



WISDOM PUBLICATIONS

2026 CATALOG



BECOMING THE MASTER ON THE COURSE AND IN LIFE

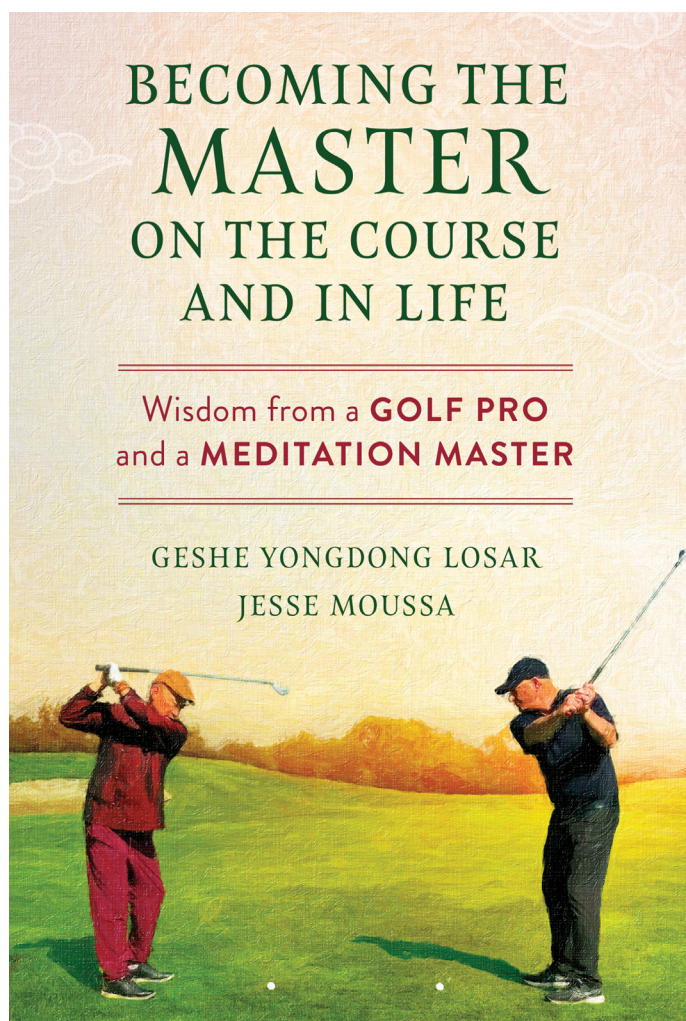
*WISDOM FROM A GOLF PRO
AND A MEDITATION MASTER*

Geshe YongDong Losar and
Jesse Moussa

February 3, 2026 | Paperback | 264 pages

\$18.95 | 5" x 8" | 9798890700308

Perhaps more than any
other sport, golf is a
mental game, played
as much in your mind
as on the course.



Ever feel like you're spending all this money on high-end equipment and coaching, and hours in practice, but somehow you're just not improving? Or that you can hit your shots perfectly in practice, but when you step up to the ball in a game, your shot goes awry? Or that you're leaving the course frustrated—with yourself, your swing, or the world—somehow forgetting that golf is actually supposed to be fun?

Enter Jesse Moussa, a golf pro, and YongDong Losar, a geshe (the Tibetan Buddhist equivalent of a PhD). The latter shares the rich insights into the workings of the mind that Tibetan Buddhism offers, and the former relates that wisdom to his long career of competition and coaching. Together they offer the techniques they've honed over the years to eliminate distraction, maintain focus and equilibrium, and let your swing grow just as the grass does.

This is your opportunity to learn from two masters how to remain present and centered regardless of what the game presents to you—and to step up and hit the ball.

A HUMAN APPROACH TO WORLD PEACE

DELUXE EDITION

His Holiness the Dalai Lama

February 17, 2026 | Boxed | 80 pages

\$49.95 | 4.75" x 7.25" | 9798890700575



This beautiful keepsake edition of His Holiness's classic essay is updated and expanded for today's world, with a new foreword from Richard Gere and beautiful, intimate photographs of His Holiness.

In this moving book, His Holiness the Dalai Lama shares his perspective on the urgent question facing the world today: How do we make our societies more humane, just, and equitable?

Created to commemorate the occasion of His Holiness's ninetieth birthday, this special edition contains fourteen rare and beautiful photographs from throughout his life, taken by world-renowned photographers: Manuel Bauer, Kenro Izu, Richard Gere, Jetsun Pema, Raghu Rai, Herb Ritts, A. T. Steele, Nicky Vreeland, and Sonam Zoksang. This special boxed edition includes additional prints of some of these beautiful photographs.

This is a monument to honor a life spent ceaselessly calling for peace and tolerance, as well as a clarion call to all citizens of the world.

As Richard Gere writes in the foreword, "The healing has begun if we want it."

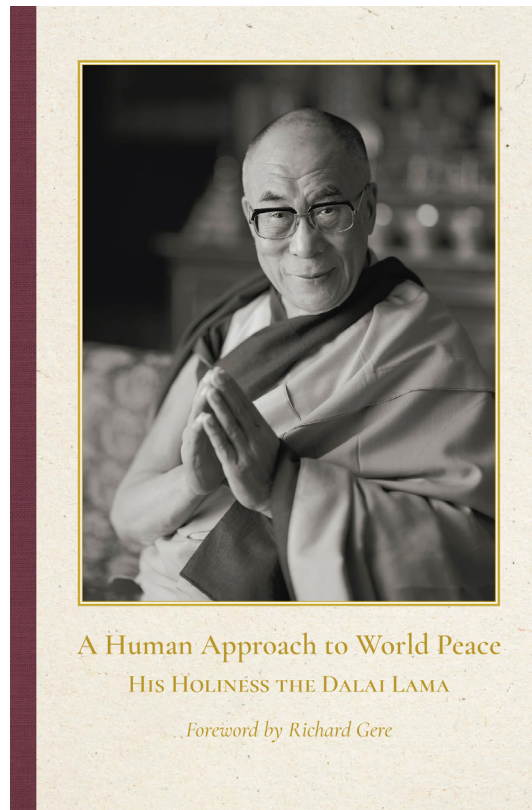
A HUMAN APPROACH TO WORLD PEACE

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SIT
*TWENTY-EIGHT DAYS
TO A ROCK-SOLID DAILY
MEDITATION HABIT*

Bodhipaksa

February 24, 2026 | Paper on Board |

256 pages

\$19.95 | 6" x 9" | 9798890700087



A popular Buddhist teacher guides you through strategies to build and maintain a rock-solid daily meditation practice.

It's widely known that there are many benefits to meditation, particularly if undertaken regularly, but making it a daily habit can be a challenge for many people. Why? Because it takes more than willpower.

Here, longtime meditation teacher and Buddhist blogger Bodhipaksa presents a collection of strategies and tools to help build a rock-solid daily meditation practice into your life. The book is divided into twenty-eight chapters, one for each day.

Each chapter starts with a Practice Reminder with a link to a web page of guided meditations. Following that is a Today section, a brief summary of the day's reading. The Strategies section offers suggestions to help readers build the habit of meditating daily. That's followed by a Going Deeper section, with a deeper exploration of some of the Buddhist teachings underpinning our practice, often referring to the suttas, or scriptures, of early Buddhism. Next is a Reflection section, which encourages readers to make the content of the Going Deeper section more experiential. Finally, each chapter ends with a Last Words section, quickly summarizing the Going Deeper section.

