researcher who specializes in mental health and trauma. She is the founder of and chief investigator at Manhattan Behavioral Medicine, New York City's premier clinical research site. Passionate about teaching and creating an impact, Dr. Judith serves as a clinical assistant professor in child and adolescent psychiatry at NYU Langone Medical Center in Manhattan. She is also chairwoman of the Women in Medicine Board at Columbia University's Vagelos College of Physicians and Surgeons. She holds an undergraduate degree from Duke as well as a medical doctorate and master's in business administration from Columbia.

As one of social media's favorite psychiatrists, Dr. Judith gets over 15 million views a month. Her Instagram, full of funny, role-playing videos and revealing insights, got more than 10 million impressions and her TikToks were viewed more than 5 million times just last month alone. Across platforms she has over 775k highly engaged followers.

# Praise for HIGH FUNCTIONING

“Dr. Judith Joseph offers a framework for what so many are feeling and just assume is “life.” She addresses the patterns we often miss because of the oft-mistaken belief that if am getting stuff done, then I am ok, and offers actionable and customizable guidance that can remind everyone to slow down, listen to themselves, and care for themselves. In a world where “busy” is too often a virtue, and we second-guess and devalue ourselves when we are struggling, Dr. Joseph opens us to a different way of thinking.” –**Dr. Ramani Durvasula**, clinical psychologist and *New York Times* bestselling author of *It's Not You*.

“If you’ve ever found yourself feeling “off” without being able to put your finger on why, or if you're constantly busy but don't find yourself fulfilled, you're in the right place...This isn't just a book. It's a roadmap back to yourself.” –**Mel Robbins**, #1 *New York Times* bestselling author of *The Let Them Theory*

“Dr. Joseph’s groundbreaking work on high-functioning depression is both timely and a much needed topic that needs a wider spotlight. As the first to deeply study this often-overlooked facet of mental health, Dr. Joseph sheds light on a condition that affects countless individuals striving to maintain outward success while grappling with inner challenges. Her compassionate approach, rigorous research, and insightful analysis make this book a must-read for professionals, loved ones, and anyone seeking to better understand the hidden struggles of those around them.” –**Paul C. Brunson**, Author of *Keep Love*

“*High-Functioning* provides profound answers to the questions so many of us have about high-functioning depression and how we can better support ourselves and one another. As the mother of Cheslie Kryst, who courageously battled high-functioning depression, I deeply appreciate the way this book weaves real stories with compassionate, practical guidance on finding peace and fostering understanding along the journey to mental wellness. As a mental health advocate and someone who personally navigates life with high-functioning depression, I wholeheartedly recommend this book. It’s more than a guide—it’s a life-changing resource.” –**April Simpkins**, co-author of the *New York Times* bestseller *By The Time You Read This*

# THE SOBER SHIFT

*A Modern-Day Guide to Living an Abundantly Sober Life*

**Suzanne Warye**

HarperOne, September 2025, Paperback September 2026

"The Sober Shift is a beacon of hope. Suzanne Warye gets real about her journey from "Mommy wine influencer" to sobriety. This book combines practical advice with empowering stories and acts as a guide to those from early to long-term sobriety. ...Suzanne is trailblazing a path for women choosing to live an alcohol free life. I'll be reading this book again and again." — **Laura Cathcart Robbins**, Author of *Stash: My Life In Hiding*, and host of *Only One In The Room* podcast"

Live fully, abundantly, and free every day without alcohol with this inspiring guide from wellness writer Suzanne Warye, the creator behind the *Sober Mom Life* podcast and *My Kind of Sweet*.

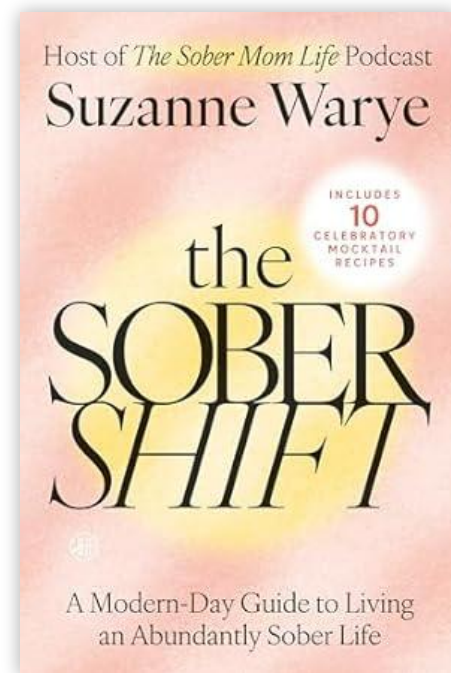
Waking up with another hangover as the thirty-nine-year-old mother of a newborn, Suzanne Warye decided enough was enough. It was time to quit alcohol for good. In the years since, Suzanne has uncovered the myth of moderation and the limitations of the hitting rock bottom narrative. Today, she is a model for hundreds of thousands of people around the world who are embracing her brand of joyful sobriety.

Too many of us are taught not to question or examine our relationship with drinking until we're addicted, or until we experience an intervention or another life-shattering consequence. We're encouraged to enjoy this highly addictive substance "responsibly." *The Sober Shift* is about finding true abundance—as a better partner and a more present parent, and as the architect of a life you love—without buying into the lies of "wine o'clock."

Suzanne knows that many of us fear that, without the crutch of alcohol, we might not know how to relax, decompress, or spend quality time with our loved ones. She's been there. And she's here to tell you that a good life awaits when we walk away from the bottle.

Written with her trademark flair and engaging sense of humor, blending memoir with takeaways and cultural insights, and featuring delicious mocktail recipes to celebrate the seasons—including Virgin Rosemary Moscow Mule, Sparkling Thyme Cider, Cranberry Orange Fizz, Tart Cherry Spritz, and The Soberita—this affirming guide will help you find freedom from alcohol.

Your life is waiting on the other side.



*Kaplan/DeFiore Controls:* UK & Translation  
*Rights Sold on Behalf Of:* The O'Shea Agency

*Material:* PDF

From style to motherhood and sobriety, **Suzanne Warye** covers it all. Her writing has been featured on *Scary Mommy* and *The Huffington Post*. With over 381,000 Instagram followers, Suzanne also hosts the popular podcast, *The Sober Mom Life*, which in its first 9 months has more than 250k downloads and is in the top 1.5% of podcasts worldwide.