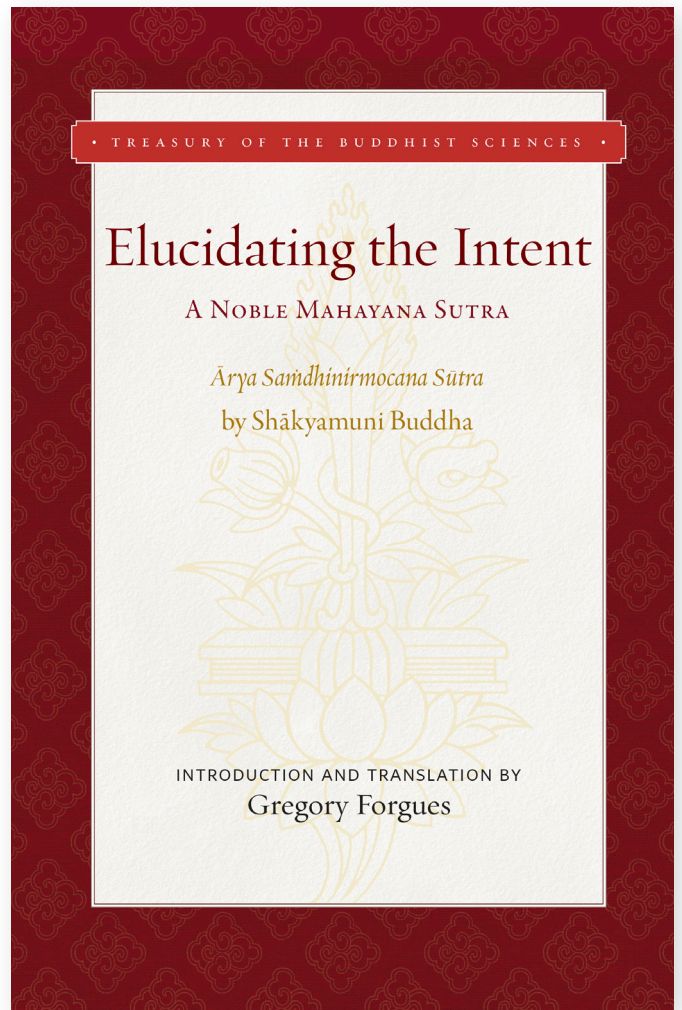
ELUCIDATING THE INTENT

A NOBLE MAHAYANA SUTRA

Gregory Forgues

April 14, 2026 | Hardcover | 256 pages
\$49.95 | 6" x 9" | 9781949163292

The Buddha's final pronouncement on how to understand his teachings on key elements of meditative practice, the role of language in metaphysical insight, and the nature of enlightenment itself.



Elucidating the Intent is a foundational text in the East Asian and Indo-Tibetan Buddhist canons that reveals vitally important points of practice and philosophy. Over eight chapters of deepening profundity, the Buddha dispels the confusion of his interlocutors on the fundamental aspects of meditation and liberation, making this a text treasured across these Buddhist traditions. The Buddha explains exactly how to balance the twin elements of Buddhist concern over the millennia: how to maintain intense meditative practice, disposition of universal compassion, and infallible ethics while *simultaneously* unraveling self-grasping habit patterns. Perfectly balanced, the Buddha explains, these two constitute the path to enlightenment.

Combining philological and philosophical accuracy in light of recent international scholarship, Gregory Forgues's rendering marks a significant advance over prior translations. This new rendering, with a brief introduction and extensive glossary, introduces a new generation of scholars and practitioners to its rich offerings.

THE BODHISATTVA IDEAL

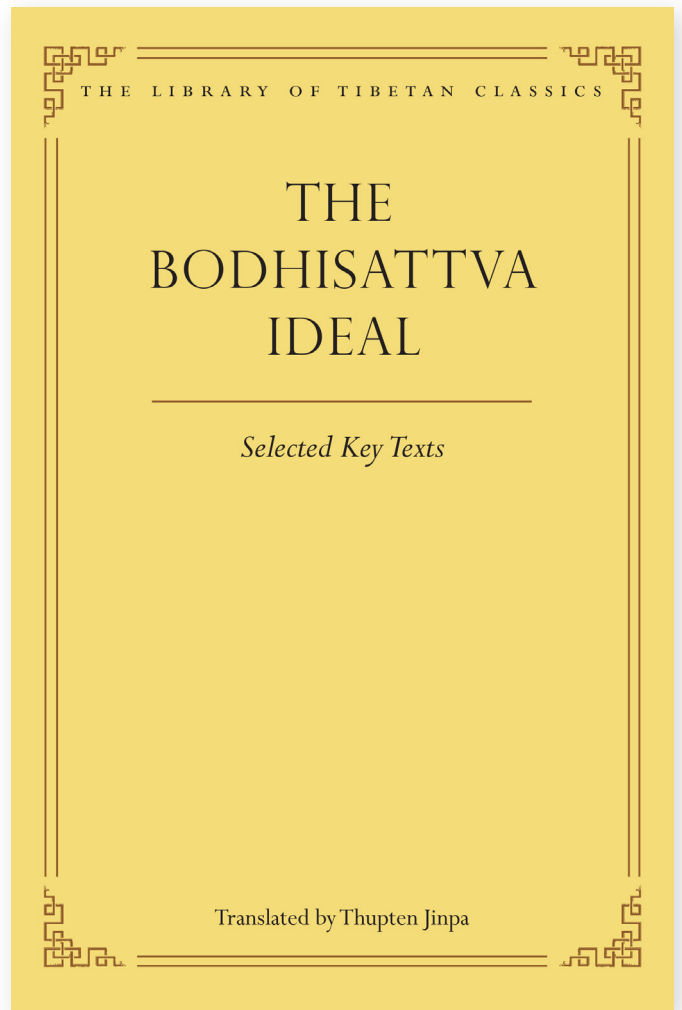
SELECTED KEY TEXTS

Thupten Jinpa

April 21, 2026 | Hardcover | 744 pages

\$79.95 | 6" x 9" | 9780861714506

The power and
promise of
enlightened altruism
is on full display in
this collection of
Buddhist works on
the heroic way of the
bodhisattva.



One of the most revolutionary aspects of Mahayana Buddhism is what many contemporary writers on Buddhism call the “bodhisattva ideal.” This volume features authoritative Tibetan presentations of the ideal based on key Indian Buddhist treatises, especially Nagarjuna’s *Precious Garland*, Shantideva’s *Guide to the Bodhisattva Way* and *Compendium of Training*, Maitreya’s *Ornament of Mahayana Sutras*, and Asanga’s *Bodhisattva Ground*. Together, the nine Tibetan texts translated here embrace the complete spectrum of the bodhisattva ideal as understood, taught, and practiced in Tibetan Buddhism. From first generating the faith of admiration toward the compassionate teacher, the Buddha, to generating the awakening mind (*bodhicitta*) followed by the solemn act of taking the bodhisattva vow, and from the initial stages of training in the six perfections to the full flowering of the union of awakening mind with the wisdom seeing things as they are, this volume offers a comprehensive roadmap to making the bodhisattva ideal an animating reality in the practitioner’s own life.