# GOOD GRIEF

*A Companion for Every Loss*

**Granger E. Westberg**

Broadleaf Books, September 2025

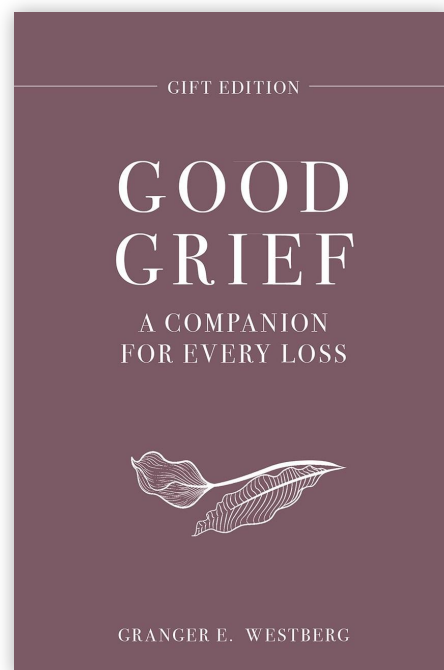
**For more than fifty years *Good Grief* has helped millions of readers find comfort and rediscover hope after loss, offering valuable insights on the emotional and physical responses persons may experience during the natural process of grieving. This new hardcover edition makes a thoughtful gift for anyone experience loss.**

**Updated, here is this lovely hardcover edition of the timeless classic makes a heartfelt gift for anyone who is grieving.**

For more than fifty years *Good Grief* has helped millions of readers find comfort and rediscover hope after loss. Author Granger Westberg identifies ten stages of grief--shock, emotion, depression, physical distress, panic, guilt, anger, resistance, hope, and acceptance--but, recognizing that grief is complex and deeply personal, defines no "right" way to grieve. The gift edition pairs each stage with a comforting devotional, to allow readers to turn the process of grieving into a spiritual journey.

*Good Grief* offers valuable insights on the emotional and physical responses we all may experience during the natural process of grieving. Additional reflection questions in each section help us explore our own experience with each stage.

Whether one is mourning the death of a loved one, the end of a marriage, the loss of a job, or other difficult life changes, *Good Grief* is a proven steady companion. Now in a giftable hardcover edition that makes a sincere gift for anyone experiencing loss.



*Kaplan/DeFiore Controls:*  
*Rights Sold on Behalf Of:*

Translation  
Broadleaf Books

*Material:*

PDF

**Granger E. Westberg** was a widely respected pioneer in holistic healthcare and the interrelationship of religion and medicine, and founder of the parish nurse program.

# TREENOTES

*A Year in the Company of Trees*

**Nalini Nadkarni**

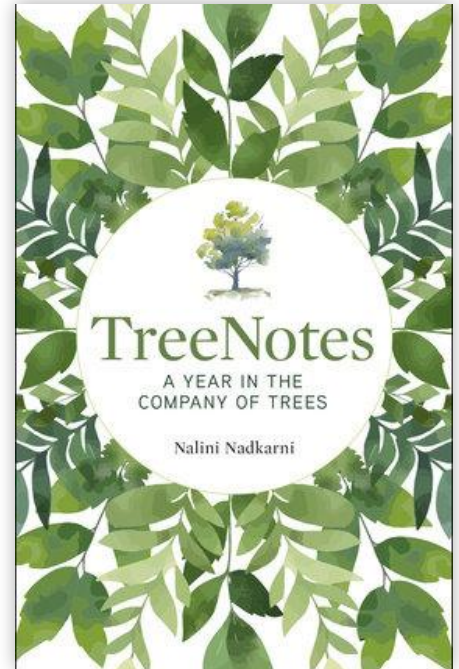
National Geographic, February 2025

**From an esteemed National Geographic explorer and forest ecologist, a charming collection of thought-provoking essays exploring the meaning of trees in our lives.**

Telephone poles, baseball bats, railroad ties. Peaches, nutmeg, and vanilla. The more you look, the more you realize: Our world depends on products made from trees. In this sweet book, forest ecologist Nalini Nadkarni takes you on a worldwide journey to learn more about trees—their variety, their usefulness, their beauty, and their importance, not only to human culture, but to the entire natural world.

Inspired by Nadkarni's popular podcast broadcast by Utah's public radio station KUER, *TreeNotes* comprises more than 45 brief essays, organized by season. Chapters roam from big questions to the particular; for instance:

- How Many Kinds of Trees Are There?
- Trees and Lightning
- Tree Pollen
- The Baobab Tree
- Mistletoe
- Conductors' Batons



Learn what wood Ringo's favorite drumsticks are made of, and how the seeds of the cacao tree become delectable chocolate. Lovely illustrations make every turn of the page a happy moment in this arboreal adventure.

For lovers of nature, forest bathers, the conservation-minded, and anyone who wants to spend a few minutes meditating on the meaning of trees in our world, this is the book.

*Kaplan/DeFiore Controls:* Translation  
*Rights Sold on Behalf Of:* National Geographic

*Material:* PDF  
*Rights sold to:* Corbaccio (**Italian**)

**Nalini Nadkarni** is an ecologist, avid science communicator, and, as a National Geographic Explorer at Large, an ambassador who represents science and nature awareness throughout the world. She has pioneered novel access techniques to study the plants, animals, and microbes that live in the tropical and temperate rainforest treetops in Costa Rica and Washington State, galvanizing biologists to study what has been called the "last biotic frontier." A professor at the University of Utah, she has published more than 150 journal articles and three books. She has appeared in public media such as Science Friday; Wait, Wait, Don't Tell Me; RadioLab, and Playboy Magazine, and is the subject of the PBS documentary "From Earth to Sky." She divides her time between Salt Lake City, Utah, and Monteverde, Costa Rica.

# Praise for TREENOTES

“Trees nourish and sustain our planet, captivate us with their stunning beauty, and inspire us with their steadfastness and resilience. In *TreeNotes*, scientist, master storyteller and National Geographic Explorer at Large Nalini Nadkarni takes readers on an unforgettable journey into the world of trees, galvanizing people of all backgrounds to celebrate the boundless power and possibilities of the natural world.”  
—**Jill Tiefenthaler**, CEO, National Geographic Society

“*TreeNotes* takes us around the world and through the seasons to appreciate our amazing arboreal world. Nadkarni weaves wonderful stories, from pines to peaches, and from architecture to acorns to ants. This series of essays will give every reader a special appreciation and love for the green giants of the world: trees!” —**Meg Lowman**, National Geographic Explorer and author of *The Arbornaut: A Life Discovering the 8th Continent in the Trees Above Us*

“*TreeNotes: A Year in the Company of Trees* comes from a lifetime of learning and loving trees around the world. Ecologist Nalini Nadkarni offers a moving meditation on the many roles that trees play in our lives. Each essay invites the reader to pause and be present in wonder, admiration, and curiosity.”  
—**Lauren E. Oakes**, author of *Treekeepers* and *In Search of the Canary Tree*

“Reading this book is like being welcomed into a lively conversation. Nalini Nadkarni’s lifelong affection for trees combines with a bubbling curiosity to create an intriguing and immensely enjoyable sequence of seasonal *TreeNotes*. From the maples she loved as a child to Leonard Bernstein’s maple baton (later exchanged for birch), this generous book ranges easily through time and space. From the personal to the global, everything is arboreal.” —**Fiona Stafford**, author of *The Long, Long Life of Trees*

“Some of us were born to love trees—and want to understand them and protect them—and Nalini Nadkarni is such a person. These precious morsels of tree lore in her book will keep you turning the pages and pondering the arboreal beings we share our planet with.” —**Joan Maloof**, PhD, founder of the Old-Growth Forest Network

# YOU DON'T NEED TO FORGIVE

Trauma Recovery on Your Own Terms

**Amanda Ann Gregory, LCPC**

Broadleaf Books, February 2025

**Trauma psychotherapist and author of the popular "Simplifying Complex Trauma" blog at *Psychology Today* Amanda Ann Gregory, LCPC, explores the dangers of forced forgiveness in trauma recovery and empowers survivors with elective forgiveness.**

**You can find peace, whether or not you forgive those who harmed you.**

Feeling pressured to forgive their offenders is a common reason trauma survivors avoid mental health services and support. Those who force, pressure, or encourage trauma survivors to forgive can unknowingly cause harm and sabotage their recovery. And such harm is entirely unnecessary--especially when research shows there is no consensus among psychologists, psychiatrists, and other professionals about whether forgiveness is necessary for recovery at all.

*You Don't Need to Forgive* is an invaluable resource for trauma survivors and their clinicians who feel alienated and even gaslighted by the toxic positivity and moralism that often characterizes attitudes about forgiveness in psychology

and self-help. Bringing together research and testimony from psychologists, psychotherapists, criminologists, philosophers, religious leaders, and trauma survivors, psychotherapist and expert in complex trauma recovery Amanda Ann Gregory explores the benefits of elective forgiveness and the dangers of required forgiveness. Elective forgiveness gives survivors the agency to progress in their recovery on their own terms. Forgiveness is helpful for some, but it is not universally necessary for recovery; each person should have the power to choose.



*Kaplan/DeFiore Controls:* Translation  
*Rights Sold on Behalf Of:* Broadleaf Books

*Material:* PDF  
*Rights Sold to:* China Times (**Chinese Complex**), Zhejiang Literature (**Chinese Simplified**), V&R (**Spanish**)

**Amanda Ann Gregory** is a trauma psychotherapist whose work focuses on complex trauma recovery. Her unique perspective as both a clinician and a trauma survivor allows her genuinely to understand the needs of survivors. Her writing has appeared in publications such as *Psychology Today*, *Psychotherapy Networker*, and *psychotherapy.net*. With over seventeen years of clinical practice alongside EMDR and National Counseling certifications, Gregory has provided trauma education and training for the American Counseling Association, the National Alliance on Mental Illness, Ronald McDonald House Charities, among others. Gregory lives in Chicago, Illinois, with her partner and their sassy black cat, Mr. Bojangles.

# PUT YOUR PAST IN THE PAST

Why You May Be Reenacting Your Trauma, and How to Stop

**Beverly Engel**

Broadleaf Books, March 2025

**Renowned psychotherapist and author Beverly Engel offers this comprehensive and practical guide to emotional reenactments, helping readers face their past head-on for true and lasting healing.**

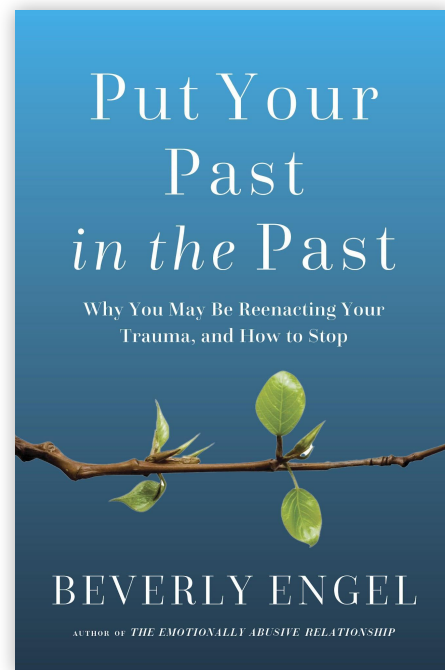
**Stop repeating your past, and find lasting healing for the future.**

Millions of us are desperately trying to rewrite our past by unconsciously repeating it--unknowingly reenacting the traumatic events in our lives in an effort to complete unfinished business or undo what was done to us. These unconscious efforts to undo trauma only bring more pain, more disappointment, and more psychological damage. Reenactments can take the form of self-destructive behavior, unhealthy decisions, choosing the wrong partners, getting stuck in repetitive emotional cycles, or sabotaging chances at success. Understanding and eliminating these reenactments is an essential part of the healing process. Unfortunately, this topic hasn't been addressed enough by psychotherapists and other mental health professionals.

In *Put Your Past in the Past*, renowned psychotherapist Beverly Engel offers the first accessible and comprehensive book on emotional reenactments. First, the book will help readers make their unsuccessful efforts to repair their past more conscious.

She offers powerful strategies to help readers truly heal their past, not by unwittingly repeating it, but by attending to their original wounds, and embracing self-compassion.

Unless we process past traumas, we can't heal them. *Put Your Past in the Past* will help you face your past head-on to find true and lasting wholeness.



*Kaplan/DeFiore Controls:  
Rights Sold on Behalf Of:*

Translation  
Broadleaf Books

*Material:  
Rights sold:*

PDF  
Globo (**Brazilian Portuguese**),  
China Machine Press (**simplified  
Chinese**), Eastone Group (**Slovak**)

**Beverly Engel** is an internationally recognized psychotherapist and expert on the subject of trauma. She has written 25 books on the related subjects of abuse, shame and empowerment, including *The Emotionally Abusive Relationship* and *Healing Your Emotional Self*. Her books have been translated into many languages, including: Spanish, Japanese, Chinese, Korean, Greek, Turkish, Lithuanian and Polish. She has a blog on *Psychology Today* entitled *The Compassion Chronicles* and her writing has been featured in *Oprah Magazine*, *Cosmopolitan*, *Ladies Home Journal*, *Redbook*, *Marie Claire*, *The Chicago Tribune*, *The Washington Post*, *The Los Angeles Times*, *The Cleveland Plain Dealer*, and *The Denver Post*.

# Previous Beverly Engel Titles Sold to

## **LOVING HIM WITHOUT LOSING YOU sold to:**

Eulyoo Publishing Co., Ltd, Mind House Publishing (**Korean**), Frytaki Publications S.A. (**Greek**), Psygarden Pub Co (**complex Chinese**), China Development Pub House (**simplified Chinese**), Grijalbo (**Spanish**), Phoenix Yayinevi (**Turkish**), EXEM License Limited (**Russian**)

## **HONOR YOUR ANGER sold to:**

Shanghai Joint Publishing Company, Beijing United Publishing Co., Ltd (**simplified Chinese**), Shanghai Joint Publishing Company (**complex Chinese**), Yong-O-Reum (**Korean**)

## **THE POWER OF APOLOGY sold to:**

Maks Media (**Korean**), Nippon Kyobunsha Co. (**Japanese**)

## **THE EMOTIONALLY ABUSIVE RELATIONSHIP sold to:**

Chaek-yeo-Se (**Korean**), Frytaki Publications S.A. (**Greek**), China Machine Press (**simplified Chinese**)