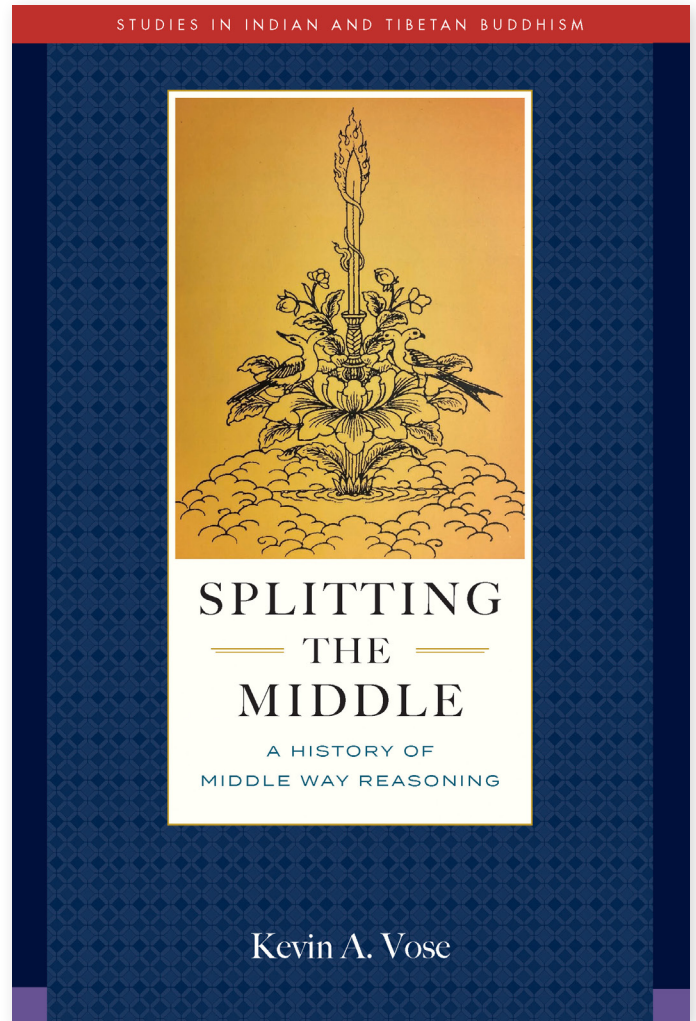
SPLITTING THE MIDDLE

A HISTORY OF MIDDLE WAY REASONING

Kevin A. Vose

April 28, 2026 | Hardcover | 552 pages
\$54.95 | 6" x 9" | 9798890700049

Discover how Patsab Nyima Drak created the foremost form of Buddhist philosophy, the Prāsangika interpretation of the Middle Way, from the works of the famed Indian philosopher Candrakīrti.



This book traces how Buddhist philosophers Bhāviveka and Candrakīrti (ca. sixth–seventh centuries) understood key Buddhist epistemological questions: how to prove the central Middle Way claim that all things are empty of intrinsic nature, the correct use of svatantra inference, and the role of arguments by “consequence” (*prasaṅga*). These arguments saw further refinement in the works of eighth-century thinkers Śāntaraksita and Kamalaśīla, who were instrumental in transmitting the Middle Way from India to Tibet. Together, these figures inspired the twelfth-century renaissance of the Middle Way in Tibet, where the differences between their viewpoints became the basis for two philosophical schools—Prāsangika and Svātantrika—named for their chosen forms of argumentation.

This examination of the first Prāsangikas casts this reading of the Middle Way in new light, challenging contemporary interpretations that present it as a form of skepticism. *Splitting the Middle* argues that Prāsangika constitutes a thoroughgoing challenge to the validity of mental states and ways of knowing.

JUST THIS
NEW AND SELECTED
POEMS

John Brehm

May 12, 2026 | Paperback | 272 pages

\$16.95 | 4.5" x 6.5" | 9798890700520

A powerful collection
of poems from the
bestselling creator
of *The Poetry of
Impermanence,
Mindfulness, and Joy.*



In *Just This*, beloved poet John Brehm returns with a rich and inclusive collection of his best poems. As he faces his own mortality and health challenges, Brehm offers us a moving, elegant, and refreshingly honest look at moments of beauty, pain, and insight in his own life. The collection also contains a substantial selection of poems from his previous books, allowing us to see the evolution of his work over the past twenty years, as his Dharma practice and his poetry practice become more integrated.

For readers, the lively, accessible poems in *Just This* may come to feel like companions—offering wisdom, comfort, and the blessed relief of laughter—as they walk through the ten thousand joys and sorrows of their own lives.

LOVING THE
WORLD AS OUR
BODY
THE NONDUAL PATH IN A
DANGEROUS TIME

David Loy

May 19, 2026 | Paperback | 256 pages

\$22.95 | 6" x 9" | 9781614297451

Acclaimed author
David Loy explores
what has gone wrong
with humanity and
how we can fix it.

LOVING
THE WORLD
AS OUR
BODY

*The
Nondual Path
in a Dangerous
Time*

DAVID R. LOY

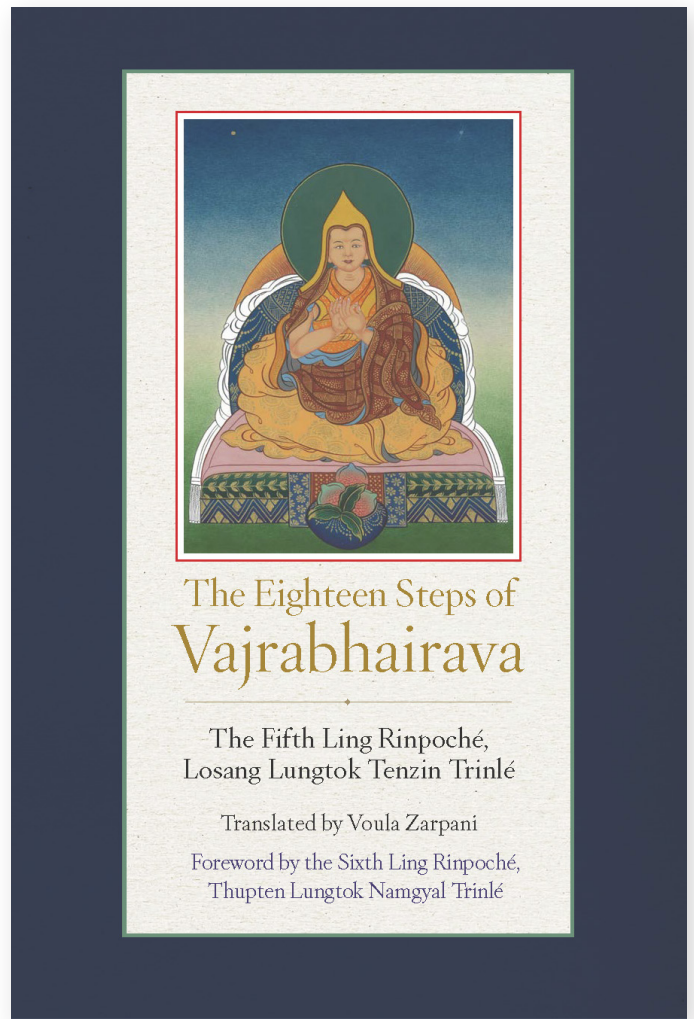
Humanity's survival instincts worked great back when humans were few, primitive, and had to fight against the entirety of nature to survive. But those same instincts proved disastrous once humans began to organize themselves into complex societies. How did we manage? We developed moral and ethical frameworks that kept societies functioning for centuries. But now, in the modern era, those frameworks again have proven unsatisfactory—rigid, inflexible, and often unable to accommodate new information and ideas. David Loy describes how today we are left with three primary worldviews competing for our allegiance.

THE EIGHTEEN STEPS OF VAJRABHAIRAVA

Voula Zarpani

June 16, 2026 | Hardcover | 640 pages
\$99.95 | 6" x 9" | 9781614299905

An essential guide
to engaging in the
transformative
practices of a
Yamāntaka retreat.