## **HEALING YOUR EMOTIONAL SELF sold to:**

Chaek-yeo-Se (**Korean**), Epsilon Yayinevi (**Turkish**), Obeikan Publishing (**Arabic**), Leidykla Sofoklis (**Lithuanian**), EXEM License Limited (**Russian**)

## **JEKYLL AND HYDE SYNDROME sold to:**

Miraebook Publishing (**Korean**)

## **NICE GIRL SYNDROME sold to:**

China Critic Press (**simplified Chinese**), Bialy Wiatr (**Polish**), EXEM License Limited (**Russian**)

## **THE EMOTIONALLY ABUSED WOMAN sold to:**

Gakuyo Shobo (**Japanese**), Fytrakis S.A. (**Greek**)

# HOW TO BE BUSY

Unhurried Living Even When Your Calendar is Chaotic

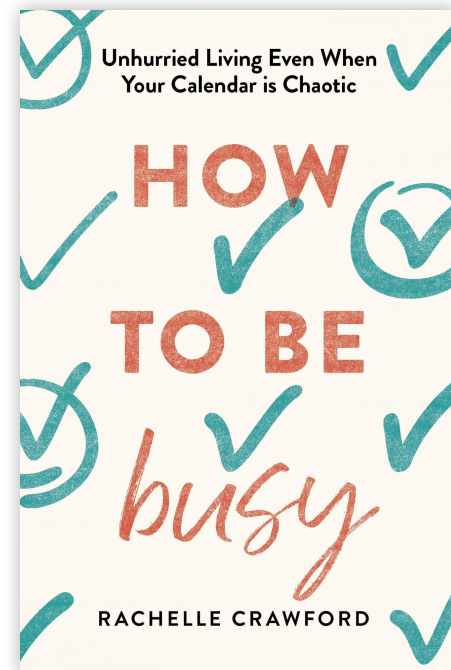
**Rachelle Crawford**

Broadleaf Books, May 2025

**Snappy, lighthearted, and practical, *How to Be Busy* is the time-management book for people living through the unavoidable busy seasons of life, from author Rachelle Crawford (*Messy Minimalism*).**

How nice it would be to clear the calendar--to just stop doing so much stuff. Except kids get sick and the work project awaits and elderly relatives need care. No matter how well you hack it, manage it, slice or dice or delegate it: in some seasons of life, busyness is a given.

The solution, writes Rachelle Crawford in *How to Be Busy*, is not to merely declutter your calendar or unsubscribe from the busy life. Because busyness can't always be avoided. Because being in relationship with and caring for others means that some seasons of life are packed. Because sometimes, no matter how many times you say no, you're still swamped.



The trick lies in learning *how* to be busy. With her signature warmth and laugh-out-loud transparency, Crawford offers sensible pivots and simple practices. You can practice under-committing, learn the fine art of saying no, bubble-wrap your busy seasons, establish a busy protocol, and learn how to eliminate digital distractions. Here are tough-love tips for unhurrying your busy days, ideas for giving a gift to your future stressed-out self, strategies for identifying the season in which you are living, and end-of-chapter tips for how to be busy well.

Busy isn't always the enemy, and a chaotic calendar isn't always a failure. Sometimes a full schedule is simply the result of investing in what matters and doing the right thing. But while busy is a matter of the calendar, hurry is a matter of the heart. Find help for living your deep, meaningful, unhurried life--right in the middle of your busy one.

*Kaplan/DeFiore Controls:*  
*Rights Sold on Behalf Of:*

Translation  
Broadleaf Books

*Material:*

PDF

**Rachelle Crawford** is the author of *Messy Minimalism* and a registered nurse with a bachelor's of science in nursing. She works as a school nurse at the school her children attend. She lives in Michigan with her husband, Paul, and their three children, Jameson, Raegan, and Amelia.

# BUY WHAT YOU LOVE WITHOUT GOING BROKE

**Jen Smith and Jill Sirianni**

Harvest, January 2025

"Holistic and empowering. Readers are sure to cherish this title's authenticity, action steps, and key takeaways." — *Library Journal*

"Jen and Jill are paving the way for women who want to win with money without opting out of consumption altogether."

—**Vivian Tu (@your.richbff)**, *New York Times* bestselling author of *Rich AF*

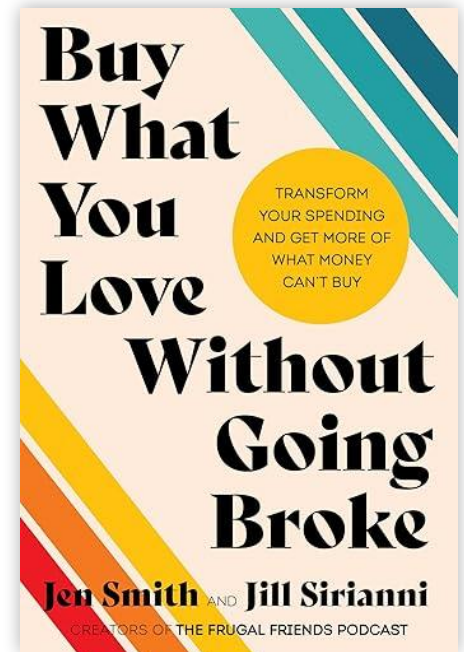
"This book is for anyone who's ever felt guilty about their spending habits, or anyone who's struggled with sticking to a budget. Jen and Jill will empower you to take control of your financial situation (without shame or restriction) in their one-of-a-kind approach to money management."

—**Jean Chatzky**, *New York Times* bestselling author and CEO of *HerMoney*

In life we're told our options are limitless. Yet in an effort to protect us, our brains typically only identify two options that we're most familiar with: Yes or no, Mac or PC, coffee or tea, sit or stand. When it comes to managing money the two options are usually: Stop doing everything you love and follow a rigid set of rules to manage money or totally ignore your money and live a life you love.

We know this binary is an illusion. You have so many choices, especially when it comes to spending and managing money. For years Jen Smith and Jill Sirianni have been redefining frugality from extreme deprivation to a "radical middle" of spending based on your values. Now they're distilling what they've learned to help readers afford what money can't buy...and doing so with 7 easy-to-understand principles.

*Buy What You Love Without Going Broke* is a guide for millennial and gen X women who want to manage their money differently. There are plenty of books with the promise of "7 steps to financial freedom" and "10 steps to manage your money." There are even personal finance books focused on making more or saving more, but there are very few books dedicated to improving your spending habits. This is a huge oversight given the fact that it's nearly impossible to succeed if you can't control your day to day spending.



<i>Kaplan/DeFiore Controls:</i>	Translation	<i>Material:</i>	PDF
<i>Rights Sold on Behalf Of:</i>	Heather Jackson Literary Agency	<i>Rights sold to:</i>	Planeta (Spanish)

**Jen Smith** and **Jill Sirianni** are the hosts of the top-rated Frugal Friends Podcast. Jen is a personal finance expert who's written for and been quoted on sites like *The Wall Street Journal*, Investopedia, The Balance, Business Insider, and more. Jill is a licensed clinical social worker who's worked in trauma counseling. Every episode of Frugal Friends is a lifestyle podcast that helps you afford all the things in life that matter most to you, and with over 700 reviews and 4.5 million downloads, we know it's a podcast and message that's resonating.

## Praise for BUY WHAT YOU LOVE WITHOUT GOING BROKE

"Smith and Sirianni offer shame-free financial advice that gives readers what they really need: practical tips for building real financial skills while still giving ourselves permission to enjoy our lives. I recommend this for anyone that needs a new and empowering perspective on gentle financial skill building."

—**KC Davis**, LPC, bestselling author of *How to Keep House While Drowning*

"Jen and Jill bridge the gap between theory and practice. *Buy What You Love Without Going Broke* is a must-read for anyone looking to improve their spending habits with more empathy and less judgment."

—**Carleigh Bodrug**, two-time *New York Times* bestselling author of *PlantYou*

"Finally, the money book you've been waiting for. Buy what you want, but first you'll learn how to decide what you want, what matters to you, and how to align your spending with your values. Less budget, more heart."

—**Courtney Carver**, author of *Gentle and Soulful Simplicity*

"A refreshing, holistic approach to personal finance! By focusing on the psychology of spending—rather than just budgets or clipping coupons—Jen and Jill bring the joy back into saving money and getting the most from it."

—**Francine Jay**, author of *Lightly* and *The Joy of Less*

# RETHINKING WORK

*Seismic Changes in the When, Where, and Why*

**Rishad Tobaccowala**

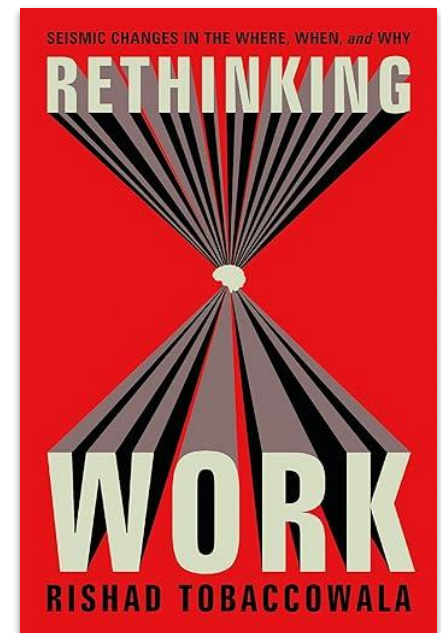
HarperCollins Leadership, February 2025

**A sea change is occurring—a change so monumental that it is making us re-invent the traditional ideas of where work is done, when work is done, why work is done, and even what work itself is.**

We have a choice. We can either be reactive and struggle to adjust to transformational events on the fly, or we can be proactive and control the narrative—reinventing work to align with the evolving environment. Futurist Rishad Tobaccowala has had a highly successful career because he has anticipated and capitalized on emerging trends. In *Rethinking Work*, Rishad outlines the reasons why being proactive in this era of unprecedented change is the only way organizations will survive and thrive. Schools, banks, law firms, startups, medical offices—every sector will be affected by the current or soon-to-be-emerging trends and events that Rishad describes in this invaluable guide.

Learn to thrive in a world where the who, what, why, where, when and how of work will be transformed:

- **What will organizations look like?** Like nothing in the past. We will no longer have a single organizational model or design but instead have a wide range of operating styles, structures and sizes.
- **Why will people work?** Two-thirds of workers under 30 are combining different gigs to not only satisfy their financial needs but to their own personal satisfaction and sense of purpose
- **Where will people work?** In the metaverse. At home. In morphing offices that bear little resemblance to traditional workspaces. With team members in other countries and customers on other continents.
- **When will people work?** Whenever. The 9-5 workday is already passing as efficiency lessens in importance to innovation, disruption, and agility.
- **How will leadership change?** We are evolving to a new type of leadership from management focused to growth, agility and learning focused.



RESTORING THE SOUL OF BUSINESS sold to:

Shanghai Dook (**simplified Chinese**), Alpina (**Russian**)

Kaplan/DeFiore Controls:  
Rights Sold on Behalf Of:

Translation  
Anderson Literary Agency

Material: PDF

**Rishad Tobaccowala** is the Chief Growth Officer at Publicis Groupe, an advertising and communications firm whose 80,000 employees worldwide are dedicated to delivering marketing and business transformation. He is responsible for supporting the leaders of Publicis Groupe's largest global clients, to help these organizations grow in a revolutionary time for all businesses. For his pioneering innovation, *BusinessWeek* named Tobaccowala one of the top business leaders, and he also was dubbed one of five marketing innovators by *TIME* magazine. He regularly presents keynotes at industry conferences and speaks at well-known global organizations, such as Kellogg's, IBM, Amazon, Google, and Facebook.

# THE GOLDEN TOAD

*An Ecological Mystery and the Search for a Lost Species*

**Trevor Ritland and Kyle Ritland**

Diversion Books, Jun 2025

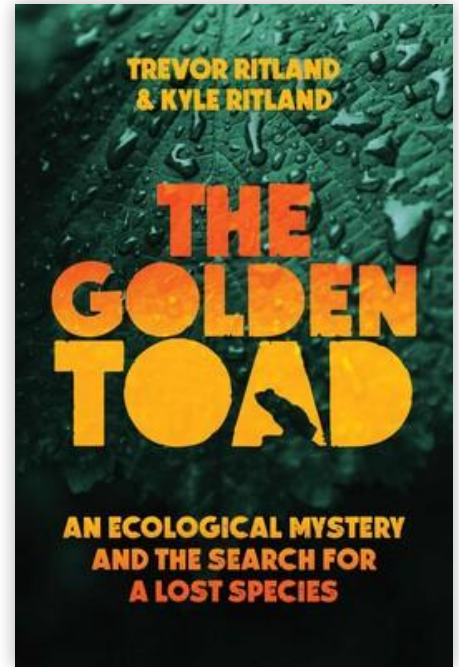
**The Costa Rican cloud forest, a mysterious amphibian killer, and a vanished species: with support from Leonardo DiCaprio’s Re:wild campaign, twin documentarians and environmental writers follow their father’s footsteps into the heart of the modern extinction crisis.**

As young boys, Trevor and Kyle Ritland were fascinated by the magnificent golden toad of Costa Rica, a brilliant species their biologist father showed them in his projector’s slide shows. Native to only one wind-battered ridgeline high on the continental divide above the cloud forests of Monteverde, thousands of golden toads would congregate for a few weeks each year in ephemeral pools among the twisted roots to mate, deposit their offspring, and retreat again beneath the earth. But from one year to the next, the toads disappeared without a trace; the last of them vanished more than thirty years ago. Since then, only rumors remain—alleged sightings by local residents, which beg the question: could the golden toad still be alive?

In *The Golden Toad*, Trevor and Kyle set off to investigate an environmental mystery with unexpected revelations, a story that speaks to our own collective

and uncertain future. Guided by Costa Rican naturalists—including the last person to have seen the golden toad alive—Trevor searches for survivors while Kyle hunts the killer, and their paths lead them through an imperiled forest, a deadly pandemic, and a changing climate, finally intertwining at the site of the golden toad’s last emergence deep in Monteverde’s Bosque Eterno de Los Niños.