The Eighteen Steps of Vajrabhairava is an important collection of texts for the practice of solitary-hero and thirteen-deity Yamāntaka, composed by the Fifth Ling Rinpoché, Losang Lungtok Tenzin Trinlé (1856–1902). This volume, containing unique instructions that were orally transmitted, was composed by Ling Rinpoché during a three-year retreat on Yamāntaka, the wrathful form of Mañjuśrī also known as Vajrabhairava. After completing his retreat, the Fifth Ling Rinpoché became a tutor to His Holiness the Thirteenth Dalai Lama, Thupten Gyatso.

While certain sections of the text, such as the sādhanas and the fire pūjas for the solitary-hero and the thirteen-deity Vajrabhairava, were available to qualified practitioners, the entire collection of these practices in a single volume was under a seal of secrecy, requiring specific permission to read it. However, in a significant development, His Holiness the Dalai Lama has recently permitted the translation and publication of this text into English, making these profound teachings accessible to English-speaking practitioners for the first time.

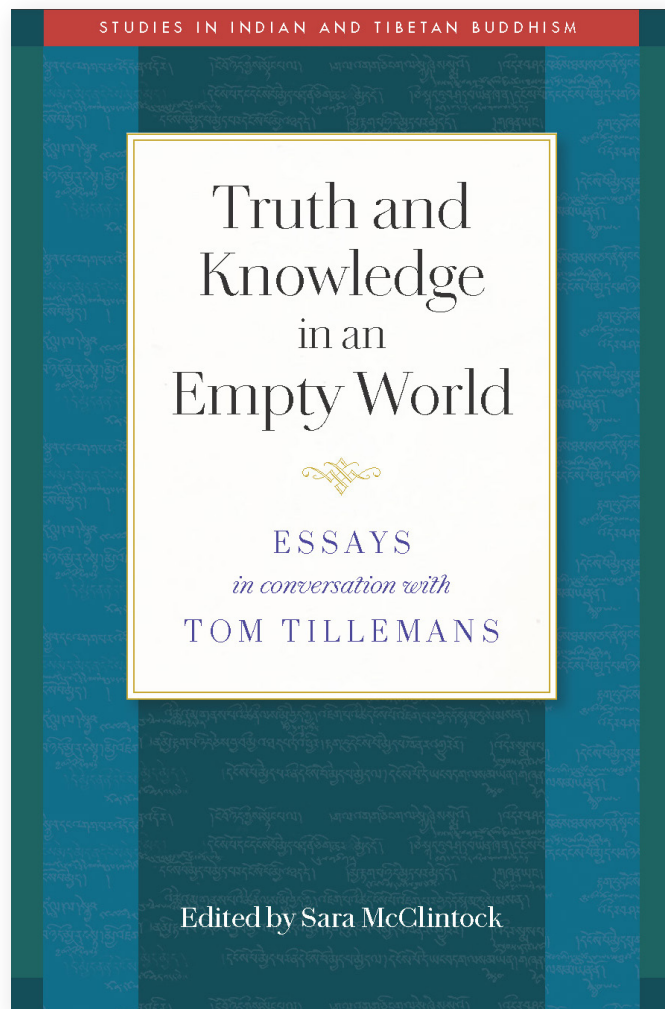
TRUTH AND
KNOWLEDGE IN
AN EMPTY WORLD
ESSAYS IN CONVERSATION
WITH TOM TILLEMANS

Sara McClintock

June 23, 2026 | Paperback | 392 pages

\$39.95 | 6" x 9" | 9798890700322

Sixteen leading experts in Buddhist philosophy tackle complex problems of how we can gain reliable knowledge when both the knower and what is known are empty of any intrinsic identity.



The Dutch-Canadian philosopher Tom J. F. Tillemans has been influential in the field of Buddhist philosophy for decades, and the seventeen contributions to this volume celebrate that influence by engaging some of his core ideas about the nature and possibility of truth and knowledge, particularly in the Madhyamaka stream of Buddhist thought initiated in India by Nāgārjuna and continued by Tibetan philosophers.

Should Buddhists refrain from analyzing quotidian truths and thus remain content with popular opinion? Or should Buddhists seek ways to critique and reform customary truths in the interest of reducing ignorance? Readers will find here arguments about how such truths may be saved from what Tom has labeled the “dismal slough” of object relativism.

Tillemans has offered a variety of such solutions in his publications over the years, and here scholars extend his analyses, at times vehemently disagreeing and at other times suggesting nuanced extension or improvement of his ideas. As a tribute to Tillemans, the book highlights what has been central to his work: the unceasing commitment to questioning received wisdom.

CANDRAKĪRTI'S
MIDDLE WAY
MADHYAMAKĀVATĀRA
CHAPTER 6

Shōryū Katsura and
Mark Siderits

June 30, 2026 | Paperback | 320 pages
\$34.95 | 6" x 9" | 9798890700292

A classic Indian work
on the Mahayana
Buddhist philosophy
of emptiness by one of
its greatest exponents
is unlocked for
contemporary readers
in this new translation
with lucid verse-by-
verse explanations.

Candrakīrti's Middle Way

मध्यमकावतार *Madhyamakāvātāra Chapter 6*

CLASSICS OF INDIAN BUDDHISM



Shōryū Katsura and Mark Siderits

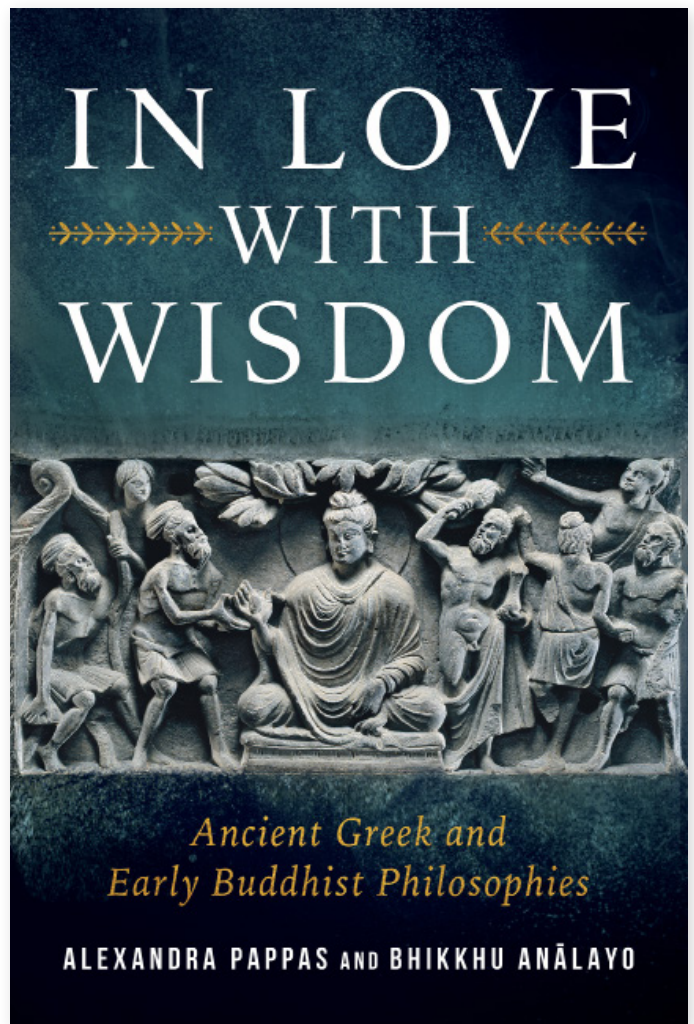
The Middle Way, or Madhyamaka, school of Indian Buddhist philosophy is known for its explication of emptiness (*śūnyatā*), and after Nāgārjuna—the second-century founder of the school—its most well-known defender is Candrakīrti (seventh century). Until recently, the *Madhyamakāvātāra*, one of Candrakīrti's major works, was known primarily through its Tibetan translation, but with the publication of the Sanskrit verses from a manuscript discovered at the Potala Palace in Lhasa, we can now access Candrakīrti's words in their original language.