The toad’s demise becomes a haunting foretelling of approaching ecological crisis, but with a gold lining on the horizon. *The Golden Toad* changes the conversation around extinction, climate change, and conservation while exploring environmental grief, resurrection, and hope in a changing world.



*Kaplan/DeFiore Controls:*  
*Rights Sold on Behalf Of:*

Translation  
Diversion Books

*Material:*

PDF

**Trevor Ritland** spent two years in the cloud forests of Costa Rica before returning to the US to complete graduate work in documentary studies and science communication. He is an adjunct instructor in the Creative Media & Film program at Northern Arizona University and is the documentarian of “El Dorado: The Search for the Golden Toad” along with other projects exploring imperiled species and environmental mysteries. Trevor lives with his wife Priscilla and their dog Indie in Flagstaff, Arizona.

**Kyle Ritland** earned his MFA in Creative Writing at the University of California, Riverside while working as a freelance environmental journalist, chasing stories of island foxes, desert birds, and big cats. He lives at the edge of the woods in the American Northeast with his wife Alannah and their two cats, Hazel and Fiver.

**Trevor** and **Kyle** founded Adventure Term, Inc., a nonprofit teaching environmental storytelling through field expeditions. Beyond writing for publications like *The Atlantic*, *BBC*, and *The Guardian*, they have collaborated with Leonardo DiCaprio’s RE:WILD on the organization’s “Search for Lost Species” campaign.

# Praise for THE GOLDEN TOAD

A stunning and evocative ecological mystery that would not be out of place in the adventure fiction category. Engrossing from beginning to end.”

—**Jeff Vandermeer**, bestselling author of *Annihilation*

“*The Golden Toad* is storytelling at its best and an inspirational account of people who dedicated their lives to protecting the cloud forest. At times heartbreaking, other times joyful, the narrative encourages us to think about conservation, extinction, and the value of friends and family. The Ritland brothers have guaranteed that not only will the stories of the golden toads survive, but that these jewels of the forest will endure in our memories and in our hearts and will inspire us to respect both forest and frogs.” —**Martha L. (Marty) Crump**, author of *Frog Day* and editor of *Lost Frogs & Hot Snakes*

“We live at a difficult moment in our planet's history; this book does a remarkably good job at dealing with the epic losses all around us and maintaining a sense of possibility. It is what nature writing needs to look like in our time.” —**Bill McKibben**, Cofounder of 350.org and author of *Here Comes the Sun*

“*The Golden Toad* is a riveting and dramatic mystery and adventure story! These two intrepid authors are masterful storytellers, and delightful guides to a rainforest paradise that still guards its secrets.” —**Sy Montgomery**, author of *New York Times* bestseller *The Soul of an Octopus*

“A captivating story of adventure in the name of science. Follow these intrepid brothers through the jungle as they go on a journey of discovery—about themselves, and the forests and animals around them, and the fate of nature in our ever-changing world.” —**Steve Brusatte**, Paleontologist and *New York Times* bestselling author of *The Rise and Fall of the Dinosaurs*

“A gripping amphibian adventure set in one of the world's wildest, most wondrous places. In the spirit of David Quammen and Elizabeth Kolbert, Trevor and Kyle Ritland delve deep into history, science, and the rainforest itself in pursuit of an ecological mystery—and the charismatic, possibly nonexistent species that possesses them.”

—**Ben Goldfarb**, award-winning author of *Crossings* and *Eager*

“The Ritlands have crafted a remarkable story of mystery, discovery, and loss, using language both beautiful and lush. I absolutely loved it.” —**Jonathan C. Slaght**, author of *Owls of the Eastern Ice*

“Compellingly told by brothers Trevor and Kyle Ritland, *The Golden Toad* is a story of extraordinary animals, ordinary heroes, and the planet they share.” —**Michelle Nijhuis**, author of *Beloved Beasts: Fighting for Life in an Age of Extinction*

“Kyle and Trevor Ritland craft a spellbinding narrative that traverses the misty heights of Costa Rica's cloud forests, and the shadowed depths of humankind's impact on the natural world. Their journey, interwoven with that of the golden toad, is one of reckoning, longing, and ultimately, reconciliation. With prose that is both urgent and lyrical, they deliver a story as vibrant as the creature it seeks to illuminate. *The Golden Toad* is a gripping exploration of loss and hope. It's a poignant reminder of the fragile wonders we stand to lose—and the resilience needed to fight for them.” —**Chris Kalman**, author of *Damned if You Don't*

# THE GRAND COSMIC STORY

*An Illustrated Timeline 13.8 Billion Years and Beyond*

**Ethan Siegel, Mark A. Garlick, Jon Lomberg, and William Lidwell**

National Geographic, October 2025

**Here's the story of everything, from the Big Bang to the far-off future 100 million years at a time, told in words and pictures.**

With illuminating text and imaginative illustrations, this exquisite volume portrays every phase of our cosmic history.

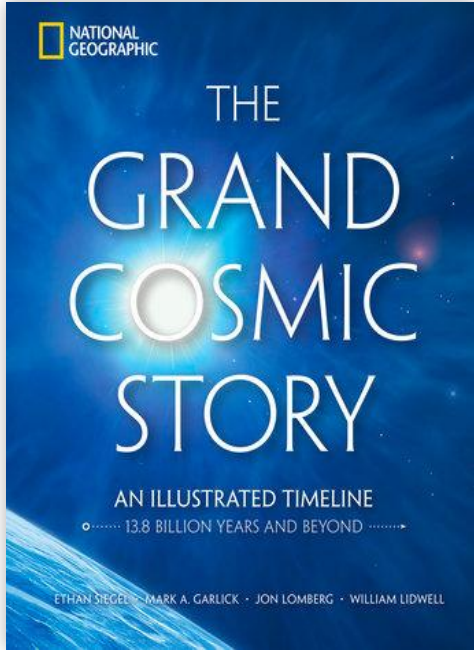
Witness the unfolding history of the universe as you turn each page of *The Grand Cosmic Story*, a brilliant and beautiful volume sure to fascinate anyone interested in astronomy, astrophysics, and cosmology.

In this large-format, full-color book, every two-page spread represents 100 million years in the universe's 13.8-billion-year-long story—and beyond.

Custom illustrations created by two legendary space artists accompany detailed, accessible descriptions of the evolving cosmos as atoms, stars, galaxies, black holes, planets, life itself emerge. Fungi, flowers, dinosaurs, apes, humans appear on Earth, paralleled by changes in the vast realms of space surrounding—all narrated and visualized, step by step.

The book's last few pages even picture a future beyond the present day, ending in void and randomness—a dramatic finish to an amazing journey combining science and imagination.

A prestigious creative team—astrophysicist Ethan Siegel, space artist Jon Lomberg, graphic designer William Lidwell, and science illustrator Mark Garlick—evoke the vastness of time and space, creating a uniquely comprehensive, evocative, and accessible history of everything in the cosmos.



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**Ethan Siegel** (@startswithabang) is a Ph.D. astrophysicist, author, and science communicator. His award-winning blog, *Starts With a Bang*, specializes in explaining high-level concepts about the universe to general audiences.

**William Lidwell** (@williamlidwell) is a designer, educator, and author or coauthor of books and online courses, most notably *The Universal Principles of Design* and his design lectures for *The Great Courses* and *LinkedIn Learning*.

**Jon Lomberg** (jonlomberg.com) is a legendary astronomical illustrator who worked with Carl Sagan on the *Cosmos* television series, the movie *Contact*, and as primary design director of the Golden Record, still traveling through outer space on the Voyager spacecraft.

**Mark Garlick** (@SpaceBoffin) initially trained and worked as an astrophysicist and now works as a scientific illustrator and computer animator. He is author and illustrator of several books including *The Story of the Solar System* and *Cosmic Menagerie*.

# THE LAST EXTINCTION

*The Real Science Behind the Death of the Dinosaurs*

**Gerta Keller, PhD**

Diversion Books, September 2025

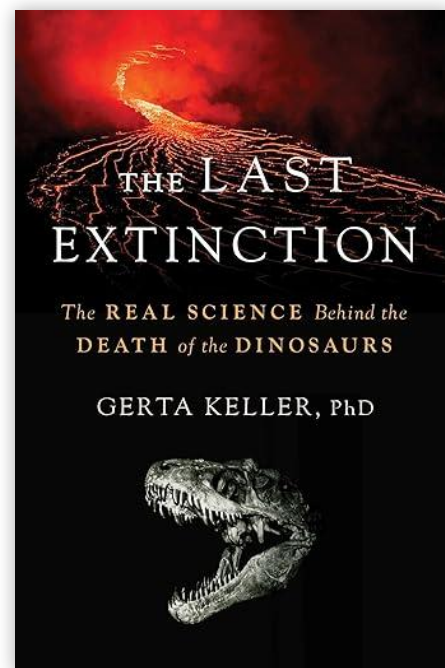
**The story behind Dr. Gerta Keller’s world-shattering scientific discovery that dinosaur extinction was NOT caused by asteroid impact, but rather by volcanic eruptions on the Indian peninsula, a discovery that highlights today’s existential threat of greenhouse gasses and climate change—and one that sparked an all-out war waged by the scientific establishment.**

Keller is at the center of what has been called the nastiest feud in science, a contentious debate popularly known as “The Dinosaur Wars” over what triggered the fifth mass extinction at the end of the Cretaceous Era sixty-six million years ago. And the question of what caused the dinosaurs’ demise is more relevant than ever, as humankind confronts the paroxysms of an imperiled planet and the possibility that we may become the dinosaurs of the sixth extinction.

Born on a farm in Switzerland as the sixth of a dozen children, Gerta was told her dreams of becoming a doctor were impossible. Never one to take no for an answer, she defied the odds and reclaimed her childhood dream, ultimately completing her graduate studies in geology at Stanford and becoming a professor at Princeton University and a major voice in her field.

Gerta continued her research in a series of incredible adventures across the globe that have caused some to liken her to a female Indiana Jones and which led her to uncover a growing mass of evidence that contradicted the then-widely accepted asteroid impact theory. Rather, Gerta discovered, the real cause of the dinosaurs’ extinction was Deccan volcanism, a series of cataclysmic volcanic eruptions on the Indian peninsula. Outraged by her daring to challenge them, the toxic, male scientific establishment launched an all-out war against Gerta, doing their utmost to sabotage her work, destroy her reputation, and suppress the publication of her research. But they picked a fight with the wrong woman.

Today, after nearly forty years, the tide has turned, and a new generation of scientists is embracing Deccan volcanism as the most likely cause for at least four out of the five major mass extinctions in Earth’s history. *The Last Extinction* is the story of that lone journey by a woman and a small team of collaborators, their exhilarating discoveries, and the uphill battle against a unified dominant group unwilling to listen to reason. There is betrayal and sabotage, as well as perseverance and vindication, and woven through it all, the dinosaurs, and the greatest scientific detective story of our time.



*Kaplan/DeFiore Controls:* UK & Translation  
*Rights Sold on Behalf Of:* Diversion Books

*Material:* PDF

**Gerta Keller** is a professor of Paleontology and Geology in the Department of Geosciences at Princeton University, where she has been a tenured faculty member since 1984. She has placed over 260 scientific publications in international journals and is considered a leading authority on catastrophes, mass extinctions, and the biotic and environmental effects of impacts and volcanism. She has coauthored five academic books, including *Cretaceous-Tertiary Mass Extinction*, *Chicxulub and the KTB Mass Extinction in Texas*, and *Micropaleontology and Stratigraphy: Global Bioevents in Earth’s History*. She is a frequent lecturer and regularly receives invitations from academic institutions around the world. In recent years, her work has received increased recognition and continues to make waves in the mainstream media, including TV documentaries and news features, radio and podcast interviews, as well as print and web media, most notably in a widely circulated profile in *The Atlantic*.

# Praise for THE LAST EXTINCTION

"Gerta Keller . . . is rattling the foundations. And the theory she supports . . . has unleashed a small tempest of its own among die-hard believers in the meteor theory, who are known as 'impactors.' . . . Keller argues that, besides a series of meteor impacts, the extinction of the dinosaurs was preceded by an intense period of volcanic eruptions that altered the climate. . . . All this makes her a maverick."—*The New York Times*

★"Scathing and illuminating. . . . [M]uch of the scientific community and the popular press accepted the idea that a meteor colliding with the Earth was responsible for the planet's fifth mass extinction. Keller, however, had her doubts, and worked tirelessly to gather data. . . . Her results are shocking."  
—*Publishers Weekly*, starred review

"A Princeton geologist has endured decades of ridicule for arguing that the fifth extinction was caused not by an asteroid, but by a series of colossal volcanic eruptions. But she's reopened that debate. . . . This dispute illuminates the messy way that science progresses and how this idealized process, ostensibly guided by objective reason and the search for truth, is shaped by ego, power, and politics." —*The Atlantic*

"A fascinating look at the process of researching scientific questions and the power of entrenched theory; Keller was often belittled and blocked from sharing her discoveries. She perseveres in this compelling tale, of interest to readers who enjoy books about scientific study, mass extinction theories, and the work and struggles of women scientists."—*Library Journal*

# DISCOVERING THE SPIRITUAL WISDOM OF TREES

**Beth Norcross and Leah Rampy**

Broadleaf Books, March 2025

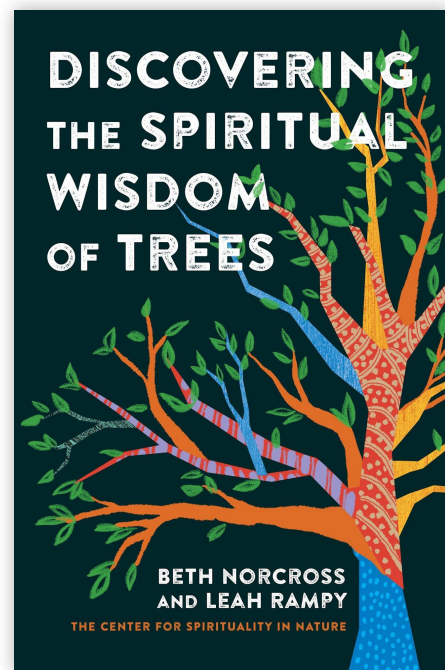
**With expertise in ecology, spirituality, and forestry, coauthors Beth Norcross (founder of the Center for Spirituality in Nature) and Leah Rampy explore the spiritual wisdom we can learn from trees.**

There is great wisdom to learn from trees, and when we connect intimately with them, we can deepen our spiritual lives and grow in the understanding that all beings are part of the fabric of the holy.