Chapter 6 of the *Madhyamakāvātāra*, "Turned Toward" (*abhimukhī*), is roughly two thirds of the entire work, and it explicates the perfection of wisdom. All 226 verses of Candrakīrti's chapter appear here in Sanskrit and in translation, accompanied by the authors' clear distillation of Candrakīrti's own commentary.

**IN LOVE WITH
WISDOM**
*ANCIENT GREEK AND EARLY
BUDDHIST PHILOSOPHIES*
Alexandra Pappas and Bhikkhu
Anālayo

July 14, 2026 | Hardcover | 302 pages
\$35.95 | 6" x 9" | 9798890700056

Bridging early
Buddhist thought
and ancient Greek
philosophy, *In Love
with Wisdom* offers a
fresh glimpse into the
ethics and metaphysics
of the time.



In this unique collaboration, classicist Alexandra Pappas and venerable scholar-monk Bhikkhu Anālayo open a new contemplative path by exploring how timeless Buddhist teachings echo—often strikingly—in the earliest voices of Western philosophy. Beginning with the thoughts of Heraclitus, Parmenides, Empedocles, and Socrates, Alexandra Pappas examines their ideas on impermanence, selfhood, the four elements, ethical living, and rebirth. Bhikkhu Anālayo then takes up these same ideas through the lens of early Buddhism, revealing parallels and illuminating contrasts in unexpected places. Rather than focusing on historical influence or cross-cultural borrowing, the authors uncover shared human concerns and distinctive philosophical responses, enriching our understanding of early Buddhist thought by seeing it alongside other ancient explorations in a shared love of wisdom.

Accessible to general readers and engaging for students of philosophy, classics, and Buddhism, *In Love with Wisdom* is a dialogue across time and tradition that sheds new light on familiar teachings and opens space for fresh reflection. It invites anyone curious about these early wisdom traditions to consider how practicing these ancient teachings can be informed—and enriched—by looking to both Eastern and Western philosophies.

MASTERING THE SIX-SESSION GURU YOGA

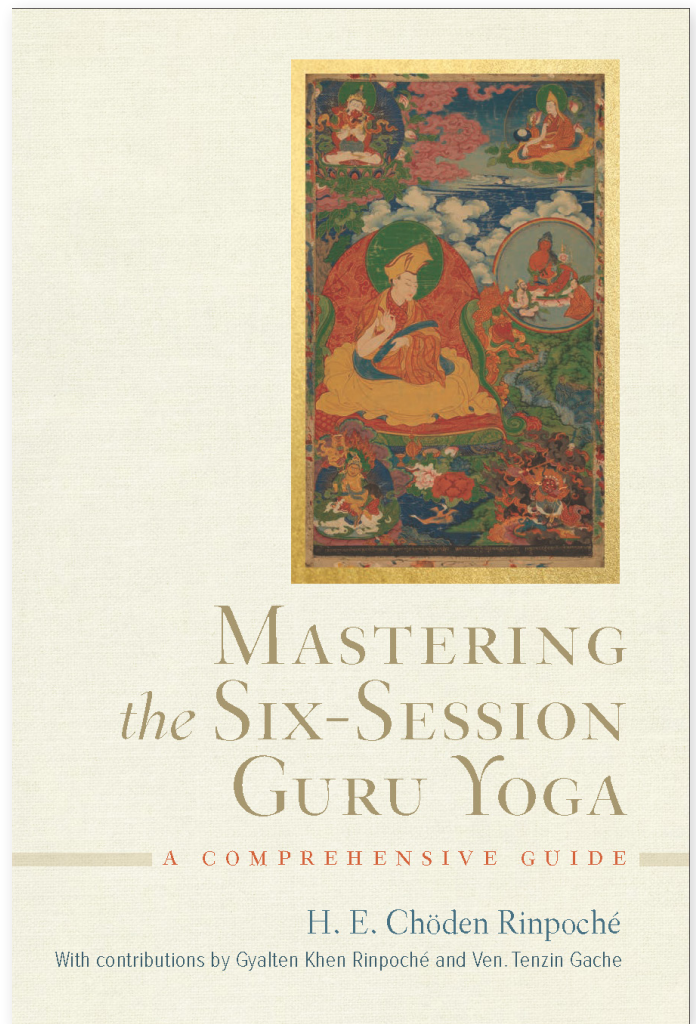
A COMPREHENSIVE GUIDE

H. E. Chöden Rinpoché

August 11, 2026 | Hardcover | 512 pages

\$59.95 | 6" x 9" | 9798890700063

An illuminating
commentary on a
bedrock Geluk daily
practice by one of
the most venerated
contemporary teachers
of Tibetan Buddhism.



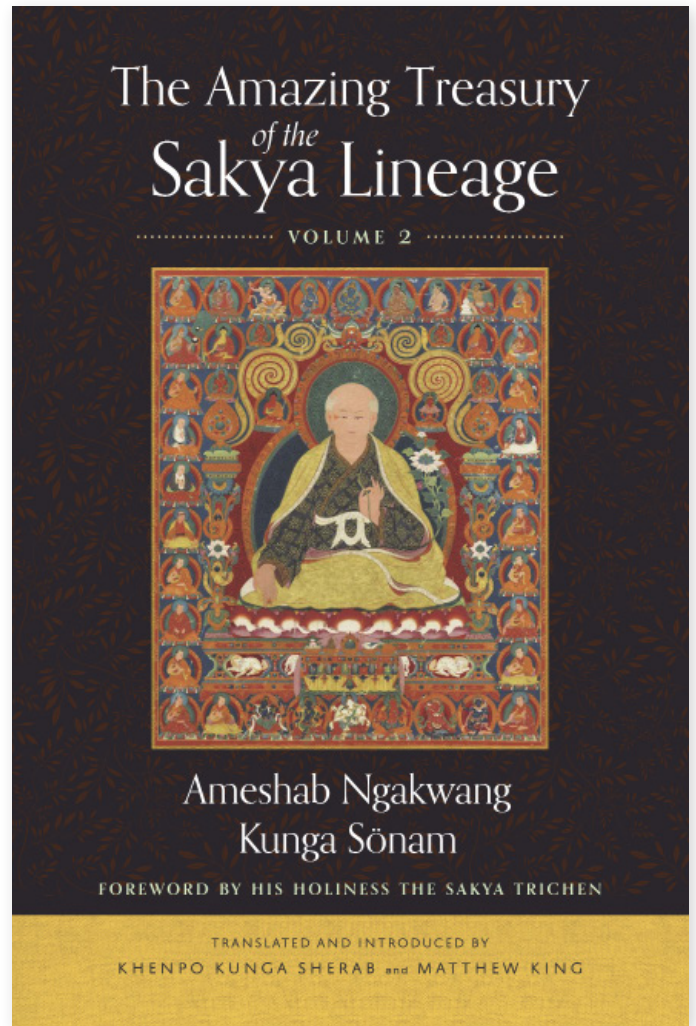
Six-session guru yoga is a succinct but comprehensive daily practice that supports practitioners in keeping the commitments of *anuttarayoga tantra*: the three sets of vows (those of individual liberation, of the bodhisattva, and of tantra) and the pledges of the five buddha families. In less than thirty short verses, the root text encompasses the breadth of these requirements. Originally composed by Panchen Losang Chökyi Gyaltzen, the fourth Panchen Lama, the root text was then polished by the incredibly influential Geluk lama Phabongkha Dechen Nyingpo (1878–1941). Chöden Rinpoché was his direct disciple, and his extensive commentary on his teacher’s text forms the heart of this book. This is supplemented with supportive materials such as excerpts from commentaries by Akhu Sherap Gyatso (1803–75) and Khenchen Namkha Tenkyong (1799–?), rich explanations of the vows, metered translations of the texts to support recitation, and much more, making this a truly invaluable resource for the *anuttarayoga* practitioner.

THE AMAZING TREASURY OF THE SAKYA LINEAGE VOLUME 2

Ameshab Ngakwang Kunga
Sönam

August 18, 2026 | Hardcover | 398 pages
\$64.95 | 6" x 9" | 9781614299479

A lucid and landmark translation that offers an intriguing glimpse into Tibetan history and the spiritual development and remarkable lives of the early luminaries of the Sakya lineage of Tibetan Buddhism.



Where *The Amazing Treasury of the Sakya Lineage, Volume 1*, published last year, focused on the celestial origins and the founders of the Khön lineage, as well as their interactions with the Mongol Empire, volume 2 tells the stories of the major figures of the four monastic residences, or *labrang*, from the early fourteenth to seventeenth centuries—a time of religious and political reorientation in Inner Asia.

Cyrus Stearns said of volume 1: “As the definitive genealogy of the Khön family from its legendary origins, and as one of the greatest historical masterpieces of the Sakya tradition, Ameshab’s book is a work of remarkable traditional scholarship. This volume is a noteworthy event in the translation into English of the Buddhist historical literature of Tibet.”

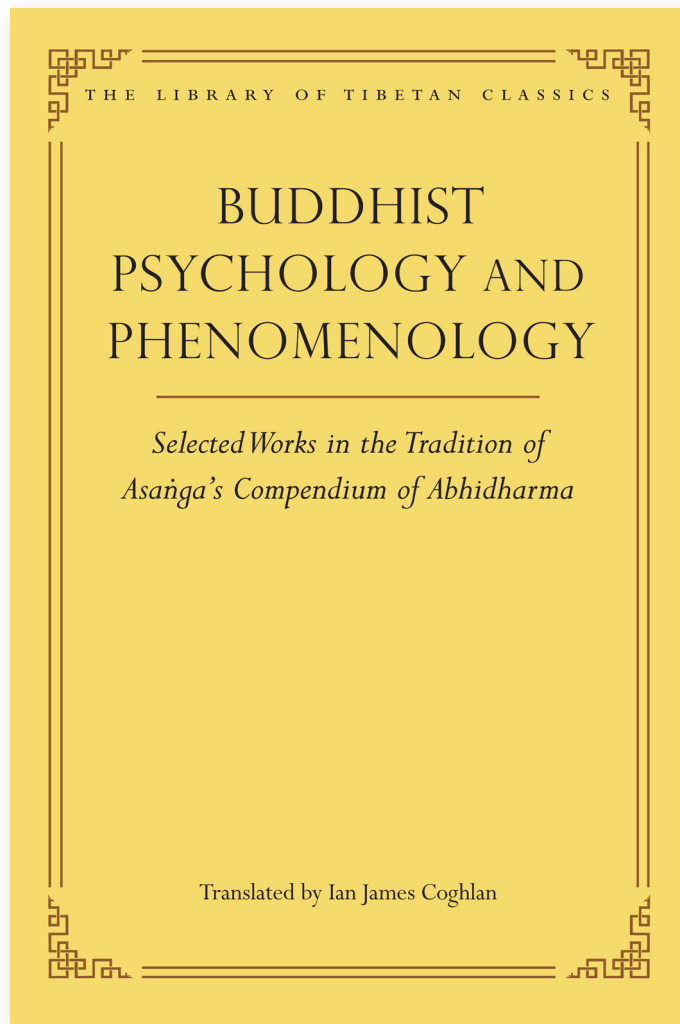
BUDDHIST
PSYCHOLOGY AND
PHENOMENOLOGY
SELECTED WORKS IN THE
TRADITION OF ASANGA'S
COMPENDIUM OF
ABHIDHARMA

Ian James Coghlan

August 25, 2026 | Hardcover | 744 pages

\$79.95 | 6" x 9" | 9780861714612

Eight compelling
Tibetan texts uncover
the depth of Buddhist
phenomenology
and psychology in
the footsteps of the
revered fourth-century
Indian philosopher
Asanga.



This newest volume in the *Library of Tibetan Classics* series is a collection of Tibetan commentaries on Buddhist phenomenology and psychology in the tradition set forth by the pathbreaking Indian philosopher Asanga in his seminal work, *Compendium of Abhidharma (Abhidharmasamuccaya)*. With works ranging from the fourteenth to the mid-nineteenth centuries, the first was composed by the Sakya scholar Rendawa, and the remainder were composed by Geluk scholars, including three works by the lineage founder, Jé Tsongkhapa, and others by Yongzin Yeshé Gyaltzen and Balmang Könchok Gyaltzen.

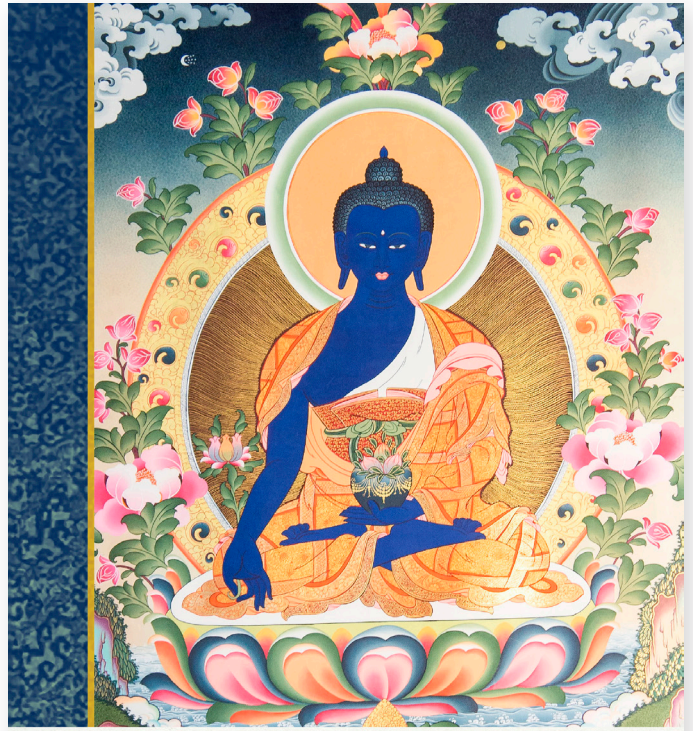
This is a landmark translation for the study of how we perceive phenomena and how to understand the mind and mental factors in our pursuit of awakening.

VAJRAYĀNA AND THE CULMINATION OF THE PATH

His Holiness the Dalai Lama
and Thubten Chodron

September 1, 2026 | Paperback | 464 pages
\$29.95 | 6" x 9" | 9798890700650

The final volume of the Library of Wisdom and Compassion takes us to the practices and realizations of Vajrayāna and the culmination of the path to the full awakening of a buddha.