There's something about a majestic redwood, the sweet pink blossoms of a cherry tree in spring, or even a scrawny little pine that moves us in ways we don't fully comprehend. Trees have much to offer as soul friends, and their millennia of growth and loss provide deep wisdom, if we know how to pay attention. *The Spiritual Wisdom of Trees* encourages us to revel in the beauty and wonder of trees as they increase our capacity to bear witness to loss and grief. Integrating science and spirituality, coauthors Beth Norcross and Leah Rampy explore the knowledge held within the living world of trees and planted within each of us.

Drawing on extensive experience in both forest ecology and spirituality, Norcross and Rampy invite us into a deep mutual relationship with trees, whose wisdom provides comfort, resilience, guidance, and hope during these challenging times. Living amid the uncertainty of climate chaos and biodiversity loss, we experience loneliness, anxiety, grief, and fear. Such times call us to a fuller spiritual presence, richer connections to the world around us, and a deeper knowing that all are held within a sacred web of life.

Pulling from the Center for Spirituality in Nature organization's coursework, Norcross and Rampy offer us guidance and practices based on their experiences leading walks, retreats, and pilgrimages for over two decades. Having witnessed the profound healing and restorative power of trees, they offer us the wisdom of trees as wordless ministers to weary souls. When we learn the ecology of the forest and how to be present in nature, our eyes are opened to the awe and wonder of our world, deepening our sense of sacred oneness.



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**Beth Norcross** founded the Center for Spirituality in Nature, which offers opportunities to deepen spirituality through nature and to nurture loving relationships with Earth and Spirit. She speaks, writes, and leads programs that encourage people to open to the natural world for delight, wonder, guidance, and spiritual deepening. She co-founded the Green Seminary Initiative, which infuses Earth care into theological education. An adjunct professor at Wesley Theological Seminary, where she earned a master of theological studies and a doctor of ministry, she has created and taught classes related to faith and ecology. She lives with her husband in Virginia.

**Leah Rampy** is a writer and retreat leader who weaves ecology, spirituality, and stories to encourage deeper connections to the natural world and strengthen the ties between Earth and the human soul. She is the author of *Earth and Soul: Reconnecting amid Climate Chaos*. She has led spiritual pilgrimages, retreats, and seminars and is founder and leader of Church of the Wild Two Rivers. She holds a PhD in curriculum from Indiana University, has taught in public schools and universities, held leadership roles in Fortune 100 companies, and headed a nonprofit organization dedicated to contemplative living and leadership. Rampy resides with her husband in a cohousing community in West Virginia.

# MOTHER, CREATURE, KIN

What We Learn from Nature's Mothers in a Time of Unraveling

**Chelsea Steinauer-Scudder**

Broadleaf Books, March 2025

**Luminous and literary writing on the natural world, motherhood, and what we have to learn from nature's mothers in an era of climate collapse, from essayist Chelsea Steinauer-Scudder.**

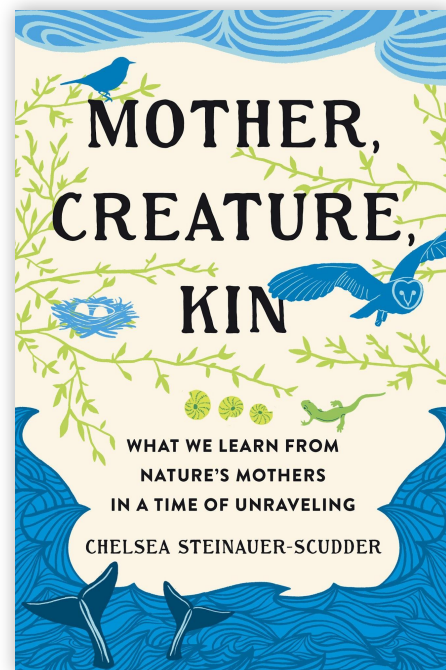
**Luminous nonfiction about the natural world from essayist Chelsea Steinauer-Scudder, who asks: what can other-than-human creatures teach us about mothering, belonging, caregiving, loss, and resiliency?**

What does it mean to be a mother in an era of climate catastrophe? And what can we learn from the plants and creatures who mother at the edges of their world's unraveling?

Becoming a mother in this time means bringing life into a world that appears to be coming undone. Drawing upon ecology, mythology, and her own experiences as a new mother, Steinauer-Scudder confronts what it means to "mother": to do the good work of being in service to the living world. What if we could all mother the places we live and the beings with whom we share those places? And what if they also mother *us*?

In prose that teems with longing, lyricism, and knowledge of ecology, Steinauer-Scudder writes of the silent flight and aural maps of barn owls, of nursing whales, of real and imagined forests, of tidal marshes, of ancient single-celled organisms, and of newly planted gardens. The creatures inhabiting these stories teach us about centering, belonging, entanglement, edgework, homemaking, and how to imagine the future. Rooted in wonder while never shying away from loss, *Mother, Creature, Kin* reaches toward a language of inclusive care learned from creatures living at the brink.

Writing in the tradition of Camille Dungy, Elizabeth Rush, and Margaret Renkl, Steinauer-Scudder invites us into the daily, obligatory, sacred work of care. Despair and fear will not save the world any more than they will raise our children, and while we don't know what the future holds, we know it will need mothers. As the very ground shifts beneath our feet, what if we apprenticed ourselves to the creaturely mothers with whom we share this beloved home?



Kaplan/DeFiore Controls: Translation  
Rights Sold on Behalf Of: Broadleaf Books

Material: PDF

**Chelsea Steinauer-Scudder** writes at the confluence of relationship to place with experiences of the sacred. She has a masters of theological studies from Harvard Divinity School and has worked as a staff writer and editor for *Emergence Magazine*, a publication exploring the intersection of ecology, culture, and spirituality. Her work has also been featured in *The Common*, *The Slowdown*, *Crannóg Magazine*, *From the Ground Up*, the edited poetry collection *Writing the Land*, and Katie Holten's *The Language of Trees*. Having grown up in the Great Plains of Nebraska and Oklahoma, she and her family live in northern New England.

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