VAJRAYĀNA AND THE CULMINATION OF THE PATH

The Dalai Lama and Thubten Chodron

THE LIBRARY OF WISDOM AND COMPASSION : VOLUME 10

His Holiness the Dalai Lama skillfully illuminates the unique qualities and complexities of Vajrayāna as practiced in Tibet, and illuminates the method to eradicate the subtlest obscurations preventing the full awakening of a buddha. Speaking to newcomers and advanced students alike, he explains the similarities and differences of the Sūtra and Tantra paths. Having addressed many of the doubts and difficult points concerning the tantric path, he clarifies the purpose of receiving proper empowerment by qualified gurus and the ethical restraints and commitments required to enter the path of secret mantra. The paths and stages of the four tantric classes are explained, as are the generation-stage and completion-stage practices of Highest Yoga Tantra. You are introduced to the practices of clear appearance and divine identity common to all tantric sādhanas, as well as the unique practices of illusory body and actual clear light that overcome the subtlest defilements of the mind and eliminate all obscurations quickly.

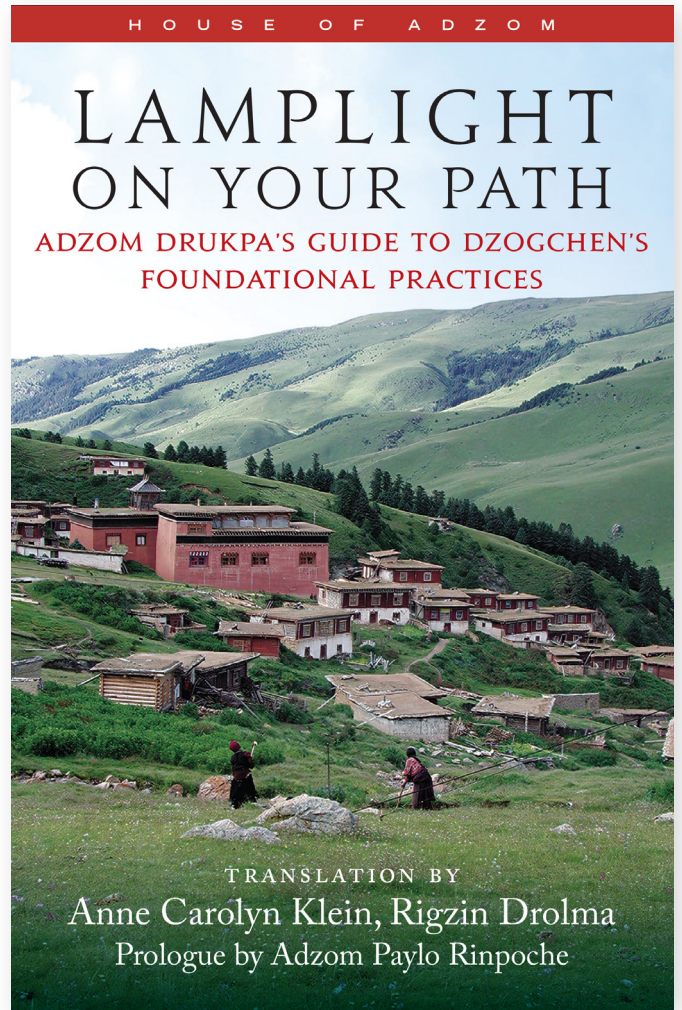
LAMPLIGHT FOR
YOUR PATH TO
LIBERATION
A PERSONAL GUIDE TO
DZOGCHEN'S
FOUNDATIONAL PRACTICES

Adzom Drukpa

Translated by Anne Carolyn
Klein, Rigzin Drolma

September 15, 2026 | Hardcover | 422 pages
\$49.95 | 6" x 9" | 9798890700025

An experiential
journey into the
heart of Buddhist
practice, this revered
Tibetan practice
manual illuminates the
practical methods that
lead to the wholeness
and freedom of the
Great Perfection.

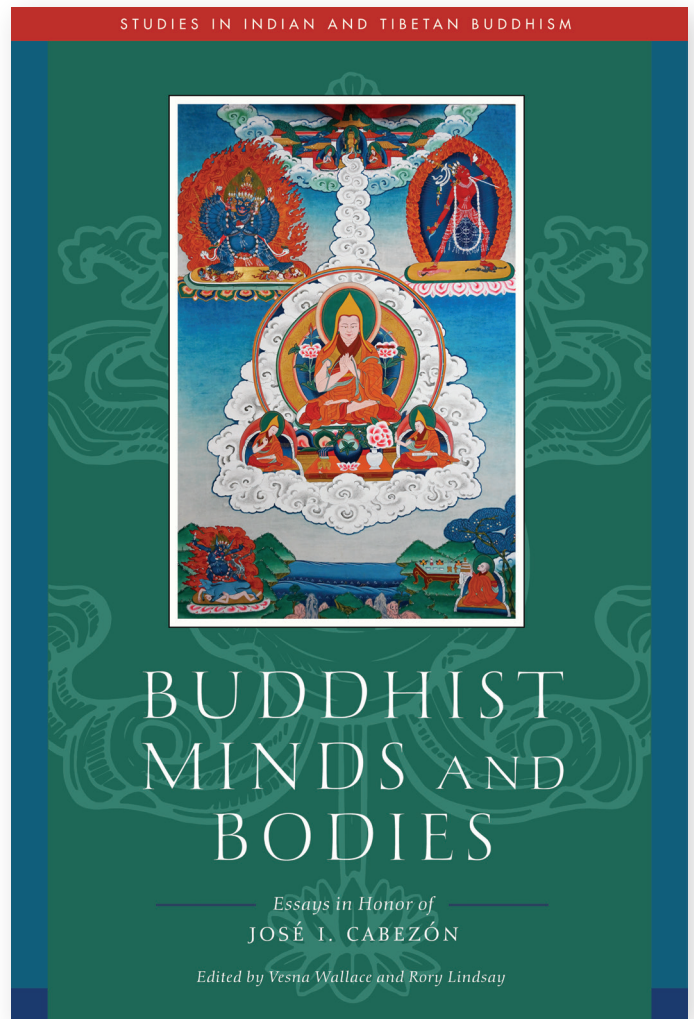


Translated here for the first time, Adzom Drukpa's *Lamplight for Your Path* details for readers the unique practices grounding the Dzogchen path to liberation. Beautifully rendered from the original Tibetan into clear English by Dr. Anne C. Klein, this book offers a fascinating account of a Tibetan master's own journey in practice and shows how that path is always open to anyone with a heartfelt desire to experience the ever-present liberating awareness of Dzogchen.

**BUDDHIST MINDS
AND BODIES**
*ESSAYS IN HONOR OF
JOSÉ IGNACIO CABEZÓN*
Vesna Wallace and Rory
Lindsay

October 13, 2026 | Hardcover | 628 pages
\$69.95 | 6" x 9" | 9798890700315

A Festschrift honoring
a loved and respected
member of the
academic community.

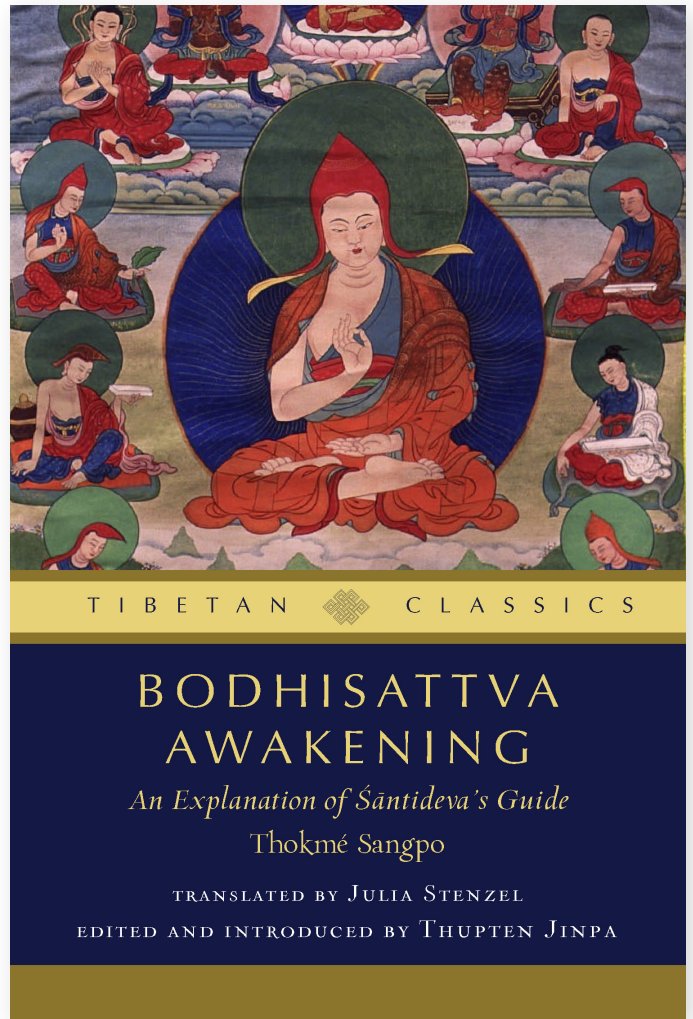


José was of course a longtime series board chair for the Studies in Indian and Tibetan Buddhism series, and is both loved and respected in the academic community. He recently served as president of the American Academy of Religion and is now retired from UC Santa Barbara. Colleagues Vesna and Rory have pulled together this tribute volume from José's students and admirers, on topics mirroring José's wide interests: philosophy, tantra, material culture, critical textual studies, and Tibetan Islam. Contributors are Dan Arnold, Douglas Duckworth, Erdene Baatar "Baatra" Erdene-Ochir, Jed Forman, Jay L. Garfield, John Powers, Michael J. Sweet, Sonam Thakchoe, Sara McClintock, Trent Pomplun, Georges Dreyfus, Alyson Prude, Bryan J. Cuevas, Roger R. Jackson, Adam C. Krug, Michael R. Sheehy, John Newman, Vesna Wallace, Rae Erin Dachille, Leonard van der Kuijp, Nancy G. Lin, Matthew W. King, Leonard Zwillling, Nathaniel Rich, Alex Catanese, William Dewey, James Gentry, Rohit Singh, and Rory Lindsay.

**BODHISATTVA
AWAKENING**
AN EXPLANATION OF
ŚĀNTIDEVA'S GUIDE
Thokmé Sangpo

October 27, 2026 | Hardcover | 384 pages
\$39.95 | 6" x 9" | 9798890700667

A translation of *Ocean
of Excellent Discourses*,
a commentary on
Śāntideva's *Guide to
the Bodhisattva Way*
by Gyalsé Thokmé
Sangpo.

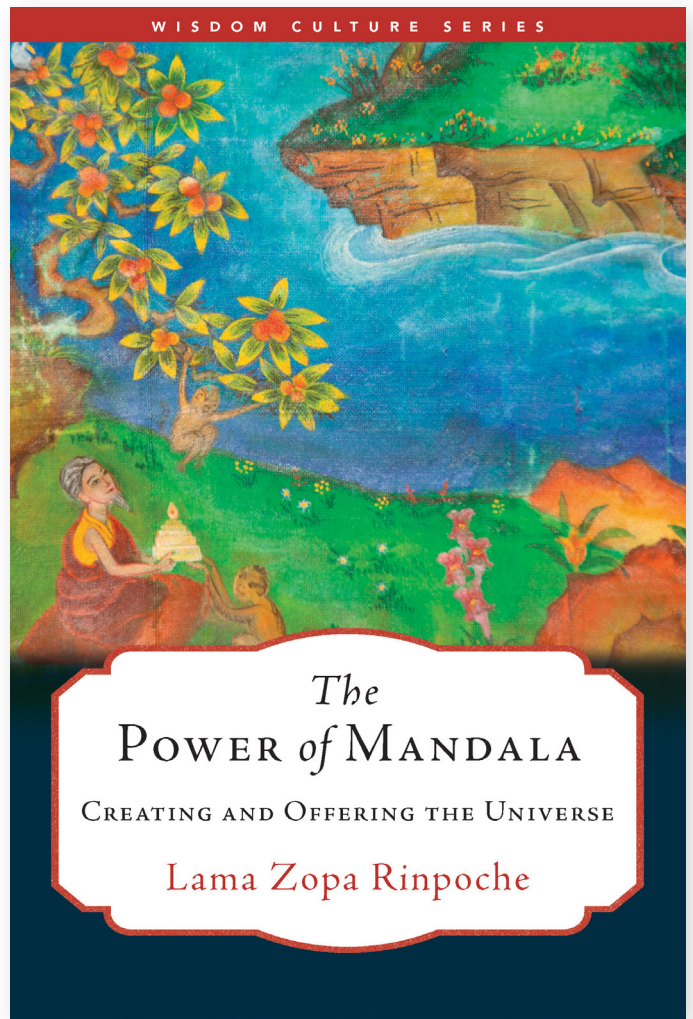


The Tibetan master Thokmé Sangpo is revered by all schools of Tibetan Buddhism and is most known for his short verse text *The Thirty-Seven Practices of Bodhisattvas*, frequently taught by the Dalai Lama and other teachers. But Thokmé Sangpo's commentary on Śāntideva's famous *Bodhicaryāvatāra* is also a classic of Tibetan literature, walking readers through Śāntideva's ten chapters of verses with brisk prose explanations organized in a detailed thematic outline. From the inspiring early chapters extolling the bodhisattva's vast aspirations, through the practice of the six perfections aimed at realizing transcendent wisdom, this volume will inspire, illuminate, and deepen readers' appreciation for one of Buddhism's greatest contributions to world literature.

THE POWER OF
MANDALA
VITAL PRACTICES FOR
TRANSFORMATION
Lama Zopa Rinpoche

November 10, 2026 | Paperback | 166 pages
\$18.95 | 6" x 9" | 9781614299608

This book is in the
Wisdom Culture
Series and is a
followup to *The Power
of Mantra*.



Like *The Power of Mantra*, this book will be full color, with photos and illustrations throughout. The subject is all in the title: What are mandalas? Why are they important in Buddhism? What do they mean? How do you create and practice with them? Like Lama Zopa's other books, this one will have a bibliography and glossary. Some of the other books we've published on mandalas are more academic—like the AIBS volume *The Kalachakra Mandala*—whereas Lama Zopa's book will of course be written by and for actual practitioners seeking to do authentic Tibetan Buddhist practices related to mandalas.



THE SUPER-
COMMENTARY
ON THE
ILLUMINATING
LAMP ON THE
ESOTERIC
COMMUNITY
TANTRA

Tsong Khapa Losang Drakpa

November 17, 2026 | Hardcover | 780 pages

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